April 3, 2023

LHIC Coalition and Work Group Members - Please see below for upcoming webinars and resources. We encourage you to consider participating and to share these opportunities with your stakeholders and others in the community. If you have programs or opportunities that you would like to submit please send them via email to [lhic@howardcountymd.gov](mailto:lhic@howardcountymd.gov).

**LOCAL RESOURCES AND MEMBER ANNOUNCEMENTS**

* National Public Health Week in Maryland “Centering and Celebrating Cultures in Health” April 3-9, 2023. [Link](https://apha.org/).
* Child, Adolescent and Young Adult (CAYA) Coordinators Directory. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001W8Rj13phQ7nPTcnoZl-4Uskxj1Zoi_1EUUGeAjxUe2Qb1b3WIODJhCwB-0rULZLVA8rkA7V7o_qGsp9nUPrs9Taz3W3xGH7J1H0jwh0PZu8KyeabgO4KXwp_Y3-tGbcgZTG3MwZQ3836KMRlC7DWdmsI2cc6nzHBJfdS0zwlHode3xYqzPWpJ6Q0Fj4zyjhPDIAhfY7VylfkFlxKAsCO_R70JrFd3sGbOW87SzVsfI8%3D%26c%3DN-mbRp1ANwMALVgwEMfs6dc-tIhyDRfbaJj8bA2DEl6WFY3beUKOnA%3D%3D%26ch%3DnYJBPH3o9nZtgXRoQKNamlfHQya5iiTuQYu9nTzxXX3LbyM4xsFAZQ%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cc190c768265544dfeb8308db1b62d0a2%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638133883472087901%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=aXpzWfkT6OMkM2FLbhDEa14t51NgSujxjb1CbWYMH%2BI%3D&reserved=0).
* The Loan Closet of Howard County connects individuals with medical equipment (e.g., walkers,
* wheelchairs, crutches, bedrails, shower chairs), on a loan basis, free of charge. [Link](https://www.howardcountymd.gov/disability-services).
* Maryland Oral Health Resource Guide 2023 Edition. [Link](https://health.maryland.gov/phpa/oralhealth/Documents/ResourceGuide.pdf).
* Maternal Health Fair at St. John Baptist Church in Columbia on April 22nd 10am to 12pm. [Link](https://www.eventbrite.com/e/maternal-health-fair-tickets-598016131347).
* Expanded Maryland Medicaid Adult Dental Benefits. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.mdac.us%2Fmedicaid%2F&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C3eb2e7e7978a41181e5b08db1fd3d6c3%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638138766946303172%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=Z628SK3eBSfSViE7pv8fG6yrZMWig%2FHvc4Zs3HiMIyA%3D&reserved=0).

**FUNDING OPPORTUNITIES**

* **Title: Advancing Integrated Models (AIM) of Care to Improve Pregnancy Outcomes among Women Who Experience Persistent Disparities**

**Description:** Disparities in pregnancy outcomes are a public health crisis that requires new insights and solutions. The purpose of this initiative—advancing integrated models (AIM) of care—is to stimulate research to develop or evaluate supportive care models that address healthcare access or healthcare quality, together with structural or social inequities in efforts to prevent adverse pregnancy outcomes among racial and ethnic minority women.

**Applications Deadline:** Monday, May 1, 2023[Apply](https://grants.nih.gov/grants/guide/rfa-files/RFA-NR-23-002.html?utm_medium=email&utm_source=govdelivery).

* **Title: Treatment for Individuals with Serious Mental Illness, Serious Emotional Disturbance, or Co-Occurring Disorders Experiencing Homelessness**

**Description:** The purpose of this program is to provide comprehensive, coordinated and evidenced-based services for individuals, youth, and families with a serious mental illness, serious emotional disturbance or co-occurring disorder who are experiencing homelessness or at imminent risk of homelessness (e.g., people exiting jail or prison without a place to live).

**Applications Deadline:** Friday, May 5, 2023[Apply](https://www.samhsa.gov/grants/grant-announcements/sm-23-006?utm_source=SAMHSA&utm_campaign=29d580b304-EMAIL_CAMPAIGN_2023_03_06_06_18&utm_medium=email&utm_term=0_-29d580b304-%5BLIST_EMAIL_ID%5D).

* **Title: 2023 Community Spark Grants**

**Description:** In support of CDC’s Active People, Healthy NationSM initiative, the League of American Bicyclists launched its second year of Community Spark grants. These grants aim to support the growing number of local grassroots changemakers and organizations across the country working to improve their communities through bicycling.

**Applications Deadline:** Friday, April 7, 2023[Apply](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh7886a08b%2C18aa7de2%2C18ad6e12%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ18yMDU0LURNMTAxNzcxJkFDU1RyYWNraW5nTGFiZWw9QWN0aXZlJTIwUGVvcGxlJTIwTWFyY2glMjAyMDIzJTIwZnVuZGluZyUyMA%26s%3DRKM-vqCQ_85AjmskojWYcntaqsExrcqFAFb21IoN2Vs&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C2996799e1add48f7d66d08db29495eb6%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638149167340643965%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=YCBAcLYqAiaw62Xulyxq3pt%2BQpPV0Xs6BFladpD2s2w%3D&reserved=0).

* **Title: Center of Excellence for Tobacco-Free Recovery**

**Description:** The purpose of this program is to establish and/or maintain a national center of excellence with specialized subject matter expertise in commercial tobacco use cessation among persons with mental and/or substance use disorders.

**Applications Deadline:** Tuesday, May 16, 2023[Apply](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsamhsa.us4.list-manage.com%2Ftrack%2Fclick%3Fu%3Dd0780dc94825e65acd61c17dc%26id%3Db846af9443%26e%3D1dc688a3c0&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cb138bf10a2fd499772e008db272812ea%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638146825296515175%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=FrFLbB1umd3fc5FjMN5JrHUDv9DvffI5JV2oKSN7fNE%3D&reserved=0).

