



Howard County Local Health Improvement Coalition

Full LHIC Meeting Minutes

October 19, 2023 8:30 am – 10:30 pm

Hybrid – In-person (Heroes Room)

Minutes

Members Present:

Michael Altenburger, CareFirst Engagement Center
Jeannine Andrews, Community Health Worker
Erin Anderson, HC Health Department
Linda Ashburn, HC Health Department
Erin Ashinghurst, Accessible Resources for Independence
Senam Attipoe, Stillborn and Infant Loss Support
Oliwafunmilola T. Bada, HC Health Department
Maryilyn Berchiw-Lial, Morgan State University
Bernadette Bindewald, HC Health Department
Dawn Brook-Tharps, Community Health Worker
Matthew Castner, Johns Hopkins HC Medical Center
Michelle Clark, HC Health Department
Dana Couch, HC National Ass. for the Adv. of Colored People
Samantha Cribbs, HC Health Department
Jen Dawson, Maryland Physician's Care
Shaelon English, HC Health Department
Tiffany Erbeling, Ignited Strategies
Rachel Filar, HC Office on Aging & Independence
Jessica Fisher, HC Health Department
JaKaiya Frisby, American Lung Association
Connie Ford, HC Health Department
Natalie Hall, HC Health Department
Nyanie Henriquez, HC Health Department
Karol Hess, Community Health Worker
Emily Hodson, Chase Brexton Health Care
Loretta Hoepfner, MD Chapter, Am. Academy of Pediatrics
Lois Joellenbeck, HC Health Department
Janet Jones, Qlarant
Kelly Kryspin, Autism Society of Maryland
James LeMon, Howard County Public School System
Paloma León, HC Board of Health
Vanda Lerdboon, HC Health Department
Susanna Manyak, Maryland Poison Center
Ilise Marrazzo, HC Health Department
Chris Mason-Hale, Kennedy Krieger Institute

Lauren McGee, Chase Brexton Health Care
Lynn Mejia, LindaBen Foundation
Melissa Melton, Community Health Worker
Alli Milner, Laurel Advocacy & Referral Services, Inc.
Christina Miller, Johns Hopkins HC Medical Center
Sophia Nabors, HC Health Department
Colton Naval, findhelp
Jeanette Nazarian, Johns Hopkins HC Medical Center
Kristen Nellenbach, Kennedy Krieger Institute
Sunyoung Nicolas, HC Health Department
Dorothy Nuckols, University of Maryland Extension
Patricia Odetola, HC Health Department
Emily Paterson, Maryland Poison Center
Tavia Patusky, Columbia Association
Emily Phillips, HC Health Department
Crystal Pope, Johns Hopkins HC Medical Center
Tamisha Ponder, Sankofa Health and Wellness
Victoria Rain, HopeWorks of HC
Jill Rathburn, Substance Use Disorder/MH Community Advocate
Stephanie Reid, HC Health Department
Carrie Ross, Community Action Council of HC
Sierra Ross, HC Health Department
Maura Rossman, HC Health Department
Kelly Russo, HC Health Department
Sally Seen, Johns Hopkins HC Medical Center
Lauren Soummers, HC Health Department
Darshal Smith, Dee the Doula Maternal & Holistic Wellness Ctr.
Shay Stancil, UnitedHealthcare Community Plan
Joan Webb Scornaienchi, HC DrugFree
Antonia Watts, HC Board of Education
Matthew Wilson, HC Health Department
Ken Wolfson, Center of Excellence on Problem Gambling
Antigone Vickery, HC Health Department
Chynáe Vicks, HC Health Department
Eileen Zeller, HC Moms Demand Action for Gun Sense in America

Staff Present:

Reena Rambharat, HC Local Health Improvement Coalition
Lindsay Hall, HC Local Health Improvement Coalition

Ashton Jordan, HC Local Health Improvement Coalition
Sonya Lloyd, HC Local Health Improvement Coalition

