August 12, 2022

LHIC Coalition and Work Group Members - Please see below for upcoming webinars and resources. We encourage you to consider participating and to share these opportunities with your stakeholders and others in the community. If you have programs or opportunities that you would like to submit please send them via email to [lhic@howardcountymd.gov](mailto:lhic@howardcountymd.gov).

**LOCAL RESOURCES AND MEMBER ANNOUNCEMENTS**

* Lay Health Educator Program, A program of Johns Hopkins Bayview’s Healthy Community Partnership. The Lay Health Educator Program (LHEP) is a free, 9-week, 13.5-hour course

for volunteers from religious communities who are interested in addressing many of

today’s greatest health challenges. [Link](https://app.smartsheet.com/b/form/d82934e3ce2c492cbbcfa8cb5bcecc27)

* Howard County's Office of Veterans and Military Families partners with Fort Meade Alliance to introduce the [Military Wellness Community Connection (MWCC)](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001ZorQvPbldqIRm70hc0xAr884ia_7luifoXsCypsFseZZ84atKTV7ZWujeUfTV-HDG_QnlzEDyhKwsp1u8Xw7zRs6qmOefA-r2_XeSJM-A8f3KMWd_Aqm-kUzS45tgopkTEK3XEhbf3QPGvuJcWMSjanWbmLW8d7kv266kNNKO-TpdspvNjLBLpXzQFgJtHCxYxcLrpqBRjc1-XSWxPdQxQ%3D%3D%26c%3DYdn8vTwhrbxADEqxcPXYKs1caBpXhcDH53S_kt3RHzHvJpkBnuA6wQ%3D%3D%26ch%3DS-QnAKHXgEtjcIcRk1za0MnWNKsa230ygRzwB0wR_7_SoGKwVSFQhQ%3D%3D&data=05%7C01%7Croldham%40howardcountymd.gov%7C7ba9ca1cf5aa46192b1808da605e27e9%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637928254757300784%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=RkZwJ%2BgVESW8sKxfoOwL1sypHUe3iqDu94P1tNDT7WY%3D&reserved=0)
* International Overdose Awareness Day on August 31st. [Link](https://www.eventbrite.com/e/international-overdose-awareness-day-tickets-376755735547)

**FUNDING OPPORTUNITIES**

**1. *Title:* Barclay-Giel ​Seed Grants**

**Description:** The PHS Commissioned Officers Foundation (COF) for the Advancement of Public Health have announced the [2023 Barclay-Giel Seed Grants opportunity](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001rDEz3ks2rNNpShmTdWqddDYQ8uX2nx2gTInqiStAHG9eH0ikGoTsFqxsFG8FFewlkN72vYFPj-LXOufpq4XbMUBvL1SZ0WrEkrVlRPoPbyTvp134HuUqHI2QwCbq_L5zpsMCGiJ5OIiFRymdkXsbguKmkfz82V1j%26c%3DSMgXIkTJCx8Qy9IF-Hb1EZN1mjixlXo1x9Sdm8TTGz9s0uX5psoLcA%3D%3D%26ch%3DRJppOly7zLY7qnTdq6oESJPqqyVllAKc1Vu1BNfhyOj0J_MBft3u2g%3D%3D&data=05%7C01%7Cbrambharat%40howardcountymd.gov%7Cce92a5f6d2944971c0f308da7bb6e3af%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637958322693228396%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=0ZZ72n%2BOQFDG54vXpZiV%2FvKR%2FAF5eAo9gKm6l8e%2F5xM%3D&reserved=0). Any 501c3 non-profit or local/state/tribe/tribal organization with a focus on public health*.*