* **Title: Kim Lamphier Bikeways Network Program Grant**

**Description:** The Kim Lamphier Bikeways Network Program provides grant support for a wide range of bicycle network development activities. The program supports projects that maximize bicycle access, fill missing links in the state’s bicycle network, and enhance last-mile connections to work, school, shopping and transit. The Bikeways Program seeks to leverage past investments in bicycle facilities, complement existing state, local, and federal programs, and promote biking as a fun, healthy transportation mode.

**Application Deadline:** LOI accepted Friday, April 7, 2023 [Apply](https://www.mdot.maryland.gov/tso/pages/Index.aspx?PageId=28).

**EVENTS, TRAININGS, WEBINARS, SELF-PACED COURSES AND SUPPORT PROGRAMS**

***Events below may not be hosted or provided by HCLHIC. If you have any questions about***

***these events, please contact the event organizers directly.***

**HEALTHY BEGINNINGS**

* **Title: Howard County General Hospital Youth Mental Health First Aid Training**

**Description:** Free to adults who live, work, or worship in Howard County. Learn to assist a young person, from 12 to 18 years, who may be experiencing a mental health or substance use crisis. This course Includes a self-paced online course which must be completed before attending the instructor-led class held virtually via Zoom. This course is recommended for those who live or work in Howard County and are 18 years and older.

**Date/Time:** Friday, April 21, 2023 8:30am to 1pm

Register: Contact [jstanto6@jhmi.edu](mailto:jstanto6@jhmi.edu) or 410-740-7601.

* **Title: Expanded SNAP Benefits During the COVID-19 Pandemic: Lessons Learned**

**Description:** As of March 1, 2023, all states have ended the expanded SNAP benefits available during the first few years of the pandemic. Presenters in this webinar will examine the role of food assistance in the U.S. social safety net, how SNAP was adjusted to respond to public health and economic crises brought on by the COVID-19 pandemic, assessments of those interventions, and how policymakers and practitioners can use lessons learned to improve on the program’s efficacy and impact moving forward**.**

**Date/Time:** Wednesday, April 5, 2023 2pm to 3pm.

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwisc.us20.list-manage.com%2Ftrack%2Fclick%3Fu%3D9843475efd2f7b3976fcd0fbe%26id%3De0c92c1443%26e%3D2318f48224&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C66e65ea7d2794641c9e508db2ecb12a2%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638155221953379811%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=n8M727JGth6clg6hv14ZfDdfDcE4drULz5T4iF0nOjs%3D&reserved=0).

* **Title: What's for Lunch? The Past, Present, and Future of School Nutrition**

**Description:** 2023 Michael & Susan Dell Center Lectureship in Child Health presents a virtual lecture from Marlene Schwartz, Ph.D. This webinar will address recent and current debates surrounding school food and highlight the importance of public health nutrition research to guide policymakers.

**Date/Time:** Thursday, April 27, 2023 1pm to 2pm.

Register using the [link](https://register.gotowebinar.com/register/6331145612869225053).

* **Title: Healthy Meals for Infants and Toddlers**

**Description:** A varied and nutritious diet and good eating habits are essential for infant & toddler healthy growth & development. Healthy eating habits are easy to establish early in a child’s life when the parents and caregivers have accurate knowledge of nutritional values. This workshop explores how to help build healthy eating habits in infants & toddlers.

**Date/Time:** Tuesday, April 11, 2023

Register using the [link](https://anc.apm.activecommunities.com/howardcounty/activity/search/detail/126885?onlineSiteId=0&from_original_cui=true&locale=en-US).

* **Title: Safe Routes to School Spring 2023 Zoom Networking Session**

**Description:** Join us for an informal Zoom session to connect with other Safe Routes to School practitioners. Share your program successes and challenges, swap resources, brainstorm project ideas, and let us know how the Partnership can support your work going forward**.**

**Date/Time:** Wednesday, April 19, 2023 2pm to 3pm

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsaferoutespartnership.us3.list-manage.com%2Ftrack%2Fclick%3Fu%3D88edfd25ae92304f5d305736c%26id%3Da722e4d0e8%26e%3Dc6637ea856&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cafd061fe0a6c4fab955c08db3129b7c0%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638157827473872681%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=Sikg%2BPOIAowEGropBoEos9oPLjXUIb5EBjBfcfQHsWE%3D&reserved=0).

**HEALTHY LIVING**

* **Title: How Foundations Can Spark Organizational and Systems Change Webinar**

**Description:** Historically, many charitable foundations have funded food banks and pantries under the umbrella of "basic needs" or “emergency food”. Yet some foundations are broadening their scope with these organizations and creating grant opportunities to support wrap-around services and innovative programs to promote health and wellbeing. Join us to learn how charitable foundations can spark organizational changes by providing funding for holistic solutions to hunger and economic insecurity.

**Date/Time:** Wednesday, April 19, 2023 1pm to 2pm

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fittakesmorethanfood.us12.list-manage.com%2Ftrack%2Fclick%3Fu%3D2c3ddb7ee525d4dd9bd552c21%26id%3D1cf6e82761%26e%3Da3efc3c518&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cb7a57f8a5c7d481a5f3608db1fe7dd2b%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638138853547908276%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=AJ%2FXzSt6TvM2ePO2WJc6paOgsn6tCeizwIDSRuLouF0%3D&reserved=0).

* **Title: Maryland Aging Innovations Group 2023 Summit: Aging Together in Maryland**

Description: Join Maryland Philanthropy Network’s Maryland Aging Innovations Group for the 2023 Summit to encourage Maryland’s commitment to develop a multisector plan for aging that will engage and impact all Maryland residents. Along with sharing the local ‘age-friendly’ framework urban and rural Area Agencies on Aging are implementing;

Date/Time: Tuesday, April 4, 2023 8:30am to 2:30pm.

Register using the [link](https://www.marylandphilanthropy.org/events/maryland-aging-innovations-group-2023-summit-aging-together-maryland).

* **Title: Asian American Community Forum**

**Description:** Provides information and resources for families impacted by Alzheimer's disease and other dementia. Share your concerns and access resources

**Date/Time:** Tuesday, April 18, 2023 6:30pm to 8pm

Learn more: [link](https://www.communityresourcefinder.org/ResourceView/Index?id=2780346&profileDefinitionId=93).

