July 16, 2024

LHIC Coalition and Work Group Members - Please see below for upcoming webinars and resources. We encourage you to consider participating and to share these opportunities with your stakeholders and others in the community. If you have programs or opportunities that you would like to submit, please send them via email to [lhic@howardcountymd.gov](mailto:lhic@howardcountymd.gov).

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**LOCAL RESOURCES AND MEMBER ANNOUNCEMENTS**

* The next Full HCLHIC meeting is July 18 from 9:00am to 11:00am. [Link](https://www.eventbrite.com/e/2024-hclhic-full-coalition-meetings-tickets-726290964827?aff=oddtdtcreator).
* Howard County Arts Council launching the Arts for All program. [Link](https://form.typeform.com/to/MTjwb50G).
* WIC is hosting summer pop up events at the Howard County Health Department. [Link](https://acrobat.adobe.com/id/urn:aaid:sc:US:ef6e3e92-6dc8-40e1-95e7-6397ebc0b30e).
* The Rachell L. Gray Community Foundation is hosting “Youth Friyay’s” until August 9. [Link](mailto:rlgcommunityfoundation@gmail.com?subject=Youth%20Friyay's%20Information)
* National Recreation & Parks Month is celebrated in July. [Link](https://www.howardcountymd.gov/recandparksmonth).
* Roving Radish Mobile Market Hits the Streets in 12 Howard County neighborhoods. [Link](https://rovingradish.com/pages/mobile-marketplace).
* Howard County Foot & Ankle celebrated their 3rd anniversary. [Link](https://howardcountyfootandankle.com/).
* Howard County Health Department offers free virtual training on Narcan. [Link](https://www.howardcountymd.gov/health/opioid-overdose-response-program).

**FUNDING OPPORTUNITIES**

**Title: Women’s Health Research**

**Description:** In alignment with the White House Initiative on Women’s Health Research, the Office of Research on Women's Health has released a new NOSI to highlight interest in receiving research applications focused on diseases and health conditions that predominantly affect women (e.g., autoimmune diseases; depressive disorders, Alzheimer’s disease (AD) and Alzheimer’s disease-related dementias (ADRD), gender-based-violence), present and progress differently in women (e.g., cardiovascular disease; HIV; reproductive aging and its implications), or are female-specific (e.g., uterine fibroids; endometriosis; menopause).

**Applications Deadline:** Submission dates vary by awarding NIH Institute or Center Contacts. [Apply](https://grants.nih.gov/grants/guide/notice-files/NOT-OD-24-079.html)

**Title: National Peer-Run Training and Technical Assistance Center for Addiction Recovery Support**

**Description:** The purpose of this program is to provide training and technical assistance (TTA) to domestic public and private non-profit entities that provide or support services intended for people who are experiencing challenges related to a substance use or co-occurring condition. Applicants must comply with E.O. 12372 if their state(s) participates. Review process recommendations from the State Single Point of Contact (SPOC) are due no later than 60 days after application deadline.

**Applications Deadline:** Monday, July 22, 2024. [Apply](https://www.samhsa.gov/grants/grant-announcements/ti-24-014?utm_source=SAMHSA&utm_campaign=596efa72e2-EMAIL_CAMPAIGN_2024_05_21_06_25&utm_medium=email&utm_term=0_-596efa72e2-%5BLIST_EMAIL_ID%5D)

**Title: Multi-sectoral preventive interventions that address social determinants of health in populations that experience health disparities**

**Description:** The purpose of this NOFO is to support projects to test prospective multi-sectoral preventive interventions that address social determinants of health in populations that experience health disparities. These research projects will be part of the Multi-Sectoral Preventive Interventions (MSPI) Research Network, which will also include a Coordinating Center (RFA-OD-24-006). Funded under a cooperative agreement, projects participating in the MSPI Research Network will collaborate to share approaches, methods, and data, working closely with NIH Institutes, Offices and Centers.

