

Howard County Local Health Improvement Coalition

Full LHIC Hybrid Meeting Minutes

April 20, 2023, 8:30 am – 10:30 pm

Minutes

Members Present:

Linda Ashburn, HC Health Department
Erin Ashinghurst, Accessible Resources for Ind.
Candace Ball, HC Office of the Local Children’s Board
Anna Beavan, LindaBen Foundation
Andrea Bendig, Wellness Strategies Group
Maria Blanco, HC Health Department
Shannon Blount, Howard County Public School System
Tracy Broccolino, Community Action Council of HC
Raven Coleman, Chase Brexton Health Care
Dana Couch, Howard County NAACP
Jen Dawson, Maryland Physician’s Care
Lisa DeHernandez, HC Health Department
Lisa Dolce, Glenelg United Methodist Church
Shaelon English, HC Health Department
Olivia Farrow, Ascension St. Agnes
Rachel Filar, HC Office on Aging & Independence
Connie Ford, HC Health Department
JaKaiya Frisby, American Lung Association
Shannon Garrett, Congruent Counseling Services
Natalie Hall, HC Health Department
Terri Hansen, HC Office on Aging and Independence
Laura Henderson, HC Health Department
Meredith Hochman, Central Maryland AHEC
Kathy Hoshko, Glenelg United Methodist Church
Michael Johnson, Priority Partners
Janet Jones, Qlarent
Kelly Kesler, Howard County Public School System
Julie Kwedar, MDOT MVA Highway Safety Office
Genny LaPorte, Howard County Police Department
Justin Lawrence, Boys & Girls Club of Metro Baltimore
Vanda Lerdboon, HC Health Department

Emily Luyo, Priority Partners
Sam Mancuso, HCLHIC Community Member
Kay Mvungi, Johns Hopkins Health System Corporation
Jeanette Nazarian, Howard County General Hospital
D’Paul Nibber, Horizon Foundation
Sunyoung Nicolas, HC Health Department
Tracy Novak, HC General Hospital
Emily Paterson, Maryland Poison Center
Tavia Patusky, Columbia Association
Emily Phillips, HC Health Department
Anna Piccirilli, Boys & Girls Club of Metro Baltimore
Peters Omoregie, HC Dept. of Community Resources and Services
Crystal Pope, Howard County General Hospital
Sandra Price, HopeWorks of Howard County
Diana Quinn, MedStar Health
Becky Ramsing, Johns Hopkins Center for a Livable Future
Stephanie Reid, HC Health Department
Paul Rivers, HC Veterans Commission
Melissa Rosenberg, Autism Society
Carrie Ross, Community Action Council of HC
Jim Sanders, The Village in Howard County
Temitope Alao-Sanni, HCLHIC Community Member
Nikki Savoy, Accessible Resources for Independence
Joan Webb Scornaienchi, HC DrugFree
Sally Seen, Howard County General Hospital
Terri Taylor, HC Dept. of Fire & Rescue Services
Laura Torres, Howard County General Hospital
Latoya Turner, Maryland Physicians Care
Matt Wilson, HC Health Department
Antigone Vickery, HC Health Department
Chyn e Vicks, HC Health Department
Jason Zhao, Community Health Initiative

Staff Present:

Ashton Jordan, HC Local Health Improvement Coalition
Sonya Lloyd, HC Local Health Improvement Coalition