*2.* ***Title:* Healthy Eating Research**

**Description:** Healthy Eating Research, a national program of the Robert Wood Johnson Foundation, is funding research focused on how pandemic-driven social and economic programs and policies related to poverty reduction impact child obesity, diet quality, and food and nutrition security. Applications are open at [this link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001rDEz3ks2rNNpShmTdWqddDYQ8uX2nx2gTInqiStAHG9eH0ikGoTsFoUGt8m5hfno2fD9orz5XOEVJpFKuUsIuf6yUE-A7FElLgEfnisu0ov3tAPCpdz5BRUnNE8mCIPpr3-J7ov8adCfFOO7bwe_gEWiGj6oMDeQ1nJvROyaGeTEPNAQwdaW9ZG9prFYmZtAo3WrmNioR28nM6IWtQo_eOBAGgI4MSW2%26c%3DSMgXIkTJCx8Qy9IF-Hb1EZN1mjixlXo1x9Sdm8TTGz9s0uX5psoLcA%3D%3D%26ch%3DRJppOly7zLY7qnTdq6oESJPqqyVllAKc1Vu1BNfhyOj0J_MBft3u2g%3D%3D&data=05%7C01%7Cbrambharat%40howardcountymd.gov%7Cce92a5f6d2944971c0f308da7bb6e3af%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637958322693540846%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=vfJdkmxabQmTvhX6lkG%2FONmNSD690vX%2FyrbzIB49E%2BQ%3D&reserved=0) with an October 12th deadline.

**3.** **Title: Office of Minority Health and Health Disparities Grant: Enhancing Epidemiology and Laboratory Capacity for COVID-19 Through Community-Based Strategies**

**Description:** The Maryland Department of Health (MDH or the Department), Office of Minority Health and Health Disparities (MHHD) is issuing this Request for Applications (RFA) as part of Maryland’s strategy for enhancing Epidemiology and Laboratory Capacity for COVID-19.

[**Application**](https://files.constantcontact.com/0ff72fd4301/51cd5f3f-677a-433f-8f40-8b448c5732b6.pdf?rdr=true)

**UPCOMING VIRTUAL EVENTS, WEBINARS, AND TRAINING**

***Events below may not be hosted or provided by HCLHIC. If you have any questions about***

***these events, please contact the event organizers directly.***

**HEALTHY BEGINNINGS**

1. ***Title:* Centering Community Voices: Solutions to Safe Sleep and Breastfeeding Using a Quality Improvement Framework**

**Description:** Community partners will share their experiences leading and implementing QI activities and discuss implications for MCH projects and community-based research.

**Date/Time:** August 24, 2022 at 2:00pm

**Register** using the [link](https://nichq.org/resources/webinars?utm_campaign=Monthly%20Campaign%20-%20December%202018&utm_medium=email&_hsmi=221851874&_hsenc=p2ANqtz-8NFtVh2gVrRmoW4JPECo3WyPkWYGbvDGcWbet6OcwYjaMuuiH5n1IvcswzvwX5j9AxjjMByjoEpLRW99SRtx9XUX9n96UOAkIP1HWD-aVM1ZcJ8S0&utm_content=221851873&utm_source=hs_email)

1. **Title: Brain Builders: Infant Years**

**Description:** Through this workshop, parents and caregivers will gain an understanding of their infant’s developing brain and how simple daily interactions and activities are the learning moments that support those brain connections.

**Date/Time:** August 17, 2022 at 7:00pm

Register using the [link](https://anc.apm.activecommunities.com/howardcounty/activity/search/detail/117368?onlineSiteId=0&locale=en-US&from_original_cui=true)

1. **Title: Brain Builders: Optimizing Your Toddler’s Early Brain Development**

**Description:** Learn about the exponential brain growth that occurs during this time period, look at the serve-and-return interactions that happen through play, and gain tips on how to stay positive when your toddler is exerting their ever-growing sense of independence.

**Date/Time:** August 23, 2022 at 7:00pm

Register using the [link](https://anc.apm.activecommunities.com/howardcounty/activity/search/detail/117373?onlineSiteId=0&locale=en-US&from_original_cui=true)

1. **Title: Self -Advocacy 101: Take Charge of Your Education**

**Description:** Students, do you wish your parents and teachers understood what you want for your life? Parents, do you want to know how to support your student with an IEP or 504 and make sure their education needs are being met?

**Date/ Time:** August 25 at 4:00pm

Register using the [link](https://www.eventbrite.com/e/self-advocacy-101-take-charge-of-your-education-tickets-306837187287)

**HEALTHY LIVING**

1. ***Title*: Healing Trauma for Better Health**

***Description***: Indigenous groups are healing generations of trauma that have resulted from federal policies that called for the destruction of their cultural identities. Hear stories on how these communities are addressing emotional, physical, and spiritual well-being by revitalizing cultural traditions, and using policies and family and social support programs to improve health.

***Date/Time:*** August 16, 2022 at 3:00pm

***Register using the*** [***Link***](https://uwmadison.zoom.us/webinar/register/3616583378051/WN_K_W_mrNqTUOYGjLIcrdyOA)

1. **Title: Age-Friendly Public Health Systems training series**

**Description:** The next installment of TFAH's 2022 Age-Friendly Public Health Systems training series will focus on how livable communities are addressing social determinants of health.

