July 20, 2022

LHIC Coalition and Work Group Members - Please see below for upcoming webinars and resources. We encourage you to consider participating and to share these opportunities with your stakeholders and others in the community. If you have programs or opportunities that you would like to submit please send them via email to [lhic@howardcountymd.gov](mailto:lhic@howardcountymd.gov).

**LOCAL RESOURCES AND MEMBER ANNOUNCEMENTS**

* The Community Guide has updated and streamlined the [What Works Fact Sheet](https://www.thecommunityguide.org/topic/diabetes) for diabetes prevention and management
* IPRO QIN-QIO has a [Resource Library.](https://qi-library.ipro.org/) It features items such as A guide for getting started with [Social Determinants of Health](https://qi-library.ipro.org/?_sfm_focusarea=Social%20determinants%20of%20health&_sf_s=getting) and [Reimbursement & Resources for Screening & Supporting Patients with Substance Use Disorder](https://qi-library.ipro.org/2022/01/12/reimbursement-resources-for-screening-supporting-patients-with-substance-use-disorder/)
* IPRO QIN-QIO ask that you participate in their assessments - Opioid and Pain Management Best Practices at <https://redcap.ipro.org/surveys/?s=M9A87MDK4X> and Medication Safety Assessment at <https://redcap.ipro.org/surveys/?s=PLEWXKMTD4>
* Howard County's Office of Veterans and Military Families partners with Fort Meade Alliance to introduce the [Military Wellness Community Connection (MWCC)](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001ZorQvPbldqIRm70hc0xAr884ia_7luifoXsCypsFseZZ84atKTV7ZWujeUfTV-HDG_QnlzEDyhKwsp1u8Xw7zRs6qmOefA-r2_XeSJM-A8f3KMWd_Aqm-kUzS45tgopkTEK3XEhbf3QPGvuJcWMSjanWbmLW8d7kv266kNNKO-TpdspvNjLBLpXzQFgJtHCxYxcLrpqBRjc1-XSWxPdQxQ%3D%3D%26c%3DYdn8vTwhrbxADEqxcPXYKs1caBpXhcDH53S_kt3RHzHvJpkBnuA6wQ%3D%3D%26ch%3DS-QnAKHXgEtjcIcRk1za0MnWNKsa230ygRzwB0wR_7_SoGKwVSFQhQ%3D%3D&data=05%7C01%7Croldham%40howardcountymd.gov%7C7ba9ca1cf5aa46192b1808da605e27e9%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637928254757300784%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=RkZwJ%2BgVESW8sKxfoOwL1sypHUe3iqDu94P1tNDT7WY%3D&reserved=0)
* Maryland Dental-Care Loan Assistance Repayment Program (MDC-LARP) for Dentists <https://health.maryland.gov/phpa/oralhealth/Pages/mdc-larp.aspx>
* Treating Smoking in Cancer Patients: An Essential Component of Cancer Care in Member Resources: [https://cancercontrol.cancer.gov/brp/tcrb/monographs/monograph-23](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcancercontrol.cancer.gov%2Fbrp%2Ftcrb%2Fmonographs%2Fmonograph-23&data=05%7C01%7Croldham%40howardcountymd.gov%7C6e42db27533a43cc76fc08da60d946f9%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637928783564611049%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=%2FF%2BVTWWb2xhcFK2jPi8TqWo6g%2B5HR1l0Dk0iX9gRRv8%3D&reserved=0)
* Maryland Department of Health (MDH) is providing information and resources on the Monkeypox outbreak. Information on the facts about human Monkeypox can be accessed [here](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001uN6NP9CytwiRrNPEWeUlnhRG5bhnJCKuBpwYIWRx4U2JleGSuAR0_pqzNrZhyklLQIR4oFQKTgioaN9GBaQtUaDVRrwp8fQL5Z77F2u1H8TzX3Amy3gy8ZjoyihFBbPMFPqwFPmR5DUkm_nPn7PvA2wRbNoQRAn8xmIvJvSBYUiGi-GAF2TyiOlEwHCVqT_O6LXO_uNgJfUXVs2eZnkHz4pmk-Taul8pUreKdLhQRgG-IX2AUNgdxw%3D%3D%26c%3DgynOz4E6B5U3-9Q25lpeGOvd0vNPcA-tUbDYThhRtfIPQzeLVm9a6Q%3D%3D%26ch%3D9jOxUymV72SA6fIb7BhogDmh41agOVOXISErycI9uSCAo_Tk3wd3pg%3D%3D&data=05%7C01%7Croldham%40howardcountymd.gov%7C027787325e9b401bf40e08da668701c8%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637935027289435826%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=docPYnS2Un4k6zpWx%2FEeOaRIeOVafjIFZWAy5ta4ocQ%3D&reserved=0)  and the Spanish Language version [here.](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001uN6NP9CytwiRrNPEWeUlnhRG5bhnJCKuBpwYIWRx4U2JleGSuAR0_pqzNrZhyklLrNaNfL1jZkD3KmFgnYHoUPlyJ1OFQkjLErMlhrfJy1u9nyaAm9az1yon-pQAmE7BkSatbcY9VbjIuVK57GpKq6EWMMPC3e-xMMPCkw8-P9Oma1cdzcJs_FLJJHqgI3BmFBzhZDc-i-MyrPc9_wVnzJk5K0MdyUTOtAArLXjzqtFP62rFHpnRVA%3D%3D%26c%3DgynOz4E6B5U3-9Q25lpeGOvd0vNPcA-tUbDYThhRtfIPQzeLVm9a6Q%3D%3D%26ch%3D9jOxUymV72SA6fIb7BhogDmh41agOVOXISErycI9uSCAo_Tk3wd3pg%3D%3D&data=05%7C01%7Croldham%40howardcountymd.gov%7C027787325e9b401bf40e08da668701c8%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637935027289435826%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=6ldUZL6ijG4qpckCtZIXly8r0enj%2BK4sXqJqbKfahyU%3D&reserved=0) Information to guide talking about human Monkeypox is located [here](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001uN6NP9CytwiRrNPEWeUlnhRG5bhnJCKuBpwYIWRx4U2JleGSuAR0_pqzNrZhyklL1PtA7uY72qNx2TZz9Th6rmSGpCiG1DEKKV6vP8El0wAaQebiLu5YYaFQQBV_F_p4JG7sTkM-uixIP-WaipTo1EVV84gLay7dyuOhYh1Cat9XXdEbImf7eYUHWsL9UaWiTMmuKkxVYKMKorIKhTWzGK7XsnBUJuddci5MOj7ESb8%3D%26c%3DgynOz4E6B5U3-9Q25lpeGOvd0vNPcA-tUbDYThhRtfIPQzeLVm9a6Q%3D%3D%26ch%3D9jOxUymV72SA6fIb7BhogDmh41agOVOXISErycI9uSCAo_Tk3wd3pg%3D%3D&data=05%7C01%7Croldham%40howardcountymd.gov%7C027787325e9b401bf40e08da668701c8%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637935027289435826%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=ofZgcw%2Fg3LEWTzBlhyDjZeIfLuNmht1PaijsruAH5yQ%3D&reserved=0) and the Spanish Language version is [here](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001uN6NP9CytwiRrNPEWeUlnhRG5bhnJCKuBpwYIWRx4U2JleGSuAR0_pqzNrZhyklLJzv_fHtF4xV4_i4AZ3cefil9XgOSyvu9ZzoyDGUICJ1KmRqb4yiAkIzTvsHo716hAYZe7XsFV5_iSvZOa-O4kCZAz3qUvME_qHqY9UBigc302KINLJJoz20ilyVB_rDgYCABIVOgnGGda_AEK6FsqauHWnI-etHfHGY22IkU96vDNvRB-sk2eg%3D%3D%26c%3DgynOz4E6B5U3-9Q25lpeGOvd0vNPcA-tUbDYThhRtfIPQzeLVm9a6Q%3D%3D%26ch%3D9jOxUymV72SA6fIb7BhogDmh41agOVOXISErycI9uSCAo_Tk3wd3pg%3D%3D&data=05%7C01%7Croldham%40howardcountymd.gov%7C027787325e9b401bf40e08da668701c8%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637935027289435826%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=s05i8zvM4Kyo2HCjF2U3SKj8Hjrq65u32YukvL5dde4%3D&reserved=0).
* RWJF - Raising the Bar: Framework to embed equity and excellence throughout the entire healthcare sector <https://rtbhealthcare.org/>
* Right at Home Howard County sponsors Memory Café. For more information or to RSVP, please contact Kathy Wehr at [kwehr@howardcountymd.gov](mailto:kwehr@howardcountymd.gov) or call 410-313-5955
* Office of Minority Mental Health offers Tools and Resources to Support People Living with Mental Health Conditions <https://bit.ly/3aPxyiN>
* Download Spanish-Language Healthy Start Perinatal Depression and Anxiety Brochures <https://bit.ly/3uZQ8M2>
* National Alliance of Mental Illness (NAMI) Social Media Toolkit <https://bit.ly/3zipm42>
* NICHQ: Exploring a Nonbinary Approach to Health <https://bit.ly/3PofknC>
* The Inequities Hurting Oral Health in America Survey — and What We Found <https://www.youtube.com/watch?v=R0je6eNO5uQ>
* SAMHSA’s new 988 Partner Toolkit <https://www.samhsa.gov/find-help/988/partner-toolkit>