* **Title: Transitions Clinic Network Model: Integrating Community Health Workers into Primary Care to Support Individuals with a History of Incarceration**

**Description:** The Transitions Clinic Network (TCN) is a national network that integrates community health workers into primary care clinics to provide patient-centered care for individuals after incarceration. This Better Care Playbook webinar will feature presenters with on-the-ground experience implementing the TCN model. It will focus on key program elements, lessons for gaining model buy-in, and approaches for building trust with individuals reentering the community.

**Date/Time:** Monday, April 17, 2023 3pm to 4:15pm

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fchcs.us13.list-manage.com%2Ftrack%2Fclick%3Fu%3D96a70625e5f0fe1c5e5329201%26id%3D92c5da33db%26e%3D2dc17b1be1&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Caa1dd8fc3f104588d8fb08db3138327b%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638157889657585483%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=V3eGouAEKOkFZzLv%2BJVZE6OvAEBGoRIyi0IExrUCN74%3D&reserved=0).

* **Title: How Adopting Intelligent Speed Assistance Can Make Your Community a Better Place to Walk**

**Description:** With this webinar America Walks and its partners are launching the Safer Fleets Challenge to encourage cities and towns to start installing ISA on their fleets. Join our panelists to learn about the safety and environmental benefits of ISA, the results of real-world examples where fleets have adopted ISA, and how you can successfully advocate for your community’s fleets to get on board with the Safer Fleets Challenge.

**Date/Time:** Tuesday, April 11, 2023 2pm to 3pm.

Register using the [link](https://us06web.zoom.us/webinar/register/WN_ykP2MgKDQEmnsq_qVeoxaw).

* **Title: Effects of Comprehensive Care in a Socioeconomically Diverse Minority Population**

**Description:** This presentation will review the problem of care fragmentation and care coordination. Describe the Comprehensive Care Physician (CCP) model. Describe the Comprehensive Care, Community and Culture Program (C4P). Discuss opportunities to disseminate, implement and study the CCP and C4P models to address the needs of socioeconomically diverse populations more broadly.

**Date/Time:** Thursday, April 6, 2023 2pm to 3pm.

Register using the [link](https://www.nimhd.nih.gov/news-events/conferences-events/directors-seminar-series/2023/dss_2023mar_meltzer.html?utm_medium=email&utm_source=govdelivery).

* **Title: The 6th Annual Symposium on Home and Community-Based Care**

**Description:** This one-day conference will focus on emerging trends in home and community-based care and means to improve health and well-being of people in home and community-based settings. Participants will learn from local, state, and national experts’ strategies to navigate and pay for care on topics such as Medicare Advantage, dual eligibility, and eligibility pathways for home-based care, including Medicaid waiver options.

**Date/Time:** Monday, April 17th at 8:30 AM - 3:30 PM

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001fkRO0YBmhDHjcs68wun6HHKXs5wA9l_zkCnzFbUar11V8G_Wky-l7fX6GGkj2f2lQsUwAWsYFWN3x5peZBx-mrE_TCLrv24mGsAyQ_D1sHRMmRXMJ44PmfquQymbXMJm2pP_JdkgwybYryXBoGVk6GeJeO9LvJ2Z2T-uRloeM27i2_zpyuSedig9fJOLTeomW18SNi1WSLd1QgWoUGNwJpuoiBCYJT2t-ijjEQSYE-k%3D%26c%3DnrgmbRJXtKxbS6HC_6WtC1BJPmyzy-22lV4zKR29S7yxZKvNMeJmbA%3D%3D%26ch%3D7mR5MnKHxU57H9dTWE_1xAEYmmPHbvxQ0TDh4XVQE7Dz7PhwMV8fkA%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cd232746ed1314795e58808db2ed85154%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638155278852927111%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=sZHi8M%2BYtJbB7A9HJwJx8B%2B7CtgWgadCU0%2B%2Fr6tGeTs%3D&reserved=0).

* **Title: Bike-Ped Meets Higher Ed: Partnering with Colleges and Universities on Safe Routes to School**

**Description:** From research and evaluation to curriculum design and GIS mapping, academic institutions can offer several valuable resources to Safe Routes to School programs. And the best part is, they want to get involved! Join us as we explore how college and university partnerships can increase your program capacity and turn innovative ideas into action.

**Date/Time:** Tuesday, April 25, 2023, 2pm to 3pm

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsaferoutespartnership.us3.list-manage.com%2Ftrack%2Fclick%3Fu%3D88edfd25ae92304f5d305736c%26id%3D0949ec70c5%26e%3Dc6637ea856&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C669c041874a24473313508db2f97474d%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638156099026140586%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=PGtNRJikc%2FiYhbKsUKLu0jsppNSutQH9LOJZiIJynBw%3D&reserved=0).

* Title: **Virtual Diabetes Self-Management Program (DSMP) Peer Leader Training**

**Description:** Become a Diabetes Self-Management Community Peer Leader. With this virtual training you gain the qualifications to lead interactive community-based workshops to help adults who have Type 2 diabetes or are pre-diabetic control their A1C’s and reduce the complications associated with diabetes.

**Date/Time:** May 30th, 31st, June 1st, 2nd, 5th, and 6th from 9 am - 1pm

Email or call Wendy Farthing for application: [WFarthing@mdlivingwell.org](mailto:WFarthing@mdlivingwell.org), 443-668-6984.

**HEALTHY MINDS**

* **Title: SAVVY CAREGIVERS**

**Description:** For Caregivers looking for the knowledge and skills to provide better care for your relative or friend living with dementia. SAVVY Caregiver®️ programs have been proven to decrease family caregiver distress, burden, and depression, while increasing caregivers’ sense of competence and confidence in their care role.

**Date/Time:** Thursdays, at 6pm - April 13 through May 25, 2023

Register using the [link](https://a.rs6.net/1/pc?ep=e169be9bf61bc8eaHdCfE16GUqcAWEE3THDLZni31nOF5RdPtH3EKz4tF8Tlcp8PI_cwJ7MXiVLjxqFCKYZtZD9IqeWoFvMiJfU54j9SSQqE-IS80HRMRVgNyFJ-toBRP9WK6twGDq_ZIU9PhS34gpvqpf4wFCNZUwfNRxp70miGvbTYOwMZqn2scPTy42RuGhU3FljVdv4scopz_oCSsDwRv9-7nOPsUpG9JZ9qSkngqU87JWnosD2748cLybXGFGchaU8NzbGuVGuG&c=$%7bContact.encryptedContactId%7d).

