June 30, 2021

LHIC Coalition and Work Group Members - Please see below for upcoming webinars and resources. We encourage you to consider participating and to share these opportunities with your stakeholders and others in the community. If you have programs or opportunities that you would like to submit please send them via email to lhic@howardcountymd.gov.

**LOCAL RESOURCES AND MEMBER ANNOUNCEMENTS**

* Howard County Government Coronavirus Disease 2019 (COVID-19) Information [StayCOVIDSafe.howardcountymd.gov](https://www.howardcountymd.gov/Departments/COVID-19-Coronavirus-Countywide-Updates)
* Howard County Health Department Coronavirus Disease 2019 (COVID-19) Information <https://www.howardcountymd.gov/Departments/Health/MM-Alerts-and-Recalls>
* COVID-19 Vaccine Clinicfor people with disabilities/chronic health conditions: There are spots available for the COVID-19 Moderna Vaccine (18+) for people with disabilities/chronic health conditions, their caregivers and household members in Howard County. To pre-register, please visit <https://bit.ly/3aT6wnr>.

ARI staff will contact you to schedule an appointment. For more information, contact the

COVID-19 Response Coordinator at 443-713-3915 or covidsupplies@arinow.org.

Clinics will run through May and are sponsored by ARI, the Howard County Health

Department, the Maryland Department of Disabilities and the Maryland Department of

Health.

* Howard County Government Virtual Assistance Portal
<https://services.howardcountymd.gov/hcportal?%20%20category_id=273d4345db209450bcfffce9af961947>
* Howard County Community College (Project Access Summer Institute)
Project Access is a college preparatory program focused on supporting students with a diagnosed disability as they transition from high school to college. For information about Project Access or to find the application, please visit [www.howardcc.edu/projectaccess](https://gcc02.safelinks.protection.outlook.com/?url=http:%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2FqH-Nnbgphm-oaxNz-NOG2w~~%2FAAAAAQA~%2FRgRiUJgOP0RwaHR0cHM6Ly93d3cuaG93YXJkY2MuZWR1L3NlcnZpY2VzLXN1cHBvcnQvYWNhZGVtaWMtc3VwcG9ydC9kaXNhYmlsaXR5LXN1cHBvcnQtc2VydmljZXMvcHJvamVjdC1hY2Nlc3MvaW5kZXguaHRtbFcHc2Nob29sbUIKYG-OZG9gDja2vFIaa2tlc2xlckBob3dhcmRjb3VudHltZC5nb3ZYBAAAAAE~&data=04%7C01%7Croldham%40howardcountymd.gov%7C6108e0d3a6b34d00d76f08d8feb7cb14%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637539412633182855%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=x6V%2Bi6aNXvuyQ3qya4gZP1vjwV4LJiaAOzS4Uj5Tt7g%3D&reserved=0).

For questions, please email projectaccess@howardcc.edu.

* CDC Interim Public Health Recommendations for Fully Vaccinated People

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html>

* Customizable COVID-19 Vaccination Content for Health Departments and Other Public Health Partners <https://bit.ly/3mLE77C>
* The Howard County Health Department (HCHD), in partnership with Howard County General Hospital (HCGH) and the Howard County Office of Children and Families, is pleased to offer a limited number of scholarships for Howard County women to take part in a Childbirth or New Parent Education Class. The scholarship will cover the registration fee for women (and their partner) who find that cost prevents them from registering for the class. Please click on this link

[https://www.surveymonkey.com/r/HoCoChildbirth\_NewParentClass2021](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.surveymonkey.com%2Fr%2FHoCoChildbirth_NewParentClass2021&data=04%7C01%7Croldham%40howardcountymd.gov%7C87619a19c2ea41d6445108d90fe52f09%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637558299281808665%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=8s9OsZx6c41ryvfuvjq%2Ft%2BHUXH%2Fzj%2BAV%2BB6tuKHdtw8%3D&reserved=0) and fill out the

following form with your information if you are interested in this scholarship opportunity.

Participants can sign-up for a class between now and June 30, 2021 but **MUST** participate

in the class by June 30, 2021. For more information, please email

children@howardcountymd.gov or call 410-313-2273 (CARE).

* The Maryland Dental Action Coalition (MDAC) celebrates triple successes in its legislative advocacy in oral health access and equity <https://www.mdac.us/news-events/>
* Maryland Department of Affairs Resource Guide for Veterans and their Families <https://www.aacounty.org/boards-and-commissions/veterans-affairs-commission/forms-and-publications/resource-guide-082019.pdf>
* Columbia Association announces Huntington Pool as the Sensory-Friendly Pool for Summer 2021 <https://www.columbiaassociation.org/>
* Howard County Public School System (HCPSS) Summer Enrichment <https://www.hcpss.org/enrichment/>
* HopeWorks offers Youth Leadership Project program that’s dedicated to empowering teens (13-18 years old) to challenge systems of oppression and prevent relationship violence in their community. For more information, contact Community Educator: Youth Specialist, Victoria Rain vrain@wearehopeworks.org
* Congruent Counseling offering a variety of mental health services and programs for all ages

<https://congruentcounseling.com/>

* Howard County Recreation and Parks Camps and Programs

<https://www.howardcountymd.gov/recreation-parks/programs>

* The University of Maryland wants to know Marylanders' perceptions, awareness, and use of prescription and illicit drugs. This Public Opinion Survey at

<https://umaryland.az1.qualtrics.com/jfe/form/SV_6M8XaCzYrmIgrT8> was designed for

Maryland residents older than 18. If you have any questions, concerns, or complaints about

the study, please contact the Behavioral Health Resources and Technical Assistance

Program at BHRT@rx.umaryland.edu

* MPG Group offering a variety of services and programs at their mental health center

<https://www.mpbhealth.com/services/group-treatment-programs/>

**FUNDING OPPORTUNITIES**

1. ***Title:* The Office of Minority Health (OMH) at the U.S. Department of Health and Human Services Grant Funding Opportunity**

***Description***: This grant funding opportunity is available until **July 13th at 6:00 pm**. This

initiative is to identify specific family-centered factors (e.g., structural, instrumental,

functional, cultural, and social needs) that affect patient self-management of diabetes

(e.g., physical activity, healthy nutrition) and family members' health outcomes.