**FUNDING OPPORTUNITIES**

**1. *Title:* Howard County Public School System (HCPSS) School Based Mental Health Services**

***Description:*** The Howard County Public School System (HCPSS) has issued a Request for Proposals

(RFP) to solicit submittals from qualified, professional independent mental health

providers/agencies to provide school-based mental health services at schools throughout the

Howard County Public School System (HCPSS) as assigned. Goals for the school-based mental

health services are: 1) to provide programs that address early intervention and prevention services

for students and families in need, and 2) to increase access to ongoing mental health services for

HCPSS students and families in a non-stigmatizing environment.

Proposals are due no later than July 22, 2022, at 1:00 p.m. EST in the Office of Purchasing.

To learn more about this, please click [here](https://purchasing.hcpss.org/sites/default/files/2022-06/044.22.B1%20School-Based%20Mental%20Health%20Services_0.pdf)

**2. *Title:* LiveWell App Factory 2022-2023 Request for Proposals**

***Description:*** The National Institute on Disability, Independent Living and Rehabilitation Research

(NIDILRR) the LiveWell App Factory seeks to fund development of mobile information and

communication technology (ICT) applications to improve health and function of people with

disabilities. The goal is to expand access and usefulness of emerging technologies for people of all

Abilities. This grant funding opportunity is available to all organizations and individuals with

experience in rehabilitation and related fields.

To learn more about this, please click [here](https://www.theappfactory.org/support-for-developers)

**3. *Title:* Office of the Local Children’s Board Grant Opportunities**

***Description:*** The Howard County Office of the Local Children’s Board has released the following

two Requests for Proposals (RFPs):

* + Youth Enrichment and Family Support Services to support the social and emotional wellbeing of children, youth and families in Howard County
  + Informed and Responsive Community Outreach Activities - focusing on authentic community outreach with the goal of building a network of community champions to conduct outreach and engage with residents who need additional supports, services and resources.

Applications are due on Wednesday, August 3rd at 4:00pm and should be submitted via email to

[lcb@howardcountymd.gov](mailto:lcb@howardcountymd.gov)

More information and documents concerning both grant opportunities can be found at

[https://www.howardcountymd.gov/local-childrens-board](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.howardcountymd.gov%2Flocal-childrens-board&data=05%7C01%7Croldham%40howardcountymd.gov%7C4496ff3ff02c405ad23208da55dd841c%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637916707180716754%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=tih73%2BG%2B49N7edTkRe5dJeFha4oWbnwTKC0sD7eFJz0%3D&reserved=0)

**4. *Title:***  **Modernized Anti-Racist Data Ecosystems (MADE) for Health Justice Grant Opportunity**

***Description:*** This grant funding opportunity seeks to accelerate the development of health-

focused local data ecosystems that center principles of anti-racism, equity, justice, and community

power. Five non-profit organizations will be funded to build and facilitate multi sector teams

tasked with creating local data ecosystems. These ecosystems must focus on improving

community health, connecting data across multiple sectors of local government, prioritizing the

needs and voices of communities oppressed by structural racism, and ultimately driving just and

equity-centered decision making.

The application deadline is August 31, 2022.

