



**Howard County Local Health Improvement Coalition**

Healthy Minds & Suicide Prevention Coalition

January 26, 2023

1:00 pm – 2:00 pm

Virtual via Zoom

**Minutes**

**Members Present:**

Barbara Allen, James Place  
Erin Anderson, Howard County Health Department  
Candace Ball, Local Children’s Board  
Denise Giuliano, NAMI HC  
Karen Hull, Office of Aging & Independence  
Jessica LaFave, Department of Veterans Affairs  
Genny LaPorte, Howard County Police Department  
Sarah McCoy, Grassroots Crisis Intervention Center  
Emily Paterson, Maryland Poison Center  
Emily Phillips, Howard County Health Department  
Stephanie Reid, Howard County Health Department  
Natalie Rye, Howard County Health Department intern  
Laura Torres, Howard County General Hospital  
Laura Willemin, Grassroots Crisis Intervention Center  
Jason Zhao, Community Health Initiative

**Staff Present:**

Ashton Jordan, HC Local Health Improvement Coalition  
Reena Rambharat, HC Local Health Improvement Coalition  
Sonya Lloyd, HC Local Health Improvement Coalition

Topic/Agenda	Discussion	Action/Follow-up
<b>Welcome and Introductions</b>	Ashton Jordan, Community Engagement Coordinator, for the Howard County Local Health Improvement Coalition (HCLHIC), called the meeting to order at 1:00 pm.  Mr. Jordan provided a welcome to members in attendance and had members introduce themselves.	
<b>Review of Previous Meeting’s</b>	Mr. Jordan, lead a discussion on the 12/15 meeting minutes. Mr. Jordan shared that Natalie Hall would give a future full length CAREAPP presentation at one of the	Workgroup Members are asked to register for the Trained

**Minutes & Announcements**

- next meetings. He shared announcements with the workgroup members:
- The Maryland Department of health is still offering the Trained Military Assistance Provider Program (TMAP) free, open, and available to Maryland based primary care staff.
  - The American Foundation for Suicide Prevention will be hosting the Stronger Communities: LGBTQ Suicide Prevention Conference March 7th from 8:30am – 4:30 pm.
  - Members of the Member Care Support Network (MCSN) are eligible to receive free transportation to and from medical appointments in Howard County.
  - A Healing Place & Responsive Recovery will be hosting a Mental Wellness Pop-up shop called “Teens Slay” at the North Laurel Community Center on Monday February 20<sup>th</sup>.
  - The 2<sup>nd</sup> Annual Light the Night 5k for Suicide Prevention will be occurring March 31<sup>st</sup> from 7 – 8:30pm
  - Not “Check Box” Training: Real Practices in Resilience for Police will be held at the Howard County Health Department on April 5th at 9:00 – 10:30am
  - The updated Howard County Food & Nutrition Resource Guide is available on the LHIC website’s Healthy Eating page
  - The Local Children’s Board is offering a training called Kids Covid Trauma & Stress: Practical Strategies for Healing and Growth Post Pandemic on February 24<sup>th</sup>.

Military Assistance Provider Program (TMAP) here: <https://governorschallenge.psycharmor.org/bundles/tmap-program>

Members interested in attending or presenting at future meetings please email Stephanie Foster here: [kfoster@howardcountymd.gov](mailto:kfoster@howardcountymd.gov)

Members interested in attending the Stronger Communities: LGBTQ Suicide Prevention Conference please use the registration link here: <https://strongercommunitiesmd.de.attendase.com/>

Members were asked to share details about the Member Care Support Network (MCSN) service with residents through contacting: [Hcgh-j2bh@jhmi.edu](mailto:Hcgh-j2bh@jhmi.edu)

Members interested in more information about the Teens Slay event call 347-607-8797 for more information.

Members were informed to register for the 2<sup>nd</sup> Annual Light the Night 5k through this link: <https://www.bullseyerunning.com/event/2nd-annual-light-the-night-5k-for-suicide-prevention/>

Stephanie Reid asked members to share the registration information on the Law Enforcement Workshop to Build



		<p>Resilience, April 5th, 9am to 10:30am with through the link: <a href="https://resilience-police-howard.attendease.com/">https://resilience-police-howard.attendease.com/</a></p> <p>Stephanie Reid directed members to share with providers in their network to register for CAMS-Care Training for clinicians through this link: <a href="https://docs.google.com/forms/d/e/1FAIpQLScWDCtrnK4Hdj2-LO1q-OgbrWpgQS6SecN6NTSggiuUd8jiyw/viewform">https://docs.google.com/forms/d/e/1FAIpQLScWDCtrnK4Hdj2-LO1q-OgbrWpgQS6SecN6NTSggiuUd8jiyw/viewform</a></p> <p>Sonya Lloyd shared the link for members to review the updated HC Food &amp; Nutrition Resource Guide here: <a href="https://www.hclhic.org/healthy/eating">https://www.hclhic.org/healthy/eating</a></p> <p>Candace Ball shared the link to members to register for the called Kids Covid Trauma &amp; Stress: Practical Strategies for Healing and Growth Post Pandemic training here: <a href="https://www.signupgenius.com/go/70a0f4eaeac2aa3f85-kids#/">https://www.signupgenius.com/go/70a0f4eaeac2aa3f85-kids#/</a></p>
<p><b>Trevor Project &amp; Resource Guide Revamp Discussion</b></p>	<p>Mr. Jordan led a discussion on the Trevor Project Brief on the 2022 U.S. National Survey on LGBTQ youth. He overviewed the statistics from the brief as well as the descriptors of what a “safe-space” is from the perspective of a Maryland LGBTQ youth. He iterated it may be conducive to address this issue for the entire subgroup of LGBTQ youth instead of just LGBTQ youth with military connected families. He posed a question to</p>	<p>Members were directed to this link to review the Trevor Project Brief on the 2022 U.S. National Survey on LGBTQ youth: <a href="https://www.thetrevorproject.org/research-briefs/2022-u-s-national-survey-on-lgbtq-youth-mental-health-by-state-dec-2022/">https://www.thetrevorproject.org/research-briefs/2022-u-s-national-survey-on-lgbtq-youth-mental-health-by-state-dec-2022/</a></p>

