December 15, 2022

LHIC Coalition and Work Group Members - Please see below for upcoming webinars and resources. We encourage you to consider participating and to share these opportunities with your stakeholders and others in the community. If you have programs or opportunities that you would like to submit please send them via email to [lhic@howardcountymd.gov](mailto:lhic@howardcountymd.gov).

**LOCAL RESOURCES AND MEMBER ANNOUNCEMENTS**

* Howard County Veterans and Military Families Resource Directory. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001f6ZSHzdT-mR61LppvYnnOe3u9sQKHzfyqF8kCpGjSS9NKj0KLBskZuUibBTk7G4ZOs8kO3rXRlpW_I4YZe1PARwDfx5xsqOSXlXQccDTWRwrAE9P-n-n2mvxlUsx_yr0XHzpOYhnG6Tz5NDU6GG_55segqgBAm5oeKyeq8YuFHwAHQBqaTB6-KEYJJEKjpfb6DdIwFJ3PgmuRRhBKT9jixqZ4NIPKeqLyaqNfMLzZUpUvxP63FuiKukzm676pXYxqMBICsbAm7c%3D%26c%3DVUE5bLGEze5XrugaXPaSFEjlA2QIQ1HwwSjGNbnoaMyhhozZxjAM_g%3D%3D%26ch%3Du1HZgJkISWyMrASRcRla9MZZbOsKATVAjI5zuzya3HRwTwgZUJ5e0g%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C073721bac1104ec93cf808dadd459ed2%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638065588330242706%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=CFkzE1ExIXCvgsGX8AHFOu6XFQhxacNvbjN4Fyevgac%3D&reserved=0).
* Teen Drop In Mental Health Resources and Topics 12/15 at Savage Library 3pm to 4:30pm. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001f6ZSHzdT-mR61LppvYnnOe3u9sQKHzfyqF8kCpGjSS9NKj0KLBskZsL_X7Ie0aRRpcpl9IKQNjfZK1f3ni2nb_OCimUGQCv7fUa6zPoEzeJzTrs_tKWpqjhetiPyv4G_6y8Ad6deUYhuxcfoyQxZJJsUw9IJUJ09cxISFw7RkCCyA_ywW1eI5htV9aNeEEzafw3VTSNFHChBOkhPr3wf-Jp3A5PlHPe16_zzKAZedTDy-tKCzmincQ%3D%3D%26c%3DVUE5bLGEze5XrugaXPaSFEjlA2QIQ1HwwSjGNbnoaMyhhozZxjAM_g%3D%3D%26ch%3Du1HZgJkISWyMrASRcRla9MZZbOsKATVAjI5zuzya3HRwTwgZUJ5e0g%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C073721bac1104ec93cf808dadd459ed2%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638065588330086486%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=pQQz%2BTn4qs983sDKLjWXgahtFHb0y0t%2FRqIBTHbKJO4%3D&reserved=0).
* The National Family Caregiver Support Program provides various supports that help family and informal caregivers care for older adults and others in their homes for as long as possible. [Link](mailto:ethomas@howardcountymd.gov).
* MDH created a 988 toolkit that provides free downloadable and printable outreach materials including posters, digital and audio ads, flyers, wallet cards and more. These materials are also available in Spanish. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001edWaM-kCmJkx6ghXzUlI2ixz1mtA9CQ_aZi_YNMUwKa_dW56zAvlOS33BekxQIY3SgK6fG5cw6Ivi56vFEsHQg1LWe7-9hg-jfKhXShfc7KW6LGK98AYBp9xWz4Tu1Snwc9TTlerbtIqUexz_wL9b17QpyhzOBYH3K2Ssew4az0cKmfmAe-fHxQ5SBAEcq7u%26c%3DoW1fD1Fu7oStD-VplZ-97Td5OTJrzGg4iPVNpi2RQQ3lcOG-vH4HuQ%3D%3D%26ch%3DlcEY_c1wN45BefHxVqC8dBueQfaNrlM0DZJxr50XYcJwjcefZRBdgA%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cf58ba0fc054949fd4eb408dadd51123a%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638065637567363502%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=uU4pxVV0svpGCimpdxYs1WbLRlbOTiiEivApfK6KIr8%3D&reserved=0).