To learn more about this, please click [here](https://debeaumont.org/made-for-health-justice/)

**5. *Title:* Federal Grant Opportunity for Safer Streets and Roadways**

***Description:*** This grant funding opportunity is available to communities of all sizes to apply for $1

billion in FY22 funding to help ensure safe streets and roads for all and address the national

roadway safety crisis. The dedicated funding will help support regional, local, and Tribal plans, as

well as projects and strategies that will prevent roadway deaths and serious injuries.

To learn more about this, please click [here](https://mdplanningblog.com/2022/04/28/new-federal-grant-opportunity-announced-for-safer-streets-and-roadways/?utm_medium=email&utm_source=govdelivery&utm_term=)

**6. *Title:* National Institutes of Health Office of Nutrition Research Funding Opportunity**

***Description:*** NIH Office of Nutrition Research has issued a Notice of Special Interest (NOSI). The

purpose of this NOSI is to encourage research on the efficacy of interventions that address

nutrition security and the mechanisms of food insecurity on a variety of health outcomes.

To learn more about this, please click [here](https://grants.nih.gov/grants/guide/notice-files/NOT-OD-22-135.html#:~:text=NOT%2DOD%2D22%2D135,Hunger%2C%20Food%20and%20Nutrition%20Insecurity)

**UPCOMING VIRTUAL EVENTS, WEBINARS, AND TRAINING**

***Events below may not be hosted or provided by HCLHIC. If you have any questions about***

***these events, please contact the event organizers directly.***

**HEALTHY BEGINNINGS**

**1. *Title:* Summer Online Life Skills Class for Students**

(Registration is required)

***Description:*** HC DrugFree is providing a highly interactive skills-based program designed to promote

positive health and personal development for youth in grades 6-9.

**Date/Time:** Monday through Thursday July 20, 21, 25, 26, 27, 28; 10:00 am - 11:30 am

For more information, please visit [https://hcdrugfree.org/2022/05/free-life-skills-class-21-22-2/](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhcdrugfree.org%2F2022%2F05%2Ffree-life-skills-class-21-22-2%2F&data=05%7C01%7Croldham%40howardcountymd.gov%7C069e08b2733f4b2eaee908da48cbdf94%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637902337739639089%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=5KcVr04rSv75QZF4b6uToeSjlrBxJoPxOIF3xmzSMuM%3D&reserved=0)

**2*.*** ***Title***: **Nothing I Do Works: A Parent’s Guide to Challenging Behaviors**

(Registration is required)

***Description:*** At this webinar, participants will learn how to help decrease negative behaviors from

happening and/or what to do when they do occur.

**Date/Time:** Tuesday, July 26, 2022; 12:00 pm – 1:00 pm

**Link:** <https://bit.ly/3aorxtb>

**HEALTHY LIVING**

**1. *Title*: Living Well Class**

(Registration is required)

***Description:*** Howard County General Hospital and Johns Hopkins Medicine are offering the

following six-week classes:

* ***Diabetes Support Group***, meets first Thursday of every month from 6:00 pm - 7:00 pm and on the third Thursday of every month from 10:00 am - 11:00 am <https://diabetessupportgroup.events.hcgh.hopkinsmedicine.org/>
* ***Chronic Disease Self-Management Workshop***, every Saturday from June 18 – July 23, 2022; 10:00 am - 1:30 pm

New class is on Tuesdays from July 12 – August 16, 2022; 10:00 am - 12:30 pm

Register today at hcgh.org/events or <http://bit.ly/startlivingwell>

* ***Living Well Diabetes,*** every Wednesday from September 14 – October 19, 2022; 6:00 pm - 8:30 pm

To register, click on <https://bit.ly/diabetes-virtual>

* ***Chronic Disease Self-Management Workshop (Korean)*** July 26 – August 30, 2022 from 1:30 pm - 4:00 pm

For more information or to register, contact Minjung Engle at 410-313-6538 (voice/relay) or

[MEngle@howardcountymd.gov](mailto:MEngle@howardcountymd.gov)

* ***Cancer Self-Management: Thriving and Surviving***, every Friday from September 14 – October 19, 2022; 10:00 am - 12:30 pm <https://cancerselfmanagement.events.hcgh.hopkinsmedicine.org/>

For more information, email your name, address and phone number to: Carolyn Moore at

[cmoor126@jh.edu](mailto:cmoor126@jh.edu), Tracy Knox at [ttaylo13@jh.edu,](mailto:ttaylo13@jh.edu) or contact Kristine Batty at [kbatty2@jhmi.edu](mailto:kbatty2@jhmi.edu)

Journey to Better Health (J2BH) is also offering community health screenings at the following

locations:

Midway Mobile Home Parks - Elkridge

* 6620 Washington Blvd., Elkridge, MD 21075
* July 21, 2022; 5:30pm - 7:30pm

Midway Mobile Home Parks - Laurel

* 10060 North Second St., Laurel, MD 20723
* July 23, 2022; 10am - 12pm

Latino Health Fair

Wilde Lake Interfaith Center

* 10431 Twin Rivers Rd Columbia MD 21044
* October 15, 2022; 12pm - 4pm

Fall Festival

Hope Assembly of God

* 10600 Frederick Rd Ellicott City MD 21042
* October 22, 2022; 10am - 3pm

Cares Day/ Trunk-or-Treat

Hope Bible Church

* 9112 Guilford Rd Columbia MD 21046
* October 29th, 2022; 11am - 2pm

For more information, visit <https://communityhealthscreenings.events.hcgh.hopkinsmedicine.org/>

You can also call 410-740-7601 or email [HCGH-J2BH@jhmi.edu](mailto:HCGH-J2BH@jhmi.edu)

**2. *Title***: **Accessing Benefits and Supports for Older Adults with Long COVID**

(Registration is required)

***Description:*** This training will discuss Long COVID in Social Security disability evaluations; Long

COVID among older adults and coverage of treatment; and resources available for addressing

additional legal needs that may arise for those experiencing long COVID.

**Date/Time:** Wednesday, July 20, 2022; 2:30 pm – 3:45 pm

**Link:** <https://bit.ly/3Oilkgn>

**3. *Title***: **DEA Washington Division L&L is offering the following lunch and learn webinars:**

**Monitoring Diversion of CS in Healthcare Institutions**

**(Hospital/Clinics)**

(Registration is required)

***Description:*** This is a 30-minute LIVE sessions where DEA speakers and Special Guests present and

review information, regulations and procedures related to the proper handling, dispensing,

manufacture, distribution and prescribing of Controlled Substances to prevent diversion and help

reduce drug overdoses and deaths in the District of Columbia, Virginia and Maryland (DMV).

