

Howard County Local Health Improvement Coalition

Full Coalition Meeting

Jan 20, 2022 8:30am - 10:30 am

Virtual Meeting

Minutes

Members Present

Erin Ashinghurst, Accessible Resources for Indep. Inc.	Stephen Pantano, Community Member
Melanie Berdyck, HC Dept. of Comm. Resources & Service	Emily Paterson, Maryland Poison Center
Alice Blayne-Allard, MD State Dental Assoc.	Tim Pinel, Columbia Association
Leah Bulka, HC Dept. of Health	Maura Rossman, HC Dept. of Health
Katie Collier, Congruent Counseling Services	Kelly Russo, HC Health Department
Dara Davenport, Assoc. of Community Services HC	Nikiki Savoy, Accessible Resources for Indep. Inc.
Tiffany Erbelding, Horizon Foundation	Janice Stanton, HC General Hospital
Manuel Evangelista, AAA Physical Therapy	Yan Sun, HC Chinese School
Olivia Ford, Saint Agnes Healthcare	Lisa Terry, HC Dept. of Comm. Resources & Service
Connie Ford, HC Health Department	Julie Teter, AHEC West
Natalie Hall, HC Health Department	Laura Torres, HC General Hospital
Loretta Hoepfner, MD Chapter of the American Academy of Pediatrics	Antigone Vickery, HC Health Department
Latrice Jackson, Humanim	Kerry Wargo, MD State of Health
Lois Joellenbeck, HC Health Department	Jennifer White, Horizon Foundation
Janet Jones, Qlarant	Aisha Williams, Community Member
Elizabeth Kromm, HC General Hospital	Matt Wilson, HC Health Department
Julie Kwedar, MDOT MVA MD Highway Safety Office	Yolanda Wright, Alzheimer's Association
Paloma Leon, Luminus	Shuang Zhai, Community Member
Vanda Lerdboon, HC Health Department	Community Member 1 (phone)
Sonya Lloyd, HC Health Department	Community Member 2 (phone)
Sue Manning, HC General Hospital	Community Member 3 (phone)
Ted Meyerson, Jewish Community Relations Council	Community Member 4 (phone)
Tracy Novak, HC General Hospital	

Staff Present:

Kelly Kesler, HCHD Population Health Director	Chynae Vicks, HCLHIC Community Health Equity & Outreach Educator
Reena Rambharat, HCLHIC Manager	Seojin Kim, HCLHIC Community Health Equity & Outreach Coordinator

Topic/Agenda	Discussion	Action/Follow-up
Welcome and Introductions	<p>Reena Rambharat, MPH, CHES, Manager for the Howard County Local Health Improvement Coalition (HCLHIC) called the meeting to order at 8:30a.m.</p> <p>Dr. Maura Rossman, Health Officer for the Howard County Health Department (HCHD), and HCLHIC co-chair welcomed new participants and Coalition members in attendance and provided a brief COVID update including the status, vaccine delivery and related policies in Howard County.</p> <p>Elizabeth Kromm, Ph.D., Vice President Population Health and Advancement, Howard County General Hospital (HCGH) and HCLHIC co-chair, shared the HCGH's current efforts in providing COVID tests and vaccinations to residents and noted upcoming non-COVID health programs (Diabetes prevention/Behavioral Health Crisis) that will be carried out in collaboration with other community partners including the HCHD.</p>	<p>Guests and those interested in joining the HCLHIC may access information about membership at: https://www.hclhic.org/membership/become-a-member</p> <p>Past minutes and today's presentations are available at: https://www.hclhic.org/home/MeetingYears/1</p> <p>Howard County Health Department COVID-19 page is available at https://www.howardcountymd.gov/health/covid-19</p> <p>Howard County General Hospital Coronavirus information: https://www.hopkinsmedicine.org/ward_county_general_hospital/news/coronavirus.html</p>
Presentation(s)	<p>The following presentations were made:</p> <p>Maternal-Infant Health Presentation Kelly Kesler, MS, CHES, Population Health Director for the HCHD provided an overview of coalition activities related to Maternal-Infant Health prior to the COVID-19 pandemic declaration.</p> <p>On behalf of HCHD's Gynecologist, Dr. Oluwafunmilola Bada, Dr. Kelly Russo, Medical Director for the HCHD presented an overview of Maternal and Infant Health Initiative.</p> <p>Dr. Russo presented data and evidence-based strategies on Maternal and Infant health and highlighted three main areas of focus for the HCHD and the HCLHIC:</p> <ul style="list-style-type: none"> • Infant Mortality (5.1 deaths/1,000 births) • Preterm Births (9% of births) • Low Birthweight (7.2% of births) <p>Dr. Russo stated that increasing home visits, providing implicit bias training and cultural</p>	<p>Presentation on Implicit Bias with Focus on Maternal Infant Health from Feb 2020 is available at https://www.hclhic.org/home/programs</p> <p>Finalized 2022 – 2025 HCLHIC Strategic Plan will be found: https://www.hclhic.org/community/action-plans</p>