For more information, please click on <https://bit.ly/3bqmRjQ>

1. ***Title:* The Office of Minority Health (OMH) at the U.S. Department of Health and Human Services Grant Funding Opportunity**

***Description***: This grant funding opportunity is available until **July 28th at 6:00 pm**. This

initiative is about Accessing Social Determinants of Health through Local Data

Intermediaries. A local data intermediary is a community-based entity that acts as the

mediator between data and local stakeholders, such as nonprofit organizations, community

and faith-based organizations, governments, foundations, and residents. The purpose of

this initiative is to demonstrate whether existing local data intermediaries can facilitate

community stakeholder access to and utilization of integrated community-level data and

increase community stakeholder skill and capacity to use and apply data to address health

disparities among racial and ethnic minority populations. For more information, please

click <https://www.grants.gov/web/grants/view-opportunity.html?oppId=328542>

1. ***Title:* The Office of Minority Health (OMH) at the U.S. Department of Health and Human Services Grant Funding Opportunity**

***Description***: This grant funding opportunity is available until **August 17th at 6:00 pm**. This

initiative is about **Minority Leaders Development Program.** Seeking applications for

projects to develop and implement a fellowship program at the U.S. Department of Health

and Human Services (HHS) to provide training in health equity issues and leadership to

early-career individuals to improve the health of racial and ethnic minorities and other

disadvantaged populations. For more information, please click

<https://www.grants.gov/web/grants/view-opportunity.html?oppId=333197>

1. ***Title***: **The Maryland Agriculture Education and Rural Development Assistance Fund (MAERDAF) and the Rural Maryland Prosperity Investment Fund (RMPIF)**

***Description:*** The Maryland Agriculture Education and Rural Development Assistance Fund

(MAERDAF) grant funding provides capacity-building funds to rural nonprofit service

providers. The cap for this grant program is $40,000 and a match is not required. The Rural

Maryland Prosperity Investment Fund (RMPIF) supports the Rural Maryland Council’s

operations and activities, and it also supports the states’ five Regional Councils, rural

entrepreneurship development rural health care organizations, and regional infrastructure

projects. A match is required for RMPIF Funding and is set at 25% match for

entrepreneurship, 50% match for health care, and 75% match for infrastructure. Both

MAERDAF and RMPIF have a two-phase online application process.

Full Application Deadline: Friday, July 16, 2021

Awards announced the week of August 23, 2021

For more information, visit: [rural.maryland.gov/Grant%20Opportunities/](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D0019l6GzqUmbHyd6brk450LjRaA57elfNmhk7JKp_TFS26ZxeN6IAH31iLW4CruKYZheejirgsywBzTS5Es0Li9bV0-IRS-inxYHLGGL8gVZ1Bb-2_T-bEFkvDQeM-xsYaM_P_l8RVPnUr8Pckh0QzBtbYLWs0lyW7lrHjaFbQ7_c0gZp81cVuAUw%3D%3D%26c%3DF6KBw_aFC6uhCLSGFDPW42k8cluWRxzwimNVAfRD5DfInCeY-YxoyA%3D%3D%26ch%3DNNReBTKYh19lbCV15mArFPuEpkN4eEdIShJx9OggDEguFj2P8mYicg%3D%3D&data=04%7C01%7Croldham%40howardcountymd.gov%7C42689b643bbb406495e708d92931bd86%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637586115883063471%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=%2FXceWaV8yWwaNgbYHgYBqaSC9qvl96R1a%2BdUPSJKC9c%3D&reserved=0)

1. ***Title*: The National Health Service Corps (NHSC) New Site Application**

***Description:*** The National Health Services Corps is still accepting applications. The deadline

for NHSC site applications has been extended through July 1st. Applications to reactivate

sites or consider sites that were previously denied are also being accepted by NHSC. For

more information, please click on <https://nhsc.hrsa.gov/sites/how-to-apply.html>

1. ***Title*: The Maryland Department of Disabilities**

***Description:*** The Maryland Department of Disabilities will soon be releasing a request for

applications for community-based disability organizations to establish (or expand current

capacity of) health promotion programming to improve the health outcomes of the people

they serve. More information will be shared soon, and you may contact Jennifer Eastman at

Jennifer.eastman@maryland.gov if interested.

***7. Title*: Health Equity Technical Assistance Program**

***Description:*** The Centers for Medicare & Medicaid Services Office of Minority Health (CMS

OMH) offers a health equity technical assistance program with resources aimed to help

health care organizations take action against health disparities.

The CMS OMH Health Equity Technical Assistance program offers personalized coaching,

resources to help improve care for underserved populations, data collection and analysis,

assistance in developing a language access plan to ensure effective communication with

those you serve, and resources to help you embed health equity into your strategic plan.

For more information and to register, visit: [https://www.cms.gov/About-CMS/Agency- Information/OMH/equity-initiatives/Health-Equity-Technical-Assistance](https://www.cms.gov/About-CMS/Agency-%20%20Information/OMH/equity-initiatives/Health-Equity-Technical-Assistance)

**UPCOMING VIRTUAL EVENTS, WEBINARS, AND TRAINING**

 ***Events below may not be hosted or provided by HCLHIC. If you have any questions about these events, please contact the event organizers directly.***

**8. *Title:* Living Well Chronic Disease Class (Virtual)**

(Registration is required)

***Description:*** This free 6-week workshop for people who live with or are at risk of having a

chronic condition such as heart disease, diabetes, cancer, obesity, depression, chronic pain,

arthritis, lung disease and any other health concerns. During this workshop, you will learn

techniques to cope with feelings of frustration, fatigue, pain and isolation; skills to

communicate more effectively with family, friends and health professionals; exercises to

maintain and improve strength, flexibility and endurance; and improve nutrition and

develop healthy eating habits. Each session within builds upon the last, fostering skills that

build confidence in managing one’s own health.

***Class Three:*** Every Wednesday, June 9 – July 14, 2021; 2:00 pm - 4:30 pm

***Class Four:*** Every Wednesday, June 23 – July 28, 2021; 6:00 pm - 8:30 pm

***Link:*** <https://events.hcgh.hopkinsmedicine.org/>

***9. Title*: Living Well with Diabetes Class (Virtual)**

(Registration is required)

***Description:*** A 6-week workshop for people who live with or are at risk for diabetes. If you

have Type 2 Diabetes or are have been told you are at risk for prediabetes, learn

techniques for better managing your health to avoid serious health problems that can

result from having diabetes.