**Applications Deadline:** August 6, 2024. [Apply](https://grants.nih.gov/grants/guide/pa-files/PAR-24-053.html)

**Title: Community-Based Maternal Behavioral Health Services Program**

**Description:** The purpose of this program is to improve access to evidence-based, timely, and culturally relevant maternal mental health and substance use (behavioral health) intervention and treatment by strengthening community referral pathways. Recipients will be expected to collaborate with pregnancy and postpartum healthcare organizations, refer individuals in need of behavioral health care to the appropriate entities, and provide short-term mental health and substance use services to individuals who cannot access care.

**Applications Deadline:** August 26, 2024. [Apply](https://www.samhsa.gov/grants/grant-announcements/sm-24-013)

**EVENTS, TRAININGS, WEBINARS, SELF-PACED COURSES AND SUPPORT PROGRAMS**

***Events below may not be hosted or provided by HCLHIC. If you have any questions about***

***these events, please contact the event organizers directly.***

**HEALTHY BEGINNINGS**

**Title: Dads in the Park (Pop-up Event)**

**Description:** Come out and enjoy an exciting afternoon as we celebrate

fathers and their little ones, ages 0 -5. This family friendly pop-up event is a great way to socialize through play, enjoy delicious snacks and have fun!

Pre-registration is encouraged.

**Date/Time:** July 27, 2024, 1:00pm – 3:00pm

Register using the [link](https://acrobat.adobe.com/id/urn:aaid:sc:US:07fdb9b6-f8d1-46de-ba70-f0f690987ff5).

**Title: Baby basics (Part 1 and 2)**

**Description:** Hosted by Priority Partner. This two-part (1 hour each day) workshop teaches expecting and new parents about caregiving for a newborn(s) from birth to 6 months of age. Join this workshop to learn more about feeding and bathing, changing diapers, safe sleeping, tips for when to call the doctor, self-care and overall well-being.

Discover additional resources on lactation and car seat safety.

**Date/Time:** July 24 - 25, 2024, 12:30pm – 1:30pm

Register using the [link](https://www.ppmco.org/get-free-support/health-wellness-classes/baby-basics-part-1-and-2/).

**Title: Guiding the Journey: Preparing for Life after High School**

**Description:** During this training, families will: Understand their changing role; Get help unpacking the IEP Transition section; Develop a vision and transition action plan with your young person; Plan for life after high school; and so much more!

**Date/Time:** Applications due August 16, 2024

Get more information using the [link](https://ppmd.app.box.com/s/k0tv95georysa3m0td06wtzoj5k8adq8).

**Title: Summer Life Skills Classes**

**Description:** HC DrugFree is providing another series of FUN and interactive skills-based classes designed to promote positive health and personal development for students in grades 6 to 9. (Slightly older or younger students will be considered.) Taught by college students with supervision from adult educators and assistance from high schoolers acting as mentors and role models. This innovative, evidence-based course will help your child stand up for themselves AND keep their friends.

**Date/Time:** July 22-25, 2024 10:00am – 11:30am

Register using the [link](https://hcdrugfree.org/2024/06/free-life-skills-class-21-22-2/).

**Title: Teenage Dream: Teen Kick Backs**

**Description:** Join Howard County Recreation and Parks at our community centers for our free drop-in program for young people between 11 and 17. Drop-in activities include free pizza and snacks, sports, video games and more.

**Date/Time:** Fridays, 1:00pm – 4:00pm until late August; Location varies

Register using the [link](https://www.howardcountymd.gov/recreation-parks/teen-kick-backs-11-17-yrs).

**Title: Kids and Family Martial Arts Classes**

**Description:** Join Columbia Association for a complimentary kids' martial arts trial class on the first Wednesday of every month! Their experienced instructors create a positive and personalized environment where your child can thrive physically and mentally. Don't miss this chance to empower your child's journey!