Reena Rambharat, HC Local Health Improvement Coalition

Topic/Agenda	Discussion	Action/Follow-up
<p>Welcome and Introductions</p>	<p>Ms. Reena Rambharat, Director of the Local Health Improvement Coalition for the Howard County Health Department (HCHD), called the meeting to order at 8:32am.</p> <p>Ms. Rambharat provided a welcome to members in attendance. She also stated the goal of the meeting was to provide updates on HCLHIC workgroups, present Howard County food and nutrition survey data, and discuss the health disparities project with community health workers.</p> <p>Ms. Antigone Vickery, Deputy Health Officer, of the Howard County Health Department, gave gratitude to the staff for their hard work. Ms. Vickery shared that Reena Rambharat was interviewed by WJC to discuss the current food and nutrition initiatives and overview the food connection map.</p> <p>Ms. Rambharat introduced the new HCLHIC Co-Chair, Dr. Jeanette T.M. Nazarian, M.D. Dr. Nazarian gave gratitude to the health department for their collaborative efforts with the Howard County General Hospital during the pandemic.</p> <p>Ms. Rambharat shared updates for the 5 HCLHIC workgroups and the activities.</p> <p>Food Security Committee:</p> <ul style="list-style-type: none"> • Received a second year of food security funding from the Maryland Department of Health (MDH) which allowed for the creation of the interactive food connection map • Container gardens at Owen Brown Place for residents on May 20th in collaboration with the University of Maryland Extension Nutritionist and Master Gardeners • A Pop-Up Food Pantry at Owen Brown Place on April 22nd in collaboration with the Community Action Council of Howard County • Food pantries & hot meals brochures are being designed and translated for distribution across Howard County <p>Health Literacy Advisory Committee:</p> <ul style="list-style-type: none"> • Healthy Howard Campaign will be launched this year • Continuing collaboration with the Horowitz Center: Maryland Consumer Health Information Hub 	<p>Guests and those interested in joining the HCLHIC may access information about membership at: https://www.hclhic.org/membership/become-a-member</p> <p>Past minutes and today's presentations are available at: https://www.hclhic.org/home/MeetingYears/1</p> <p>Guests and those interested in reviewing the HCLHIC media releases can access them on the HCLHIC website: https://www.hclhic.org/membership/media-releases</p> <p>Learn more about the Healthy Howard Campaign at: https://www.howardcountymd.gov/healthyhowardcounty</p> <p>If you are interested in joining one or more of the workgroups, please email us at LHIC@howardcountymd.gov</p> <p>Guests and those interested in learning more about the Hub can visit: https://sph.umd.edu/research-impact/research-centers/horowitz-center-health-literacy/consumer-health-information-hub</p> <p>Guests and those interested can access the mental health and suicide prevention program flyer here: https://www.hclhic.org/healthy/suicide-prevention</p> <p>Guests and those interested can access the Movement flyer here:</p>

	<p>Healthy Minds & Suicide Prevention Coalition</p> <ul style="list-style-type: none"> • Held Not “Check Box” Training: Real Practices in Resilience for Police for Law Enforcement Officers • Successfully held Light the Night Suicide Prevention 5K event • Mental Health & Suicide Prevention Programs Flyer created <p>Movement Group</p> <ul style="list-style-type: none"> • Movement flyer was created to promote free and low-cost programs • Continued promotion of local movement events <p>Chronic Disease Prevention & Management Group</p> <ul style="list-style-type: none"> • Chronic Disease webpage and self-management program flyer were updated • Began partnership with Claudia Mayer/ Tina Broccolino Cancer Resource Center • Continued promotion of evidence-based programs and outreach events 	<p>https://www.hclhic.org/healthy/physical-activity</p> <p>Guests and those interested can access the Movement flyer here: https://www.hclhic.org/healthy/physical-activity</p> <p>Guests and those interested can access the Chronic Disease Self-Management Program flyer here: https://www.hclhic.org/healthy/physical-activity</p> <p>Guests and those interested can access the Food Connection Map here: https://www.hclhic.org/foodmap</p> <p>Guests and those interested can access the Food Pantries & Hot meals Brochures here: https://www.hclhic.org/healthy/eating</p>
<p>Howard County Food and Nutrition Survey Data Presentation</p>	<p>Ms. Rambharat began the presentation on nutrition and food insecurity survey done in Howard County. The survey’s timeframe was from October 2022 – January 2023. The purpose of the survey was to assess food insecurity rates and needs among under-resourced populations in Howard County. The survey consisted of 24 questions and was translated into 5 languages: English, Spanish, French, Mandarin, Korean and received 406 responses. Ms. Rambharat shared the findings by survey questions. The key findings from the survey were that blacks are statistically more food insecure, bilingual homes are more food insecure relative to English-only speaking homes, and the main barriers to food security were cost and language. Ms. Rambharat shared that a data report is also available for partners and Round Table session(s) will be planned.</p> <p>Ms. Natalie Hall, HCHD, posed the question on the breakdown of the racial demographics for respondents to the survey. Ms. Rambharat shared the racial demographic data.</p>	<p>Guests and those interested can access the full data report here: https://www.hclhic.org/community/data</p>