Topic/Agenda	Discussion	Action/Follow-up
<p>Welcome and Introductions</p>	<p>Reena Rambharat, Director, Howard County Local Health Improvement Coalition (LHIC) of the Howard County Health Department (HCHD), called the meeting to order at 8:30am.</p> <p>Ms. Rambharat welcomed new members and guests and reviewed the goal of the meeting to provide updates on CAREAPP and Howard County’s Maternal and Infant Health Initiatives in support of the Healthy Beginnings, Healthy Living and Healthy Minds priorities.</p> <p>Dr. Maura Rossman, Health Officer of HCHD and LHIC co-chair, expressed gratitude to the LHIC for continuing to strive to improve the health of Howard County residents.</p> <p>Dr. Jeanette Nazarian, Chief Medical Officer of the Johns Hopkins Howard County Medical Center and LHIC co-chair, introduced the new Director of Population Health, Mr. Matt Castner.</p>	<p>Guests and those interested in joining the HCLHIC may access information about membership at:</p> <p>https://www.hclhic.org/membership/become-a-member</p> <p>Past meeting documents are available at:</p> <p>https://www.hclhic.org/home/MeetingYears/1</p>
<p>HCLHIC Workgroup Updates</p>	<p>Mr. Ashton Jordan, Community Engagement Coordinator of HCLHIC, provided updates on the following workgroups:</p> <p>Health Literacy Advisory Committee:</p> <ul style="list-style-type: none"> • Healthy Howard Campaign print materials are now available in a variety of languages. <p>Chronic Disease Prevention and Management Group:</p> <ul style="list-style-type: none"> • From July 2023 through September 2023 there were five (5) evidence-based programs and 13 outreach events. • Tobacco and Chronic Disease grantees and their projects will be highlighted in the LHIC newsletter. <p>Healthy Minds and Suicide Prevention Coalition:</p> <ul style="list-style-type: none"> • Teen Health Matters website and ‘It’s Ok to Ask’ print materials have been updated. <p>Ms. Sonya Lloyd, Community Engagement Coordinator of HCLHIC, provided updates on the following workgroups:</p> <p>Food Security Committee:</p> <ul style="list-style-type: none"> • Two (2) food security roundtables sessions were held in September and the report and action plan are upcoming. • The Community Action Council of Howard County hosted three (3) pop-up food pantries at Deep Run Elementary School in August to bridge the gap between the ending of summer meals and before the start of school for Students. 	<p>Learn more about the HCLHIC workgroups and co-chairs at:</p> <p>https://www.hclhic.org/about/our-team</p> <p>If you are interested in joining one or more of the workgroups, please email us at LHIC@howardcountymd.gov</p> <p>Coalition members are asked to check out the following resources:</p> <p>Healthy Howard Campaign: https://www.howardcountymd.gov/healthyhowardcounty</p> <p>Chronic Disease webpage: https://www.hclhic.org/healthy/chronic-disease</p> <p>Teen Health Matters website: https://teenhealthmatters.org/</p> <p>Suicide Prevention webpage: https://www.hclhic.org/healthy/suicide-prevention</p>