***Class One:*** Every Thursday, June 17 – July 22, 2021; 10:00 am – 11:30 am and 6:00 pm -

7:30 pm

***Class Two:*** Every Thursday, July 15 – August 19, 2021; 10:00 am – 11:30 am and 6:00 pm -

7:30 pm

***Class Three:*** Every Thursday, August 19 – September 23, 2021; 10:00 am – 11:30 am

and 6:00 pm - 7:30 pm

***Class Four:*** Every Thursday, September 16 – October 21, 2021; 10:00 am – 11:30 am

and 6:00 pm - 7:30 pm

***Class Five:*** Every Thursday, October 21 – November 25, 2021; 10:00 am – 11:30 am

and 6:00 pm - 7:30 pm

***Class Six:*** Every Thursday, November 18 – December 23, 2021; 10:00 am – 11:30 am

and 6:00 pm - 7:30 pm

***Class Seven:*** Every Thursday, December 16, 2021 – January 20, 2022; 10:00 am – 11:30 am

and 6:00 pm - 7:30 pm

***Link:*** <https://events.hcgh.hopkinsmedicine.org/>

***10. Title:* Chronic Pain Self-Management Cross Training**

(Registration is required)

***Description:*** Chronic Pain Self-Management Leaders will be trained to facilitate the SMRC

6-week program for adults with Chronic Pain. The workshop are held virtually and meets

for two and one half hours, once a week, for six consecutive weeks. Lay leaders must have

been trained in another SMRC Program (Chronic Disease, Diabetes, Cancer).

***Date:*** June 21, 2021 - July 7, 2021

For more information, email Sue Lachenmayr at bslach@earthlink.net

***11. Title:* The Village In Howard (TVIH) presents The Legacy Interviews**

(Registration is required)

***Description:*** This 12-week webcast series will feature interviews with diverse legendary

pathfinders who have spent decades in the field of aging, health and social services.

Dr. Ken Dychtwald will conduct each interview.

***Date:*** Wednesdays, June 23, 2021 – September 8, 2021; 4:00 pm – 5:00 pm

***Link:*** <https://www.thevillageinhoward.org/content.aspx?page_id=0&club_id=855297>

***12. Title:* A National Web Conference on Opportunities for Digital Healthcare: Lessons**

**Learned from the COVID-19 Pandemic**

(Registration is required)

***Description:*** This webinar will discuss how digital healthcare has been affected by the

pandemic. Participants will describe their research and efforts related to the use of digital

healthcare strategies and tools to support information flow in caring for patients

COVID and other conditions, and implications of their results for leveraging digital

healthcare going forward. The webinar speakers will **not** discuss or provide any treatment

recommendations for COVID-19.

***Date:*** Thursday, July 1, 2021; 1:00 pm – 2:30 pm

***Date/Time:*** Saturday, July 24, 2021; 1:00 pm – 2:00 pm

***Link:*** <https://bit.ly/3yRxuX7>

***13. Title:* The Self-Care & the Healing Journey: A Wellness Workshop Series for Youth**

 (Registration is required)

 ***Description:*** HopeWorks of Howard County is offering a 8-week self-care focused virtual

 workshop series to address unique stressors experienced by teens (13-18 years old). Each

small group session will feature the use of discussion circles, guest speakers and the use of

the humanities and expressive arts to explore identity, life balance, building coping skills,

relationships and the emotions that influence our sense of wellbeing.

***Date:*** Every Thursday, July 1 through August 19, 2021; 3:00 pm – 5:00 pm

***Link:*** [https://www.eventbrite.com/e/the-self-care-the-healing-journey-a-wellness-](https://www.eventbrite.com/e/the-self-care-the-healing-journey-a-wellness-workshop-series-for-youth-tickets-151219789461) workshop-series-for-youth-tickets-151219789461

***14. Title:* Increasing Resiliency Training Series**

 (Registration is required)

***Description:*** This five week series will help provide skills to integrate core principles of

trauma-informed care into topics related to safety and resiliency.

***Date/Time:*** Wednesday, July 7, 2021; 9:00 am – 11:15 pm - ***Session 4:* Focused Empathy,**

 **Compassion, and Connectivity**

 ***Date/Time:*** Wednesday, July 14, 2021; 11:00 am – 1:15 pm - ***Session 5:* Posttraumatic**

**Growth and Strengths- Based Approaches**

***Link:*** <https://bit.ly/3vwnPmk>

***15. Title*: Try Something New: Local**

 (Registration is required)

***Description:*** Giant grocery chain nutritionist will discuss some great food/product from

right here in the DMV.

***Date/Time:*** Wednesday, July 7, 2021; 12:00 pm – 1:00 pm

***Date/Time:*** Tuesday, July 13, 2021; 12:00 pm – 1:00 pm

***Date/Time:*** Thursday, July 22, 2021; 1:00 pm – 2:00 pm

***Date/Time:*** Thursday, July 29, 2021; 10:00 am – 11:00 am

***Link:*** <https://bit.ly/35OYjxA>

**16. *Title*: Home Modification for Aging in Place: Federal, State, and Local Updates**

(Registration is required)

***Description:*** The USC School of Gerontology will convene a panel of leaders from federal

agencies and national associations to discuss funding and programs for accessible,

supportive home environments. Panelists from the Administration for Community Living

(ACL), U.S. Department of Agriculture (USDA), U.S. Department of Housing and Urban

Development (HUD), Veterans Administration (VA), ADvancing States, and the National

Association of Area Agencies on Aging (n4a) will describe their efforts to promote

Americans’ safety and accessibility in their homes, lessons learned from the pandemic, and

 future directions.

***Date/Time:*** Wednesday, July 7, 2021; 12:00 pm – 1:30 pm

***Link:*** <https://usc.zoom.us/webinar/register/WN_099fOUw-QvKbTbwNRKt39w>

***17. Title*: Debunking Misconceptions about Hospice and Palliative Care**

***Description:*** Ms. Maria Kaplan, RN, BSN, CHPN, JSSA Hospice, will discuss common

misconceptions about hospice and palliative care.

***Date/Time:*** Wednesday, July 7, 2021; 12:00 pm – 1:00 pm

***Link:*** [*https://www.smithlifecommunities.org/event/ceslc-insider-series-debunking-*](https://www.smithlifecommunities.org/event/ceslc-insider-series-debunking-misconceptions-of-hospice-and-palliative/) *misconceptions-of-hospice-and-palliative/*

***18. Title*: Amplifying Voice, Equity & Well-Being for Community Health Workers (CHW)**

***Description:*** This workshop will discuss strategies for voice and reflect on how to improve

CHWs well-being at work.

***Date/Time:*** Thursday, July 8, 2021; 10:00 am – 11:30 am

***Link:*** <https://www.nephtc.org/enrol/index.php?id=227>

***19. Title***: **BHA/MedChi Behavioral Health Webinar Series: Helping the Helpers and Those**

 **They Serve**

 (Registration is required)

***Description:*** This is a webinar series between the Maryland Department of Health (MDH)

Behavioral Health Administration (BHA) and MedChi. These webinars are designed to

enhance both health care worker self-care and resultantly the care they provide, as

health care workers combat numerous stressors including the COVID-19 pandemic,

social justice issues, and other stressors that can potentially impact delivered care.