**Date/Time:** First Wednesday and Thursday of every month

Register using the [link](https://columbiaassociation.org/explore-columbia/event-calendar/#event=77413381;instance=20240605170000?popup=1).

**Title: HCLS New Baby & Me Hatchling Class Series**

**Description:** Hatchlings: New Baby and Me is an interactive four-week early literacy class series for parents/caregivers with newborns from birth - 6 months. Learn more about supporting your baby's development through fun songs and activities together. Please bring a baby blanket for floor / tummy time.

**Date/Time:** Every Thursday, August 8 – 29, 2024 10:30am – 11:30am

Register using the [link](https://howardcounty.librarycalendar.com/event/hatchlings-new-baby-and-me-newborn-6-months-adult-rg-235012).

**Title: Coffee and Conversations (Birth – Kindergarten)**

**Description:** The Parent’s Place of Maryland is hosting Coffee and Conversations for families with children ages 0-5. Coffee and Conversations is a safe virtual space for

sharing ideas, sharing frustrations, getting resources, and making new friends. Coffee and Conversations (Birth – Kindergarten) sessions meets the first Tuesday of each month at 1:00pm.

**Date/Time:** Tuesday**,** September 3, 2024 1:00pm – 2:00pm

Register using the [link](https://www.ppmd.org/event/coffee-and-conversations-birth-kindergarten/2024-09-03/).

**HEALTHY LIVING**

**Title: Get Heart Smart Workshop**

**Description:** Priority Partners offers many free, interactive health education programs and workshops to help you learn more about the factors that affect your health the most. At this workshop learn about heart disease and how to manage your risk factors. Learning activities focus on stress reduction, exercise, healthy eating, medication management and regular visits with your health care team.

**Date/Time:** Tuesday, July 23, 2024, 12:00pm - 1:00pm

Register using the[link](https://www.ppmco.org/get-free-support/health-wellness-classes/get-heart-smart/).

**Title: Living Well with Diabetes Workshop**

**Description:** This 6-week, interactive workshop allows participants to learn self-management skills such as goal setting and stress management strategies; understand glucose monitoring, skin and foot care; learn techniques to cope with feelings of frustration, fatigue, pain and isolation; develop skills to communicate more effectively with family, friends and health professional; and learn about appropriate exercise and nutrition for people with diabetes.

**Date/Time:** Thursdays, August 8 – September 12, 2024, 5:00pm – 7:00pm

Register using the [link](https://livingwellwithdiabetes.events.hcgh.hopkinsmedicine.org/register/registration/select).

**Title: HCPSS Summer Meal Program**

**Description:** To continue meeting the growing need to feed hungry children and families in Howard County and fill the nutritional gap over the summer months, the Howard County Public School System announces its free summer meal program, which will run weekdays June 24-Aug. 2, 2024. There are no applications, enrollment or fees to participate in this program, however children must be present to receive free meals.

**Date/Time:** Ends August 2, 2024, 12:30pm – 2:00pm

Get more information using the [link](https://www.hcpss.org/food-services/summer-meals/).

**Title: Disability Equity in Emergency Preparedness: Lessons from COVID-19 Vaccination in Massachusetts**

**Description:** Join professionals for a unique exploration of disability equity in emergency preparedness, drawing on lessons learned from COVID-19 vaccination efforts in Massachusetts. This virtual discussion will highlight how tailored emergency response strategies can enhance accessibility and inclusion for people with disabilities. Participants will gain practical tools and data-driven approaches for fostering a more inclusive and equitable emergency preparedness framework.

**Date/Time:** July 24, 2024, 3:30pm – 4:30pm

Register using the [link](https://my.astho.org/events/event-description?CalendarEventKey=b773c713-113d-4e67-97fb-019050ae6900&hlmlt=ED).