**FUNDING OPPORTUNITIES**

* **Title: New Grants Funding to Expand Health Care Access in Maryland**

**Description:** The Maryland Community Health Resources Commission (CHRC) has funding available to support projects in Diabetes and Chronic Diseases, Maternal and Child Health, Behavioral Health and Oral Health in support of the State's new Dental Benefit. This funding opportunity aims to expand access to health care in Maryland's underserved communities, and the Call-for-Proposals will advance this objective by supporting projects that promote health equity, serve vulnerable populations, and capacitate communities across the State.

**Applications Deadline:** Monday, December 19, 2022 [Apply](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001ZCbdyDdlw8v8i5c7ZgjgK2OxkseqYlbFP0LbINVmOgWYv7GJsGGRA3YVn9EFLftlPm5FCE9Fb2Xxz-czCVnEo_P44xlsHEWoJt3fafjw7WJ0T9CZc5M3T8Cmia0hfcJZs9JXjjj-XmQYfo6v5ik5HOD6I2TX-_iFEKbq4CpuzRzZ0joBvtp249ndDRQgaAyv%26c%3DsNW-v-q5WF6OYWn_GiFH5NNBwd6XDNIbXxSbQM-_PwKRqoRvnt3-Hg%3D%3D%26ch%3DMSPmpPUsM2ypZi0UfgvpsfPIuisQcbc0WSS0B43A3KC5uYvo4gOhKw%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cf9b4f03f47e34faee92a08dadd51bb18%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638065640338701257%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=LB8RQ327vDYYmInLjCGcKemraHIJtkyJAFabFzAkfYM%3D&reserved=0).

* **Title: Harm Reduction Grant Funding Opportunity**

**Description:** The purpose of the program is to support community-based overdose prevention programs, syringe services programs, and other harm reduction services. Funding will be used to enhance overdose and other types of prevention activities to help control the spread of infectious diseases.

**Applications Deadline:** February 7, 2023[Apply](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001ZcTS0QpnlYjd1s2ggKtKtKCcUboPrBH1rAZJKnm_WdGYEu46AN3aL9-BMqb1u04BPrLaU5y2wRrcPdE15623ANY-4cmSt6QT_qTYlAg2Uud5pCcLA8IM3dtEgSycRAkUgLsq3EATXD8zJxI0QSknMzxQ7GxGJzz5qZ1JwxvLpfcgdn4k5OsIfOWvZMTLZdEKTlB-NruJ28Qp2kkYaDF2KtoEm_QEo8o-%26c%3DhN0JhrFnQWQaw7bx5NE1G6X3Q53kPIYwjWfWYv7jHYdbrV3V_hAZxQ%3D%3D%26ch%3DBDvp2PNVZMStVQMimXVDwfta9SyT3oBJGqQLJn7SJy8spQEFQMNEkw%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C9e940f26e3ee4ce2e59e08dadd5284ba%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638065643724997312%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=vlWIGF8jE58Dnn11IzPNQAY6U2APqTtfmSOVAXsE0lU%3D&reserved=0).

* **Title: RFP: Improving Social Determinants of Health**

**Description:** The Centers for Disease Control and Prevention's Improving Social Determinants of Health (SDOH) – Getting Further Faster (GFF) initiative, the purpose of this funding opportunity is to build evidence for how public health, healthcare and human services systems can implement, evaluate, and sustain programs to promote cross-sector linkages that address the social determinants of health (SDOH).

**Applications Deadline: January 20, 2023, 5:00pm PST** [Apply](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.naccho.org%2Fblog%2Farticles%2Frfp-improving-social-determinants-of-health-getting-further-faster-year-3-public-health-healthcare-human-services-alignment&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C550b3b27cc47433d5e8108daddd703bb%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638066212831913146%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=51Bagq1zMtPuRtVfAOT%2BxAZjT2y9qN6V2p4P3WS0uo0%3D&reserved=0).

