

Howard County Local Health Improvement Coalition

Full Coalition Hybrid Meeting Minutes

April 21, 2022 8:30am - 10:30 am

In Person: NonProfit Collaborative (9770 Patuxent Woods Drive, Columbia, MD 21046)

Virtual: Via Zoom

Minutes

Members Present

Anthony Agnello, AllCare Family Medical Practice	Janet Jones, Qlarant
Erin Anderson, HC Health Department	Morgan Jones-Axtell, Legal Resource Center
Linda Ashburn, HC Health Department	Kaymisha Knight, HC Health Department
Erin Ashinghurst, Accessible Resources for Indep. Inc.	Elizabeth Kromm, HC General Hospital
Candace Ball, HC Office of the Local Children's Board	Julie Kwedar, MDOT MVA MD Highway Safety Office
Karen Basinger, University of Maryland Extension	James LeMon, HC Public School System
Andrea Bendig, Wellness Strategies Group LLC	Vanda Lerdboon, HC Health Department
Alice Blayne-Allard, HC Dental Association	Sonya Lloyd, HC Health Department
Shannon Blount, HC Public School System	Ilise Marrazzo, HC Health Department
Erin Bonzon, HC Dept of Community Resources & Services	Carson Nickell, HC Recreation and Parks
Leah Bulka, HC Health Department	Tracy Novak, HC General Hospital
Regina Clay, CareFirst	Rodney Oldham, HC Health Department
Katie Collier, Congruent Counseling Services	Emily Paterson, Maryland Poison Center
Shanika Cooper, HC Health Department	Tavia Patusky, Columbia Association
Ana Cortes, United Health Care Community Plan	Deb Poquette, Centennial Medical
Dana Davenport, Assoc. of Community Services HC	Clara Richards, Journey to Better Health
Bonnie Downing, CareFirst Community Health Plan	Maura Rossman, HC Dept. of Health
Tiffany Erbelding, Horizon Foundation	Kelly Russo, HC Health Department
Tina Field, Grassroots Crisis Intervention Center	Jim Sanders, The Village in Howard County
Connie Ford, HC Health Department	Pat Sasse, This Point Forward
Karlie Fuller, Humanim	Nikiki Savoy, Accessible Resources for Independence
Stacey Garnett, Sheppard Pratt	Glenn Schneider, Horizon Foundation
Kia Green, Emerge Inc.	Brianne Schell, Legal Resource Center
Natalie Hall, HC Health Department	Joan Webb Scornaienchi, HCDrugFree
Nikki Highsmith Vernick, The Horizon Foundation	Saiha Sears, Community Member
Rhonda Holbrook, Celebration Church & AACR	Nette Stokes, Just Living Advocacy
Quiana Holmes, The Council of Elders	Sonia Su, Kits to Heart
Karen Hull, HC Office on Aging & Independence	Patrice Tucker, United Healthcare
Terri Taylor, HC Fire and Rescue	Laura Torres, HC General Hospital
Lisa Terry, HC Dept. of Comm. Resources & Service	Heidi Weiss-Beedie, HC Health Department
Julie Teter, MD Office of Oral Health	Jennifer White, Horizon Foundation
Mariana Izraelson, Grassroots Crisis Intervention	Patricia Wright, Aetna

Latrice Jackson, Humanim
Lois Joellenbeck, HC Health Department

Yolanda Wright, Alzheimer's Association

Staff Present:

Kelly Kesler, HCHD Population Health Director
Reena Rambharat, HCLHIC Manager

Chynae Vicks, HCLHIC Community Health Equity & Outreach Educator

Topic/Agenda	Discussion	Action/Follow-up
Welcome and Introductions	Reena Rambharat, MPH, CHES, Manager for the Howard County Local Health Improvement Coalition (HCLHIC) called the meeting to order at 8:33 a.m. Dr. Maura Rossman, Health Officer for the Howard County Health Department (HCHD), and HCLHIC co-chair welcomed new participants and Coalition members in attendance and briefly mentioned the Howard County Health Department's 2022-2024 Strategic Plan. Elizabeth Kromm, Ph.D., Vice President Population Health and Advancement, Howard County General Hospital (HCGH) and HCLHIC co-chair, thanked everyone for the health and wellness of the community and keeping people safe.	Guests and those interested in joining the HCLHIC may access information about membership at: https://www.hclhic.org/membership/become-a-member Past minutes and today's presentations are available at: https://www.hclhic.org/home/MeetingYears/1 Howard County Health Department's Strategic Plan is available at: https://www.howardcountymd.gov/health/reports-data Howard County General Hospital: https://www.hopkinsmedicine.org/ward_county_general_hospital/
Presentation(s)	The following presentations were made: Maryland Legislative Session 2022 Brienne Schell, JD, MA and Morgan Jones-Axtell, JD, are both staff attorneys at the Legal Resource Center For Public Health Policy. Brienne spoke about cannabis, healthy beginnings, and healthy living legislative updates. Morgan presented on alcohol, tobacco, and healthy minds legislative updates. 2022-2025 HCLHIC Strategic Plan/Community Health Improvement Plan Update Kelly Kesler, HCLHIC & Population Health Director, Howard County Health Department, reviewed the HCLHIC Strategic planning process. The followings are the three main priorities for FY2022-2025:	Questions regarding legislative updates, email: email: Brienne Schell: bschell@law.umaryland.edu or Morgan Jones-Axtell: mjones-axtell@law.umaryland.edu 2022 – 2025 HCLHIC Strategic Draft Plan can be found: https://www.hclhic.org/community/action-plans Coalition members may join the Horizon Foundation's groups and efforts by completing the following forms: Healthier Choices Coalition: https://www.thehorizonfoundation.org/healthier-choices-coalition/

