December 1, 2022

LHIC Coalition and Work Group Members - Please see below for upcoming webinars and resources. We encourage you to consider participating and to share these opportunities with your stakeholders and others in the community. If you have programs or opportunities that you would like to submit please send them via email to lhic@howardcountymd.gov.

**LOCAL RESOURCES AND MEMBER ANNOUNCEMENTS**

* December 1, 2022 is World AIDS Day. World AIDS Day is a day to unite to help end HIV and remember those lost to AIDS-related illnesses. [Link](https://www.hiv.gov/events/awareness-days/world-aids-day).
* Create or organize a walking group in Maryland anytime of the year by utilizing MDH’s walking registration tool. [Link](https://www.cognitoforms.com/MDH3/CreateNewWalkingGroup).
* HCHD is recruiting certified Community Health Workers. Contact Emily Phillips, Health Disparities Project Coordinator, at 410-313-0632 or ephillips@howardcountymd.gov.

**FUNDING OPPORTUNITIES**

* **Title: Building Community Capacity to Take Transformative Projects from Concept to Completion**

**Description:** Funded with $25 million through the Consolidated Appropriations Act of 2022, the U.S. Department of Transportation’s (DOT) new Thriving Communities Program (TCP) aims to ensure that disadvantaged communities adversely or disproportionately affected by environmental, climate, and human health policy outcomes have the technical tools and organizational capacity to compete for federal aid and deliver quality infrastructure projects that enable their communities and neighborhoods to thrive.

**Applications Deadline:** Tuesday, December 6, 2022.[Apply](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMzQsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjExMTguNjY5Mzc1NDEiLCJ1cmwiOiJodHRwczovL3d3dy50cmFuc3BvcnRhdGlvbi5nb3YvZ3JhbnRzL3Rocml2aW5nLWNvbW11bml0aWVzP3V0bV9tZWRpdW09ZW1haWwmdXRtX3NvdXJjZT1nb3ZkZWxpdmVyeSZ1dG1fdGVybT0ifQ.vsFbMbuurXMPMdZWkTHSZImtyu9sB0C8PyTSN03Ss_U%2Fs%2F1846233374%2Fbr%2F148566697230-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C1efbfa1253384664d37308dad181f09c%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638052653278824521%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=omv5TjadqEckgDIB7Wh%2BMdbXCziGcqtDYB3DJjkjJj0%3D&reserved=0).

* **Title: Maryland Department of Natural Resources Grants Gateway**

**Description:** Maryland’s Chesapeake and Coastal Grants Gateway (Grants Gateway) was created to streamline the grant application process for government and non-governmental organizations as well as academic institutions. Grants Gateway provides a one-stop location for partners seeking technical and financial support for projects that foster healthy ecosystems, communities, and economies that are resilient in the face of change.

**Application Deadline**: 11:59pm on Thursday, December 15, 2022. [Apply](https://dnr.maryland.gov/ccs/Pages/funding/grantsgateway.aspx?utm_medium=email&utm_source=govdelivery&utm_term=).

* **Title: New Grants Funding to Expand Health Care Access in Maryland**

**Description:** The Maryland Community Health Resources Commission (CHRC) will make a total of $ 7 million in new grants funding available to support projects in Diabetes and Chronic Diseases, Maternal and Child Health, Behavioral Health including mental health and the ongoing impact of the opioid crisis, and Oral Health in support of the State's new Dental Benefit.

**Application Deadline:** Monday, December 19, 2022 at 12pm. [Apply](https://health.maryland.gov/mchrc/Pages/notices.aspx).

**UPCOMING EVENTS, TRAININGS AND WEBINARS**

***Events below may not be hosted or provided by HCLHIC. If you have any questions about***

***these events, please contact the event organizers directly.***

**HEALTHY BEGINNINGS**

* **Title: Teen Mental Health with the Howard County Health Department**

**Description:** Join the HCLS Savage Branch Library to discuss Teen Mental Health topics! A representative from the HCHD will be sharing information on mental health services you and your loved ones can access. We will include information on the new 988 Crisis Line, Behavioral Health Navigation Services, Suicide Prevention efforts, Crisis Services available to you, and some of the supports that are in place through the school system. Ages 11-18, drop-in

**Date/Time:** Thursday, December 15, 2022 at 3pm to 4pm (In-person).

Register using the [link](https://howardcounty.librarycalendar.com/event/teen-mental-health-howard-county-health-department).