**UPCOMING EVENTS, TRAININGS AND WEBINARS**

***Events below may not be hosted or provided by HCLHIC. If you have any questions about***

***these events, please contact the event organizers directly.***

**HEALTHY BEGINNINGS**

* **Title: Yoga for Children, Teens and Adults**

**Description:** Enjoy our weekly FREE Yoga Classes with instructors from the Yoga Center of Columbia. These classes are made possible through the generosity of The Hussman Foundation. A one-time registration is required to receive, by e-mail, the videoconference login and password for any future yoga classes. Please login at least a few minutes early to get admitted.

**Date/Time:** December 17, 2022 3:30pm

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fapp.donorview.com%2FCommunication%2FClick%3Fprm%3DpZbBD5VzOO90RymTPXzR0UFmrVq0Ku4zlm9-rIYrm_bnzhhvTZZaZJ8j_yTpW9tim8tKsczYucm7vSFBz_DXrT27OW_fiT9PKKmGf3_HbSx0DTShzHlvxn1laPjUYfI3Q61f9JdRDnfO6Mq-YDz36hQVD3uOM5mAPLEOe3ijRnjbGB4yrf_8bebgyOkygcjm2g8vqK4dhEb5HUMzVMuf4f8E7ctpVUIKQ5AhVfXd7og1%26target%3Dhttps%253a%252f%252fapp.donorview.com%252fm4ykx&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C67e28873fd3f4dab6ccf08daddfcbb25%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638066374803402363%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=%2BsgHNgWW8Y8RdkxNnlZ1jOd39f6qlwXW3BmBLvE3Ens%3D&reserved=0).

* **Title:** **Grupo de Apoyo Para Padres Latinos**

**Description:** Realizado en español, este grupo de apoyo familiar se reúne mensualmente.

**Date/Time:** December 19, 2022 7pm

**Contact:** Para más información Marianela Estrada - emailnella22@gmail.com o 973-223-1024 Alex Arevalo at ax.arevel1@gmail.com or 240-374-3368.

* **Title: Navigating the Autism Journey**

**Description:** A facilitated discussion group for people who parent or care for individuals with Autism. Sessions feature open discussion or presentations on topics of interest to Autism families and caregivers. FREE but a ONE-TIME REGISTRATION IS REQUIRED. The Zoom login will be sent by email one day before the session.

**Date/Time:** December 21, 2022 7pm

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fapp.donorview.com%2FCommunication%2FClick%3Fprm%3DpZbBD5VzOO90RymTPXzR0UFmrVq0Ku4zlm9-rIYrm_bnzhhvTZZaZJ8j_yTpW9tim8tKsczYucm7vSFBz_DXrT27OW_fiT9PKKmGf3_HbSx0DTShzHlvxn1laPjUYfI3Q61f9JdRDnfO6Mq-YDz36hQVD3uOM5mAPLEOe3ijRnjbGB4yrf_8bebgyOkygcjm2g8vqK4dhEb5HUMzVMuf4f8E7ctpVUIKQ5AhVfXd7og1%26target%3Dhttps%253a%252f%252fapp.donorview.com%252fg135k&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C67e28873fd3f4dab6ccf08daddfcbb25%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638066374803402363%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=qpC%2ByYVsx%2BXrdh92sXyMAi7jIFMB5iVFdunZSX6WkWk%3D&reserved=0).

**HEALTHY LIVING**

* **Title: Healthy Living for the Brain & Body**

**Description:** Start the coming year with the resolve to make physical fitness and brain health a priority. Learn practical ways to begin new healthful practices. Register for the virtual program Healthy Living and partner with a family member, co-worker or friend for encouragement.

**Date/Time:** December 29, 2022 10am to 11am.

Register using the [link](https://www.communityresourcefinder.org/ResourceView/Index?id=2745213&profileDefinitionId=93).

**HEALTHY MINDS**

* **Title: Reinforcing Effective Self-Concept Versus Self-Sabotaging**

**Description:** These BHA/MedChi Behavioral Health Webinar Series are for Maryland’s behavioral health and medical health care workers of all disciplines, whether working in community or hospital settings.

**Date/Time:** January 12, 2023 5pm to 6pm.

Register using the [link](https://us02web.zoom.us/webinar/register/WN_nkRC3M9DTh6UEqmVHrbEQw).

* **Title: BHIPP ECHO Clinics: Pharmacotherapy for Eating Disorders**

**Description:** This series is great for providers who have already participated in BHIPP ECHO Clinics, or who feel like they are experienced in treating behavioral health in their practice setting and are looking to explore advanced topics.

