

**LHIC Behavioral Health Work Group**  
**5.26.16 – 9:45 a.m. to 10:50 a.m.**  
**HCHD - Severn Room**

**Members present:**

Roe Rodgers-Bonaccorsy, HCHD  
Maura Rossman, HCHD  
Joan Webb Scornaienchi, HC DrugFree  
Beverley Francis-Gibson, NAMI HC  
Donna Wells, HCMHA  
Leah Blain, Chase Brexton

Alikah Hawks, NAMI HC  
Lisa Cooper Lucas, Delta Sigma Theta  
Stu Kohn, Howard County Citizens Assoc.  
Matthew Stevens, Healthy Howard  
Fariborz Zarfeshan, ALFA Pharmacy

**Also present:**

Carlessia Hussein, Board of Health  
Cybill Hartsell, HCHD  
Jeananne Sciabarra, Healthy Howard

**MEETING MINUTES:**

**Introductions & Approval of minutes from 3.09.16**

Roe opened the meeting at 9:45 a.m. and welcomed members. The minutes from 3.9.16 were approved.

**April 9<sup>th</sup> Expo Survey Results**

- Distributed and reviewed BH results from the survey administered to community attendees at the April 9<sup>th</sup> Expo. Overall impressed with the public's display of knowledge.
  - 37 people indicated "societal prejudice" can prevent people in need from speaking up or seeking help.
  - 22 people indicated primary care as the first point of contact for mental health.
  - Survey results per question were inconsistent with totals of participants on back, Roe will clarify with Jeananne.

**Toolkit Discussion**

- The Toolkit can be used in other focused areas after review of the survey results. Will (continue to) provide Toolkit to primary care physicians as the survey results support as best practice.
- Distributed and briefly reviewed the survey results obtained by the Advanced Primary Care Collaborative. PCPs were surveyed and feedback was received regarding the BH Toolkit. The first page overviews the 5 agencies that participated in the survey.
- Identified and discussed an overall challenge in reaching out to patients. Some helpful suggestions gathered:
  - Present information that shows immediate benefit and offers easy on-boarding. (advice from Dr. Haft)
  - Handouts in the office lobby and a one page informational sheet for the front desk staff at the PCP offices.
  - Front desk staff will use the bulk of the tool kit.
  - BH LHIC volunteers give informational talks to PCP staff

**Mental Health Month Events**

- Sample table top display currently at the Columbia Mall was shown to attendees. Cost - \$2,000 for one month display, printing additional costs.
- HCMHA, NAMI and Maryland Coalition of Families (MCF) sponsored a Kickoff Breakfast on 5/2 for MH Month and to highlight Children’s Mental Health Awareness Week promoted by MCF. NAMI used this opportunity to promote their Anti-Stigma campaign.
- NAMI’s Anti-Stigma Campaign - 96 signed pledges as of today. Available online and hard copy.
- Howard County “On Our Own” video on YouTube.
- A National Best Practice Postvention Training to Promote Healing and Reduce Risk After a Suicide May 16<sup>th</sup> - over 100 attendees.
- Mental Health First Aid training completed.

### **BH Task Force**

- HCMHA was given 100K to hire a staff member to assist with patient health insurance to combat the issue of delayed enrollment for necessary time sensitive care.
- CIT training will take place the week of June 6<sup>th</sup> (training officers)
- HCMHA plans to roll out searchable resource guide on their website soon

### **Task Groups Updates**

#### **Toolkit Task Group**

- Roe to send out email for another tool kit task group assembly. Additional information discussed above.

#### **Overdose Prevention Task Group**

- Indicated that any interested members would be welcomed as there are only 4 at this time. The group meets every other week on Tuesdays at 11 a.m.
- Next two meetings are June 7<sup>th</sup> and 21<sup>th</sup> at 11:00 a.m. in the Centennial room – Police chief may attend one of the next meetings.
- Looking at Prescription Drug Monitoring Program (PDMP) data to guide programming strategies.
- Peer recovery support staff participation
  - Contemplating peers working at a hospital setting to assist with opioid overdoses with treatment referrals and support.
  - Peers currently working with HCPD to assist with opioid overdoses as well.
  - Starting tomorrow (5/27/16), the police will have a heroin detail - looking at people who are dealing/using heroin. Peers will be located in the arrest processing area to provide treatment referrals and support. Police are interested in helping individuals receive treatment/support.
- Possible printing of emergency contact information cards for police use/distribution. HCPD also has an Overdose Response Program flyer and a resource guide for distribution.

#### **Announcements/Information Sharing**

- Donna Wells upcoming retirement with her last day of 6/23/16.
- CCT will be relocated to Howard County General Hospital.

Respectfully submitted by,  
Cybill Hartsell

Administrative Officer II  
Bureau of Health Promotions