



Howard County Local Health Improvement Coalition
Chronic Disease Prevention & Management Workgroup
February 8, 2023
10:00 am – 11:00 am
Virtual via Zoom

Minutes

Members Present:

Akasha Dotson, Office of Aging and Independence (OAI)
Connie Ford, HC Health Department (HCHD)
Jennifer Lee, Office on Aging and Independence (OAI)
Christina Miller, HC General Hospital (HCGH)
Tehani Mundy, HC General Hospital (HCGH)
Sunyoung Nicholas, HC Health Department (HCHD)
Crystal Pope, HC General Hospital (HCGH)

Staff Present:

Ashton Jordan, HC Local Health Improvement Coalition
Vanda Lerdboon, HC Health Department
Sonya Lloyd, HC Health Department
Reena Rambharat, HC Local Health Improvement Coalition

Topic/Agenda	Discussion	Action/Follow-up
Welcome and Introductions	<p>Ashton Jordan, Community Engagement Coordinator, for the Howard County Local Health Improvement Coalition (HCLHIC), called the meeting to order at 10:00 am.</p> <p>Mr. Jordan provided a welcome to members in attendance and had members introduce themselves.</p>	<p>Members are urged to review the past minutes available at: https://www.hclhic.org/home/MeetingYears/357</p>
Announcements	<p>Mr. Jordan, provided the following announcements to the workgroup:</p> <ul style="list-style-type: none">The Alzheimers Association will be hosting an Asian American Alzheimer's Community Forum April 18, 6:30 to 8 pm.The Maryland Department of Health (MDH) will be participating in the Central Intercollegiate Athletic Association (CIAA) Fan Fest on Friday, February 24th and Saturday, February 25th.	<p>To learn more about the Asian American Alzheimer's Community Forum, visit: https://www.communityresourcefinder.org/ResourceView/Index?id=2780346&profileDefinitionId=93</p> <p>Members interested in attending the CIAA Fan Fest can</p>

	<p>Connie Ford, HCHD, shared that March is Colon Cancer Awareness Month.</p> <p>Sonya Lloyd, HCLHIC, shared that the LHIC food & nutrition resource guide has been revamped and made available on the LHIC website.</p>	<p>access more information here: https://theciaa.com/sports/2022/1/15/CIAA Fan Fest 2022.aspx</p> <p>Members are asked to view and share the updated HC Food & Nutrition Resource Guide here: https://www.hclhic.org/healthy/eating</p>
<p>Website & Resource Guide Revamp Discussion</p>	<p>Mr. Jordan gave an overview of the revamped chronic disease self-management resource guide. The new guide will feature a QR code that anyone can scan to go to CAREAPP and access chronic disease self-management resources available in Howard County.</p> <p>Ms. Vanda Lerdboon, HCHD informed members that they should claim their programs so that they can make edits and updates for their programs listed in CAREAPP.</p> <p>Ms. Christina Miller mentioned that she would share information on the support groups and programs the Claudia Mayer / Tina Broccolino Cancer Resource Center run so that can be added to CAREAPP.</p> <p>Mr. Jordan gave an overview of the revamped chronic disease webpage on the LHIC website. The new website will feature links to access the chronic disease self-management resource guide, information on the Health Action Item at the time, and access to specific chronic disease resources/classes/programs. Connie Ford mentioned including resources with multiple languages available so non-English speakers are still able to understand the information.</p> <p>There was a group discussion on strategies to promote the newly revamped webpage and resource guide. The following ideas were suggested:</p> <ul style="list-style-type: none"> • Ms. Tehani Mundy, HCGH, mentioned that she would reach out to her marketing team to see if housing the chronic disease self-management resource guide on the HCGH website is possible. 	<p>Members may review the revamped HCLHIC chronic disease webpage & chronic disease self-management resource guide on the HCLHIC website at: https://www.hclhic.org/healthy/chronic-disease</p> <p>Members may review and claim their programs on CAREAPP here: https://findhcreources.org/</p>



	<ul style="list-style-type: none"> • Ms. Jennifer Lee, OAI, shared that she will share the flyer with the new Community Engagement Coordinator to get her insight on promotion strategies. • Ms. Christina Miller mentioned she would like to make flyers available in the waiting areas of the Claudia Mayer / Tina Broccolino Cancer Resource Center. Further she suggested iterated that the programs being offered through CAREAPP would be extremely relevant to the patients coming in. • Ms. Reena Rambharat iterated the importance of gathering feedback while we are working on promotion efforts. She further iterated that the feedback gathered gives us valuable information on who our materials reach, where our materials are consumed, and how we can ensure we are getting the correct materials to the appropriate audience and location. • It was discussed as a group what the best questions would be to ask on pre/post surveys to gather the information we are seeking. 	
<p>Next Steps & Wrap-up</p>	<p>Mr. Ashton Jordan mentioned the set meeting schedule for the workgroup going forward will be the 2nd Wednesday every other month. The next CDPMG workgroup meeting will be April 12th at 10:00 am.</p> <p>Mr. Jordan adjourned the meeting at 10:45 am.</p>	

Respectfully submitted by
 Ashton Jordan, MSPH
 Community Engagement Coordinator
 Howard County Local Health Improvement Coalition