**Date/Time:** January 12, 2023 12:30pm to 1:30pm

Register using the [link](https://bit.ly/3omYAkC).

**SELF-PACED COURSES AND ON-GOING SUPPORT PROGRAMS**

**HEALTHY BEGINNINGS**

* **Title: NAMI Basics Course in Spanish**

**Description:** Basics is a great place to start if you are the parent or caregiver of a child with mental health challenges. By participating, you’ll realize that you are not alone. You’ll find support and shared understanding—compassion, reinforcement and empathy from people who truly get your situation. And don’t forget: Your experiences may also help others in the course.

**Date/Time:** January 10, 2023 to February 14, 2023

Contact: Joseline Castaños [joselinecastanos@gmail.com](mailto:joselinecastanos@gmail.com) to register.

**HEALTHY MINDS**

* **Title: BHIPP Mental Health Crisis Training Series**

**Description:** The BHIPP Mental Health Crisis Trainings are a series of interactive, virtual learning sessions on practices, strategies and resources to support emergency medicine and primary care professionals in addressing pediatric mental health crises. Free CME and CEU credit are available for participation.

**Date/Time:** Spring 2023

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001f6ZSHzdT-mR61LppvYnnOe3u9sQKHzfyqF8kCpGjSS9NKj0KLBskZsL_X7Ie0aRRDGer4OVWcqKBWqbknkgrq2blVJSVfcz2xzqOzy37FnvO7BWghUYVrg_XH8upMfM_CXanu0r9VPIMv8G_L1zcNvrVibtcXzOzn_rqq-9IeaYCLEaHmxBtiAc99AoUDOjnUp5q_0IWCcmmMBQG_VPHlh0zXhGAeaUIwsa-yu5LkHYrw3TaxuQcP41z69sVqnI6M4swWHJNPUZU-dB6BEF94u8iAMgUNmp8%26c%3DVUE5bLGEze5XrugaXPaSFEjlA2QIQ1HwwSjGNbnoaMyhhozZxjAM_g%3D%3D%26ch%3Du1HZgJkISWyMrASRcRla9MZZbOsKATVAjI5zuzya3HRwTwgZUJ5e0g%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C073721bac1104ec93cf808dadd459ed2%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638065588330242706%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=Ubx8x27xI5f5msi2oEONLn%2BFSa1%2B3GmAFC929GyoQdk%3D&reserved=0).

* **Title: Living Well Building Better Caregivers / Dementia Virtual Workshop**

**Description:** The Building Better Caregivers workshop is designed to support and strengthen your ability to manage caregiving tasks and maintain a fulfilling life. When you participate in this workshop, you may be eligible for RESPITE CARE reimbursement.

**Date/Time:** January 5, 2023 through February 16, 2023 6pm to 8:3pm

Register using the [link](https://lp.constantcontactpages.com/cu/ikY7XMy/BBC?source_id=551f7bc9-3464-4ef2-b6fa-c592803cd01e&source_type=em&c=wgZ9OoIrlKqS9-7ebpWyRY_eQvle2M7nqylpkH_wZt4XmzCpY18vwg==).

* **Title: Trained Military Assistance Provider (TMAP) Program**

**Description**: Save a Life. With the Maryland Department of Health's Trained Military Assistance Provider Program (TMAP), a new initiative to prevent suicide in military service members, veterans and their families. The training is free and open to all Maryland based primary care staff.

**Date/Time:** Virtual, self-paced course

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fgovernorschallenge.psycharmor.org%2Fbundles%2Ftmap-program&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C80710912e10f4ae5183308dadd4b3042%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638065612258114126%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=9FJXly0FcPKl7ivAPEAwY0HLR0Q0Xxosy%2BKistIMUIM%3D&reserved=0).

