February 2, 2022

LHIC Coalition and Work Group Members - Please see below for upcoming webinars and resources. We encourage you to consider participating and to share these opportunities with your stakeholders and others in the community. If you have programs or opportunities that you would like to submit please send them via email to lhic@howardcountymd.gov.

**LOCAL RESOURCES AND MEMBER ANNOUNCEMENTS**

* Oral Health, Mental Health & Substance Use Treatment: A Framework for Care Coordination & Integration Toolkit <https://bit.ly/3nU3q9t>
* New Movement Study for People with Dementia and their Care Partner. To learn more about the study**,** click [HERE](https://www.togetherseniorhealth.com/?hsLang=en).To see if you qualify to join the study, click[HERE](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.e2ma.net%2Fclick%2Fixvttd%2Fea7z2v%2F6fq4kp&data=04%7C01%7Croldham%40howardcountymd.gov%7C8b11215e06f84eb37faa08d9dd267bd8%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637783979633021054%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=9g1nIGtOBV8D9dIew8S0rAnosrtafylVSmdN5IoR%2BBw%3D&reserved=0)**.**
* Howard County Age Friendly Action Plan <https://bit.ly/3IHea2O>
* Maryland Department of Health receives three-year, $1.1 million CDC grant to address maternal mortality statewide <https://bit.ly/3L922tA>
* U.S. Preventive Services Task Force is accepting public comments on its Draft Recommendation Statement and Draft Evidence Review: Behavioral Counseling to Promote a Healthy Lifestyle in Adults without Cardiovascular Risk Factors until February 14, 2022 <https://bit.ly/3uipNcp>
* Basic Howard County shares ways to boost brain development <https://bit.ly/3J1FFV7>

**FUNDING OPPORTUNITIES**

**1. *Title***: **Horizon Foundation Request for proposals: 2022 Community Opportunity Grants**

 ***Description:*** The Horizon Foundation has open applications for their 2022 community

 opportunity grants!

 If you have any questions about the grant or the application system, contact Senior Program Officer

 Kenitra Fokwa at kfokwa@thehorizonfoundation.org.

 ***Link:*** <https://www.thehorizonfoundation.org/grants/>

***2. Title***: **Overdose Response Strategy Pilot Project Technical Assistance Meeting Facilitation**

 ***Description:*** This Request for Proposal is from the National Association of County and City Health

 Officials. NACCHO is offering this [funding opportunity](https://www.naccho.org/uploads/downloadable-resources/Programs/Community-Health/RFP-ORS-Meeting-Facilitation_Final.pdf) for a skilled facilitator to aid the six Overdose

 Response Strategy (ORS) sites in strategic planning.

 The application deadline is February 11, 2022 by 11:59pm EST.

 If you have any questions, please email Audrey Eisemann at aeisemann@naacho.org.

 For additional RFP information, please visit <https://bit.ly/3odNU8f>

**3. *Title***: **State Farm Grant Opportunity**

 ***Description:*** State Farm® is awarding one hundred $25,000 grants to non-profit organizations to help

 fund neighborhood improvement projects via [State Farm Neighborhood Assist](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.e2ma.net%2Fclick%2Fmqkrje%2F2ip611g%2Fuszifl&data=04%7C01%7Croldham%40howardcountymd.gov%7C8a5712305bdd4074ad4208d9e02dd1df%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637787309660925767%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=XtGCgAOvZwE61Pfdst8CCdoWXzGp09SCB603s9kTVL4%3D&reserved=0)®

 Applications are due on February 16, 2022 at 1:00 pm EST.

 The Top 20 grantees will be notified the week of April 18, 2022.

 For more information and to apply today, visit [www.neighborhoodassist.com](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.e2ma.net%2Fclick%2Fmqkrje%2F2ip611g%2Fal0ifl&data=04%7C01%7Croldham%40howardcountymd.gov%7C8a5712305bdd4074ad4208d9e02dd1df%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637787309660925767%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=7JiUD1j0YgV3o8PPYieUZJDikZ%2FWCYimMRAaQL3VeyU%3D&reserved=0)

***4. Title***: **Strengthening Capacity in Suicide, Overdose, and Adverse Childhood Experiences (ACEs)**

 **Prevention for Local Health Departments**

 ***Description:*** This Request for Application opportunity provides awardees with one-on-one technical

 assistance to help local health departments (LHDs) translate their results from the newly

 developed SPACECAT into action guidance and improve internal capacity to address the

 intersection of suicide, overdose, and ACEs.

 Applications should be submitted using [NACCHO’s online portal](https://nacchoapplication.secure-platform.com/a/solicitations/17/home) and are due Friday, February 18,

 2022 by 5pm EST. Please contact NACCHO's Injury and Violence Prevention Team

 IVP@naccho.org with any questions.

**5. *Title***: **Maryland Department of Transportation Motor Vehicle Administration Highway Safety**

 **Office seeking applications for Traffic Safety Grants Aimed at Reducing Deaths and Injuries**

 ***Description:*** The Maryland Department of Transportation Motor Vehicle Administration’s (MDOT

 MVA) Highway Safety Office is currently accepting grant applications for traffic safety programs and

 projects that can help reduce crashes, deaths and injuries on Maryland roadways.

 Applications are being accepted until February 25, 2022.

 Eligible projects outlined in the [Maryland Traffic Records Strategic Plan (TRSP).](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fu7061146.ct.sendgrid.net%2Fls%2Fclick%3Fupn%3D4tNED-2FM8iDZJQyQ53jATUf66bDp2LFrp6WDHXyOIYNZBqhJi5HeXGY9CNdaENTp-2BFqeVkI8knH8lZaOKHlAFlmFX7X8yopd0Fx42wXmrIPtDcEOTo36F8ChmpnBMixANieZF_67u8xq5D5wPLW08jb4dZrATNFF-2BLXzAqGsE1vKPhCmeTUYeQqUIsmqfpi1EtPCeeJPMEMvp7J2tCA-2FymzkUnoHQwRMoP8-2BPDTI2HZDhYq26SPLmXHDsOeYaiuMQhdnSVVwsVDrLWjAOJYeLNjSAapZ2ravON4-2FWY2-2BiXxUiAbrK7cgHLsJ8Ec-2B-2BEtW6daE2dxsPJWxKoYrwc-2Bg-2FzxTx1-2BLpYnVgYycREdt9kMgHZXtWD7Ww8AR7-2FlgJqxSQbeMcSRdbAGCvpoH4T4W0Kaa-2Fu7wEu7ABQc3s-2Fxwy68x5WxfjPKzN8pTsSxzyKtC3WdTMgMZcQHmZXyOcC6N4HhjLTUQtURA9R7lmrElk8FW3cErY-3D&data=04%7C01%7Croldham%40howardcountymd.gov%7C09f772e6f3cc436f0bb308d9e0469725%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637787416055732992%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=piRVW7xoaNCgHr0bUQ7qf8ELNBOQsJhcuUZ7aLqYeoM%3D&reserved=0)

 For information and to apply for a highway safety grant, click [here](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fu7061146.ct.sendgrid.net%2Fls%2Fclick%3Fupn%3D4tNED-2FM8iDZJQyQ53jATUf66bDp2LFrp6WDHXyOIYNbyrbUcKFusGP106AeDUYASETyej6cqb-2BhCxz42LSXMfA-3D-3DoeBN_67u8xq5D5wPLW08jb4dZrATNFF-2BLXzAqGsE1vKPhCmeTUYeQqUIsmqfpi1EtPCeeJPMEMvp7J2tCA-2FymzkUnoHQwRMoP8-2BPDTI2HZDhYq26SPLmXHDsOeYaiuMQhdnSVVwsVDrLWjAOJYeLNjSAapZ2ravON4-2FWY2-2BiXxUiAbrK7cgHLsJ8Ec-2B-2BEtW6daE2dxsPJWxKoYrwc-2Bg-2FzxTx1-2BP0d-2BTmYnMx70Rk4yiQ8cKs78i0M979tOFaUT-2B-2BKdtQrjKDzdr-2F3jlOpOcHQBCMDV2vPOl5mw-2Fg4dfnEWZ-2BVICDy-2FxeV2m67eabsTWdxH6rE51ufw015jGPuBOEi8NUWrkRt-2FucNL2j8aRv3-2FCkAwVI-3D&data=04%7C01%7Croldham%40howardcountymd.gov%7C09f772e6f3cc436f0bb308d9e0469725%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637787416055732992%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=D24o9luvZaT5Xlk9apgKWW195qB7pFX07RtxnATkwLE%3D&reserved=0) or call 410-787-4050.

***6.*  *Title***: **Agency for Healthcare Research and Quality (AHRQ) Conference Grant Programs**

 ***Description:*** This Funding Opportunity Announcement (FOA) is from the Agency for Healthcare

 Research and Quality. AHRQ seeks to support conferences that help to further its mission to produce

 evidence to make health care safer, higher quality, more accessible, equitable and affordable, and to

 work with HHS and other partners to make sure that the evidence is understood and used.

 The application deadline is May 1st, August 1st, and November 1st annually by 5:00 PM local time of

 applicant organization. All applications must be submitted electronically through [Grants.gov](https://grants.nih.gov/grants/guide/url_redirect.htm?id=11128) using

 the SF424 Research and Grant link: <https://grants.nih.gov/grants/guide/pa-files/PA-16-453.html>

 For additional information, please contact Electronic Research Administration at

 <https://era.nih.gov/need-help>

**7. *Title***: **The Maryland State Department of Education (MSDE) seeks public and private non-profit**

 **organizations to serve as meal sites for the Summer Food Service Program**

 ***Description:*** The Summer Food Service Program (SFSP) is a U.S. Department of Agriculture federally-

 funded, state-administered program. The program provides free, nutritious meals to children and

 teens in the summer months when school is not in session.

 The deadline for applying to be a summer meal site is June 15, 2022.

 For more information about the SFSP, please visit [www.eatsmartmaryland.org](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDEsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjAxMjguNTI1MjM0NzEiLCJ1cmwiOiJodHRwczovL3d3dy5tYXJ5bGFuZHB1YmxpY3NjaG9vbHMub3JnL3Byb2dyYW1zL1NjaG9vbGFuZENvbW11bml0eU51dHJpdGlvbi9QYWdlcy9kZWZhdWx0LmFzcHgifQ.SbcpNP_3KMvfi43QnvCRMfrOGm9615Vx4bPSEoUv92U%2Fs%2F865979353%2Fbr%2F125804159335-l&data=04%7C01%7Croldham%40howardcountymd.gov%7C0e6d43805cca43b9e13f08d9e4bea4e3%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637792329734308861%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=1DhtqwHP6a3%2FkMKlW26d%2F0pBYXF7Ie%2F2iaj3qv0509s%3D&reserved=0).

 Interested organizations should contact the Office of School and Community Nutrition Programs at

 410-767-0199.

**UPCOMING VIRTUAL EVENTS, WEBINARS, AND TRAINING**

 ***Events below may not be hosted or provided by HCLHIC. If you have any questions about***

 ***these events, please contact the event organizers directly.***

**HEALTHY BEGINNINGS**

1. ***Title*: Understanding How Educator Bias Impacts Student Mental Health**

 (Registration is required)

 ***Description:*** This webinar will focus on advancing high quality, sustainable school mental health

 from a multi-tiered system of support, trauma sensitive, and culturally responsive and equitable

 lens.

