

Maura J. Rossman, M.D., LHIC Co-Chair
Health Officer, Howard County Health Department

Steven C. Snelgrove, LHIC Co-Chair
President, Johns Hopkins Medicine Howard County General Hospital

Howard County Local Health Improvement Coalition
LHIC Behavioral Health Work Group Meeting
September 22, 2016 – 9:30 a.m.
Severn Conference Room
Minutes

Members Present:

Dr. Andrew Angelino, HC General Hospital
Tiffany Callender, Horizon Foundation
Dr. Lisa Cooper-Lucas, Delta Sigma Theta
Beverley Francis-Gibson, NAMI– HC
Kathy Brooks Jones, Columbia Association
Janet Jones, HC Mental Health Authority
Stu Kohn, HC Citizen's Association

Jacquelyn Pettis, Beacon Health Options
Dr. Roe Rodgers Bonaccorsy, HC Health Department
Dr. Maura Rossman, HC Health Department
Dr. Cynthia Schulmeyer, HC Public School System
Antigone Vickery, HC Health Department
Joan Webb Scornaienchi, HC DrugFree
Dr. Faramarz Zarfeshan, ALFA Specialty Pharmacy

Guests Present:

Carla Lawson, Howard County Community College
Dr. Carlessia Hussein, Howard County Board of Health
Seth Knobel, Grassroots Crisis Intervention
Deb Stebbins, University of Maryland

Staff Present:

Vanessa Michel, LHIC Program Coordinator
Amy Skaggs, LHIC Program Administrator

Introductions:

Dr. Roe Rodgers-Bonaccorsy, Delegate, called the meeting to order at 9:34 am. Work group members and guests introduced themselves.

Approval of Minutes:

A motion for approval of the minutes was made by Beverley Francis-Gibson and seconded by Dr. Andrew Angelino.

Discussion for School Website and Mental Health or Substance Use Disorder (MH/SUD) toolkit ideas

Dr. Cynthia Schulmeyer, Coordinator, School Psychology and Instructional Intervention at the Howard County Public School System (HCPSS) announced that the HCPSS is looking for ideas of how to better utilize their website with the Mental Health and Substance Use Disorder (MH/SUD) toolkit. The school system would like to make their website more user-friendly for parents. Dr. Schulmeyer asked the group to think of ways a parent would look for information on a website.

A discussion occurred about how the school setting and the behavioral health field viewed the term “behavioral health” differently. The school system views the term “behavioral” negatively. A suggestion was made to look into alternative wording for “behavioral health” with grouping into different categories.

Dr. Rodgers-Bonaccorsy mentioned that the National Association of School Nurses (NASN) has a free toolkit for Naloxone for schools.

Dr. Schulmeyer mentioned that over 5,000+ staff in the HCPSS has started training in Suicide Prevention using the web-based program Kognito. Due to the emotionally sensitive topics covered in to training, a trainee can start and stop the training as necessary to allow for breaks when needed. The goal is to have staff members be able to identify at-risk students and know how to handle situations appropriately. The HCPSS is hoping to have all their staff of over 8,000 trained.

Kathy Brooks Jones asked if the Work Group could duplicate behavioral health awareness efforts discussed in private/non-public schools in the county. It was mentioned that the Association of Independent Maryland Schools (AMIS) supports its member schools by providing professional development, and accreditation services might be a way to gain a list of schools in Howard County.

Seth Knobel gave a brief overview on Grassroots Crisis Intervention’s suicide prevention app “There is Hope” that was recently launched. The app is a self-assessment tool offering fast and easy access to crisis intervention and suicide prevention support. The app is free of charge and will be translated into Spanish and Korean.

Action Groups Updates:

Toolkit Action Group

To add to the discussion above regarding the toolkit ideas with HCPSS, Dr. Maura Rossman briefly discussed the results of a survey conducted with pediatricians about what type of behavioral health issues they are comfortable discussing with patients and guardians and what types of behavioral health training they would like. The survey results will be forwarded to members.

Suicide Prevention Action Group

Dr. Rodgers-Bonaccorsy discussed the activities on the behavioral health event flyers – September’s National Recovery Month and Suicide Prevention events and October’s Behavioral Health Awareness Month event’s. The flyers have information about different behavioral health events that are occurring in Howard County and the surrounding area.

Work Group

December 15, 2016 9:00-10:30 am

FULL LHIC

January 26, 2017 8:30-10:30 am

April 27, 2017 8:30-10:30 am

June 22, 2017 8:30-10:30 am

September 21, 2017 8:30-10:30 am

* Work Group meetings will be held in December, March, May, and August

** Additional Work Group and/or Action Group meetings will be held as designated by each Work group in October, November, February, and July

*** LHIC Community Forums will be held in October 2016 and April 2017

Respectfully submitted by
Vanessa L. Michel
LHIC Program Coordinator