	<ul style="list-style-type: none"> The University of Maryland Extension SNAP-Ed will be providing nutrition education around school gardens at Bryant Woods Elementary School and Talbott Spring Elementary Schools. <p>Movement group:</p> <ul style="list-style-type: none"> LHIC partners are hosting 45 Howard County Walktober events in October that is double last year events. LHIC provided giveaways of 2,000 fanny packs and wristbands. The Fall and Winter Free and low-cost Movement flyers were updated and are available on LHIC’s Physical Activity page. <p>Growing Healthy Families workgroup:</p> <ul style="list-style-type: none"> This group will focus on improving birth outcomes for people of color in Howard County to advance efforts toward reducing health disparities. The first meeting will start in November. 	<p>Healthy Eating webpage: https://www.hclhic.org/healthy/eating</p> <p>Walktober Webpage: https://www.howardcountymd.gov/walktober</p> <p>Physical Activity page: https://www.hclhic.org/healthy/physical-activity</p>
<p>CAREAPP Dashboards: Measuring Engagement & Impact</p>	<p>Natalie Hall, CAREAPP Engagement Coordinator at HCHD, provided an overview of CAREAPP: an online database to help search and find resources nationwide. These resources include access to care, education, employment, food, health, housing, transportation, and more.</p> <p>Capabilities of CAREAPP include addressing Social Determinants of Health of Clients by searching for resources, sending, and tracking referrals, and sharing resources with clients via email/text/print. Additionally, CAREAPP enhances the workflow of community-based organizations (CBOs), such as bringing awareness to programs, determining eligibility quickly, receiving and updating referrals for programs, and reviewing data analytics.</p> <p>Colton Naval, Community Engagement Manager at findhelp, provided an overview of CAREAPP analytics and answered the question, “How do I access my free analytics?” Mr. Naval stated that it is important to make sure your programs/services are listed on CAREAPP and to make sure you claim your program on CAREAPP. With these responses, there is no cost or limit to the number of programs you can suggest if your services meet findhelp’s criteria. Being able to claim your program provides a connection to your organization and unlocks the suite of free</p>	<p>CAREAPP link: https://www.hccareapp.org/</p> <p>Key Takeaways: Program Analytics Handout</p>

	<p>tools and analytics. Furthermore, there is no cost or limit to the number of staff who can claim programs.</p> <p>Mr. Naval continued to show the suite of free tools and analytics, as there is no cost or limit to the number of staff who can claim programs.</p> <p>Ms. Hall responded to a question about “How do I know if a referral has been closed” by stating that individuals can physically see the referral being closed. Additionally, writing a note in the comment section on what was physically received will allow others to see this as well.</p>	
<p>Howard County’s Maternal and Infant Health Update</p>	<p>Dr. Oluwafunmilola T. Bada MD FACOG, Clinical Director of Sexual and Reproductive Health at HCHD, provided an update on Howard County’s Maternal and Infant Health initiatives.</p> <p>Since the last Maternal and Infant Health Update, Dr. Bada and team have been involved in several clinical efforts and community-based solutions. Clinical efforts include Family Planning, Vaccination Access, and Maternal and Infant Advisory Committee. Community-Based Solutions consists of being safe, being inclusive, being complementary, being informed, and being reciprocal.</p> <p>One of the community-based solutions involve working with community partners to address health inequities. Hence, equal access to bias-free care can lead to better outcomes. This led to the P.E.A.C.E. Project (Perinatal Equity and Care for Everyone) which allows for prenatal, postpartum and infant resources available in Howard County with Assistance of a Care Coordinator. Dr. Bada had introduced Nyanie Henriquez, Perinatal Care Coordinator with the P.E.A.C.E. project.</p> <p>Ms. Henriquez has stated as of October 19th, the P.E.A.C.E. project has served 25 women, as they had launched mid-July. This project provides prenatal and postpartum resources to only Howard County Residents, regardless of their income level, and insurance.</p> <p>Discussion and questions around the P.E.A.C.E. project include:</p> <ul style="list-style-type: none"> • In terms of evidence-based solutions what is Howard County’s relationship with doulas? <ul style="list-style-type: none"> ○ The project has a partnership with MomCares, which is a doula agency. Starting November there will be a doula training. 	<p>If you are interested in joining the Growing Healthy Families workgroup, please email us at LHIC@howardcountymd.gov</p> <p>Learn more about the P.E.A.C.E. Project: https://www.howardcountymd.gov/health/peace-project</p> <p>The Perinatal Care Coordinator, Nyanie Henriquez, can be reached at: nhenriquez@howardcountymd.gov</p>