	<p>the group on what partners are already doing to branch out to youth sub-groups.</p> <p>Mrs. Laura Torres, Howard County General Hospital, shared that from her experience with MHCAC meetings there are LGBTQ(lesbian, gay, bisexual, transgender, queer or questioning persons of the community) Liaisons who attend and have shared about their program Rainbow Representatives that identifies teachers as “safe” teachers. These LGBTQ Liaisons also attend the Gay Straight Alliance (GSA) meetings available at most HCPSS schools.</p> <p>Mrs. Candace Ball, Local Children’s Board, shared that her organization released a Request for Proposal (RFP) for Gender &amp; Sexuality Alliances in Community Spaces or Youth-led Peer Support. She iterated youth-led peer support events and activities where LGBTQ youth can come together may be the best way of addressing health concerns faced by the LGBTQ youth in HC.</p> <p>Ms. Natalie Rye, Howard County Health Department student intern, shared her experience as a high school student outside the LGBTQ community and the supports she saw in place for those a part of the LGBTQ community. She shared that her high school does have a Gender and Sexualities Alliance (GSA) that students enjoy and feel safe being a part of. She also iterated the importance of representation when we as health professionals are thinking of ways to create more safe spaces.</p> <p>Ms. Jessica LaFave, VA Maryland Health Care System, shared that the Chase Braxton organization has a LGBTQ generational meeting where older and younger members of the LGBTQ community can connect with one other and build a sense of community.</p> <p>Ms. Barbara Allen iterated that youth led and youth focused programs with LGBTQ integration is an issue being worked on at the state level.</p> <p>Mrs. Jessica LaFave, posed the question if schools provided education to students on age students can</p>	<p>Jessica LaFave shared the link for members interested in learning more about Chase Braxton and their generational meetings for the LGBTQ community here:</p>
--	---	---



	<p>consent to treatment? Ms. Erin Anderson, Howard County Health Department, mentioned that when Reproductive Services goes out or has an event at the schools, they do educate on the age of consent for treatment to students but on a smaller scale. They would be open to in putting more emphasis in provided information on the age of consent for treatment. Ms. Laura Torres iterated that although students can consent to the treatment more often than not, they will need insurance to pay for the services and that information would be coming from the parent. She also shared that while students can consent to treatment, a lot of providers are not willing to treat youth without parental consent.</p> <p>Ms. Denise Guiliano, NAMI HC, mentioned that they host a public outreach program, and that one of their partners, Community Allies of Rainbow Youth to hold a parent and caregivers program called Understanding and Supporting Trans &amp; Non-Binary youth. She iterated that continuing to try and bring understanding to parents and caregivers could aid us in our efforts to support LGBTQ youth in HC.</p> <p>Mr. Ashton Jordan gave an overview of the updated mental health and suicide prevention programs resource guide. It was mentioned to update the flyer with the newer programs being offered. Ms. Stephanie Reid, Howard County Health Department mentioned possibly having some students start attending SPC workgroup meetings and offering input.</p>	<p><a href="https://www.chasebrexton.org/services/center-lgbtq-health-equity">https://www.chasebrexton.org/services/center-lgbtq-health-equity</a></p> <p>Members interested in tabling or presenting at the HCPSS Rainbow Conference on May 6<sup>th</sup> can register through this link: <a href="https://sites.google.com/hcps.org/hcpsrainbowconference/rainbow-conference">https://sites.google.com/hcps.org/hcpsrainbowconference/rainbow-conference</a></p>
<p><b>Next Steps &amp; Wrap-up</b></p>	<p>Mr. Ashton Jordan mentioned that the next Full LHIC meeting will be April 20<sup>th</sup>. He also shared that meeting minutes will be available on the LHIC website after the meeting.</p> <p>Mr. Jordan adjourned the meeting at 1:58 pm.</p>	<p>Members were directed to register for the Full LHIC meeting here: <a href="https://www.eventbrite.com/e/2023-hclhic-full-coalition-meetings-tickets-433126562207">https://www.eventbrite.com/e/2023-hclhic-full-coalition-meetings-tickets-433126562207</a></p>

Respectfully submitted by  
Ashton Jordan, MSPH

Community Engagement Coordinator  
Howard County Local Health Improvement Coalition