***Date/Time:*** Thursday, July 8, 2021; 5:00 pm – 6:00 pm - ***Relaxation Techniques***

***Link:*** <https://us02web.zoom.us/webinar/register/WN_eSRIjRPPT1aAGG9v0hDZwQ>

***Date/Time:*** Thursday, July 22, 2021; 5:00 pm – 6:00 pm - ***Stretching and Exercise for Stress***

***Reduction***

***Link:*** <https://us02web.zoom.us/webinar/register/WN_ery01lKHRH2lc0Q7j238pQ>

***20. Title*: Super Social Middle Schoolers with Artstream!**

(Registration is required)

***Description:*** Chesapeake Down Syndrome Parent Group is sponsoring these events.

Middle-school aged self-advocates with intellectual disabilities can come together

online with two instructors from ArtStream for an hour of interactive activities such as role

playing, conversation and games. You will have fun, build confidence and work on your

communication skills.

ArtStream will email you the Zoom link 24-48 hours before the meeting. Each meeting has

a limited number of seats and may have a waitlist so please cancel if you cannot attend.

Please contact director@cdspg.org with any questions. Classes are every Thursday from

July 8 – July 29, 2021; 4:00 pm - 5:00 pm

***Link:*** [https://cdspg.kindful.com/e/summer-social-club-with-artstream-and-cdspg-middle-](https://cdspg.kindful.com/e/summer-social-club-with-artstream-and-cdspg-middle-schoolers) schoolers

**21. Super Social High Schoolers with Artstream!**

(Registration is required)

***Description:*** Chesapeake Down Syndrome Parent Group is sponsoring these events.

High school aged self-advocates (ages 14-21) with intellectual disabilities can come

together online with two instructors from ArtStream for an hour of interactive activities

such as role playing, conversation and games. You will have fun, build confidence and work

on your communication skills.

ArtStream will email you the Zoom link 24-48 hours before the meeting. Each meeting has

a limited number of seats and may have a waitlist so please cancel if you cannot attend.

Please contact director@cdspg.org with any questions. Classes are every Thursday from

July 8 – July 29, 2021; 5:15 pm - 6:15 pm

***Link:*** [https://cdspg.kindful.com/e/summer-social-club-with-artstream-and-cdspg-high-](https://gcc02.safelinks.protection.outlook.com/?url=http:%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2FvlENBkA0hqZudJ6pvGeZTw~~%2FAAAAAQA~%2FRgRimnmiP0RWaHR0cHM6Ly9jZHNwZy5raW5kZnVsLmNvbS9lL3N1bW1lci1zb2NpYWwtY2x1Yi13aXRoLWFydHN0cmVhbS1hbmQtY2RzcGctaGlnaC1zY2hvb2xlcnNXB3NjaG9vbG1CCmC4Ika5YPHUmo9SGmtrZXNsZXJAaG93YXJkY291bnR5bWQuZ292WAQAAAAB&data=04%7C01%7Croldham%40howardcountymd.gov%7C3ef5ad23f4184ca281ff08d929243bab%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637586057866484499%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=tEXA9C%2FCGdnGWNNoNoamu9JUrMU4UHtzrjUVbXoOudc%3D&reserved=0) schoolers

***22. Title*: HoCo DrugFree Life Skills Classes**

 (Registration is required)

***Description:*** This 8 class series is designed for students in grades 6 to 9. This program uses

developmentally appropriate, collaborative learning strategies so students will learn skills

that have been shown to help **resist high-risk behaviors** including substance use

(vaping, alcohol and other drugs) and more.

***Dates/Time:***  July 13, 14, 15, 20, 21, 22, 27, 28, 2021; 10:00 am – 11:30 am

 ***Link:*** <https://hcdrugfree.org/2021/06/free-life-skills-classes-for-grades-6-9/>

***23. Title*: Cancer Self-Management (Virtual)**

(Registration is required)

***Description:*** This free 6-week workshop for people who live with or are at risk of having a

chronic condition such as heart disease, diabetes, cancer, obesity, depression, chronic pain,

arthritis, lung disease and any other health concerns. During this workshop, you will learn

techniques to cope with feelings of frustration, fatigue, pain and isolation; skills to

communicate more effectively with family, friends and health professionals; exercises to

maintain and improve strength, flexibility and endurance; and improve nutrition and

develop healthy eating habits. Each session within builds upon the last, fostering skills that

build confidence in managing one’s own health.

***Date/Time:*** Every Tuesday, July 13 – August 17, 2021; 6:00 pm - 8:30 pm

***Link:*** [***https://events.hcgh.hopkinsmedicine.org/event/living-well/cancer-self-***](https://events.hcgh.hopkinsmedicine.org/event/living-well/cancer-self-management-virtual) ***management-virtual***

***24. Title*: Achieving Health Equity: Tools for Naming Racism and Moving to Action**

(Registration is required)

***Description:*** In this live webinar, Dr. Camara Jones will share tools for understanding and

acting on messages such as, Racism exists; Racism is a system; Racism saps the strength of the whole society and We can act to dismantle racism. She will share four of her allegories on “race” and racism that illuminate topics that are otherwise difficult for many Americans to understand or discuss.

***Date/Time:*** Tuesday, July 13, 2021; 7:00 pm - 8:00 pm

***Link:*** [https://live-howardcounty.pantheonsite.io/events/achieving-health-equity-tools-](https://live-howardcounty.pantheonsite.io/events/achieving-health-equity-tools-naming-racism-and-moving-action-online) naming-racism-and-moving-action-online

***25. Title*: Cultivate: Poetry Reading & Gallery "Walk"**

(Registration is required)

***Description:*** This free event will highlight some of those featured in Cultivate, offering

reflections about growing up, relationships, family and friends, activism, change, social

justice, empowerment, transformation, hope, self-care, or healing.

***Date/Time:*** Saturday, July 17, 2021; 4:00 pm – 6:00 pm

***Link:*** <https://cultivate-poetry-reading-2021.eventbrite.com>

***26. Title*: Driver Safety Webinar and Traffic Stop Practice Training Session for Drivers with**

 **Autism**

(Registration is required)

Webinar - Monday, July 19, 2021 6:00 pm

Practice Session - Tuesday, July 29, 2021 2:30-6:30 pm

***Description:*** This webinar will focus on how to have a safe interaction during a traffic

stop. Attend the one-hour webinar and then practice being pulled over with Baltimore

County Police. This program is for licensed drivers or drivers with a learner’s permit with

the required supervision. Everyone who attends both the webinar and practice session will

receive a $25 gas gift card.

