



# Howard County Local Health Improvement Coalition (HCLHIC): Healthy Minds and Suicide Prevention Coalition (HMSPC) Workgroup Meeting Agenda

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**Date:** July 16, 2026

**Time:** 2:00 – 3:00 pm

**Location:** Zoom

**Healthy Minds and Suicide Prevention Coalition Co-chairs:** Barbara Allen and Jessica Fisher

## 1. Meeting Purpose:

To learn about community resources offered by TurnAround, Inc., engage members in planning future HMSPC discussion topics, and strengthen collaboration to support mental health and suicide prevention efforts in Howard County.

## 2. Agenda Items

### 2:00 PM – 2:10 PM Welcome and Icebreaker

Jessica Fisher, Co-Chair  
Suicide Prevention Coordinator,  
Bureau of Behavioral Health,  
Howard County Health Department

### 2:10 PM – 2:30 PM TurnAround, Inc. Presentation

Caroline Metersky  
HT Community Educator (Howard County),  
TurnAround, Inc.



## 2:30 – 2:55 HMSPC Workgroup Future Discussions Topics Questionnaire

Jessica Fisher, Co-Chair  
Suicide Prevention Coordinator,  
Bureau of Behavioral Health,  
Howard County Health Department

## 2:55 – 3:00 Next Steps & Wrap-Up

Stephanie Foster,  
Community Engagement Coordinator,  
Howard County Health Department,  
Local Health Improvement Coalition (LHIC)

## 3. Healthy Minds and Suicide Prevention Coalition Workgroup FY26-28

### Goals and Objectives:

- **Goal 1.** Promote safe home practices such as safe storage of medications, firearms, and other harmful materials, and reduce stigma of mental health support through education and community engagement.
  - **Objective 1.1.** By June 2028, collaborate with workgroup members to create and promote culturally appropriate, accessible and inclusive materials to make homes safer to prevent suicide.
  - **Objective 1.2.** By June 2028, increase community engagement to support mental health among priority populations through local partnerships and peer support programs.
- **Goal 2.** Develop initiatives highlighting community violence intervention programs, promoting safe firearm storage and ownership practices, and collaborating with law enforcement agencies to address illegal firearms and reduce gun violence.
  - **Objective 2.1.** By June 2028, support community-based initiatives to reduce firearm-related deaths among priority populations in Howard County.
  - **Objective 2.2.** By June 2028, expand partnerships with local organizations, schools, and law enforcement agencies to provide support and address the unique mental health needs of priority populations in Howard County.



- **Goal 3.** Promote culturally appropriate and accessible mental health and behavioral resources through partnerships with local organizations and businesses serving priority populations.
  - **Objective 3.1.** By June 2028, collaborate with organizations and social groups hosting mentorship programs to promote culturally appropriate, accessible and inclusive mental health resources.
  - **Objective 3.2.** By June 2028, collaborate with organizations and social groups providing resources for community members seeking help to improve behavioral health priority populations.