Howard County Local Health Improvement Coalition
Healthy Aging Work Group Delegate Report
April 26, 2018

FY 18-20 Healthy Aging Priority 1: Reduce Alzheimer's and dementia-related emergencies in Howard County.

FY 18-20 Healthy Aging Priority 2: Reduce fall-related deaths in Howard County.

FY 18-20 Healthy Aging Goals:

Goal 1.1a: Provide referral/linkage to brain health education, future and advanced care planning for healthy aging and aging-related services through community partnerships and outreach programs for priority populations.

Goal 1.1b: Engage HCLHIC member organizations in coordinated communication through social, print and other media on brain health education, future and advanced care planning for healthy aging and aging-related services for priority populations.

Goal 2.1a: Provide referral/linkage to fall prevention, adaptive device resources and awareness services through community partnerships and evidence-based education programs for priority populations.

Goal 2.1b: Engage HCLHIC member organizations in coordinated communication through social, print and other media on falls prevention, adaptive device resources and awareness services for priority populations.

FY 18-20 Healthy Aging Process Objectives:

- By June 30, 2020, participation in evidence-based Alzheimer's and other dementia programs and fall prevention programs for priority populations will be increased by 20%.
- By June 30, 2020, 4 educational symposia/CE opportunities for providers, other care professionals working with priority populations will be provided.
- By June 30, 2020, 6 educational symposia/CE opportunities for caregivers to priority populations will be provided.
- By June 30, 2020, 20% of HCLHIC partner organizations will provide Alzheimer's and dementia-related resources for priority populations and integrate fall prevention practices in standard operations.

- By June 30, 2020, 20% of HCLHIC partner organizations will be engaged in education/future planning; and, fall prevention, adaptive device resources and awareness for priority populations by utilizing communication action alert tool.

FY 18-20 Q3 Progress Report

	Discussion
List the action item (s) that this work group will complete by June 2018.	**The action items this group will complete by June 2018 are as follows:** A. Increase participation in evidence-based Alzheimer's and other dementia and fall prevention programs for priority populations by 5%. B. Healthy Aging specific presentation/training held during 1 full HCLHIC meeting /1 work group meeting annually C. Hold one provider-focused symposia/continuing education opportunity with Alzheimer's and other dementia; and, fall prevention focus. D. Hold two community-based presentation/training opportunities with Alzheimer's and other dementia; and, fall prevention focus. E. Include Brain health education, future and advanced care planning for healthy aging and aging-related services; and, fall prevention, adaptive device resources and awareness actions/messages in a minimum of 2 HCLHIC Action Alert Tools per topic. F. Engage a minimum of 5% of HCLHIC partner organizations in Brain health education, future and advanced care planning for healthy aging and aging-related services; and, fall prevention, adaptive device resources and awareness actions/messages through the HCLHIC Action Alert Tool. G. Engage a minimum of 5% HCLHIC member organizations in integrating Alzheimer's/Dementia related resources into standard screening/educational services provided for older adults by their organization. H. Engage a minimum of 5% HCLHIC member organizations in integrating falls prevention practices into standard screening/educational services provided for older adults by their organization.
What is the current status of the action item (s) above during this month?	**The current status of the action items are as follows:** A. Baseline data for evidence-based Alzheimer's and other dementia and fall prevention programs were collected; Work group members have been educated on all evidence-based programs identified in the Healthy Aging objectives of the FY 18-20 HCLHIC Strategic Plan. B. Horizon Foundation offered a presentation of its Speak(*easy*) program to the full HCLHIC in Q1. C. Healthy Aging work group members identified caregiver support and healthy aging practices integration as priority topics for continuing

	and community education; HCLHIC Healthy Aging Community Education programming implementation plan has been drafted. HCLHIC action group developing "Caregiver Resources 101" presentation for providers that will be implemented in Q4. HCLHIC will offer a caregiver support presentation at the First Baptist Church of Guilford's annual health fair in Q4. D. See above. E. Completed for FY18 F. Completed for FY18 G. HCLHIC member organizations presented examples of integration practices they implement within their own organizations at the March HA work group meeting. An action group has been established to identify resources and examples of Alzheimer's and other dementia and fall prevention practice integration. This group will identify HCLHIC messages and recommendations for this strategic objective. H. See above.
What are the next steps and projected timelines for the next month to accomplish the action item (s) above?	**The next steps in order to accomplish the action items are as follows:** A. An action group will be convened to engagement of organizations that provide evidence-based programs falls, caregiver and other programs in the county during Q4. May work as adjunct to CDSMP action group meeting to address Access to Care work group objectives. B. Speaker/Topic for spring 2019 Full HCLHIC presentation to be identified/secured in FY 19 Q1. C. HCLHIC Healthy Aging Community Education programming implementation plan has been drafted and will be presented to action group of strategic partners in Q4 for feedback. D. See above. E. Work with over-arching HCLHIC Communications action group to determine FY 19 approaches using action alert tool and coordinated communications. F. See above. G. Convene action group to generate strategies, resources and standards

	for HCLHIC member organizations to integrate Brain health education, future and advanced care planning for healthy aging and aging-related services; and, fall prevention, adaptive device resources into standard referral and other business processes during FY 2018 Q4. Utilize work group and action group to identify and implement methods to engage faith-based and service-oriented clubs and organizations in Brain health education, future and advanced care planning for healthy aging and aging-related services; and, fall prevention, adaptive device resources and awareness actions/messaging during FY 2019 Q1. Organizations that implement falls-related services will be engaged to determine specific protocols/checklists they utilize. Additional organizations will be identified as early adopters to improve falls integration into their practices during FY 2019 Q2. H. See above.
List specific action(s) needed from HCLHIC members; specific work group(s); leadership; and/or others to successfully implement next steps for the month ahead.	**The specific actions that are needed from HCLHIC members are as follows:** 1. Participation in action groups 2. Engagement in Action Alert Tool calls to action

Respectfully submitted by
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