

**Howard County
Local Health Improvement Coalition
Access to Care 2015-2017 Action Plan**

Goal: Increase access to health care among Howard County residents.

Percentage of adults reporting that there was a time in the last 12 months that they could not afford to see a doctor.	All	African-American	Asian	Hispanic	Other	White
2014SHIP (2011-2013 BRFSS)	7.6%	8.3%	*	*	N/A	6.6%
2014 HCHAS	5.7%	8.0%	7.9%	1.6%**	4.7%	5.0%
2017 Goal	5.4% (5% decrease)	7.2% (10% decrease)	7.1% (10% decrease)	*	4.5% (5% decrease)	4.8% (5% decrease)
Percentage of adults, <i>age 18-64</i>, who report having health insurance.	All	African-American	Asian	Hispanic	Other	White
2014 SHIP (source: 2012 Small Area Health Insurance Estimate)	92.9%	*	*	*	N/A	*
2014 HCHAS***	93.9%	89.8%	96.7%	90.0%**	90.1%	96.1%
2017 Goal	95.8% (2% increase)	94.3% (5% increase)	98.6% (2% increase)	*	94.6% (5% increase)	98.0% (2% increase)

SHIP – State Health Improvement Process

BRFSS – Behavioral Risk Factor Surveillance System

HCHAS - Howard County Health Assessment Survey

* Insufficient data

** Small sample size - data may be unreliable

*** These numbers include age 65+; determining numbers for 18-64 requires further analysis

N/A Data not available

Strategies	Actions	Partners	Timeline	Outputs	Intermediate Measures
Language Barrier Support efforts to decrease the language barrier in accessing care among Limited English Proficiency (LEP) residents.	Analyze existing data to identify most needed languages.	<ul style="list-style-type: none"> - Horizon Foundation - FIRN - Chase Brexton - HCPSS - Build Haiti Foundation - Ethnic Roundtable - Healthy Howard/Door to Healthcare - Walgreens - HC DSS - HCGH - MD DHMH - Community Action Council 	December 2015	Data from independent studies conducted by Horizon and FIRN	We are assessing ways to measure outcomes in this area and ensure that we not only have the right metrics but also measure impact on our target populations.
	Promote awareness about language as a barrier among providers and resources for practices serving the LEP community.		December 2016	List of resources.	
	Develop a resource guide for LEP residents that includes: how to access care; obtaining translation and interpretation services; where to go for assistance with medications; and, a glossary of healthcare terms.		Beginning by October 2015 and ongoing.	Number of languages included. Number of resource guides distributed. Number of workshops held. Number of residents attending trainings.	
	Work with partners to ensure that LEP residents have access to health advocates who speak the languages most needed in the county.		Beginning in 2015 and ongoing	Number of advocates. Number of languages.	

Access to Care Improve Howard County residents' access to comprehensive, quality health care services, including medical homes, primary and specialty care, behavioral health care, oral health care, and pharmacy services.	Create a comprehensive, searchable database of Howard County and Regional Healthcare Resources. Utilize partners to write requirements for the database. Include insurances accepted.	<ul style="list-style-type: none"> - The Build Haiti Foundation - British American Auto Care 	December 2017	Web based database created. Number of partner links to database.	Number of searches. Time spent on website.
	Inform and educate residents about free and sliding scale fee clinics.	<ul style="list-style-type: none"> - Chase Brexton - Healthy Howard - Community Action Council 	December 2015	List of participating providers	Number of patients accessing services.
	Identify and enhance support services that assist residents in accessing healthcare. (Transportation, Caregivers, etc.)	<ul style="list-style-type: none"> - HC Health Department - Regional Transportation Agency - Neighbor Ride 	December 2015	List of available resources.	
	Conduct gap analysis of current state of health care and desired future state. Create three year plan to close the gaps.	<ul style="list-style-type: none"> - The Build Haiti Foundation - British American Auto Care 	December 2017	Completed report.	
	Support and promote programs that connect residents to medical homes, specialty care, behavioral healthcare, oral healthcare, etc.	<ul style="list-style-type: none"> - Healthy Howard - HC Health Department - HC General Hospital - Horizon Foundation - FIRN - Korean Resource Center - Chinese School - African American CR - PATH - HC Dental Association - HC Dental Hygienists' Association - Community Action Council 	Ongoing	Number of CCT clients served. Number of clients served through other CHW programs.	