- **Healthy Beginnings** to prevent and care for gestational diabetes, maternal and child health and pediatric obesity
- **Healthy Living Priority** to prevent Chronic disease and to increase physical activity and healthier food and beverage choices.
- **Healthy Minds Priority** to decrease social isolation and support mental health.

An overview of three main goals and respective strategies were also discussed. Ms. Kesler reviewed the tentative groups that are to be convened by the HCHD/HCLHIC and partners (noted as LHIC-adjacent). This exercise was completed to avoid duplication of efforts and to work collaboratively with different groups. In the next few months we will work to convene the groups and share information with members.

Suicide Prevention Plan Update & Campaign

Leah Bulka, LCSW Suicide Prevention Coordinator, Howard County Health Department spoke about the merging of LHIC's Behavioral Health Workgroup with the Suicide Prevention Coalition in order to avoid duplication of efforts. This new Coalition is being led by Leah and is now called the Healthy Minds and Suicide Prevention Coalition. Leah and Reena work closely on this coalition.

An activity of this Coalition is the Suicide Prevention Forum in May 4 that will feature a presentation by Dr. Rajeev Ramchand, a researcher with NIH and RAND Corporation followed by a panel discussion. Dr. Ramchand will talk about suicidality among minority, LGBTQ+ population and veterans and the panelists will delve into what organizations are doing and how members can be engaged in the effort to address suicide in Howard County.

- Mental Health Matters Coalition: <https://secure.everyaction.com/lv/tl2hJsZkqnWvtqDhliqQ2>
- Streets for All: <https://hcstreetsforall.org/join/>

Become involved in the Age-Friendly Howard County Initiative by visiting: <https://www.howardcountymd.gov/aging-independence/age-friendly-howard-county>

Become involved in the Mental Health Community Advisory Council by emailing Cynthia A. Schulmeyer at Cynthia_Schulmeyer@hcpss.org

If members are interested in being a part of the Healthy Minds and Suicide Prevention Coalition, please email Leah Bulka at lbulka@howardcountymd.gov

To register for the Suicide Prevention Forum on May 4, please visit: https://bit.ly/HCLHIC_SuicideForum2022

Suicide Prevention Health Department Resources: howardcountymd.gov/health/suicide-prevention

Share resources that help facilitate conversation – afsp.org/realconvo, supporthuman.org

Suicide Prevention Campaign contact: Leah Bulka, LCSW: lbulka@howardcountymd.gov

Link to request materials: <https://bit.ly/3rKmMzR>

		To find resources in Howard County use CAREAPP: https://findhcreources.org/ Sheppard Pratt locations: https://www.sheppardpratt.org/locations-directions/details/sheppard-pratt-baltimore-washington-campus/ Local Children's Board Behavioral Health information: https://www.howardcountymd.gov/local-childrens-board/youth-behavioral-health For people with disabilities and at risk: https://arinow.org/
Announcements	Coalition members were asked to share announcements about upcoming programs and activities with everyone in the Chat Box. Members were encouraged to provide event information for inclusion on the HCLHIC website. HCLHIC Announcements: Accessibility Training & Diabetes Awareness Videos Chynáe Vicks, MSPH, Community Health Equity & Outreach Educator, HCLHIC, Howard County Health Department created an HCLHIC disability webpage as well as a PPT on how to Make PowerPoints Accessible to everyone. Chynáe also worked on Diabetes Awareness PSA 2-minute videos, which are now on the LHIC website. Older Adult Mental Health Forum Update Karen Hull, Howard County Office on Aging and Independence and Heidi Weiss-Beedie, Bureau of Behavioral Health, Howard County Health Department spoke about attending the virtual Older Adult Mental Health Forum on April 26, 2022 at 11:00am - 12:30pm. How Far We've Come: Elevating Mental Health Together	Members are asked to provide event information for inclusion on the HCLHIC website and to visit the site for information on upcoming Events: https://www.hclhic.org/Home/eventlist/ To request an event be added to the HCLHIC Community contact us at: lhic@howardcountymd.gov HCLHIC Disability Page: https://www.hclhic.org/resources/disability-resources Diabetes PSA videos can be found at: https://www.hclhic.org/healthy/chronic-disease Older Adult Mental Health Forum register to receive the link at: https://bit.ly/3rsReOO How Far We've Come: Elevating Mental Health Together; April 27, 2022 5:30 – 7:00pm Register NAMI Howard County's FREE 8-week NAMI Peer-to-Peer Education Program beginning April 27th through June 15,

