December 15, 2021

LHIC Coalition and Work Group Members - Please see below for upcoming webinars and resources. We encourage you to consider participating and to share these opportunities with your stakeholders and others in the community. If you have programs or opportunities that you would like to submit please send them via email to [lhic@howardcountymd.gov](mailto:lhic@howardcountymd.gov).

**LOCAL RESOURCES AND MEMBER ANNOUNCEMENTS**

* Howard County Government Coronavirus Disease 2019 (COVID-19) Information [StayCOVIDSafe.howardcountymd.gov](https://www.howardcountymd.gov/Departments/COVID-19-Coronavirus-Countywide-Updates)
* Maryland Health Connections is having open enrollment from November 1, 2021 – January 15, 2022. For more information, click <https://www.healthcareaccessmaryland.org/> or call the HealthCare Access Maryland Call Center at 1-410-500-4710
* Maryland Department of Health launches Youth Suicide Prevention Toolkit <https://bit.ly/3s7m54A>

and MD Young Minds program <https://211md.org/about/text-messages/md-mindhealth/>

**FUNDING OPPORTUNITIES**

**1. *Title***: **Robert Wood Johnson Foundation Grant opportunities**

**Pioneering Ideas: Exploring the Future to Build a Culture of Health**

***Description:*** This Call for Proposal (CFP) is aimed to influence health equity in the future.

The Robert Wood Johnson Foundation are interested in ideas that address any of these

four areas of focus: Future of Evidence; Future of Social Interaction; Future of Food; Future

of Work.

Proposals will be accepted throughout the year on a rolling admission.

For more information, please visit <https://rwjf.ws/3CXq5XR>.

**Evidence for Action: Innovative Research to Advance Racial Equity**

***Description:*** This Call for Proposal (CFP) focuses on studies about upstream causes of

health inequities, such as the systems, structures, laws, policies, norms, and practices that

determine the distribution of resources and opportunities, which in turn influence

individuals’ options and behaviors.

Grant periods are flexible up to 3 years.

For more information, please visit [www.evidenceforaction.org](http://www.evidenceforaction.org/).

**2. *Title***: **Harm Reduction Monitoring & Evaluation of syringe services programs (SSPs)**

**Use of Learning Collaborative Model to Build Capacity of Syringe Services Programs**

[**to Conduct Point in Time Surveys**](https://www.naccho.org/blog/articles/use-of-learning-collaborative-model-to-build-capacity-of-syringe-services-programs-to-conduct-point-in-time-surveys)

***Description:*** This funding opportunity seeks to assess and demonstrate the effectiveness of a

Learning Collaborative approach as a means of building SSP capacity for monitoring and evaluation

(M&E), including Point in Time Surveys.

Applications are due on January 6, 2022. For additional information or to access the RFA,

visit [here](https://www.naccho.org/blog/articles/use-of-learning-collaborative-model-to-build-capacity-of-syringe-services-programs-to-conduct-point-in-time-surveys).

**Advancing Harm Reduction through Data Analysis & Evaluation**

***Description:*** The purpose of this funding opportunity is to support and build capacity for data

analysis and evaluation at SSPs.

Applications are due on January 13, 2022. For additional information or to access the RFA,

visit [here](https://www.naccho.org/blog/articles/advancing-harm-reduction-through-data-analysis-evaluation).

**UPCOMING VIRTUAL EVENTS, WEBINARS, AND TRAINING**

***Events below may not be hosted or provided by HCLHIC. If you have any questions about***

***these events, please contact the event organizers directly.***

**HEALTHY BEGINNINGS**

1. ***Title*: Yappy Hour**

(Registration is required)

***Description:*** YAPpy Hour is a virtual version of the Young Athletes Program run by Special

Olympics Maryland. This weekly class is for children between the ages of two and seven

years old. Young athletes will work on gross motor skills and some social interactions in a

fun and interactive way.

***Date/Time:*** Every Wednesday, October 13, 2021 - May 18, 2022; 5:00 pm - 5:30 pm

***Link:*** [https://somd.zoom.us/meeting/register/tZckc-6hqT0qGdBRJuWiiGOBdwgvFYuCA1fy](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2FbVWg5o3Dx9X3n4I63CUT_Q~~%2FAAAAAQA~%2FRgRjNykfP0RKaHR0cHM6Ly9zb21kLnpvb20udXMvbWVldGluZy9yZWdpc3Rlci90WmNrYy02aHFUMHFHZEJSSnVXaWlHT0Jkd2d2Rll1Q0ExZnlXB3NjaG9vbG1CCmFVn_VVYc5miFVSGmtrZXNsZXJAaG93YXJkY291bnR5bWQuZ292WAQAAAAB&data=04%7C01%7Croldham%40howardcountymd.gov%7Cba4a9be046c94e55cb7908d98e5a6198%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637697341093238427%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=6Hx1g9jcvcYVBQekNJ0IwNby4Hh%2FAqAan%2FTXBgvG1WQ%3D&reserved=0)

1. ***Title*: School Health Institute for Education and Leadership Development (SHIELD)**

(Registration is required)

***Description:*** SHIELD is planning an exciting 9-part series on supporting Mental Health in

Schools. This is a multi-disciplinary program relevant to all School Health Professionals.

The anticipated dates are:

* + Thursday, January 13, 2022; 1:00 pm – 3:00 pm
  + Tuesday, February 15, 2022; 1:00 pm – 3:00 pm
  + Remaining date in February is TBD

For more information, please visit <https://cme.bu.edu/shield.bu.edu/content/mentalhealth-series>

**HEALTHY LIVING**

1. ***Title*: Living Well with Diabetes Class (Virtual)**

(Registration is required)

***Description:*** A 6-week workshop for people who live with or are at risk for diabetes. If you

have Type 2 Diabetes or have been told you are at risk for pre-diabetes, learn

techniques for better managing your health to avoid serious health problems that can

result from having diabetes.