	<ul style="list-style-type: none"> • How is the P.E.A.C.E. project reaching out to expectant mothers? <ul style="list-style-type: none"> ○ P.E.A.C.E. project is connecting through their social media campaign, an upcoming bus campaign, connection with the hospital, community events, self-referrals, and reaching out to providers and partners. <p>Dr. Bada mentioned that the support of the workforce is built by the community it serves, which can offer culturally congruent care. Further, support access of evidence-based data can support this model of care. The outcome of the being complementary includes the Doula Training sponsored by MOMCares. Doula support can lead to lower rates of low-birth weight infants, pregnancy complication, c-section rates, and can lead to an increase in the initiation of breast-feeding.</p> <p>Dr. Bada noted that there is no lone solution in reducing health care disparities, but the creation of working groups can help. The launch of the Growing Healthy Families workgroup will help with sharing information at large and will help with the focus on improving birth outcomes for people of color in Howard County to advance efforts toward reducing health disparities.</p>	
<p>Member Announcements, Resource Sharing & Networking</p>	<p>Ms. Rambharat shared the following announcements with those in attendance:</p> <ul style="list-style-type: none"> • Howard County Walktober 2023 <ul style="list-style-type: none"> ○ Proclamation for Walktober 2023 by Gov. Wes Moore encourages movement physically and mentally throughout the month of October. ○ Everyone is encouraged to check out the Walktober events. • Pop-Up Pantry – Free Food <ul style="list-style-type: none"> ○ Ridgely’s Run Community Center (8400 Mission Rd. Jessup, MD 20794) AND Hopkins Methodist Church (13250 Highland Rd., Highland, MD 20777) <ul style="list-style-type: none"> ▪ November 13th 10:00 a.m. – 11:30 a.m. ▪ December 11th 10:00 a.m. – 11:30 a.m. • LindaBen Mobile Market <ul style="list-style-type: none"> ○ Every 2nd and 4th Saturday of the Months ○ 3:00 p.m. – 5:00 p.m. 	<ul style="list-style-type: none"> • Walktober: <ul style="list-style-type: none"> ○ MDOT: https://mdot.maryland.gov/tso/pages/Index.aspx?PageId=136 ○ HC Walkober page: https://www.howardcountymd.gov/walktober ○ HC Great Outdoors Initiative: https://www.signupgenius.com/go/20F0545A4AB2FABFD0-howard1#/ • Pop-Up Pantry: https://drive.google.com/file/d/1rE3CndOMoOTebDhmXLRJJUi8Xdw4iPX/view