Health Insurance Outreach and Facilitation Increase percentage of Howard County residents covered by health insurance and increase awareness among residents about how to utilize insurance.	Work with partners to create and disseminate materials and programs that help residents understand how to access and use health insurance.	<ul style="list-style-type: none"> - Chase Brexton - Healthy Howard - Korean Resource Center - MD Health Care For All - Univ. of MD Extension - MD Women's Coalition for Health Reform - African American CR - MD Health Connection - HC DSS - The Build Haiti Foundation 	Beginning in Summer 2015 and ongoing.	Number of workshops held. Number of residents attending trainings.	Pre- and post-training assessments.
	Analyze data on insurance coverage to target enrollment activities to areas of greatest need.		December 2015	Data sources identified. Plan created to target areas of greatest need.	Progress toward plan.
Promote and enhance 211 as a resource for Howard County residents.	Increase awareness of 211 as a resource for residents.	<ul style="list-style-type: none"> - United Way of Central MD - Horizon Foundation - Healthy Howard - LHIC partner organizations 	Ongoing	Number of Howard County organizations in 211.	Number of referrals from 211 to Howard County entities. Reported satisfaction with 211 services.
	Work with UWCM to ensure that 211 has all community resources and is kept up to date.				

**Howard County
Local Health Improvement Coalition
Behavioral Health Work Group 2015-2017 Action Plan**

**Goals: Expand access to behavioral health resources and reduce behavioral health emergencies.
Reduce number of drug-induced deaths in Howard County.
Reduce number of suicides in Howard County.**

Note: This plan uses the SHIP measure of Emergency Department Visits Related to a Mental Health Condition under the assumption that an improved continuum of care for behavioral health conditions will result in fewer ED visits, per 100,000 population, for these conditions.

Emergency Department Visits Related to a Mental Health Condition, per 100,000 population	All	African-American	Asian	Hispanic	Other	White
2013 SHIP (2012 HSCRC)	2243.9	2919.0	519.1	914.9		2666.5
2014 SHIP (2013 HSCRC)	2209.9	2873.8	234.7	851.0		2590.4
2017 Goal	2099.4 (5% decrease)	2730.1	231.5	808.5		2460.9
Number of Drug-Induced Deaths in Howard County	All					
	29	N/A	N/A	N/A		N/A
2017 Goal	(5% decrease)					
Rate of Suicides in Howard County per 100,000	All					
	9.3	N/A	N/A	N/A		N/A
2017 Goal	(5% decrease)					

N/A - Demographic breakdown not available

Strategies	Actions	Partners	Timeline	Outputs	Intermediate Measures
Create and maintain a listing of behavioral health providers in Howard County. (Need to think about the target audience for this list – providers who want to make referrals, patients themselves, policy makers, etc.)	Reach out to other organizations to discuss potential for partnering to create and maintain list.	<ul style="list-style-type: none"> - Network of Care - 211 Maryland - HCPIN – Dept of Citizen Services 	Beginning 2015	<ul style="list-style-type: none"> - Established partnership - Number of providers included 	Number of hits on website
	Reach out to different organizations to ensure the list is a comprehensive and useful tool.		Beginning 2015		
Educate physicians, including pediatricians, primary care providers, geriatricians, and urgent care centers, to identify behavioral health issues and incorporate behavioral health screenings into services.	Organize a forum for providers to discuss behavioral health screenings.	HC DrugFree HCHD HC MHA Horizon PCMH Program Healthy Howard Evergreen Chase Brexton NAMI HC Faith Community	2016	# of forums # of attendees	
	Develop educational tools for providers.		2016	Toolkit developed # of providers reached	
	Research creating a program like BHIPP (Behavioral Health Integration in Pediatric Primary Care) for adult primary care providers.		2016		
Educate the public, police officers, and fire and rescue personnel about behavioral health issues, how to identify when friends or family	CIT: Establish a group with each entity (fire department, EMS, etc.) to discuss how training would address the groups' needs.	<ul style="list-style-type: none"> - MHA - Grassroots - HCPSS - On Our Own HC - HC EMS - HC DrugFree 	CIT: Twice/year MHFA: 8 training per year	MHFA: # trainers in Ho. Co. # trainings # individuals trained CIT: # trainings	Evaluation of trainings May also include: Number of injuries to officers (expect to decrease) Number of repeat calls

