



Howard County Local Health Improvement Coalition

Healthy Minds & Suicide Prevention Coalition

January 4, 2023

2:00 pm – 3:00 pm

Virtual via Zoom

Minutes

Members Present:

Barbara Allen, James Place/Opioid Collaborative Community Council
Ethan Chang, River Hill High School Student Intern
Brad Ensor, Johns Hopkins Howard County Medical Center
Jessica Fisher, Howard County Health Department
Karen Hull, Office on Aging and Independence
Jessica LaFave, Department of Veterans Affairs (Maryland)
Genny LaPorte, Howard County Police Department
Debi Lattimer, Moms Demand Action Howard County
Stephanie Reid, Howard County Health Department
Lauren Soummers, Howard County Health Department
Eileen Zeller, Moms Demand Action Howard County

Staff Present:

Ashton Jordan, HC Local Health Improvement Coalition
Sonya Lloyd, HC Local Health Improvement Coalition
Reena Rambharat, HC Local Health Improvement Coalition

| Topic/Agenda | Discussion | Action/Follow-up |
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| Welcome/Ice Breaker | Jessica Fisher, Suicide Prevention Coordinator, called the meeting to order at 2:00 pm. Ms. Fisher provided a welcome to members in attendance and had members introduce themselves in the chat box. | Members are urged to review the past minutes available at: https://www.hclhic.org/home/MeetingYears/363 |
| Recap of Last Meeting & Next Steps | Ms. Fisher gave a recap of the previous workgroup meeting. Topics discussed included: | |

- Coalition Sector Wheel and filling gaps of representation in HMSPC. In addition to identifying membership within the coalition, members utilized the wheel to assess membership needs.
 - Representation gaps identified included:
 - Community Health Workers
 - LGBTQIA
 - Seniors
 - Asian-American Pacific Islander
 - Hispanic Communities
 - School System

Mr. Ethan Chang, Howard County Health Department intern, mentioned representation of HMSPC include those that work at the crisis hotline and staff who work with older adults.

- Feedback from Presentation of Suicide Data in MD & Howard County, given by Chimezie Ndukuba
 - Feedback shared on data presentation included:
 - Data showcased suicide is rising black youth
 - Ms. Stephanie Reid, Howard County Health Department, iterated that data can be bias and may not always paint the full picture and that it may only showcase problems affecting the most outspoken community members not the most impacted by disparity.

Ms. Fisher invited members to share thoughts for 2024 initiatives for HMSPC to spearhead or be a part of. Ms. Karen Hull, Office on Aging and Independence, shared that there will be Older Adults Suicide Prevention Presentation in September.



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| | <p>Ms. Reena Rambharat, Howard County Local health Improvement Coalition, mentioned that the community health indicators report card is available. Further she detailed this report card is the evaluation of the health of Howard County residents across several key public health measures, including chronic disease risk factors, cancer incidence, leading causes of death, and maternal & infant health and could help HMSPC pin down specific action items to address regarding mental health.</p> | |
| <p>Next Steps Discussion</p> | <p>Jessica Fisher invited the group to provide input on incorporating safe storage and brain health focus into HMSPC efforts. Further she inquired how would HMSPC get community input on this topic and if a community survey would be the best way to get this input.</p> <ul style="list-style-type: none"> • Ms. Barbara Allen, James Place/Opioid Collaborative Community Council, shared anecdotal stories about the issues with cannabis use among teens that she gathered from her community. • Ms. Jessica Lafave, Department of Veterans Affairs (Maryland), emphasized that safe storage does not only pertain to firearms but also to safe storage of medications. • Ms. Eileen Zeller, Moms Demand Action, iterated that surveying the community may not paint a full picture and that work can be done instead of waiting on community survey results. She also reiterated that safe storage incorporates all facets of a persons life and home, not just firearms, and should incorporate all lethal means. <p>Ms. Fisher invited the group to provide details on planned events and Ideas for Mental Health Awareness Month:</p> | <p>Members were urged to view the HCLHIC Workgroup Action Plan here: https://www.hclhic.org/Content/Upload/page/7dfdc6aa-d1f6-43fb-a7ae-cbf4b68dc42f.pdf</p> |

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| | <ul style="list-style-type: none"> • Ms. Karen hull, shared that the Office on Aging and Independence will have multiple events during Mental Health Awareness Month • Group discussed “Light up Green” by partnering with Howard County organizations/buildings to light up with green lights during Mental Health Awareness Month in May. | |
| Announcements Next Steps & Wrap-up | <p>Mr. Fisher mentioned the next Full LHIC Meeting will be Thursday January 18th, 2024, 9:00am-11:00am</p> <p>Jessica Fisher adjourned the meeting at 3:00 pm.</p> | |