



Howard County Local Health Improvement Coalition

Healthy Minds & Suicide Prevention Coalition

December 15th, 2022

3:00 pm – 4:00 pm

Virtual via Zoom

Minutes

Members Present:

- Erin Anderson, Howard County Health Department
- Stacey Garnett, Sheppard Pratt
- Natalie Hall, Howard County Health Department
- Karen Hull, Howard County Office on Aging & Independence
- Kala Jenkins, Howard County Health Department
- Jessica LaFave, Department of Veterans Affairs
- Chad Lennon, Adventist HealthCare
- Sarah McCoy, Grassroots Crisis Intervention Center
- Emily Paterson, Maryland Poison Center
- Lisa Terry, Howard County Office of Veterans and Military Families
- Laura Torres, Howard County General Hospital
- Laura Willemin, Grassroots Crisis Intervention Center

Staff Present:

- Reena Rambharat, HC Local Health Improvement Coalition
- Ashton Jordan, HC Local Health Improvement Coalition

Topic/Agenda	Discussion	Action/Follow-up
Welcome and Introductions	Ashton Jordan, Community Engagement Coordinator of the Howard County Local Health Improvement Coalition (HCLHIC), called the meeting to order at 3:00 pm. Mr. Jordan provided a welcome to members in attendance and members introduced themselves.	
Review of Previous Meeting's Minutes & Announcements	Mr. Jordan, gave a review of the October 16 th , 2022, workgroup meeting. Mr. Jordan explained that the groups comments after the previous meeting guided construction of the Veteran Resources page on the HCLHIC website. He provided updates on the Chronic Disease Prevention & Management Workgroup including the Living Well classes and the Health Literacy Advisory Committee. Ms. Reena Rambharat, shared updates on the Food Security Committee. Ms. Natalie Hall shared updates on the Movement Workgroup.	Coalition members are asked to share information about Chronic Disease classes including the Living Well classes from the Howard County Office on Aging and Independence For more information, reach out to Akasha Dotson through email at adotson@howardcountymd.gov or through phone at 410-313-3507.

	<p>Mr. Jordan reminded the group of the upcoming full LHIC meeting on January 19th, 2023, 8:30 – 10:30am.</p> <p>He shared that the Savage Branch Library will be hosting Teen mental health classes. The parent and caregivers’ session will be January 21st next year.</p> <p>Mr. Jordan shared that the Trained Military Assistance Provider Program or TMAP was launch across Maryland. This new program focuses on suicide prevention in the military connected population and is available free to all Maryland based primary care staff.</p> <p>Ms. Karen Hull shared that the Office on Aging & Independence will be hosting an Older Adult Mental Health Forum January 24th, 2023, from 11:00 -12:30pm.</p>	<p>Partners were directed to register for the Full LHIC meeting here: https://www.eventbrite.com/e/2023-hclhic-full-coalition-meetings-tickets-433126562207</p> <p>Coalition members are asked to share details of the teen mental health classes with residents through the link: https://howardcounty.librarycalendar.com/event/teen-mental-health-class-parents-and-caregivers</p> <p>Partners were informed to register and share details for the TMAP training through this link: bit.ly/MDHTMAP</p> <p>Karen Hull shared the link for partners to register for the OAMHF here: elhttps://bit.ly/OAMHFRegistration</p>
<p>Presentations and Discussions</p>	<p>Ms. Lisa Terry shared a brief overview of what the Purple Star School Program (PSS) is and the benefits that it offers. The Purple Star School program is designed to help schools respond to the educational and social-emotional challenges military-connected children face during their transition to a new school and keep them on track to be college, workforce, and life-ready.</p> <p>Ms. Terry shared that there were no Howard County Public Schools that have Purple Star Designation. Discussion was held on how to get stats from the HCPSS on military-connected children. It was brought up to explore military-connected students in more detail.</p> <p>Mr. Jordan provided a guided overview of the Veterans Resources page on the HCLHIC website. He mentioned this webpage was constructed from the groups desire to bolster</p>	<p>Partners were directed to this link to learn more information about the PSS program: https://www.militarychild.org/purplestarschools</p> <p>Lisa provided her contact information for any partners who had any further questions about the PSS program: LB Terry@howardcountymd.gov</p>

suicide prevention and mental health efforts to better address veteran suicidality and mental health in Howard County. He shared that the section of topic specific free resources located on the page was compiled from resources gathered by Ms. Jessica Lafave. The page also offers anyone access to Veterans resources that can apply to very specific situations or audiences (i.e., resources for tragedies, minority veterans, LGBTQ veterans, women veterans, older veterans).