**Date/Time:** Thursday, July 21, 2022; 2:00 pm – 3:00 pm

**Link:**<https://bit.ly/3xVJFma>

**Words Matter: Evidence- Based Practices for Communicating about Addiction - NIDA**

(Registration is required)

**Date/Time:** Thursday, August 18, 2022; 1:30 pm – 2:15 pm

**Link:** <https://bit.ly/3yTHjER>

**Tele-Medicine and the Controlled Substances Act**

(Registration is required)

**Date/Time:** Thursday, September 22, 2022; 1:30 pm – 2:15 pm

**Link:** <https://bit.ly/3AZUFlh>

**4. *Title***: **Trust for America’s Health (TFAH) Age-Friendly Public Health Systems Training**

(Registration is required)

***Description:*** This webinar will focus on the importance of data in addressing social determinants of

health among older adults. This session will also highlight how some states have developed and used

data on older adults to advance healthy aging in their communities.

**Date/Time:** Thursday, July 21, 2022; 3:00 pm – 4:00 pm

**Link:** <https://tfah.wufoo.com/forms/q9rgyir02om7il/>

**5. *Title***: **Legislative Trends and Developments in Health Equity: What We Observed in 2021, What**

**Has Happened in 2022, and Future Directions**

(Registration is required)

***Description:*** This webinar will explore legislation as a tool to advance health equity. Participants will

learn about recent trends and developments and implications for future legislative activity in the

states.

**Date/Time:** Friday, July 22, 2022; 12:00 pm – 1:00 pm

**Link:** <https://www.nephtc.org/enrol/index.php?id=293>

**6. *Title***: **The National Colorectal Cancer Roundtable (NCCRT) Steps Guide Update**

(Registration is required)

***Description:*** This webinar will provide an overview of the soon-to-be-released Steps for Increasing

Colorectal Cancer Screening: A Manual for Primary Care Practices. This edition has been expanded

to include all primary care settings, and updated to reflect current guidelines, new screening

modalities, 10 case studies of exemplary practice sites, and updated literature references.

**Date/Time:** Monday, July 25, 2022; 12:00 pm – 1:00 pm

**Link:** <https://us06web.zoom.us/webinar/register/WN_EV3VwjiXSHyq07FY9THObQ>

**7. *Title***: **Disability History Symposium**

(Registration is required)

***Description:*** The Symposium invites you to listen and engage with some of the most impactful

perspectives on the history of human services systems & self-advocacy from those who have been

there and live it.

**Date/Time:** Tuesday, July 26, 2022; 12:30 pm – 3:30 pm

**Link:** <https://web.cvent.com/event/e02671e3-1263-4486-b8fa-24c6b6177b9c/summary>

**8. *Title***: **The National Primary Care Transformation Summit**

(Registration is required)

***Description:*** This Summit will discuss Primary Care for America and Policy Strategies

**Date/Time:** July 26 - 29, 2022; 2:00 pm – 3:00 pm

**Link:** <https://registration.eventsair.com/2022pctsummit/complimentary/Site/Register>

**9. *Title***: **A conversation with Admiral Rachel Levine, the first Transgender Federal Official**

**confirmed by the US Senate**

(Registration is required)

***Description:*** Admiral Levine will share her story and address a variety of inequities in health care.

**Date/Time:** Tuesday, July 26, 2022; 2:00 pm – 3:00 pm

**Link:** <https://www.statnews.com/status-list-spotlights-series/>

**10*.*** ***Title***: **Maryland Department of Disabilities Assistive Technology Team is offering the**

**following webinar:**

**National Federation for the Blind - Document Accessibility**

(Registration is required)

**Date/Time:** Tuesday, July 26, 2022; 2:00 pm – 3:30 pm

**Link:** <https://nfb.org/form/accessibility-boutique-reg>

**ITAI Series - Accessible Graphic Design**

(Registration is required)

**Date/Time:** Tuesday, July 26, 2022; 1:00 pm – 2:00 pm

**Link**: <https://us06web.zoom.us/webinar/register/WN_NxjRg03tR9WOoYze6nqAAA>

**11*.*** ***Title***: **Healthy Living Workshop Series**

***Description:*** The Howard County Health Department and Howard County Library System have

partnered to provide a free Healthy Living Workshop Series! This series will consist of three classes

offered at the Howard County Library System (Miller, Savage, and Glenwood branches) that engage

residents in topics including nutrition, behavioral health resources, self-care, and coping. The classes

will be taught by a variety of healthcare professionals and supplemented with peer lived experience.

**Workshop 1: When the Going Gets Tough: Managing Stress with Peer Stories**

(Registration is required)

**Date/Time:** Tuesday, July 19, 2022; 7:00 pm – 8:00 pm at Miller branch in the Avalon Conference

Room

**Link:** [https://howardcounty.librarycalendar.com/event/when-going-gets-tough-managing-stress-peer-](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhowardcounty.librarycalendar.com%2Fevent%2Fwhen-going-gets-tough-managing-stress-peer-stories&data=05%7C01%7Croldham%40howardcountymd.gov%7Ce1c7c0e9f39748c6ccb008da641ffbe7%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637932385794118260%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=od8Y99vNCZ4emTg0CKpYW9GJ9N4FL4E4reE%2FksB3qC4%3D&reserved=0) stories

**Workshop 2: Our Community Care Roadmap: Navigating the Landscape of Mental Health**

**Resources in Howard County**

(Registration is required)

**Date/Time:** Tuesday, July 26, 2022; 7:00 pm – 8:00 pm at Savage Branch in the DaVinci Conference

Room

**Link:** [https://howardcounty.librarycalendar.com/event/community-care-roadmap-navigating-](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhowardcounty.librarycalendar.com%2Fevent%2Fcommunity-care-roadmap-navigating-landscape-mental-health-resources-howard-county&data=05%7C01%7Croldham%40howardcountymd.gov%7Ce1c7c0e9f39748c6ccb008da641ffbe7%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637932385794118260%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=yeP0XOoV6wkLVo5boII2Gz9RVFFADFhxLyb0AxIuWNE%3D&reserved=0) landscape-mental-health-resources-howard-county