***Link:*** [https://pathfindersforautism.org/traffic-stop-balco/](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2FTI9C5Xef_WRNl93BxZdqXg~~%2FAAAAAQA~%2FRgRirifbP0Q0aHR0cHM6Ly9wYXRoZmluZGVyc2ZvcmF1dGlzbS5vcmcvdHJhZmZpYy1zdG9wLWJhbGNvL1cHc2Nob29sbUIKYMhb9Mxg4RGOq1Iaa2tlc2xlckBob3dhcmRjb3VudHltZC5nb3ZYBAAAAAE~&data=04%7C01%7Croldham%40howardcountymd.gov%7Cbe442cd121bb4048198208d934b8adcd%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637598790072048626%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=kzRZr6nNVEwNHM%2FOItIwGo9%2FK%2BE9uHIQCMCapftKOIc%3D&reserved=0)

***27. Title*: Undoing Ableism: Suicide Prevention for Youth with Disabilities**

(Registration is required)

***Description:*** Accessible Resources for Independence has worked with psychologists and

suicide prevention advocates in the disability community to develop a unique training

curriculum. This training curriculum is open to Howard County residents between the ages

of 13 and 18 with any kind of disability (physical, cognitive, psychiatric, etc.). Those youth

who complete the curriculum will be given a Chromebook (valued at $250) so they can stay

in touch with each other and our organization as well as access other services and

supports.

***Date:*** July 19-21, 2021; 6:00 pm

Completed applications should be emailed to arinow@arinow.org by July 1st. Spots are limited and will be filled on a first come, first serve basis.

Parent Orientation will be on July 16, 2021 at 6:00 pm

For more information, contact Erin Ashinghurst, Independent Living Program Manager, at (443) 701-9067 or eashinghurst@arinow.org.

**28. Delicious Discoveries**

 (Registration is required)

### ***Description:*** Giant grocery chain nutritionist will hold an interactive series for kids that

### explores all things food science — with a nutrition twist!

***Date/Time:*** Saturday, July 24, 2021; 1:00 pm – 2:00 pm

***Date/Time:*** Saturday, September 25, 2021; 10:00 am – 11:00 am

***Date/Time:*** Saturday, September 25, 2021; 1:00 pm – 2:00 pm

***Date/Time:*** Saturday, November 20, 2021; 10:00 am – 11:00 am

***Date/Time:*** Saturday, November 20, 2021; 1:00 pm – 2:00 pm

***Link:*** [https://www.eventbrite.com/e/delicious-discoveries-tickets-148639848789](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.eventbrite.com%2Fe%2Fdelicious-discoveries-tickets-148639848789&data=04%7C01%7Croldham%40howardcountymd.gov%7C419d566b2d66415b149908d937409546%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637601572778860898%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=wpgFKdLof9T5TqAslNIbwiuf34%2BKlZmwRSPIJTTUlKs%3D&reserved=0)

***29. Title*: Stop the Bleed Classes (Virtual)**

(Registration is required)

***Description:*** In this training, participants will learn how to take simple steps to keep the

injured person alive until appropriate medical care is available. It starts with knowing

what to do.

* + Friday, July 30, 2021; 12:00 pm – 1:00 pm

[Registration Link](https://howardcountymd.webex.com/mw3300/mywebex/default.do?nomenu=true&siteurl=howardcountymd&service=6&rnd=0.6332316561951925&main_url=https%3A%2F%2Fhowardcountymd.webex.com%2Fec3300%2Feventcenter%2Fevent%2FeventAction.do%3FtheAction%3Ddetail%26%26%26EMK%3D4832534b000000043318f8a5f618d33cb4548eb2674d99740d4c5d728908eea1382197e0b497cf0c%26siteurl%3Dhowardcountymd%26confViewID%3D195288985711420294%26encryptTicket%3DSDJTSwAAAAQTRrtHzGPpfzoU_coEPbxGFI2mC4reGMA6wRmRp_OzHQ2%26)

* + Thursday, August 26, 2021; 3:00 pm – 4:00 pm

[Registration Link](https://howardcountymd.webex.com/mw3300/mywebex/default.do?nomenu=true&siteurl=howardcountymd&service=6&rnd=0.6384123908214362&main_url=https%3A%2F%2Fhowardcountymd.webex.com%2Fec3300%2Feventcenter%2Fevent%2FeventAction.do%3FtheAction%3Ddetail%26%26%26EMK%3D4832534b00000004728529686496c3fe4af62313daf37d66d9f9b2c4d1dffed716a5ee5918186642%26siteurl%3Dhowardcountymd%26confViewID%3D195289070625104464%26encryptTicket%3DSDJTSwAAAATeIxs2DDHOhAUDciSClk8NpzC5XZo9uYgV2jIIrZstfg2%26)

 For more information, please contact outreach@hcdfrs.org

**SELF-PACED COURSES AND ON-GOING SUPPORT PROGRAMS**

***30. Title:* Latino Parents Support Group (Zoom Virtual Meeting)**

Alexander Arevalo, Supervisor Clínico en Centria Autism

¿Qué es el método ABA?

***Description:***  El método ABA es un tipo de terapia que se emplea para desarrollar

habilidades sociales, de comunicación y de aprendizaje para personas diagnosticadas con

autismo. Durante esta charla aprenderemos sobre la terapia ABA y cómo recibir estos

servicios para sus hijos. Somos un grupo de padres, apoyados por la Sociedad de Autismo

de Howard County, que nos reunimos cada mes para escuchar las experiencias y

testimonios de otros padres, así como presentaciones de expertos en el tema del Autismo.

Así, aprendemos sobre recursos disponibles que pueden ayudar a nuestras familias.