Strategies	Actions	Partners	Timeline	Outputs	Intermediate Measures
may be having issues, and where to go for help. (Mental Health First Aid and MHFA for Youth, Crisis Intervention Training)	Conduct trainings, including at least 2 per year for Crisis Intervention Training.			# officers trained # other first responders trained	(expect to decrease)
Support the recommendations of the County's Behavioral Health Task Force.	TBD	TBD	TBD	TBD	TBD
Increase suicide prevention activities.	Review and analyze data for at-risk populations, identify gaps in data collection, develop action plan.	<ul style="list-style-type: none"> - Suicide Prevention Association - MHA - Private providers - Grassroots - HCPD - HCGH 	Ongoing	Completed action plan	YRBS – number of students contemplating or having plan for suicide HCPSS data HCPD data
	Educate providers and the public through an annual community forum.		Ongoing	# forum attendees # QPR trainings # trained in QPR	
	Investigate alternate ways to reach youth for suicide prevention messages.		Ongoing		
	Begin and monitor MHA/Grassroots ED Follow-Up Program for suicide prevention and BH ED visits to HCGH.		Begin – FY15 Q3 Monitor - ongoing	# individuals referred # linked to outpatient providers	ED visits for BH conditions

Strategies	Actions	Partners	Timeline	Outputs	Intermediate Measures
Support programs and activities working to reduce the number of drug-induced deaths.	Increase awareness of and participation in drug-prevention programs using social media, newsletters, forums, and community fairs.	-HC DrugFree -HCHD -HCGH -ADAAB -HCPD -Opioid Prevention Coalition -Community Providers	Ongoing	# of forums and community activities # of activities advertised in LHIC Digest	
	Continue overdose response program trainings for naloxone use for the public and for specific groups such as police officers.		Ongoing	# trainings conducted # individuals trained # calls for refills of naloxone # calls to Poison Control to report use of naloxone	
	Reduce overdose fatalities by identifying and targeting services to individuals who have survived previous overdoses.		Ongoing	# patients served	# drug-related ED visits
	Establish overdose fatality review team.		Sept 2015	# of meetings # of fatalities reviewed	
	Establish opioid prevention coalition.		January 2015	# of members # of meetings	
	Install at least 3 permanent medication collection boxes.		June 2015	# boxes installed # lbs. medicine collected	
	Continue to have bi-annual drug take-back days and review collection data to determine on-going need.		Ongoing, review by Dec 2015	# take-back days # lbs. medicine collected	

**Howard County
Local Health Improvement Coalition
Healthy Weight 2015-2017 Action Plan**

Goal: Ensuring Howard County residents achieve and maintain a healthy weight.

Percentage of adults who are at a healthy weight.	All	African-American	Asian	Hispanic	Other	White
2012 HCHAS	43.6%	29.6%	55.2%	61.1%	38.4%	45.1%
2014 HCHAS	44.1%	38.8%	63.8%	46.8%*	46.4%	40.9%
2017 Goal	46.3% (5% increase)	40.7%	67%	49.1%	48.7%	42.9%
Percentage of adolescents who are obese.	All	African-American	Asian	Hispanic	Other	White
2013 YRBS	5.9%	8.1%	3.6%	6.6%	7.1%	5.4%
2017 Goal	5.7% (3% decrease)	7.9%	3.5%	6.4%	6.9%	5.2%

