

LHIC Healthy Weight Workgroup Meeting
01.28.16 – 9:30 a.m.
Potomac Conference Room

Agenda

- I. 9:30 – 9:35 Introductions
- II. 9:35 - 9:40 Approval of Minutes from 10.22.15
- III. 9:40 – 9:50 Upcoming LHIC Community Forum
- IV. 9:50 - 10:00 Announcements/Sharing of Information
- V. 10:00 – 10:30 Break into Action Groups
 - Nutrition Action Group (Farmers Markets/Food Partnerships/Sugar Sweetened Beverages)
 - Physical Activity/ Walkable/Bikeable Community Advocacy
 - Resource List
 - Sleep
 - HCPSS Wellness Policy 9090