* **Title: Gen Psych Training on School Phobia**

**Description:** Gen Psych is conducting a free online training for professional development on school phobia. The class will focus on the difference between school phobia, school avoidance, and school refusal in the assessment and treatment of school phobia. Zoom meeting details: December 13, 2022 at 10 am. RSVP to Ira Hays at ihays@genpsych.com.

**Date/Time:** Tuesday, December 13, 2022 at 10am to 11am

Register by emailing Ira Hays at ihays@genpsych.com.

* **Title:** **The Health and Policy Implications of Building Income Supports for Low-Income Families with Young Children**

**Description:** A virtual briefing event funded through the Robert Wood Johnson Foundation’s Equity-Focused Policy Research program, at which selected authors and experts will present their work. They will discuss how policy makers can better understand the drivers of disparities in access to income support programs—including the Earned Income Tax Credit (EITC) and the Temporary Assistance for Needy Families (TANF) program—and identify and evaluate innovative strategies to reduce these disparities.

**Date/Time:** Thursday, December 8, 2022 at 1pm to 3pm.

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhealthaffairs.lt.acemlnb.com%2FProd%2Flink-tracker%3FredirectUrl%3DaHR0cHMlM0ElMkYlMkZ3d3cuaGVhbHRoYWZmYWlycy5vcmclMkZkbyUyRjEwLjEzNzclMkZoZTIwMjIxMTIyLjQzNzAzMyUyRmZ1bGwlMkYlM0Z1dG1fbWVkaXVtJTNEZW1haWwlMjZ1dG1fc291cmNlJTNEZXZlbnRzJTI2dXRtX2NhbXBhaWduJTNEb21uaWJ1cyUyQmVtYWlsJTI2dXRtX2NvbnRlbnQlM0QyMDIy%26sig%3DGiYUCRudX8CWEXv9ZXaGG5wvryMHJq6f4Axp87vTBQUD%26iat%3D1669825715%26a%3D%257C%257C25515840%257C%257C%26account%3Dhealthaffairs.activehosted.com%26email%3DhlpW7pDaPTqxMsWKIbP4p6kM1F0CRx%252Bte1TDDYUAWkg%253D%26s%3D43b6fb161994e84dea7c0894bfb1aa30%26i%3D5782A6496A33A150785&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C074364ec0006468a7c3208dad2f06db3%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638054227322179319%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=AQ1BJ1TGDhd71Z0q8HECNL8H3tarnPGA9SF8XrX7xfE%3D&reserved=0).

**HEALTHY LIVING**

* **Title: Climate Communities Network Listening Session**

**Description:** The NAM aims to bolster engagement by launching the Climate Communities Network - a forum for community leaders in U.S. regions disproportionately impacted by climate change to work collaboratively on solutions to climate-related health inequities faced by their communities.

**Date/Time:** Thursday, December 8, 2022 at 12pm to 1:30pm.

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fnam.us11.list-manage.com%2Ftrack%2Fclick%3Fu%3D1dee17686e06c5e596766b1df%26id%3D611daf7bd2%26e%3D71fad257a5&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C86ac431b92c64aaca9b508dad1728f25%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638052587195560909%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=IUIifWQLSfwJCpTW5dF9up533SAWA%2FxYRwheQ276dYs%3D&reserved=0).

**HEALTHY MINDS**

* **Title: Medicine for the Greater Good 2022 Symposium - Medicine and Advocacy**

**Description:** To truly care for our patients and their communities, health care professionals must understand how to deliver equitable health care that meets the needs of the diverse populations we care for.

**Date/Time:** Tuesday, December 13, 2022 at 12pm to 3pm

Register using the [link](https://www.medicineforthegreatergood.org/get-involved/mgg-symposium/).

* **Title: Finding Antidotes to Burnout Through Contradictory Truths**

**Description:** BHA/MedChi Behavioral Health Series are designed for behavioral and medical health care workers of all disciplines across the state including community and hospital settings. CMEs are available at no cost as well as Participant Certificates.

**Date/Time:** Thursday, December 8, 2022, 5pm.

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D0011NVob6A4pJh2-9pQxyBa89VnowEhdmznyok6mTjqHsqsI3iV-JjgNHaAoBr7FUDn4HrjlUKA7R5sPZONmrtaJYDPxUZKpwgTDmbiuayjArVyRs1Ww_mv1_LW0bNtyaauGjzE31Fyjf54_lCDDYXuEaCLSF7kexCQe36Mi86G1VkunzItpE59bt4pVxpIsh_Vm48H8mSPuV8%3D%26c%3DIQ5vSedKW92RlkvC3kewC75i_hUFlZc3hQ-3U0Q0uMNWJ8GMffQ2Tw%3D%3D%26ch%3DhFfOkqpmWFrPuqHyi6omHIToVPtqdHmzq0rwdMXlug2RRdmUkwRGTQ%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cb8d346026fa348675d1508dad18251b4%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638052654893398909%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=RcwhW%2F3%2BeKCpLupp8wTCBHV7gEWKbMNz6750MNvCRa8%3D&reserved=0).