* **Title: Substance Use Disorders, Sexual Health & the LGBTQ+ Community, Part 2: Facilitating Sexual Health Conversations**

**Description:** Providing affirmative care has been shown to improve outcomes for LGBTQ+ clients in mental health and substance use disorder treatment. Part two is designed to improve treatment outcomes and client engagement by integrating sexual health into mental health and SUD treatment.

**Date/Time:** Thursday, April 13, 2023 2pm to 3pm

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D0012pUuTT-lbRaVDRILD4JNIybW1erJfEhSFxroTxx4y9BI_d4Xf61RicGLSSLYhN3zQlm4S8pT0ZNIpSoXpsxKObZXbcupKBhkhm8tYFzXRTGnfxLvOhz0BgY0Eb0864rgltbecIT1UfahOrFBSLMkZySB6KxBigcScbtv9WVZz7A%3D%26c%3DEzVs6psW3O2WVvaBirjvQ3kYKOOFwsbzZsFy_6o92ImKMf8x2LTw8A%3D%3D%26ch%3DLjSOnbvgVvTkn0bU29G9HDlk_cmdoRxL6k1gEpjvO2O41Q4ixACtiw%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C8a68573caebb4ffb2b7408db2a0caca7%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638150006151432972%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=PF0mAl7myZZAUsX7XDiNjPF2QCn2ZX0sUnfn9bgljMI%3D&reserved=0).

* **Title: Reframing Language in Behavioral Health Care: New Tools You Can Use**

**Description:** Co-hosted by four Centers of Excellence, this panel discusses how providers can use language to create a more inclusive and respectful environment for families, older adults, African Americans, and LGBTQ+ populations.

**Date/Time:** Webinar available online.

Watch using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D0012pUuTT-lbRaVDRILD4JNIybW1erJfEhSFxroTxx4y9BI_d4Xf61RicGLSSLYhN3zX_OPWRh4vaaqO8xfFH-oisegg0g_lUXaYX-f4D4Sfq8iqXtznIUNYGKOY_JyCXnjRcL8i7goDrqMHa6LfeRNeg%3D%3D%26c%3DEzVs6psW3O2WVvaBirjvQ3kYKOOFwsbzZsFy_6o92ImKMf8x2LTw8A%3D%3D%26ch%3DLjSOnbvgVvTkn0bU29G9HDlk_cmdoRxL6k1gEpjvO2O41Q4ixACtiw%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C8a68573caebb4ffb2b7408db2a0caca7%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638150006151432972%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=P3ebXN%2Bc2SJ0Xy%2FaFRS9dwLd3fNl%2FPof8Br5i6OvUPM%3D&reserved=0).

* **Title: Climate Change and Mental Health Interventions Workshop**

**Description:** This workshop will explore how to design interventions, based on recommendations from APHA and CDC's Climate and Health Playbook: Adaptation Planning for Justice, Equity, Diversity and Inclusion, and focusing on how to prioritize vulnerable populations.

**Date/Time:** Tuesday, May 2, 2023 12pm to 1pm

Register using the [link](https://www.pathlms.com/health/courses/52185).

* **Title: BHA/MedChi Behavioral Health Series-Meditations for Easing the Mind and Giving It Happiness and Kindness**

**Description:** BHA/MedChi Behavioral Health Series are designed for behavioral and medical health care workers of all disciplines across the State including community and hospital settings. It aims to enhance health care workers' self-care and the care they provide due to numerous stressors workers have to combat during the COVID-19 pandemic.

**Date/Time:** Thursday, April 13, 2023 5pm to 6pm.

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001fkRO0YBmhDHjcs68wun6HHKXs5wA9l_zkCnzFbUar11V8G_Wky-l7da0Qi1QSbLpAnXUqm6yzrEDHQPReoP1hqrQ8s5DwpL6QzLdLFMuq8HHjSuvcfk6HJSmxps3eTv6zgkh4u_ka68QwkQZWReegZ3VbMGb-dqWGmV1rCj9fvsr4ZB70ltnpzxPHvs4TzFe0-Gw6UQCQUg%3D%26c%3DnrgmbRJXtKxbS6HC_6WtC1BJPmyzy-22lV4zKR29S7yxZKvNMeJmbA%3D%3D%26ch%3D7mR5MnKHxU57H9dTWE_1xAEYmmPHbvxQ0TDh4XVQE7Dz7PhwMV8fkA%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cd232746ed1314795e58808db2ed85154%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638155278852927111%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=M1fccsSgAeT4iBZzu2AjBaqicNqtKn0UlgST5vYl%2Bpg%3D&reserved=0).

* **Title:** **Gender-Affirming Medical Care: Protecting the Physical & Mental Health of Trans & Gender-Diverse Youth**

**Description:** The AAMC Center for Health Justice will host policy and clinical care experts from The Whitman-Walker Institute and Trans health to discuss the current landscape of anti-transgender legislation, learn the facts about gender- affirming medical care, and hear from health care professionals about providing this life-affirming care to patients.

**Date/Time:** Wednesday, April 5, 2023 11am to 12pm.

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001w2iNGwOmZNrfPWZ0JOHwqahAlThSIbJeO0VkJL9D0gAQHRyUJubxx3pXlfcBg4oQjC0vtbjYPqZ1vAr9kzJj6Nh4ZEA2hajXU38OKUgtQD-suWZu3zNKLsSZq4WAj2mOydlkITas2S1Up34CRsZUOG6blsl37-gHhbhcHIahSQjrL9ztj6rkTXwABLa-ZMH5VqrG4ROZrZM4t4Y8Mnd4Aw%3D%3D%26c%3DwfX5SqZNXhAk8JooaEqbcCGit66iZnDY1K0YXtYgvfgI2eJKmNkqbg%3D%3D%26ch%3D_1NmdvWB0EYHO7vOi-LDO0xpf0WwfAVLXWQZYUt3VonAhuNAFNtXMg%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Ccb893f37348840990b1f08db344707d8%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638161251897202654%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=SQyrY9Xcsmgw4u6czM7WDFQiDl2p8cO7vxIXVOp8ZVc%3D&reserved=0).