**Title: Healthy Hearts Program**

**Description:** This free 4-month program for adults with high blood pressure supports participants in developing the habit of checking their blood pressure at home. Receive a free home blood pressure monitor, as needed. Guidance & support are provided by a trained lifestyle coach. Participants will receive education on healthy food choices that help lower blood pressure.

**Date/Time:** September 2024

Register using the [link](https://health.frederickcountymd.gov/499/Healthy-Hearts-Blood-Pressure-Self-Monit).

**HEALTHY MINDS**

**Title: Voices From the Field — Centering Lived and Living Experience in Overdose Prevention**

**Description**: During this webinar, attendees will: Review key considerations from the series of tools “Ensuring the Inclusion of People with Lived and Living Experience in Health Departments’ Overdose Surveillance and Prevention Efforts. Discuss the successes and challenges experienced by field experts in collaborations between health departments and communities. Examine notable methods for supporting, valuing and prioritizing PWLLE in health department overdose prevention programming.

**Date/Time:** July 29, 2024, 2:00pm – 3:00pm

Register using the [link](https://thenationalcouncil-org.zoom.us/webinar/register/WN_9XF0zpfkTemxKwA50LJ0yQ?mkt_tok=NzczLU1KRi0zNzkAAAGUQmpL3OB4RMa7ygWag0xEj1T3WI7s_5Uu6T8lJwYRRgH4oWwFQHJgjglLo2oeue6bU3_UA9VbdgGjX0lDRaEgl11ehiFHreuw6i1VoSwrpt3x#/registration).

**Title: Transformative Strategies for Person-centered Care: Bridging Tobacco-related Disparities for Justice-involved Individuals**

**Description**: By attending this masterclass, participants will: Increase their understanding of how tobacco-related disparities intersect with the mental health and substance use challenges justice-involved individuals face. Explore policy levers that can expand access to evidence-based approaches for tobacco control and treatment within carceral settings. Identify practical steps for engaging justice-involved individuals in tobacco cessation.

**Date/Time:** July 30, 2024, 3:00pm – 4:00pm

Register using the [link](https://thenationalcouncil-org.zoom.us/meeting/register/tJElce6trD4jHtQszes6hUpZ7Zdka-CiBCJ7?mkt_tok=NzczLU1KRi0zNzkAAAGUQmpL3JOoKqfdYae5d2LZXfGwIfR6Yeo-zx9I1EnNT0xXgt8r3sffAmOni5m0jX5bJfhEfycuDDk-LxutH2cCfXMBmlV-lDYTO3nPgA7EpuQk#/registration).

**Title: Youth Mental Health and Social Media Webinar**

**Description**: Parents, caregivers and providers play an important role in guiding how teens use social media. The webinar will explore safety and privacy concerns when sharing content on social media, what to know about various platforms and how to talk to youth about social media in a way that encourages open conversation.

**Date/Time:** Wednesday, July 17, 2024, 3:30pm – 4:30pm

Register using the [link](https://thenationalcouncil-org.zoom.us/webinar/register/WN_rtLJoE9VSYKXjc1ouw-39Q#/registration).

**Title: Promoting Social Equity for Underrepresented Individuals in the Workforce**

**Description**: Join The National Council for Mental Wellbeing for a powerful panel discussion where our speakers will share their experiences navigating the workforce. We will learn about the impact of positionality through a social justice lens and identify strategies to uplift historically marginalized voices within the workforce.

**Date/Time:** Thursday, July 18, 2024, 12:00pm – 1:00pm

Register using the [link](https://thenationalcouncil-org.zoom.us/webinar/register/WN_UBf4IQt4QgWHQbkNNQUyog?mkt_tok=NzczLU1KRi0zNzkAAAGT-aywN0RbsK30pi5aPz-ExV4gPaf83xtDOn1qWFUTrnLvccEB7xjIuf2xbVz4FD2o01rkqMoj_qRLTNNzsb94n7KltItJAiHb59GKgQcf_cVS#/registration).

