

## Howard County Local Health Improvement Coalition (HCLHIC)

Healthy Lifestyle Workgroup Meeting

Howard County Health Department

September 18, 2025

1:00 pm – 2:00 pm

Virtual

**Meeting Goals:** Provide updates on Howard County food access and movement initiatives; learn about Cycling Without Age Program, Review Diabetes Communication Campaign Grant; solidify collaborators amongst workgroup members; review 2025 Walktober and Fall Prevention Initiatives.

### Meeting Agenda

*Meeting will start promptly at 1:00 pm*

- 1:00 pm – 1:15 pm    Welcome and Updates
- Food Council Updates
    - *Yekatit Bezooayehu, Food Council Coordinator, Howard County Health Department*
  - Food Bank Updates
    - *Carrie Ross, Co-Chair, Community Action Council*
  - Movement Updates
    - *Michelle Rosenfeld, Co-Chair, Office on Aging and Independence*
  - Other Partner Announcements
- 1:15 pm – 1:35    Maryland Hunger Solutions SNAP Presentation  
*Claudet Miranda Zambrano, Senior Anti-Hunger Program Associate, Maryland Hunger Solutions*
- 1:35 – 1:40    Diabetes Communication Campaign Grant Overview and Graphic Review  
*Ashton Jordan, Howard County Local Health Improvement Coalition*
- 1:40 – 1:50    Falls Prevention Awareness Presentation  
*Rosemarie Jiménez-Rosales, Howard County Local Health Improvement Coalition*
- 1:50 – 1:55    2025 Walktober and Falls Prevention HCLHIC Updates  
*Ashton Jordan, Howard County Local Health Improvement Coalition*
- 1:55 – 2:00 pm    Next Steps and Adjourn

