

Chronic Disease Prevention & Management Workgroup

Virtual Meeting (Via Zoom)

February 14th, 2024

10:00am – 11:00am

Meeting Goals: To present information on prevention-based programming available in the County through the University of Maryland Extension. To discuss partner chronic disease prevention and nutrition-based efforts.

Meeting Agenda

Meeting will start promptly at 10:00am

10:00 – 10:05 am Welcome & Introductions

10:05 – 10:10 am Announcements

- Get Heart Smart
 - February 14, 2024 at 12:30 pm
 - Virtual
- Nutrition Talks
 - February 15, 2024 at 11:00 am
 - Ellicott City 50+ Center
- Dining with Diabetes
 - March 25, 2024 at 1:00 pm
 - Elkridge 50+ Center
- Heart-Healthy Nutrition Classes
 - February 16, 2024 at 10:30 am
 - Ellicott City 50+ Center
- Other Partner Announcements

10:10 – 10:15 am Recap of previous meeting

10:15 – 10:20 am Office on Aging and Independence Living Well Website Overview
Heather Sites, Office on Aging and Independence

10:15 – 10:40 am Nutrition-Based Programs Implementation/Success/Challenges Presentation
Karen Basinger, University of Maryland Extension

10:40 – 10:55 am Discussion on partner prevention and nutrition-based efforts

10:55 – 11:00 am Next Steps and Wrap up