



## Howard County Local Health Improvement Coalition

Health Literacy Advisory Committee

March 8, 2024

10:00am to 11:00pm

Virtual via Zoom

### Minutes

#### Members Present:

- Erin Ashinghurst, Accessible Resource for Independence
- Matthew Castner, Johns Hopkins Howard County Medical Center
- Lisa M. DeHernandez, Howard County Health Department
- Octavia Guthrie, The Parents’ Place of Maryland
- Latrice Price, Infinite Legacy
- Leah Richey, University of Maryland Horowitz Center for Health Literacy
- Cris Oviedo, La Alianza Latina
- Matt Wilson, Howard County Health Department

#### Staff Present:

- Reena Rambharat, Howard County Local Health Improvement Coalition
- Ashton Jordan, Howard County Local Health Improvement Coalition
- Chynáe Vicks, Howard County Health Department

Topic/Agenda	Discussion	Action / Follow-up
<b>Welcome and Introductions</b>	<p>Ms. Chynáe Vicks, Howard County Health Department, called the meeting to order at 10:02am.</p> <p>Mr. Ashton Jordan, Howard County Health Department, gave a welcome to the workgroup members.</p>	<p>LHIC website: <a href="https://www.hclhic.org/">https://www.hclhic.org/</a></p>
<b>Announcements</b>	<p>Mr. Jordan shared the following announcements with the workgroup members:</p> <ul style="list-style-type: none"> <li>• The Maryland Center for Developmental Disabilities 2024 Annual Learning Series will run from April through October.</li> <li>• The Autism Society of Maryland will be hosting their virtual Yoga Connections event Saturdays from 3:30 pm - 4:30 pm.</li> <li>• First Call Medical Center Urgent Care is offering their FirstCall for All Program which allows people who are uninsured to receive urgent care without payment due up front.</li> </ul> <p>The following announcements were made by partners:</p> <ul style="list-style-type: none"> <li>• Ms. Erin Ashinghurst, Accessible Resources for Independence (ARI), announced that ARI is recruiting for their spring Living Well in the</li> </ul>	<p>Members interested in viewing the course catalog for the 2024 Annual Learning Series please visit here:</p> <ul style="list-style-type: none"> <li>• View <a href="#">Course Catalog</a>.</li> </ul> <p>Members were directed to register for Yoga Connections here:</p> <ul style="list-style-type: none"> <li>• Virtual through Zoom <a href="#">Register Here</a></li> </ul> <p>Members interested in more information on the FirstCall for All Program please visit here:</p> <ul style="list-style-type: none"> <li>• <a href="http://www.FirstCallForAll.com">www.FirstCallForAll.com</a></li> </ul>