***Class Six:*** Every Thursday, November 18 – December 23, 2021; 10:00 am – 11:30 am

and 6:00 pm - 7:30 pm

***Class Seven:*** Every Thursday, December 16, 2021 – January 20, 2022; 10:00 am – 11:30 am

and 6:00 pm - 7:30 pm

***Link:*** <https://events.hcgh.hopkinsmedicine.org/>

1. ***Title*: Listening Sessions - NIH Stakeholders Discuss Racial & Ethnic Equity**

(Registration is required)

***Description:***  The National Institute of Health (NIH) is holding a series of listening sessions to learn

from external stakeholders about the full range of issues and challenges in advancing racial and

ethnic equity in the biomedical research enterprise.

Participants can select from the list of dates upon clicking on the link.

***Link:*** <https://bit.ly/3HNHKEi>

1. ***Title*: Virtual Sleep Enhancement Group**

(Registration is required)

***Description:*** This 4-session workshop is for people experiencing issues with sleeping.

Please contact the Stephen A. Cohen Military Family Clinic at Easterseals at 240-847-7500 or

[info.mfc@eseal.org](mailto:info.mfc@eseal.org) to register.

* + Friday, January 21, 2022; 12:00 pm – 1:00 pm
  + Friday, January 28, 2022; 12:00 pm – 1:00 pm
  + Friday, February 11, 2022; 12:00 pm – 1:00 pm
  + Friday, February 18, 2022; 12:00 pm – 1:00 pm

***Link:*** <https://bit.ly/3ysJP4j>

1. ***Title*: Eating Disorders: What Are They and What Help is Available?**

(Registration is required)

***Description:*** In this workshop, participants will discuss what eating disorders are, how they

develop, common types of eating disorders, and treatment methods.

***Date/Time:*** Wednesday, December 15, 2021; 10:30 am - 11:30 am

***Link:*** <https://bit.ly/3s0WPge>

1. ***Title*: Advocacy to Secure an Adult Dental Benefit in Maryland Medicaid**

(Registration is required)

***Description:*** In this workshop, participants will learn how the Maryland Dental Action Coalition

(MDAC) is working to secure a comprehensive adult dental benefit in Medicaid, and how you can

contribute to statewide efforts.

***Date/Time:*** Wednesday, December 15, 2021; 12:00 pm - 1:00 pm

***Link:***[https://us02web.zoom.us/j/82124233193](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001NWmetnSR-EZD9D47Babn7nkzZbgqwdegJXswLny4efsWnIT3PqZww4ET_8wHU1y0c_DUO7N8vHNVMprntAsl-7U5lr5aVS5ImeoSRewUd-Pz6xXgkZ5uYi1eQISSFQfwuDFnooIRPDXYT0wDvSGsipQJfg0Pkl7RSGXBV3CuzNI%3D%26c%3DRlv-iUL-hAJwIjLlay51HiK-Dfo-BLMRMQOrxyDw6HMvXCXdDbMSPg%3D%3D%26ch%3DW3baGfdOulg2C2FaQjQOVOAnjqBC6h0ZGEceoCHnUOx1xdUGxtkrwg%3D%3D&data=04%7C01%7Croldham%40howardcountymd.gov%7Cd2d5379ad7f4455abff208d9be3703ab%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637749965759150504%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=J%2BbN%2BxiiDyD3pSdcdp%2FAlneOZSyJvNaOg6TfAQbHAyU%3D&reserved=0)

1. ***Title***: [**National Center on Disability in Public Health**](https://nationalcenterdph.org/)

(Registration is required)

***Description:*** This Prepared4ALL Affiliate group aims to mobilize disability organizations

and their networks to foster connections with emergency and public health

professionals to build trust, create sustainable relationships, and get a seat at the

emergency planning table. Monthly Townhalls are held on the third Wednesday of every

month.

***Date/Time:*** Wednesday, December 15, 2021 at 1:00 pm

***Link:*** <https://zoom.us/meeting/register/tJ0scOCqqz0vH9ZFpWR92X2cFhyZJV2SJ4bD>

1. ***Title*: National Federation of the Blind Webinar Series**

(Registration is required)

***Description:*** Experts at the [Center of Excellence in Nonvisual Access](https://nfb.org/programs-services/center-excellence-nonvisual-access) offer various training

events throughout the year to share best practices in web accessibility and access

technology.

***Date:*** Wednesday, December 15, 2021 – A Guide to Accessible Devices Seminar

For more information about CENA or to inquire about potential partnership opportunities,

please call: 410-659-9314, option 5 or email: [access@nfb.org](mailto:access@nfb.org).

***Link:*** <https://nfb.org/programs-services/center-excellence-nonvisual-access/events>

1. ***Title*: Tobacco Awareness Program for Teens (TAPFT)**

(Registration is required)

***Description:*** The Howard County Health Department’s *Tobacco Awareness Program*

*Teens* (TAPFT) is a 90-minute tobacco/vaping education class designed for middle and high

schoolers aged 13-18 years old. Participants will learn about the risks of using tobacco and

e-cigarettes/vapes and skills to adopt healthier lifestyles.

The class will be offered monthly virtually.

* + Wednesday, December 15, 2021; 3:30 pm – 5:00 pm (WebEx)
  + Wednesday, January 19, 2022; 3:30 pm – 5:00 pm (WebEx)

Parents/Guardians can complete the enrollment form below for their teen. Once

enrollment form is received, HCHD will send enrollment confirmation email and a WebEx

invitation to join the virtual class on selected date.

