August 1, 2021

LHIC Coalition and Work Group Members - Please see below for upcoming webinars and resources. We encourage you to consider participating and to share these opportunities with your stakeholders and others in the community. If you have programs or opportunities that you would like to submit please send them via email to [lhic@howardcountymd.gov](mailto:lhic@howardcountymd.gov).

**LOCAL RESOURCES AND MEMBER ANNOUNCEMENTS**

* Howard County Government Coronavirus Disease 2019 (COVID-19) Information [StayCOVIDSafe.howardcountymd.gov](https://www.howardcountymd.gov/Departments/COVID-19-Coronavirus-Countywide-Updates)
* Howard County Health Department Coronavirus Disease 2019 (COVID-19) Information <https://www.howardcountymd.gov/Departments/Health/MM-Alerts-and-Recalls>
* COVID-19 Vaccine Clinicfor people with disabilities/chronic health conditions: There are spots available for the COVID-19 Moderna Vaccine (18+) for people with disabilities/chronic health conditions, their caregivers and household members in Howard County. To pre-register, please visit <https://bit.ly/3aT6wnr>.

ARI staff will contact you to schedule an appointment. For more information, contact the

COVID-19 Response Coordinator at 443-713-3915 or [covidsupplies@arinow.org](mailto:covidsupplies@arinow.org).

Clinics will run through May and are sponsored by ARI, the Howard County Health

Department, the Maryland Department of Disabilities and the Maryland Department of

Health.

* Howard County Government Virtual Assistance Portal  
  <https://services.howardcountymd.gov/hcportal?%20%20category_id=273d4345db209450bcfffce9af961947>
* Howard County Community College (Project Access Summer Institute)  
  Project Access is a college preparatory program focused on supporting students with a diagnosed disability as they transition from high school to college. For information about Project Access or to find the application, please visit [www.howardcc.edu/projectaccess](https://gcc02.safelinks.protection.outlook.com/?url=http:%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2FqH-Nnbgphm-oaxNz-NOG2w~~%2FAAAAAQA~%2FRgRiUJgOP0RwaHR0cHM6Ly93d3cuaG93YXJkY2MuZWR1L3NlcnZpY2VzLXN1cHBvcnQvYWNhZGVtaWMtc3VwcG9ydC9kaXNhYmlsaXR5LXN1cHBvcnQtc2VydmljZXMvcHJvamVjdC1hY2Nlc3MvaW5kZXguaHRtbFcHc2Nob29sbUIKYG-OZG9gDja2vFIaa2tlc2xlckBob3dhcmRjb3VudHltZC5nb3ZYBAAAAAE~&data=04%7C01%7Croldham%40howardcountymd.gov%7C6108e0d3a6b34d00d76f08d8feb7cb14%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637539412633182855%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=x6V%2Bi6aNXvuyQ3qya4gZP1vjwV4LJiaAOzS4Uj5Tt7g%3D&reserved=0).

For questions, please email [projectaccess@howardcc.edu](mailto:projectaccess@howardcc.edu).

* CDC Interim Public Health Recommendations for Fully Vaccinated People

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html>

* Customizable COVID-19 Vaccination Content for Health Departments and Other Public Health Partners <https://bit.ly/3mLE77C>
* The Maryland Dental Action Coalition (MDAC) celebrates triple successes in its legislative advocacy in oral health access and equity <https://www.mdac.us/news-events/>
* Maryland Department of Affairs Resource Guide for Veterans and their Families <https://www.aacounty.org/boards-and-commissions/veterans-affairs-commission/forms-and-publications/resource-guide-082019.pdf>
* Columbia Association announces Huntington Pool as the Sensory-Friendly Pool for Summer 2021. For more information, please email [FSRC@hcpss.org](mailto:FSRC@hcpss.org) or call 410 313-7161
* Howard County Public School System (HCPSS) Summer Enrichment <https://www.hcpss.org/enrichment/>
* HopeWorks offers Youth Leadership Project program that’s dedicated to empowering teens (13-18 years old) to challenge systems of oppression and prevent relationship violence in their community. For more information, contact Community Educator: Youth Specialist, Victoria Rain [vrain@wearehopeworks.org](mailto:vrain@wearehopeworks.org)
* Congruent Counseling offering a variety of mental health services and programs for all ages

<https://congruentcounseling.com/>

* Howard County Recreation and Parks Camps and Programs

<https://www.howardcountymd.gov/recreation-parks/programs>

* The University of Maryland wants to know Marylanders' perceptions, awareness, and use of prescription and illicit drugs. This Public Opinion Survey at

<https://umaryland.az1.qualtrics.com/jfe/form/SV_6M8XaCzYrmIgrT8> was designed for

Maryland residents older than 18. If you have any questions, concerns, or complaints about

the study, please contact the Behavioral Health Resources and Technical Assistance

Program at [BHRT@rx.umaryland.edu](mailto:BHRT@rx.umaryland.edu)

* Parents’ guide to navigate Compensatory Education/Recovery Services during the Covid-19 Pandemic - [http://marylandpublicschools.org/programs/Documents/Special-Ed/TAB/ParentsGuide\_CompEd\_RecoveryServices\_Maryland[revMay2021].pdf](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2FNNOQok-L6xzHFhN6azomHw~~%2FAAAAAQA~%2FRgRi0Ld5P0SAaHR0cDovL21hcnlsYW5kcHVibGljc2Nob29scy5vcmcvcHJvZ3JhbXMvRG9jdW1lbnRzL1NwZWNpYWwtRWQvVEFCL1BhcmVudHNHdWlkZV9Db21wRWRfUmVjb3ZlcnlTZXJ2aWNlc19NYXJ5bGFuZFtyZXZNYXkyMDIxXS5wZGZXB3NjaG9vbG1CCmDu-YPvYNsSvWFSGmtrZXNsZXJAaG93YXJkY291bnR5bWQuZ292WAQAAAAB&data=04%7C01%7Croldham%40howardcountymd.gov%7C6fa73c6da4c742b9aaad08d947b78497%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637619675796803855%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=qq1K2cUL4TOvpsOIVKu7UB%2FSesuFq9JkS0Psa%2BvnXDw%3D&reserved=0)
* Howard County Health Department is now recruiting for Underage Tobacco Enforcement Investigators. For more information, please click on <https://www.howardcountymd.gov/sites/default/files/2021-07/Youth%20Tobacco%20Investigator%20Postcard%20T21%207.30.21.pdf>

**FUNDING OPPORTUNITIES**

***1. Title:*** **Low Intensity Support Services**

LISS is a program of the Developmental Disabilities Administration that provides up to

$2000 to assist eligible children and adults with developmental disabilities with purchasing

eligible services and/or items to address their needs. LISS enhances or improves the

of life for eligible individuals and promotes independence and community integration. It is

flexible to meet the needs of children as they grow and adults as they mature across their

lifespan.

The “Open Season” schedule is:

FY 2022 - Round 2

The online access link will open on July 16, 2021.

The online access link will close on November 30, 2021.

Random Selection will take place on December 15, 2021.