**Title: The Thriving Warrior: Supporting the Mental Health Needs of Individuals Living with Sickle Cell Disease – Webinar**

**Description:** In this panel, you will hear from warriors across the lifespan who will share their experiences, opportunities, and challenges in addressing their mental health and building the necessary resiliency, self-care, and support systems.

**Date/Time:** July 22, 2024, 3:00pm – 4:00pm

Register using the [link](https://www.zoomgov.com/webinar/register/WN_Vsar69EpSl6sVKI-5izZ2Q?utm_source=SAMHSA&utm_campaign=d9275cc423-EMAIL_CAMPAIGN_2024_07_12_01_23&utm_medium=email&utm_term=0_-d9275cc423-%5BLIST_EMAIL_ID%5D#/registration).

**OTHER RESOURCES/RESEARCH/ARTICLES/UPDATES**

**Healthy Beginnings**

* The Trevor Project offers a Coming Out Handbook for LGBTQ Youth. [**Link**](https://www.thetrevorproject.org/resources/guide/the-coming-out-handbook/?utm_source=MHAMD&utm_campaign=70ba74543b-EMAIL_CAMPAIGN_2024_05_07_05_06_COPY_01&utm_medium=email&utm_term=0_-3114d20c9d-%5BLIST_EMAIL_ID%5D)**.**
* Understanding the Impact of Adverse Childhood Experiences on Development, Learning, and Relationships webinar. [**Link**](https://www.portdiscovery.org/kidsmealdeals/)**.**
* D.C. schools experiment to help kids learn article. [**Link**](https://www.washingtonpost.com/education/2024/07/13/dc-social-justice-school-family-payments/).
* Becoming A Foster Family: Personal Experiences And Insights opinion article. [**Link**](https://supportforstepdads.com/blog/2024/07/14/becoming-a-foster-family-personal-experiences-and-insights/)**.**
* Children, babies at higher risk for heat illness article. [**Link**](https://www.publicnewsservice.org/2024-07-12/health/ky-experts-children-babies-at-higher-risk-for-heat-illness/a91209-1)**.**
* Administration for Children's Services cuts ribbon at new child protection site article. [**Link**](https://www.bxtimes.com/administration-for-childrens-services-cuts-ribbon-child-protection-site/)**.**
* First Nations leaders and Canada agree on a proposed reform of child and family services. [Link](https://pr.hopedaletownnews.com/article/First-Nations-leaders-and-Canada-agree-on-a-proposed-reform-of-child-and-family-services?storyId=66904c2d11c295cda8d97935).
* One in Nine Kids have ADHD article. [**Link**](https://www.medpagetoday.com/psychiatry/generalpsychiatry/110364?xid=nl_mpt_DHE_2024-05-29&eun=g2262431d0r&utm_source=Sailthru&utm_medium=email&utm_campaign=Daily%20Headlines%20Evening%202024-05-29&utm_term=NL_Daily_DHE_dual-gmail-definition)**.**

