



**Howard County Local Health Improvement Coalition**  
Howard County Walktober 2022 Planning Virtual Meeting  
August 8, 2022  
10:00 am – 11:00 am  
Virtual via Zoom

**Minutes**

**Members Present:**

**Staff Present:**

Natalie Hall, HC Health Department, CHE II  
Reena Rambharat, HC Health Department, LHIC Manager

Topic/Agenda	Discussion	Action/Follow-up
<b>Welcome and Introductions</b>	<p>Natalie Hall, CHE II for the Howard County Health Department, called the meeting to order at 10:00 a.m.</p> <p>Natalie provided a welcome to members in attendance and asked members to introduce themselves.</p>	
<b>Recap of Last Meeting</b>	<p>Natalie also provided a recap of HoCo Walktober plans that were discussed during the last meeting on July 28, 2022. Key action items discussed last meeting are as follows:</p> <ul style="list-style-type: none"> <li>• Parks and Rec challenge of walking the most parks with HC.</li> <li>• Identifying partners with free resources for individuals</li> <li>• Lists/Maps that could be created</li> <li>• Create a website for the HoCo Walktober 2022 Event Calendar like the one for 2021</li> <li>• Julie Kwedar provided contact information for potential partners               <ul style="list-style-type: none"> <li>○ Terri Taylor, Howard County Fire &amp; Rescue, <a href="mailto:ttaylor@tristartech.net">ttaylor@tristartech.net</a></li> <li>○ Cynthia Spriggs, MHSO Pedestrian/Bicycle Manager, <a href="mailto:cspriggs@mdot.state.md.us">cspriggs@mdot.state.md.us</a></li> <li>○ Kim Jewer, Howard Community College Office Manager Department of Public Safety, <a href="mailto:KJewer@howardcc.edu">KJewer@howardcc.edu</a></li> </ul> </li> </ul>	<p>HoCo Walktober 2022 Event Calendar: <a href="https://www.howardcountymd.gov/walktober22">https://www.howardcountymd.gov/walktober22</a></p>

	<ul style="list-style-type: none"> <li>○ PTA Council of Howard County, <a href="mailto:office@ptachc.org">office@ptachc.org</a></li> <li>● Look for opportunities to better advertise existing programs/activities within the county</li> <li>● CA Walk the Doc – National Program <ul style="list-style-type: none"> <li>○ Physician walking – Three Saturdays at 9:00 am starting September or October</li> <li>○ Superhero walk/run for Lake Kittamaquundi (Costumes)</li> </ul> </li> </ul>	
<b>Next Steps &amp; Wrap-up</b>	Natalie adjourned the meeting at 9:50am.	Natalie will schedule the next meeting on August 22 at 10am and send a meeting invite to members.

Respectfully submitted by  
Natalie Hall, CHE II  
Howard County Local Health Improvement Coalition