**SELF-PACED COURSES AND ON-GOING SUPPORT PROGRAMS**

**HEALTHY BEGINNINGS**

* **Title:** **Doula and Perinatal Community Health Workers in Medicaid**

**Description:** Join the Institute for Medicaid Innovation and Every Mother Counts in an

engaging and interactive virtual learning series that will provide a roadmap to

explore next steps for collaboration and implementation of community-based

doulas and perinatal community health workers in Medicaid.

**Date/Time:** Thursday, December 1, 2022, 3pm to 4pm.

Register using the [link](https://us02web.zoom.us/webinar/register/WN_mWNqsMvfRnKl0b43A4Xh3g).

**HEALTHY MINDS**

* **Title: Opioid Overdose Response Training**

**Description**: The Howard County Health Department offers FREE Opioid Overdose Response Program monthly virtual trainings. Participants will learn what opioids are; the impact of the opioid epidemic on public health; signs of an overdose; how to respond to an opioid overdose and how to administer Naloxone.

**Date/Time:** Thursday, December 1, 2022 at 3pm or Thursday, December 15, 2022 at 3pm.

Register using the [link](https://www.howardcountymd.gov/health/opioid-overdose-response-program) or email orpresponse@howardcountymd.gov.

**OTHER RESOURCES/RESEARCH/ARTICLES/UPDATES**

**HEALTHY BEGINNINGS**

* Developmental Language Disorder. Learn about this common communication disorder that interferes with learning, understanding, and using language. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTUsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjExMjMuNjcxNTQ5MDEiLCJ1cmwiOiJodHRwOi8vd3d3Lm5pZGNkLm5paC5nb3YvIn0.M8RTbK06eSQFjjUPfy-tH8ZMM-uu2h5IgwS9KID5450%2Fs%2F1504862392%2Fbr%2F148879856647-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C42a20c496df345e23b8a08dad179698f%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638052616647834892%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=yN%2BqfXkB8l6RE5SPD8ksGQlCW1Ay4gGQ9x6lndBIxiI%3D&reserved=0).
* Mental Health Care for Young People with Diabetes, a recent CDC study found that young people with diabetes were twice as likely to have mental, behavioral, and or developmental disorders. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh721fe220%2C17cb7275%2C17d3c9a5%26e%3DQUNTVHJhY2tpbmdJRD1ETTk0MTU2JkFDU1RyYWNraW5nTGFiZWw9TWVudGFsJTIwSGVhbHRoJTJDJTIwRGlhYmV0ZXMlMkMlMjBhbmQlMjBZb3V0aA%26s%3DAFHqvu4ejikg31rqDW7RQ1VcXVDlFIHr_3KNsRmiYIE&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C6758f9cd91b149d49e3708dad17a15f9%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638052619522439269%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=OCZs%2BQ8CyhmvisJQMpva9HycA194uSamOl86zWKaVAk%3D&reserved=0).
* Helpful Information on Maryland’s Mouths Matter Fluoride Varnish and Oral Health Screening

Program for Kids [Link](https://health.maryland.gov/phpa/oralhealth/Pages/mouth-matters.aspx).

