

## Movement Workgroup Meeting

Virtual Meeting (Via Zoom)

[Link](#)

September 26, 2023

12:00 p.m. – 1:00 p.m.

Meeting Goal: Plan and promote physical activity initiatives to improve the health of the Howard County community and implement Howard County Walktober 2023 initiatives.

### Meeting Agenda

*Meeting will start promptly at 12:00pm*

12:00 – 12:15	Welcome <ul style="list-style-type: none"><li>• Introductions</li><li>• Member Announcements / Updates</li><li>• Recap of <a href="#">Meeting Minutes</a> from August 29, 2023</li></ul>
12:15 – 12:25	Community of Families in Nature (CFIN) Presentation <ul style="list-style-type: none"><li>• Move Along CA's Pathways Walks</li></ul> <i>Sara Smith   Program Coordinator, CFIN Program Community Ecology Institute</i>
12:25 – 12:35	Walktober Communications <ul style="list-style-type: none"><li>• Press Release</li><li>• PSA Video</li><li>• Social Media Posts</li></ul>
12:35 – 12:55	Walktober Planning <ul style="list-style-type: none"><li>• Calendar of Events</li><li>• Giveaways</li><li>• Photo Release Form</li><li>• Post Event Survey</li><li>• Community Partner Updates</li></ul>
12:55 – 1:00	Next Steps & Wrap-Up

Next Movement Meeting: October 31, 2023, 12:00 p.m. to 1:00 p.m.