## Howard County Local Health Improvement Coalition January 28, 2016 @ 8:30 am – 9:30 am Potomac Room

Elena Acs, Grassroots Bob Anantua, Build Haiti Foundation Mary Ann Barry, Transition Howard County Anne Brinker, Community Action Council Stephanie Brown, Healthy Howard Danelle Buchman, American Heart Assn. Tara Butler, Healthy Howard Tiffany Callender, Horizon Foundation Maria Carunungan, HC Health Department Liz Clark, Healthy Howard Marsha Dawson, HC Dept. of Citizen Services Phillip Dodge, Healthy Howard Brian England, British American Auto Care Wendy Farthing, HC Office on Aging Liddy Garcia-Buñuel, Healthy Howard Beth Handy, MD. Univ. of Integrative Health Maureen Heim, Assoc. of Community Services Kate (Harton) Talbert, Healthy Howard Peggy Hoffman, HC Dept. of Citizen Services Brian Jolles, We Promote Health Kathy Jones, Columbia Association Leslie Kain, NAMI HC Kayla Kavoukas, Healthy Howard Vanda Lerdboon, HC Health Department Christine Lothen-Kline, Health Prom. On Call Brian Mattingly, Healthy Howard Mary McGraw, The Village in Howard Kelly McMillan, Howard Community College Rosimar Melendez, Horizon Foundation Cindi Miller, HC General Hospital Naa Minnoh, Healthy Howard

Kati Moore, HCHD **DeWayne Oberlander, CMP** Felicia Pailen, HC Health Department Deb Piez, HC MHA Shawni Paraska, Columbia Association Roe Rodgers-Bonaccorsy, HC Health Dept. Maura Rossman, HC Health Department Kate Schultz, United Way of Central MD Steven Snelgrove, HC General Hospital Matthew Stevens, Healthy Howard Kaya Swann, HC Citizen Services Antigone Vickery, HC Health Department Barbara Wasserman, Community Member Joan Webb Scornaienchi, HC DrugFree Donna Wells, HC MHA Fariborz Zarfeshan, ALFA Pharmacy Linda Zumbrun, HC Dept. of Social Services

### **Guests present:**

Tonya Anderson, American Heart Assn. Courtney Barkley, HC Office on Aging Hilary Saunders, American Heart Assn. Debra Stepp, Delta Sigma Theta Rolanda Oliver, American Heart Assn.

### **Staff Present:**

Alvaro Ortiz, LHIC Program Manager Caryssa Thomas, CCT Admin. Assistant Jeananne Sciabarra, LHIC Director

## **Meeting Minutes:**

- 1. <u>Welcome & Introductions (Dr. Maura Rossman, Co-Chair, Steve Snelgrove, Co-Chair)</u>:
  - Dr. Rossman called the meeting to order at 8:35 am.
  - Steve Snelgrove discussed the very productive year that the LHIC has had supporting the community.
  - LHIC members introduced themselves and the organizations they represent.
- 2. <u>Announcements:</u>
  - 2016 HCHAS (Tiffany Callender, Horizon Foundation):
    - Telephone survey of county residents regarding health issues.
    - Currently revising the old instrument, plan to have survey in field by April.
    - $\circ~$  Plan to have executive summary out around the fall of this year.