**OTHER RESOURCES/RESEARCH/ARTICLES/UPDATES**

**HEALTHY BEGINNINGS**

* Traffic Conflict Technique Toolkit: Making the Journey to and From School Safer for Students. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh78ed690d%2C18985093%2C18b8c420%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ18yMDU0LURNMTAxMjY2JkFDU1RyYWNraW5nTGFiZWw9TWFyY2glMjAlMjAyMDIzJTIwQWN0aXZlJTIwUGVvcGxlJTIwSGVhbHRoeSUyME5hdGlvbiUyMG5ld3NsZXR0ZXI%26s%3DkndIKOH3bc4_04x3h2PZhklh5KMNhY4MgenUWpnJL1A&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cec732580f4024696404708db2f92c892%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638156079702550096%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=MqasA9NbFXcgwM7K0SoO5kOG0xvUIT5TKJjkvFje5cQ%3D&reserved=0).
* Youth Risk Behavior Surveillance System (YRBSS) Report. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001W8Rj13phQ7nPTcnoZl-4Uskxj1Zoi_1EUUGeAjxUe2Qb1b3WIODJhMxk904yIDhRsv75UOkJGfE90_P36dxk_P15KAJhyZ4v_CuPG_xa_EKrkMZbcYRLjqFD8w75y3GltXuCFaepW2ON8T5KkJDUsPlTuPoRuhC-B-dsILzEZKoSeGgPekhT7TN-sLBecTwEOlZ40JwIhKtE_Wa1C6IJkEvnw2TISl3jy4eypTtfBfQrTF92JJnfuA%3D%3D%26c%3DN-mbRp1ANwMALVgwEMfs6dc-tIhyDRfbaJj8bA2DEl6WFY3beUKOnA%3D%3D%26ch%3DnYJBPH3o9nZtgXRoQKNamlfHQya5iiTuQYu9nTzxXX3LbyM4xsFAZQ%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cc190c768265544dfeb8308db1b62d0a2%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638133883471931752%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=fLO5ttXNYRizzAnmWvjDJzipxgzit0u8ol6q73ukGOE%3D&reserved=0).
* Perceptions of and Experiences with Cigarette and E-Cigarette Use Among A Diverse Population of US Latino Adolescents and Young Adults. [Link](https://pubmed.ncbi.nlm.nih.gov/36608694/).
* Racial disparities in flavored tobacco product use, curiosity, susceptibility, and harm perception, National Youth Tobacco Survey 2019-2020. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh78900e34%2C18ad5a45%2C18aec955%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ181MjBfRE0xMDE3ODUmQUNTVHJhY2tpbmdMYWJlbD1TY2llbmNlJTIwQ2xpcHMlMkMlMjAxNSUzQTEyJTIwbmV3JTIwaXNzdWUlMjBhbGVydCUyQyUyME1hcmNoJTIwMjElMkMlMjAyMDIz%26s%3DaZTuBSBvGVHe8Na-Pykx6Xa-JJiLrp5JwlMxywEH_kE&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C63a56505580b450d55bd08db2a089946%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638149988650441333%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=s7woLsnEFmsBE1J3J%2BNDpfZY6AGvoX1Ekz%2FSaYaIAZk%3D&reserved=0).
* The Community Preventive Services Task Force published an article that recommends meal or fruit and vegetable snack interventions combined with physical activity interventions in schools. [Link](https://www.thecommunityguide.org/findings/obesity-prevention-control-meal-fruit-vegetable-snack-interventions-combined-physical-activity-interventions-schools.html?ACSTrackingID=USCDCCG_13-DM96224&ACSTrackingLabel=New%20Publication%20Features%20Systematic%20Review%20Evidence%20for%20School%20Dietary%20and%20Physical%20Activity%20Interventions&deliveryName=USCDCCG_13-DM96224).
* New research uncovers alarming connection between gas production and birth outcomes. [Link](https://www.lung.org/blog/research-connection-gas-production-birth-weight).
* The maternal mortality rate in the U.S. spiked mid-pandemic, with deaths disproportionately impacting Black women. [Link](https://www.cdc.gov/nchs/data/hestat/maternal-mortality/2021/maternal-mortality-rates-2021.htm?utm_source=newsletter&utm_medium=email&utm_campaign=newsletter_axiosvitals&stream=top).
* Child and Adolescent Disaster Behavioral Health. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsamhsa.us4.list-manage.com%2Ftrack%2Fclick%3Fu%3Dd0780dc94825e65acd61c17dc%26id%3D2fb9776ef5%26e%3D1dc688a3c0&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C2068b850c6d74c61ee1708db26f882e6%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638146621656232354%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=7ijOslpcf%2B59KIKAh6JHRkD22RNMgkmabr1lPwhYX%2B4%3D&reserved=0).
* Supporting and Affirming LGBTQI+ Youth – an Updated, Evidence-Based Roadmap. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsamhsa.us4.list-manage.com%2Ftrack%2Fclick%3Fu%3Dd0780dc94825e65acd61c17dc%26id%3D309278d648%26e%3D1dc688a3c0&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C0d8ba272a1e94c69adef08db3208647e%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638158783859776376%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=PfydCKumvJXFHhCK0v2nPDvwtz99HZ49EBgxl7YB0aM%3D&reserved=0).
* The Maternal Health Crisis is a Consequence of Design. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhealthaffairs.lt.acemlnb.com%2FProd%2Flink-tracker%3FredirectUrl%3DaHR0cHMlM0ElMkYlMkZ3d3cuaGVhbHRoYWZmYWlycy5vcmclMkZjb250ZW50JTJGZm9yZWZyb250JTJGbWF0ZXJuYWwtaGVhbHRoLWNyaXNpcy1jb25zZXF1ZW5jZS1kZXNpZ24lM0Z1dG1fbWVkaXVtJTNEZW1haWwlMjZ1dG1fc291cmNlJTNEaGF0JTI2dXRtX2NhbXBhaWduJTNESEFUJTJCMyUyQjIwJTJCMjAyMyUyNnV0bV9jb250ZW50JTNEZm9yZWZyb250%26sig%3DF2xmT5ntqZhRJcQBgLTW8RAB2KvSaZp1tBp8RrW5SP3z%26iat%3D1679346355%26a%3D%257C%257C25515840%257C%257C%26account%3Dhealthaffairs.activehosted.com%26email%3D3mbO%252B9nfR6M3Nse98l3hNEEXHu7dhJq22b5e%252FzzHPtiYECKKe2dPUSc%253D%253AyJJ0ClOjEMfGlub6Xfw5dsnoBdzoVYkj%26s%3D9b426fafaaa6bcf75bcfb263547215e6%26i%3D6044A6840A30A159813&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Ccca80fb8603b45c2c44708db2986e768%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638149431608299568%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=sRPtOPn66A7B7YSzCPSt3xmg14mITmB36R0Y843fKCc%3D&reserved=0).