 ***Date/Time:*** Wednesday, February 2, 2022; 3:00 pm - 4:00 pm

 ***Link:*** <https://us02web.zoom.us/webinar/register/WN_H8-d4DQPRSKZx7BsTEvmAw>

1. ***Title*: Compensatory Conversations**

 (Registration is required)

 ***Description:*** During this information session, the speaker will provide a brief overview of the

 process of determining if a child with an IEP requires compensatory education/recovery services for

 special education.

* Monday, February 7, 2022; 7:00 pm - 8:00 pm
* Wednesday, March 9, 2022; 7:00 pm - 8:00 pm
* Wednesday, April 6, 2022; 7:00 pm -8:00 pm

To learn more, click <https://bit.ly/3KNrowJ>

1. ***Title*: Child Nutrition Report Release**

 (Registration is required)

 ***Description:*** In this webinar, participants will hear from the Bipartisan Policy Center’s Food and

 Nutrition Security Task Force and members of Congress as they discuss a series of

 recommendations aimed at strengthening the child nutrition programs.

 ***Date/Time:*** Monday, February 7, 2022; 2:00 pm - 3:15 pm

 ***Link:*** <https://bit.ly/3r8yyUo>

1. ***Title*: The Impact of Cash Support for low-income families on Infant Brain Activity**

 (Registration is required)

 ***Description:*** In this webinar, participants will hear from two researchers behind the study, Sonya

 Troller-Renfree and Greg Duncan, about the impact of monthly cash support for low-income

 mothers on the brain development of their infant children.

 ***Date/Time:*** Wednesday, February 9, 2022; 2:00 pm - 3:00 pm

 ***Link:*** <https://irpwisc.formstack.com/forms/babys_first_years>

1. ***Title*: Bonding Activities: Effective, Practical Relationship-Building Ideas for Families of**

 **Students with ADHD**

 (Registration is required)

 ***Description:*** In this webinar, participants will learn how to work with, not against, the core

 symptoms of ADHD to form a deeper connection with your child or teen; specific techniques,

 phrases, and responses for deepening conversations with your child or teen, and much more.

 ***Date/Time:*** Thursday, February 10, 2022; 1:00 pm - 2:00 pm

 ***Link:*** [https://goto.webcasts.com/starthere.jsp?ei=1516105&tp\_key=8fcd2b16f0](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2FzYML6uXeiYoFrJUTjB9qOg~~%2FAAAAAQA~%2FRgRj08syP0REaHR0cHM6Ly9nb3RvLndlYmNhc3RzLmNvbS9zdGFydGhlcmUuanNwP2VpPTE1MTYxMDUmdHBfa2V5PThmY2QyYjE2ZjBXB3NjaG9vbG1CCmHxspfyYbngpUlSGmtrZXNsZXJAaG93YXJkY291bnR5bWQuZ292WAQAAAAB&data=04%7C01%7Croldham%40howardcountymd.gov%7Cfe0070bf9a2e495bc07208d9e196d70c%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637788860250727027%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=2EV%2B%2FjFCXC1zRhxZnYvUiJfs1pe9bxbdK3F8VgVwY8Y%3D&reserved=0)

 All registrants will receive a link to the live event and a replay link to watch at your convenience.

1. ***Title*: Parent Café**

 (Registration is required)

 ***Description:*** At the Parent Café, parents share ideas that can help them take care of themselves and

 their families and raise strong, happy children.

 ***Date/Time:*** Tuesday, February 15, 2022; 1:00 pm - 2:00 pm

Please RSVP by contacting Ingrid\_kleckner@hcpss.org or 410-294-5914.

 For parents of children birth through five who receive Early Intervention Services.

1. ***Title*: Parenting with Empathy**

 (Registration is required)

 ***Description:*** This webinar will explore empathy and discuss ways to spark empathy in your child

 through everyday interactions.

 ***Date/Time:*** Tuesday, February 15, 2022; 7:00 pm - 8:00 pm

 ***Link:*** <https://bit.ly/3HgJtRI>

1. ***Title*: Friendship Skills for School and Life Success**

 (Registration is required)

 ***Description:*** This webinar will help parents become aware of tools and resources to help your child

 and learn how to help them practice friendship skills.

 ***Date/Time:*** Thursday, February 17, 2022; 7:00 pm - 8:00 pm

 ***Link:*** <https://bit.ly/3Gmg1Z8>

1. ***Title*: Setting Standards for Advanced Primary Care through Medicaid Managed Care:**

 **Considerations for Promoting Equitable Pediatric Care**

 (Registration is required)

 ***Description:*** This webinar will explore how states can develop and promote strong practice-level

 primary care standards within managed care.

 ***Date/Time:*** Tuesday, February 22, 2022; 2:00 pm - 3:00 pm

 ***Link:*** <https://bit.ly/3IZRcUX>

1. ***Title*: Brain Builders: Optimize Your Toddler’s Early Brain Development from Birth to 18**

 **months**

 (Registration is required)

 ***Description:*** In this workshop, parents and caregivers will learn how simple daily interactions and

 activities can be learning moments to support those brain connections.

 ***Date/Time:*** Tuesday, February 22, 2022; 7:00 pm - 8:00 pm

 ***Link:*** <https://bit.ly/3AXGBa3>

1. ***Title*: Communication Skills in Children with Down Syndrome: First Words to First Grade**

 (Registration is required)

 ***Description:*** This presentation will discuss evidence-based practice from pre-language and pre-

 speech skills to the first signed and spoken word to first grade.

* + Tuesday, February 22, 2022; 7:30 pm – 8:30 pm
	+ Thursday, February 24, 2022; 7:30 pm – 8:30 pm

  ***Link:*** <https://bit.ly/3o4OEN6>

1. ***Title*: Supporting transgender and gender diverse (TGD) youth and their families in a setting -**

 **2022 Learning Collaborative Application**

 (Registration is required)

 ***Description:*** This program will engage pediatric primary care providers, mental health providers,

 health center administrators and support staff in establishing welcoming and affirming clinic

 environments. Providers will learn best practices for serving the families of TGD youth, and

 strategies for successfully responding to a variety of family and patient needs and priorities.

 ***Link:*** <https://www.surveymonkey.com/r/3X6WNQ2>

**HEALTHY LIVING**

1. ***Title*: Living Well with Diabetes Class (Virtual)**

(Registration is required)

***Description:*** A 6-week workshop for people who live with or are at risk for diabetes. If you

have Type 2 Diabetes or have been told you are at risk for pre-diabetes, learn

techniques for better managing your health to avoid serious health problems that can

result from having diabetes.

***Date:*** Every Saturday, February 12, 2021 – March 19, 2022; 10:00 am – 12:30 pm

***Link:*** <https://events.hcgh.hopkinsmedicine.org/>

1. ***Title*: Giant Grocery Store Health Classes**

 The Healthy Living Team at Giant grocery store is offering the following health classes:

***Title*: Weight to Go! Series**

(Registration is required)

 ***Description:*** Led by a weight management expert, this six-week program will provide the

 strategies and support you need to manage your weight in a healthy way and make 2022 your best

 year yet.

 ***Date/Time:*** Every Thursday, January 6 – February 10, 2022; 6:00 pm - 7:00 pm

 ***Link:*** <https://www.eventbrite.com/e/weigh-to-go-series-tickets-155834006709>

 ***Title*: Try Something New Fitness**

 (Registration is required)

 ***Description:*** A community fitness partner will lead High-Intensity Interval Training (HITT)

 classes and share new ways to move your body for better health, flexibility, and strength.

 ***Date/Time:*** Every Saturday at 9:00 am from January – March 2022

 ***Link:*** <https://www.eventbrite.com/e/try-something-new-fitness-tickets-195145263737>

 ***Title*: Try Something New Cook-Along**

 (Registration is required)

 ***Description:*** Cook alongside Giant Nutritionist from the Healthy Living Team as

 they make a variety of international dishes over multiple days.

 ***Link:*** <https://giantfood.com/pages/cook-alongs>

 ***Title*: Spanish Nutrition Class**

 (Registration is required)

 ***Description:*** Únase a su nutricionista de Giant para una charla por la red desde su móvil o

 computadora.

* + Wednesday, February 2, 2022; 6:00 pm - 7:00 pm
	+ Wednesday, February 9, 2022; 6:00 pm - 7:00 pm

 ***Link:*** <https://www.eventbrite.com/e/clases-de-nutricion-en-espanol-tickets-112514423670>

 ***Title*: Eating for Heart Health**

 (Registration is required)

 ***Description:*** Participants will learn how to eat for your heart, manage cholesterol and hypertension,

 and improve your numbers (and your health) over multiple days.

 ***Link:*** <https://www.eventbrite.com/e/eating-for-heart-health-tickets-237471913887>

 ***Title*: Healthy Living Made Easy**

 (Registration is required)

 ***Description:*** This class will provide simple tips you can use right now to start moving towards your

 personal wellness goals over multiple days.

 ***Link:*** <https://www.eventbrite.com/e/healthy-living-made-easy-tickets-169170767319>

 ***Title*: Eating for Prediabetes and Diabetes**

 (Registration is required)

 ***Description:*** Participants will learn practical ways to keep your blood sugar in check by managing

 carb and protein intake over multiple days.

 ***Link:*** <https://www.eventbrite.com/e/eating-for-prediabetes-and-diabetes-tickets-169166153519>

 ***Title*: Stretching Your SNAP Dollars**

 (Registration is required)

 ***Description:*** Eating healthy on a budget is all about planning and knowing how to maximize those

 pantry staples. Let us show you our best tricks and food picks over multiple days.

 ***Link:*** <https://www.eventbrite.com/e/stretching-your-snap-dollars-tickets-246806935187>

 ***Title*: Mindful Eating**

 (Registration is required)

 ***Description:*** This class will provide tips and tricks to help you become more aware of how your

 environment influences your eating habits. This session is not about what to eat — it’s about how to

 eat.

* + Thursday, February 3, 2022; 12:00 pm - 1:00 pm
	+ Friday, February 25, 2022; 12:00 pm - 1:00 pm

 ***Link:*** <https://www.eventbrite.com/e/mindful-eating-tickets-237477410327>

 ***Title*: Virtual Store Tour**

 (Registration is required)

 ***Description:*** This virtual store tour will go through each section of the store to identify items that

 can be included in a healthy, balanced diet.

 ***Date/Time:*** Thursday, February 17, 2022; 12:00 pm - 1:00 pm

 ***Link:*** <https://www.eventbrite.com/e/virtual-store-tour-tickets-237484942857>

 ***Title*: Meal Planning to Fit Your Budget**

 (Registration is required)

 ***Description:*** Participants will learn how to stretch your dollars to provide nutritious and delicious

 meals on a budget.

 ***Date/Time:*** Tuesday, February 22, 2022; 1:00 pm - 2:00 pm

 ***Link:*** [https://www.eventbrite.com/e/family-meal-planning-to-fit-your-budget-tickets-](https://www.eventbrite.com/e/family-meal-planning-to-fit-your-budget-tickets-237482134457) 237482134457

To learn more about the Healthy Living Team at Giant, please visit [giantfood.com/nutrition](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fgiantfood.com%2Fpages%2Fhealth-and-wellness&data=04%7C01%7Croldham%40howardcountymd.gov%7C77806dadd73a4c59ff9608d9d119ae00%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637770730505678417%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=C4fUKFhKQwKf%2B%2FNoJyWa%2Fa%2FP25XETUtO4bZGTrGkx28%3D&reserved=0).

 If you have any questions, please feel free to email Melanie Berdyck at

 Melanie.Berdyck@giantfood.com or call her at 301-341-4222.