**OTHER RESOURCES/RESEARCH/ARTICLES/UPDATES**

**HEALTHY BEGINNINGS**

* March of Dimes Report: From babies through adults, improving health, life and healing. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.marchofdimes.org%2Fabout%2Fnews%2Fmarch-dimes-2022-report-card-shows-us-preterm-birth-rate-hits-15-year-high-rates&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cbeec8316fe244bbc494508dadd490593%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638065602946710129%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=iGKZSgIRLSRbl7mi7ymMO5xbfgAI2iBXV7%2Bd1zbLRo0%3D&reserved=0)
* Limited Patient Access to Spanish-Language Services in a Postpartum Unit. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDgsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjEyMTMuNjgxNzI1NzEiLCJ1cmwiOiJodHRwczovL3d3dy5zY2llbmNlZGlyZWN0LmNvbS9zY2llbmNlL2FydGljbGUvYWJzL3BpaS9TMTc1MTQ4NTEyMjAwMjE1WCJ9.QX3GIjLH4yf-AnLqpqpMKtKtm7hZ0XiOJaCGcxGq3Eg%2Fs%2F1504861883%2Fbr%2F150364859201-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C4f23198817294e28ab4608dadd571a31%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638065663434159689%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=382EBXsnXRpBC47wmWjziVaXPMHytcONTBsDG838mW4%3D&reserved=0).
* Postpartum Care Up To One Year After Pregnancy: A Systematic Review. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTcsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjEyMTMuNjgxNzI1NzEiLCJ1cmwiOiJodHRwczovL2VmZmVjdGl2ZWhlYWx0aGNhcmUuYWhycS5nb3YvcHJvZHVjdHMvcG9zdHBhcnR1bS1jYXJlLW9uZS15ZWFyL2RyYWZ0LWNvbW1lbnQifQ.-5CGA5KUJDEHqSa2PZlfVfHWRek7TJRFlBw8aIeHvXM%2Fs%2F1504861883%2Fbr%2F150364859201-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C4f23198817294e28ab4608dadd571a31%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638065663434315889%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=E6%2FHsY8xJdwuUB45ysLcmBkamR5g1JkzzJtzwObuCb4%3D&reserved=0).
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**HEALTHY LIVING**

