



## Howard County Local Health Improvement Coalition

Healthy Minds & Suicide Prevention Coalition

September 7, 2023

2:00 pm – 3:00 pm

Virtual via Zoom

### Minutes

#### Members Present:

Jessica Fisher, Howard County Health Department  
Diane Myers  
Debi Lattimer  
Eileen Zeller  
Lindsay Hall  
Karen Basinger, University of Maryland - Extension  
Jessica LaFave, Department of Veterans Affairs (Maryland)  
Genny LaPorte, Howard County Police Department  
Sarah McCoy, Grassroots Crisis Intervention Center  
Emily Paterson, Maryland Poison Center  
Stephanie Reid, Howard County Health Department  
Lisa Terry, Howard County Office of Veterans and Military Families  
Ajamu,  
Barbara Allen  
Denise Giuliano

#### Staff Present:

Ashton Jordan, HC Local Health Improvement Coalition  
Reena Rambharat, HC Local Health Improvement Coalition  
Sonya Lloyd, HC Local Health Improvement Coalition

Topic/Agenda	Discussion	Action/Follow-up
<b>Welcome/Ice Breaker</b>	Jessica Fisher opened the meeting by welcoming all members. The agenda was reviewed, and Jessica LaFave led an ice breaker for members to get to know each other.	
<b>Kickoff Actions: Transitions and introductions</b>	Jessica Fisher shared leadership role transitions to include herself as the Suicide Prevention Coordinator, and Lead of the workgroup. She announced that Jessica LaFave as co-lead, and that AJ is stepping down to focus	

	<p>on another project. AJ’s amazing contributions to the workgroup were highlighted, and he will be missed.</p> <p>Members were asked to answer the following either on camera or in the chat:</p> <p>Name and agency/organization  What brings you to the group?  What drives you in this group?  What responsibilities do you feel you can take on?  Are you available to attend events on behalf of the coalition (day/weekend)?</p> <p>Ways members said they can support the coalition:</p> <ul style="list-style-type: none"> <li>• Tabeing</li> <li>• Add events to LHIC Calander, organization newsletters</li> <li>• Networking/Connections</li> <li>• Share information to networks</li> <li>• Provide education</li> </ul>	
<p><b>Action Plan Overview and Group Discussion for workgroup objectives moving forward</b></p>	<p>The workgroup’s action plan was reviewed, and members were asked what objectives they would like to work on for FY24.</p> <p>Topics discussed</p> <ul style="list-style-type: none"> <li>• Lethal means</li> <li>• Increasing membership diversity</li> <li>• Cognitive health</li> <li>• Having a more population focus specifically African American/Black Community</li> <li>• “Be kind” campaign regarding attitudes and behaviors towards those who wear masks</li> <li>• Cannabis Use Awareness: It was shared that in HoCo that the EDs are seeing an increase in youth experiencing SI related to use of high potency cannabis use</li> </ul> <p>Lethal means and cognitive health were two topics that several coalition members supported. There was also a question regarding curiosity of what areas are not being addressed in the community.</p>	<p>Needed: review topics proposed, define cognitive health.</p>

# Howard County LHIC

Local Health Improvement Coalition



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<b>Announcements</b> <b>Next Steps &amp; Wrap-up</b>	Suicide Prevention Awareness Week/Month  Continue discussion on new workgroup objectives Next meeting is November 2, 2023 at 2:00pm  Jessica Fisher adjourned the meeting at 3:00 pm.	Presentation on county data. Review data and workgroup objectives.
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