* Diabetes stigma and clinical outcomes in adolescents and young adults: the SEARCH for Diabetes in Youth Study. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh78900e34%2C18ad5a45%2C18aec94f%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ181MjBfRE0xMDE3ODUmQUNTVHJhY2tpbmdMYWJlbD1TY2llbmNlJTIwQ2xpcHMlMkMlMjAxNSUzQTEyJTIwbmV3JTIwaXNzdWUlMjBhbGVydCUyQyUyME1hcmNoJTIwMjElMkMlMjAyMDIz%26s%3DBMpFF9i12ge7qXKRqOpjkWAak5AoMNM5zsuPxCcljjc&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C63a56505580b450d55bd08db2a089946%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638149988650441333%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=fXxhjR%2BLwrWP8BSQX8soJh6OQdUWYlsqZNRUWnNLsZ0%3D&reserved=0).
* Study on Promoting Infant Safe Sleep and Breastfeeding During the COVID-19 Pandemic. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fmail.nichq.org%2Fe3t%2FCtc%2FZP%2B113%2FcbHWR04%2FVWcNh377-f65VWqKHw3kMvV5V9TLwZ4YxN82N2v9B135nCTJV3Zsc37CgGnSW3MgJnc5y3nRrW1m7m108f9cv6V1fktG54V3q1W1mpVn79c0l8ZVcmLX22y7YByW30--Mx93_5ptW32kGGk4ygjk5W4dC7k836bJyPW7wzxXB5YJkZSW3FJVNw84ZzGwW3K_b1S4Z2Bv3W3kV_Qw5VMgDmW3KxQ0B8B0b1MW6QcjN64j5gN7W4wzVC72Xz1rKW22P7g92fYtkxW1F_CfC97Sx4PVGtM3Z37dNFCW57FMSm1qrvK-N2zgL7pRdgNYW3ZKJ_27TCHs4W7Rmm6K6khml-W48M4Jk5QQGV2W8hZwmr357sBLN7p40GcrGXHsW7SZL9D7C-42MMlQMz9-fsvdW48LTsN1mSJyNN3zbZC_RKBvfW56w8bw2_RhHFW5FFkyS8l62Z7W7lWP481D7C9X3lv11&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C09fd2d90d53246c4a81e08db2ec892f7%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638155211217690898%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=eEk3eaILWmG2hx7qrkcy8mVOXvtri3Gi%2FYucIUwFpl8%3D&reserved=0).
* Community-Based Approaches to Infant Safe Sleep and Breastfeeding Promotion: a Qualitative Study. [Link](Community-Based%20Approaches%20to%20Infant%20Safe%20Sleep%20and%20Breastfeeding%20Promotion:%20a%20Qualitative%20Study%20%5bBMC%20PUBLIC%20HEALTH%5d).
* Community-Based Doulas And Federally Qualified Health Centers: Addressing Climate Change And Maternal Health. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhealthaffairs.lt.acemlnb.com%2FProd%2Flink-tracker%3FredirectUrl%3DaHR0cHMlM0ElMkYlMkZ3d3cuaGVhbHRoYWZmYWlycy5vcmclMkZjb250ZW50JTJGZm9yZWZyb250JTJGY29tbXVuaXR5LWJhc2VkLWRvdWxhcy1hbmQtZmVkZXJhbGx5LXF1YWxpZmllZC1oZWFsdGgtY2VudGVycy1hZGRyZXNzaW5nLWNsaW1hdGUtY2hhbmdlJTNGdXRtX21lZGl1bSUzRGVtYWlsJTI2dXRtX3NvdXJjZSUzRGhhc3UlMjZ1dG1fY2FtcGFpZ24lM0RIQVNVJTJCMyUyQjI2JTJCMjAyMyUyNnV0bV9jb250ZW50JTNEZm9yZWZyb250%26sig%3DEdcX5GCQJVFXqtJ8EWwn8yF7nMXsLQ2EdVyGDVoP5Rps%26iat%3D1679840433%26a%3D%257C%257C25515840%257C%257C%26account%3Dhealthaffairs.activehosted.com%26email%3D6W9cTUrD%252BLcmvDP76et2rCOKp%252FzzhuNZfz7TKE7aFGUfn612kY9Cm2M%253D%253AOnknt6OwyCQat3yBT%252Bk7t01zOXcwSqHg%26s%3D9b426fafaaa6bcf75bcfb263547215e6%26i%3D6053A6854A31A160245&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C382710ad126f4d37edfb08db2e054571%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638154372408738947%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=m03y1dbstABdVuI94wJS%2FLqqlhDFHHirbN8m%2FC%2BOL3Q%3D&reserved=0).
* The Trans Youth Handbook is a legal resource guide that covers the rights of trans youth across a wide spectrum of situations, including identity documents, school, health care, non-affirming care environments, and work. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001w2iNGwOmZNrfPWZ0JOHwqahAlThSIbJeO0VkJL9D0gAQHRyUJubxx3pXlfcBg4oQnbVNOeLbkrgyiRGM4vqz2NAkuMuRVhEWPBBCB08_r4UEUftUXtS1VaKpk3u5v8Nwr_vlfBIHbwGyzQj3wYoxnoTR0T24zWFD%26c%3DwfX5SqZNXhAk8JooaEqbcCGit66iZnDY1K0YXtYgvfgI2eJKmNkqbg%3D%3D%26ch%3D_1NmdvWB0EYHO7vOi-LDO0xpf0WwfAVLXWQZYUt3VonAhuNAFNtXMg%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Ccb893f37348840990b1f08db344707d8%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638161251897046431%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=MGL6W0nWzNU7NOR6kEGP2AvuScr%2BrKjTSqDcW8WmUMw%3D&reserved=0).
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* Listen to a 3-minute meditation: A Guide to Mindful Eating. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.washingtonpost.com%2Fwellness%2F2023%2F03%2F16%2F3-minute-meditation-mindful-eating-free-audio%2F%3Futm_source%3Dnewsletter%26wpsirc%3Dnl_wellbeing%26utm_medium%3Demail%26utm_campaign%3Dwp_wellbeing%26carta-url%3Dhttps%253A%252F%252Fs2.washingtonpost.com%252Fcar-ln-tr%252F396be5a%252F64139fabe7f5585f19d022ab%252F63ebe5624faed618880c7c0d%252F26%252F48%252F64139fabe7f5585f19d022ab%26wp_cu%3D38d07f1ac8b6320b1b5d02242fd9fe34%257Cad2e8423-3bbd-444e-a1e0-79ea387fcdfe&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cfd5b21f9613f474c0bf208db2672fac3%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638146047525863096%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=xnA0BVfN9J88Ap5Epa55%2Bg0Xd5EWNEDEop%2BctFchhV4%3D&reserved=0).
* Climate Action Toolkit features targeted resources for health professionals. [Link](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fsend.naccho.org%2Flink.cfm%3Fr%3DFnHzNqEXNkZApuItCDiVUg~~%26pe%3D1dMrzvDZQjehctcaoPrUq0lfQCx8GOJDL-1z5gAcb1AywJ_MmSPUaIlh2FPDPz4gLnWY3QSrxroasisysl1vXA~~%26t%3DcOgAPmDm4fiLVzjUkNFY3w~~&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C72ae196920bd4efe03c408db2982c7d3%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638149414824559621%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=C0zCBHRiD5OPkEbWDwsJWLNDIzw2sgaoCab5UmxJ4h8%3D&reserved=0).