Join Zoom Meeting:

[https://cua.zoom.us/j/86707229743pwd=azlPa1NXZzJWd1FuV2d0Q0svb29Udz09](https://gcc02.safelinks.protection.outlook.com/?url=http:%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2F6wMX1LVa7kly9KUix0WfKw~~%2FAAAAAQA~%2FRgRidSSWP0RGaHR0cHM6Ly9jdWEuem9vbS51cy9qLzg2NzA3MjI5NzQzP3B3ZD1hemxQYTFOWFp6SldkMUZ1VjJkMFEwc3ZiMjlVZHowOVcHc2Nob29sbUIKYJIW8ZNguYsLR1Iaa2tlc2xlckBob3dhcmRjb3VudHltZC5nb3ZYBAAAAAE~&data=04%7C01%7Croldham%40howardcountymd.gov%7C8c722abd7e6248d7e74608d9115d152b%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637559913755018173%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=pjp6gLnsHj%2B%2Fkq3mxooa3Iutpby6onS6Zxtw9cBSpLE%3D&reserved=0)

Meeting ID: 867 0722 9743

Passcode: 504845

One tap mobile

+19294362866,,86707229743#,,,,\*504845# US (New York)

+13017158592,,86707229743#,,,,\*504845# US (Washington DC)

***Date/Time:*** Martes, 25 de mayo; Hora: 7:00 pm – 8:00 pm

Para más información: Marianela Estrada al (973) 223-1024 o emailnella22@gmail.com

***31. Title:* Maryland Commitment to Veterans**

***Description***: Regional Resource Coordinators are devoted to assisting any Maryland

resident who has served or is currently serving in the US Armed Services (Active duty,

Guard or Reserve) and their families, with access to mental health and substance use

services.

MCV also provides: Case management, Referral services, Peer support, Suicide prevention,

Weekly or bi-weekly check-ins through their special program, MCV Operation Roll Call, and

Training and Education. Calls accepted 24/7 at 1-877-770-4801.

For more information, visit <https://bha.health.maryland.gov/veterans/Pages/Home.aspx>

***32. Title*: Diabetes Support Group (Virtual via Zoom)**

(Registration is required)

***Description:*** This support group will provide you with social and emotional support, as well

as educational resources to help you with managing your diabetes.

***Date/Time:*** Third Thursday of Every Month; 10:00 am - 11:30 am and 6:00 pm - 7:30 pm

***Link:*** <https://events.hcgh.hopkinsmedicine.org/event/journey-to-better-health/diabetes-support-group>

Please email Kristine Batty, NP at kbatty2@jhmi.edu for more information.

***33. Title:* Disability Rights Maryland (DRM) Virtual Q&A Sessions**

(Registration is required)

***Description:*** Disability Rights Maryland’s Education Team is hosting a weekly Facebook Live Q&A session to answer parents' most pressing questions about distance learning for students with disabilities as a response to the coronavirus pandemic. There’s one Q&A live session held each month for Spanish-speaking parents. Captioning is provided in real time and past videos are available on the DRM Facebook page with full captioning at

<https://www.facebook.com/pg/DisabilityRightsMD/videos/>

***Date/Time:*** Every Wednesday from 6:30 pm – 7:30 pm

***Link:***<https://bit.ly/3mQPTfX>

More information about Disability Rights Maryland can be found at

[https://disabilityrightsmd.org/](https://gcc02.safelinks.protection.outlook.com/?url=http:%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2Fg2hq1rE4GwbJGHlE5Vi1DQ~~%2FAAAAAQA~%2FRgRiBqjIP0QfaHR0cHM6Ly9kaXNhYmlsaXR5cmlnaHRzbWQub3JnL1cHc2Nob29sbUIKYCFIdSVgfFYHXFIaa2tlc2xlckBob3dhcmRjb3VudHltZC5nb3ZYBAAAAAE~&data=04%7C01%7Croldham%40howardcountymd.gov%7Cdc34a008f9b64003b5a508d8d29586e1%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637490886934358412%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=cycNUIp%2FhDj8OViSrYFfW6ldijlJCw7f0qRckfatTvE%3D&reserved=0)

***34. Title***: [**National Center on Disability in Public Health**](https://nationalcenterdph.org/)

(Registration is required)

***Description:*** This Prepared4ALL Affiliate group aims to mobilize disability organizations

and their networks to foster connections with emergency and public health

professionals to build trust, create sustainable relationships, and get a seat at the

emergency planning table. Monthly Townhalls are held on the third Wednesday of every

month.

* + Wednesday, June 16, 2021 at 1:00 pm
	+ Wednesday, July 21, 2021 at 1:00 pm

***Link:*** <https://zoom.us/meeting/register/tJ0scOCqqz0vH9ZFpWR92X2cFhyZJV2SJ4bD>

***35. Title***: **National Alliance on Mental Illness (NAMI)**

NAMI support groups for parents/caregivers of children and adolescents with behavioral

health challenges. No diagnosis is necessary.

***Parent/Caregiver Support Group for School-Aged Students -*** Second Monday of each

Month.

***Parent/Caregiver Support Group for TAY (Transition Age Youth) -*** Third Thursday of each

Month.

Register for either group at <https://bit.ly/3rKwUp4>

***Title: NAMI Basics on Demand***

This six-session online education program is for parents/caregivers of youth aged 22 or

younger who are experiencing behavioral health challenges. No specific diagnosis is

necessary.

Sign up at: <https://publiccourseapi.nami.org/Learner/Login?ReturnUrl=%2F>

Sponsored by National Alliance on Mental Illness (NAMI) Howard County,

<https://namihowardcounty.org/>.

For more information about any of this online program or NAMI, please visit

info.namihc@gmail.com or 410-772-9300

***36. Title:* Howard County Commission for Veterans and Military Families**

***Description:*** The commission meets monthly on the 1st Thursday of the month. Its purpose is to assure that Veterans and military family’s issues are addressed effectively and efficiently. For more information, email veterans@howardcountymd.gov with questions.

***37. Title:* University of Maryland Study Seeking Veterans**

***Description:*** Have you experienced a traumatic event in your life? Do thoughts about this experience affect you now? Do you use alcohol to get relief? We are conducting a research study of a medication that may help people who have experienced a traumatic event feel better and drink less. Traumatic events are things like physical or sexual assault, war zone exposure, serious accidents, and natural disasters. To learn more, go to: [http://www.rethinkyourdrinking.org/](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTcsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA0MDkuMzg1MDE1NzEiLCJ1cmwiOiJodHRwOi8vd3d3LnJldGhpbmt5b3VyZHJpbmtpbmcub3JnLyJ9.GbxbyTWR_h8ufdQP-Ezalpi6Oohkz8cvkNhzHNq1eRE%2Fs%2F865979351%2Fbr%2F101736786288-l&data=04%7C01%7Croldham%40howardcountymd.gov%7C5805858505a747fdd21908d8fb586a11%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637535704445825699%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=%2B8uEujXP1MVXoek%2FWhGPsLONTTDqk5kjpp129wYsd5M%3D&reserved=0), email us at rethinkyourdrinking@som.umaryland.edu, or contact us by phone (410) 402-6412.

***38. Title:* Community Health Worker (CHW) Certification Training Program**

(Registration is required)

***Description:*** Applications for CHW certification based on experience are be accepted

through ***June 30, 2021***. Visit the CHW Certification homepage for information about

certification, full eligibility requirements, and application instructions. You can apply for

CHW certification based on experience or by completing an accredited CHW certification

training program! For more information, click on <https://bit.ly/2StaQUh>

Contact the CHW team with any questions at*MDH.CHWApplications@maryland.gov*or call

1-410-767-5971.

