Howard County LHIC

Local Health Improvement Coalition



8930 Stanford Blvd | Columbia, MD 21045 410.313.6204 - Voice/Relay 410.313.6108 - Fax 1.866.313.6300 - Toll Free www.hclhic.org

Howard County Local Health Improvement Coalition Chronic Disease Prevention & Management Workgroup June 14, 2023 10:00 AM – 11:00 AM Virtual via Zoom

Minutes

Members Present:

Mike Altenburger, CareFirst Erin Anderson, HC Health Department (HCHD) Maria Blanco, HC Health Department (HCHD) Michelle Clark, HC Health Department (HCHD) Olivia Farrow, Ascension Saint Agnes Hospital Connie Ford, HC Health Department (HCHD) JaKaiya Frisby, American Lung Association Jennifer Lee, Office on Aging and Independence (OAI) Emily Luyo, Priority Partners MCO Christina Miller, HC General Hospital (HCGH) Sunyoung Nicolas, HC Health Department (HCHD) Tosin Olateju, Food and Care For All (FCFA) Crystal Pope, HC General Hospital (HCGH) Temitope Alao-Sanni, Office on Aging and Independence (OAI) Jason Zhao, Community Health Initiative Staff Present:

Ashton Jordan, HC Local Health Improvement Coalition Vanda Lerdboon, HC Health Department Sonya Lloyd, HC Health Department Reena Rambharat, HC Local Health Improvement Coalition

| Topic/Agenda | Discussion | Action/Follow-up |
|---------------|--|------------------------------------|
| Welcome and | Ashton Jordan, Community Engagement Coordinator, | Members are urged to review |
| Introductions | for the Howard County Local Health Improvement | the past minutes available at: |
| | Coalition (HCLHIC), called the meeting to order at 10:04 | https://www.hclhic.org/home/ |
| | AM. | MeetingYears/357 |
| | | |
| | Mr. Jordan provided a welcome to members in | |
| | attendance and had members introduce themselves. | |
| Announcements | Mr. Jordan, provided the following announcements to | To register for the July Full LHIC |
| | the workgroup: | meeting, visit: |

| | • The next Full LHIC meeting will be July 19 th , 2023 | https://www.eventbrite.com/e/ |
|------------------------|---|--|
| | at 8:30 AM – 10:30 AM | 2023-hclhic-full-coalition- |
| | The Elkridge Midway Mobile Home Community | meetings-tickets-433126562207 |
| | Event will be July 22nd, 2023 at 10:00 AM - 2:00 | Members interested in |
| | PM | attending/tabling the Elkridge |
| | The Laurel Mobile Home Community Event will | Midway or Laurel mobile home |
| | be August 19th, 2023 10:00 AM - 2:00 PM | community events can email |
| | Partners provided the following announcements: | Ashton Jordan here: |
| | | ajordan@howardcountymd.gov |
| | Ms. Connie Ford, HCHD, shared that the Tobacco | |
| | Prevention and Cessation Program received the NACo | Members interested in adding |
| | 2023 Achievement Award. | their movement event to the |
| | | Walktober initiative can fill out |
| | Mr. Mike Altenburger, CareFirst, shared that CareFirst | an interest form here: |
| | has launched a CareFirst engagement center in their | https://docs.google.com/forms/ d/e/1FAIpQLScIrFyQaWPRmTIR |
| | Canton headquarters in Baltimore. The centers provide | MXFxDdXdMMJ2wwevP7sdTf7N |
| | sales and services for CareFirst members, as well as | hGHj9 N9tQ/viewform |
| | perform community health work and provide | |
| | programing to community members. | Members were urged to sign up |
| | Ms. Sonya Lloyd, HCLHIC, shared that LHIC and local | for LHIC newsletters using the |
| | partners are planning Walktober events for the month | link here: |
| | of October. She mentioned that workgroup members | https://www.hclhic.org/membe |
| | planning walking/movement in the month of October | rship/newsletter-signup |
| | should include their events as a part of the Walktober | |
| | initiative. | |
| | Ms. Vanda Lerdboon, HCHD, mentioned that the CHW | |
| | project will be continuing through the 2024 fiscal year | |
| | and there will be a push for recruiting more community | |
| | leaders interested in becoming a CHW. | |
| | | |
| Priority Partners | Ms. Emily Luyo, Team Lead Community Health Advocate | Members interested in hearing |
| Presentation | for Priority Partners, gave an overview of the work | more about what Priority |
| Overview & | Priority Partners does in the community. Some of the | Partners MCO offers to |
| Community | health services provided by Priority Partners include: | community members can reach |
| Events Planning | Vision | out to Emily Luyo here: |
| Discussion | Frequently used OTC medications available to | eluyo@jhhc.com |
| | members at no cost, with a prescription or for child | |
| | Care management for chronic disease | Members interested in |
| | Community & Health education classes | attending the North Laurel Unity |
| | | in the Community Resource Fair |

