



Howard County Local Health Improvement Coalition
Chronic Disease Prevention & Management Workgroup
August 9, 2023
10:00 AM – 11:00 AM
Virtual via Zoom

Minutes

Members Present:

Michael Altenburger, CareFirst
Maria Blanco, HC Health Department (HCHD)
Michelle Clark, HC Health Department (HCHD)
Olivia Farrow, Ascension Saint Agnes Hospital
Connie Ford, HC Health Department (HCHD)
JaKaiya Frisby, American Lung Association
Emily Hudson, Chase Brexton Health Care
Jennifer Lee, Office on Aging and Independence (OAI)
Cindy Li, Community Health Initiative
Sam McClure, Chase Brexton Health Care
Tricia Mangold, HC Health Department (HCHD)
Lynn Meija, LindaBen Foundation
Christina Miller, HC General Hospital (HCGH)
Sunyoung Nicolas, HC Health Department (HCHD)
Crystal Pope, HC General Hospital (HCGH)
Dwight Walker, Chase Brexton Health Care

Staff Present:

Ashton Jordan, HC Local Health Improvement Coalition
Vanda Lerdboon, HC Health Department
Sonya Lloyd, HC Health Department
Reena Rambharat, HC Local Health Improvement Coalition

Topic/Agenda	Discussion	Action/Follow-up
Welcome and Introductions	Ashton Jordan, Community Engagement Coordinator, for the Howard County Local Health Improvement Coalition (HCLHIC), called the meeting to order at 10:00 AM. Mr. Jordan provided a welcome to members in attendance and had members introduce themselves.	Members are urged to review the past minutes available at: https://www.hclhic.org/home/MeetingYears/357
Announcements	Mr. Jordan, provided the following announcements to the workgroup:	To register for the October Full LHIC meeting, visit:

	<ul style="list-style-type: none"> • The next Full LHIC meeting will be October 19th, 2023 at 8:30 AM – 10:30 AM • The Midway Mobile Home Park Event will be August 19th, 2023 10:00 AM - 2:00 PM <p>Partners provided the following announcements:</p> <p>Ms. Vanda Lerdboon, HCHD, shared that CAREAPP is now a mobile app available for download on all android and mobile devices. Mr. Jordan shared that a download is available through the Linktree located in the HCLHIC Instagram Bio.</p> <p>Ms. Sunyoung Nicolas, HCHD, shared that applications are due September 1, 2023 for the Tobacco and Chronic Disease Grant. The Howard County Health Department Seeks to fund faith-based organizations and community-based organizations to reach populations identified as having a known health disparity related to tobacco/vape use, diabetes, and chronic disease; and to advance health equity efforts.</p> <p>Ms. Sonya Lloyd, HCLHIC, shared that LHIC and the Movement workgroup have created a calendar for the Walktober events for the month of October. She mentioned that workgroup members planning walking/movement in the month of October should include their events as a part of the Walktober initiative.</p>	<p>https://www.eventbrite.com/e/2023-hclhic-full-coalition-meetings-tickets-433126562207</p> <p>Members interested in attending/tabling the Elkridge Midway or Laurel mobile home community events can email Ashton Jordan here: ajordan@howardcountymd.gov</p> <p>Members interested in applying for the Tobacco and Chronic Disease Grant can download the application here: https://www.howardcountymd.gov/sites/default/files/2023-08/Attachment%20A%20-%20HC%20Tobacco Chronic%20Disease%20Application%20Template%20-%20FINAL.docx</p> <p>Members interested in adding their movement event to the Walktober initiative can fill out an interest form here: https://docs.google.com/forms/d/e/1FAIpQLSclrFyQaWPRmTIRMXfXddXdMMJ2wwevP7sdTf7NhGHj9_N9tQ/viewform</p> <p>Members were urged to sign up for LHIC newsletters using the link here: https://www.hclhic.org/membership/newsletter-signup</p>
<p>Chase Brexton Presentation & Discussion</p>	<p>Mr. Jordan introduced Ms. Sam McClure, Executive Director at The Center for LGBTQ Health Equity of Chase Brexton Health Care. Ms. McClure gave a presentation on LGBTQ health disparities, Chase Brexton Chronic Disease programs, and services provided by The Center for LGBTQ Health Equity.</p>	<p>Members interested in hearing more about what Chase Brexton Health Care offers to community members can reach out to Sam McClure here: smcclure@chasebrexton.org</p>