***Date/Time:*** August 18, 2022 at 3:00pm

***Register using the*** [***link***](https://tfah.wufoo.com/forms/q1dan4ud0ipfu4d/)

1. ***Title:* Raising the Bar upcoming Webinars:**
   1. September 13th, [How Advocates Can Influence Healthcare to Advance Equity](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001rDEz3ks2rNNpShmTdWqddDYQ8uX2nx2gTInqiStAHG9eH0ikGoTsFrT3sVH8anPsuYnua6e_p7nf3oLqcuFSvq7F71xPL2U-McDQUJj2AFpkq64zKNv3x-rnw_qi2EI6Orp2P9pRpmEC1Yv1HqvCngdwLrddo3xgXM2lkd5LBbTy1rkTVWhv4GiUE-F6isXKzdXja5PiCek%3D%26c%3DSMgXIkTJCx8Qy9IF-Hb1EZN1mjixlXo1x9Sdm8TTGz9s0uX5psoLcA%3D%3D%26ch%3DRJppOly7zLY7qnTdq6oESJPqqyVllAKc1Vu1BNfhyOj0J_MBft3u2g%3D%3D&data=05%7C01%7Cbrambharat%40howardcountymd.gov%7Cce92a5f6d2944971c0f308da7bb6e3af%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637958322693072168%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=v1VIsNsq%2FWkTCM0GosCazllUV%2BjRporOYD2nHkRHDyc%3D&reserved=0)
   2. September 29th, [Models for Strategic Planning to Coordinate Equity Efforts](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001rDEz3ks2rNNpShmTdWqddDYQ8uX2nx2gTInqiStAHG9eH0ikGoTsFrT3sVH8anPsRovUc_P8zMt7nVGdd8eTbMLWXD3bsxoDIquYLbGaX8fMKITVJinEFd0Wr6iIfL8jNiok5Pf92-Lh-MuWRlDgwx9m_aBLtCg8i8DjM9uNImg9GeP0sCpveQS2TkFcguXubT7riJB4ccg%3D%26c%3DSMgXIkTJCx8Qy9IF-Hb1EZN1mjixlXo1x9Sdm8TTGz9s0uX5psoLcA%3D%3D%26ch%3DRJppOly7zLY7qnTdq6oESJPqqyVllAKc1Vu1BNfhyOj0J_MBft3u2g%3D%3D&data=05%7C01%7Cbrambharat%40howardcountymd.gov%7Cce92a5f6d2944971c0f308da7bb6e3af%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637958322693072168%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=%2BgQziox%2BZ95%2FqBxTYvUks%2BD5McJvLbyD7053cVY6tDE%3D&reserved=0)
   3. October 24th, [Informing Workplace Practices and Policies to Advance Equity](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001rDEz3ks2rNNpShmTdWqddDYQ8uX2nx2gTInqiStAHG9eH0ikGoTsFrT3sVH8anPs5af8tPtQ7I5xBqcIL40VxMbcG1PqCA2wJ_RTkFJdQXPQ_RBgFS5HL-aZxzxngne5taeomiS5wufE2QPzLInGB8072YHp4YLxOXwU4wlm6jEl2BvgCu-gSb7hGh5i4cS7T3JDvRqBzhc%3D%26c%3DSMgXIkTJCx8Qy9IF-Hb1EZN1mjixlXo1x9Sdm8TTGz9s0uX5psoLcA%3D%3D%26ch%3DRJppOly7zLY7qnTdq6oESJPqqyVllAKc1Vu1BNfhyOj0J_MBft3u2g%3D%3D&data=05%7C01%7Cbrambharat%40howardcountymd.gov%7Cce92a5f6d2944971c0f308da7bb6e3af%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637958322693072168%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=%2BRoZpXHENU5puevHBAgTViBYL2Lr0m4qYpBNmsaGSuM%3D&reserved=0)
2. **Title: 2022 AARP Livable Communities Workshop: Housing for People of All Ages**

**Description:** Register today for Housing for People of All Ages, a free, virtual AARP Livable Communities workshop about the ways communities nationwide can provide safe, affordable housing options for people of all ages, life stages, backgrounds, incomes and abilities.