The LISS Program's Random Selection Application is now electronic and can be accessed

online for FY 2022 Round 1 and Round 2, visit:

[https://pcis.health.maryland.gov/liss-service/apply](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2F7v8B3HBJTk_mWo8MmSSuPw~~%2FAAAAAQA~%2FRgRi0Ld5P0QzaHR0cHM6Ly9wY2lzLmhlYWx0aC5tYXJ5bGFuZC5nb3YvbGlzcy1zZXJ2aWNlL2FwcGx5VwdzY2hvb2xtQgpg7vmD72DbEr1hUhpra2VzbGVyQGhvd2FyZGNvdW50eW1kLmdvdlgEAAAAAQ~~&data=04%7C01%7Croldham%40howardcountymd.gov%7C6fa73c6da4c742b9aaad08d947b78497%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637619675796823767%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=xdZ3%2FEVKOxvNmwK%2FH10uWWMqW4kTvRSvE7LjY8zoaZk%3D&reserved=0) Please refer to the schedule above as to when to submit your Random Selection

Application, the web site is currently being updated.

**2*. Title***: **The Office of Minority Health (OMH) at the U.S. Department of Health and Human**

**Services Grant Funding Opportunity**

***Description***: This grant funding opportunity is available until **August 17th at 6:00 pm**. This

initiative is about **Minority Leaders Development Program.** Seeking applications for

projects to develop and implement a fellowship program at the U.S. Department of Health

and Human Services (HHS) to provide training in health equity issues and leadership to

early-career individuals to improve the health of racial and ethnic minorities and other

disadvantaged populations. For more information, please click

<https://www.grants.gov/web/grants/view-opportunity.html?oppId=333197>

**3. *Title***: **The Maryland Agriculture Education and Rural Development Assistance Fund**

**(MAERDAF) and the Rural Maryland Prosperity Investment Fund (RMPIF)**

***Description:*** The Maryland Agriculture Education and Rural Development Assistance Fund

(MAERDAF) grant funding provides capacity-building funds to rural nonprofit service

providers. The cap for this grant program is $40,000 and a match is not required. The Rural

Maryland Prosperity Investment Fund (RMPIF) supports the Rural Maryland Council’s

operations and activities, and it also supports the states’ five Regional Councils, rural

entrepreneurship development rural health care organizations, and regional infrastructure

projects. A match is required for RMPIF Funding and is set at 25% match for

entrepreneurship, 50% match for health care, and 75% match for infrastructure. Both

MAERDAF and RMPIF have a two-phase online application process.

Full Application Deadline: Friday, July 16, 2021

Awards announced the week of August 23, 2021

For more information, visit: [rural.maryland.gov/Grant%20Opportunities/](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D0019l6GzqUmbHyd6brk450LjRaA57elfNmhk7JKp_TFS26ZxeN6IAH31iLW4CruKYZheejirgsywBzTS5Es0Li9bV0-IRS-inxYHLGGL8gVZ1Bb-2_T-bEFkvDQeM-xsYaM_P_l8RVPnUr8Pckh0QzBtbYLWs0lyW7lrHjaFbQ7_c0gZp81cVuAUw%3D%3D%26c%3DF6KBw_aFC6uhCLSGFDPW42k8cluWRxzwimNVAfRD5DfInCeY-YxoyA%3D%3D%26ch%3DNNReBTKYh19lbCV15mArFPuEpkN4eEdIShJx9OggDEguFj2P8mYicg%3D%3D&data=04%7C01%7Croldham%40howardcountymd.gov%7C42689b643bbb406495e708d92931bd86%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637586115883063471%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=%2FXceWaV8yWwaNgbYHgYBqaSC9qvl96R1a%2BdUPSJKC9c%3D&reserved=0)

***4. Title*: The Maryland Department of Disabilities**

***Description:*** The Maryland Department of Disabilities will soon be releasing a request for

applications for community-based disability organizations to establish (or expand current

capacity of) health promotion programming to improve the health outcomes of the people

they serve. More information will be shared soon, and you may contact Jennifer Eastman at

[Jennifer.eastman@maryland.gov](mailto:Jennifer.Eastman@maryland.gov) if interested.

***5. Title*: Health Equity Technical Assistance Program**

***Description:*** The Centers for Medicare & Medicaid Services Office of Minority Health (CMS

OMH) offers a health equity technical assistance program with resources aimed to help

health care organizations take action against health disparities.

The CMS OMH Health Equity Technical Assistance program offers personalized coaching,

resources to help improve care for underserved populations, data collection and analysis,

assistance in developing a language access plan to ensure effective communication with

those you serve, and resources to help you embed health equity into your strategic plan.

For more information and to register, visit: [https://www.cms.gov/About-CMS/Agency- Information/OMH/equity-initiatives/Health-Equity-Technical-Assistance](https://www.cms.gov/About-CMS/Agency-%20%20Information/OMH/equity-initiatives/Health-Equity-Technical-Assistance)

**UPCOMING VIRTUAL EVENTS, WEBINARS, AND TRAINING**

***Events below may not be hosted or provided by HCLHIC. If you have any questions about***

***these events, please contact the event organizers directly.***

**6. *Title:* The Village In Howard (TVIH) presents The Legacy Interviews**

(Registration is required)

***Description:*** This 12-week webcast series will feature interviews with diverse legendary

pathfinders who have spent decades in the field of aging, health and social services.

Dr. Ken Dychtwald will conduct each interview.

***Date:*** Every Wednesday, June 23, 2021 – September 8, 2021; 4:00 pm – 5:00 pm

***Link:*** <https://www.thevillageinhoward.org/content.aspx?page_id=0&club_id=855297>

***7. Title:* The Self-Care & the Healing Journey: A Wellness Workshop Series for Youth**

(Registration is required)

***Description:*** HopeWorks of Howard County is offering a 8-week self-care focused virtual

workshop series to address unique stressors experienced by teens (13-18 years old). Each

small group session will feature the use of discussion circles, guest speakers and the use of

the humanities and expressive arts to explore identity, life balance, building coping skills,

relationships and the emotions that influence our sense of wellbeing.

***Date:*** Every Thursday, July 1 through August 19, 2021; 3:00 pm – 5:00 pm

***Link:*** [https://www.eventbrite.com/e/the-self-care-the-healing-journey-a-wellness-](https://www.eventbrite.com/e/the-self-care-the-healing-journey-a-wellness-workshop-series-for-youth-tickets-151219789461) workshop-series-for-youth-tickets-151219789461

***8. Title*: Living Well with Diabetes Class (Virtual)**

(Registration is required)

***Description:*** A 6-week workshop for people who live with or are at risk for diabetes. If you

have Type 2 Diabetes or are have been told you are at risk for prediabetes, learn

techniques for better managing your health to avoid serious health problems that can

result from having diabetes.

