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Maura J. Rossman, M.D., LHIC Co-Chair Health Officer, Howard County Health Department

Steven C. Snelgrove, LHIC Co-Chair President, Johns Hopkins Medicine Howard County General Hospital

# Howard County Local Health Improvement Coalition LHIC Behavioral Health Work Group Meeting September 22, 2016 – 9:30 a.m. Severn Conference Room Minutes

#### **Members Present:**

Dr. Andrew Angelino, HC General Hospital Tiffany Callender, Horizon Foundation Dr. Lisa Cooper-Lucas, Delta Sigma Theta Beverley Francis-Gibson, NAMI– HC Kathy Brooks Jones, Columbia Association Janet Jones, HC Mental Health Authority Stu Kohn, HC Citizen's Association

#### **Guests Present:**

Carla Lawson, Howard County Community College Dr. Carlessia Hussein, Howard County Board of Health Jacquelyn Pettis, Beacon Health Options Dr. Roe Rodgers Bonaccorsy, HC Health Department Dr. Maura Rossman, HC Health Department Dr. Cynthia Schulmeyer, HC Public School System Antigone Vickery, HC Health Department Joan Webb Scornaienchi, HC DrugFree Dr. Faramarz Zarfeshan, ALFA Specialty Pharmacy

Seth Knobel, Grassroots Crisis Intervention Deb Stebbins, University of Maryland

#### Staff Present:

Vanessa Michel, LHIC Program Coordinator Amy Skaggs, LHIC Program Administrator

#### Introductions:

Dr. Roe Rodgers-Bonaccorsy, Delegate, called the meeting to order at 9:34 am. Work group members and guests introduced themselves.

### **Approval of Minutes:**

A motion for approval of the minutes was made by Beverley Francis-Gibson and seconded by Dr. Andrew Angelino.

# Discussion for School Website and Mental Health or Substance Use Disorder (MH/SUD) toolkit ideas

Dr. Cynthia Schulmeyer, Coordinator, School Psychology and Instructional Intervention at the Howard County Public School System (HCPSS) announced that the HCPSS is looking for ideas of how to better utilize their website with the Mental Health and Substance Use Disorder (MH/SUD) toolkit. The school system would like to make their website more user-friendly for parents. Dr. Schulmeyer asked the group to think of ways a parent would look for information on a website. A discussion occurred about how the school setting and the behavioral health field viewed the term "behavioral health" differently. The school system views the term "behavioral" negatively. A suggestion was made to look into alternative wording for "behavioral health" with grouping into different categories.

Dr. Rodgers-Bonaccorsy mentioned that the National Association of School Nurses (NASN) has a free toolkit for Naloxone for schools.

Dr. Schulmeyer mentioned that over 5,000+ staff in the HCPSS has started training in Suicide Prevention using the web-based program Kognito. Due to the emotionally sensitive topics covered in to training, a trainee can start and stop the training as necessary to allow for breaks when needed. The goal is to have staff members be able to identify at-risk students and know how to handle situations appropriately. The HCPSS is hoping to have all their staff of over 8,000 trained.

Kathy Brooks Jones asked if the Work Group could duplicate behavioral health awareness efforts discussed in private/non-public schools in the county. It was mentioned that the Association of Independent Maryland Schools (AMIS) supports its member schools by providing professional development, and accreditation services might be a way to gain a list of schools in Howard County.

Seth Knobel gave a brief overview on Grassroots Crisis Intervention's suicide prevention app "There is Hope" that was recently launched. The app is a self-assessment tool offering fast and easy access to crisis intervention and suicide prevention support. The app is free of charge and will be translated into Spanish and Korean.

# **Action Groups Updates:**

# **Toolkit Action Group**

To add to the discussion above regarding the toolkit ideas with HCPSS, Dr. Maura Rossman briefly discussed the results of a survey conducted with pediatricians about what type of behavioral health issues they are comfortable discussing with patients and guardians and what types of behavioral health training they would like. The survey results will be forwarded to members.

## **Suicide Prevention Action Group**

Dr. Rodgers-Bonaccorsy discussed the activities on the behavioral health event flyers – September's National Recovery Month and Suicide Prevention events and October's Behavioral Health Awareness Month event's. The flyers have information about different behavioral health events that are occurring in Howard County and the surrounding area.

# **Overdose Prevention Action Group**

A meeting is scheduled to discuss plans for an opioid overdose data repository. Howard County Health Department, Howard County Police Department, Howard County Fire & Rescue, the Office of Law, and Howard County Technology and Community will meet as a result of an initiative of the Overdose Prevention Action Group.

# Election of Work Group Delegate (formerly known as co-chair) Overview

Amy Skaggs, LHIC Program Administrator gave an update about the Delegate election process. The Behavioral Health Work Group members may nominate a current member for up to five business days following the announcement of delegate vacancy in the Work Group meeting. Currently Beverley Francis-Gibson is a nominee. Additional nominations should be emailed to Vanessa Michel. Nominees will be notified by the LHIC program coordinator. If nominations are agreed upon, then the LHIC program coordinator will send Work Group members a link to an electronic ballot via Survey Monkey to be completed within five business days of receipt.

# Announcements:

Beverley Francis-Gibson, NAMI- Howard County (HC) announced the following events that are happening at NAMI HC:

September 27, 2016, NAMI- HC and Office of Aging is having a workshop for Caregivers. September 29, 2016 Active Mind of Howard Community College (HCC) will have a speaker for attempted suicide and recovery.

Joan Webb Scornaienchi, HC DrugFree announced Drug Take Day on October 22, 2016.

Stu Kohn, Howard County Citizen's Association, announced that the League of Women Voters Howard County will be having a Candidate forum on September 27, 2016.

## Next Steps and Meeting Schedule:

- Email will be sent by Vanessa Michel for a call for Delegate nominations and to vote for a new Delegate.
- A doodle poll will be sent out to members to select the best time to have the next work group meeting.
- The Toolkit Action Group will continue to clarify at the next scheduled meeting the suggestions to offer to HCSPP regarding behavioral health language and layout for the website and follow up with AMIS to gain a list of private/ non public schools.

The meeting was adjourned at 10:37 Time am.

# Future Meeting Dates:

Toolkit Action Group	October 20, 2016 1:00 – 2:00 pm
<b>Overdose Prevention Action Group</b>	October 25, 2016 11:00 am – 12:30 pm

## Work Group

December 15, 2016 9:00-10:30 am

## FULL LHIC

January 26, 2017	8:30-10:30 am
April 27, 2017	8:30-10:30 am
June 22, 2017	8:30-10:30 am
September 21, 2017	8:30-10:30 am

\* Work Group meetings will be held in December, March, May, and August \*\*Additional Work Group and/or Action Group meetings will be held as designated by each Work group in October, November, February, and July \*\*\*LHIC Community Forums will be held in October 2016 and April 2017

> Respectfully submitted by Vanessa L. Michel LHIC Program Coordinator