Behavioral Health Work Group 3.9.16 Meeting Minutes

Members Present:

Roe Rodgers-Bonaccorsy, HCHD Deb Piez, HCMHA Joan Webb Scornaienchi, HC DrugFree Matthew Stevens, Healthy Howard Kathy Brooks Jones, Columbia Association Stu Kohn, HC Citizens Association Dolly Applegate, Columbia Medical Practice Fariborz Zarfeshan, ALFA Pharmacy Leslie Kain, NAMI HC Donna Wells, HCMHA Beverley Francis-Gibson, NAMI HC Cynthia Schulmeyer, HCPSS

Also present:

Alvaro Ortiz, Healthy Howard

Introductions & Approval of Minutes

Roe opened the meeting at 2:04 p.m. and welcomed members. Joan made a motion to approve the minutes, Deb seconded the motion. The minutes were approved unanimously.

Upcoming LHIC Community Forum

Roe talked about the upcoming LHIC Community Forum. She informed members that she had started a draft of the presentation which Donna was currently reviewing. Once Donna is done reviewing the presentation, Alvaro will send it out to the work group for feedback. Once members have had an opportunity to provide feedback, Matt will work on the formatting and finalize the presentation.

Members talked about different ways to advertise the community forum. Beverley noted that she has shared the invitation with her networks. Alvaro encouraged members to share the information on social media as well as to forward the official Eventbrite invitation. Stu suggested submitting the event to the Community Calendar section of the Howard County Times.

Health EXPO Event on April 9th

Alvaro made an announcement about an upcoming Health EXPO event being organized by the Health Department at the Columbia Mall on April 9, 2016.

Roe notified the group that more details about the event will be received in the next few weeks and that they will be shared with the group. She asked members to consider participating and helping to staff a table for the work group the day of the event. Some members expressed interest in attending the event.

The following members volunteered to provide handouts and materials for the work group's table:

- o Beverley Francis-Gibson, NAMI HC
- o Joan Webb Scornaienchi, HC DrugFree
- o Kathy Brooks Jones, Columbia Association
- o Fariborz Zarfeshan, ALFA Pharmacy
- o Donna Wells, HCMHA
- o Roe Rodgers-Bonaccorsy, HCHD

The following members volunteered to staff the work group's table at the noted times:

- o 10:30 a.m. to Noon Fariborz Zarfeshan & Dolly Applegate
- o Noon to 1:30 p.m. Beverley Francis-Gibson & Roe Rodgers-Bonaccorsy
- o 1:30 p.m. to 3:30 p.m. Deb Piez & Kathy Brooks Jones

Members agreed to create a short survey on Behavioral Health and use it as the interactive activity for the table. To incentivize participants to fill out the survey, Donna suggested entering them into a \$25 gift card raffle, and she kindly volunteered the HC Mental Health Authority to donate the gift card. Fariborz volunteered to draft survey. He will send it to Roe and Donna for review and approval.

Task Group Updates Toolkit Task Group

Roe discussed the progress that the Toolkit Task Group has made so far. She noted that the task group is currently working on drafting several surveys that can be distributed to the Howard County Public School System, Primary Care Providers, and Behavioral Health Care Providers. Members of this task group believe it is important to reach out to these audiences to gain an understanding of the format, content and other useful features that should be incorporated in the Toolkit.

Cindi shared with the work group that for the distribution of a survey in the school system, there are several layers of approval. However, Cindi mentioned that if the group wanted to narrow down the audience of the school system to the staff of the psychology department of the Howard County Central Office, she can help to obtain an approval much faster.

Leslie volunteered to update a cover letter and the draft survey for the school system so that Cindi can begin the process.

Suicide Prevention Task Group

Donna informed members that she has met with a marketing consultant to create an awareness campaign on suicide prevention and mental health for the month of May. She will share the marketing proposal with the task group and continue to work on the awareness campaign. She will provide more detailed information at the next meeting.

The meeting was adjourned at 3:35 p.m.

Respectfully Submitted by, Alvaro Ortiz LHIC Program Manager