***Class Two:*** Every Thursday, July 15 – August 19, 2021; 10:00 am – 11:30 am and 6:00 pm -

7:30 pm

***Class Three:*** Every Thursday, August 19 – September 23, 2021; 10:00 am – 11:30 am

and 6:00 pm - 7:30 pm

***Class Four:*** Every Thursday, September 16 – October 21, 2021; 10:00 am – 11:30 am

and 6:00 pm - 7:30 pm

***Class Five:*** Every Thursday, October 21 – November 25, 2021; 10:00 am – 11:30 am

and 6:00 pm - 7:30 pm

***Class Six:*** Every Thursday, November 18 – December 23, 2021; 10:00 am – 11:30 am

and 6:00 pm - 7:30 pm

***Class Seven:*** Every Thursday, December 16, 2021 – January 20, 2022; 10:00 am – 11:30 am

and 6:00 pm - 7:30 pm

***Link:*** <https://events.hcgh.hopkinsmedicine.org/>

***9. Title*: Cancer Self-Management (Virtual)**

(Registration is required)

***Description:*** This free 6-week workshop for people who live with or are at risk of having a

chronic condition such as heart disease, diabetes, cancer, obesity, depression, chronic pain,

arthritis, lung disease and any other health concerns. During this workshop, you will learn

techniques to cope with feelings of frustration, fatigue, pain and isolation; skills to

communicate more effectively with family, friends and health professionals; exercises to

maintain and improve strength, flexibility and endurance; and improve nutrition and

develop healthy eating habits. Each session within builds upon the last, fostering skills that

build confidence in managing one’s own health.

***Date/Time:*** Every Tuesday, July 27 – August 31, 2021; 6:00 pm - 8:30 pm

***Link:*** [https://bit.ly/CancerManagementClass](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fbit.ly%2FCancerManagementClass&data=04%7C01%7Croldham%40howardcountymd.gov%7Ced8c5814fd1d45ab19b808d94889205e%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637620576102983837%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=SHTQGvm3btFt5SmWjpZt0Y1cW7eKlPDdnd8b%2BPrEw9Y%3D&reserved=0)

**10. *Title*: Healing Black Minds - African American Mental Health Awareness Discussion**

(Registration is required)

***Description:*** This session is one episode of a 5 part series title: "***The New Game Plan: The***

***defining & redefining of African American Mental Health care***." Healing Black Minds is a

discussion surrounding mental health awareness, and how to achieve "Black Psychological

Liberation."

***Date/Time:***  Sunday, August 1, 2021; 6:00 pm – 7:30 pm

***Link:*** [https://www.eventbrite.com/e/healing-black-minds-african-american-mental-health-](https://www.eventbrite.com/e/healing-black-minds-african-american-mental-health-awareness-discussion-tickets-144971655123?aff=ebdssbonlinesearch) awareness-discussion-tickets-144971655123?aff=ebdssbonlinesearch

**11. *Title*: Overcoming Loneliness and Depression**

(Registration is required)

***Description:*** This training is designed to help you to understand what you can do when

experiencing loneliness and depression, and also help you to help others.

***Date/Time:***  August 1-31, 2021; 7:00 pm – 8:00 pm

***Link:*** [https://www.eventbrite.com/e/overcoming-loneliness-and-depression-tickets-](https://www.eventbrite.com/e/overcoming-loneliness-and-depression-tickets-114735049622?aff=ebdssbonlinesearch&keep_tld=1) 114735049622?aff=ebdssbonlinesearch&keep\_tld=1

**12. *Title:* Filling Your Cup: Self Care with and for Youth Peers**

(Registration is required)

***Description:*** This workshop will focus on the importance of actionable strategies for

managing self-care while serving as a youth peer provider. Centered in a holistic definition

of self-care that meets each of SAMHSA’s eight dimensions of wellness, the workshop will

help each peer understand the value and impact of self-care in their peer role. This topic is

of importance to the peer workforce because a strong practice of self-care can counteract

experiences of burnout and overwhelm in peer positions. Actionable strategies will be

shared, including self-reflection tools and self-care resources.

***Date:*** Monday, August 2, 2021; 6:00 pm – 7:30 pm

***Link:*** <https://zoom.us/webinar/register/WN_TodhH-ycQVCJbxyPLjf-cw>

**13. *Title*: Redefining Resilience in the Post-COVID Era**

(Registration is required)

***Description:*** Participants will be able to share an understanding for how COVID-19 has

exacerbated disparities within health departments; how to utilize trauma-informed

principles to shift internal policies and procedures to support resiliency amongst

staff; explore the stages of trauma resilience and implementation into policies; have an

understanding of the importance of viewing staff as whole people within an equity and

resilience framework.

***Date/Time:*** Tuesday, August 3, 2021; 12:00 pm – 1:00 pm

***Link:*** <https://cumc.co1.qualtrics.com/jfe/form/SV_034QrlbosS5DtpI>

**14. *Title*: Secondary Impacts of Trauma: Mental Health, Substance Use and Public Health**

(Registration is required)

***Description:*** This is the third and final session of this 3-part special webinar series will

discuss the role a Trauma Informed Practice can play in overdose prevention, how to

partner effectively, and what strategies look like in action.

***Date/Time:*** Wednesday, August 4, 2021; 1:30 pm – 3:00 pm

***Link:*** <https://zoom.us/webinar/register/WN_gHW10kj9Qrq9XWuky9yEGQ>

**15. *Title:* Supporting Newcomer Youth in Schools**

(Registration is required)

***Description:*** Mental Health Technology Transfer Center Network School Mental Health

Virtual Learning Series

***Date:*** Wednesday, August 4, 2021; 3:00 pm – 4:00 pm

***Link:*** <https://us02web.zoom.us/webinar/register/WN_v1U2K1YmTTKeHc6Myykcvw>

**16. *Title:* Virtual Teen Mental Health Summit**

(Registration is required)

***Description:*** The Howard County NAACP is pleased to present this virtual mental health

program for teens. The goal of this event is to provide Mental Health Awareness

information and practical strategies teens can use for self-care and wellness. Participants

will experience interactive workshops in meditation, mindful journaling, and yoga

facilitated by experienced instructors.

***Date:*** Saturday, August 7, 2021; 9:30 am – 2:00 pm

Register to get the ZOOM link at[bit.ly/naacpmentalhealth](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fbit.ly%2Fnaacpmentalhealth&data=04%7C01%7Croldham%40howardcountymd.gov%7C2dad92f5f0c7456e3b9008d950f57b6a%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637629837538501238%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=AlVedfWILn6BAe5NAjLE3VSTWPvn1hF19B9OuNM75Ao%3D&reserved=0)

**17. *Title***: **BHA/MedChi Behavioral Health Webinar Series: Helping the Helpers and Those**

**They Serve**

(Registration is required)

***Description:*** This is a webinar series between the Maryland Department of Health (MDH)

Behavioral Health Administration (BHA) and MedChi. These webinars are designed to

enhance both health care worker self-care and resultantly the care they provide, as

health care workers combat numerous stressors including the COVID-19 pandemic,

social justice issues, and other stressors that can potentially impact delivered care.