**Date:** September 21 and 22

**Register** using the [link](https://www.aarp.org/livable-communities/housing/info-2022/housing-workshop.html?cmp=EMC-DSM-NLC-OTH-LC-1307201-1595907-6564686-NA-081022-LivableCommunities-MS6-HousingforPeople-TXT-CTRL-Community&encparam=r4h%2fW%2bBI0qigNN8zNBZP%2f%2bO%2b6dgzqs5tz7iHLJv0310%3d)

1. **Title: Double Burden of Malnutrition Epidemiology in Low-and-Middle Income Communities**

**Description:** The aim of this webinar is to present the coexistence of undernutrition and obesity at the individual, household, and country levels and the degree to which nutrition programs and policies take into account the double burden within their scope and objectives in Low-and-Middle Income Communities.

**Date/Time:** September 20, 2022 at 11:00am

**Register** using the [link](https://register.gotowebinar.com/register/8441344816152848396)

**HEALTHY MINDS**

**1. Title: Sleep and Dementia: A Brain Health Academy Seminar**

**Date/Time:** August 17, 2022 at 1:00 – 2:00pm

**Register** using the [link](https://www.usagainstalzheimers.org/sleep-and-dementia)

**2. Title: Virtual Opioid Overdose Response Training Program**

**Date/ Time:**

* [**August 18th, 3:00pm**](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhowardcountymd.webex.com%2Fmw3300%2Fmywebex%2Fdefault.do%3Fnomenu%3Dtrue%26siteurl%3Dhowardcountymd%26service%3D6%26rnd%3D0.037551133302513695%26main_url%3Dhttps%253A%252F%252Fhowardcountymd.webex.com%252Fec3300%252Feventcenter%252Fevent%252FeventAction.do%253FtheAction%253Ddetail%2526%2526%2526EMK%253D4832534b00000005b310b4ade85e73286ffe84e825a60bbb095876f25e154f41782918f3b55f2fa4%2526siteurl%253Dhowardcountymd%2526confViewID%253D231643366278832482%2526encryptTicket%253DSDJTSwAAAAUnxVoa1azfiGstmnWGISKTmtYC0_2X4iY8PE_yx2M8SA2%2526&data=05%7C01%7Cbrambharat%40howardcountymd.gov%7Cf7f9a67bb9574d3cd8c008da7c668ce0%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637959077156618009%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=IOaD8FhBXNRsYSHczE%2B9dqXHVddQ9snVJEPn%2FkYk9hY%3D&reserved=0)
* [**September 13th, 3:00pm**](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhowardcountymd.webex.com%2Fmw3300%2Fmywebex%2Fdefault.do%3Fnomenu%3Dtrue%26siteurl%3Dhowardcountymd%26service%3D6%26rnd%3D0.4060051897098438%26main_url%3Dhttps%253A%252F%252Fhowardcountymd.webex.com%252Fec3300%252Feventcenter%252Fevent%252FeventAction.do%253FtheAction%253Ddetail%2526%2526%2526EMK%253D4832534b0000000508325bb6685eb3692af7ec3e95b9a0e8b78be1affc45018c614ed80d670c49b0%2526siteurl%253Dhowardcountymd%2526confViewID%253D231644097487577900%2526encryptTicket%253DSDJTSwAAAAXN0wCEqMrDBuAlE6CJuVQIbH5n_sKobBp2bvQPEXxJ3Q2%2526&data=05%7C01%7Cbrambharat%40howardcountymd.gov%7Cf7f9a67bb9574d3cd8c008da7c668ce0%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637959077156618009%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=JAOTJpL8Ljae%2BBDcB8MdpyQkxIZf4GQZWfWmGNfTWGY%3D&reserved=0)
* [**September 22nd, 3:00pm**](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhowardcountymd.webex.com%2Fmw3300%2Fmywebex%2Fdefault.do%3Fnomenu%3Dtrue%26siteurl%3Dhowardcountymd%26service%3D6%26rnd%3D0.3547321358625727%26main_url%3Dhttps%253A%252F%252Fhowardcountymd.webex.com%252Fec3300%252Feventcenter%252Fevent%252FeventAction.do%253FtheAction%253Ddetail%2526%2526%2526EMK%253D4832534b000000055ef1f6e1914cb8ec74a34552fc03e79dc74b15558957e434033ca62e12dcf278%2526siteurl%253Dhowardcountymd%2526confViewID%253D231645291062764031%2526encryptTicket%253DSDJTSwAAAAXYwhK1dZqJOaWjji5DJile1M6XD70I4VfDjKHbWCAnoA2%2526&data=05%7C01%7Cbrambharat%40howardcountymd.gov%7Cf7f9a67bb9574d3cd8c008da7c668ce0%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637959077156618009%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=JfnWTGN5K%2BOMybtF5F725yLZg6bnSPNwMbws745mceI%3D&reserved=0)