**Workshop 3: Building Your Toolbox: Nutrition, Exercise, and Self-Care for Better Brain Health**

(Registration is required)

**Date/Time:** Tuesday, August 2, 2022; 7:00 pm – 8:00 pm at Glenwood Branch in the Pindell

Conference Room

**Link:** TBD

**12*.*** ***Title***: **Greenbrook Transcranial Magnetic Stimulation** **(TMS) NeuroHealth Centers is offering the**

**following webinar:**

**TMS: An approved treatment for OCD**

(Registration is required)

**Date/Time:** Wednesday, July 27, 2022; 1:00 pm – 2:00 pm

**Link:** <https://greenbrooktms.zoom.us/webinar/register/WN_3dceiq8zQqWNdWkwnJy4sw>

**13*. Title***: **Howard County Public Library System is sponsoring the following upcoming event:**

(Registration is required)

***Title***:**Anna Gifty Opoku-Agyeman & The Black Agenda: Bold Solutions for a Broken System – In**

**Conversation with Dr. Sheri Parks**

***Description:*** **Bold Solutions for a Broken System** features Black voices across economics, education,

health, climate, and technology, speaking to the question "What's next?" as it pertains to centering

Black people in policy matters in our country.

**Date/Time:** Wednesday, July 27, 2022; 7:00 pm – 8:00 pm at the Central Branch location

**Link:** <https://bit.ly/3RHWSIa>

**14. *Title***: **Pioneering a New Culture of Aging Conference**

(Registration is required)

***Description:*** This webinar will explore Well-Being for All through a series of engaging and interactive

sessions that are sure to stimulate thinking about where we have been, where we are today, and

where we need to go in our individual and collective work to shape the future.

**Date/Time:** July 27-30, 2022

**Link:** <https://www.pioneernetwork.net/pioneering-a-new-culture-of-aging-2022-conference>

**15. *Title***: **Giant is offering the following nutrition classes and opportunities:**

(Registration is required)

* Vacation Meal Planning<https://bit.ly/3OVeuOP>
* Powered by Produce Series meets on the 4th Wednesday of the month from July 27 –

October 26, 2022 at 6 pm <https://bit.ly/3akOVIg>

* [Eating for Prediabetes and Diabetes](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.eventbrite.com%2Fe%2F169166153519&data=05%7C01%7Croldham%40howardcountymd.gov%7C72c1d54c9a5f42d9134208da605fd6f6%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637928262002801269%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=dydOjHzVk0ykYlHjVDC830Jk0BJs04ulis%2BSZqc493U%3D&reserved=0)
* [Healthy Living Made Easy](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.eventbrite.com%2Fe%2F169170767319&data=05%7C01%7Croldham%40howardcountymd.gov%7C72c1d54c9a5f42d9134208da605fd6f6%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637928262002801269%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=D5pCoUe9m7osVyJYKVnskkJBsWeZZBhyWMCXCt2iO08%3D&reserved=0)
* [Mindful Eating](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.eventbrite.com%2Fe%2Fmindful-eating-tickets-237477410327&data=05%7C01%7Croldham%40howardcountymd.gov%7C72c1d54c9a5f42d9134208da605fd6f6%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637928262002957059%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=lGcnWonOu6E295cWRwEZXwR5zA1XzOShaBSMm7F1jbE%3D&reserved=0)
* [Meal Planning on a Budget](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.eventbrite.com%2Fe%2Ffamily-meal-planning-to-fit-your-budget-tickets-237482134457&data=05%7C01%7Croldham%40howardcountymd.gov%7C72c1d54c9a5f42d9134208da605fd6f6%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637928262002957059%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=0lS%2FFi96ljmJ6jeYSsN%2BgYl6Q4Xn89T%2BmW%2FOjM%2FInas%3D&reserved=0)

Webinars are available upon request and in Español.

**16. *Title***: **Skill Building Training for Evidence-Based Community Program Providers**

(Registration is required)

***Description:*** The Maryland Department of Health (MDH), Center for Chronic Disease Prevention and

Control (CCDPC) is pleased to offer a skill-building training series for Maryland evidence-based

program providers:

**Addressing the Social Determinants of Health in Diabetes Programs**

**Date/Time:** Thursday, August 4, 2022; 11:00 am – 12:00 pm

**Link:** <https://bit.ly/3lRymFR>

For more information about these events, please contact Jen Schindler at

[jennifer.schindler@maryland.gov](mailto:jennifer.schindler@maryland.gov)

**17. *Title***: **Social Determinants of Health (SDoH): Evidence for Interventions**

(Registration is required)

***Description:*** This presentation will cover foundational initiatives and activities designed to address

SDoH, recent evidence for how SDoH impact different patient populations, and specific interventions

to address SDoH such as food insecurity, inadequate transportation, and housing insecurity.

**Date/Time:** Tuesday, August 9, 2022; 1:00 pm – 2:00 pm

**Link:** <https://us06web.zoom.us/webinar/register/WN_TV5MmGEiSByJdMSf4P4SYA>

**18.** ***Title***: **Communicating for Public Health: Creating Connections, Building Bridges**

(Registration is required)

***Description:*** At this conference, new and experienced practitioners will have the opportunity to learn

practical public health law and policy skills, and network with colleagues from state, tribal, local, and

territorial health departments.

**Date/Time:** August 16-18, 2022

**Link:** <https://bit.ly/3B4QKnD>

**19.** ***Title***: **Public Health Law Practitioners Convening**

(Registration is required)

***Description:*** At this conference, new and experienced practitioners will have the opportunity to learn

practical public health law and policy skills, and network with colleagues from state, tribal, local, and

territorial health departments.

**Date/Time:** August 17-19, 2022

**Link:** <https://phlawpractitioners.org/phlawpractitionersconvening/home>

**20. *Title***: **Introducing SWAP - A Technology for Sharing Resources**

(Registration is required)

***Description:*** SWAP is a community tool that provides a new way for Non-Profit Organizations (NPOs)

to obtain the necessary resources and talents to support their current and ongoing mission-related

needs.