***Link:*** <https://us02web.zoom.us/webinar/register/WN_ery01lKHRH2lc0Q7j238pQ>

***Date/Time:*** Thursday, August 12, 2021; 5:00 pm – 6:00 pm - ***Moral Distress Experienced in***

***Health Care***

***Link:*** <https://us02web.zoom.us/webinar/register/WN_XbvOyxYTSvSDn3VSoVFdgQ>

***Date/Time:*** Thursday, August 26, 2021; 5:00 pm – 6:00 pm - ***Effective Self-Help Strategies***

***and When Therapy is Still Needed***

***Link:*** <https://us02web.zoom.us/webinar/register/WN_NgosWgrWRj2xHIGwNrb_nw>

***Date/Time:*** Thursday, September 9, 2021; 5:00 pm – 6:00 pm - ***Ten Strategies on Building***

***Resilience and Preventing Burnout***

***Link:*** <https://us02web.zoom.us/webinar/register/WN_WafrF9bWQ9yCmDaPW8wH-w>

***Date/Time:*** Thursday, September 23, 2021; 5:00 pm – 6:00 pm - ***Dealing with Compassion***

***Fatigue and Burnout***

***Link:*** <https://us02web.zoom.us/webinar/register/WN_CPh3Y6EKSqONk7k2LSY7Dg>

***Date/Time:*** Thursday, October 14, 2021; 5:00 pm – 6:00 pm - ***So Often and So Casually:***

***Recognizing and Responding to LGBTQ Workplace Microaggressions***

***Link:*** <https://us02web.zoom.us/webinar/register/WN_Yw_0WHA1Qt6Ys-0XB14geQ>

***18. Title:* Living Well Chronic Disease Class (Virtual)**

(Registration is required)

***Description:*** This free 6-week workshop for people who live with or are at risk of having a

chronic condition such as heart disease, diabetes, cancer, obesity, depression, chronic pain,

arthritis, lung disease and any other health concerns. During this workshop, you will learn

techniques to cope with feelings of frustration, fatigue, pain and isolation; skills to

communicate more effectively with family, friends and health professionals; exercises to

maintain and improve strength, flexibility and endurance; and improve nutrition and

develop healthy eating habits. Each session within builds upon the last, fostering skills that

build confidence in managing one’s own health.

***Class:*** Every Sunday, August 15 – September 19, 2021; 1:00 pm - 3:30 pm

***Link:*** [http://bit.ly/startlivingwell](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fbit.ly%2Fstartlivingwell&data=04%7C01%7Croldham%40howardcountymd.gov%7Ced8c5814fd1d45ab19b808d94889205e%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637620576102973882%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=r2uuHk441nV3qzH9XlXEbX0tMLqe21PWrpGhSZ2MC14%3D&reserved=0)

***19. Title*: MDAAP/ADANE Nutrition Webinar Series**

(Registration is required)

***Description:*** The Maryland Chapter, American Academy of Pediatrics (MDAAP) is

partnering with the American Dairy Association North East for a four-part webinar series.

Webinar three is entitled “A Thoroughly Modern Approach to Childhood Nutrition in the

21st Century”.

***Date/Time:*** Tuesday, August 17, 2021; 12:00 pm - 1:00 pm

For more information, please contact [loretta@mdaap.org](mailto:loretta@mdaap.org)

***20. Title*: Sleep in Childhood**

(Registration is required)

***Description:*** This informative two-part webinar is about the brain processes that control

healthy sleep and the best approaches for managing common sleep disorders in children.

This event is geared to parents of children up to the age of five. Please plan to attend both

Workshops.

***Part One:*** Wednesday, August 18, 2021; 12:00 pm – 2:00 pm

***Part Two:*** Wednesday, August 25, 2021; 12:00 pm – 2:00 pm

***Link:*** <https://mdcoalition.force.com/s/detail/7012M000002Ayqw>

***21. Title:* Compensatory Education Services Workshop with Disability Rights Maryland (DRM)**

(Registration is required)

***Description:*** This webinar will have a brief overview of what compensatory services are and how to request them from their local school systems. After the presentation, attendees who pre-registered for a time slot will have a one-on-one session with Disability Rights Maryland staff attorneys to ask specific questions regarding their concerns. The link to sign up for a one-on-one session will be emailed when a registration for the webinar is completed.

***Date/Time:*** Wednesday, August 25, 2021; 10:00 pm – 12:00 pm

***Link:*** [https://pathfindersforautism.org/compensatory-educational-services-webinar/](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2F4PZpK8bhjs5fGIuguOGJpQ~~%2FAAAAAQA~%2FRgRi0Ld5P0RLaHR0cHM6Ly9wYXRoZmluZGVyc2ZvcmF1dGlzbS5vcmcvY29tcGVuc2F0b3J5LWVkdWNhdGlvbmFsLXNlcnZpY2VzLXdlYmluYXIvVwdzY2hvb2xtQgpg7vmD72DbEr1hUhpra2VzbGVyQGhvd2FyZGNvdW50eW1kLmdvdlgEAAAAAQ~~&data=04%7C01%7Croldham%40howardcountymd.gov%7C6fa73c6da4c742b9aaad08d947b78497%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637619675796783943%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=pWy%2BenSOyYFCFZXXZY98IHXZWhRtiBmJ2nUNVAJT3po%3D&reserved=0)

***22. Title*: Stop the Bleed Classes (Virtual)**

(Registration is required)

***Description:*** In this training, participants will learn how to take simple steps to keep the

injured person alive until appropriate medical care is available. It starts with knowing

what to do.

* + Thursday, August 26, 2021; 3:00 pm – 4:00 pm

[Registration Link](https://howardcountymd.webex.com/mw3300/mywebex/default.do?nomenu=true&siteurl=howardcountymd&service=6&rnd=0.6384123908214362&main_url=https%3A%2F%2Fhowardcountymd.webex.com%2Fec3300%2Feventcenter%2Fevent%2FeventAction.do%3FtheAction%3Ddetail%26%26%26EMK%3D4832534b00000004728529686496c3fe4af62313daf37d66d9f9b2c4d1dffed716a5ee5918186642%26siteurl%3Dhowardcountymd%26confViewID%3D195289070625104464%26encryptTicket%3DSDJTSwAAAATeIxs2DDHOhAUDciSClk8NpzC5XZo9uYgV2jIIrZstfg2%26)

For more information, please contact [outreach@hcdfrs.org](mailto:outreach@hcdfrs.org)

***23. Title:* All In: Data for Community Health Presents Pandemic Recovery: An Opportunity to**

**Align Data Systems?**

(Registration is required)

***Description:*** With hundreds of billions of dollars flowing to state and local governments as

part of the pandemic recovery effort, there is a once-in-a-lifetime opportunity to address

upstream determinants of health and rebuild our public health and human services

infrastructures. This webinar will aim to address what are some of the immediate

opportunities at the state and local level for rebuilding and how can this moment be

leveraged to advance better data systems across all sectors?

***Date/Time:*** Tuesday, August 31, 2021; 1:00 pm – 2:00 pm

***Link:*** <https://us06web.zoom.us/webinar/register/WN_e84xwT-hRZqvk6B6uIlqlQ>

***24. Title*: Delicious Discoveries**

(Registration is required)

### ***Description:*** Giant grocery chain nutritionist will hold an interactive series for kids that

### explores all things food science — with a nutrition twist!

***Date/Time:*** Saturday, September 25, 2021; 10:00 am – 11:00 am

***Date/Time:*** Saturday, September 25, 2021; 1:00 pm – 2:00 pm

***Date/Time:*** Saturday, November 20, 2021; 10:00 am – 11:00 am

***Date/Time:*** Saturday, November 20, 2021; 1:00 pm – 2:00 pm

***Link:*** [https://www.eventbrite.com/e/delicious-discoveries-tickets-148639848789](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.eventbrite.com%2Fe%2Fdelicious-discoveries-tickets-148639848789&data=04%7C01%7Croldham%40howardcountymd.gov%7C419d566b2d66415b149908d937409546%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637601572778860898%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=wpgFKdLof9T5TqAslNIbwiuf34%2BKlZmwRSPIJTTUlKs%3D&reserved=0)

***25. Title*: 33rd Annual Suicide Prevention Conference**

***Date/Time:*** Wednesday, October 6, 2021

***Description:*** National Institute of Mental Health (NIMH) leaders, Dr. Crystal Barksdale,

Dr. Stephen O’Connor, and Dr. Jane Pearson, will discuss their work in suicide prevention

and mental health research.