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* Bloomberg Initiative for Cycling Infrastructure. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh732d32ab%2C17e7c1cd%2C17f9c159%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ18yMDU0LURNOTQ3OTkmQUNTVHJhY2tpbmdMYWJlbD1EZWNlbWJlciUyMDIwMjIlMjBBY3RpdmUlMjBQZW9wbGUlMjBIZWFsdGh5JTIwTmF0aW9uJTIwbmV3c2xldHRlcg%26s%3DPzqv2NyIekuHqux_j_4KiWXkOzVmwyOVkxSsyC_bDRQ&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C579e5840c8eb4cb56b7e08dadd40f8fc%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638065568391327347%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=y6B6y6fAmZ1Aw7HeTDeC9XUn%2Fumzl7Xl7gJOhklnJWw%3D&reserved=0).
* Safe System Strategies for Bicyclists and Pedestrians Toolkit [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh732d32ab%2C17e7c1cd%2C17f9c15d%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ18yMDU0LURNOTQ3OTkmQUNTVHJhY2tpbmdMYWJlbD1EZWNlbWJlciUyMDIwMjIlMjBBY3RpdmUlMjBQZW9wbGUlMjBIZWFsdGh5JTIwTmF0aW9uJTIwbmV3c2xldHRlcg%26s%3D6w7a6gf45_9pHmtAeJvU2ul4JCDXHmNXOKa3NOj8FFo&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C579e5840c8eb4cb56b7e08dadd40f8fc%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638065568391327347%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=h8NRooiNuBVjWIpVHjZXypV8Wvk%2BVh5inIF7%2BqKP8Z8%3D&reserved=0).
* A new study shows that doing muscle strengthening activities, such as using weight machines, lifting free weights, and carrying groceries, can lower older adults' risk of premature death. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh732d32ab%2C17e7c1cd%2C17f9c160%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ18yMDU0LURNOTQ3OTkmQUNTVHJhY2tpbmdMYWJlbD1EZWNlbWJlciUyMDIwMjIlMjBBY3RpdmUlMjBQZW9wbGUlMjBIZWFsdGh5JTIwTmF0aW9uJTIwbmV3c2xldHRlcg%26s%3DQL1hvCtS3wdjNIlx_Y1Fe-6vn_KvvkRTjwcsnouFTwY&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C579e5840c8eb4cb56b7e08dadd40f8fc%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638065568391327347%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=VflLw%2B1kMGqhI5IG7wMit36CDQiYPlcuB1RU4uTq%2BLY%3D&reserved=0).
* Report to Congress on Leveraging Federal Programs to Prevent and Control Diabetes and Its Complications. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhealth.gov%2Fsites%2Fdefault%2Ffiles%2F2022-01%2FNCCC%2520Report%2520to%2520Congress.pdf&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C579e5840c8eb4cb56b7e08dadd40f8fc%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638065568391171138%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=%2FUzBQNRIWOoQpjHgnfSq1fPT1MNNxoJrzYI4b%2BJ%2FKE4%3D&reserved=0).
* *What Works Fact Sheet* features an easy-to-read table showing Community Preventive Services Task Force (CPSTF) recommendations and findings for evaluated intervention approaches. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh732b0220%2C17f8fe90%2C17f9ad40%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ0NHXzMtRE05NTYyOSZBQ1NUcmFja2luZ0xhYmVsPVdoYXQlMjBXb3JrcyUyMHRvJTIwUHJvbW90ZSUyME9yYWwlMjBIZWFsdGg%26s%3D7ACknuRFQhgOWilp0Kcsfl7bMwguJnlS6CPMjeFvcY0&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C83efe403e42e4d818d1208dadd42ae20%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638065575704626110%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=s0Bxt6eAgX333%2BM3K5Y2ijpiBJxdMfIxL%2B2XzrzVyuA%3D&reserved=0).
* *Journal of Public Health Management and Pract*ice details systematic review evidence supporting housing voucher programs that improve health and health-related outcomes for adults and to advance health equity. [Link](https://www.thecommunityguide.org/media/2022/sdoh-jphmp-housing-vouchers-evrev.pdf?ACSTrackingID=USCDCCG_24-DM95073&ACSTrackingLabel=New%20Publication%20Features%20Systematic%20Review%20Evidence%20for%20Housing%20Voucher%20Programs&deliveryName=USCDCCG_24-DM95073)
* AHRQ Views Blog – 2022 National Healthcare Quality and Disparities Report: We Still Have Much Work to Do. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJlbWFpbCI6ImJyYW1iaGFyYXRAaG93YXJkY291bnR5bWQuZ292IiwiYnVsbGV0aW5fbGlua19pZCI6IjEwMCIsInN1YnNjcmliZXJfaWQiOiIxNTA0ODYxODgzIiwibGlua19pZCI6IjI1NDE1MzUzMjEiLCJ1cmkiOiJicDI6ZGlnZXN0IiwidXJsIjoiaHR0cHM6Ly9nY2MwMi5zYWZlbGlua3MucHJvdGVjdGlvbi5vdXRsb29rLmNvbS8_.qSpM8uxbDzbU5qssE1U5pdwp1JRm4IWiXJDWw2IwpAw&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C20fcd275e4054e34ced608dadd516204%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638065638863622986%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=7QPqH3LUL3LvvXKtNZ%2BRg2yYfTltUEJuLblHd8Otdio%3D&reserved=0).

