# Howard County Local Health Improvement Coalition

### FULL MEETING January 28, 2016

Welcome & Introductions

Announcements 2016 HCHAS Preparations for Healthy Aging Work Group Connector Entity Outreach Member Announcements

Changes in Substance Abuse Treatment Reimbursements

Journey to Better Health

Website Demo

2016 Community Health Forum – March 24

**Approval of Minutes** 

Work Group Meetings Behavioral Health ⇒ Severn □ Access to Care ⇒ Barton A □ Healthy Weight ⇒ Potomac



Maura Rossman, Co-chair Steve Snelgrove, Co-chair

Tiffany Callender, Horizon Peggy Hoffman, Office on Aging Jasmine Batchelor, HHI

Maura Rossman, Health Officer

Liz Clark, HHI Naa Minnoh, HHI Tara Butler, HHI

Alvaro Ortiz, HHI

Jeananne Sciabarra, HHI

# Velcome and Introductions

#### ▶ 2016 HCHAS

- Preparations for Healthy Aging Work Group
- Connector Entity Outreach
- Member Announcements

# Announcements

## Changes in Substance Abuse Treatment Reimbursements

#### Maura Rossman, MD, Health Officer

## **Journey to Better Health**

#### Liz Clark, HHI Naa Minnoh, HHI Tara Butler, HHI

## JOURNEY TO BETTER HEALTH

#### GET HEALTHY. STAY HEALTHY.

Build Capacity to Improve Health

Screenings and Prevention Classes

Care, Support, and Sustainability Н

#### BUILD CAPACITY TO IMPROVE HEALTH OF HOWARD COUNTY RESIDENTS

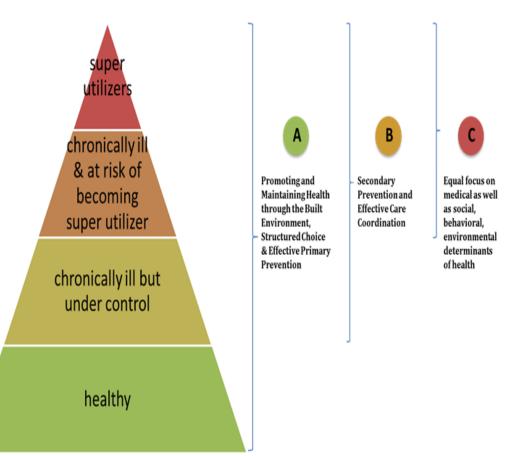
- Changing the culture of health in congregations in Howard County
- Based on successful Memphis Model from Methodist LeBonheur Health System
- 22 congregations are currently engaged with J2BH (representing over 20,000 residents); 9 signed covenants
- Work with health ministry team, clergy, and lay leaders to promote common goals of J2BH
- Empowering residents to be in control of their health and their healthcare
- Funded by the Howard County Health Department
- Piloted this year in zip codes 21044 and 21045

#### SCREENINGS AND PREVENTION CLASSES

Journey to Better Health focuses primarily in the rising risk population by:

- Screening for hypertension, prediabetes, and obesity
- Offering free, evidencebased, self-management classes with the goal of preventing

heart attacks, strokes, kidney failure, and type 2 diabetes



#### CARE, SUPPORT, AND SUSTAINABILITY

### Member Care Support Network



- Volunteer Community Companions are trained to assist members in times of health need
- Companions provide help to address social determinants of health
- Congregations become a place to seek county resources through the Member Care Support Network

#### **QUESTIONS? COMMENTS?**

### Join us!

#### Contacts:

- Liz Clark, Director of Community Health Promotion & Disease Prevention, <u>lclark@healthyhowardmd.org</u> 410-313-7541
- Naa Minnoh, Program Manager, <u>nminnoh@healthyhowardmd.org</u> 410-313-1777
- Tara Butler, Outreach and Data Manager, <u>tbutler@healthyhowardmd.org</u> 410-313-4267

# Website Demo

#### **Alvaro Ortiz, HHI**

# **2016 LHIC Community Forum**

#### Jeananne Sciabarra, HHI

# **Approval of Minutes**

- Questions/Comments
- Work Group Meetings
   Behavioral Health ⇒ Severn
   Access to Care ⇒ Barton A
   Healthy Weight ⇒ Potomac
- Please sign in if you haven't already
- Please leave nametags in work group meetings

## **THANK YOU!**