Click <https://bit.ly/2QEsKSQ> for more information.

***26. Title*: 4th Annual Health Literacy in Action**

***Date/Time:*** October 14-15, 2021

More information will be posted on this website as it becomes available

<https://hlactionconf.com/>

***27. Title*: 39th NAMI Maryland Annual Conference**

(Registration is required)

***Date/Time:*** October 15-16, 2021

***Description:*** The NAMI Maryland Virtual Annual Conference is about hope, ideas, and

gaining new skills. The goal is to learn about the latest research, discover resources that

you may not have known were there, develop a talent for advocacy, and foster a better

understanding of issues relating to mental illness.

For more information about the conference, please contact [connection@namimd.org](mailto:connection@namimd.org)

***Link:*** <https://conftrac.com/#/registration/attendee/?domain=NAMI21>

**SELF-PACED COURSES AND ON-GOING SUPPORT PROGRAMS**

***28. Title:* Waitlist for Spanish Language Living Well with Chronic Disease Class**

For more information, visit[https://bit.ly/TomandoListadeEspera](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fbit.ly%2FTomandoListadeEspera&data=04%7C01%7Croldham%40howardcountymd.gov%7Ced8c5814fd1d45ab19b808d94889205e%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637620576102963923%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=8YcCwR%2BKSUlLpvlmFrlEsoSyN7buxPMUAxqvkh0AWjc%3D&reserved=0)

***29. Title:* Maryland Commitment to Veterans**

***Description***: Regional Resource Coordinators are devoted to assisting any Maryland

resident who has served or is currently serving in the US Armed Services (Active duty,

Guard or Reserve) and their families, with access to mental health and substance use

services.

MCV also provides: Case management, Referral services, Peer support, Suicide prevention,

Weekly or bi-weekly check-ins through their special program, MCV Operation Roll Call, and

Training and Education. Calls accepted 24/7 at 1-877-770-4801.

For more information, visit <https://bha.health.maryland.gov/veterans/Pages/Home.aspx>

***30. Title*: Diabetes Support Group (Virtual via Zoom)**

(Registration is required)

***Description:*** This support group will provide you with social and emotional support, as well

as educational resources to help you with managing your diabetes.

***Date/Time:*** Third Thursday of Every Month; 10:00 am - 11:30 am and 6:00 pm - 7:30 pm

***Link:*** <https://events.hcgh.hopkinsmedicine.org/event/journey-to-better-health/diabetes-support-group>

Please email Kristine Batty, NP at [kbatty2@jhmi.edu](mailto:kbatty2@jhmi.edu) for more information.

***31. Title:* Disability Rights Maryland (DRM) Virtual Q&A Sessions**

(Registration is required)

***Description:*** Disability Rights Maryland’s Education Team is hosting a weekly Facebook Live Q&A session to answer parents' most pressing questions about distance learning for students with disabilities as a response to the coronavirus pandemic. There’s one Q&A live session held each month for Spanish-speaking parents. Captioning is provided in real time and past videos are available on the DRM Facebook page with full captioning at

<https://www.facebook.com/pg/DisabilityRightsMD/videos/>

***Date/Time:*** Every Wednesday from 6:30 pm – 7:30 pm

***Link:***<https://bit.ly/3mQPTfX>

More information about Disability Rights Maryland can be found at

[https://disabilityrightsmd.org/](https://gcc02.safelinks.protection.outlook.com/?url=http:%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2Fg2hq1rE4GwbJGHlE5Vi1DQ~~%2FAAAAAQA~%2FRgRiBqjIP0QfaHR0cHM6Ly9kaXNhYmlsaXR5cmlnaHRzbWQub3JnL1cHc2Nob29sbUIKYCFIdSVgfFYHXFIaa2tlc2xlckBob3dhcmRjb3VudHltZC5nb3ZYBAAAAAE~&data=04%7C01%7Croldham%40howardcountymd.gov%7Cdc34a008f9b64003b5a508d8d29586e1%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637490886934358412%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=cycNUIp%2FhDj8OViSrYFfW6ldijlJCw7f0qRckfatTvE%3D&reserved=0)

***32. Title***: [**National Center on Disability in Public Health**](https://nationalcenterdph.org/)

(Registration is required)

***Description:*** This Prepared4ALL Affiliate group aims to mobilize disability organizations

and their networks to foster connections with emergency and public health

professionals to build trust, create sustainable relationships, and get a seat at the

emergency planning table. Monthly Townhalls are held on the third Wednesday of every

month.

* + Wednesday, August 18, 2021 at 1:00 pm
  + Wednesday, September 15, 2021 at 1:00 pm
  + Wednesday, October 20, 2021 at 1:00 pm
  + Wednesday, November 17, 2021 at 1:00 pm
  + Wednesday, December 15, 2021 at 1:00 pm

***Link:*** <https://zoom.us/meeting/register/tJ0scOCqqz0vH9ZFpWR92X2cFhyZJV2SJ4bD>

***33. Title***: **National Alliance on Mental Illness (NAMI)**

NAMI support groups for parents/caregivers of children and adolescents with behavioral

health challenges. No diagnosis is necessary.

***Parent/Caregiver Support Group for School-Aged Students -*** Second Monday of each

Month.

***Parent/Caregiver Support Group for TAY (Transition Age Youth) -*** Third Thursday of each

Month.

Register for either group at <https://bit.ly/3rKwUp4>

***Title: NAMI Basics on Demand***

This six-session online education program is for parents/caregivers of youth aged 22 or

younger who are experiencing behavioral health challenges. No specific diagnosis is

necessary.

Sign up at: <https://publiccourseapi.nami.org/Learner/Login?ReturnUrl=%2F>

Sponsored by National Alliance on Mental Illness (NAMI) Howard County,

<https://namihowardcounty.org/>.

For more information about any of this online program or NAMI, please visit

[info.namihc@gmail.com](mailto:info.namihc@gmail.com) or 410-772-9300

***34. Title:* Howard County Commission for Veterans and Military Families**

***Description:*** The commission meets monthly on the 1st Thursday of the month. Its purpose is to assure that Veterans and military family’s issues are addressed effectively and efficiently. For more information, email [veterans@howardcountymd.gov](mailto:veterans@howardcountymd.gov) with questions.