1. ***Title*: Mid Atlantic Latino Vaccine Equity Coalition (MALVEC) Training Series**

 (Registration is required)

 ***Description:*** Mid Atlantic Latino Vaccine Equity Coalition (MALVEC) will host this six-month long

 training series for health promoters/ambassadors/workers in **Spanish**. In this training course,

 participants will learn practical tools to enhance their work, and collectively define and expand

 concepts and tools for boots on the ground.

 ***Date/Time:*** Every last Thursday of the month from January - June 2022; 9:30 am - 11:00 am

 For more information, please contact Laura Gutierrez lgutierrez@annapolis.gov

 Telephone: (410) 263-7997 ext. 6810; Cell: (410) 562-9795
 ***Link:*** <https://bit.ly/33JpVXS> [Passcode: 041960](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fus02web.zoom.us%2Fj%2F83870534990%3Fpwd%3DOS9nYUhhYlR3bGN0aWRIVHZRN0N0dz09%2520Meeting%2520ID%3A%2520838%25207053%25204990%2520Passcode%3A%2520041960&data=04%7C01%7Croldham%40howardcountymd.gov%7C17cdf2c90d9f4e689ac508d9e04521f7%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637787409790865611%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=I0rH6FxVqJKPOP%2BXrgG%2FMeTDLYOM7ud7aH4YWds2uVM%3D&reserved=0)

1. ***Title*: Maryland Statewide Transit Plan Seeking Public Comment**

 (Registration is required)

 ***Description:*** The MDOT MTA will discuss the draft of the Statewide Transit Plan designed to provide

 a roadmap for a comprehensive, connected transit system for current riders and for future

 generations in Maryland.

 ***Date/Time:*** Wednesday, February 2, 2022; 12:00 pm - 1:00 pm

 ***Link:*** <https://register.gotowebinar.com/register/3612510744572831758>

1. ***Title*: Introduction to Resource Management in Health Organizations and Nonprofits**

 (Registration is required)

 ***Description:*** This webinar series will examine the various aspects of resource management in health

 care, health organizations and nonprofits.

 ***Date/Time:*** Wednesday, February 2, 2022; 12:00 pm - 1:30 pm

 ***Link:*** <https://www.nephtc.org/enrol/index.php?id=262>

1. ***Title*: Prevention and the COVID-19 Pandemic Webinar and Learning Lab Series**

 (Registration is required)

 ***Description:*** This two-part webinar series will review the full scope of known impacts of the

 pandemic on the prevention field and substance use landscape.

 ***Date/Time:*** Wednesday, February 2, 2022; 1:00 pm - 2:30 pm

 ***Link:*** <https://bit.ly/3IxQ7Dw>

1. ***Title*: Helping Individuals Experiencing Homelessness Obtain Identification Documents**

 (Registration is required)

 ***Description:*** In this webinar, participants will learn about the Helping Individuals Experiencing

 Homelessness Obtain Identification Documents toolkit, which highlights practical tips designed to

 help providers assist program participants with reclaiming identification documents.

 ***Date/Time:*** Wednesday, February 2, 2022; 2:00 pm - 3:00 pm

 ***Link:*** <https://bit.ly/32sBzpa>

1. ***Title*: Health Equity Webinar Series: Alcohol Use Disorders and Treatment in African Americans**

 (Registration is required)

 ***Description:*** The webinar will discuss elements of the diagnosis of alcohol use disorder along with

 treatment modalities emphasizing Medication-Assisted Treatment (MAT).

 ***Date/Time:*** Thursday, February 3, 2022; 11:30 am – 12:30 pm

 ***Link:*** <https://us06web.zoom.us/meeting/register/tZAtc-mhqTwuEtMnh0k4-BbgWappwtYAPevy>

1. ***Title*: Managing Compassion Fatigue with Non-Patient Facing Health Care workers**

 (Registration is required)

 ***Description:*** The webinar will discuss how compassion fatigue affects healthcare workers,

 determining signs and symptoms and providing management and self-care tools to help negate and

 avoid reoccurrence of severe fatigue.

 ***Date/Time:*** Thursday, February 3, 2022; 3:00 pm – 4:00 pm

 ***Link:*** <https://bit.ly/3u4nnyg>

1. ***Title*: Afghan Summit**

 (Registration is required)

 ***Description:*** At this webinar hosted by the Afghan Alliance of Maryland, attendees will get an

 introduction to inclusion and Afghan cultural competency, alongside hearing about current and

 future needs of recent arrived Afghans in Maryland.

 ***Date/Time:*** Sunday, February 6, 2022; 2:00 pm - 3:00 pm

 ***Link:*** <https://give.beluminus.org/event/afghan-summit/e383675>

1. ***Title*: Maryland Community Health Worker Program (CHW) Certificate Renewal Application**

 **Webinars**

 (Registration is required)

 ***Description:*** At these webinars, the requirements and application process for certified community

 health workers (CCHWs) to renew their CCHW certificate will be discussed. There will be a Q&A

 opportunity so attendees can get answers to questions about the renewal process.

 ***Link:*** <https://bit.ly/3L47YUm>

1. ***Title*: Expectations Matter: My Life My Choice**

 (Registration is required)

 ***Description:*** This webinar is a person-centered planning training for Marylanders with

 Developmental Disabilities and Family Members. This training is specifically and solely offered to

 people with developmental disabilities and family members. All people with all support needs are

 invited to learn.

* + Wednesday, February 9, 2022 from 12:30 pm - 2:30 pm

[https://tinyurl.com/ExpectationsFeb9](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2FfaRdj5Wi5T_UsQoKcDiJQg~~%2FAAAAAQA~%2FRgRjzDHVP0RNaHR0cHM6Ly91czAyd2ViLnpvb20udXMvbWVldGluZy9yZWdpc3Rlci90WkFrY2UtcXFqOHVIOUUxX3RXaV9yeThiZWZFVGc4eUFrWlJXB3NjaG9vbG1CCmHlVf7qYfWNLhRSGmtrZXNsZXJAaG93YXJkY291bnR5bWQuZ292WAQAAAAB&data=04%7C01%7Croldham%40howardcountymd.gov%7C0325df3ab8cb4a76662408d9df78a583%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637786531541749046%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=zYbuCQwb9LqZMQO9GczSMgPRC%2Ffjbt75EGo4A2QlCno%3D&reserved=0)

* + Thursday, February 17, 2022 from 6:30 pm - 7:30 pm

[https://tinyurl.com/ExpectationsFeb17](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2F6bDkUoLrnW45eQHDDdzdOA~~%2FAAAAAQA~%2FRgRjzDHVP0RNaHR0cHM6Ly91czAyd2ViLnpvb20udXMvbWVldGluZy9yZWdpc3Rlci90WllzZi1xdXJ6NHVHdEI0dVRWRE9Ba2RNdWY1ZUZ1cW13UlNXB3NjaG9vbG1CCmHlVf7qYfWNLhRSGmtrZXNsZXJAaG93YXJkY291bnR5bWQuZ292WAQAAAAB&data=04%7C01%7Croldham%40howardcountymd.gov%7C0325df3ab8cb4a76662408d9df78a583%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637786531541749046%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=L0OLHJBYUsBEvOpnmdGfZD1zbOBG3bGp4jlMsr02ROo%3D&reserved=0)

* + Tuesday, March 1, 2022 from 12:00 pm - 2:00 pm

[https://tinyurl.com/ExpectationsMar1](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2F6787g23nQeQEUQPN7Ft3Ng~~%2FAAAAAQA~%2FRgRjzDHVP0RNaHR0cHM6Ly91czAyd2ViLnpvb20udXMvbWVldGluZy9yZWdpc3Rlci90Wk1wZHUtZ3Bqc3NFdE52TnZCdW81bDh4T0F6V01tOW83eExXB3NjaG9vbG1CCmHlVf7qYfWNLhRSGmtrZXNsZXJAaG93YXJkY291bnR5bWQuZ292WAQAAAAB&data=04%7C01%7Croldham%40howardcountymd.gov%7C0325df3ab8cb4a76662408d9df78a583%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637786531541749046%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=bVD0OPbMTb7hAuQHSnGySUzlFVgqzaY4%2BkxT6VK6v54%3D&reserved=0)

* + Wednesday, March 9, 2022 from 12:00 pm - 1:00 pm

[https://tinyurl.com/ExpectationsMarch9](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2FEuyQ4mN_9seXNbIOD_Bdhw~~%2FAAAAAQA~%2FRgRjzDHVP0RNaHR0cHM6Ly91czAyd2ViLnpvb20udXMvbWVldGluZy9yZWdpc3Rlci90WjB0Zi1DdnF6d3NHZFRLRy11NXNBREZUY0JESzk4YjVGdmpXB3NjaG9vbG1CCmHlVf7qYfWNLhRSGmtrZXNsZXJAaG93YXJkY291bnR5bWQuZ292WAQAAAAB&data=04%7C01%7Croldham%40howardcountymd.gov%7C0325df3ab8cb4a76662408d9df78a583%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637786531541749046%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=7fxSgXFvwSuDzQITAim2YqT7Zec6MbcauBcdGKhRWcw%3D&reserved=0)

1. ***Title*: Public Health Advocacy, Demystified Series**

 (Registration is required)

 ***Description:*** Eli Briggs, Founder and Principal of Briggs Strategic Advocacy, will provide a two-part

 webinar series to help public health professionals learn how to communicate effectively to advance

 policy and advocacy goals.

* + Thursday, February 10, 2022; 12:00 pm - 1:00 pm
	+ Thursday, February 24, 2022; 12:00 pm - 1:00 pm

 ***Link:*** <https://www.mitrainingcenter.org/courses/pha1w0222ce>

1. ***Title*: Human** **Rights Campaign Foundation's Time to Thrive Conference**

 (Registration is required)

 ***Description:*** This annual national conference will promote safety, inclusion, and well-being for

 LGBTQ youth...everywhere! Attendees will have the opportunity to build awareness and cultural

 competency, learn current and emerging best practices, and gather resources from leading experts

 and national organizations in the field.

 ***Date/Time:*** February 9-10, 2022

 ***Link:*** <https://timetothrive.org/registration>

1. ***Title*: Strengthening the Public Health Workforce for the Next Generation**

 (Registration is required)

 ***Description:*** In this webinar, presenters will discuss the national initiative called Staffing Up, which

 determined workforce levels needed to serve public health services to the nation, including how

 health departments can use this work to advocate for additional staffing.

 ***Date/Time:*** Thursday, February 10, 2022; 1:00 pm - 2:00 pm

 ***Link:*** <https://us02web.zoom.us/webinar/register/WN_13Ps2uMfRguIhbhOPC53pA>

1. ***Title*: Using Health System and Provider Culture Change to Address the Impact of Racism and**

 **Bias on Patient Outcomes**

(Registration is required)

 ***Description:*** In this webinar, panelists will explore anti-racist practices and trauma-informed

 approaches to influencing health care system and provider culture to address racism and racial

 health disparities, with a focus on cancer care.

  ***Date/Time:*** Thursday, February 10, 2022; 3:00 pm - 4:00 pm

 ***Link:*** <https://bit.ly/3L1KU99>

1. ***Title:* Hands Only CPR Class**

 (Registration is required)

 ***Description:*** In this training, participants will learn how to take simple steps to keep the

 injured person alive until appropriate medical care is available.