**HEALTHY MINDS**

* Physician organizations' use of behavioral nudges to influence physician behavior article. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTMsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjEyMDYuNjc3Nzc5MjEiLCJ1cmwiOiJodHRwczovL3d3dy5wdWJtZWQubmNiaS5ubG0ubmloLmdvdi8zNjEyMTM2MSJ9.c0-hbJGH_S8I48SEYjpU4-Z90e4xceKH6oWX8TpqND8%2Fs%2F1504861883%2Fbr%2F149712419793-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C617181e6ad7a4c39a0d708dadd4b957c%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638065613947415547%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=VZLu%2BxyzaNatHQAuTGPq0eidAVnOHkrIT%2B81zbG%2FEg4%3D&reserved=0).
* Pragmatic clinical trial of population health, portal-based depression screening: the PORTAL-Depression study. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTQsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjEyMDYuNjc3Nzc5MjEiLCJ1cmwiOiJodHRwczovL3d3dy5wdWJtZWQubmNiaS5ubG0ubmloLmdvdi8zNjEyNzUzNSJ9.d6ZQq6h846zS-kq0ogSEih09V-Lo1Eg0y_0dVdy0c04%2Fs%2F1504861883%2Fbr%2F149712419793-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C617181e6ad7a4c39a0d708dadd4b957c%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638065613947415547%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=qk4Ivq%2BldOK9XXqRNDSofxp8wdcW4x61GI6328iSq%2FE%3D&reserved=0).
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* Use of Patient Portals May Boost Depression Screening Rates. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDQsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjEyMDYuNjc3Nzc5MjEiLCJ1cmwiOiJodHRwczovL3B1Ym1lZC5uY2JpLm5sbS5uaWguZ292LzM2MTI3NTM1LyJ9.Z4KvM7JGTf1mNo1JpvmlKuzeB_yk2Or-il3d4Z3gzwA%2Fs%2F1504861883%2Fbr%2F149712419793-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C617181e6ad7a4c39a0d708dadd4b957c%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638065613947259325%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=buY03Lpbfn53LwlXXM1Od%2BsQIsIsAdlkTuSxX5lI2vU%3D&reserved=0).
* Older Opioid Patients Experience More Adverse Events After Injury. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9..aa1gRkT1tQDpVDA7QZnnfmFAH4L--glQtpXDY5mQmM0%2Fs%2F1504861883%2Fbr%2F149712419793-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C617181e6ad7a4c39a0d708dadd4b957c%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638065613947259325%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=A6kSFHYs4vegIOO29iJSNqz4sTBDE%2FLK%2BzWfJl%2FViEE%3D&reserved=0).
* Community Preventive Services Task Force (CPSTF) recommendation for home-delivered and congregate meal services to reduce malnutrition among older adults living independently. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh72bdd205%2C17ef61cd%2C17f06a55%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ0NHXzEyLURNOTUxNTMmQUNTVHJhY2tpbmdMYWJlbD1XZWJpbmFyJTIwRmVhdHVyZXMlMjBDUFNURiUyMFJlY29tbWVuZGF0aW9ucyUyMHRvJTIwUmVkdWNlJTIwTWFsbnV0cml0aW9uJTIwQW1vbmclMjBPbGRlciUyMEFkdWx0cw%26s%3DMGtyRdmCOD09czIM99GeMZc4GCtlJgyzIlvGt_KFTa4&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C796e0995d487465b8b8a08dadd4be1f5%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638065615222658914%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=J2jH5Lo%2BaL8FWTuN5zO77VwDktRZempLEuPljUXD290%3D&reserved=0).
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* Stress, Depression and the Holidays: Tips for Coping. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001ZcTS0QpnlYjd1s2ggKtKtKCcUboPrBH1rAZJKnm_WdGYEu46AN3aL9-BMqb1u04BAoSKu_vM967LDxzkro004cXjvsLD5gYABwoexzoAeVP0VXGWTCUlNQ3Fo8-P-5vpjx39JSpEZwUZYCL98PFfYpslPy9cfDAVkdIeqnQ04KkJqvZM4XRxfXvCspQa6JyWBgh-ZrjcVKg0p9Mg7SYfE5Om7P0yVGHVsaAG2umeMJSZoYN6kD80Xg%3D%3D%26c%3DhN0JhrFnQWQaw7bx5NE1G6X3Q53kPIYwjWfWYv7jHYdbrV3V_hAZxQ%3D%3D%26ch%3DBDvp2PNVZMStVQMimXVDwfta9SyT3oBJGqQLJn7SJy8spQEFQMNEkw%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C9e940f26e3ee4ce2e59e08dadd5284ba%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638065643724685480%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=uLRyFF6osXunRGtNRMShlYi%2BND69%2F8GVOZOM4IYgybc%3D&reserved=0).
* AHRQ Stats: Access to Treatment for Illicit Drug Use. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9..BuH_H0ec-kSEn97xXkw1B_HRra5ngCrY6A-W8JXMDmo%2Fs%2F1504861883%2Fbr%2F150364859201-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C4f23198817294e28ab4608dadd571a31%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638065663434003440%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=hSRYCxOmryIobE8%2BBXLwGZvpg5TbcK4cXVriD7RcazQ%3D&reserved=0).
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