***35. Title:* University of Maryland Study Seeking Veterans**

***Description:*** Have you experienced a traumatic event in your life? Do thoughts about this experience affect you now? Do you use alcohol to get relief? We are conducting a research study of a medication that may help people who have experienced a traumatic event feel better and drink less. Traumatic events are things like physical or sexual assault, war zone exposure, serious accidents, and natural disasters. To learn more, go to: [http://www.rethinkyourdrinking.org/](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTcsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA0MDkuMzg1MDE1NzEiLCJ1cmwiOiJodHRwOi8vd3d3LnJldGhpbmt5b3VyZHJpbmtpbmcub3JnLyJ9.GbxbyTWR_h8ufdQP-Ezalpi6Oohkz8cvkNhzHNq1eRE%2Fs%2F865979351%2Fbr%2F101736786288-l&data=04%7C01%7Croldham%40howardcountymd.gov%7C5805858505a747fdd21908d8fb586a11%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637535704445825699%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=%2B8uEujXP1MVXoek%2FWhGPsLONTTDqk5kjpp129wYsd5M%3D&reserved=0), email us at [rethinkyourdrinking@som.umaryland.edu](mailto:rethinkyourdrinking@som.umaryland.edu), or contact us by phone (410) 402-6412.

***36. Title*: Howard County Seniors Together Virtual Group Offering**

(Registration is required)

***Description:*** Seniors Together groups offer older adults the opportunity to join in weekly virtual discussions on a variety of topics. Stay connected while staying home!

***Group 1: Think Positive Group*** Every Monday from 1:00 pm – 2:00 pm

***Group 2: Caregiver Support Group*** Every Monday from 7:00 pm – 8:30 pm

***Group 3: Men’s Roundtable*** Every Tuesday from 10:00 am – 12:00 pm

***Group 4: Low Vision Support Group*** Every Tuesday from 1:00 pm – 2:15 pm

***Group 5: Newstalk*** Every Thursday from 10:00 am – 11:30 am

***Group 6: Brainteasers*** Every Thursday from 12:30 pm - 1:30 pm

***Group 7: Open Mind Group*** Every Friday from 10:00 am – 12:00 pm

***Group 8: Trenders*** Every Friday from 1:00 pm – 2:30 pm

***Link:*** <https://bit.ly/2HQ7qGe>

***37. Title:* The Suicide Prevention Resource Center**

(Registration is required)

***Description:*** The Suicide Prevention Resource Center is offering a free online course

[Locating and Understanding Data for Suicide Prevention](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001eHWYXQwmQQFCnR1Dep9Ih79EcGGDQt8XLhayxTxm23zXSKT8J-bF8vA59c8bYRMOckH_AvtztauSOac_5Srl3zmB9sGR2W9Cn-7LObj9GNAH4pAVQ2lm0bi4Wdu3-7BUtIP3eNX8Uoulnyd8MKYKzoL9UhcZ8CWkwMqbp5xD9usy2iAkZb-QBA%3D%3D%26c%3D4UmRdv5sFc5LFDADbzcFNR4MgnV4r8aYwUtmKvAGTJ_TbVdcbQRq5Q%3D%3D%26ch%3DmjtsqEyDWZlpKysy0CmI92UfaFbC_Pjo5-3NhbQnoU5CohohoIGDxw%3D%3D&data=04%7C01%7Croldham%40howardcountymd.gov%7Caccc32d7b0ba4f3798f708d8f83e4ec1%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637532293802820875%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=C3%2FDnBRI%2FB425Ih4wVUv%2FG7SboI4vAb0BPRFXQIOXQg%3D&reserved=0). The course explores a variety of

commonly used data sources for information on suicide deaths and attempts, suicidal

ideation, and related factors—as well as new frontiers in suicide surveillance, such as

interactive dashboards and real-time data collection.

**38. Title: Maryland Cancer Collaborative (MCC)**

***Description:*** MCC is recruiting members to new workgroups (Tobacco Cessation Support,

HPV, Vaccination Awareness, Cancer Risk Factors, High Risk Population Community,

Outreach, and Cancer Survivorship Education) to create action plans to implement their

Priorities.

***Link:*** <https://www.surveymonkey.com/r/MCCworkgroups>

If you have questions, please contactBrian Mattinglyat[brian.mattingly@maryland.gov](mailto:brian.mattingly@maryland.gov)

***39. Title:*** **An Ace Up Our Sleeves: The COVID-19 Vaccine Rollout Revealed Our Strengths and**

**Our Neglected Public Health Infrastructure**

***Description:*** This editorial in the *Journal of Public Health Management & Practice* explores

how a segmented and uncoordinated approach to COVID-19 vaccine rollout led to

inequitable and inaccessible distribution. Heather H. Pierce, JD, MPH, AAMC senior director

for science policy, is the author.

***Link:*** <https://bit.ly/3e6nWOa>

***40. Title:* The University at Albany School of Public Health**

(Registration is required)

***Description:*** The University at Albany School of Public Health has selected some of their

most popular activities to engage you in learning more about "Building Bridges to Better

Health". One course is called Addressing Health Equity: A Public Health Essential

<https://phtc-online.org/learning/?courseId=41&status=all&sort=group> and the other

course is called Raising Community Voices to Reduce Maternal Mortality

<https://www.albany.edu/cphce/phl_032819.shtml>

***41. Title:* The University of Pennsylvania School of Dental Medicine**

(Registration is required)

***Description:*** The University at Albany School of Dental Medicine has created a new

continuing education series to help improve access to dental care for people with

Disabilities <https://bit.ly/2Q2X5uC>

***42. Title:* RCA Academy Courses**

(Registration is required)

***Description:*** RCA Academy has launched online courses to better serve everyone in the

Behavioral Health industry during the COVID-19 pandemic. These free courses are eligible

for 1 or 2 NBCC or NAADAC credits each. For more information, please click this link:

<https://bit.ly/3fzvRUW>

***43. Title:* Vaping and Oral Health: Seeing Through Clouds (Recorded Webinar)**

(Registration is required)

***Description:*** This recorded webinar will include three speakers that share latest evidence

on e-cigarette and resources for providers. They will also describe the vaping epidemic and

ingredients in vape pens that interact with the oral biome; share the latest evidence of the

impacts of vaping on the oral mucosa and locate the latest resources on vaping use

implications for patients, especially targeted youth.

***Link:*** <https://ebusiness.ada.org/education/viewcourse.aspx?id=536>

***44. Title: 2*ndAnnual Racism and Mental Health Symposium**

(Registration is required)

***Description:*** The Maryland Suicide Prevention Office is having their second annual Racism

and Mental Health Symposium to be held virtually on December 8, 2021.

For any questions, please email [mdh.mdmindhealth@maryland.gov](mailto:mdh.mdmindhealth@maryland.gov)

***45. Title*: Underlying Medical Conditions and Severe COVID-19: Evidence-based Information**

**for Healthcare Providers**

***Description:*** During this COCA Call, presenters will update clinicians on the underlying

medical conditions associated with severe COVID-19, describe the methods used to rate

the evidence linking conditions to severe COVID-19, review the evidence on risk for

conditions included, and provide resources for healthcare providers caring for patients with

underlying medical conditions.

***Link:*** <https://bit.ly/3cy4udl>

***46. Title:* Caring for Woman Veterans in the Community**

(Registration is required)

***Description:*** During this COCA Call, presenters will update clinicians on the underlying

medical conditions associated with severe COVID-19, describe the methods used to rate

the evidence linking conditions to severe COVID-19, review the evidence on risk for

conditions included, and provide resources for healthcare providers caring for patients with

underlying medical conditions.