Virtual

* + Friday, February 11, 2022; 7:00 pm – 8:00 pm <https://bit.ly/32mq3LF>

 **Adult, Child, Infant CPR Class**

Virtual

* + Wednesday, February 16, 2022; 7:00 pm – 9:00 pm <https://bit.ly/3Fld0sn>

In-person

* + Thursday, February 17, 2022; 6:00 pm – 8:00 pm at the James N. Robey Public Safety Training Center (2200 Scott Wheeler Dr, Marriottsville, MD 21104)

 To sign up for the CPR classes, please email: handsonlycpr@hcdfrs.org

1. ***Title*: Virtual Sleep Enhancement Group**

 (Registration is required)

 ***Description:*** This 4-session workshop is for people experiencing issues with sleeping.

Please contact the Stephen A. Cohen Military Family Clinic at Easterseals at 240-847-7500 or

 info.mfc@eseal.org to register.

* + Friday, February 11, 2022; 12:00 pm – 1:00 pm
	+ Friday, February 18, 2022; 12:00 pm – 1:00 pm

 ***Link:*** <https://bit.ly/3ysJP4j>

1. ***Title*: Addressing Picky and Disordered Eating in Young Children within Primary Care**

 (Registration is required)

 ***Description:*** In this webinar, participants will learn about clinical features of picky eating and eating

 disorders in younger children, as well as gain knowledge of avoidant restrictive food intake disorder

 (ARFID).

 ***Date/Time:*** Monday, February 14, 2022; 12:30 pm - 1:30 pm

 ***Link:*** <https://bit.ly/3rPrrzG>

1. ***Title*: How Good Food Works from Seed to Plate - A Discussion with the Authors**

 (Registration is required)

 ***Description:*** At this webinar, authors Laura S. Moore and Dr. Wesley McWhorter will talk about the

 challenges of healthy eating and how flavor plays such a major role in changing the way people eat.

 ***Date/Time:*** Tuesday, February 15, 2022; 12:00 pm - 1:00 pm

 ***Link:*** <https://register.gotowebinar.com/register/9110304178035225101>

1. ***Title*: Tobacco Awareness Program for Teens (TAPFT)**

 (Registration is required)

 ***Description:*** The Howard County Health Department’s *Tobacco Awareness Program*

 *Teens* (TAPFT) is a 90-minute tobacco/vaping education class designed for middle and high

 schoolers aged 13-18 years old. The class will be offered monthly virtually.

* + Wednesday, February 16, 2022; 3:30 pm – 5:00 pm (WebEx)
	+ Wednesday, March 16, 2022; 3:30 pm – 5:00 pm (WebEx)

Parents/Guardians can complete the enrollment form below for their teen.

 [FY22 TAFPT Enrollment Form (English)](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fdocs.google.com%2Fforms%2Fd%2F1IpxdSNWUkNONg8OB0AW9d5HdVetEqgPljt7Mf7ZVz6E%2Fviewform%3Fedit_requested%3Dtrue&data=04%7C01%7Croldham%40howardcountymd.gov%7C5d4dcd343c9e470aa75b08d9841726e1%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637686057244543819%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=edK6LcHkyzwWXp6WZNezkoT12G5rTjnccUX%2BCEccHPI%3D&reserved=0)

 [FY22 TAPFT Enrollment Form (Spanish)](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fdocs.google.com%2Fforms%2Fd%2Fe%2F1FAIpQLSe9FE_Kyyg73K4BQH1J3tPceyniD_Xk4Io-T_PsBZvJRmcJiw%2Fviewform%3Fvc%3D0%26c%3D0%26w%3D1%26flr%3D0&data=04%7C01%7Croldham%40howardcountymd.gov%7C5d4dcd343c9e470aa75b08d9841726e1%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637686057244553774%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=JaxR1NHqkdOwOaZGhDkLLOGqRKOz3ijX9Z%2Bhu0wQ5Vk%3D&reserved=0)

 If you have questions, please contact Rodney Oldham at roldham@howardcountymd.gov

1. ***Title*: MDOT to host an online grans webinar for pedestrian, bicycle, and transit projects**

 (Registration is required)

 ***Description:*** This webinar will provide an overview of the Maryland Department of Transportation

 (MDOT) grants available for FY2023 including Transportation Alternatives, Safe Routes to School,

 Recreational Trails, MDOT Kim Lamphier Bikeways Network, and Highway Safety Programs.

 ***Date/Time:*** Wednesday, February 16, 2022; 10:00 am - 12:00 pm

 ***Link:*** <https://register.gotowebinar.com/register/7033585098555540494>

1. ***Title*: Leveraging Payment Reforms to Transform and Expand Home-Based Care for**

 **People with Complex Health Needs**

 (Registration is required)

 ***Description:*** This meeting will discuss key policy opportunities to increase home-based care at both

 the federal and state level and consider pathways to utilize value-based payment models to further

 expand access to home-based care services.

 ***Date/Time:*** Thursday, February 17, 2022; 1:00 pm - 3:00 pm

 ***Link:*** <https://conta.cc/3rZK0B4>

1. ***Title*: The Black Butterfly**

 (Registration is required)

 ***Description:*** Come hear author Dr. Lawrence Brown as he discusses the connection between race,

 housing and policy all connect to current health disparities in Baltimore City.

 Please chose from the options below to register:

* Option 1 is [Thursday, February 17th at 12pm](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.eventbrite.com%2Fe%2Fdr-lawrence-brown-lecture-option-1-tickets-255378633367&data=04%7C01%7Croldham%40howardcountymd.gov%7Ce0e46291504241b598d608d9e5bcff59%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637793422184005206%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=XzK%2FtUlb2OLqnZX8spfmcCuHtUW93pHf%2FDNZD0fSbhA%3D&reserved=0)
* Option 2 is [Friday, February 18th at 3pm](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.eventbrite.com%2Fe%2Fdr-lawrence-brown-lecture-option-2-tickets-255396125687&data=04%7C01%7Croldham%40howardcountymd.gov%7Ce0e46291504241b598d608d9e5bcff59%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637793422184005206%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=f4S3zc%2FGH0NCTAE0d0CuoQrnBkJAvEiRVjzEfgng2JQ%3D&reserved=0)
1. ***Title*: Racism & Health Virtual Symposium**

 (Registration is required)

 ***Description:*** In this webinar, panels of distinguished authors and experts will present their work and

 engage in discussions on the historical context, evolving research practices and policies, and

 the lived experience of populations whose health has been harmed by individual and structural

 racism.

 ***Date/Time:*** Tuesday, February 8, 2022; 2:00 pm - 5:00 pm

 ***Link:*** <https://healthaffairs.activehosted.com/f/115>

1. ***Title*: Guide to Prepare and Submit Government Grants**

 (Registration is required)

 ***Description:*** The Association of Community Services is doing a "How to" Guide to Prepare and

 Submit Government Grants webinar.

 ***Date/Time:*** Thursday, February 17, 2022; 1:30 pm - 3:30 pm

 ***Link:*** <https://sforce.co/3L4YV5C>

1. ***Title*: Innovation Approaches to Tackle Public Health and Community Challenges: Journey**

 **Mapping**

 (Registration is required)

 ***Description:*** In this 3-part webinar, participants will learn tools and approaches for tackling

 large-scale community challenges, from maternal health to opioid overdoses.

 ***Date/Time:*** Wednesday, February 23, 2022; 12:00 pm - 1:30 pm

 ***Link:*** <https://bit.ly/3HgFVz5>

1. ***Title*: The Impact of Direct Cash Transfers on Medicaid Eligibility**

(Registration is required)

 ***Description:*** In this webinar, panelists will hear from Center for Health Care Strategies senior

 program officers, Liz Buck, MPA and Stefanie Arbutina, MPP, MSW, as she discusses the impact of

 direct cash transfers on Medicaid eligibility, young people’s access to health care resources, and

 considerations for populations at risk.

  ***Date/Time:*** Thursday, February 24, 2022; 2:00 pm - 3:00 pm

 ***Link:*** <https://bit.ly/3o5NdxY>

1. ***Title*: Guiding the Journey: Preparing for Life after High School for Students with Disabilities**

 (Registration is required)

 ***Description:*** This training will help parents of youth age 14 and older plan for the transition from

 school to adult life for their young adult with a disability. The training includes Charting the

 LifeCourse Tools to help you navigate the transition process.

 To apply please visit [https://www.surveymonkey.com/r/GTJAppSpring2022](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2FcsMKUuZW0VU8Ba9KCEEHcg~~%2FAAAAAQA~%2FRgRj08syP0QvaHR0cHM6Ly93d3cuc3VydmV5bW9ua2V5LmNvbS9yL0dUSkFwcFNwcmluZzIwMjJXB3NjaG9vbG1CCmHxspfyYbngpUlSGmtrZXNsZXJAaG93YXJkY291bnR5bWQuZ292WAQAAAAB&data=04%7C01%7Croldham%40howardcountymd.gov%7Cfe0070bf9a2e495bc07208d9e196d70c%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637788860250727027%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=ntenbJ3ZUl9jDOhAzYsBEaAhvAOAKdOFQ2n2ShM4Lkk%3D&reserved=0)

1. ***Title*: Social Bonds as a Pooled Financing Mechanism to Address Social Drivers of Health**

 **Equity**

 (Registration is required)

 ***Description:*** This webinar will introduce a new S4A study investigating whether a novel type of

 social bond can pool resources across multiple competing health plans and create stable, long-term

 financing for interventions that address social determinants of health.

 ***Date/Time:*** Thursday, March 10, 2022; 12:00 pm - 1:00 pm

 ***Link:*** <https://ucdenver.zoom.us/webinar/register/WN_SZX3by2hSZyzsZncUoDi0w>

1. ***Title*: Innovation in Electronic Health Records for Oncology Care, Research, and Surveillance**

 (Registration is required)

 ***Description:*** This public workshop will examine opportunities to improve patient care and

 outcomes through collaborations to enhance innovation in the development,

 implementation, and use of electronic health records (EHRs) in oncology care, research, and

 surveillance.

 ***Date:*** February 28th and March 1st; 12:00 pm - 1:00 pm

 ***Link:*** <https://bit.ly/35Hnh5s>

**HEALTHY MINDS**

1. ***Title*: BHA/MedChi Behavioral Health Webinar Series: Helping the Helpers and Those**

 **They Serve**

 (Registration is required)

 ***Description:*** This is a webinar series between the Maryland Department of Health (MDH)

 Behavioral Health Administration (BHA) and MedChi. These webinars are designed to

 enhance both health care worker self-care and resultantly the care they provide.

* February 10: Nurture Your Well-being: A Roadmap for Resilience. Register at: <https://us02web.zoom.us/webinar/register/WN_VS_H3CtnSLGmlgEMVMCwqQ>
* February 24: Reflections on Emotional Health and Stigma for Health Care Workers. Register at: <https://us02web.zoom.us/webinar/register/WN_NSvmm7_HTuC_hqhmiQbW2w>
* March 24: Sleep Better by Dealing with Rumination. Register at: <https://us02web.zoom.us/webinar/register/WN_amtSki2QRviMPhyTuHzOUw>
1. ***Title*: Opioid Overdose Response Training**

(Registration is required)

***Description:*** The Howard County Health Department is offering a **FREE** Opioid Overdose Response Program monthly virtual trainings**.** Participants will learnwhat opioids are; the impact of the opioid epidemic on public health; signs of an overdose;how to respond to an opioid overdose and how to administer Naloxone.