[FY22 TAFPT Enrollment Form (English)](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fdocs.google.com%2Fforms%2Fd%2F1IpxdSNWUkNONg8OB0AW9d5HdVetEqgPljt7Mf7ZVz6E%2Fviewform%3Fedit_requested%3Dtrue&data=04%7C01%7Croldham%40howardcountymd.gov%7C5d4dcd343c9e470aa75b08d9841726e1%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637686057244543819%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=edK6LcHkyzwWXp6WZNezkoT12G5rTjnccUX%2BCEccHPI%3D&reserved=0)

[FY22 TAPFT Enrollment Form (Spanish)](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fdocs.google.com%2Fforms%2Fd%2Fe%2F1FAIpQLSe9FE_Kyyg73K4BQH1J3tPceyniD_Xk4Io-T_PsBZvJRmcJiw%2Fviewform%3Fvc%3D0%26c%3D0%26w%3D1%26flr%3D0&data=04%7C01%7Croldham%40howardcountymd.gov%7C5d4dcd343c9e470aa75b08d9841726e1%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637686057244553774%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=JaxR1NHqkdOwOaZGhDkLLOGqRKOz3ijX9Z%2Bhu0wQ5Vk%3D&reserved=0)

If you have questions, please contact Rodney Oldham at [roldham@howardcountymd.gov](mailto:roldham@howardcountymd.gov)

1. ***Title:* Hands Only CPR Class**

(Registration is required)

***Description:*** In this training, participants will learn how to take simple steps to keep the

injured person alive until appropriate medical care is available.

* + Wednesday, December 15, 2021; 6:00 pm – 7:00 pm

***Link:*** <https://bit.ly/31Q07Za>

1. ***Title*: Howard County Teen Event**

(Registration is required)

***Description:*** All Howard County High School students and their parents/guardians (and Howard

County middle school students joined by a parent/guardian) are welcome to this free virtual event

to learn about youth driving, impaired driving, and much more from a panel of speakers. Students

are encouraged to ask questions, discuss what they have learned, and share ideas for how TAC or

HC DrugFree can better address these issues.

***Date/Time:*** Monday, December 20, 2021; 5:30 pm - 7:00 pm

***Link:*** <https://www.surveymonkey.com/r/Teens12-20-21>

1. ***Title*: Ethics: Boundaries in the Workplace**

(Registration is required)

***Description:*** This presentation will assist individuals with becoming ethical within their respective

professional role.

***Date/Time:*** Wednesday, February 16, 2022; 9:00 am - 12:15 pm

***Link:*** <https://bit.ly/3yuuQqy>

**HEALTHY MINDS**

1. ***Title*: Intervention Theories and Practices**

(Registration is required)

***Description:*** This training will offer an introduction to different models of intervention and

basic skills necessary for an interventionist.

***Date/Time:*** Wednesday, December 15, 2021; 9:00 am – 11:00 am

***Link:*** <https://bit.ly/3xQUHIH>

1. ***Title*: Self-Care through Self-Compassion**

(Registration is required)

***Description:*** In this webinar, participants will explore the myths surrounding the concept of

self-compassion, discuss the key elements involved in building this skill, and focus on strategies to

help you practice self-care through self-compassion.

***Date/Time:*** Thursday, December 16, 2021; 5:00 pm - 6:00 pm

***Link:*** <https://us02web.zoom.us/webinar/register/WN_tsHOzw5fRyCAmejhhklrdA>

1. ***Title*: Gambling is NOT the Solution to Financial Woes: Understanding the Stress of**

**Problem/Disordered Gamblers**

(Registration is required)

***Description:*** For those who are affected by problems caused by gambling, stress at this

time of year can be magnified to new levels – especially when gambling is viewed as a

financial solution. In this webinar, participants will be able to listen as the Center’s Peer

Recovery Support Specialists share their personal experiences with gambling addiction.

***Date/Time:*** Friday, December 17, 2021; 12:00 pm – 1:00 pm

***Link:*** <https://register.gotowebinar.com/register/4218992559935707664>

1. ***Title*: Trauma-Informed Suicide Prevention in Youth**

(Registration is required)

***Description:*** This training will help participants to identify factors contributing to risk of suicide

in youth, explain the concept of traumatic stress in relation to its impact on youth and families,

and discuss features of a trauma-informed response to suicide in youth.

***Date/Time:*** Tuesday, December 21, 2021; 9:00 am – 10:00 am

***Link:*** <https://bit.ly/3xMWsXj>

1. ***Title*: Opioid Overdose Response Training**

(Registration is required)

***Description:*** The Howard County Health Department is offering a **FREE** Opioid Overdose Response Program monthly virtual trainings**.** Participants will learnwhat opioids are; the impact of the opioid epidemic on public health; signs of an overdose;how to respond to an opioid overdose and how to administer Naloxone.

