

Movement Workgroup Meeting

Virtual Meeting

(Via Zoom)

March 19, 2024

11:00am – 12:00pm

Meeting Goal: Plan, create and promote falls prevention initiatives to improve the health of the Howard County community

Meeting Agenda

Meeting will start promptly at 11:00am

11:00 – 11:15

Welcome

- Introductions
- Member Announcements / Updates
- Recap of [Meeting Minutes](#) from January 23, 2024.

11:15 – 11:30

Howard County Falls Data Presentation & Discussion

Bernadette Bindewald, MS, MPH

Epidemiologist, Howard County Health Department

11:25 – 11:35

Action Plan Updates

11:35 – 11:55

Upcoming Partner Events

- Older Americans Month: Senior Health & Fitness, others
- Columbia Association Events
- [Children's Discovery Fair](#)
- Other events
- Promotion of events

11:55 – 12:00

Next Steps & Wrap-Up

Next Movement Meeting May 22, 2024 at 1pm to 2pm