* + [Thursday, February 24, 2022: 3:00 – 4:00 pm](https://howardcountymd.webex.com/mw3300/mywebex/default.do?nomenu=true&siteurl=howardcountymd&service=6&rnd=0.4770252635439999&main_url=https%3A%2F%2Fhowardcountymd.webex.com%2Fec3300%2Feventcenter%2Fevent%2FeventAction.do%3FtheAction%3Ddetail%26%26%26EMK%3D4832534b0000000542998e013305ff4a491ed07d70b79c8dfaa37d10e9b81c4713dca1585cffc074%26siteurl%3Dhowardcountymd%26confViewID%3D204100608949494722%26encryptTicket%3DSDJTSwAAAAVOj55A7VldNwshg6oJyFDmWbTNr718mswoEa94JNXORw2%26)

Click on the date above to register or call the **Bureau of Behavioral Health at 410-313-6202** or email orpresponse@howardcountymd.gov for more information.

1. ***Title*: Co-Occurring Disorders**

 (Registration is required)

 ***Description:*** This webinar offers opportunities for clinicians to discuss common psychiatric

 disorders or issues that our patients tend to experience along with their addiction.

 ***Date/Time:*** Wednesday, February 2, 2022; 9:00 am - 11:00 am

 ***Link:*** <https://bit.ly/3ofnaV7>

1. ***Title*: Small Talks: Adverse Drug Events (ADEs) - Take 2**

 (Registration is required)

 ***Date/Time:*** Wednesday, February 2, 2022; 12:00 pm - 1:00 pm

 ***Link:*** <https://bit.ly/34gSETK>

1. ***Title*: Mental Health and Our Changing Climate**

 (Registration is required)

 ***Description:*** This webinar will feature a special report briefing for local health departments that will

 cover the major findings of this report from the authors and to preview the action steps for

 communities, individuals, practitioners, health departments, and policymakers.

 ***Date/Time:*** Wednesday, February 2, 2022; 4:00 pm - 5:00 pm

 ***Link:*** <https://zoom.us/webinar/register/WN_LA3eS_-MSdCWSFoVb5vmUQ>

1. ***Title*: Navigating Suicide Prevention**

 (Registration is required)

 ***Description:*** This virtual conference will focus on practical strategies for what we can be doing in

 our schools, workplaces, healthcare, and behavioral health settings to directly address and

 positively influence a safer, more resilient future.

 ***Date/Time:*** Thursday, February 3, 2022; 9:00 am - 4:00 pm

 ***Link:*** <https://learn.mindwise.org/conference>

1. ***Title*: CARE Cohort Coaching- Crisis Now: Mobile Crisis Outreach Teams**

 (Registration is required)

 ***Description:*** Jamie Sellar MA, LPC will discuss elements of SAMSHA’s National Guidelines for

 Behavioral Health Crisis Care (2020) in relation to Mobile Crisis Outreach Teams and factors

 related to implementing the guidelines at the local, county-level across California.

 ***Date/Time:*** Every Thursday from February 3 – March 24, 2022; 3:00 pm – 4:00 pm

 ***Link:*** <https://us06web.zoom.us/meeting/register/tZ0vcO2prTMiE9STgCmginHLb_djPacohY_E>

1. ***Title*: The Exhaustion Epidemic: Examining the Covid-19 Burnout Crisis in Health Care**

 (Registration is required)

 ***Description:*** In this webinar, panelist will discuss the emotional burden health care workers are

 facing and uncover the solutions needed to support and retain them.

 ***Date/Time:*** Monday, February 7, 2022; 1:00 pm - 2:00 pm

 ***Link:*** <https://bit.ly/3GdFaoX>

1. ***Title*: Maryland State Capitol Day**

 (Registration is required)

 ***Description:*** In this webinar, participants will learn more about American Foundation for

 Suicide Prevention (AFSP) advocacy priorities in Maryland.

 ***Date/Time:*** Monday, February 7, 2022; 6:30 pm - 8:00 pm

 ***Link:*** [https://md-stateday-2022.attendease.com](https://md-stateday-2022.attendease.com/)

1. ***Title*: Anti-Stigma and Anti-Racism: Practices in Opioid Prescribing**

 (Registration is required)

 ***Description:*** This live, virtual training will discuss stigma and racism associated with opioid

 Prescription.

 ***Date/Time:*** Wednesday, February 9, 2022; 1:00 pm - 2:30 pm

 ***Link:*** <https://aacounty.zoom.us/webinar/register/WN_hJiN6-inRDacSj2j6fR4kQ>

1. ***Title*: An Introduction to Harm Reduction: Concepts, Evidence, Actions**

 (Registration is required)

 ***Description:*** This training will provide an introduction to harm reduction and the ways in which it

 can benefit people who use drugs and their communities.

 ***Date/Time:*** Thursday, February 10, 2022; 9:00 am - 10:00 am

 ***Link:*** <https://bit.ly/3Gk0id2>

1. ***Title*: Effective, Practical Relationship Building Ideas for Families of Students with ADHD**

 (Registration is required)

 ***Description:*** Learn how to identify when the three core [symptoms of ADHD](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001z0oCrBWn5XCZze2yMuIgHWf0Rj2pHElBVZtR4gXpHdiZQfM527JflGIm6Su8RWtdInmMn8y-brhhCyIMSSkHnnAl_6JPmFqrVLxIyffOsrOfLgLLwpqq2iSJCTJu21DrHKvo-2ZRpIL3UhZ9-kvmwjegNMtNqYVM78C0jGldQ9Afb8z0--7KJjsc4aGHN1s11XkLFl-j7rOk18km1NkcSziyjGZE1_kqPgot1RSP6TSQ5-wogrbQEIrzfirocxSjMpXzstHPn_noEpiXhjKghDgbdQebx-AbORbsKY4sCubxMCrrnAdoN4vRwfZGAik3cxbAD9CQ31NiynOMTrlpkW56gKHT1fYHykONAoZJ0lMpxM43hGUNdTIsAx2VkIHJ_XUbyBaRVKXODkBXgbvvYDllRbArTT9LOXoyeeEgEDZnP5C-u955SR05uM7cEkMYm42gWkRFoP6xaQFxF01SKReyvQUjDg9YFbSUZUoBKgFUzVZ1Go396wqgHM7jyf5w6evjiAppviWH_qlDczBjeGzPkuEYYdzRW7d21cSqoiiTF51DQf8-BucILjLxxSgmkijn7cNihtVmQJpwTCxtmyLzI119V03NWTqja8wxCJR6HdZfNwTt4pb4IVhR6a-Yllsn4Of_5W_ZOJeu0xmxKpxFhHlqM0sQHymeSeUvum5RrI8aPpoM4xSwJjq9ZM2WV1owBqYB4hjfrLMx_CQ1Oh0EZB5yyEBe9oMg7m5xvgxaFcn1BrMRPSiIbYU9HU2b_uHGTKKNmEjT5lgUtIX7-XcikUlocP3X80SJBPT2Y2_ZABBbewuwB2QpXCQO1Wq88aIlS_OoDFJ8b202Xk2vPL2-LUiHYNjlCLhG7SF8-O5Gx2-RwbnEVAztA4AeRw6KycJv807TE22lMuRoXFMLRvt_RCd9NMQyil4n_6p_o74cbSaDWOuyOZ3F6PKIe3hUKlQ5XD80Ach4jPAcah93s_joYyNWe1aFYXDer8vOQZQ%3D%26c%3DnNu3MgZcHsuw6LOBhtk53hCSAMtc4MC_PqwwID2tp_afioo82qcy2g%3D%3D%26ch%3DMCw64vcQ-Lagj_mHnL-LMalZ8FYxwRWNrP6_yW-iL25opd18ChRV8Q%3D%3D&data=04%7C01%7Croldham%40howardcountymd.gov%7Cee636e4f0e0044ce14c808d9e5bccf6a%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637793421375566709%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=vhNE5vlJdBKkrCMPscQ38D0s8GlXB3%2BkGKWttDhSPyU%3D&reserved=0) are affecting the

[parent-child relationship](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001z0oCrBWn5XCZze2yMuIgHWf0Rj2pHElBVZtR4gXpHdiZQfM527JflGIm6Su8RWtd6PQqd3kV15xZLkiqkEjvhzVsLQcm2de6LwnLsHvuan0wWORR7iuoOyZ6wyjbrDfGEs0VNbvduSD4-aLbhxZsP0mFA7Dza5o-Mo5GzXEhoAJqVY7jlbLzEuC6nGFUoXK2XdrqV8PiRC-3t-ElsHeEdTNlPl6pQmCp9Io-mUgCW1CHM_5Vbce0ztKGH7t9yG42VUZlP1C8nTlon2CpCk2zLuLHG8OH6ZjfPZ9zhSd7lPAAP75ULWUG6SRO0fl0H8Aa6_bZ6rVnuhVcF669IRQLo9-KpQzxqEey1-ItqDMl18DHoNkTJA7ErtDAc-417ka-g2nnFRxRqqWuikjE2BFOdU2RzFKlDD8LDlJxp5uh_15BIFjQR-w8OAADw0zDb6xDWKGSKJ9ihFF-ilZjysFUm-6qN_ZGSCoAjT14BO_PAP7-qCfNHmaHU2AUm8rFY0jKr7lE-C2hQDxMOAlgypoSCN4820VW_CUUux1r0pbZZwEJr3ru2RFIcYNM3K4s_lWLqxlj3B78IBAVC_wqMPrsXFZCQ3occ9uLR7k0qt7f9iht8_VU8tGABMzfIax7NJ5ebtZIsiNuTOwIWn59Ckmu0nB4-wNQPiKZ3iLcGtVYmqTL-szgmH-7Afcdb-_Qxs7YtP6twazdvWgQ6pbHMgDAS5PQ4cGcIWLhkrysaQeCS8Xa41T29xPZBj1v2tXi0TZMohItZZc---iW2914gyQ9Mg5SXLfV4wXkhLbxp5nf145hNPMmixfcvb-frIP7jseQFlzwRoqBxVtR68x0Q0y_FibWB_w4_4mHtDIFWdWu8LDZW_ma-EZpI5knu8JWrCh-E5iSy7vvNXbQ10wa1n6CjpOvWE5pi-FwDTF2goOHhtMVqzamcKcCfN8iklnN7tRqh35TXN3iTYbGZBQ2VkAqA7JlAwtYNFSeX4DRefDsYWP18XqvRJ898b8ZeafUZOLlQvlL1wcd0BXIT8JCX9iENYQcnMjIOR8H8wDMmnA4A-8%3D%26c%3DnNu3MgZcHsuw6LOBhtk53hCSAMtc4MC_PqwwID2tp_afioo82qcy2g%3D%3D%26ch%3DMCw64vcQ-Lagj_mHnL-LMalZ8FYxwRWNrP6_yW-iL25opd18ChRV8Q%3D%3D&data=04%7C01%7Croldham%40howardcountymd.gov%7Cee636e4f0e0044ce14c808d9e5bccf6a%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637793421375566709%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=vfcofp14PmpToNlamN%2BmkDaFQBIzxr78tfD0mimANZg%3D&reserved=0) and how to overcome those challenges with relationship-building

 strategies.

 ***Date/Time:*** Thursday, February 10, 2022; 1:00 pm - 2:00 pm

 ***Link:*** <https://goto.webcasts.com/starthere.jsp?ei=1516105&tp_key=8fcd2b16f0>

1. ***Title*: Gaps in Behavioral Health Services for Black and African American LGBTQ+**

 **People**

 (Registration is required)

 ***Description:*** This webinar will discuss what providers can do to fill these gaps. Panelists will share

 their experiences and offer practical tips for behavioral health providers to integrate into their

 practices.