***Link:*** <https://bit.ly/3grQlzl>

***47. Title:* Effective Communication for Healthcare Teams**

(Registration is required)

***Description:*** This interactive training course aims to raise the quality of interactions

between health care professionals and patients by providing an interactive guide to

understanding health literacy, cultural competency and limited English proficiency.

***Link:*** <https://bit.ly/2Tn0hTe>

***48. Title:* A Public Health Approach to Alzheimer’s and Other Dementias**

(Registration is required)

***Description:*** This introductory curriculum that is intended to increase awareness of the

impact of Alzheimer’s disease and other dementias as well as the role of public health. This

curriculum addresses cognitive health, cognitive impairment, and Alzheimer’s disease and

is intended for use by undergraduate faculty in schools and programs of public health and

other related disciplines.

***Link:*** <https://bit.ly/3g9EVBC>

**49. *Title:* Parents’ Place of Maryland (PPMD)**  
 PPMD continually releases new resources to support Maryland families of children with

disabilities and special health care needs. Click the links below to view some of our newest

Information.

**Building Independence** -

[https://www.ppmd.org/wp-content/uploads/2021/03/Independence-TIES-SPED-](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2F7FX-7tyQKYZ79oIJTteTBw~~%2FAAAAAQA~%2FRgRirifbP0RKaHR0cDovL2ZpbGU6Ly8vVXNlcnMvYXNjaG9sei9Eb3dubG9hZHMvSW5kZXBlbmRlbmNlLVRJRVMtU1BFRC0zLjIwMjEtMi5wZGZXB3NjaG9vbG1CCmDIW_TMYOERjqtSGmtrZXNsZXJAaG93YXJkY291bnR5bWQuZ292WAQAAAAB&data=04%7C01%7Croldham%40howardcountymd.gov%7Cbe442cd121bb4048198208d934b8adcd%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637598790072078496%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=3ujXMMtwxJGyFE3rdlkI6t1g%2FdVee1e9kIS3wRcFLDY%3D&reserved=0) 3.2021.pdf  
 **IEP checklist for Parents of Students with the Most Significant Cognitive Disabilities -**

[https://www.ppmd.org/wp-content/uploads/2021/03/IEP-Checklist-TIES-SPED-3.2021.pdf](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2FpOwBIDM_m_wG4q1sIOvpAg~~%2FAAAAAQA~%2FRgRirifbP0RLaHR0cDovL2ZpbGU6Ly8vVXNlcnMvYXNjaG9sei9Eb3dubG9hZHMvSUVQLUNoZWNrbGlzdC1USUVTLVNQRUQtMy4yMDIxLTIucGRmVwdzY2hvb2xtQgpgyFv0zGDhEY6rUhpra2VzbGVyQGhvd2FyZGNvdW50eW1kLmdvdlgEAAAAAQ~~&data=04%7C01%7Croldham%40howardcountymd.gov%7Cbe442cd121bb4048198208d934b8adcd%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637598790072098405%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=bGCJ9AgxdrPPHO8MK678TE6WkvGm30yKEC9ktujVWXE%3D&reserved=0) **Present Levels of Academic Achievement and Functional Performance (PLAAFP) -**

[https://www.ppmd.org/wp-content/uploads/2021/03/PLAAFP-TIES-SPED-3.2021.pdf](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2FQ4WxBcoRvSSKv3t35iXLLg~~%2FAAAAAQA~%2FRgRirifbP0RFaHR0cHM6Ly9maWxlOi8vL1VzZXJzL2FzY2hvbHovRG93bmxvYWRzL1BMQUFGUC1USUVTLVNQRUQtMy4yMDIxLTIucGRmVwdzY2hvb2xtQgpgyFv0zGDhEY6rUhpra2VzbGVyQGhvd2FyZGNvdW50eW1kLmdvdlgEAAAAAQ~~&data=04%7C01%7Croldham%40howardcountymd.gov%7Cbe442cd121bb4048198208d934b8adcd%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637598790072108360%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=wVaSzK3EYkZQOu2cTXWzCiAyNgatwON29RT2mAyrV84%3D&reserved=0)

**50*. Title:* Behavior Talks – Resources to Support Student Success**

(Registration is required)

***Description:*** Behavior Talks is a series of brief trainings for parents/caregivers created by

HCPSS staff. Each video shares useful tips to promote student success related to behavior,

social/emotional needs, organization/self-management at home, and more. Current videos

include:

* Being a Flexible Thinker
* Breaking Down a Task
* Giving Feedback and Praise
* Making a Schedule & Setting Expectations

***Link:*** [https://www.hcpss.org/special-education/behavior-talks/](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2FK0lgjUpAFXwoz9urTVp0QA~~%2FAAAAAQA~%2FRgRi0Ld5P0Q3aHR0cHM6Ly93d3cuaGNwc3Mub3JnL3NwZWNpYWwtZWR1Y2F0aW9uL2JlaGF2aW9yLXRhbGtzL1cHc2Nob29sbUIKYO75g-9g2xK9YVIaa2tlc2xlckBob3dhcmRjb3VudHltZC5nb3ZYBAAAAAE~&data=04%7C01%7Croldham%40howardcountymd.gov%7C6fa73c6da4c742b9aaad08d947b78497%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637619675796803855%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=WWTAbzewIjBG3KNYVhpgtGkhMuuz18RQblX0jCKtR1U%3D&reserved=0)

***51. Title:* Empowering Parents as Partners Presentations Online**

(Registration is required)

***Description:*** The presentations from the HCPSS Empowering Parents as Partners

Conference and the opening session by Dr. Terri Savage are posted on the HCPSS website

on the Special Education page.

***Link:*** [https://www.hcpss.org/special-education/](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2F_5rA3aXayBm0KVNm0Et44w~~%2FAAAAAQA~%2FRgRi0Ld5P0QoaHR0cHM6Ly93d3cuaGNwc3Mub3JnL3NwZWNpYWwtZWR1Y2F0aW9uL1cHc2Nob29sbUIKYO75g-9g2xK9YVIaa2tlc2xlckBob3dhcmRjb3VudHltZC5nb3ZYBAAAAAE~&data=04%7C01%7Croldham%40howardcountymd.gov%7C6fa73c6da4c742b9aaad08d947b78497%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637619675796813808%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=vaiWlH0gVQKT0K%2FgEb49AOBPGCtPO6pingCLRawSH8k%3D&reserved=0)

**52. Health Equity and Racism Summer Series (Recorded Webinar)**

(Registration is required)

***Description:*** These recorded webinars from New England Public Health Training Center will

offer valuable lessons on Health Equity and the medically underserved communities.