***39. Title*: Howard County Seniors Together Virtual Group Offering**

(Registration is required)

***Description:*** Seniors Together groups offer older adults the opportunity to join in weekly virtual discussions on a variety of topics. Stay connected while staying home!

***Group 1: Think Positive Group*** Every Monday from 1:00 pm – 2:00 pm

***Group 2: Caregiver Support Group*** Every Monday from 7:00 pm – 8:30 pm

***Group 3: Men’s Roundtable*** Every Tuesday from 10:00 am – 12:00 pm

***Group 4: Low Vision Support Group*** Every Tuesday from 1:00 pm – 2:15 pm

***Group 5: Newstalk*** Every Thursday from 10:00 am – 11:30 am

***Group 6: Brainteasers*** Every Thursday from 12:30 pm - 1:30 pm

***Group 7: Open Mind Group*** Every Friday from 10:00 am – 12:00 pm

***Group 8: Trenders*** Every Friday from 1:00 pm – 2:30 pm

***Link:*** <https://bit.ly/2HQ7qGe>

***40. Title:* The Suicide Prevention Resource Center**

(Registration is required)

***Description:*** The Suicide Prevention Resource Center is offering a free online course

[Locating and Understanding Data for Suicide Prevention](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001eHWYXQwmQQFCnR1Dep9Ih79EcGGDQt8XLhayxTxm23zXSKT8J-bF8vA59c8bYRMOckH_AvtztauSOac_5Srl3zmB9sGR2W9Cn-7LObj9GNAH4pAVQ2lm0bi4Wdu3-7BUtIP3eNX8Uoulnyd8MKYKzoL9UhcZ8CWkwMqbp5xD9usy2iAkZb-QBA%3D%3D%26c%3D4UmRdv5sFc5LFDADbzcFNR4MgnV4r8aYwUtmKvAGTJ_TbVdcbQRq5Q%3D%3D%26ch%3DmjtsqEyDWZlpKysy0CmI92UfaFbC_Pjo5-3NhbQnoU5CohohoIGDxw%3D%3D&data=04%7C01%7Croldham%40howardcountymd.gov%7Caccc32d7b0ba4f3798f708d8f83e4ec1%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637532293802820875%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=C3%2FDnBRI%2FB425Ih4wVUv%2FG7SboI4vAb0BPRFXQIOXQg%3D&reserved=0). The course explores a variety of

commonly used data sources for information on suicide deaths and attempts, suicidal

ideation, and related factors—as well as new frontiers in suicide surveillance, such as

interactive dashboards and real-time data collection.

**41. Title: Maryland Cancer Collaborative (MCC)**

***Description:*** MCC is recruiting members to new workgroups (Tobacco Cessation Support,

HPV, Vaccination Awareness, Cancer Risk Factors, High Risk Population Community,

Outreach, and Cancer Survivorship Education) to create action plans to implement their

Priorities.

***Link:*** <https://www.surveymonkey.com/r/MCCworkgroups>

If you have questions, please contactBrian Mattinglyatbrian.mattingly@maryland.gov

***42. Title:*** **An Ace Up Our Sleeves: The COVID-19 Vaccine Rollout Revealed Our Strengths and**

**Our Neglected Public Health Infrastructure**

***Description:*** This editorial in the *Journal of Public Health Management & Practice* explores

how a segmented and uncoordinated approach to COVID-19 vaccine rollout led to

inequitable and inaccessible distribution. Heather H. Pierce, JD, MPH, AAMC senior director

for science policy, is the author.

***Link:*** <https://bit.ly/3e6nWOa>

***43. Title:* The University at Albany School of Public Health**

(Registration is required)

***Description:*** The University at Albany School of Public Health has selected some of their

most popular activities to engage you in learning more about "Building Bridges to Better

Health". One course is called Addressing Health Equity: A Public Health Essential

<https://phtc-online.org/learning/?courseId=41&status=all&sort=group> and the other

course is called Raising Community Voices to Reduce Maternal Mortality

<https://www.albany.edu/cphce/phl_032819.shtml>

***44. Title:* The University of Pennsylvania School of Dental Medicine**

(Registration is required)

***Description:*** The University at Albany School of Dental Medicine has created a new

continuing education series to help improve access to dental care for people with

Disabilities <https://bit.ly/2Q2X5uC>

***45. Title:* RCA Academy Courses**

(Registration is required)

***Description:*** RCA Academy has launched online courses to better serve everyone in the

Behavioral Health industry during the COVID-19 pandemic. These free courses are eligible

for 1 or 2 NBCC or NAADAC credits each. For more information, please click this link:

<https://bit.ly/3fzvRUW>

***46. Title:* Vaping and Oral Health: Seeing Through Clouds (Recorded Webinar)**

(Registration is required)

***Description:*** This recorded webinar will include three speakers that share latest evidence

on e-cigarette and resources for providers. They will also describe the vaping epidemic and

ingredients in vape pens that interact with the oral biome; share the latest evidence of the

impacts of vaping on the oral mucosa and locate the latest resources on vaping use

implications for patients, especially targeted youth.

***Link:*** <https://ebusiness.ada.org/education/viewcourse.aspx?id=536>

***47. Title: 2*ndAnnual Racism and Mental Health Symposium**

(Registration is required)

***Description:*** The Maryland Suicide Prevention Office is having their second annual Racism

and Mental Health Symposium to be held virtually on December 8, 2021.

For any questions, please email mdh.mdmindhealth@maryland.gov

***48. Title*: Underlying Medical Conditions and Severe COVID-19: Evidence-based Information**

**for Healthcare Providers**

***Description:*** During this COCA Call, presenters will update clinicians on the underlying

medical conditions associated with severe COVID-19, describe the methods used to rate

the evidence linking conditions to severe COVID-19, review the evidence on risk for

conditions included, and provide resources for healthcare providers caring for patients with

underlying medical conditions.

***Link:*** <https://bit.ly/3cy4udl>

***49. Title:* Caring for Woman Veterans in the Community**

(Registration is required)

***Description:*** During this COCA Call, presenters will update clinicians on the underlying

medical conditions associated with severe COVID-19, describe the methods used to rate

the evidence linking conditions to severe COVID-19, review the evidence on risk for

conditions included, and provide resources for healthcare providers caring for patients with

underlying medical conditions.