 ***Date/Time:*** Wednesday, February 16, 2022; 3:30 pm - 5:00 pm

 ***Link:*** <https://theinstitute.myabsorb.com/#/signup-form>

1. ***Title*: What Helps What Harms**

 (Registration is required)

 ***Description:*** This peer led focus group session will be led by young adults in Maryland who will

 share lived behavioral health experiences.

 ***Date/Time:*** Wednesday, February 16, 2022; 3:30 pm - 5:00 pm

 ***Link:*** <https://www.eventbrite.com/e/what-helps-what-harms-focus-group-tickets-252281078497>

1. ***Title*: Adjusting Our Leadership During Changing Times**

 (Registration is required)

 ***Description:*** In this webinar, participants will learn how to identify reasons why change is so

 challenging for individuals and groups and identify ways that leaders can spearhead positive change

 efforts, especially during challenging times.

 ***Date/Time:*** Thursday, February 17, 2022; 12:00 pm - 1:00 pm

 ***Link:*** <https://bit.ly/3uhZXVW>

1. ***Title*: Dealing with end of life**

 (Registration is required)

 ***Description:*** In this webinar, participants will learn how to deal with helping individuals and their

 families with how to maximize the quality of life as age, illness, or accident force decisions.

 ***Date/Time:*** Monday, February 21, 2022; 1:00 pm - 3:00 pm

 ***Link:*** <https://bit.ly/3ofIB8m>

1. ***Title*: Providing Culturally Responsive Mental Health Services to Latinx LGBTQ+ Folx**

 (Registration is required)

 ***Description:*** This session will explore the intersectionality of race, ethnicity, sexual orientation, and

 gender identity faced by Latinx LGBTQ+ communities. The presenter will explore Latinx culture

 while examining how LGBTQ+ identities and mental health is perceived within the culture.

 ***Date/Time:*** Tuesday, February 22, 2022; 1:00 pm - 2:00 pm

 ***Link:*** <https://theinstitute.myabsorb.com/#/signup-form>

1. ***Title*: Medication-Assisted Treatment (MAT)**

 (Registration is required)

 ***Description:*** This webinar will discuss the difference between Drug-Free and Medication Assisted

 Treatment and the Vulnerability of an Opioid Overdose, along with an understanding of using

 Medication Assisted Treatment for Alcohol Use Disorder and Opioid Use Disorder.

 ***Date/Time:*** Wednesday, February 23, 2022; 12:00 pm - 1:00 pm

 ***Link:*** <https://bit.ly/32S0rHg>

1. **Innovation Approaches to Tackle Public Health and Community Challenges**

 (Registration is required)

 ***Description:*** This is a three-part webinar series. Participants will learn tools and approaches for

 tackling large-scale community challenges, from maternal health to opioid overdoses.

* + Part Three, February 23, 2022; 12:00 pm – 1:30 pm

 ***Link:*** <https://bit.ly/3dugZqo>

1. ***Title*: Sensory Friendly Sunday at the Robinson Nature Center**

 (Registration is required)

 ***Description:*** These events are designed for families with kids, teens, and adults with sensory-

 processing differences, autism spectrum disorder, or developmental disabilities. Enjoy outdoor,

 self-paced activities including sensory bins and pathways, scavenger hunts and crafts or games.

 If you need assistance, please call 410-313-0400.

 ***Link:*** [tinyurl.com/SFSatRNC](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2F_IY_AiQg-ewEWnFTt62Phw~~%2FAAAAAQA~%2FRgRjzDHVP0RdaHR0cHM6Ly93d3cuaG93YXJkY291bnR5bWQuZ292L3JlY3JlYXRpb24tcGFya3Mvcm9iaW5zb24tbmF0dXJlLWNlbnRlciNzZW5zb3J5LWZyaWVuZGx5LXZpc2l0VwdzY2hvb2xtQgph5VX-6mH1jS4UUhpra2VzbGVyQGhvd2FyZGNvdW50eW1kLmdvdlgEAAAAAQ~~&data=04%7C01%7Croldham%40howardcountymd.gov%7C0325df3ab8cb4a76662408d9df78a583%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637786531541749046%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=HUqJWebF7n5r7wBTF%2FcgS33OblvXoqts9x7znQRMlkM%3D&reserved=0)

**SELF-PACED COURSES AND ON-GOING SUPPORT PROGRAMS**

**HEALTHY LIVING**

1. ***Title*: CHWs: Trusted Communicators in Public Health**

 (Registration is required)

 ***Description:*** In this recorded panel-based webinar, participants will learn about the role of

 CHWs, how they strategically serve their communities, and ways in which CHWs can be

 incorporated w into public health practice.

 ***Link:*** <https://www.mitrainingcenter.org/courses/ctcpw1221ce>

1. ***Title:* Eating Disorders in Gender Diverse Youth: Guidance for Primary Care Provider**

 (Registration is required)

 ***Description:*** In this recorded panel-based webinar, participants will learn how eating disorders may

 present in gender diverse youth and how best to provide care simultaneously for gender dysphoria

 and disordered eating.

 ***Link:*** <https://www.nceedus.org/eating-disorders-in-gender-diverse-youth/>

1. ***Title:* Living Alone and Connected**

 (Registration is required)

 ***Description:*** Living Alone and Connected! (LAAC) is an online community where people can come

 together to share questions, ideas, find curated information to provide support to those living with

 Alzheimer’s disease or another dementia who live in a single person household.

 Feel free to connect to the Facebook group at [Living Alone and Connected](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.e2ma.net%2Fclick%2Fixvttd%2Fea7z2v%2F20r4kp&data=04%7C01%7Croldham%40howardcountymd.gov%7C8b11215e06f84eb37faa08d9dd267bd8%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637783979633021054%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=H7XXNTVXtZe1RPqw2UHTy6iK9j9KrMf7FyWe9JxlKHg%3D&reserved=0)!

#  *Link:* [www.livingaloneandconnected.com](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.e2ma.net%2Fclick%2Fixvttd%2Fea7z2v%2Fits4kp&data=04%7C01%7Croldham%40howardcountymd.gov%7C8b11215e06f84eb37faa08d9dd267bd8%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637783979633021054%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=RuPbEc6cdW8fuO7pwb1PsULmT7Fgxn0VncnaekVaBE8%3D&reserved=0)

1. ***Title:* Live with Talking about Veteran’s Mental Health**

 ***Description:*** Howard Community College Radio discusses some of the complexities of rejoining

 civilian life, the current reality of veterans and mental health, their most common diagnosis, and

 how we can all support veterans in our families and communities.

***Link:*** [https://dragondigitalradio.podbean.com/e/live-with-talking-about-veterans-mental-](https://dragondigitalradio.podbean.com/e/live-with-talking-about-veterans-mental-health/) health/

1. ***Title*: Virtual Anti-Stigma Trainings**

 (Registration is required)

 ***Description:*** These free, interactive virtual workshops are designed to help reduce stigmatized

 behaviors, attitudes, and practices within the behavioral health arena.

 To schedule a workshop or request a consultant, email training@onourownmd.org

1. ***Title*: Region IV Public Health Training Center:**

 (Registration is required)

 ***Description:*** The Public Health Training Center offers competency-based trainings that are guided

 by state-identified needs and focus on primary strategic skills and priority health concerns in the

 southern region of the country

* + February 3: [Data Analytics for Public Health](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001oTHXj5RdxPPcEmdaepBBRGjjKXWUDJLhA7oOVDQvTxD974INyFfMyiUsUvV33p3dL8YyYQih1Qwc-Xr4dpsQY6oh00PEGKAZUL043k1b9jZbVBvzEG8eOVJM4_j-D9bUOZJy3malzUDqWna9thgimR8yEJpo1x84afsk7IzUzFvkzonphr2qqLnpvS1AG8UGV3vCIUxJ28wfXGS8nXh2pqGsqDEXQjKukSNtMz1obzhKS74gPHYaGN2TIg_6-jPl%26c%3Dwe6FAPL3pdAbA2pc_xetpNC08ceXZLIrgWFB-Ngg8iS52vSO9KCssQ%3D%3D%26ch%3DV28oQGnQL4X5b-cINe5al8hJd4-QVl2b8AJEWw6y11qQ53a8WXSc7Q%3D%3D&data=04%7C01%7Croldham%40howardcountymd.gov%7Ceff71eaf4755456fe1a008d9e4c4cfb5%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637792356211379356%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=noKe85VbMsFogF1pHgoVdn%2FbLnDG3WInA7NYOaG0GxE%3D&reserved=0)
	+ February 17: [Developing Your Organization's Most Valuable Resource](https://bit.ly/3s8oGcT)
	+ February 24: [Strengths-based Leadership: Creating Workplaces that Work](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001oTHXj5RdxPPcEmdaepBBRGjjKXWUDJLhA7oOVDQvTxD974INyFfMyiUsUvV33p3d-dIaFdjGU977EYOi8_nFzrXdjqRuf_K771QjPkFbyyDJePq-0b-RbhM4y8judUJKPN0w2E-wU6WuNxTUPylCaJ8MdOHjcnYjfkJpjrR409OeGMKvIl4VmzP2kzVsEL534CbDTeTnGGlkB-DEAqVmME_fmt-XhgixESWPvNWicH7jb5fyjE27kgSwD3n2DKbusrqWhyz7NtzNGLxtkxReqNvB3KJHEnsC%26c%3Dwe6FAPL3pdAbA2pc_xetpNC08ceXZLIrgWFB-Ngg8iS52vSO9KCssQ%3D%3D%26ch%3DV28oQGnQL4X5b-cINe5al8hJd4-QVl2b8AJEWw6y11qQ53a8WXSc7Q%3D%3D&data=04%7C01%7Croldham%40howardcountymd.gov%7Ceff71eaf4755456fe1a008d9e4c4cfb5%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637792356211379356%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=MME%2BPjpthQJuSN3h4bgi%2F20TSxLv41sIDvJlwkVXinM%3D&reserved=0)
1. ***Title*: Region V Public Health Training Center**

 (Registration is required)

 ***Description:*** Two new resources have been added to Region V Public Health Training Center

 website ([Community Health Workers](https://www.rvphtc.org/resources/chw-resource-guide/?utm_source=em&utm_medium=not&utm_campaign=gen&utm_content=chw-resource-guide) and Staff Appreciation