* Small sample size – data may be unreliable

Strategies	Actions	Partners	Timeline	Outputs	Intermediate Measures
Increase access to and consumption of healthy food and drinks.	Identify and pursue two new farmers markets in key locations (e.g. Howard County Health Department, HEAL Zone) that offer convenient times and accept food stamps, WIC vouchers and senior coupons.	<ul style="list-style-type: none"> •Howard County Food Policy Task Force •Howard County Farmers Market Board •HCHD WIC Program •Healthy Howard •Dept. of Social Services •Office on Aging •HCC •Columbia Association •We Promote Health •Community Action Council – HC Food Bank 	Summer 2015	<p>Survey data showing likely use of markets</p> <p>In 2015, addition of one farmers market to area serving residents in need</p>	<p>Percentage of adults who report consuming fruit less than once per day or never. (HCHAS)</p> <p>2012 HCHAS: 35% 2014 HCHAS: 31%</p>
	Promote the use of benefits such as food stamps, WIC, and Senior Farmers' Market Nutrition Program coupons at farmers' markets.			<p>Percentage of WIC participants redeeming farmer's market coupons. (at least 50%)</p> <p>SNAP data (% of produce food stamps redeemed)</p>	<p>2017 Goal: 28% (10% decrease)</p> <p>Percentage of adults who report consuming vegetables less than once per day or never. (HCHAS)</p> <p>2012 HCHAS: 28% 2014 HCHAS: 29%</p>
	<p>Continue to support efforts to reduce sugar-sweetened beverage consumption in the county by creating a specific action message and targeting LHIC organizations to:</p> <ul style="list-style-type: none"> • Supply better beverage choices at meetings and events, especially water, low-calorie, and calorie-free drinks. • Provide better beverage choices in their vending machines, cafeterias, and break rooms. 	<ul style="list-style-type: none"> •Horizon Foundation •Healthy Howard •Howard County General Hospital •We Promote Health 		<p>Horizon data on SSB purchases</p> <p>For LHIC organizations with beverage service through cafeteria or vending, create SSB policy</p>	<p>2017 Goal: 26% (10% decrease)</p> <p>Percentage of adults who report daily consumption of regular (non-diet) soda.</p> <p>2012 HCHAS: 7% 2014 HCHAS: 8%</p> <p>2017 Goal: 6% (25% decrease)</p>

	Increase participation in programs promoting healthy food by expanding partnerships (a minimum of 3), defining the new partnerships, and utilizing them to disseminate information and/or deliver direct service.	<ul style="list-style-type: none"> ●Transition Howard County ●Healthy Howard ●We Promote Health ●Faith Organizations ●Howard County Farmers Market Board ●HCC ●HCPSS ●Community Action Council – HC Food Bank 		<p>Roving Radish: Increase number of participants in 2015</p> <p>Increase percentage of discounted meals in 2015</p> <p>In 2015, identify 2 new partnerships and goals for 2016</p>	
Increase access to and participation in physical activity.	Encourage participation in programs promoting physical activity.	<ul style="list-style-type: none"> ●We Promote Health ●Healthy Howard ●Howard County Recreation and Parks ●Columbia Association ●HCGH ●Community Action Council – Head Start 		<p>Attendance data from events to track # of residents participating</p> <p>Year round use of GAHC calendar</p> <p>Get Active Howard County goal of 1,000,000 minutes of physical activity in 10 weeks</p>	<p>Percentage of adults participating in physical activity at least 3 times per week. 2014 HCHAS: 35%</p> <p>2017 Goal: 40% (14% increase)</p>
	Promote year round use of Get Active Howard County calendar for physical activity programs throughout county for all residents.				
Create walkable/ bikeable communities.	Support advocacy efforts of community policy leaders to create safe walking and biking options.	<ul style="list-style-type: none"> ●Howard County Office of Transportation ●Howard County Bicycle and Pedestrian Manager ●Columbia Association ●Healthy Howard 	Beginning 2015 and on-going	<p>List of advocacy activities</p> <p>LHIC organizations will promote activities to encourage resident participation</p>	Changes made to built environment to support improved walking/biking opportunities

Support education activities related to healthy living.	Create a resource list containing information about health-related programs in the county and the impact of healthy choices.	<ul style="list-style-type: none"> ●Transition Howard County ●We Promote Health ●Healthy Howard ●HCHD ●MUIH ●Columbia Association 		Resource list created	
	Increase awareness of the importance of adequate sleep and the effects that it has on overall health.			Sleep resource list created List of events LHIC orgs sponsor to address sleep as a health issue	
ON HOLD	Support implementation of the HCPSS Wellness Policy 9090, particularly in schools with a high proportion of students affected by health disparities.	<ul style="list-style-type: none"> ●HCPSS ●Healthy Howard ●School Health Council 			