* + [Thursday, December 30, 2021; 3:00 pm – 4:00 pm](https://howardcountymd.webex.com/mw3300/mywebex/default.do?nomenu=true&siteurl=howardcountymd&service=6&rnd=0.286047697459462&main_url=https%3A%2F%2Fhowardcountymd.webex.com%2Fec3300%2Feventcenter%2Fevent%2FeventAction.do%3FtheAction%3Ddetail%26%26%26EMK%3D4832534b000000053f6e19d32f55352cfe36dff13924f9f8cdf70083659060cd98ffed0ab2a4d514%26siteurl%3Dhowardcountymd%26confViewID%3D204097487044092374%26encryptTicket%3DSDJTSwAAAAVK_Erm318_7Xh-4np73CH6UY1jANF9JtBP_ad0s0o2DA2%26)
  + [Tuesday, January 4, 2022; 3:00 pm - 4:00 pm](https://howardcountymd.webex.com/mw3300/mywebex/default.do?nomenu=true&siteurl=howardcountymd&service=6&rnd=0.338790027558475&main_url=https%3A%2F%2Fhowardcountymd.webex.com%2Fec3300%2Feventcenter%2Fevent%2FeventAction.do%3FtheAction%3Ddetail%26%26%26EMK%3D4832534b00000005fda40639af165a7a4202694dfc48e0fa1d4e4ac0afc91c25c1c72416b4a0b2a6%26siteurl%3Dhowardcountymd%26confViewID%3D204099385585312148%26encryptTicket%3DSDJTSwAAAAWt3CdXsAnmUH_njtG3YJkVUIBMoAoEw8UWqpMTyV7mhw2%26)
  + [Thursday, January 27, 2022; 3:00 –4:00 pm](https://howardcountymd.webex.com/mw3300/mywebex/default.do?nomenu=true&siteurl=howardcountymd&service=6&rnd=0.5543163975598617&main_url=https%3A%2F%2Fhowardcountymd.webex.com%2Fec3300%2Feventcenter%2Fevent%2FeventAction.do%3FtheAction%3Ddetail%26%26%26EMK%3D4832534b000000052c8b2f539b12e9be7ac898ad4fef1b5c5ec383b1fbfb744d1531e99ec5b82f68%26siteurl%3Dhowardcountymd%26confViewID%3D204099927363560139%26encryptTicket%3DSDJTSwAAAAU05O_utyQvRcxOqJv6PHlF-idzxfLaCAAUYjzils_mRg2%26)

Click on the date above to register or call the **Bureau of Behavioral Health at 410-313-6202** or email [orpresponse@howardcountymd.gov](mailto:orpresponse@howardcountymd.gov) for more information!

1. **Innovation Approaches to Tackle Public Health and Community Challenges**

(Registration is required)

***Description:*** This is a three-part webinar series. Participants will learn tools and approaches for

tackling large-scale community challenges, from maternal health to opioid overdoses.

* + Part Two, January 19, 2021; 12:00 pm – 1:30 pm
  + Part Three, February 23, 2021; 12:00 pm – 1:30 pm

***Link:*** <https://bit.ly/3dugZqo>

1. ***Title*: Virtual Consumer and Family Engagement Meeting**

(Registration is required)

***Description:*** This session will seek to generate ideas and recommendations to help identify priority

areas around issues affecting the public behavioral health system.

***Date/Time:*** Wednesday, December 15, 2021; 9:00 am - 11:00 am

***Link:*** <https://bit.ly/3G7SH1z>

**SELF-PACED COURSES AND ON-GOING SUPPORT PROGRAMS**

**HEALTHY BEGINNINGS**

1. ***Title:* The Maryland Addiction Consultation Services (MACS) for MOMs**

***Description:*** The Maryland Addiction Consultation Services (MACS) for MOMs is a free

service that offers support to prescribers in addressing the needs of their pregnant and

postpartum patients with substance use disorders.

Providers can call the warmline at 1-855-337-6227 on Monday-Friday from 9:00 AM to 5:00

PM. They can also email the program at [MACS@som.umaryland.edu](mailto:MACS@som.umaryland.edu) to be connected to an

addiction medicine/maternal health expert for assistance.

***Link:*** [https://www.medschool.umaryland.edu/macsformoms/](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001vewBN_nm5ZOI17NeQiAs6rf1qLQj_gm0lM2EgDh5YGHxP1txt6s-7VvY1LZCWI6JxzjEj_hOZJAxl9TdNHp9a4shGjXEBUXQbdtHi18iX_5nOyS171gtXflmFLzWegs0FyAFiZ8oOOZFZ2MIuOZNDJ-dm9zPp8V97tAr4XpOh1fsdXv5pH3Ilw%3D%3D%26c%3Dd3_dYetJE5Erom9kTqwW8Ey1rVs_FPwjOG4pRBTq2jAlZ3A73O6Ssw%3D%3D%26ch%3DL5crQosXw7lCLIIStG_IH86zbaaIl0yQqQvxes2DAyx2cE6Yfk5TVw%3D%3D&data=04%7C01%7Croldham%40howardcountymd.gov%7C7a56060cf189475d274208d997bbc741%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637707655026124598%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=qeF%2BcHG94jbhBU8bVna%2BEWFR2Jx157YNIMfUilbnG7k%3D&reserved=0)

1. ***Title:* Empowering Parents as Partners Presentations Online**

(Registration is required)

***Description:*** The presentations from the HCPSS Empowering Parents as Partners

Conference and the opening session by Dr. Terri Savage are posted on the HCPSS website

on the Special Education page.

***Link:*** [https://www.hcpss.org/special-education/](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2F_5rA3aXayBm0KVNm0Et44w~~%2FAAAAAQA~%2FRgRi0Ld5P0QoaHR0cHM6Ly93d3cuaGNwc3Mub3JnL3NwZWNpYWwtZWR1Y2F0aW9uL1cHc2Nob29sbUIKYO75g-9g2xK9YVIaa2tlc2xlckBob3dhcmRjb3VudHltZC5nb3ZYBAAAAAE~&data=04%7C01%7Croldham%40howardcountymd.gov%7C6fa73c6da4c742b9aaad08d947b78497%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637619675796813808%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=vaiWlH0gVQKT0K%2FgEb49AOBPGCtPO6pingCLRawSH8k%3D&reserved=0)

1. ***Title:* Community Assessment Series**

***Description:*** The Region IV Public Health Training Center is offering self-paced trainings on various

components of community assessments. Click on the bullet point for each training.