**Date/Time:** August 19, 2022; 9:30 am – 12:00 pm

**Link:** <https://members.acshoco.org/event-4895073/Registration>

**21.** ***Title***: **Assessing Patient Experience for Insights into Enhancing Equity in Healthcare Virtual**

**Research Meeting**

(Registration is required)

***Description:*** AHRQs Consumer Assessment of Healthcare Providers and Systems (CAHPS®) program

will hold a virtual research meeting to discuss how CAHPS surveys shed light on disparities in patient

experience and how improved measurement can advance healthcare equity.

**Date/Time:** Thursday, September 22, 2022; 11:00 am – 4:00 pm

**Registration will open in July.**

For questions, please contact the CAHPS User Network at [cahps1@westat.com](mailto:cahps1@westat.com) or 1-800-492-9261

**HEALTHY MINDS**

**1. *Title:* Opioid Overdose Response Training**

(Registration is required)

***Description:*** The Howard County Health Department is offering a **FREE** Opioid Overdose Response

Program monthly virtual trainings**.** Participants will learnwhat opioids are, the impact of the opioid

epidemic on public health; signs of an overdose;how to respond to an opioid overdose and how to

administer Naloxone.

* + [Thursday, July 28, 2022](https://howardcountymd.webex.com/mw3300/mywebex/default.do?nomenu=true&siteurl=howardcountymd&service=6&rnd=0.19702572963033405&main_url=https%3A%2F%2Fhowardcountymd.webex.com%2Fec3300%2Feventcenter%2Fevent%2FeventAction.do%3FtheAction%3Ddetail%26%26%26EMK%3D4832534b00000005249434f8a4bf02ed7b1f0f7230bc03124e1d419d58e66af675f52b1bbefd0486%26siteurl%3Dhowardcountymd%26confViewID%3D231643207937565217%26encryptTicket%3DSDJTSwAAAAX4y5Mdb6yYbtRcn0chfG0fiIQv2OqW9yc5Gt_TYUFznQ2%26); 3:00 pm – 4:00 pm
  + [Tuesday, August 2, 2022](https://howardcountymd.webex.com/mw3300/mywebex/default.do?nomenu=true&siteurl=howardcountymd&service=6&rnd=0.765028722383473&main_url=https%3A%2F%2Fhowardcountymd.webex.com%2Fec3300%2Feventcenter%2Fevent%2FeventAction.do%3FtheAction%3Ddetail%26%26%26EMK%3D4832534b00000005db0c6f06ad10cc21277529d6148b1b1761746cb69ff535a01f9a729f31cc9ea1%26siteurl%3Dhowardcountymd%26confViewID%3D231643282706276558%26encryptTicket%3DSDJTSwAAAAUZ8Ied7AkL-t10-TmOpgiOGUZMXZIABwutWmTIvvcdFQ2%26); 3:00 pm – 4:00 pm
  + [Wednesday, August 10, 2022](https://howardcountymd.webex.com/mw3300/mywebex/default.do?nomenu=true&siteurl=howardcountymd&service=6&rnd=0.08838322759502615&main_url=https%3A%2F%2Fhowardcountymd.webex.com%2Fec3300%2Feventcenter%2Fevent%2FeventAction.do%3FtheAction%3Ddetail%26%26%26EMK%3D4832534b0000000527ba86de8330d539ecd06749d061b1fd89c520612950324f4559b1c4347a3ef7%26siteurl%3Dhowardcountymd%26confViewID%3D231645225801490557%26encryptTicket%3DSDJTSwAAAAWQFo1utm3UUJrQ5IcNCIg0TAd-bqaCc4q25o2hOlyd5Q2%26); 3:00 pm – 4:00 pm

Click on the date above to register or call the **Bureau of Behavioral Health at 410-313-6202** or email [orpresponse@howardcountymd.gov](mailto:orpresponse@howardcountymd.gov) for more information.

**2*. Title:* BHA/MedChi Behavioral Health Webinar Series**

(Registration is required)

**Description:** Make Your Workday Less Stressful and More Productive: Neutralize Your Inner Judge and Saboteurs

**Date/Time:** Thursday, July 28, 2022; 5:00 – 6:00 pm

**Link:** <https://us02web.zoom.us/webinar/register/WN_-mS4GvRdSwiE5n-rc-PibA>

**3*. Title:* The Older Adult Mental Health Forum**

(Registration is required)

**Description:** This forum will include an anonymous case review and a facilitated discussion of an older adult with mental health concerns in need of services and resources.

**Date/Time:** Tuesday, July 26, 2022; 11:00 am – 12:30 pm

**Link:** <https://bit.ly/3RNM6QP>

For additional information, please contact Karen Hall at the Howard County Office of Aging and

Independence or email her at [khall@howardcountymd.gov](mailto:khall@howardcountymd.gov)

**4. *Title***: **Four Paths to Addressing Dementia in Tribal Communities**

(Registration is required)

***Description:*** At this webinar, four Tribal Nations working to address Alzheimer's disease and related

dementias (ADRD) in their communities will be highlighted. Participants will also receive practical

advice about how they developed ADRD strategies specific to the unique needs and opportunities in

their communities.

**Date/Time:** Tuesday, July 26, 2022; 2:00 pm – 3:00 pm

**Link:** <https://us02web.zoom.us/meeting/register/tZ0odemrpzMoHdMMEACMAXICHHNkO3AyPkLC>

**5. *Title***: **The Alzheimer's Association Presents: "Shared Value, Shared Success"**

(Registration is required)

***Description:*** This webinar will provide information on how to support employees affected by

Alzheimer's disease and other dementia and how to join the fight to raise awareness and funds

through the Walk to End Alzheimer's.

**Date/Time:** Wednesday, July 27, 2022; 8:30 am – 9:30 am

**Link:** <https://bit.ly/3ocjmn4>

**6. *Title***: **Effective Business Practices in Workplace Mental Health**

(Registration is required)

***Description:*** This webinar will focus on recommendations that incorporate leadership investment,

managerial support, and employee empowerment as drivers for positive workplace culture and

employee mental health.