Mr. Jordan referenced a brief from the Trevor Project, on Mental Health Among LGBTQ Youth with a Parent in the Military. Some information shared in the brief was that LGBTQ youth who reported having a parent currently in the military had significantly higher rates of mental health challenges and suicide risk or that LGBTQ youth with a parent currently in the military who reported high levels of family support had lower mental health challenges and suicide risk. He posed the question to the group on how the workgroup can better address the disparity faced by LGBTQ youth.

Dr. Chad Lennon and Ms. Kala Jenkins mentioned that first the workgroup would have to ensure that there are accessible safe spaces for these students and youth. Jessica Lafave reiterated the importance of ensuring safe spaces are available to youth. She also emphasized that before we can be so specific with our approach it may be conducive for us to start at addressing the stigma associated with LGBTQ community among the youth and the military.

Ms. Lisa Terry seconded that addressing the stigma associated with LGBTQ community among active-duty military and veterans may help us better serve LGBTQ military-connected youth.

Dr. Lennon inquired if LGBTQ resources were available on the Howard County Public School System (HCPSS) website as well as through the Veterans resource page on the LHIC website. Mr. Ashton Jordan provided the link to the LGBTQ veteran resources and Ms. Laura Torres provided the link to the HCPSS LGBTQ resources.

Jessica Lafave and Dr. Lennon mentioned reducing the amount of silos HC residents may get in to searching for

Partners may access the Veterans resources webpage on the HCLHIC website here:

<https://www.hclhic.org/resources/veterans-resources>

Partners may view the Trevor Project brief using the link:

<https://www.thetrevorproject.org/research-briefs/mental-health-among-lgbtq-youth-with-a-parent-in-the-military-aug-2022/>

Partners may view the links to the HCPSS LGBTQ resources:

<https://www.hcpss.org/supports/lgbtqia-youth>

Partners may view the link to resources for LGBTQ veterans through the HCLHIC website:

<https://www.hclhic.org/resources/veterans-resources/186>



	<p>resources. He suggested having all LGBTQ related veteran/military-connected youth resources in a central location for all to access.</p> <p>Ms. Natalie Hall gave a brief overview on CAREAPP, a free resource to connect residents to resources related to services and Social Determinants of Health. Ms. Hall mentioned that there are two versions for CAREAPP. There is a provider/partner version and resident/seeker of program version. She mentioned that the resident/seeker version will land the resident first on a page that requires them to input their zip-code, then programs and resources available in their zip-code will appear. Residents have access to different categories of care programs and resources they can choose from (food, housing, goods, transit, health, money, care, education, work, and legal). The provider/partner version allows partners with a CAREAPP login to view the referrals made to their program as well as information of the people they are helping.</p>	<p>Partners may access the CAREAPP resources using the link: https://findhcreources.org/. Partners interested in learning more about CAREAPP, including how to get their organizations listed or get CAREAPP postcards can reach out to Natalie Hall at nhall@howardcountymd.gov</p>
<p>Next Steps & Wrap-up</p>	<p>Mr. Jordan briefly inquired from the group if they wanted to continue discussion and tackle the topic of subcommittees or table that discussion for the next meeting. The group agreed it would be good to table that topic for the next meeting. Mr. Jordan assured the partners that he would send out a doodle poll with possible dates for the next workgroup meeting.</p> <p>Mr. Jordan adjourned the meeting at 4:00 pm.</p>	

Respectfully submitted by
 Ashton Jordan, MSPH
 Community Engagement Coordinator
 Howard County Local Health Improvement Coalition