* [An Introduction to Community Assessment and Data Collection](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fnnphi.us11.list-manage.com%2Ftrack%2Fclick%3Fu%3D239198fe40d064f8b332c8c13%26id%3Dfe0c70bf6c%26e%3D49ce8e9f29&data=04%7C01%7Croldham%40howardcountymd.gov%7C9c3e2ea8b7d540e0ab5b08d9ba548f73%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637745694609355704%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=IiRUWVpuJh6M5nitBxY%2FQE02K%2BECsLIBl3MvCVfSy0E%3D&reserved=0)
* [Community Assessment: Conducting Windshield and Walking Surveys](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fnnphi.us11.list-manage.com%2Ftrack%2Fclick%3Fu%3D239198fe40d064f8b332c8c13%26id%3Dfe9d642c24%26e%3D49ce8e9f29&data=04%7C01%7Croldham%40howardcountymd.gov%7C9c3e2ea8b7d540e0ab5b08d9ba548f73%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637745694609355704%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=9umKMfDH3p3A8Ycu3I%2FUb5ebSKhd6HsovYvWWjf0Zfk%3D&reserved=0)
* [Community Assessment: Conducting Focus Groups](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fnnphi.us11.list-manage.com%2Ftrack%2Fclick%3Fu%3D239198fe40d064f8b332c8c13%26id%3Db3ecd7d0b0%26e%3D49ce8e9f29&data=04%7C01%7Croldham%40howardcountymd.gov%7C9c3e2ea8b7d540e0ab5b08d9ba548f73%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637745694609365662%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=yy02lNSaPVLl7fW9WhSXgoz8LAyvsWUv5pOyjOzd71k%3D&reserved=0)
* [Community Assessment: Conducting Surveys](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fnnphi.us11.list-manage.com%2Ftrack%2Fclick%3Fu%3D239198fe40d064f8b332c8c13%26id%3D7fb43a4216%26e%3D49ce8e9f29&data=04%7C01%7Croldham%40howardcountymd.gov%7C9c3e2ea8b7d540e0ab5b08d9ba548f73%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637745694609375617%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=%2FIfdPYXfGZS5G%2FxpKqe30GU%2Fg5z8ib7o93pqGzVc5kI%3D&reserved=0)

**HEALTHY LIVING**

1. ***Title:* Waitlist for Spanish Language Living Well with Chronic Disease Class**

For more information, visit[https://bit.ly/TomandoListadeEspera](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fbit.ly%2FTomandoListadeEspera&data=04%7C01%7Croldham%40howardcountymd.gov%7Ced8c5814fd1d45ab19b808d94889205e%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637620576102963923%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=8YcCwR%2BKSUlLpvlmFrlEsoSyN7buxPMUAxqvkh0AWjc%3D&reserved=0)

1. ***Title*: Diabetes Support Group (Virtual via Zoom)**

(Registration is required)

***Description:*** This support group will provide you with social and emotional support, as well

as educational resources to help you with managing your diabetes.

***Date/Time:*** Third Thursday of Every Month; 10:00 am - 11:30 am

***Link:*** [https://events.hcgh.hopkinsmedicine.org/event/journey-to-better-health/diabetes-](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fevents.hcgh.hopkinsmedicine.org%2Fevent%2Fjourney-to-better-health%2Fdiabetes-support-group&data=04%7C01%7Croldham%40howardcountymd.gov%7C95c08185f44e44cf6cb108d99945fbfc%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637709348117191240%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=H%2Bme6H5d8zsjtFq7KPKYCiG4l1fh2kpwQAjlP6rkTOQ%3D&reserved=0) support-group

1. **Title: Maryland Cancer Collaborative (MCC)**

***Description:*** MCC is recruiting members to new workgroups (Tobacco Cessation Support,

HPV, Vaccination Awareness, Cancer Risk Factors, High Risk Population Community,

Outreach, and Cancer Survivorship Education) to create action plans to implement their

priorities.

***Link:*** <https://www.surveymonkey.com/r/MCCworkgroups>

If you have questions, please contactBrian Mattinglyat[brian.mattingly@maryland.gov](mailto:brian.mattingly@maryland.gov)

1. ***Title*: Seniors Together Men’s Forum**

(Registration is required)

***Description:*** This is a free, drop-in group for discussion on a variety of topics, swapping

stories, and sharing life experiences in a comfortable, good-humored, social setting.

Facilitated with occasional guest speakers.

***Date/Time:*** Every Monday; 10:00 am - 12:00 pm

***Link:*** <https://www.howardcountymd.gov/aging>

For more information, please contact Karen Hull, [khull@howardcountymd.gov](mailto:khull@howardcountymd.gov) or call

1-410-313-7466.

1. ***Title:* Disability Rights Maryland (DRM) Virtual Q&A Sessions**

(Registration is required)

***Description:*** Disability Rights Maryland’s Education Team is hosting a weekly Facebook Live Q&A session to answer parents' most pressing questions about distance learning for students with disabilities as a response to the coronavirus pandemic. There’s one Q&A live session held each month for Spanish-speaking parents. Captioning is provided in real time and past videos are available on the DRM Facebook page with full captioning at

<https://www.facebook.com/pg/DisabilityRightsMD/videos/>

***Date/Time:*** Every Wednesday from 6:30 pm – 7:30 pm

***Link:***<https://bit.ly/3mQPTfX>

More information about Disability Rights Maryland can be found at

[https://disabilityrightsmd.org/](https://gcc02.safelinks.protection.outlook.com/?url=http:%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2Fg2hq1rE4GwbJGHlE5Vi1DQ~~%2FAAAAAQA~%2FRgRiBqjIP0QfaHR0cHM6Ly9kaXNhYmlsaXR5cmlnaHRzbWQub3JnL1cHc2Nob29sbUIKYCFIdSVgfFYHXFIaa2tlc2xlckBob3dhcmRjb3VudHltZC5nb3ZYBAAAAAE~&data=04%7C01%7Croldham%40howardcountymd.gov%7Cdc34a008f9b64003b5a508d8d29586e1%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637490886934358412%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=cycNUIp%2FhDj8OViSrYFfW6ldijlJCw7f0qRckfatTvE%3D&reserved=0)

1. ***Title*: Seizure First Aid**

***Description:*** The Seizure First Aid Ready course is now available on demand. Access this

30-minute online training from anywhere, anytime. Seizure First Aid Ready educates the

public on the Epilepsy Foundation’s basic procedures for responding to someone having a

seizure.