**3. Title: Maryland Department of Health: MedChi Programs**

**August 25**: Mindfulness and Other Techniques for Stress and Anxiety

Cheryl Mirabella, MA, NHC. Moderator: TBD.

Register for this webinar at this link:

[https://us02web.zoom.us/webinar/register/WN\_SbDfYQwgQZOSVCoV87IYuw](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fus02web.zoom.us%2Fwebinar%2Fregister%2FWN_SbDfYQwgQZOSVCoV87IYuw&data=05%7C01%7Cbrambharat%40howardcountymd.gov%7Cf7f9a67bb9574d3cd8c008da7c668ce0%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637959077156618009%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=uo68%2BVcnOwPTn5Zi66%2BnPARVLt3mP%2BbMt2DTPsiGrR0%3D&reserved=0)

**September 8:** The Role of Nutrition and Physical Activity in Mental Wellbeing.

Dhruti Patel, MS. Moderator: Jennifer Greenspun, LCSW-C.

Register for this webinar at this link:

[https://us02web.zoom.us/webinar/register/WN\_zD\_Os3\_pSyiOLQoBuwTamA](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fus02web.zoom.us%2Fwebinar%2Fregister%2FWN_zD_Os3_pSyiOLQoBuwTamA&data=05%7C01%7Cbrambharat%40howardcountymd.gov%7Cf7f9a67bb9574d3cd8c008da7c668ce0%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637959077156618009%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=dh5Rp02u2kKM0JEkpuAzp3%2FgASL5fgFQ8Bj3I2qIzLo%3D&reserved=0)

**September 22:** Clinician Wellbeing: Psychological PPE in the Age of Covid and Beyond.

Carol A Bernstein, MD. Moderator: Hinda Dubin, MD.

Register for this webinar at this link:

[https://us02web.zoom.us/webinar/register/WN\_ggwayVOxQ4yEMyHQDyWhlA](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fus02web.zoom.us%2Fwebinar%2Fregister%2FWN_ggwayVOxQ4yEMyHQDyWhlA&data=05%7C01%7Cbrambharat%40howardcountymd.gov%7Cf7f9a67bb9574d3cd8c008da7c668ce0%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637959077156773811%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=hU1rl2Zh8qcA3hGfNmQvyKjZd9O4tZdqvAskL4HKmbY%3D&reserved=0)

**SELF-PACED COURSES AND ON-GOING SUPPORT PROGRAMS**

**HEALTHY MINDS**

**1. Title: CovidCONNECT Series: Suicide Prevention Safety Planning; The What, Why, and How Description:** CovidCONNECT is a resource center for Maryland residents who were impacted by COVID-19 personally such as being sicken by the virus, loss of employment or other ways.

This webinar will focus on the impact of Safety Planning on suicide prevention, and provides an overview of the what, why, and how Safety Planning can keep the environment safe for those we care about and ourselves. It will be led by Taryn Gauthier, a member of the Veterans Affairs (VA) Maryland Suicide Prevention Team. Date & Time: August 18th at 5:00pm

Register:

For more information on CovidCONNECT, visit: [https://covidconnect.health.maryland.gov/](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001udDWMBkbOXnOB4EF3IQOaituMcHagWUq59rAjqnrT4mCxFi8o7Bt5hna6pCWNZ9bYL5c-q7P7zmcAOM1Iqou3JC8CgfPKH4aiybtcJnflzzn7P4m6bNxwyycfvmVnXFw6izxZLNDlPIjl2wWLWSWvlNaeOhxCjoc8uNh5PmQDj8%3D%26c%3DZ8Rdfv7Lr_w8vbSq6kjYqN3iWvG60bs1_NaaqbVqbWY-EYsyEH98kQ%3D%3D%26ch%3DTUZRSBnIHTFIgg-xu4tCXsVUHCld1-CkCxeUg75MXDsk9Cgbi8bFtA%3D%3D&data=05%7C01%7Cbrambharat%40howardcountymd.gov%7Cc9535cd8ee084b8f727c08da7c84e9ba%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637959207989872250%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=HqKBZj6YsX1ACWzyfgFoShUHN8XnAl96GujM5GGsUxU%3D&reserved=0)