	<p>Ms. Lisa Dolce, United Methodist Church, inquired if the survey was cross county or primarily eastern central Howard County. Ms. Rambharat shared that they did not limit distribution to only eastern central HC but most of the respondents were from these areas.</p> <p>Ms. Emily Luyo posed questions on the country of origin for Hispanic respondents as well as if it was measured what respondents consider healthy eating. Ms. Rambharat mentioned that the responses were self-reported which was one limitation of having such a comprehensive survey. Future surveys would consider country of birth.</p> <p>Ms. Kathy Hoshko, Glenelg United Methodist Church, inquired if partners would need to request prints of the food pantries & hot meals brochures or if they would be able to print out the brochures themselves. Ms. Rambharat mentioned in the future there will be a request form to request brochures. She also shared that the brochures will be made available digitally as well as through print.</p>	
<p>HCHD Community Health Worker (CHW) Program Overview & Discussion</p>	<p>Ms. Rambharat introduced the next presenter. Ms. Emily Phillips, HCHD, overviewed the HCHD Community Health Worker (CHW) Program. Funding was provided by MDH. Ms. Phillips mentioned the evidence-based data for using CHWs and they were primarily from Columbia (21044, 21045), Laurel (20723), Savage (20763), and Jessup (20794) zip codes.</p> <p>Ms. Phillips shared the role of the CHWs and the outcomes thus far:</p> <ul style="list-style-type: none"> • 288 community members reached • 865 referrals made <ul style="list-style-type: none"> ○ Food Assistance ○ Housing Assistance ○ Transportation assistance <p>Ms. Phillips also shared the success of the program and challenges so far.</p> <p>It was inquired what strategies were used by CHWs to ensure they are making connections with community members. Ms. Phillips shared that the CHWs recruited were well known community voices who already were vested in the community.</p> <p>Mr. Jason Zhao, Community Health Initiative, iterated that it may be conducive to form an advocacy committee for policies for reimbursement of CHW services.</p>	<p>Guests and those interested in more information on the Health Disparities Project or CHW opportunities can contact Emily Phillips here: ephillips@howardcountymd.gov</p> <p>Access CHW trainings provided by CMAHEC here: https://centralmarylandahec.org/c hw/certification/</p> <p>Access the Accessibility and Accommodations Toolkit here: https://health.maryland.gov/bhm/DHIP/Documents/Accessibility%20and%20Accommodation%20Toolkit%20September%202021.pdf</p> <p>Guests and those interested can access the Association of Community Services (ACS) FY2022 Self-Sufficiency Indicators Report here: https://www.acshoco.org/self-sufficiency-indicators</p>

	<p>Ms. Shannon Blount, HCPSS, inquired on the plan to enhance integration of public health in the community through continued and new partnerships.</p> <p>Ms. Janet Jones, Qlarent, inquired if training has begun for another cohort of CHWs. Ms. Phillips shared there will not be another cohort of CHWs this year as the group of CHWs they have currently are already certified.</p> <p>Ms. Kelly Kessler, HCPSS, inquired how is HCHD CHW program collaborating with other CHW programs like the ones at Howard County General Hospital and Howard Community College. Ms. Phillips mentioned that they work closely with the population health team and trainers at HCGH.</p> <p>Ms. Meredith Hochman, Central Maryland AHEC, shared that CMAHEC provides CHW trainings.</p> <p>Ms. Erin Ashinghurst, Accessible Resources for Independence, inquired if there was any disability data training provided for CHWs. Ms. Phillips shared that can be something implemented in the future if the CHW program is expanded.</p>	
<p>Member Announcements, Resource Sharing & Networking</p>	<p>Ms. Rambharat shared upcoming events:</p> <ul style="list-style-type: none"> • The New Association of Community Services (ACS) FY 2022 Self-Sufficiency Indicators Report has been released. • The Maryland Living Well Center of Excellence is offering many caregiver oriented and chronic disease self-management workshops. • HCGH’s Journey to Better Health Program is hosting Cancer and chronic disease self-management workshops via zoom or conference call • Kennedy Krieger Institute will be hosting training for Promoting Positive Mental Health Outcomes for Black Youth: How School, Home and Community Member Can Help on Thursday, May 18, 2023 from 9:00 AM – 12:15 PM • Columbia Association will be hosting a free community “Walk with a Doc” the 3rd Saturday of the month 	<p>Guests and those interested can access the Association of Community Services (ACS) FY2022 Self-Sufficiency Indicators Report here: https://www.acshoco.org/self-sufficiency-indicators</p> <p>Guest and those interested can access the Living Well Workshops here: https://mdlivingwell.org/HUB/</p> <p>Guests and those interested can register for Journey to Better Health programs here: https://www.hcgh.org/events</p> <p>Guests and those interested in viewing the replay of the Community Mental health Session</p>