To take this course or learn about other online classes please visit:

<https://bit.ly/3GHkqqj>

1. ***Title*: Racism in Public Health Series**

***Description:*** Racism in Public Health Part One and Two are part of a three-part series. Part

One provides a brief overview on the root causes of systemic racism and its impact on

health. Part Two provides a brief overview on systemic racism in healthcare and its impact

on health disparities. The third and final podcast will be coming out soon.

***Link:*** <https://anchor.fm/rvphtc/>

1. ***Title:* Exploring the Social and Structural Determinants of Health**

(Registration is required)

***Description:*** An expansive training from the Mid-Atlantic Regional Public Health Training

Center, Exploring the Social and Structural Determinants of Health has been split into two

parts to allow for a deeper dive into defining characteristics of the social and structural

determinants of health. Instructions for accessing course materials will be provided after registration. Course is offered as a self-paced training.

**Part 1:** [Register Here](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Frvphtc.us2.list-manage.com%2Ftrack%2Fclick%3Fu%3Df5fc5f2a995eab453cdf54300%26id%3Da571e4a89a%26e%3D639857be1a&data=04%7C01%7Croldham%40howardcountymd.gov%7C62dc52cb8a9145b4fa6508d997da63f5%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637707786517133517%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=2%2B1UHBZoINiMk3vmuOB3g73l50nuTimkRbfk5PzZEqs%3D&reserved=0)**Part 2:** [Register Here](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Frvphtc.us2.list-manage.com%2Ftrack%2Fclick%3Fu%3Df5fc5f2a995eab453cdf54300%26id%3D2ee5c9deb8%26e%3D639857be1a&data=04%7C01%7Croldham%40howardcountymd.gov%7C62dc52cb8a9145b4fa6508d997da63f5%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637707786517133517%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=RFMmr5ZCTolftVIVtsTZwvjsxSeHYI42fht1gRQz3hQ%3D&reserved=0)

**HEALTHY MINDS**

1. ***Title*: Vibrant Aging: Mind Your Mind Mondays**

**(Registration is required)**

***Description:*** The Mental Health Association of Maryland’s Older Adults is offering “Mind Your

Mind Mondays”, a weekly opportunity for older Marylanders to learn about mental health and

engage with others around mental wellness.

***Date/Time:*** Every Monday in December; 6:30 pm – 7:30 pm

***Link:*** <https://zoom.us/meeting/register/tJUkcO2oqzkiEtBLhY4x2m8ACz966KvS0iN2>

1. ***Title*: Operation Prevention**

***Description:*** The Drug Enforcement Administration (DEA) and Discovery Education have

partnered to provide people with no-cost online tools and resources that support prevention.

* + Parent Toolkit - <https://operationprevention.com/#parent-toolkit>
  + Culture-Based Resources - <https://operationprevention.com/culture-based-resources>
  + Workplace Resources - <https://operationprevention.com/workplace>
  + Dangers of Drugs for Youths - <https://www.justthinktwice.gov/videos>
  + The Growing Fentanyl crisis - <https://www.youtube.com/watch?v=fmbu2RNH90k>

1. ***Title:* Maryland Commitment to Veterans**

***Description***: Regional Resource Coordinators are devoted to assisting any Maryland

resident who has served or is currently serving in the US Armed Services (Active duty,

Guard or Reserve) and their families, with access to mental health and substance use

Services. Calls accepted 24/7 at 1-877-770-4801.

For more information, visit <https://bha.health.maryland.gov/veterans/Pages/Home.aspx>.

Central MD Veterans Collaborative meet each quarter on the 2nd Tuesday at 1:00pm

(Registration is required)

Link:<https://us06web.zoom.us/meeting/register/tZYucuusrjkuHtE3g2q5WtfYBqTwsXyPS02o>

1. ***Title:* Howard County Commission for Veterans and Military Families**

***Description:*** The commission meets monthly on the 1st Thursday of the month. Its purpose is to assure that Veterans and military family’s issues are addressed effectively and efficiently. For more information, email [veterans@howardcountymd.gov](mailto:veterans@howardcountymd.gov) with questions.

Virtual Tai Chi for Veterans every 1st Tuesday of the month from 12:00 pm – 1:00 pm.

Register at: <https://zoom.us/meeting/register/tJIqc-6hrjgjH9Nrq4wJyAH6VBqUO50OmFT2>

1. ***Title***: **National Alliance on Mental Illness (NAMI) Connection Veteran Support Group**

(Registration is required)

***Description:*** This is a free, drop-in, peer-led support group for Veterans living with mental

illness.

***Date/Time:*** First Monday of Every Month; 6:00 pm - 7:30 pm

***Link:*** <https://namihowardcounty.org/event/online-veteran-connections-support-group/2021-11-01/>

Please email Shambry Ratliff, [sratliff.namihc@gmail.com](https://namihowardcounty.org/event/online-veteran-connections-support-group/2021-11-01/sratliff.namihc@gmail.com) with questions.