1. ***Title*: Giant Foods Heart Health**
* [Healthy Living by Giant Podcast episodes](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fnutritionmadeeasy.libsyn.com%2Fwebsite%2Fheart-health-1-managing-your-cholesterol&data=04%7C01%7Croldham%40howardcountymd.gov%7C3c77c2dccf704082126408d9e1968cdb%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637788859038453621%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=EZGX83wOpkn2VlyUDdZpsXj86BPrthD3Du3iGKU1l9E%3D&reserved=0):
	+ [Heart Health 1: Managing Your Blood Pressure](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fnutritionmadeeasy.libsyn.com%2Fwebsite%2Fheart-health-1-managing-your-blood-pressure&data=04%7C01%7Croldham%40howardcountymd.gov%7C3c77c2dccf704082126408d9e1968cdb%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637788859038609936%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=uSrcsMCJY%2BlzG0lLFk6HJl4AdQANfTCcyj0LX1HZaXE%3D&reserved=0)
	+ [Heart Health 2: Managing Your Cholesterol](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fnutritionmadeeasy.libsyn.com%2Fwebsite%2Fheart-health-1-managing-your-cholesterol&data=04%7C01%7Croldham%40howardcountymd.gov%7C3c77c2dccf704082126408d9e1968cdb%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637788859038609936%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=9DCTtoiKG8wBgffvACQbEq9x5%2Fzh6pBlHD0VKrGQ2V8%3D&reserved=0)
* Handouts: [All About Seasonings](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fi5.peapod.com%2Fc%2Fpdfs%2FGF_All_About%2520_Seasoning.pdf&data=04%7C01%7Croldham%40howardcountymd.gov%7C3c77c2dccf704082126408d9e1968cdb%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637788859038609936%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=Zh91to7capiJ07hn%2BkAdrOhYaedbV%2BSnKrriD6FG7PQ%3D&reserved=0), [Eating for Heart Health](https://attachments.office.net/owa/roldham%40howardcountymd.gov/pdfprint.aspx?id=AAMkAGQ1MzM2ZWUzLTFlYzAtNDVlYi04MGE1LWQ3ODY0YzdkYmExOABGAAAAAABE9UqboqWMSI4nCpnJtH4hBwAQbkrP1f6WTqhaud9ZIPwHAAAAAAEJAAAQbkrP1f6WTqhaud9ZIPwHAAIS9RjZAAABEgAQAI2yb%2B25UfdErGOM0hj4l8g%3D&token=eyJhbGciOiJSUzI1NiIsImtpZCI6IkZBRDY1NDI2MkM2QUYyOTYxQUExRThDQUI3OEZGMUIyNzBFNzA3RTkiLCJ0eXAiOiJKV1QiLCJ4NXQiOiItdFpVSml4cThwWWFvZWpLdDRfeHNuRG5CLWsifQ.eyJvcmlnaW4iOiJodHRwczovL291dGxvb2sub2ZmaWNlMzY1LmNvbSIsInVjIjoiYTY1NDIxZWE2MGUxNDNjM2JmYzk0MTg2NWYxMjU1M2MiLCJzaWduaW5fc3RhdGUiOiJbXCJrbXNpXCJdIiwidmVyIjoiRXhjaGFuZ2UuQ2FsbGJhY2suVjEiLCJhcHBjdHhzZW5kZXIiOiJPd2FEb3dubG9hZEAwNTM4MTMwOC0wMzY2LTRiYjctYTk1Yi05NTMwNGJkMTFhNTgiLCJpc3NyaW5nIjoiR0NDTW9kZXJhdGUiLCJhcHBjdHgiOiJ7XCJtc2V4Y2hwcm90XCI6XCJvd2FcIixcInB1aWRcIjpcIjExNTM4MDExMTYwMTI1NzYwNDRcIixcInNjb3BlXCI6XCJPd2FEb3dubG9hZFwiLFwib2lkXCI6XCJiMTZmM2NhZC1kYWNmLTQwZWQtYmQyMy04ZTZiNTFjYzRkODFcIixcInByaW1hcnlzaWRcIjpcIlMtMS01LTIxLTY5MTkxMzcyMy04NjI5NzI3MjktMTU3Mzc1LTIwODMzMzIxXCJ9IiwibmJmIjoxNjQzMjk0MzM0LCJleHAiOjE2NDMyOTQ5MzQsImlzcyI6IjAwMDAwMDAyLTAwMDAtMGZmMS1jZTAwLTAwMDAwMDAwMDAwMEAwNTM4MTMwOC0wMzY2LTRiYjctYTk1Yi05NTMwNGJkMTFhNTgiLCJhdWQiOiIwMDAwMDAwMi0wMDAwLTBmZjEtY2UwMC0wMDAwMDAwMDAwMDAvYXR0YWNobWVudHMub2ZmaWNlLm5ldEAwNTM4MTMwOC0wMzY2LTRiYjctYTk1Yi05NTMwNGJkMTFhNTgiLCJoYXBwIjoib3dhIn0.cIgXiuj0eT2lmT8tCb8E48QHa0itoYIQbGMkP4B5ZqLxkC9flREUMLwP94E1dQSScFOl2Wwwlkd-g8rCfgavM-pf90DwArfRxb4GtIyOS3rn7hxOJg2dPXkeMIFD_U5PGPoVSP70PT4O8L2V-sJr1V3cpDgUoHn-Dn5p9M5x65EW7RV1hhtz0y06FvCq95S5dYo_DvUB3Kgt11YmKJLqyK20uxRtahmIBCdMmyFX5ngtjR-Sf17r8hvuM63xCUCcsqk1N7oUeUvPBnsy-sG7DJdmtejKKPZW48V_JZEQCjnRRb-cBdX2rgAvTzN2zv08OV0-JSNNf8r_QgZp3_2HoQ&X-OWA-CANARY=9n8Ci6usXkq4wv97bl0ULmDxKcCi4dkYNFXsAgtr6B1SXOv0x6rTXYKr-fzUTBBKIwJBwMma7-4.&owa=outlook.office365.com&scriptVer=20220117005.10&animation=true)

 **OTHER RESOURCES/RESEARCH/ARTICLES/UPDATES**

**Healthy Beginnings**

* Centers for Medicare & Medicaid Services (CMS) Releases First Ever Enrollment & Service Use Data Tables <https://bit.ly/3GSS2C5>
* Ensuring COVID-19 Vaccine Equity for Children <https://bit.ly/3KDWLtC>
* JAMA: [Association Between Suicidality and Risky Driving Among US Adolescents—Results From the 2019 Youth Risk Behavior Survey](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D0016bZjKOV5k-4o2b7w2Dqlbu074j1p-Nv2Gxk8w_u7V3RN74vU9JcGEwoPJEMIjEnM0dM9H8uM7qOF9PMqlFLwidzFeFRN6JoRWwqcEpOS-it6r9B98sFS_FbGoYujQDigHtHz5r2baf7KS66JgdrVt3J6-l7jfLiQr5OhXOlE0bvemmO0_imVOioWDbVYKXrcT5LsxO-kDtqvccjRcimvDkD85bmk_qHiG-N9jkHQjns%3D%26c%3D0_XeoNjYgaN94DG7HNcXvxWW1YsSJY7ztJUnRpdUc3QMaHNm43uyXQ%3D%3D%26ch%3DlSp4MmiG6XECtuC_WbdE4EiDot3XuAPl0eA-FsRSa16-ZwA2KDPPeQ%3D%3D&data=04%7C01%7Croldham%40howardcountymd.gov%7C6cd546d16e2148bed67408d9dd16b281%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637783911813091294%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=KNi2Jf6GcXrkdxzK8nT12%2FU9DPxyxaRWN8%2BEkbpLlI8%3D&reserved=0) <https://bit.ly/3tTmzvZ>
* JAMA: School Closures During Social Lockdown and Mental Health, Health Behaviors, and Well-being Among Children and Adolescents During the First COVID-19 Wave <https://bit.ly/3rFORak>
* Restorative Justice in Schools: An Upstream Approach for Addressing Inequities in the Risk of Incarceration <https://bit.ly/3IIp48F>
* Columbia Association has programs and activities for all ages <https://bit.ly/3gdJ9Y4>
* Most LGBTQ+ Kids' Mental Health Impacted by Anti-Trans Legislation <https://bit.ly/3u2qJSn>
* CDC MMWR: Decline in Perinatal Mortality in the United States, 2017–2019

<https://bit.ly/3AMyZam>

* CDC MMWR: Receipt of COVID-19 Vaccine During Pregnancy and Preterm or Small-for-Gestational-Age at Birth — Eight Integrated Health Care Organizations, United States, December 15, 2020–July 22, 2021 <https://bit.ly/3GaGiJT>
* Postpartum Depressive Symptoms and Provider Discussions About Perinatal Depression — United States, 2018 <https://bit.ly/3L1lkRy>
* CDC MMWR: Alcohol Consumption and Binge Drinking During Pregnancy Among Adults Aged 18–49 Years — United States, 2018–2020 <https://bit.ly/3u8XWLU>
* Incidence of Severe Maternal Morbidity During Delivery Hospitalization in U.S. Commercially Insured and Medicaid Populations <https://pubmed.ncbi.nlm.nih.gov/33891488/>
* Pathfinders for Autism Conversation Tips <https://bit.ly/3s9lspl>

**Healthy Living**

* Methods & Emerging Strategies to Engage People with Lived Experience

<https://aspe.hhs.gov/reports/lived-experience-brief>

* LGBTQ+ Trauma: A Fact Sheet <https://bit.ly/32pwaii>
* JAMA: [Evaluation of Interventions to Reduce Opioid Prescribing for Patients Discharged From the Emergency Department: A Systematic Review and Meta-analysis](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D0016bZjKOV5k-4o2b7w2Dqlbu074j1p-Nv2Gxk8w_u7V3RN74vU9JcGEwoPJEMIjEnMaCEefiyTJgnWUzypJu1pAM5MRertLne35X5jznuliAWSDfYX13kpdWvwWhbhSpYXF-wWjYaf3HMs7s1IfpKd6DeeMtO6Oc2aEIiHRRl6ujXgdt3yzSnRi7dcoX7CfjjnIFDy2spSpibgAloUAqegaZ2XQXW0rTDs_cMF5Y6JC70%3D%26c%3D0_XeoNjYgaN94DG7HNcXvxWW1YsSJY7ztJUnRpdUc3QMaHNm43uyXQ%3D%3D%26ch%3DlSp4MmiG6XECtuC_WbdE4EiDot3XuAPl0eA-FsRSa16-ZwA2KDPPeQ%3D%3D&data=04%7C01%7Croldham%40howardcountymd.gov%7C6cd546d16e2148bed67408d9dd16b281%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637783911813091294%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=UX317tteSe2Zw6w9Y7or0fW5wYfrdqtt6HNzJquefto%3D&reserved=0) <https://bit.ly/3fRlVqH>
* JAMA: [Trajectories of Prescription Drug Misuse Among US Adults From Ages 18 to 50 Years](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D0016bZjKOV5k-4o2b7w2Dqlbu074j1p-Nv2Gxk8w_u7V3RN74vU9JcGEwoPJEMIjEnMGU8wOEcte5TlqKOy0wZGcHwNWxJ6OIGseXlFd1Zso0YA6qZk-RxPswNXNucchr_K85zgdxq-lSv_tk8bw7pMPb7gxy3os3_THIrZxVsZhhpy1jvohDFsvfixJte3SGXO4ISLqmmqfc0bdOVPC-rLdaOUr-pgt_twwCoSBiHJlVU%3D%26c%3D0_XeoNjYgaN94DG7HNcXvxWW1YsSJY7ztJUnRpdUc3QMaHNm43uyXQ%3D%3D%26ch%3DlSp4MmiG6XECtuC_WbdE4EiDot3XuAPl0eA-FsRSa16-ZwA2KDPPeQ%3D%3D&data=04%7C01%7Croldham%40howardcountymd.gov%7C6cd546d16e2148bed67408d9dd16b281%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637783911813091294%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=i7dzkmeGlKP2Hej87QaZu%2Fo2qMXsKm5BlhN0gvteYNg%3D&reserved=0)

<https://bit.ly/344J1am>

* Roadmap to Inviting, Engaging, and Including Patient/Family Partners in Quality Improvement and Other Related Initiatives <https://bit.ly/35ceFDs>
* Advancing Health Equity: A Guide to Language, Narrative and Concepts <https://bit.ly/3fTWBjx>
* Public Health Review:Disability and Crisis Standards of Care in the Age of COVID-19

