

Howard County Local Health Improvement Coalition
Healthy Aging Work Group FY19 Mid-Year Delegate Report
January 10, 2019

FY 18-20 Healthy Aging Priority 1: Reduce Alzheimer's and dementia-related emergencies in Howard County.

FY 18-20 Healthy Aging Priority 2: Reduce fall-related deaths in Howard County.

FY 18-20 Healthy Aging Goals:

Goal 1.1a: Provide referral/linkage to brain health education, future and advanced care planning for healthy aging and aging-related services through community partnerships and outreach programs for priority populations.

Goal 1.1b: Engage HCLHIC member organizations in coordinated communication through social, print and other media on brain health education, future and advanced care planning for healthy aging and aging-related services for priority populations.

Goal 2.1a: Provide referral/linkage to fall prevention, adaptive device resources and awareness services through community partnerships and evidence-based education programs for priority populations.

Goal 2.1b: Engage HCLHIC member organizations in coordinated communication through social, print and other media on falls prevention, adaptive device resources and awareness services for priority populations.

FY 18-20 Healthy Aging Process Objectives:

- By June 30, 2020, participation in evidence-based Alzheimer's and other dementia programs and fall prevention programs for priority populations will be increased by 20%.
- By June 30, 2020, 4 educational symposia/CE opportunities for providers, other care professionals working with priority populations will be provided.
- By June 30, 2020, 6 educational symposia/CE opportunities for caregivers to priority populations will be provided.
- By June 30, 2020, 20% of HCLHIC partner organizations will provide Alzheimer's and dementia-related resources for priority populations and integrate fall prevention practices in standard operations.
- By June 30, 2020, 20% of HCLHIC partner organizations will be engaged in education/future planning; and, fall prevention, adaptive device resources and awareness for priority populations by utilizing communication action alert tool.

FY 18-20 Q1 & Q2 Progress Report

	Discussion
<p>List the action item (s) that this work group will complete by June 2018.</p>	<p>The action items this group will complete by June 2019 are as follows:</p> <ul style="list-style-type: none"> A. Increase participation in evidence-based Alzheimer’s and other dementia and fall prevention programs for priority populations by 10%. B. Healthy Aging specific presentation/training held during 1 full HCLHIC meeting /1 work group meeting annually C. Hold one provider-focused symposia/continuing education opportunity with Alzheimer’s and other dementia; and, fall prevention focus. D. Hold two community-based presentation/training opportunities with Alzheimer’s and other dementia; and, fall prevention focus. E. Include Brain health education, future and advanced care planning for healthy aging and aging-related services; and, fall prevention, adaptive device resources and awareness actions/messages in a minimum of 2 HCLHIC Action Alert Tools per topic. F. Engage a minimum of 10% of HCLHIC partner organizations in Brain health education, future and advanced care planning for healthy aging and aging-related services; and, fall prevention, adaptive device resources and awareness actions/messages through the HCLHIC Action Alert Tool. G. Engage a minimum of 10% HCLHIC member organizations in integrating Alzheimer’s/Dementia related resources into standard screening/educational services provided for older adults by their organization. H. Engage a minimum of 10% HCLHIC member organizations in integrating falls prevention practices into standard screening/educational services provided for older adults by their organization.
<p>What is the current status of the action item (s) above during this month?</p>	<p>The current status of the action items are as follows:</p> <ul style="list-style-type: none"> A. Mid-year data is being collected for all Healthy Aging programs. HCLHIC staff has met with Office on Aging and independence and has mapped out remaining evidence-based programs for FY 19 and begun implementing promotional strategies. B. Educational Initiatives Action Group was convened in November 2018. Group will serve as an ad hoc planning group that provides high level input and oversight to educational that align with the

HCLHIC strategic plan for the Healthy Aging Work Group. The intention of this group is to support and enhance pre-existing educational activities by partners, identify gaps in educational offerings and provide educational opportunities to fill those gaps for strategic populations. Additional partners will be engaged as needed as specific activities are identified.

Also for items C & D: Dates are being finalized for educational initiatives. Topics, community partners and timeframes for events have been selected and are as follows:

- February:
 1. Falls Prevention Initiatives (Work Group-specific presentation)
- March:
 1. Understanding Alzheimer’s and Dementia (2 sessions) (In collaboration with OAI and ALZ Association)
 2. Mental/Behavioral Health Among the Aging Population (in collaboration with NAMI MD)
 3. Time Share/Skill Bank/Repair Café – Social Integration and Inclusion
- April:
 1. Financial Planning for an Aging Population (In collaboration with Merrill Lynch)
 2. New Intervention/Screening for Social Isolation and Depression Among Aging Populations (in collaboration with MAC Inc.)
- May:
 1. Time Share/Skill Bank/Repair Café – Social Integration and Inclusion
 2. Integrating and Billing for Falls Prevention EBPs (in collaboration with MAC Inc.)
 3. Brain Health (in collaboration with OAI)
- June:
 1. Early Stage Dementia (2 sessions) (in collaboration with OAI and ALZ Association)
- Ongoing:
 1. Stepping Up Your Nutrition – Increased promotion and linkage/referrals to evidence-based programs and community resources and services throughout the County.
- The October Healthy Aging Work Group brought the advocacy representative from the Alzheimer’s Association to speak on

	<p>advocacy for Alzheimer’s and Dementia public health initiatives on the National, State and County level.</p> <p>C. See above.</p> <p>D. See above.</p> <p>LHIC staff served as support at a collaborative offering of Mental Health First Aid for older adults training.</p> <p>E. Targeted communication messages have begun being sent out to coalition members through Action Alerts, Digest articles and ad hoc calls to action.</p> <p>F. Targeted communication messages have begun being sent out to coalition members through Action Alerts, Digest articles and ad hoc calls to action.</p> <p>G. Updated list of businesses that can be engaged and stewarded and the activities they can engage in to integrate healthy aging resources and services has been developed.</p> <p>H. See above.</p>
<p>What are the next steps and projected timelines for the next month to accomplish the action item (s) above?</p>	<p>The next steps in order to accomplish the action items are as follows:</p> <p>A. Individual communication with community organizations will continue. Data collection will be finalized and ongoing collaboration on promotion of classes and other methods of LHIC support will persist.</p> <p>The LHIC will become a member of the Maryland Falls Coalition to tap into a greater network of Falls Prevention Professionals and Organizations to expand best practices towards evidence-based falls prevention.</p> <p>B. Speaker/Topic for spring 2019 Full HCLHIC presentation to be identified/secured in FY 19 Q3.</p> <p>FY 19 educational event action group will assist with the high level planning of identified educational activities and individual partners and organizations will be incorporated for specific initiatives throughout the remainder of FY 19</p> <p>C. See above.</p>

	<p>D. See above.</p> <p>E. Work with over-arching HCLHIC Communications action group to determine FY 19 approaches using action alert tool and coordinated communications.</p> <p>F. See above.</p> <p>Through the implementation of aforementioned educational events and activities, strategic partners identified for integration group will be individually stewarded for incorporation. The initiatives being developed and offered will work with an integration focus in mind, in order to create a seamless transition of strategic partners into the Integration Action Group.</p> <p>G. See above.</p>
<p>List specific action(s) needed from HCLHIC members; specific work group(s); leadership; and/or others to successfully implement next steps for the month ahead.</p>	<p>The specific actions that are needed from HCLHIC members are as follows:</p> <ol style="list-style-type: none"> 1. Participation in action groups 2. Support various educational initiatives. 3. Engagement in Action Alert Tool calls to action 4. Participation in pilot of integration messaging and services

Respectfully submitted by
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 Howard County Local Health Improvement Coalition