

**Howard County Local Health Improvement Coalition**  
Behavioral Health Work Group Delegate Report  
January 2019

**FY 18-20 Behavioral Health Priority 1:** Reduce Emergency Department visits related to mental health conditions in Howard County.

**FY 18-20 Behavioral Health Priority 2:** Reduce Emergency Department visits for addiction-related conditions in Howard County.

**FY 18-20 Behavioral Health Priority 3:** Reduce suicide rates in Howard County.

**Goal 1.1a:** Provide referral/linkage for *mental health conditions-related* education and services through community partnerships and evidenced-based programs for priority populations.

**Goal 1.1b:** Engage HCLHIC member organizations in coordinated communication through social, print and other media on prevention and treatment of *mental health-related* conditions among priority populations.

**Goal 2.1a:** Provide referral/linkage for *addictions-related* education and services through community partnerships and evidenced-based programs for priority populations.

**Goal 2.1b:** Engage HCLHIC member organizations in coordinated communication through social, print and other media reduce stigma about prevention and treatment of *addictions-related* conditions among priority populations.

**Goal 3.1a:** Provide referral/linkage for suicide prevention education and services through community partnerships and evidenced-based programs for priority populations.

**Goal 3.1b:** Engage HCLHIC member organizations in coordinated communication through social, print and other media to reduce stigma about suicide among priority populations.

**FY 18-20 Behavioral Health Process Objectives:**

- By June 30, 2020, participation in mental health education and stigma reduction programs; addiction awareness and stigma reduction programs; and, suicide prevention programs for priority populations will be increased by 20%.
- By June 30, 2020, 6 educational symposia/CE opportunities for providers, other care professionals and community members working with priority populations will be provided.
- By June 30, 2020, 20% of HCLHIC partner organizations will be engaged in mental health stigma reduction awareness; addiction awareness and stigma reduction; and, suicide prevention for priority populations by utilizing communication action alert tool.

- By June 30, 2020, 20% of HCLHIC partner organizations will be engaged in targeted education on appropriate uses of emergency department, and crisis intervention services for priority populations by utilizing communication action

### FY 19 Q1 & Q2 Progress Report

Topic	Discussion
<p>List the action item (s) that this work group will complete by June 2019.</p>	<p>The action items this group will complete by June 2019 are as follows:</p> <ul style="list-style-type: none"> <li>A. Increase participation in mental health awareness/stigma reduction and suicide prevention/stigma reduction program participation for priority populations by 10%; and, establish a baseline for participation in addiction awareness/ stigma reduction programs program participation for priority populations.</li> <li>B. Behavioral Health specific presentation/training held during 1 full HCLHIC meeting /1 work group meeting annually</li> <li>C. Hold two provider-focused symposia/continuing education opportunity with mental health/stigma reduction; addiction/stigma reduction; and, suicide prevention/stigma reduction focus.</li> <li>D. Hold two community-based presentation/training opportunity with mental health/stigma reduction; addiction/stigma reduction; and, suicide prevention/stigma reduction focus.</li> <li>E. Include mental health/stigma reduction; addiction/stigma reduction; and, suicide prevention/stigma reduction awareness actions/messages in a minimum of 4 HCLHIC Action Alert Tools per topic.</li> <li>F. Engage a minimum of 10% of HCLHIC partner organizations in mental health/stigma reduction; addiction/stigma reduction; and, suicide prevention/stigma reduction actions/messages through the HCLHIC Action Alert Tool.</li> <li>G. Include appropriate uses of emergency department and crisis intervention services awareness-related actions/messages in a minimum of 4 HCLHIC Action Alert Tools per topic.</li> </ul>
<p>What is the current status of the action item (s) above during this month?</p>	<p>The current status of the action items are as follows:</p> <ul style="list-style-type: none"> <li>A. Coordinator continues to update the MHFA and Suicide Intervention resource directory. Updated copies are posted on HCLHIC website (<a href="http://www.hclhic.org/resources/behavioral-health-resources">http://www.hclhic.org/resources/behavioral-health-resources</a>) and shared with work group members. The facilitator directory has also been updated.</li> </ul>

Coordinator working on scheduling the next MHFA action group in March 2019. Meeting will highlight data collected, gaps in data collection, and plans for moving forward. The MHFA and Suicide Intervention resource directory was shared with partner organizations: principals of the 10 schools where we operate SBWCs, the school nurses at the 7 telemedicine SBWCs, the Hispanic liaisons at Deep Run ES and Wilde Lake and the HCPSS Health Services Coordinator.

- B. Behavioral health specific presentation: Full HCLHIC – January 2019: “Reducing Harm. Improving Health”; October 2018 Behavioral Health Work Group meeting – Update on the Suicide Awareness campaign and Question, Persuade and Refer (QPR) Training. February 2019 Behavioral Health Work Group meeting – Adverse Childhood Experiences (ACEs) Presentation.
- C. Behavioral health specific presentation: February 2019 Behavioral Health Work Group meeting – Adverse Childhood Experiences (ACEs) Presentation.
- D. Community-based presentation on YMHFA was held on January 11, 2019. Additional community-based suicide outreach/ presentations are being conducted by the Behavioral Health Bureau of the HCHD.
- E. Three (3) HCLHIC Action Alert Tools mentioned Behavioral Health topics as planned:
  - o August 2018: Addictions-related stigma reduction and awareness
  - o October 2018: Caregiving Journey Mental Health Series
  - o November 2018: Drug Take Back Day and Suicide Prevention
- F. HCLHIC partner organizations engaged in mental health/stigma reduction; addiction/stigma reduction; and, suicide prevention/stigma reduction actions/messages through the HCLHIC Action Alert Tool. Mental Health-related services/awareness messages included in 1 action alerts in FY 2019. Addiction-related services/awareness messages included in 2 action alerts in FY 2019. Suicide-related

	<p>services/awareness messages included in 1 action alerts in FY 2019</p> <p>G. Currently no action alert messages on appropriate uses of emergency department and crisis intervention services awareness-related actions/messages have been included in the Action Alert Tool.</p>
<p><b>What are the next steps and projected timelines for the next QUARTER to accomplish the action item (s) above?</b></p>	<p>The next steps in order to accomplish the action items are as follows:</p> <ol style="list-style-type: none"> <li>1. Coordinator is working to schedule the next Action Group meeting for March 2019 at the HCHD. Coordinator to work with Jen Treger from MHAMD on finding an appropriate date/ time that works for everyone.</li> <li>2. Coordinator will continue to maintain the MHFA/Suicide Intervention program resource directory.</li> <li>3. Coordinator to work with Director to draft one mental health stigma reduction associated actions/messages to be included in FY19 Q3 Action Alert Tool.</li> <li>4. HCLHIC Staff will continue to request member organizations to utilize Action Alert Tool, specifically at the workgroup meeting and in meeting minutes.</li> </ol>
<p><b>List specific action(s) needed from HCLHIC members; specific work group(s); leadership; and/or others to successfully implement next steps for the NEXT QUARTER.</b></p>	<p><b>The specific actions that are needed from HCLHIC members are as follows:</b></p> <ol style="list-style-type: none"> <li>1. Continue to request member organizations utilize Action Alert Tool, specifically at the workgroup meeting and in meeting minutes Review</li> <li>2. Request participation in action group to review and plan selected CE opportunities.</li> </ol>

Respectfully submitted by  
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 Howard County Local Health Improvement Coalition