



Howard County Local Health Improvement Coalition
Movement Virtual Meeting
July 25, 2022
9:00 am – 10:00 am
Virtual via Zoom

Minutes

Members Present:

- Allison Calkins, Office of Transportation
- Chris Eatough, Office of Transportation
- Laura Henderson, HC Health Department
- Julie Kwedar, MD Department of Transportation
- Jen Lee, HC Department of Community Resources & Services
- CJ Nickell, HC Recreation & Parks
- Tavia Patusky, Columbia Association
- Robin Stimson, Columbia Association
- Matt Wilson, HC Health Department

Staff Present:

- Natalie Hall, HC Health Department
- Rodney Oldham, HC Local Health Improvement Coalition

Topic/Agenda	Discussion	Action/Follow-up
Welcome and Introductions	Natalie Hall, Howard County Health Department (HCHD), called the meeting to order at 9:00 a.m. Mrs. Hall provided a welcome to members in attendance and asked members to introduce themselves.	
Walktober Highlights and Open Discussion	Mrs. Hall reviewed the 2018 Howard County Health Assessment Survey (HCHAS) Data and HCLHIC 2022-2025 Summary Strategic Plan. She also held an open discussion and asked participants to brainstorm ideas and suggestions on ways to promote this year’s Walktober events/activities. Mr. Nickell mentioned that Parks and Rec does Market and Promote Art in the Park and that they have 10-12 parks available for possible Walktober activities. The challenge is the number of parks that are walkable in lieu of inclusive activities. Some of the suggestions/recommendations mentioned by participants during the open discussion were:	

	<ul style="list-style-type: none"> - Identifying partners with free resources for individuals - Lists/Maps that could be created - Look for opportunities to better advertise existing programs/activities within the county <p>Ms. Patusky and Ms. Stimson from Columbia Association shared that they participated in:</p> <ul style="list-style-type: none"> - Walk the Doc – National Program <ul style="list-style-type: none"> o Physician walking – Three Saturdays at 9:00 am starting September or October - Superhero walk/run for Lake Kittamaqundi (Costumes) - Food market – 10K 1st Weekend in Oct. - Restorative movement dancing class at the lake front (yoga) 	
<p>Next Steps & Wrap-up</p>	<p>Mrs. Hall asked participants how often should we meet? The next meeting is set for August 8th from 10:00 – 11:00 am.</p> <p>Mrs. Hall adjourned the meeting at 9:50 am.</p>	<p>Mrs. Hall will send out a meeting invite. Members will create a list of their organization’s communication outlets for the next meeting.</p>

Respectfully submitted by
Rodney Oldham, CHES, CPT
Community Health Education Program Coordinator
Howard County Local Health Improvement Coalition