* The overall maternal mortality rate in 2020 was 23.8 deaths per 100,000 live births, an increase from 20.1 deaths in 2019 and 17.4 in 2018. Source: AHRQ 2022 National Healthcare Quality and Disparities Report. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDAsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjExMjkuNjczOTM4NDEiLCJ1cmwiOiJodHRwczovL25hbTA0LnNhZmVsaW5rcy5wcm90ZWN0aW9uLm91dGxvb2suY29tLz91cmw9aHR0cHMlM0ElMkYlMkZ3d3cuYWhycS5nb3YlMkZzaXRlcyUyRmRlZmF1bHQlMkZmaWxlcyUyRnd5c2l3eWclMkZyZXNlYXJjaCUyRmZpbmRpbmdzJTJGbmhxcmRyJTJGMjAyMnFkci5wZGYlMjNwYWdlJTNEOSZkYXRhPTA1JTdDMDElN0NqZGVudHklNDBibGh0ZWNoLmNvbSU3QzE0YzMyZTI1MWJjMTQ0YjllNzM1MDhkYWQxNDY2ZTRkJTdDMDg0ZmNhZDQ0N2QzNDgzYzg4OWI3NzlhNDM1ZWJiMTYlN0MxJTdDMSU3QzYzODA1MjM5NzcxNTU1NDI3NyU3Q1Vua25vd24lN0NUV0ZwYkdac2IzZDhleUpXSWpvaU1DNHdMakF3TURBaUxDSlFJam9pVjJsdU16SWlMQ0pCVGlJNklrMWhhV3dpTENKWFZDSTZNbjAlM0QlN0MzMDAwJTdDJTdDJTdDJnNkYXRhPUhaYml0bklDV1dlbG52a3BXYmxhZHN2SzR3WHBBbUxMNWs4JTJCQU9DekJSUSUzRCZyZXNlcnZlZD0wIn0.nv4g3WtxfNgXWKybu_v8XbDCDCuE1_bMbCOEYNWIlec%2Fs%2F1504861883%2Fbr%2F149149340302-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C780fe2c2c27a4658d22908dad2d47af2%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638054107291576899%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=d612Km1kVJHNTFaoMfJVMnmcc3rxrExIglNM%2F%2BYWRPo%3D&reserved=0).

**HEALTHY LIVING**

* Admissions from Emergency Departments during the COVID-19 pandemic across 29 states. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDAsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjExMjIuNjcxMDAxNTEiLCJ1cmwiOiJodHRwczovL25hbTA0LnNhZmVsaW5rcy5wcm90ZWN0aW9uLm91dGxvb2suY29tLz91cmw9aHR0cHMlM0ElMkYlMkZ3d3cuaGN1cC11cy5haHJxLmdvdiUyRnJlcG9ydHMlMkZzdGF0YnJpZWZzJTJGc2IyOTgtQ09WSUQtMTktRUQtdmlzaXRzLmpzcCZkYXRhPTA1JTdDMDElN0NqZGVudHklNDBibGh0ZWNoLmNvbSU3QzBlYzE2OGMwODE1ZjRhOGQxNjYxMDhkYWJlNmRkNTY4JTdDMDg0ZmNhZDQ0N2QzNDgzYzg4OWI3NzlhNDM1ZWJiMTYlN0MxJTdDMCU3QzYzODAzMTY3NjI0MzEwMDQ4OCU3Q1Vua25vd24lN0NUV0ZwYkdac2IzZDhleUpXSWpvaU1DNHdMakF3TURBaUxDSlFJam9pVjJsdU16SWlMQ0pCVGlJNklrMWhhV3dpTENKWFZDSTZNbjAlM0QlN0MzMDAwJTdDJTdDJTdDJnNkYXRhPVNKSyUyQmVYdWpaWml3aFRFTCUyQlU1YXlIOUQxSmNtZHprd0QlMkI0V2JabWZiRmclM0QmcmVzZXJ2ZWQ9MCJ9.i5cRcGFShNC8j1r97BxQkQ3t9bKAgFH1JSgNB8X3cj0%2Fs%2F1504861883%2Fbr%2F148776355712-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C2df731dcbf974a743d2908dad1727140%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638052586700151286%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=LLbws%2FYUyE3gYhAiqLSTrQSDfX6UR0zd5Tp%2FYokf7AI%3D&reserved=0).
* AHRQ’s 2022 National Healthcare Quality and Disparities Report (NHQDR), provides an annual portrait of healthcare in the United States, [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDEsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjExMjIuNjcxMDAxNTEiLCJ1cmwiOiJodHRwczovL3d3dy5haHJxLmdvdi9yZXNlYXJjaC9maW5kaW5ncy9uaHFyZHIvbmhxZHIyMi9pbmRleC5odG1sIn0.WN5vxCfG0BHCtdjPGjwReeZ5jLbTCOko_eg_yGUydFc%2Fs%2F1504861883%2Fbr%2F148776355712-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C2df731dcbf974a743d2908dad1727140%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638052586700151286%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=ce2r3mFXpfJg3w7WQVo%2FGbAZwMd9XgEczAYUZp49qt0%3D&reserved=0).
* E-cigarettes linked with blood vessel damage. Both cigarette smokers and e-cigarette users had impaired blood vessel function and increased but different signs of inflammation. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDksInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjExMjMuNjcxNTQ5MDEiLCJ1cmwiOiJodHRwczovL3d3dy5uaWguZ292L25ld3MtZXZlbnRzL25paC1yZXNlYXJjaC1tYXR0ZXJzIn0.IhInb_o_ktstGSstm4Q0aBQwwgiW3xQWZcWZ0yibfSU%2Fs%2F1504862392%2Fbr%2F148879856647-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C42a20c496df345e23b8a08dad179698f%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638052616647834892%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=Ifh9Yyik0VPQ8XV9E7MI1Pg5aW4L2S2spgLhRt6W6FU%3D&reserved=0).
* CDC Clinical Practice Guideline for Prescribing Opioids for Pain - United States, 2022. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJlbWFpbCI6ImJyYW1iaGFyYXRAaG93YXJkY291bnR5bWQuZ292IiwiYnVsbGV0aW5fbGlua19pZCI6IjEwMiIsInN1YnNjcmliZXJfaWQiOiIxNTA0ODYxODgzIiwibGlua19pZCI6IjI1MzM1NDcxMzYiLCJ1cmkiOiJicDI6ZGlnZXN0IiwidXJsIjoiaHR0cHM6Ly9wc25ldC5haHJxLmdvdi9pc3N1ZS9jZGMtY2xpbmljYWwtcHJhY3RpY2UtZ3VpZGVsaW5lLXByZXNjcmliaW5nLW9waW9pZHMtcGFpbi11bml0ZWQtc3RhdGVzLTIwMjIiLCJidWxsZXRpbl9pZCI6IjIwMjIxMTE2LjY2NzczODAxIn0.krPl71BxpVYT3p7uY3V54RN24wWLrWRfjrk_1cqzfKQ&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C3ffff27837ce498011c808dad181bd12%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638052652417094763%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=O%2BBs5zxqnh1kOZI0eunV21kj%2BaJE9oji2vcgAbkWGIA%3D&reserved=0).