education and expanding CAREAPP referral services are some strategies to decrease the above rates.

Community Engagement Focus Group Presentation

Ms. Rambharat provided a summary of the community engagement focus group sessions to access current health needs. Key findings from the focus group discussions were as follows:

- COVID-19 had both positive and negative impacts on health with both physical and mental health being negatively impacted.
- Individuals discussed facilitators and barriers to physical activities, fruits, vegetables and beverage consumption.
- Individuals with disabilities were probed to ascertain accommodations and other considerations that need to be made to ensure that accessibility of materials and events.
- Individuals also shared the types of information they would like to receive from the HCHD and partners and how they would like to receive the information.

2022 – 2025 HCLHIC Strategic Plan Update

Ms. Rambharat reviewed the HCLHIC Strategic planning process. The followings are three main priorities for FY2022-2025:

- **Healthy Beginnings** to prevent and care for gestational diabetes, maternal and child health and pediatric obesity
- **Healthy Living Priority** to prevent Chronic disease and to increase physical activity and healthier food and beverage choices.
- **Healthy Minds Priority** to decrease social isolation and support mental health.

An overview of three main goals and respective strategies were also discussed.

Ms. Kesler introduced the two different types of HCLHIC groups (Convened groups vs.

	Supported/Affiliated groups) and the level of support provided by HCLHIC staff.	
Announcements	<p>Coalition members were asked to share announcements about upcoming programs and activities with everyone in the Chat Box.</p> <p>Members were encouraged to provide event information for inclusion on the HCLHIC website.</p>	<p>Members are asked to provide event information for inclusion on the HCLHIC website and to visit the site for information on upcoming Events: https://www.hclhic.org/Home/eventlist/ To request an event be added to the HCLHIC Community contact us at: lhic@howardcountymd.gov</p> <p>Chronic Disease classes can be found at: https://www.hclhic.org/healthy/chronic-disease</p> <p>Giant Food classes and events can be found at: https://giantfood.com/pages/health-and-wellness-classes</p> <p>Cervical Cancer Awareness video: https://youtu.be/uZaWJpAKetI</p> <p>STIs, HPV & Cancer Prevention video: https://youtu.be/DoqUAQd7P3M</p> <p>Living Well With Diabetes: Online link: https://bit.ly/diabetes-virtual.</p> <p>Free Diabetes Support Group link: https://bit.ly/diabetes-virtual</p> <p>HCHD Breast & Cervical Cancer Program link: https://www.howardcountymd.gov/health/breast-cervical-cancer-program</p> <p>HCHD Colorectal Cancer Program link: https://bit.ly/3GWstA7</p> <p>HCHD Tobacco Mini Grant link: https://www.howardcountymd.gov/health/howard-county-health-department-awards-tobaccovaping-use-prevention-grants</p>

		Minutes from the meeting will be available prior to the next meeting date at https://www.hclhic.org/home/MeetingYears/1
Wrap Up and Adjournment	Thank you for joining us today! Recording and today's presentation will be available at http://www.hclhic.org/ Please visit the HCLHIC site for more information on upcoming Events: https://www.hclhic.org/Home/eventlist/ The coalition meeting was adjourned at 10:25 a.m.	

Future Meeting Dates:

2022 Quarterly Full Coalition Meetings

Register: <https://www.eventbrite.com/e/2022-hclhic-full-coalition-meetings-tickets-188936412897>

- April 21, 2022 8:30-10:30am
- July 21, 2022 8:30-10:30am
- October 20, 2022 8:30-10:30am