- Preparations for Healthy Aging Workgroup (Peggy Hoffman, Office on Aging):
  - Workgroup is steadily getting off the ground.
  - Plan to begin holding meetings in April.
  - If you are interested in joining the workgroup please contact Peggy.
  - Information on exact date of first meeting is forthcoming.
- Connector Entity Outreach (Jasmine Batchelor, HHI):
  - Connector Entity helps to enroll county residents into health care, either Medicaid or a Qualified Health plan.
  - Open enrollment ends on 1/31/16.
  - Beginning to learn about the LHIC and how to best connect clients to its many resources.
  - Please feel free to contact Jasmine if you have any additional questions.
- Member Announcements:
  - American Heart Association:
    - Main fundraiser for American Heart Association of HC will be held on 4/30/16 @ Turf Valley. Opportunities still available for volunteers.
    - American Heart Association Heart Walk to be held in October in downtown Baltimore, to help fight cardiovascular disease. More details to come.
  - Columbia Association:
    - Still looking for team members for the health fair, to be held on 3/15 at Slayton house.
    - Beginning "Optimal Health for My Baby and Me" program -Pre/postnatal program for women.
    - Holding Youth Fit classes endorsed by the American Academy of Pediatrics for late elementary to early high school students, to support families as they begin to get healthy. Brochures are available.
  - Office of Children's Services:
    - Holding preschool fair on 2/13/16. Attendees will learn about childcare options and what quality childcare looks like.
  - Any additional member announcements please forward to Alvaro so they may be included in the LHIC digest.
- 3. <u>"Snow-zilla" Impact on Howard County (Dr. Rossman):</u>
  - Discussion of what went well during the storm and what can be improved upon.
  - Completing an after action report, to report on feedback obtained and how to improve response.
  - Public health emergency preparedness staff plans for any type of event.
  - Health Department offers assistance on non-health events, such as snow.
  - Alerts began going out Wednesday and Thursday of last week warning residents to make sure they had supplies in order to be homebound for several days (such as prescription refills and food/water.)

- Worked with 4 dialysis centers in the County to ensure patients could get dialysis ahead of the storm.
- Checked in on long-term care facilities to ensure residents were well supplied for the impending storm.
- Emergency Operation Center:
  - $\circ\quad$  Opened Friday morning at the Office of Emergency Management.
  - Began staffing EOC Saturday morning.
  - If staff was unable to get out of their neighborhoods, the National Guard or Parks and Recs could pick them up and get them to the EOC.
  - Calls coming into the EOC during the storm were relatively low.
  - EOC ensured that HCGH was staffed, and assisted with getting staff to the hospital.
  - More calls began coming in Sunday morning from residents mainly concerned with when their streets would be plowed.
    - County plows focused on emergency roads first; logistically cul-desacs and townhome communities are the last to be plowed.
  - EOC was responsible for screening calls to determine the ones whose needs are medically necessary.
    - Of approximately 50 calls, only 5-6 were medical emergencies that required immediate action.
- 4. Journey to Better Health (Liz Clark, Naa Minnoh, and Tara Butler, HHI):
  - New piloted faith based health initiative
  - Collaboration between HHI and HCHD.
  - Based on congregational health model in Memphis, TN.
  - Initially program is being piloted in the 21044 and 21045 zip codes.
  - Have 9 signed covenants with congregations within piloted zip codes.
  - Outreach efforts are ongoing with 2 key strategies:
    - 1<sup>st</sup> strategy identifying the rising risk population. Empowering residents to recognize risk and through self-management reduce their risk of chronic conditions.
    - 2<sup>nd</sup> strategy building member care support network. Connect congregations to resources.
    - At least two volunteer community companions from each congregation trained to help members in times of health needs. Be a liaison to build network between members and resources.

# 5. <u>Approval of Minutes:</u>

- Required quorum was established.
- Approving July, September and November minutes.
  - Edits to minutes have been completed and posted.
- Motion to approve minutes was made and seconded.
- Minutes were approved.
- 6. <u>2016 Community Forum-3/24 (Jeananne Sciabarra, HHI):</u>

- County Executive Allan Kittleman has been invited to give his vision of Health in Howard County awaiting confirmation.
- Save the date cards have been created please distribute to your colleagues/consumers.
- Opportunity for community members to learn more about the LHIC.
- Eventbrite account has been created to register for event.
- Agenda for event will be out soon.
- 7. <u>Website Demo:</u>
  - LHIC website went live in December 2015.
  - Alvaro gave a short demonstration of key features of the website, and any additional questions can be forwarded to him.

Submitted by, Caryssa Thomas CCT Administrative Assistant, Healthy Howard