<https://bit.ly/3465gNs>

* Measuring Implementation Strategy Fidelity in Healthy Hearts NYC: A Complex Intervention Using Practice Facilitation in Primary Care <https://pubmed.ncbi.nlm.nih.gov/32964719/>
* Improving Care of LGBTQ People of Color <https://www.aft.org/hc/fall2021/bi_cook_chin>
* AHRQ updates the HCUP Visualization Tool <https://bit.ly/3IBMX1r>
* Age, Social Determinants of Health Associated with COVID-19 Vaccine Hesitancy in the Southern United States <https://bit.ly/3KKqPng>
* National Institute of Dental and Craniofacial Research (NIDCR) - [Oral Health in America: Advances and Challenges](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001JIT_sRzF30tNyEDql27GvFbbniM5svexDMPU7ZgDobWDXIx6P3WmXdjdG2c2RvfLndJj0yTuIrqOw36hF0XSCIGwhlLyDXPGMkov3UhDZ0quBF0eirqfkn--ZkjC3sL4p5PYgcsI6pa908mxiG5_RgkFYL8I0FOJa37ldoIvxGiouK1j-Su7RmvAjsIZ15VmAcT-0aldTq7-K50w93jKA3ygx41NtuCgxrlitDVGcRqRNghwlgqUXF5Ib6PT2Ch0ue4Jn261qoA%3D%26c%3Djk44qdPq-oB4TEIZ5I--K2AeySmQS5BtbIW437iMOw7hge7SadtFVg%3D%3D%26ch%3Dh1fYTO4p8h4k_xNU_PjzziBlJHtKbcymkGm05bOdieM9z8UYk2ToDQ%3D%3D&data=04%7C01%7Croldham%40howardcountymd.gov%7Cd12018b4dd064d3db48108d9dd28ff6d%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637783990414748003%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=HnvdoTw52J38SM1F1B5DosAO4GfnRlEm9fVFpcjvdEs%3D&reserved=0) <https://bit.ly/3qYYIsP>
* The Association of State & Territorial Dental Directors (ASTDD) will soon launch a new [National Oral Health Data Portal](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001JIT_sRzF30tNyEDql27GvFbbniM5svexDMPU7ZgDobWDXIx6P3WmXdjdG2c2RvfL7GJDte6xrgBktb-MStWUF_M9FmioKnml4aCZjB0Wm9vM9sLCyI2wmSWIEd62eRaf1mUfTmZ92fiGUudalyfyr2uwkCMtMzeN8bmyfyeoGlM%3D%26c%3Djk44qdPq-oB4TEIZ5I--K2AeySmQS5BtbIW437iMOw7hge7SadtFVg%3D%3D%26ch%3Dh1fYTO4p8h4k_xNU_PjzziBlJHtKbcymkGm05bOdieM9z8UYk2ToDQ%3D%3D&data=04%7C01%7Croldham%40howardcountymd.gov%7Cd12018b4dd064d3db48108d9dd28ff6d%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637783990414748003%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=mMPzjEzqqEvOnYO%2B0E0KU5panVakWto89PXTmLaLvg8%3D&reserved=0) <https://www.nationaloralhealthdataportal.net/>
* [Veteran Oral Health: Expanding Access and Equity](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001JIT_sRzF30tNyEDql27GvFbbniM5svexDMPU7ZgDobWDXIx6P3WmXdjdG2c2RvfL2rPWae1aJryAl9PpO6_Lt-QSHADg1ck6bseeI-JFg563vB3iBh_G4Q4uXs-AM-Sg3iY6IOMWojmfqix788zoWoykLp9dePuxLgRiMpV7ZLNptvW_8Ge8eEQVj_ubyBg17jCkkw8ohAhOd4TrmYHjehyp5n41dtDr%26c%3Djk44qdPq-oB4TEIZ5I--K2AeySmQS5BtbIW437iMOw7hge7SadtFVg%3D%3D%26ch%3Dh1fYTO4p8h4k_xNU_PjzziBlJHtKbcymkGm05bOdieM9z8UYk2ToDQ%3D%3D&data=04%7C01%7Croldham%40howardcountymd.gov%7Cd12018b4dd064d3db48108d9dd28ff6d%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637783990414748003%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=mwLgBuZn73IA6K4k9jPFYD4%2BRRhcvoP7S2cfLs4BYwU%3D&reserved=0)

<https://www.carequest.org/system/files/CareQuest_Institute_Veteran-Oral-Health.pdf>

* CDC: New Blog Post Features CPSTF-recommended Classroom-based Interventions to Increase Physical Activity <https://bit.ly/3KKWaX2>
* CDC: Prevalence of Municipal-Level Policies Dedicated to Transportation That Consider Food Access <https://bit.ly/3g50sdY>
* [Developing Relationships with Patients through Care Management Assessments](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fchcs.us13.list-manage.com%2Ftrack%2Fclick%3Fu%3D96a70625e5f0fe1c5e5329201%26id%3D7012279da8%26e%3D4506790733&data=04%7C01%7Croldham%40howardcountymd.gov%7Cc9d0888fe3d04b11268608d9e1bccf5f%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637789023311256922%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=aY8HAgQn5bUQYQEGaks5UK05kWwEs6FddPSgy1LPkGU%3D&reserved=0)

 <https://bit.ly/3rWXOML>

* [Four Ways to Strengthen the Direct Care Workforce](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fchcs.us13.list-manage.com%2Ftrack%2Fclick%3Fu%3D96a70625e5f0fe1c5e5329201%26id%3Db908834e51%26e%3D4506790733&data=04%7C01%7Croldham%40howardcountymd.gov%7Cc9d0888fe3d04b11268608d9e1bccf5f%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637789023311256922%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=9Sx1QCW1zAxe2BKCiHuDZCuuDcrmYbRrubtaggvltrg%3D&reserved=0) <https://bit.ly/3o7ibpg>
* [Expanding Medicaid Access to Continuous Glucose Monitors](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fchcs.us13.list-manage.com%2Ftrack%2Fclick%3Fu%3D96a70625e5f0fe1c5e5329201%26id%3D9dbcf8edae%26e%3D4506790733&data=04%7C01%7Croldham%40howardcountymd.gov%7Cc9d0888fe3d04b11268608d9e1bccf5f%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637789023311256922%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=oCvBN67QUrE%2Fw3P2D8yQqIdqAhQw4IaxjztsDPvGJ%2BE%3D&reserved=0) <https://bit.ly/3Gcy3wR>
* [Partnering to Fight Hunger: Breaking-Down Silos and Incorporating Lived Expertise](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fchcs.us13.list-manage.com%2Ftrack%2Fclick%3Fu%3D96a70625e5f0fe1c5e5329201%26id%3Dc2b85c224c%26e%3D4506790733&data=04%7C01%7Croldham%40howardcountymd.gov%7Cc9d0888fe3d04b11268608d9e1bccf5f%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637789023311256922%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=bzWKZ0irTZwa2TyytuclW%2BzXFm285FpneXmmKkPpDiI%3D&reserved=0)

<https://bit.ly/34bCAT5>

* NIH: Testing ways to encourage exercise <https://bit.ly/3Hqiq6z>
* What to Do When Your Child Comes Out video <https://bit.ly/3HjbPL5>
* New Study Dispels Harmful Gender Dysphoria Myth <https://bit.ly/3un6f6P>
* State Cancer Scorecards by National LGBT Cancer Network <https://bit.ly/3ATQp4P>
* HPV vaccine reducing cervical cancers in teens, young women <https://bit.ly/3uuoxTZ>
* WebMD: HPV Vaccine Could Shifts Rates of Non-Cervical Cancers <https://wb.md/3ocpFYh>
* CDC Launches New Health Equity in Cancer Website

<https://www.cdc.gov/cancer/health-equity/index.htm>

* CDC MMWR: Trends in Breast Cancer Incidence, by Race, Ethnicity, and Age Among Women Aged ≥20 Years — United States, 1999–2018 <https://bit.ly/3ga35ef>
* NICHQ: Quality Improvement Community of Learning <https://bit.ly/3ganRum>
* New CDC MMWR on Racial and Ethnic Disparities in Receipt of Medications for Treatment of COVID-19 <https://bit.ly/347S3DW>
* Number of States with High Obesity Prevalence Rises to Sixteen <https://bit.ly/3ggzCzv>
* U.S. Preventive Services Task Force Outlines Actions to Help Mitigate Systemic Racism in Clinical Preventive Services <https://bit.ly/3ohyIHq>

**Healthy Minds**

* JAMA: [Patient-Reported Firearm Access Prior to Suicide Death](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D0016bZjKOV5k-4o2b7w2Dqlbu074j1p-Nv2Gxk8w_u7V3RN74vU9JcGEwoPJEMIjEnM3fOfkMSercAnBLMHaaPzVMRCJGIdKUeJ7vahVQGNQDqkdSXMetOCWafq7dapKkIq8jV2TJ7PzK6KhiYXbauyVEpgZSSrO8VZJnAj6ecWsjAqpLo7II0kXTgdG4LDlItYfQPBfYN-qOwZ4X5-TM75ztpzoslLY-BNk2LWFPTjx8I%3D%26c%3D0_XeoNjYgaN94DG7HNcXvxWW1YsSJY7ztJUnRpdUc3QMaHNm43uyXQ%3D%3D%26ch%3DlSp4MmiG6XECtuC_WbdE4EiDot3XuAPl0eA-FsRSa16-ZwA2KDPPeQ%3D%3D&data=04%7C01%7Croldham%40howardcountymd.gov%7C6cd546d16e2148bed67408d9dd16b281%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637783911813091294%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=Z1Gze32o8vukfLHEO79ZxYoyB1SG3bh2WlZh%2BqwDuso%3D&reserved=0) <https://bit.ly/3IDh6O1>
* AHRQ Stats Brief: Antidepressant Prescriptions in Low-Income Households

 <https://meps.ahrq.gov/data_files/publications/st538/stat538.shtml>

* Early diagnosis of Alzheimer's <https://bit.ly/32vCplb>
* AHRQ: Patient outcomes after opioid dose reduction among patients with chronic opioid therapy <https://bit.ly/3AxffY5>
* Confusion is common in people in the later stages of Alzheimer's <https://bit.ly/3fWqBvj>
* Maine team boosts primary care for adults with special needs

<https://www.ahrq.gov/news/newsroom/case-studies/202201.html>

* Continuity of Nursing Care in Home Health: Impact on Rehospitalization Among Older Adults with Dementia <https://pubmed.ncbi.nlm.nih.gov/34166269/>
* Improve Your Wellbeing with Columbia Association’s Mind-Body Workshops

<https://bit.ly/3L25K8b>

* Acceptance of Trans Youth Associated with Lower Suicide Rates <https://bit.ly/3qbeMWO>
* Fighting Cabin Fever: How to Stay Sober and Sane <https://bit.ly/348LmS5>
* Consumption of olive oil linked to lower Alzheimer’s risk <https://bit.ly/3ICq7Ha>
* Exercise may protect the brain even with signs of dementia

<https://alz-journals.onlinelibrary.wiley.com/doi/full/10.1002/alz.12530>

* Pandemic, stigma a double barrier to health care for people who use substances, says public health expert <https://bit.ly/33Y24Up>
* More than a million Americans have died from overdoses during the opioid epidemic

 <https://n.pr/3GgxjXy>

* The Reality and the Hope: Drug & Alcohol Addiction Quotes for Families <https://bit.ly/3IM1TKk>
* Older Americans Are the Ignored Victims of the Opioid Epidemic <https://bit.ly/32M8DZr>