	<ul style="list-style-type: none"> • The Salvation Army will be hosting drive-thru Food Distribution Mondays on April 24th, May 22nd, and June 26th from 12:00 PM – 2:00 PM • The 2023 Farmers’ Markets Schedule is available • HCHD Car Seat Safety Class will be hosted by Elkridge Library in the Belmont Room April 29th from 1:00 PM to 1:45 PM • Norma Morales Autism Acceptance 3k Walk will be Saturday, April 29th, 2023, from 9:00 AM to 1:00 PM <p>Ms. Emily Luyo, Priority Partners, shared that Priority Partners is offering childbirth classes to members at no cost.</p> <p>Ms. Olivia Farrow, Ascension St. Agnes, will be consolidating several practices to one site in the Gateway Center. This will expand access as the location will offer several different medical services.</p> <p>Ms. Janet Jones, Qlarent, shared that they are offering 2 educational series coming up, one for healthcare workers on emergency preparedness and response and the other for the LINKS (Local Interactive Network of Knowledge Sharers) program.</p> <p>Ms. Kelly Kesler, HCPSS, shared that HCPSS in partnership with St. Johns Baptist and Stephanie Reid of HCHD, hosted a session called Community Mental Health: It’s Time to Act.</p> <p>Ms. JaKaiya Frisby, American Lung Association, shared they have launched their COPD basics course as well as well have future initiatives like Turquoise Takeover in May related to addressing lung cancer.</p> <p>Ms. Raven Coleman, Chase Brexton, shared that they have started their Hope Lives Here Tour and are raising money to further enhance their mobile testing van.</p>	<p>can access it here: https://www.youtube.com/live/mZrVLfym3MU?feature=share.</p> <p>Guests and those interested in attending training for Promoting Positive Mental Health Outcomes for Black Youth: How School, Home and Community Member Can Help can register here:</p> <p>Guests and those interested can access the 2023 farmers market schedule here: https://hceda.org/farm-agriculture/locations/farmers-markets/</p> <p>Guests and those interested in attending a quarterly LINKS meeting can register here: https://healthcentricadvisors.zoom.us/meeting/register/tZYpd-GhqT8oE91BqfYPaw8eyoPs4O_9Rq_xh#/registration</p> <p>Guests and those interested in attending the Rainbow Conference can register here: https://sites.google.com/hcpss.org/hcpssrainbowconference/rainbow-conference/2023-sessions-and-resources</p> <p>Guests were provided Walk with a Doc dates and registration links:</p> <ul style="list-style-type: none"> • May 20, 2023 @ 9am https://walkwithadoc.org/join-a-walk/locations/columbia-maryland/ • June 17, 2023 @ 9am https://walkwithadoc.org/join-a-walk/locations/columbia-maryland/
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<p>Next Steps & Wrap-up</p>	<p>Ms. Rambharat thanked participants for joining and informed them that the recording will be made available via the HCLHIC website. The next hybrid full Coalition meeting to be held on July 20, 2023.</p> <p>Ms. Rambharat adjourned the meeting at 10:30 am.</p>	<p>Members are encouraged to review the minutes from Full HCLHIC and HCLHIC Work Group Meetings on the website under meeting portal: https://www.hclhic.org/home/meetingportal</p> <p><i>2023 Quarterly Full Coalition Meetings:</i></p> <p>Register</p> <ul style="list-style-type: none"> • July 20, 2023, 8:30-10:30am • October 19, 2023, 8:30-10:30am

Respectfully submitted by
 Ashton Jordan, MSPH
 Community Engagement Coordinator
 Howard County Local Health Improvement Coalition