***Link:*** <https://bit.ly/3grQlzl>

***50. Title:* Effective Communication for Healthcare Teams**

(Registration is required)

***Description:*** This interactive training course aims to raise the quality of interactions

between health care professionals and patients by providing an interactive guide to

understanding health literacy, cultural competency and limited English proficiency.

***Link:*** <https://bit.ly/2Tn0hTe>

***51. Title:* A Public Health Approach to Alzheimer’s and Other Dementias**

(Registration is required)

***Description:*** This introductory curriculum that is intended to increase awareness of the

impact of Alzheimer’s disease and other dementias as well as the role of public health. This

curriculum addresses cognitive health, cognitive impairment, and Alzheimer’s disease and

is intended for use by undergraduate faculty in schools and programs of public health and

other related disciplines.

***Link:*** <https://bit.ly/3g9EVBC>

**52. *Title:* Parents’ Place of Maryland (PPMD)**
 PPMD continually releases new resources to support Maryland families of children with

disabilities and special health care needs. Click the links below to view some of our newest

Information.

**Building Independence** -

[https://www.ppmd.org/wp-content/uploads/2021/03/Independence-TIES-SPED-](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2F7FX-7tyQKYZ79oIJTteTBw~~%2FAAAAAQA~%2FRgRirifbP0RKaHR0cDovL2ZpbGU6Ly8vVXNlcnMvYXNjaG9sei9Eb3dubG9hZHMvSW5kZXBlbmRlbmNlLVRJRVMtU1BFRC0zLjIwMjEtMi5wZGZXB3NjaG9vbG1CCmDIW_TMYOERjqtSGmtrZXNsZXJAaG93YXJkY291bnR5bWQuZ292WAQAAAAB&data=04%7C01%7Croldham%40howardcountymd.gov%7Cbe442cd121bb4048198208d934b8adcd%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637598790072078496%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=3ujXMMtwxJGyFE3rdlkI6t1g%2FdVee1e9kIS3wRcFLDY%3D&reserved=0) 3.2021.pdf
 **IEP checklist for Parents of Students with the Most Signifiact Cognitive Disabilities -**

[https://www.ppmd.org/wp-content/uploads/2021/03/IEP-Checklist-TIES-SPED-3.2021.pdf](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2FpOwBIDM_m_wG4q1sIOvpAg~~%2FAAAAAQA~%2FRgRirifbP0RLaHR0cDovL2ZpbGU6Ly8vVXNlcnMvYXNjaG9sei9Eb3dubG9hZHMvSUVQLUNoZWNrbGlzdC1USUVTLVNQRUQtMy4yMDIxLTIucGRmVwdzY2hvb2xtQgpgyFv0zGDhEY6rUhpra2VzbGVyQGhvd2FyZGNvdW50eW1kLmdvdlgEAAAAAQ~~&data=04%7C01%7Croldham%40howardcountymd.gov%7Cbe442cd121bb4048198208d934b8adcd%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637598790072098405%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=bGCJ9AgxdrPPHO8MK678TE6WkvGm30yKEC9ktujVWXE%3D&reserved=0) **Present Levels of Academic Achievement and Functional Performance (PLAAFP) -**

[https://www.ppmd.org/wp-content/uploads/2021/03/PLAAFP-TIES-SPED-3.2021.pdf](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2FQ4WxBcoRvSSKv3t35iXLLg~~%2FAAAAAQA~%2FRgRirifbP0RFaHR0cHM6Ly9maWxlOi8vL1VzZXJzL2FzY2hvbHovRG93bmxvYWRzL1BMQUFGUC1USUVTLVNQRUQtMy4yMDIxLTIucGRmVwdzY2hvb2xtQgpgyFv0zGDhEY6rUhpra2VzbGVyQGhvd2FyZGNvdW50eW1kLmdvdlgEAAAAAQ~~&data=04%7C01%7Croldham%40howardcountymd.gov%7Cbe442cd121bb4048198208d934b8adcd%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637598790072108360%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=wVaSzK3EYkZQOu2cTXWzCiAyNgatwON29RT2mAyrV84%3D&reserved=0)

 **OTHER RESOURCES/RESEARCH/ARTICLES/UPDATES**

**Health Access, Equity and Disparity**

* AHRQ: Social Determinants of Health Data on Internet Access

[https:/www.ahrq.gov/sdoh/data-analytics/sdoh-tech-poverty.html](https://www.ahrq.gov/sdoh/data-analytics/sdoh-tech-poverty.html)

* AHRQ: Prevalence of Paid Sick Leave Among Wage Earners, 2017

<https://meps.ahrq.gov/data_files/publications/rf47/rf47.shtml>

* Part I: A Quantitative Study of Social Risk Screening Acceptability in Patients and Caregivers <https://pubmed.ncbi.nlm.nih.gov/31753277/>
* Socioeconomic and Racial and/or Ethnic Disparities in Multisystem Inflammatory Syndrome <https://pubmed.ncbi.nlm.nih.gov/33602802/>
* What Contributes to Diagnostic Error or Delay? A Qualitative Exploration Across Diverse Acute Care Settings in the United States <https://pubmed.ncbi.nlm.nih.gov/33852544/>
* DEA Counterfeit Pills Fact Sheet and Card, both in English and Spanish <https://www.getsmartaboutdrugs.gov/>
* Data and Evaluation Considerations for Community Health Workers and Promotores Supporting Medi-Cal Member Health and Social Care Integration

<https://bit.ly/2Sr2qNw>

* AHRQ: Living Systematic Review on Cannabis and Other Plant-Based Treatments for Chronic Pain <https://bit.ly/2YqLSol>
* MMWR: HIV Testing Trends Among Persons with Commercial Insurance or Medicaid — United States, 2014–2019 <https://bit.ly/2Sri3Vd>
* MMWR: Need for Contraceptive Services Among Women of Reproductive Age — 45 Jurisdictions, United States, 2017–2019 <https://bit.ly/3x7XpIw>
* MMWR: COVID-19 Vaccination Coverage Among Adults — United States, December 14, 2020–May 22, 2021 <https://bit.ly/3zVUxAv>
* MMWR: COVID-19 Vaccination Coverage and Intent Among Adults Aged 18–39 Years — United States, March–May 2021 <https://bit.ly/3gSeDE5>

 **Chronic Disease**

* Making sense of blood glucose data and self-management in individuals with type 2 diabetes mellitus: A qualitative study <https://pubmed.ncbi.nlm.nih.gov/32279366/>

**Nutrition/Physical Activity**

* Gerontological Society of America (GSA) White Paper on Obesity in Older Adults

<https://www.geron.org/images/gsa/documents/Obesity_in_Older_Adults.pdf>