	<p>Community classes for individuals living with disabilities/chronic disease.</p> <ul style="list-style-type: none"> <li>Ms. Latrice Price, Infinite Legacy, is looking to host focus groups to gather insight from Howard County residents on their knowledge of infinite legacy and the work they do regarding organ donations.</li> <li>Mr. Matthew Castner, Johns Hopkins Howard County Medical Center (JHHCMC), shared that the community care team at JHHCMC started working with the Horowitz Center to participate in a health literacy training module for staff.</li> </ul>	<p>Members were encouraged to promote the spring Living Well in the Community classes for individuals living with disabilities. More information found here: <a href="https://acrobat.adobe.com/id/urn:aaid:sc:US:3ad71706-08b0-4cc0-9faf-b7f3ac59b172">https://acrobat.adobe.com/id/urn:aaid:sc:US:3ad71706-08b0-4cc0-9faf-b7f3ac59b172</a></p> <p>Members interested in participating or assisting in hosting Infinite Legacy focus groups can reach out to Latrice Price here: Latrice Price <a href="mailto:LPrice@infinitelegacy.org">LPrice@infinitelegacy.org</a></p>
<p><b>The Parents' Place of Maryland Presentation &amp; Discussion</b></p>	<p>Ms. Vicks provided a quick recap of the January Health Literacy Advisory Committee (HLAC) workgroup meeting. She then introduced Ms. Octavia Guthrie, The Parents' Place of Maryland (PPMD), to provide a presentation on her organization.</p> <p>Ms. Guthrie provided an overview of PPMD and the services they provide Howard County community members. Highlighted Points include:</p> <ul style="list-style-type: none"> <li>PPMD is Maryland's Special Education and Health Information center.</li> <li>Local parent information centers can be found using the Parent Center Hub website.</li> <li>Services provided include: <ul style="list-style-type: none"> <li>One-on-one assistance to families</li> <li>Resource sharing <ul style="list-style-type: none"> <li>English and Spanish translations available</li> </ul> </li> <li>Topical trainings</li> <li>Leadership trainings</li> <li>Military outreach</li> </ul> </li> <li>Baby LEADers <ul style="list-style-type: none"> <li>Training for parents/guardians of children ages birth-5 whose child has a suspected or diagnosed developmental delay or disability</li> </ul> </li> <li>Guiding the Journey <ul style="list-style-type: none"> <li>Training for parents/guardians of children ages 14-21 who have a disability or special healthcare need</li> </ul> </li> </ul> <p>Ms. Vicks inquired if there was information on PPMD that HCHD CHWs could hand out or share with the community members they work with. Ms. Guthrie mentioned that there is a one-pager available to be handed out in English and Spanish.</p> <p>Ms. Vicks opened the floor for discussion, posing to the</p>	<p>A Parents' Place of Maryland website can be found here: <a href="https://www.ppmmd.org/">https://www.ppmmd.org/</a></p> <p>Members interested in getting more information about PPMD trainings please visit here: <a href="https://www.ppmmd.org/services/">https://www.ppmmd.org/services/</a></p> <p>Members interested in accessing HCLHIC Food and Nutrition Resources please visit here: <a href="https://www.hclhic.org/healthy/eating">https://www.hclhic.org/healthy/eating</a></p> <p>Members interested in accessing HCLHIC chronic disease resources please visit here: <a href="https://www.hclhic.org/healthy/chronic-disease">https://www.hclhic.org/healthy/chronic-disease</a></p> <p>Members interested in registering for the 2024 Brain Injury Association of Maryland Annual Conference please visit here: <a href="https://www.biamd.org/">BRAIN INJURY ASSOCIATION OF MARYLAND - Home (biamd.org)</a></p>

	<p>group about their efforts and initiatives (planned or ongoing) for upcoming National Month Health Observances:</p> <ul style="list-style-type: none"> <li>• Mr. Jordan mentioned several upcoming national health observances: <ul style="list-style-type: none"> <li>• National Nutrition Month</li> <li>• National Diabetes Alert Day</li> <li>• National Minority Health Month</li> <li>• National Public Health Week</li> <li>• Black Maternal Health Week</li> </ul> </li> <li>• Ms. Reena Rambharat, Howard County Local Health Improvement Coalition (HCLHIC), mentioned that the HCLHIC Health Eating webpage houses information on nutrition resources as well as the food connection map. Further, she shared that there is Black Maternal Health Week event in the works at the health department.</li> <li>• Ms. Lisa DeHernandez, Howard County Health Department, mentioned April being National Prescription Drug Take Back Month and that HC Drug Free holds different events where they take expired drugs for disposal.</li> <li>• Ms. Latrice Price mentioned National Donate Life Month, National Kidney Health Month, as well as National Blue and Green Day for organ donation. Different Infinite Legacy partners will hoist Donate Life flags.</li> <li>• Ms. Erin Ashinghurst mentioned that March is National Developmental Disability Month as well as Brain Injury Awareness Month. Further she shared that the Brain Injury Association of Maryland hosts their annual conference March 21-22 in Pikesville, Maryland. People with brain injury can attend for free.</li> </ul> <p>Ms. Vicks shared that the HCLHIC website has links to chronic disease self-management classes available in different languages.</p> <p>Next HLAC Meeting is May 10, 2024 at 10:00AM.</p>	
<p><b>Next Steps &amp; Wrap-up</b></p>	<p>Ms. Vicks adjourned the meeting at 11:57 AM.</p>	<p>Members interested in tabling at one of our future health department events, please contact: <a href="mailto:ajordan@howardcounty.md.gov">ajordan@howardcounty.md.gov</a></p> <p>Members interested in the LHIC promoting their upcoming event(s) please contact: <a href="mailto:ajordan@howardcountymd.gov">ajordan@howardcountymd.gov</a></p>

Respectfully submitted by  
Ashton Jordan, MSPH  
Community Engagement Coordinator  
Howard County Health Department

Website: <http://www.hclhic.org> Social Media: @hclhic