1. ***Title***: **National Alliance on Mental Illness (NAMI)**

NAMI support groups for parents/caregivers of children and adolescents with behavioral

health challenges. No diagnosis is necessary.

***Parent/Caregiver Support Group for School-Aged Students -*** Second Monday of each

Month.

***Parent/Caregiver Support Group for TAY (Transition Age Youth) -*** Third Thursday of each

Month.

Register for either group at <https://bit.ly/3rKwUp4>

***Title: NAMI Basics on Demand***

This six-session online education program is for parents/caregivers of youth aged 22 or

younger who are experiencing behavioral health challenges. No specific diagnosis is

necessary.

Sign up at: <https://publiccourseapi.nami.org/Learner/Login?ReturnUrl=%2F>

Sponsored by National Alliance on Mental Illness (NAMI) Howard County,

<https://namihowardcounty.org/>.

For more information about any of this online program or NAMI, please visit

[info.namihc@gmail.com](mailto:info.namihc@gmail.com) or 410-772-9300

1. ***Title*: Howard County Seniors Together Virtual Group Offering**

(Registration is required)

***Description:*** Seniors Together groups offer older adults the opportunity to join in weekly virtual

discussions on a variety of topics. Stay connected while staying home!

***Group 1: Think Positive Group*** Every Monday from 1:00 pm – 2:00 pm

***Group 2: Caregiver Support Group*** Every Monday from 7:00 pm – 8:30 pm

***Group 3: Men’s Roundtable*** Every Tuesday from 10:00 am – 12:00 pm

***Group 4: Low Vision Support Group*** Every Tuesday from 1:00 pm – 2:15 pm

***Group 5: Newstalk*** Every Thursday from 10:00 am – 11:30 am

***Group 6: Brainteasers*** Every Thursday from 12:30 pm - 1:30 pm

***Group 7: Open Mind Group*** Every Friday from 10:00 am – 12:00 pm

***Group 8: Trenders*** Every Friday from 1:00 pm – 2:30 pm

***Link:*** <https://bit.ly/2HQ7qGe>

1. ***Title:* A Public Health Approach to Alzheimer’s and Other Dementias**

(Registration is required)

***Description:*** This introductory curriculum that is intended to increase awareness of the

impact of Alzheimer’s disease and other dementias as well as the role of public health. This

curriculum addresses cognitive health, cognitive impairment, and Alzheimer’s disease and

is intended for use by undergraduate faculty in schools and programs of public health and

other related disciplines.

***Link:*** <https://bit.ly/3g9EVBC>

1. ***Title:* Behavior Talks – Resources to Support Student Success**

(Registration is required)

***Description:*** Behavior Talks is a series of brief trainings for parents/caregivers created by

HCPSS staff. Each video shares useful tips to promote student success related to behavior,

social/emotional needs, organization/self-management at home, and more. Current videos

include:

* + Being a Flexible Thinker
  + Breaking Down a Task
  + Giving Feedback and Praise
  + Making a Schedule & Setting Expectations

***Link:*** [https://www.hcpss.org/special-education/behavior-talks/](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2FK0lgjUpAFXwoz9urTVp0QA~~%2FAAAAAQA~%2FRgRi0Ld5P0Q3aHR0cHM6Ly93d3cuaGNwc3Mub3JnL3NwZWNpYWwtZWR1Y2F0aW9uL2JlaGF2aW9yLXRhbGtzL1cHc2Nob29sbUIKYO75g-9g2xK9YVIaa2tlc2xlckBob3dhcmRjb3VudHltZC5nb3ZYBAAAAAE~&data=04%7C01%7Croldham%40howardcountymd.gov%7C6fa73c6da4c742b9aaad08d947b78497%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637619675796803855%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=WWTAbzewIjBG3KNYVhpgtGkhMuuz18RQblX0jCKtR1U%3D&reserved=0)

1. ***Title*: Young Adult Alzheimer’s Support Group, ages 18-35**

***Description:*** If you are age 18 to 35 and have a family member living with Alzheimer's disease or

another dementia, the Young Adult Support Group can provide the support you need. This virtual

forum meets the second Wednesday of the month from 5:30-6:30 pm and is a safe place to share

challenges, learn coping skills, and about the disease. For more information, email Kathryn

King at [kaking0812@gmail.com](mailto:kaking0812@gmail.co)

***Link:*** <https://www.alz.org/media/maryland/documents/young-adult-support-group_1.pdf>

1. ***Title*: Mental Health Support Groups**

***Description:*** MPB Group Inc. offers a variety of mental health services and support group therapy

classes for adolescents to adults on anxiety, social skills, peer pressure and adult substance abuse.

For more information, please visit <https://www.mpbhealth.com/> or email:

[group@mpbgroupinc.com](mailto:group@mpbgroupinc.com)

**SELF-PACED COURSES AND ON-GOING SUPPORT PROGRAMS**

**HEALTHY LIVING**

1. ***Title:* The Suicide Prevention Resource Center**

(Registration is required)

***Description:*** The Suicide Prevention Resource Center is offering a free online course

[Locating and Understanding Data for Suicide Prevention](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001eHWYXQwmQQFCnR1Dep9Ih79EcGGDQt8XLhayxTxm23zXSKT8J-bF8vA59c8bYRMOckH_AvtztauSOac_5Srl3zmB9sGR2W9Cn-7LObj9GNAH4pAVQ2lm0bi4Wdu3-7BUtIP3eNX8Uoulnyd8MKYKzoL9UhcZ8CWkwMqbp5xD9usy2iAkZb-QBA%3D%3D%26c%3D4UmRdv5sFc5LFDADbzcFNR4MgnV4r8aYwUtmKvAGTJ_TbVdcbQRq5Q%3D%3D%26ch%3DmjtsqEyDWZlpKysy0CmI92UfaFbC_Pjo5-3NhbQnoU5CohohoIGDxw%3D%3D&data=04%7C01%7Croldham%40howardcountymd.gov%7Caccc32d7b0ba4f3798f708d8f83e4ec1%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637532293802820875%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=C3%2FDnBRI%2FB425Ih4wVUv%2FG7SboI4vAb0BPRFXQIOXQg%3D&reserved=0). The course explores a variety of

commonly used data sources for information on suicide deaths and attempts, suicidal

ideation, and related factors—as well as new frontiers in suicide surveillance, such as

interactive dashboards and real-time data collection.