	NAMI Howard County Peer-to-Peer Education Program Sheppard Pratt Child & Adolescent Day Hospital Joan Webb Scornaienchi: Drug Take Back Day & Hidden in Plain Sight Community Health Advisor Training Howard County General Hospital Upcoming classes and screenings	2022. Please email Louise Daigneault at ldaigneault.namihc@gmail.com or call the NAMI HC office to register for the class. Contact Stacy Garnett, MSN, RN for more information: sgarnett@sheppardpratt.org Drug Take Back Day - Saturday April 30, 10:00am-2:00pm WildeLake Village Center parking lot (5305 Village Center Drive, Columbia) Details: www.HCDrugFree.org & http://www.hcdrugfree.org/drug-take-back-day-1/ Hidden in Plain Sight Community Health Advisor Training: Parents/guardians/adults are invited to tour a trailer to learn where your teens may be hiding drugs "In Plain Site" and dispose of your medication and sharps: Free event in the Wilde Lake Village Center parking lot. Address 5305 Village Center Drive, Wilde Lake Village Center (parking lot), Columbia 21044. For more information or to volunteer: www.hcdrugfree.org/drug-take-back-day-1/ or email Admin@hcdrugfree.org Community Health Advisor Training: The first training will be held on Saturday, May 21, 2022, at 11 AM-2:45 PM. Interested participants may register for the training using the following link: https://umd.zoom.us/meeting/register/tJUqcuyprzMuHdXmejDvPRiDyDZfRvW25W6j Cancer Self-Management, virtual
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		• 5/4 – 6/8, 6p – 8:30p Link: https://events.hcgh.hopkinsmedicine.org/event/living-well/cancer-self-management-virtual Living Well with Chronic Disease, virtual • 6/11 – 7/16, 10:30a – 1p Link: https://events.hcgh.hopkinsmedicine.org/event/living-well/virtual-living-well Living Well with Chronic Disease, Toolkit, Phone • 5/6 – 6/10, 10a – 10:30a Link: https://events.hcgh.hopkinsmedicine.org/event/living-well/living-well-with-chronic-disease-toolkit- Living Well with Diabetes, virtual • 5/12 – 6/16 from 10a – 12:30p Link: https://events.hcgh.hopkinsmedicine.org/event/living-well/living-well-with-diabetes-virtual- Below are the upcoming Screening Events Registration Link: https://events.hcgh.hopkinsmedicine.org/event/health-screenings/community-screenings Saturday, 5/14/22, Drive Thru Health Screening St John Baptist Church. 9055 Tamar Dr, Columbia, MD 21045 Saturday, 5/21/22: Community Health Fair Glen Mar Church of Ellicott City, Gym. 4701 New Cut Rd, Ellicott City, MD 21043 Sunday, 6/19/22: We promote Health
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		Centennial Park. 10000 Clarksville Pike, Ellicott City, MD 21042 (Meeting place subject to change) Saturday, 10/15/22: Latino Health Fair Wilde Lake Interfaith Center. 10431 Twin Rivers Rd, Columbia, MD 21044 Alzheimer's Town Hall: LGBTQ // Tuesday, May 10, 2022 // 3:30-5:00PM // Registration link: https://www.communityresourcefinder.org/ResourceView/Index?id=2509599&profileDefinitionId=93 Minutes from the meeting will be available prior to the next meeting date at https://www.hclhic.org/home/MeetingYears/1
Wrap Up and Adjournment	Thank you for joining us today! Recording and today's presentation will be available at http://www.hclhic.org/ Please visit the HCLHIC site for more information on upcoming Events: https://www.hclhic.org/Home/eventlist/ The coalition meeting was adjourned at 10:34 a.m.	

Future Meeting Dates:

2022 Quarterly Full Coalition Meetings

Register: <https://www.eventbrite.com/e/2022-hclhic-full-coalition-meetings-tickets-188936412897>

- July 21, 2022 8:30-10:30am
- October 20, 2022 8:30-10:30am