**HEALTHY MINDS**

* Association of injury after prescription opioid initiation with risk for opioid-related adverse events among older Medicare beneficiaries in the United States: [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMjMsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjExMjIuNjcxMDAxNTEiLCJ1cmwiOiJodHRwczovL3d3dy5wdWJtZWQubmNiaS5ubG0ubmloLmdvdi8zNjEzNjk3MSJ9.LWRvmcAdoOCgLiiWfkgeK5SmV6El81QLGEaggzfVkPY%2Fs%2F1504861883%2Fbr%2F148776355712-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C2df731dcbf974a743d2908dad1727140%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638052586700307995%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=oTaJ5mlSscoNiKhfDknWS1lZbqNj8%2BgfyQplsqLTWVs%3D&reserved=0).
* Feeling fatigued? Many things can make you tired. Researchers are trying to tackle the biology behind fatigue. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDMsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjExMjMuNjcxNTQ5MDEiLCJ1cmwiOiJodHRwczovL25ld3NpbmhlYWx0aC5uaWguZ292LyJ9.3hmA0T38XzsRxOYlb4ajotpSj99FA4pXtuqWFKzsZkk%2Fs%2F1504862392%2Fbr%2F148879856647-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C42a20c496df345e23b8a08dad179698f%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638052616647678237%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=QvmO1KUu2D66taAUDtfJB7OWlq79Mnu3vqfAXslZc%2BE%3D&reserved=0).
* Horowitz Center for Health Literacy Releases Oral Health and Health Symposium Report. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001L2iqCpM8kJB6cKNOtq-HSgTXPouoGuTyawf0jkwxn8G53AN_Gh59kUUi-se7kCdodDJFxkzMIRD92ui2UthZyAW6Lre--HMx6oA3G-7gnRbE-9amK3Zu2Et5fwnyr2PZuo0I-k1U_ijxBfhBVKrjIZGvzcHmIe37Vazsc_uv6RkKEcI7CUkqZt_NMzojuZ2ysee5a_kyWvRlV--zvt7bJkVvD5V_RUTff-ZeWm_m0AloqJSFb14yOuA1II5Mk8hOQibzlh5skGgQXHdUAUuJvduOKAEdjK8vtGCmPumPGoEexJxjIjRbSmo4OJKq9DKF%26c%3Dw3dFpHgWLwPHRyR5Xd8K_BGOZSPqS_sPUnJgJaewFD6_MjPHcRgkgQ%3D%3D%26ch%3Dln6uhOVTnBNkqCfnwkoXmdIYs0AUfLr9vIsfErZPSTmBGFnSB983Wg%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C7fab9e16a96c4f8cfebf08dad20fd681%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638053262725271482%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=tcaUVa7fvP3NS0EVRjsjOLWWgim0YCdIpiVvHpkNwVg%3D&reserved=0).