1. ***Title:* Recovery Centers of America (RCA) Academy Courses**

(Registration is required)

***Description:*** RCA Academy has launched online courses to better serve everyone in the

Behavioral Health industry during the COVID-19 pandemic. These free courses are eligible

for 1 or 2 NBCC or NAADAC credits each. For more information, please click this link:

<https://bit.ly/3fzvRUW>

RCA offers a complimentary workbook for those considering an intervention. Feel free to

pass it along and [click here](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fem.recoverycentersamerica.com%2Fdc%2FUFIV1JDV_rbIGEX0hLmEbwX2Vj8ju5qhi7YdxXad2U5O8K22Zo7AeuTA0PfDUo290z9TJTqTSWErWE9eKbqfsWi6c_GYUNkCHkV0AK4DuYeiLoo-GXkHluzZSpHMnhg__dzsHvaZz2_FJe7UqMs52k2sKPp0zoyK_DHI_Q9pUjkmiKDhEMnZQtdv7MzqsYq4%2FOTU2LUREUC02MTEAAAGAhKYMMKTtH68_xBLIm58Lgp07ci7ViSEFgLA4Q3ylNM4amLNh4N5C4Whit0f3huJKzzfsNUo%3D&data=04%7C01%7Croldham%40howardcountymd.gov%7C6270350eae854cf00e9c08d9a0977461%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637717394611660144%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=yJJXOHeBUQrQgbSMvz1icOLaVBVPjfVPzR0VSveVnVo%3D&reserved=0) for more information on RCA intervention services.

**OTHER RESOURCES/RESEARCH/ARTICLES/UPDATES**

**Healthy Beginnings**

* Hidden Danger! Insidious Postpartum Bleeding After Emergency Cesarean Delivery

<https://bit.ly/3IM5iK9>

**Healthy Living**

* Aging Well with Community <https://bit.ly/3rx4qTs>
* Understanding preventable deaths in the geriatric trauma population: analysis of 3,452,339 patients from the Center of Medicare and Medicaid Services Database <https://bit.ly/3rIOzRT>
* National Network of Public Health Institutes: Operationalizing Anti-Racism, Social Justice, and Health Equity Principles through Performance Improvement <https://bit.ly/3dta6FX>
* The Community Guide - Heart Disease and Stroke Prevention: Team-based Care to Improve Blood Pressure Control <https://bit.ly/3oyILIy>
* Team-based Care Improves Blood Pressure Control and is Cost-effective <https://bit.ly/3dysvBe>
* Randomized controlled trial testing a video-text tobacco cessation intervention among economically disadvantaged African American adults

<https://pubmed.ncbi.nlm.nih.gov/34647777/>

* The Surgeon General's Community Toolkit for Addressing Health Misinformation

<https://www.hhs.gov/sites/default/files/health-misinformation-toolkit-english.pdf>

* US Preventive Services Task Force final recommendation dental statement: Prevention of Dental Caries in Children Younger Than 5 Years: Screening and Interventions <https://bit.ly/3dJTZUB>
* Care Systems COVID-19 Impact Assessment: Lessons Learned and Compelling Needs

<https://bit.ly/3G5gVtx>

* Promoting health equity for deaf patients through the electronic health record <https://pubmed.ncbi.nlm.nih.gov/34741507/>
* National SOGIE Center promotes wellbeing of LGBTQ+ Youth, Families <https://bit.ly/31zf15U>
* The Institute for Innovation and Implementation promotes system of care values to meet the needs of children and youth [https://theinstitute.umaryland.edu/](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ftheinstitute.umaryland.edu%2F&data=04%7C01%7Croldham%40howardcountymd.gov%7Cf691af0e9a964999cda608d9ba62b251%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637745755334851353%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=CIukMAeQRKtDGwIIufjfPQr%2BOrh7J9sJjyCrh%2BxNraw%3D&reserved=0)

**Healthy Minds**

* JAMA: Association of Online Risk Factors with Subsequent Youth Suicide-Related Behaviors in the United States <https://bit.ly/3DZIIdb>
* Quality of Care for Youth Hospitalized for Suicidal Ideation and Self-Harm

<https://pubmed.ncbi.nlm.nih.gov/34058402/>

* High Heart Rate Linked to Dementia Risk <https://bit.ly/3dyIpLK>
* Protecting Youth Mental Health: The U.S. Surgeon General’s Advisory

[https://www.hhs.gov/sites/default/files/surgeon-general-youth-mental-health-advisory.pdf](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.hhs.gov%2Fsites%2Fdefault%2Ffiles%2Fsurgeon-general-youth-mental-health-advisory.pdf&data=04%7C01%7Croldham%40howardcountymd.gov%7C8bb78ee82c5c4d01568008d9ba48df04%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637745644417040313%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=fmhB5RLwUcB0oDfKKY2CMNCyYRc8eAVhpssCpTFr3IQ%3D&reserved=0)

* Living Systematic Review on Cannabis and Other Plant-Based Treatments for Chronic Pain

<https://bit.ly/2YqLSol>