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Childbirth classes for members only can contact Howard County community resources and Ms. Luyo then went on to overview the Community services for more information Health Advocate Program. The program consists of 8 here: 410-313-6400 community health advocates throughout the state of Maryland that work and connect with community Members interested in organizations to offer health related presentations to attending the East Columbia communities at no cost. She then shared some Unity in the Community successes and challenges of the program so far. Resource Fair can contact Howard County community Ms. Erin Anderson, HCHD, inquired on the topics resources and services for more covered in the presentations the community health information here: 410-313-6400 advocates. She was curious if any pre-natal or preconception information was covered. Ms. Luyo shared Members interested in that there is a women's health presentation that they attending the Western Howard provide as well as a class for women thinking about County Unity in the Community getting pregnant or in early stages of pregnancy. Resource Fair can contact Howard County community Ms. Reena Rambharat, HCLHIC, mentioned that if there resources and services for more were any fliers available for events/classes going on to information here: 410-313-6400 share with her so that the HCLHIC can cross promote. Ms. Jennifer Lee, Health Promotion Program Manager for OAI, lead a discussion on CDPMG plans for future community events. She iterated that community education and outreach are essential aspects for successful chronic disease programs. Ms. Lee shared three upcoming Unity in the Community Resource Fairs as opportunity for CDPMG engagement: North Laurel – June 17th 11:00 AM – 3:00 PM Location: Laurel Woods Elementary School • Serving North Laurel and surrounding communities Columbia - July 29th 11:00 AM - 3:00 PM • Location: East Columbia Library Park • Serving Owen Brown and surrounding communities Western HoCo – August 19th 11:00 AM – 3:00

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| Location: Mt. Gregory United Methodist | |
|--|----------|
| Church | |
| Serving all Western Howard County | |
| Ms. Vanda Lerdboon, mentioned that while the | |
| upcoming events will already have the presence of many | |
| CDPMG workgroup members, this discussion pertains to | |
| the opportunities for the workgroup to combine their | |
| efforts. | |
| Ms. Reena Rambharat, iterated that taking into | |
| consideration the audience that these efforts are for so | |
| that materials/support are tailored to them is | |
| important. She also mentioned that finding ways to be | |
| interactive with our efforts for community members will | |
| be beneficial (for example inviting community members | |
| to come to tabling events to speak with other | |
| community members). Further she stressed the | |
| importance of having a unifying theme for CDPMG so | |
| that community members know that these organizations are a part of the same collaborative | |
| efforts. | |
| | |
| Ms. Temitope Alao-Sanni, mentioned having someone | |
| available at future tabling events, who can refer people | |
| coming up to the table to the other programs offered by | |
| LHIC partners. | |
| Ms. Emily Luyo, inquired what was the workgroup's goal | |
| for these tabling opportunities. She inquired if this was | |
| to inform community members of the LHIC and what | |
| programs they can be referred to. She also suggested a | |
| scavenger hunt activity where community members can | |
| go around to locating the LHIC partner program that | |
| offers a specific service and receive a prize as incentive. Further she suggested a common tabling element that | |
| that LHIC partner organizations could showcase at | |
| tabling events. | |
| | |
| Ms. Michelle Clark, HCHD, mentioned piloting the | |
| scavenger hunt idea at the upcoming Unity in the | |
| Community events since many workgroup members will | |
| already be tabling at the events. | |
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| | Ms. Crystal Pope, HCGH, suggested placing a tabling element on the LHIC table that pinpoints the other LHIC partner organizations attending/are a part of the scavenger hunt. | |
|-------------------------|--|--|
| | Ms. Christina Miller inquired who would be the representative for the LHIC table as workgroup members may not be able to represent for the LHIC table and their own organization's table at the same event. Ms. Vanda Lerdboon suggested this is where we see if the common tabling element could work in showcasing the collaborative efforts taking place. | |
| Next Steps & Wrap-up | Mr. Ashton Jordan mentioned the next CDPMG workgroup meeting will be August 9 th at 10:00 AM. Mr. Jordan adjourned the meeting at 10:58 AM. | |

Respectfully submitted by Ashton Jordan, MSPH Community Engagement Coordinator Howard County Local Health Improvement Coalition