



Howard County Local Health Improvement Coalition

Food Security Virtual
Meeting December 12, 2022
10:00 a.m. – 11:00 a.m.
Virtual via Zoom

Minutes

Members Present:

- Temitope Alao-Sanni, Nutritionist
- Linda Ashburn, HC Health Department
- Karen Basinger, U. of MD Extension
- Erika Chavarria, Columbia Community Care
- Justin Chen, Columbia Ecology Institute
- Willie Flowers, HC NAACP
- Natalie Hall, HC Health Department
- Laura Henderson, HC Health Department
- Lois Joellenbeck, HC Health Department
- Ivette Lopez, S.A.F.E. Food Pantry
- Vanda Lerdboon, HC Health Department
- Brian Ralph, HC Public School System
- Stephanie Reid, HC Health Department
- Kendra Robinson, HC Health Department
- Carrie Ross, HC Community Action Council
- Jacqueline Scott, HC Dept of Community Resources & Services

Staff Present:

- Reena Rambharat, HC Local Health Improvement Coalition
- Sonya Lloyd, HC Local Health Improvement Coalition
- AJ Jordan, HC Local Health Improvement Coalition

Topic/Agenda	Discussion	Action/Follow-up
<p>Welcome and Introductions</p>	<p>Ms. Sonya Lloyd, HCLHIC Community Engagement Coordinator, called the meeting to order at 10:00 a.m.</p> <p>Ms. Lloyd provided a welcome to members in attendance and asked members to enter their names and organizations into the chat box.</p> <p>Ms. Lloyd reviewed the meeting goal of gathering partners to discuss collaborative efforts to address food and nutrition insecurity in Howard County.</p>	<p>Email Sonya at sloyd@howardcountymd.gov</p>

<p>Updates from last meeting</p>	<p>This is the fourth meeting of the Committee. The last meeting, we discussed:</p> <ul style="list-style-type: none"> • Types of food resource guides that can be shared with the community. • The utilization of CAREAPP in helping people find resources in the community. • Both short and long-term food security needs in Howard County • The needs of Owen Brown Place in Columbia and how we can collaborate to assist this community. • Howard County Food and Nutrition Survey 	<p>Link to previous meeting documents can be found on the LHIC portal: https://www.hclhic.org/home/meeting/2022?catelId=365</p> <p>Partners are asked to share the Food and Nutrition survey link with members (English): https://www.surveymonkey.com/r/HCLHIC_Food_22.</p> <p>Email Reena at brambharat@howardcountymd.gov if need support in getting community members to fill out the surveys.</p>
<p>Announcements</p>	<p>Ms. Lloyd shared information about the next quarterly full LHIC Meeting will be held on January 19, 2023.</p> <p>Ms. Rambharat mentioned participation in various food drives this holiday season throughout the community.</p>	<p>Agenda for full LHIC Meeting can be found on the website: https://www.hclhic.org/home/meeting/2022?catelId=1.</p> <p>Register for the Full LHIC Meeting: https://www.eventbrite.com/e/2023-hclhic-full-coalition-meetings-tickets-433126562207.</p> <p>Any announcements to share with members, please email the LHIC team at: lhic@howardcountymd.gov</p>
<p>CAREAPP Presentation</p>	<p>Mrs. Natalie Hall, the Community Health Educator and CAREAPP Engagement Coordinator for the Howard County Health Department presented on CAREAPP, a free web-based tool that helps people find food, health, housing, transportation, education, and employment resources in Howard County. Mrs. Hall highlighted that community partners and agencies could join CAREAPP and add the Search Tool on their websites.</p>	<p>CAREAPP website: https://findhcreources.org/. Email Natalie Hall at nhall@howardcountymd.gov</p> <p>To become a CAREAPP partner email: askhealth@howardcountymd.gov</p>
<p>Partner Food & Nutrition Resource Guide</p>	<p>Ms. Lloyd provided an update on the HCLHIC's Howard County Resource Guide for Food Assistance and Nutrition Education program. The food resource guide was last updated before the pandemic in December 2019. The guide has expanded from 28 programs to over 53 now listed.</p> <p>Changes made to the Resource Guide are:</p> <ul style="list-style-type: none"> • Updating the Resource Guide's description to match the Food Security Committee's goal to increase access to and awareness of culturally 	<p>Email feedback and / or corrections to the guide to lhic@howardcountymd.gov by January 3, 2023.</p> <p>LHIC's Healthy Eating webpage: https://www.hclhic.org/healthy/eating</p>

	<p>appropriate, accessible, affordable, and nutritious food to decrease food and nutrition insecurity among Howard County residents.</p> <ul style="list-style-type: none"> • Adding food pantry and hot meal service days and hours when open for easier access. • Updating contact information such as addresses, emails and phone numbers. • Adding new pantries and programs to the guide including: Columbia Community Care and Lindaben Foundation pantries. <p>The final version of this food guide will be shared with partners and be placed on HCLHIC’s Healthy Eating webpage. Please help promote the finalized version of this guide by sharing with your communities.</p>	
<p>Food Resource Brochure</p>	<p>Ms. Lloyd stated that a Food Resource Brochure will be created from the information in the Partner Food & Nutrition Resource Guide. This Food Resource Brochure will be simple, easy to use, only a few pages long. This brochure will be shared with the greater Howard County community at large in Spring 2023. The brochure will be translated into multiple languages and have the CAREAPP QR code. The goal is to make this brochure accessible to the whole community.</p> <p>Ms. Lloyd shared the SMC Food Pantries Flyer from St. Mary’s County and opened the floor for any feedback. Ms. Ivette Lopez from S.A.F.E. Food Pantry suggested mailing the brochure to the community, adding icons showing hot meals vs pantry, and making the guide searchable by PDF.</p>	<p>St. Mary’s County Food Pantries Flyer: https://www.smcps.org/files/SupportSchools/JudyCenter/SMC-Food-Pantries-Flyer-3.pdf</p>
<p>Community Kitchen Polls</p>	<p>Ms. Rambharat launched 2 poll questions about having a community kitchen.</p> <ul style="list-style-type: none"> • How familiar are you with community kitchens? (very familiar, somewhat familiar, not at all familiar). • If resources were available, would you like to see a community kitchen set up in Howard County (Yes, Maybe, No). <p>Poll results – 1 person is very familiar with community kitchens; 5 people are somewhat familiar and 6 people not familiar at all with community kitchens. Poll results: If resources were available would you like to set up a community kitchen – 6 yes and 6 maybe.</p> <p>Ms. Linda Ashburn elaborated about community kitchens saying they are usually a commercial kitchen that can be rented, or non-profits can use for free sometimes to serve the community and is sometimes used to teach students how to cook, help people have access to meals.</p> <p>Ms. Karen Basinger from the University of Maryland</p>	

	<p>Extension is familiar with some commercial kitchens and was thinking about using them to do food preservation classes. The time slot/booking appointments fill up very quickly. Each kitchen (institutionalized) has its own rules and are typically shared kitchens, must keep the kitchen clean and certified.</p>	
<p>Next Steps and Wrap-up</p>	<p>At the next meeting we will share the HCLHIC Healthy Eating webpage for review and will take suggestions on improvement. The meeting ended at 10:55 a.m. The Ms. Lloyd will send out the minutes along with the survey links for members to share with their community.</p> <p>The next meeting will be in mid-February 2023. A Doodle Poll will be sent out to determine the best date and time to meet.</p>	

Respectfully submitted by
Sonya Lloyd, MA
Community Engagement Coordinator
Howard County Local Health Improvement Coalition