**Healthy Living**

* Registration for the 2024 Safe Routes to School National Conference is open. [**Link**](https://web.cvent.com/event/25fffaa0-4df9-41de-b00f-021558eea253/websitePage:de3c8a65-4734-48fe-9e3b-0c0ed28efe12).
* Understanding and Managing Chronic Pain to Stay Active in Life recording. [**Link**](https://www.youtube.com/watch?v=BEFtCrZ6MLQ)**.**
* Registration for the American Public Health Association Annual Meeting & Expo is open. [Link](https://www.apha.org/Events-and-Meetings/Annual/?utm_source=Informz&utm_medium=email&utm_campaign=APHA%20Website&_zs=cfnSe&_zl=d0m94).
* The Association of Community Services celebrates 60 years. [**Link**](https://members.acshoco.org/widget/event-5708402)**.**
* The schedule for Living Well Workshops is available online. [**Link**](https://www.howardcountymd.gov/livingwell)**.**
* Towson University is hosting a Pickleball and Parkinson’s study. [**Link**](mailto:abridges@towson.edu?subject=Pickleball%20and%20Parkinson's%20Study)**.**
* Novel Program Helps People With HIV Manage Chronic Pain article. [**Link**](https://www.medpagetoday.com/infectiousdisease/hivaids/111098?xid=nl_mpt_DHE_2024-07-15&mh=f80893805c96b03be10da3d9b0486440&utm_source=Sailthru&utm_medium=email&utm_campaign=Daily%20Headlines%20Evening%202024-07-15&utm_term=NL_Daily_DHE_dual-gmail-definition)**.**
* Disease Forecasting Basics webinar is July 18. [**Link**](https://account.astho.org/Events/Calendar-Of-Events/Meeting-Home-Page?meetingid=8038e195-1833-ef11-8409-0022480c3019&utm_source=PHW&utm_medium=newsletter&utm_campaign=highlight&utm_content=Learning_Series&utm_term=Disease_Forecasting)**.**
* Newly updated site helps family caregivers, older adults and clinicians address pain management. [**Link**](https://www.johnahartford.org/dissemination-center/view/geriatricpain-org-updated-resources-for-caregivers?utm_source=The+John+A.+Hartford+Foundation+Email+List&utm_campaign=60904d5c3c-rss-3-9_COPY_01&utm_medium=email&utm_term=0_c762038350-60904d5c3c-119174702)**.**

**Healthy Minds**

* Black, Indigenous, and People of Color (BIPOC) Mental Health Awareness Month is celebrated in July. [Link](https://health.maryland.gov/bha/Documents/2022%20Minority%20MH%20Resources.pdf).
* HopeWorks of Howard County is hosting a Where I'm From: Celebrating Life & Community event. [**Link**](https://www.eventbrite.com/e/where-im-from-celebrating-life-community-tickets-937328102587?aff=oddtdtcreator).
* NAMI Metropolitan Baltimore is Enrolling for July Classes. [Link](https://namibaltimore.org/what-we-do/classes/).
* National Council Statement on 988’s Two-year Anniversary. [**Link**](https://www.thenationalcouncil.org/news/988-two-year-anniversary/?mkt_tok=NzczLU1KRi0zNzkAAAGURvhFf5zW0Ufzejv1z0X-sj-YYBxt74HyNo6Y3UUdvpRUxONXeDjxCgVEvFJ0rfDENog1LGulaIQ8DRL4tejp_dmcLI41WxVpIPguiDZCnK-h)**.**
* Frederick County Department of Aging is hosting a Veterans Appreciation Day Event. [**Link**](https://mcusercontent.com/c465639aa2edcd5cefe841b21/files/95c24838-17f5-df76-c48e-da1e59877db3/VAD24_Event_Flyer_2_.pdf)**.**
* NAMI Howard County has a Veteran Support Group that meets every Monday. [**Link**](https://namihowardcountymd.org/support-and-education/veteran-support-group/).
* Senior Mental Health: Dementia Related Cognitive Changes workshop. [Link](https://mcusercontent.com/c465639aa2edcd5cefe841b21/files/a4a21781-b39c-f03c-f2ec-d0bc5d09389e/VSC_Senior_Mental_Health_Summer_2024.pdf).
* University of Maryland is hosting free Youth Mental Health First Aid Training. [Link](https://umdsurvey.umd.edu/jfe/form/SV_7QXn2HPKkHoBEnI).
* SAMHSA has released their 2024 Mental Health Awareness Month Toolkit online. [**Link**](https://www.samhsa.gov/mental-health-awareness-month/toolkit?utm_source=SAMHSA&utm_campaign=60da5deb67-EMAIL_CAMPAIGN_2024_05_13_07_16&utm_medium=email&utm_term=0_-60da5deb67-%5BLIST_EMAIL_ID%5D).