* Demographic and Clinical Factors Associated with Long COVID. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhealthaffairs.lt.acemlnb.com%2FProd%2Flink-tracker%3FredirectUrl%3DaHR0cHMlM0ElMkYlMkZ3d3cuaGVhbHRoYWZmYWlycy5vcmclMkZkb2klMkZmdWxsJTJGMTAuMTM3NyUyRmhsdGhhZmYuMjAyMi4wMDk5MSUzRnV0bV9tZWRpdW0lM0RlbWFpbCUyNnV0bV9zb3VyY2UlM0RoYXQlMjZ1dG1fY2FtcGFpZ24lM0RIQVQlMkIzJTJCMjAlMkIyMDIzJTI2dXRtX2NvbnRlbnQlM0RtYXJjaCUyQjIwMjMlMkJpc3N1ZSUyNnV0bV90ZXJtJTNEQTIwMjM%3D%26sig%3D6DPF29g31wL7pvLZWj9NC3RhKyi2Dzmv1kk5cJQpujnJ%26iat%3D1679346355%26a%3D%257C%257C25515840%257C%257C%26account%3Dhealthaffairs.activehosted.com%26email%3D3mbO%252B9nfR6M3Nse98l3hNEEXHu7dhJq22b5e%252FzzHPtiYECKKe2dPUSc%253D%253AyJJ0ClOjEMfGlub6Xfw5dsnoBdzoVYkj%26s%3D9b426fafaaa6bcf75bcfb263547215e6%26i%3D6044A6840A30A159812&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Ccca80fb8603b45c2c44708db2986e768%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638149431608299568%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=oeyeJmI0NYiwXSGWXMWrdrs6gzMP6vDy%2Beq7xEllGnw%3D&reserved=0).
* Drug-resistant fungus gained strength during pandemic: CDC. [Link](https://www.cdc.gov/media/releases/2023/p0320-cauris.html).
* What Works Fact Sheet: Nutrition. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.thecommunityguide.org%2Fmedia%2Fpdf%2Fwhat-works-fact-sheets%2Fwhat-works-fact-sheet-nutrition-p.pdf&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C64f27cb41c374dc79b4b08db2eca0dc4%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638155217565129897%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=j5QWj2nYuOqonAp2f5%2BNlaA%2Fm9SNjNgw7Gp79HoWWY8%3D&reserved=0).
* Digital Access: A Super Determinant of Health. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsamhsa.us4.list-manage.com%2Ftrack%2Fclick%3Fu%3Dd0780dc94825e65acd61c17dc%26id%3D9ccdf4fc9b%26e%3D1dc688a3c0&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Ce21506dde5fd4aee1fa808db2affd53e%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638151050519601433%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=nMA2wPZtVLRVl03FUInNBDT3JPp%2B8D5adDmF30nVejM%3D&reserved=0).
* The Center for Science in the Public Interest (CSPI) has created the new resource Public Policy and the Grocery Store: Improving Access to Healthy Food. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001Y3rGB2VdfPJ98CU6IbZkzMFxdvz8bNwmBUomzLNDvJ2YAi3vTb1LcHKczczs14w6obrWWlknnLwZxxA61N572cq5t8SCsKmQ4Q69BrgYVLaX3H4PuXpAZxrMmU9swTveCfBQdvOCy32a49N2tp_YbtO-DzTCqyFVBZp2T1gJHB053ntmPz83trJKD2ycRY58gyWR4HWubk7RcTqeBQEonXgVieIq6p8WLRekYAgkXPNGrgRYcPR0SKH0vnHhNmHn-QDPiyomoj4%3D%26c%3DIs9bhTHwtfmwYbvW1OKWJiJvbEfUT1XE0iy_-30HRocxXyTUMOeajg%3D%3D%26ch%3DwNnvSuV2wn6xxeLq6tTSQ0PE_aBX28MXtLAWhNqZedhMC6p-2zdQMQ%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C99cffc7a89fe47f2510108db2f96fe14%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638156097780119846%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=zf%2FWhEl0G5dIwDJFeDNonDjlhjmqSAyx17%2BGLXv7XHU%3D&reserved=0).
* Foot Traffic Ahead 2023: This report from Smart Growth America evaluates walkability in the 35 largest metropolitan areas in the United States and shows how places have changed over time. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh78ed690d%2C18985093%2C18b8c3dd%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ18yMDU0LURNMTAxMjY2JkFDU1RyYWNraW5nTGFiZWw9TWFyY2glMjAlMjAyMDIzJTIwQWN0aXZlJTIwUGVvcGxlJTIwSGVhbHRoeSUyME5hdGlvbiUyMG5ld3NsZXR0ZXI%26s%3Dj5MUgjMlOYEtzH743xEs8Bc0MKJwgpxpRSYLQgP9L4k&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cec732580f4024696404708db2f92c892%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638156079702393871%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=lcc09KBU%2BQwG7h7MyHADYVn4OpsP5BszFFhVaWcfRr4%3D&reserved=0).
* Active Parks! Implementation Guide: Increasing Physical Activity Through Parks, Trails and Greenways. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh78ed690d%2C18985093%2C18b8c3df%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ18yMDU0LURNMTAxMjY2JkFDU1RyYWNraW5nTGFiZWw9TWFyY2glMjAlMjAyMDIzJTIwQWN0aXZlJTIwUGVvcGxlJTIwSGVhbHRoeSUyME5hdGlvbiUyMG5ld3NsZXR0ZXI%26s%3DBBFMbGLpZdhWPdipEbY5g_lsYXIZCNerSUq-P2yBYqU&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cec732580f4024696404708db2f92c892%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638156079702393871%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=RtgUhxJwk8pyM02kR6hjdgIHAcim2eCmyzvndC%2BMd2o%3D&reserved=0).
* Strength Training May Be as Important as Aerobic Exercise for a Longer Life Article. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh78ed690d%2C18985093%2C18b8c421%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ18yMDU0LURNMTAxMjY2JkFDU1RyYWNraW5nTGFiZWw9TWFyY2glMjAlMjAyMDIzJTIwQWN0aXZlJTIwUGVvcGxlJTIwSGVhbHRoeSUyME5hdGlvbiUyMG5ld3NsZXR0ZXI%26s%3DbTEmtC-ZelLiJq-c6wel1KLbZHJjJQ5K0bOyhwwrHBg&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cec732580f4024696404708db2f92c892%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638156079702550096%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=vuyaWw%2Bfnx78SIlsFL%2BSAMF0ryLZyJBBCP9jPIdPK%2FY%3D&reserved=0).
* To Protect Evidence-Based Medicine & Promote Health Justice, Protect Gender-Affirming Medical Care. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001w2iNGwOmZNrfPWZ0JOHwqahAlThSIbJeO0VkJL9D0gAQHRyUJubxx3pXlfcBg4oQmKIaTgXdjkSGfehBo8ddB-ISPWyAC9-F8ss22VseOvtOfkOFhvaFyo2Z4LkNwtifboNmdUjOwcSGt4hZOXXReR5jNQfpbpA3idEeVd2R4jyQ4qNDbyrrINU6QROety4IVuNBHqFkhgt6bwjT2SI6z3pKgjAL9Qg98oB_25ZlG9mzcXUgO_aNbY1wuCFkNRGsQKo9beioPHhLtMfhuQylYhAdPtHCTj20pzbvzwVba5xIhjUh83jrGN4VZ1wxymYFdPSIQLH7qWCthcI8hK8QyD-Bl8xEovLVtFNkmeIpnd_Pcoq89JlE8CxF0Ny6JLH8B9ZXxDCPi8TzEWXlQGhEsPvqRETB9mzgY60Ea4rlZxo1XB83eO3999lKz4xfdVPC%26c%3DwfX5SqZNXhAk8JooaEqbcCGit66iZnDY1K0YXtYgvfgI2eJKmNkqbg%3D%3D%26ch%3D_1NmdvWB0EYHO7vOi-LDO0xpf0WwfAVLXWQZYUt3VonAhuNAFNtXMg%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Ccb893f37348840990b1f08db344707d8%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638161251897358876%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=ArMRk7akd%2FCfZqLI2SQ1HqHg5RGEqnxKFOdfkbqGjM0%3D&reserved=0).