**Date/Time:** Thursday, July 27, 2022; 12:30 pm – 1:30 pm

**Link:** <https://mhanational-org.zoom.us/webinar/register/WN_HZhyaSe5SjewbkXmQep7Kw>

**7. *Title*:** **Recovery Centers of America (RCA) Substance Abuse Sessions**

(Registration is required)

***Description:*** The Recovery Centers of Americais offering the following classes:

**ADHD in Substance Use Disorder**

**Date/Time:** Wednesday, August 10, 2022; 9:00 am – 10:30 am

**Link:** <https://bit.ly/3OipN2D>

**Self-care for Caregivers. Strategies to Identify and Avoid Burnout in Healthcare**

**Date/Time:** Tuesday, August 16, 2022; 9:00 am – 10:30 am

**Link:** <https://bit.ly/3J4cwdb>

**Trauma and Substance Use Disorder**

**Date/Time:** Wednesday, August 24, 2022; 9:00 am – 10:30 am

**Link:** <https://bit.ly/3of3aRX>

**Best Practices for Managing Moms with SUDs: The Path to Healthy Pregnancy and Parenting**

**Date/Time:** Wednesday, August 24, 2022; 9:00 am – 10:30 am

**Link:** <https://bit.ly/3PAsgGL>

**8. *Title*:** **2022 American Association for the Treatment of Opioid Dependence, Inc. (AATOD)**

**Conference**

(Registration is required)

***Description:*** This conference will disseminate innovative, evidence-based initiatives and treatment

techniques to better serve patients and providers, improve program development and

administration, promote integration across the continuum of care, and enhance patient outcomes

to assist communities in developing an effective response to this crisis.

**Date/Time:** October 30 - November 3, 2022; 8:30 am – 5:00 pm

**Link:** <https://www.eventscribe.net/2022/AATOD/>

**SELF-PACED COURSES AND ON-GOING SUPPORT PROGRAMS**

**HEALTHY LIVING**

**1. *Title:* Veteran Support Group**

***Description:*** This is a peer-led support group for Veterans living with mental illness. They meet the

first Monday of the Month from 6:00 pm – 7:30 pm

***Link:*** <https://namihowardcounty.org/event/online-veteran-connections-support-group/all/>

**2. *Title:* Maryland Department of Veterans Affairs (MDVA)**

***Description:*** MDVA is planning to have a 2-day virtual event to share knowledge and resources to

the needs of Maryland’s women, minority, and underserved veteran populations.

***Link:*** <https://veterans.maryland.gov/women-veterans-inclusion-program/>

**3. *Title:* Chase Brexton LGBTQ Support Group**

***Description:*** Transcendence

**Date/Time:** Meet on Mondays 5:00 pm – 6:30 pm

***Description:*** Acry:Lic

**Date/Time:** Meet on Tuesdays 6:00 pm – 7:00 pm

***Description:*** Identity Talk

**Date/Time:** Meet on Tuesdays 5:00 pm – 6:30 pm

***Description:*** LGBTQ 50+ Thrivers HIV Group

**Date/Time:** Meet on Wednesdays 3:30 pm – 5:00 pm

***Description:*** Life Skills for Gender Diverse Teens

**Date/Time:** Meet on Wednesdays 3:45 pm – 4:45 pm

***Description:*** LGBTQA Early Memory Loss & Caregivers Group

**Date/Time:** Meet the 4th Thursday of each month 1:00 pm – 2:00 pm

***Description:*** LGBTQ Community Connection

**Date/Time:** Meet the 2nd Thursday of each month 1:00 pm – 2:30 pm

Please call 410-837-2050 X 8808 for more information.

***Link:*** <https://www.chasebrexton.org/services/center-lgbtq-health-equity>

**4. *Title:* Maryland Disability Health Inclusion Training**

***Description:*** The Maryland Disability Health Inclusion Program (DHIP) encourages public health

professionals to learn about disability inclusion in program planning and implementation. DHIP has

a series of archived webinars available to assist in training public health staff about inclusive

programming. All recorded training sessions can be found [here](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001w1Fs4xAiXzf_Y4PBixxACaa9dp-0oOSiqi619B_Etk3vecNE3yqshBWBOJrG_XYQ5nIY3jjMHLFy9r3zgl6H27ru7gAeptqHNW7pxu6kqOMJAHhqhhkJrqTIsxpR9AWhGROSX4b351DrZcCLQKH93eE2h1i5ODdLlVc7vgGXBaLDi85jblo-kyureYwP9CZxsktoZ8MGJKiMtHnFUc6kUg%3D%3D%26c%3DL6BztMX3lvWSMm2D4u_Eb5_5-ZMduOU0B9-cdIfyULP67MgBf1hnyg%3D%3D%26ch%3DiwG-9M9SrTsV66I_adeLyGu9zw4mBowOX0E-EsItk_TjHtZUiVvsGA%3D%3D&data=05%7C01%7Croldham%40howardcountymd.gov%7C4afc28c40c284ed48e0d08da3f22c7be%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637891715858401471%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=YQHkFDMWLnLlVSPnI3XT6tY7xJslpycMIn0ABhS0q6I%3D&reserved=0).

**5. *Title:* Region V Public Health Training Center Trainings**

***Description:*** The Region V Public Health Training Center is offering the following trainings and

resources:

* + [Rural LGBTQ+ Populations: Creating Welcoming and Inclusive Health Care Experiences](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Frvphtc.us2.list-manage.com%2Ftrack%2Fclick%3Fu%3Df5fc5f2a995eab453cdf54300%26id%3D79ca7be77d%26e%3D639857be1a&data=05%7C01%7Croldham%40howardcountymd.gov%7C15eb0005f0ea44830be408da48c509e6%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637902308367657615%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=vQiHq%2BtmFxWCkBVaOpW5%2Bssfum9PudC7Sop9zo3zE30%3D&reserved=0)
  + [LGBTQ+ Cultural Humility Training for Health Center Staff](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Frvphtc.us2.list-manage.com%2Ftrack%2Fclick%3Fu%3Df5fc5f2a995eab453cdf54300%26id%3D72d6e1fd2d%26e%3D639857be1a&data=05%7C01%7Croldham%40howardcountymd.gov%7C15eb0005f0ea44830be408da48c509e6%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637902308367814144%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=k8xDjt%2FGYuihxtT%2FEgbnGILdVXgT5m8N0m%2FZ4l43%2BaA%3D&reserved=0)
  + [Mental Health and LGBTQI+ Resources for Kids and Families](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Frvphtc.us2.list-manage.com%2Ftrack%2Fclick%3Fu%3Df5fc5f2a995eab453cdf54300%26id%3D46e088c3f5%26e%3D639857be1a&data=05%7C01%7Croldham%40howardcountymd.gov%7C15eb0005f0ea44830be408da48c509e6%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637902308367814144%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=avwjTBBoJBtJ%2BvGXLeR03MrUXx%2BIR2XfFDDyyux7sr0%3D&reserved=0)

**6. *Title:* Pushing Cool: Big Tobacco, Racial Marketing, and the Untold Story of the Menthol**

**Cigarette**

***Description:*** The Center for Health Care Strategies (CHCS) panel discussion explored the roots and

rates of tobacco use in the Black community, related disease burden, and opportunities at the state

and community levels to improve health equity through targeted cessation efforts. The recorded

session can be found [here](https://www.chcs.org/resource/undoing-cool-addressing-persistent-disparities-in-tobacco-use-and-cessation/?utm_source=CHCS+Email+Updates&utm_campaign=39caa54148-CHCS+Monthly+Update+May+2022_+05%2F31%2F22&utm_medium=email&utm_term=0_bbced451bf-39caa54148-157228966).