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To register for this event, visit: [https://us02web.zoom.us/webinar/register/WN\_hU51S-11ThGVS-Vo2NIkkA](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001udDWMBkbOXnOB4EF3IQOaituMcHagWUq59rAjqnrT4mCxFi8o7Bt5nhOqrFLMWefS_0Bq1hPTnNouv_0XmFqPER_KS-UhpEgJPGBD5t13CaGmFl0d8aBG7YvxzQ48QgcOSqynXTP8H4k6iSLpsC-WOZgbDHUt-MMn-OcPIcjOBPkv9F3Hb63_XSgOFSlS5699V9Hk3Wz670%3D%26c%3DZ8Rdfv7Lr_w8vbSq6kjYqN3iWvG60bs1_NaaqbVqbWY-EYsyEH98kQ%3D%3D%26ch%3DTUZRSBnIHTFIgg-xu4tCXsVUHCld1-CkCxeUg75MXDsk9Cgbi8bFtA%3D%3D&data=05%7C01%7Cbrambharat%40howardcountymd.gov%7Cc9535cd8ee084b8f727c08da7c84e9ba%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637959207989872250%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=jmx5vDQJCLlX9gC94twxsofPYfUAqovQmiGzZdhI9jQ%3D&reserved=0)

2. **Title: BHA/MedChi Behavioral Health Series: Mindfulness and Other Techniques for Stress and Anxiety**

***Description:*** BHA/MedChi Behavioral Health Series are designed for behavioral and medical health care workers of all disciplines across the state including community and hospital settings to enhance health care workers' self-care and the care they provide due to numerous stressors workers have to combat during the COVID-19 pandemic.

***Register:*** *Visit:* [*https://us02web.zoom.us/webinar/register/WN\_SbDfYQwgQZOSVCoV87IYuw*](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001udDWMBkbOXnOB4EF3IQOaituMcHagWUq59rAjqnrT4mCxFi8o7Bt5nhOqrFLMWeflqj0I4Kb7t9wjRChKa2bei8hN1VQ7N-mjM1yMgbwNBr52vCaK8X2iyxcjqhDq3G-q28dE2kE9wpmPN7s3QF2GPcqWP-ls2GHHWRLwYyVK7hnllhSHETZD32tYgk_7dHnpFTVCmgXXMI%3D%26c%3DZ8Rdfv7Lr_w8vbSq6kjYqN3iWvG60bs1_NaaqbVqbWY-EYsyEH98kQ%3D%3D%26ch%3DTUZRSBnIHTFIgg-xu4tCXsVUHCld1-CkCxeUg75MXDsk9Cgbi8bFtA%3D%3D&data=05%7C01%7Cbrambharat%40howardcountymd.gov%7Cc9535cd8ee084b8f727c08da7c84e9ba%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637959207990028878%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=YcgunS1mmIhFx8zBNptDPQMrjC5DBBlCCLYHwa7iIr0%3D&reserved=0)

**OTHER RESOURCES/RESEARCH/ARTICLES/UPDATES**

**Healthy Beginnings**

* Policy Statement: Breastfeeding and the Use of Human Milk. [Link](https://publications.aap.org/pediatrics/article/150/1/e2022057988/188347/Policy-Statement-Breastfeeding-and-the-Use-of?autologincheck=redirected&utm_campaign=Monthly%20Campaign%20-%20December%202018&utm_medium=email&_hsmi=221851874&_hsenc=p2ANqtz-_cWjRaBKepAhIhVCte3lkl2-OxUiZMFm_QUz7690xXNvP7D6tq-9-eaTO6_9Qa7q-UR17dA5-uywd18cONRLEXTvoYuyuXBhPcgcAm5A0sJUX5a4E&utm_content=221851873&utm_source=hs_email)
* Building on Campaigns with Conversations [Modules]. [Link](https://nichq.org/resource/building-campaigns-conversations-modules?utm_campaign=Monthly%20Campaign%20-%20December%202018&utm_medium=email&_hsmi=221851874&_hsenc=p2ANqtz-_rkYzK1NvlZWjTiKhdh1QAd6HinVHGbThwyMLHZTmgz9tCwtDZuOHmmKLGt21Qk8pnpm6yIDYxK-pWqLusAI3EJkasNSYRE0WVF60NUGk705ElrYU&utm_content=221851873&utm_source=hs_email)
* Toddlers’ Responses to “Baby Talk” Linked to Social, Cognitive, Language Abilities <https://www.nimh.nih.gov/news/research-highlights/2022/toddlers-responses-to-baby-talk-linked-to-social-cognitive-language-abilities>
* Systematic review and meta-analysis of the effects of exercise on depression in adolescents. [Link](https://pubmed.ncbi.nlm.nih.gov/35227300/).