	<ul style="list-style-type: none"> ○ Bryant Woods Elementary School Parking Lot (5450 Blue Heron Ln. Columbia, MD 21044) ● Chronic Disease Self-Management Programs <ul style="list-style-type: none"> ○ Chronic Disease Self-Management Workshops ○ Diabetes Self-Management Workshops ○ Tobacco Cessation Classes ○ Cancer Support Groups ● HC DrugFree: <ul style="list-style-type: none"> ○ Medication and Sharps Disposal <ul style="list-style-type: none"> ▪ Saturday October 28th ▪ 10:00 a.m. – 2:00 p.m. ▪ Wilde Lake Village Center Parking Lot (5305 Village Center Dr. Columbia, MD 21044). ○ Guiding Good Choices <ul style="list-style-type: none"> ▪ Thursdays, November 2,9,16, 30, & December 7. ▪ 12:00 p.m. – 1:30 p.m. ● HopeWorks Thriving Together <ul style="list-style-type: none"> ○ 10:00 a.m. to 12:00 p.m. on the following dates: <ul style="list-style-type: none"> ▪ Saturday, December 9, 2023 (Zoom) ▪ Saturday, February 10, 2024 (Zoom) ▪ Saturday, April 6, 2024 (Zoom) ▪ Sunday, May 4TH, 2024 (In-person) ● John’s Hopkins Depressive and Alcohol Use Disorders: <ul style="list-style-type: none"> ○ November 2nd 2023 ○ 9:00 a.m. – 1:00 p.m. ○ Virtual via Zoom or In-Person ● Behavioral Health Community Survey <ul style="list-style-type: none"> ○ Helps HCHD understand how Behavioral Health service could be improved. It closes on October 31st. ● Mental Health & Suicide Prevention Programs <ul style="list-style-type: none"> ○ Mental Health First Aid (MHFA) Training ○ Suicide Prevention & Intervention Programs ○ Opioid Overdose Response Training ○ Mental Health Support Groups ● Older Adult Mental Health Forum <ul style="list-style-type: none"> ○ October 31st ○ 11:00 a.m. – 12:30 p.m. ○ Virtual; Registration required ● Autism Society of MD Vaccine Education Initiative 	<ul style="list-style-type: none"> ● LindaBen Mobile Market: https://signup.com/go/vaVgYJj ● Chronic Disease Self-Management Programs: https://bit.ly/CDSelfManagementPrograms ● HC DrugFree: http://www.hcdrugfree.org/currentevents/ ● Guiding Good Choices: https://www.surveymonkey.com/r/ParentsFall2023 ● HopeWorks Thriving Together: https://hopeworksofhc.org/events/ ● JH Depressive & Alcohol Use Disorders: https://live.hopkinsmedicine.tv/events/william-s-perper-faith-health-symposium/ ● Behavioral Health Community Survey: https://www.surveymonkey.com/r/BHCommunitySurvey_2023 ● Mental Health & Suicide Prevention Programs: https://www.hclhic.org/healthy/suicide-prevention ● Older Adult Mental Health Forum: https://bit.ly/3FqJ7IN ● Autism Society of MD Vaccine Education Initiative: https://autismsocietymd.org/ ● Breast Screening Information: 410-313-4255
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	<ul style="list-style-type: none"> ○ Partnering with the HCHD to address systemic barriers and promote vaccine education and access for the disability community. <p>Members shared the following announcements:</p> <ul style="list-style-type: none"> ● Connie Ford shared that October is Breast Cancer Awareness Month, schedule your clinical breast exam and mammogram. For no cost breast screening, please call 410-313-4255 for eligibility information. ● JaKaiya Frisby of the American Lung Association shared they are currently recruiting individuals with uncontrolled asthma and Chronic Obstructive Pulmonary Disease for virtual home visit and remediation program. For information, contact Ms. Frisby. ● Kristine Nellenbach of the Kennedy Krieger Institute shared that registration is open for the first virtual West African International Collaborative conference on Psychology. ● Emily Paterson of the Maryland Poison Center reminded everyone that Saturday October 28th is National Take Back Day. She asked everyone to dispose of unused and expired medicines safely at the take bake back sites. For any further questions, contact Ms. Paterson. 	<ul style="list-style-type: none"> ● JaKaiya Frisby from American Lung Association: JaKaiya.Frisby@lung.org ● West African International Collaborative conference on Psychology: https://waiccp.unizik.edu.ng/ ● Take back sites: https://www.dea.gov/takebackday <ul style="list-style-type: none"> ● Emily Paterson: epaterson@rx.umaryland.edu
<p>Next Steps & Wrap-up</p>	<p>Ms. Rambharat thanked participants for joining and noted that the minutes will be made available on the LHIC website’s meeting portal. The next hybrid full Coalition meeting to be held on January 18, 2024.</p> <p>The 2024 Quarterly Full Coalition Meetings will take place from 8:30am to 10:30am on the following dates:</p> <ul style="list-style-type: none"> ● January 18, 2024 ● April 18, 2024 ● July 18, 2024 ● October 17, 2024 <p>Ms. Rambharat adjourned the meeting at 10:30am.</p>	<p>Members were encouraged to review the meeting documents from the Full LHIC and Work Group Meetings on the website’s meeting portal: https://www.hclhic.org/home/meetingportal</p> <p>2024 Quarterly Full Coalition Meetings: Register</p>

Respectfully submitted by
Lindsay Hall
Public Health Intern
Howard County Local Health Improvement Coalition