

**LHIC Healthy Weight Workgroup Meeting**  
**10.22.15 – 8:30 a.m.**  
**Barton Room B**

**Agenda**

- I. 8:30 – 8:35 Introductions
- II. 8:35 - 9:05 Guest Speaker Presentation followed by Q&A
  - Tom Bonderenko, Executive Director, Moveable Feast
- III. 9:05 – 9:20 Announcements / Information Sharing
- IV. 9:20 – 10:00 Break into Action Groups
  - Nutrition Action Group (Farmers Markets/Food Partnerships/Sugar Sweetened Beverages)
  - Physical Activity/ Walkable/Bikeable Community Advocacy
  - Resource List
  - Sleep
  - HCPSS Wellness Policy 9090