**Healthy Living**

* A new Special Publication from the National Academy of Medicine reviews, sector by sector, the challenges and successes the healthcare system experienced during COVID-19. [Link](https://nam.edu/programs/value-science-driven-health-care/emerging-stronger-after-covid-19-priorities-for-health-system-transformation/)
* [Alcohol-Attributable Deaths Help Drive Growing Socioeconomic Inequalities In US Life Expectancy](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhealthaffairs.lt.acemlnb.com%2FProd%2Flink-tracker%3FredirectUrl%3DaHR0cHMlM0ElMkYlMkZ3d3cuaGVhbHRoYWZmYWlycy5vcmclMkZkb2klMkYxMC4xMzc3JTJGaGx0aGFmZi4yMDIxLjAxOTA1JTNGdXRtX21lZGl1bSUzRGVtYWlsJTI2dXRtX3NvdXJjZSUzRGV2ZW50cw%3D%3D%26sig%3D4fu9mPJKZ2KMk5Bg9JzMk9Qfu2DBkgcrzDuPHHhFsLxz%26iat%3D1660227650%26a%3D%257C%257C25515840%257C%257C%26account%3Dhealthaffairs.activehosted.com%26email%3DhlpW7pDaPTqxMsWKIbP4p6kM1F0CRx%252Bte1TDDYUAWkg%253D%26s%3D43b6fb161994e84dea7c0894bfb1aa30%26i%3D5418A6106A33A140169&data=05%7C01%7Cbrambharat%40howardcountymd.gov%7C56b2f1c2c54b4903391a08da7ba4b385%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637958244569750658%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=bD7KbrGrtdB1Zw9nEndJOf07O5hT3sEPDnVCJtTrGUc%3D&reserved=0) paper examines changes in US life expectancy between 2000 and 2018 attributable to alcohol.
* Study Shows Favorable Outcomes for Newly Eligible Adults With Disabilities in Medicaid Expansion States. [Link](https://pubmed.ncbi.nlm.nih.gov/35811358/)
* Problems Accessing Enough Food Could Affect Diabetes Management. [Link](https://www.cdc.gov/diabetes/library/features/diabetes-and-food-insecurity.htm?ACSTrackingID=DM86985&ACSTrackingLabel=The%20Impact%20of%20Food%20and%20Nutrition%20Insecurity&deliveryName=DM86985)
* Making Strides 2022: State Report Cards on Support for Walking, Bicycling, and Active Kids and Communities. [Link](https://www.saferoutespartnership.org/resources/2022-state-report-map?ACSTrackingID=USCDC_2054-DM87243&ACSTrackingLabel=August%202022%20Active%20People%20Healthy%20Nation%20newsletter&deliveryName=USCDC_2054-DM87243)
* NIMHD-Funded Study Finds Medicaid Expansion Benefits Young Adults. [Link](https://nimhd.nih.gov/news-events/research-spotlights/medicaid-expansion-benefits-young-adults.html?utm_medium=email&utm_source=govdelivery)
* Coverage for obesity prevention and treatment: analysis of state employee health plans and use of benefits. [Link](https://onlinelibrary.wiley.com/doi/full/10.1002/oby.23468)

**Healthy Minds**

* Expanding access to medications for opioid use disorder through locally-initiated implementation. [Link](https://pubmed.ncbi.nlm.nih.gov/35725648/)
* History of Hypertensive Disorders During Pregnancy Linked to Increased Risk of Dementia. [Link](https://aaic.alz.org/releases_2022/high-blood-pressure-pregnancy-dementia-risk.asp)
* Experiences of Racism Associated with Poor Memory, Increased Cognitive Decline. [Link](https://aaic.alz.org/releases_2022/racism-cognitive-decline.asp)