

Tobacco Awareness Matters Program

The Howard County Tobacco Awareness Program offers an evidence-informed vaping/smoking awareness program. The no cost classes are held virtually or in-person and aim to reduce initiation of use for all tobacco products among youth and to increase awareness among adults about youth vaping.

Community Health Education Requests

We are committed to helping educate the community we serve and welcome the opportunity to participate in your upcoming virtual or in-person event. Fill out our request form at <https://bit.ly/3L7Upmp>.

Get Involved

Learn more about community efforts to promote health in Howard County. Visit www.hclhic.org.



Contact Us Today!
410-313-4255

Additional Resources:

Use **CAREAPP** to find help with food, housing, health and more! Visit www.FindHCResources.org.



8930 Stanford Blvd.
Columbia, MD 21045
Phone: 410-313-4255
www.hchealth.org



Cancer
Prevention
& Control
Program



OUR SERVICES

Breast & Cervical Cancer Screening Program

The Breast and Cervical Cancer Screening Program (BCCP) provides no cost breast and cervical cancer screening, diagnosis, and patient navigation services to eligible women in Howard County.

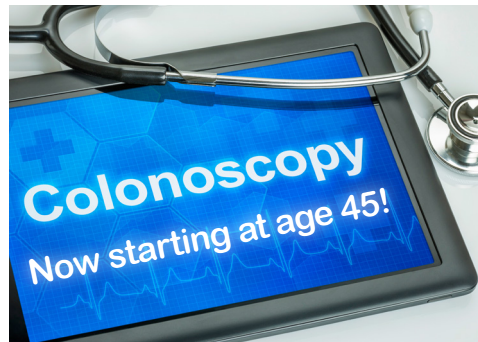
- Clinical breast exam
- Mammogram
- Breast biopsy
- Pap test
- HPV test
- Colposcopy and cervical biopsy
- Education
- Patient navigation (help with scheduling appointments, transportation, interpretation services and more)



Colorectal Cancer/Cancer Prevention, Education, Screening, Treatment Program (CRC/CPEST)

The CRC/CPEST Program provides no cost colorectal screening, diagnosis, and patient navigation services to eligible individuals in Howard County.

- Education
- Prescreen visit with specialist
- Medications to prepare for your screening test
- Colonoscopy
- Patient navigation (help scheduling appointments, transportation, interpretation services and more)
- Case management
- Linkage to treatment, as needed



Tobacco Cessation Program

The Howard County Tobacco Use Prevention and Cessation Program offers a no cost evidence-based smoking cessation program modeled after the American Lung Association's Freedom From Smoking Curriculum. No-cost education and assistance are offered to anyone who lives, works, or studies in Howard County.

- Classes are held in-person or on the telephone
- No cost exam by nurse practitioner
- Nicotine replacement therapy

Resources

- The Maryland Tobacco Quitline
1-800-QUIT-NOW
www.SmokingStopsHere
- Marylanders 13-24 years old can text **Ready** to **887-09** for tips and support to quit.

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