	<p>Ms. McClure overviewed a comprehensive list of LGBTQ Health Disparities. Some of the common disparities across the LGBTQ spectrum were:</p> <ul style="list-style-type: none"> • Sexual health • Different types of cancer • Heart health • Substance use • Mental health • Access to health care <p>Ms. McClure detailed the different Chronic Disease Management programs Chase Brexton works on:</p> <ul style="list-style-type: none"> • Infectious Disease Treatment • HIV Care <ul style="list-style-type: none"> ○ The POWER Project <ul style="list-style-type: none"> ▪ POWER = Protecting Ourselves With Every Resource! ▪ Provides PrEP & PEP • Upcoming STI clinic at Mt. Vernon Chase Brexton Location • Diabetes Management • ASTRx: Medication Support <p>Ms. McClure also detailed some of the behavioral health services offered at Chase Brexton</p> <ul style="list-style-type: none"> • Therapy • Substance use services • Psychiatry services <p>Ms. McClure then gave an overview of some The Center for LGBTQ Health Equity initiatives:</p> <ul style="list-style-type: none"> • Health Care Services • ElderPride • Trainings and Education <p>Ms. Sonya Lloyd, HCLHIC, inquired if Chase Brexton offers any free pre-diabetes or diabetes management classes. Ms. McClure responded that they do. Ms. Lloyd also inquired if the food pantries were open to only</p>	<p>Members interested in more information on the Infectious Disease Treatment were directed here: https://chasebrexton.org/services/infectious-disease-treatment</p> <p>Members interested in more information on the Power Project were directed here: https://chasebrexton.org/services/social-work/power-project</p> <p>Members interested in more information on the Diabetes Management Program were directed here: https://chasebrexton.org/services/diabetes-management#program</p> <p>Members interested in more information on the ASTRx medication support were directed here: https://chasebrexton.org/services/hiv-infectious-diseases/astrx-medication-support</p> <p>Members interested in more information on the Therapy services offered at Chase Brexton were directed here: https://chasebrexton.org/services/therapy</p> <p>Members interested in more information on the Substance Use services offered at Chase Brexton were directed here:</p>
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	<p>Chase Brexton Patients. Ms. McClure responded that in order to have access to the Every Meals Matter Program food pantries you have to be engaged with Chase Brexton in some capacity.</p> <p>Ms. Michelle Clark, HCHD, inquired if there is a diabetes management coordinator at the Columbia Chase Brexton location. Ms. Emily Hudson, Chase Brexton Health Care, responded that there is and she will provide contact information. Ms. Clark also inquired if Chase Brexton employs community health workers. Ms. Hudson responded that they do not have CHWs on the workforce at the Columbia location at the moment. Ms. McClure iterated the importance of partnership to ensure that we as providers have all the necessary networks, tools, and resources to share with all populations of Howard County.</p>	<p>https://chasebrexton.org/services/substance-use</p> <p>Members interested in more information on Psychiatry services offered at Chase Brexton were directed here: https://chasebrexton.org/services/psychiatry</p> <p>Members interested in more information on Health Care services offered by the Center for LGBTQ Health Equity were directed here: https://chasebrexton.org/services/center-lgbtq-health-equity/health-care-services</p> <p>Members interested in more information on ElderPride can contact: LGBTQ@chasebrexton.org</p> <p>Members interested in Trainings and Education offered by the Center for LGBTQ Health Equity were directed here: https://chasebrexton.org/services/center-lgbtq-health-equity/trainings-and-education</p>
<p>Next Steps & Wrap-up</p>	<p>Mr. Ashton Jordan mentioned the next CDPMG workgroup meeting will be October 9th at 10:00 AM.</p> <p>Mr. Jordan adjourned the meeting at 10:58 AM.</p>	

Respectfully submitted by
Ashton Jordan, MSPH
Community Engagement Coordinator
Howard County Local Health Improvement Coalition