**Health Haves, Health Nots in a time of Covid-19**

<https://www.nephtc.org/enrol/index.php?id=187>

[**Systemic Inequities that Impact Black Lives and Communities of Color in Connecticut**](https://www.nephtc.org/course/view.php?id=208)

<https://www.nephtc.org/enrol/index.php?id=208>

[**Engaging Indigenous Communities in Health Equity Activities**](https://www.nephtc.org/course/view.php?id=193)

<https://www.nephtc.org/enrol/index.php?id=193>

**OTHER RESOURCES/RESEARCH/ARTICLES/UPDATES**

**Health Access, Equity and Disparity**

* CDC: COVID-19 Vaccine Administration, by Race and Ethnicity — North Carolina, December 14, 2020–April 6, 2021 <https://bit.ly/3wLtCEC>
* MMWR: Acceptability of Adolescent COVID-19 Vaccination Among Adolescents and Parents of Adolescents — United States, April 15–23, 2021 <https://bit.ly/3koTbca>
* Engaging Youth with Special Health Care Needs and Families of Children with Special Health Care Needs: Recommendations for Medicaid Agencies <https://bit.ly/3kXHzgz>
* NIH: NIMHD Workshop Explores the Impact of Work on Health Disparities

<https://bit.ly/3y1Ee3L>

* NLM: Positive Beliefs and the Likelihood of Successful Community Discharge From Skilled Nursing Facilities <https://pubmed.ncbi.nlm.nih.gov/32991871/>
* NLM: Super fragmented: a nationally representative cross-sectional study exploring the fragmentation of inpatient care among super-utilizers

<https://pubmed.ncbi.nlm.nih.gov/33853590/>

* JAMA: Characteristics of Deaths Among Individuals in US Immigration and Customs Enforcement Detention Facilities, 2011-2018

[https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2781682?](https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2781682?resultClick=1) resultClick=1

* AHRQ: Racial Inequality in Prescription Opioid Receipt - Role of Individual Health Systems <https://pubmed.ncbi.nlm.nih.gov/34289277/>
* CDC: Addressing Racial and Ethnic Disparities in COVID-19 Among School-Aged Children: Are We Doing Enough? <https://bit.ly/2UU7H1e>
* RWJF: COVID-19 Vaccine Attitudes Among Nonelderly Adults Who Reported Being Unlikely to Get Vaccinated <https://rwjf.ws/3xcNJvL>
* RWJF: Few Unvaccinated Adults Have Talked to Their Doctors About the COVID-19 Vaccines <https://rwjf.ws/3f1rNxd>
* Medicaid and Housing Partnerships: A Resource for Local Health Departments

<https://bit.ly/3i6ilea>

* NICHQ: Four Steps to Address Racism’s Impact on Maternal and Child Health

<https://bit.ly/3f4Y2M6>

* NICHQ: From Awareness to Action: Strategies for Combating Racism in Health Systems

<https://bit.ly/3x8N6U4>

* NICHQ: Maternal Depression: Everyone Can Play a Role to Help Families Thrive

<https://bit.ly/3ybydl8>

* Consumer Financial Protection Bureau - Find help with rent and assistance programs for your location<https://bit.ly/3BW0cHB>
* MMWR: Guidance for Implementing COVID-19 Prevention Strategies in the Context of Varying Community Transmission Levels and Vaccination Coverage

<https://bit.ly/3y8gYRH>

* MMWR: Disparities in COVID-19 Vaccination Coverage Among Health Care Personnel Working in Long-Term Care Facilities, by Job Category, National Healthcare Safety Network — United States, March 2021 <https://bit.ly/3ygb9BH>

**Behavioral Health**

* JAMA: Mortality From Drug Overdoses, Homicides, Unintentional Injuries, Motor Vehicle Crashes, and Suicides During the Pandemic, March-August 2020

<https://jamanetwork.com/journals/jama/fullarticle/2780436?resultClick=1>

* JAMA: Temporal Trends in Suicidal Ideation and Attempts Among US Adolescents by Sex and Race/Ethnicity, 1991-2019

<https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2780949>

* JAMA: Evaluation of Attention-Deficit/Hyperactivity Disorder Medications, Externalizing Symptoms, and Suicidality in Children

<https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2780600>

* The American Journal of Psychiatry:Insights Into Suicide and Depression

<https://ajp.psychiatryonline.org/doi/10.1176/appi.ajp.2020.20081207>

* JAMA: Maximizing the Uptake of a COVID-19 Vaccine in People With Severe Mental Illness <https://bit.ly/36vubbd>
* JAMA: A Population-Level Approach to Suicide Prevention

<https://jamanetwork.com/journals/jama/article-abstract/2780596>

* JAMA: Association of Opioid Agonist Treatment With All-Cause Mortality and Specific Causes of Death Among People With Opioid Dependence A Systematic Review and Meta-analysis

[https://jamanetwork.com/journals/jamapsychiatry/article-abstract/2780655?](https://jamanetwork.com/journals/jamapsychiatry/article-abstract/2780655?resultClick=1) resultClick=1

* JAMA: Accuracy Requirements for Cost-effective Suicide Risk Prediction Among Primary Care Patients in the US <https://jamanetwork.com/journals/jamapsychiatry/article-abstract/2777612?resultClick=1>
* CDC: Effect of Inadequate Sleep on Frequent Mental Distress <https://bit.ly/3i706oQ>
* CDC: Opioid and Nonopioid Analgesic Prescriptions for Dental Visits in the Emergency Department, 2015–2017 National Hospital Ambulatory Medical Care Survey

<https://bit.ly/3zHtQ1r>

**Chronic Disease**

* Racial Disparities in Post-Acute Home Health Care Referral and Utilization among Older Adults with Diabetes <https://pubmed.ncbi.nlm.nih.gov/33808769/>
* HPV vaccination lowering U.S. cervical cancer rates <https://bit.ly/3wCv8ZN>
* United States Preventive Services Task Force Releases Final Recommendation, Evidence Summary, and Modeling Study on Screening for Colorectal Cancer

<http://pressroom.cancer.org/USPSTF2021CRC>

* HPV-Related Cancers Might Surpass Cervical Cancer for At-Risk Groups

[https://www.clinicaloncology.com/Solid-Tumors/Article/06-21/HPV-Related-Cancers-](https://www.clinicaloncology.com/Solid-Tumors/Article/06-21/HPV-Related-Cancers-Might-Surpass-Cervical-Cancer-for-At-Risk-Groups/63839) Might-Surpass-Cervical-Cancer-for-At-Risk-Groups/63839

* New Annual Report on Cancer Shows Rapid Decrease in Lung Cancer and Melanoma Deaths <https://bit.ly/3f2kzcw>
* CDC: COVID-19 and Chronic Disease: The Impact Now and in the Future

<https://bit.ly/3x99bBJ>

* CDC: Cancer Incidence Projections in the United States Between 2015 and 2050

<https://bit.ly/3ymJSOh>

**Nutrition/Physical Activity**

* Increasing Healthy Nutrition and Physical Activity Across the Cancer Continuum through Policy, Systems, and Environmental Change: A Resource for Comprehensive Cancer Control Coalitions <https://bit.ly/3eaLBxJ>
* Early-Onset Colorectal Cancer — Are Sugary Drinks to Blame? <https://wb.md/3xF2zMr>
* Gerontological Society of America (GSA) White Paper on Obesity in Older Adults

<https://www.geron.org/images/gsa/documents/Obesity_in_Older_Adults.pdf>

* CDC: Reducing Sodium Intake in Community Meals Programs: Evaluation of the Sodium Reduction in Communities Program, Arkansas, 2016–2019 <https://bit.ly/376R3Oi>
* CDC: Association Between Food Insecurity and Diet Quality Among Early Care and Education Providers in the Pennsylvania Head Start Program <https://bit.ly/3yemeDm>
* NIH: Two Keys to Losing Weight and Keeping it Off <https://bit.ly/3BTsi6s>