**HEALTHY MINDS**

**1. *Title:* Veteran Yoga Classes**

***Description:*** Veterans Yoga Project is a grassroots educational and outreach organization dedicated

to improving the health and well-being of military veterans. Veterans Yoga Project offers online

yoga classes weekly.

**Link:**<https://veteransyogaproject.org/>

**2. *Title:* Tai Chi with Cohen Clinic**

***Description:*** Join Chocolate and Chi and the Steven A. Cohen Military Family Clinic at Easterseals for

Tai Chi for the military and veteran community. All fitness levels and abilities welcome.

**Link:** <https://zoom.us/meeting/register/tJIqc-6hrjgjH9Nrq4wJyAH6VBqUO50OmFT2>

**3. *Title:* Howard County Autism Society Webinars**

(Registration is required)

***Description:*** The Howard County Autism Society (HCAS) is offering the following:

**Navigating the Autism Journey Virtual Support Group**

**Description:** Sessions will feature open discussion or presentations on topics of interest to Autism

families and caregivers.

**Date/Time:** Wednesday, July 20, 2022; 7:00 pm – 8:30 pm

**Link:**<https://bit.ly/3CoUM8E>

**Yoga Class**

**Description:** The Howard County Autism Society Adult Social Group offers this free, virtual Yoga

Class every Saturday from 3:30 pm –4:30 pm

**Link:**<https://bit.ly/33hdFxo>

**Adults Social Group**

**Description:** The Howard County Autism Society (HCAS) Adult Social Group welcomes independent

autistic adults ages 24 and up. This group meets most Saturdays from 5:30 pm – 7:00 pm and is

great opportunity to make friends, connect with the community, enjoy social activities, and learn

about local resources.

For more information, please email [info@howard-autism.org](mailto:info@howard-autism.org) or call 410-290-3466

**HCAS Family Support Group**

**Description:** This group meets the first Thursday of the month from 7:00 pm – 8:30 pm

For more information, please contact [susanne.mason@howard-autism.org](mailto:susanne.mason@howard-autism.org) or HCAS at

410-290-3466

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**4. *Title:* Accessing Benefits and Supports for Older Adults with Long COVID**

***Description:*** This training will discuss Long COVID in Social Security disability evaluations, Long-

COVID among older adults and coverage of treatment, and Resources available for addressing

additional legal needs that may arise for those experiencing long COVID.

### **Link:**<https://bit.ly/3nLfB82>

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**OTHER RESOURCES/RESEARCH/ARTICLES/UPDATES**

**Healthy Beginnings**

* CDC: Anemia Among Pregnant Women Participating in the Special Supplemental Nutrition Program for Women, Infants, and Children — United States, 2008–2018 <https://bit.ly/3zhAOwR>
* NIH: Having Kids Later in Life <https://newsinhealth.nih.gov/2022/07/having-kids-later-life>
* NICHQ: Social Determinants of Grief: Impact of Black Infant Loss <https://bit.ly/3B21bbu>

**Healthy Living**

* The Community Preventive Services Task Force (CPSTF) findings on what works to manage or prevent Diabetes <https://bit.ly/3OXzkgQ>
* Multilevel factors associated with time to biopsy after abnormal screening mammography results by race and ethnicity <https://bit.ly/3B40HS3>
* Distinguishing high-performing from low-performing hospitals for severe maternal morbidity: a focus on quality and equity <https://bit.ly/3PifL2V>
* Screening and Supplementation for Iron Deficiency and Iron Deficiency Anemia During Pregnancy <https://bit.ly/3PkvGgX>
* 2022 American Fitness Index <https://bit.ly/3cqdxQq>
* The League of American Bicyclist Biking and Walking State and City Fact Sheets <https://bit.ly/3IQshEd>
* Making the Business Case for Activity-Friendly Places <https://bit.ly/3aLgUkA>
* NIH: Long COVID symptoms linked to inflammation <https://bit.ly/3zrmSAF>
* NIMH: Adult “Picky Eaters” Recall Helpful Parent Feeding Strategies <https://bit.ly/3v0ysQu>
* Dentist Perceptions about the Value of Teledentistry <https://bit.ly/3Okfzi7>
* Effects of a Medicaid dental coverage "cliff" on dental care access among low-income Medicare beneficiaries <https://pubmed.ncbi.nlm.nih.gov/35362157/>
* Racial And Ethnic Disparities in Dental Services Use Declined After Medicaid Adult Dental Coverage Expansions <https://pubmed.ncbi.nlm.nih.gov/34982622/>
* NIH: Oral Health in America <https://www.nidcr.nih.gov/research/oralhealthinamerica>
* AHRQ Stats: Expected Payer for Maternal Emergency Department Visits Among Hispanic and Non-Hispanic Patients <https://bit.ly/3OiEi6v>

**Healthy Minds**

* Genetic discovery may shed light on women and Alzheimer’s <https://cnn.it/3IjPuOY>
* Frailty, gaps in care coordination, and preventable adverse events <https://bit.ly/3INhf2t>
* NIH: Alcohol and Your Health <https://www.rethinkingdrinking.niaaa.nih.gov/>
* AHRQ: Long-term risk of overdose or mental health crisis after opioid dose tapering <https://bit.ly/3uWaZzO>
* AHRQ: Opioid Use Among Elderly & Non-Elderly Adults by Socioeconomic Characteristics <https://www.ahrq.gov/opioids/data/online-resources/opioids-elderly-nonelderly.html>