



Howard County Local Health Improvement Coalition
Chronic Disease Prevention & Management Group
November 4, 2022
10:00 am – 11:00 am
Virtual via Zoom

Minutes

Members Present:

- Akasha Dotson, Office of Aging and Independence (OAI)
- Connie Ford, HC Health Department (HCHD)
- Jennifer Lee, Office of Aging and Independence (OAI)
- Tosin Olateju, Food and Care for All (FCFA)
- Samantha Cribbs, HC Health Department (HCHD)
- Tehani Mundy, Howard County General Hospital

Staff Present:

- Reena Rambharat, HC Local Health Improvement Coalition
- Vanda Lerdboon, HC Health Department
- Ashton Jordan, HC Local Health Improvement Coalition
- Sonya Lloyd, HC Health Department

Topic/Agenda	Discussion	Action/Follow-up
Welcome and Introductions	<p>Vanda Lerdboon, Director of Community Health Education for the Howard County Health Department (HCHD), called the meeting to order at 10:00 am.</p> <p>Ms. Connie Ford, HCHD Cancer Control and Prevention Program Supervisor provided a welcome to members in attendance and asked members to introduce themselves.</p>	New person will replace Tehani on the CDPMG
HCLHIC CDPMG Action Plan Summary and Discussion	<p>Mr. Ashton Jordan, HCLHIC Community Engagement Coordinator presented updates on the Chronic Disease Prevention & Management Group (CDPMG) Action Plan. He briefly explained the three priorities of the LHIC strategic plan for 2022-2025 and highlighted the CDPMG’s focus on the healthy living priority.</p> <p>Mr. Jordan then presented the updated objectives, measures, and actions steps for the CDPMG Action Plan. An open discussion was had, and the group provided suggestions and feedback.</p> <p>Mr. Jordan asked the group if the chronic disease resource guide still needed to be implemented and how best to increase its utilization. Ms. Tosin Olateju, Food and Care for All (FCFA),</p>	

	<p>mentioned the guide is useful and a link to the guide could be housed on partner websites and CAREAPP to increase utilization.</p> <p>Ms. Tehani Mundy from HCGH also mentioned that we should track the clicks to the resource guide so we can see if its being used and from what source.</p> <p>Ms. Samantha Cribbs from HCHD mentioned including the chronic disease resource guide in the weekly update, and on SharePoint.</p> <p>After group discussion it was agreed upon to update the chronic disease resource guide and evaluate its utilization.</p> <p>Ms. Jennifer Lee from Office of Aging and Independence (OAI) inquired on how we can better communicate information about chronic disease community events. Ms. Lerdboon mentioned reviving a SharePoint folder for our partners to access our information. Ms. Lee will research and send link to shared folder.</p> <p>Ms. Reena Rambharat, HCLHIC Director, inquired about the measures in objective 1 and if the group would target both youth and adults. Ms. Mundy mentioned HCGH only offers evidence-based programs for adult 18 and older. Ms. Lee also mentioned that OAI only offers evidence-based programs for adults 18 and older.</p> <p>Ms. Rambharat emphasized the importance of addressing chronic disease issues across the lifespan. Ms. Rambharat urged the group to explore addressing youth chronic disease concerns.</p> <p>Ms. Cribbs mentioned a curriculum made for pre-natal care classes that HCHD is exploring. She also suggested using the HCC expansion to look at programs targeting young adults. Ms. Rambharat emphasized the importance of targeting parents to reach young audiences. Ms. Cribbs mentioned utilizing family-based evidence-based programs.</p> <p>Ms. Olateju shared that once the P-CAT program pilot has been launched and evaluated for adults 18 and older, FCFA can get more insight on if it can be conducted for those 18 and under.</p> <p>Ms. Ford inquired the group about the targets suggested in objective 1 measures. After totaling the groups program attendance data the group agreed to lower the target of 325</p>	<p>Updates to chronic disease resource guide will be made</p> <ul style="list-style-type: none"> - Updated guide will be pushed through multiple channels - Updated guide will be evaluated for utilization <p>Ms. Lee will locate and share link to previous CDSME shared folder that was accessible by OAI, J2BH, and HCHD.</p> <ul style="list-style-type: none"> - Group may need to create new folder.
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	<p>educated individuals to 250 for evidence based programs and wellness events. Ms. Lee inquired the group on how we are defining health and wellness events. Ms. Cribbs mentioned she would like speakers and presentations included in our count for health and wellness events. Ms. Rambharat clarified that we can count larger Health Department events that have a chronic disease facet. Ms. Ford mentioned that we will review our health stats to get an accurate representation of how many health and wellness event we have hosted and increase our target number accordingly.</p>	
<p>Next Steps & Wrap-up</p>	<p>Ms. Ford emphasized the need to address our lack of chronic disease evidence-based programs for those under the age of 18. She further implored the group to reach out to those in community to join our group to represent the younger population and help us reach the “across the lifespan” goal we have.</p> <p>Mr. Jordan adjourned the meeting at 11:00 am.</p>	<p>Explore WIC, School Based Wellness, and United Way-Columbia for representative and resources related to children’s services.</p> <p>Workgroup members will inform Mr. Jordan on upcoming November and December events.</p>

Respectfully submitted by
 Ashton Jordan, MSPH
 Community Engagement Coordinator
 Howard County Local Health Improvement Coalition