**Howard County Local Health Improvement Coalition**

Chronic Disease Prevention & Management Group

June 29, 2022

2:00 pm – 3:00 pm

Virtual via Zoom

**Minutes**

**Members Present:**

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| Karen Basinger, University of MD Extension-Howard County  Akasha Dotson, Office of Aging and Independence (OAI)  Connie Ford, HC Health Department (HCHD)  Jen Lee, Office of Aging and Independence (OAI)  Tosin Olateju, Food and Care for All (FCFA)  Sonia Simpson, Food and Care for All  Clara Richards, Howard County General Hospital (HCGH) |

**Staff Present:**

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| Reena Rambharat, HC Local Health Improvement Coalition  Rodney Oldham, HC Local Health Improvement Coalition  Vanda Lerdboon, HC Health Department  Chynáe Vicks, HC Health Department |

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| **Topic/Agenda** | **Discussion** | **Action/Follow-up** |
| **Welcome and Introductions** | Vanda Lerdboon, Director of Community Health Education for the Howard County Health Department (HCHD), called the meeting to order at 2:00 pm.  Ms. Lerdboon provided a welcome to members in attendance and asked members to introduce themselves. |  |
| **HCLHIC 2022-2025 Strategic Plan Summary and Discussion** | Ms. Ford, HCHD Cancer Control and Prevention Program Supervisor, provided a brief summary of the new LHIC Strategic Plan. She talked about the three priority areas to be addressed in this plan (Healthy Beginnings, Healthy Living, Healthy Minds), the three objectives of the plan, and highlighted two themes – promoting social engagement and mental health across the lifespan and providing culturally appropriate, accessible and inclusive healthy lifestyle activities.  Ms. Ford then held an open discussion and asked the group what their organization is currently doing that already supports these program goals.  Ms. Lee from OAI mentioned that OAI offers evidence-based programs within their Health Promotions Department specific to Chronic Disease (i.e. Living Well classes).  Ms. Richards from HCGH/Journey to Better Health also mentioned that HCGH offers the Living Well classes, as well as community outreach and health screenings.  Ms. Rambharat shared the importance of offering culturally diverse and accessible services/messages to engage the residents of Howard County. This will involve building and fostering relationships within these communities.  Ms. Olateju from FCFA emphasized the importance of the messaging reaching the communities. FCFA organizes food distribution/pantries; 2 events per month.  Ms. Basinger from the Univ. of MD Extension also shared the importance of building trust within the communities. Karen conducts the Fresh Conversations program at 50+ Centers and diabetes classes in Montgomery County Muslim Community Center. | [Link](https://www.hclhic.org/community/action-plans) to HCLHIC 2022-2025 Strategic Plan |
| **Next Steps & Wrap-up** | Ms. Lerdboon shared with everyone a link to review the LHIC Strategic Plan before the next meeting. The group decided to meet monthly.  Ms. Lerdboon adjourned the meeting at 3:00 pm. | Vanda will send [doodle poll](https://doodle.com/meeting/participate/id/azmy0Kqe) to identify next meeting in July.  Members will complete the following by next meeting:   * Review the [strategic plan](https://www.hclhic.org/community/action-plans) * Provide overview of current services/programs * Identify new services/programs needed and/or how to expand on current services/programs |

Respectfully submitted by

Rodney Oldham, CHES, CPT

Community Health Education Program Coordinator  
Howard County Local Health Improvement Coalition