**HEALTHY MINDS**

* Involving Family Caregivers to Shape Multisector Plans for Aging toolkit. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fchcs.us13.list-manage.com%2Ftrack%2Fclick%3Fu%3D96a70625e5f0fe1c5e5329201%26id%3Da79df91fd3%26e%3D2dc17b1be1&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cdafe6bea09d24ab0e3a308db1ff6fba6%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638138917874043746%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=ON1s0%2BtqFmsrKcDRVskCvPWmvL%2BEBYbP0BMGP18mRJo%3D&reserved=0).
* How Inflammation in the Body May Explain Depression in the Brain. [Link](https://www.washingtonpost.com/wellness/2023/02/23/depression-brain-inflammation-treatment/?utm_source=newsletter&wpsirc=nl_wellbeing&utm_medium=email&utm_campaign=wp_wellbeing&carta-url=https%3A%2F%2Fs2.washingtonpost.com%2Fcar-ln-tr%2F39346f5%2F6401389fd8b4d160753b1f5f%2F63ebe5624faed618880c7c0d%2F24%2F36%2F6401389fd8b4d160753b1f5f&wp_cu=38d07f1ac8b6320b1b5d02242fd9fe34%7Cad2e8423-3bbd-444e-a1e0-79ea387fcdfe).
* Post-Traumatic Growth: Finding Meaning and Creativity in Adversity Article. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001W8Rj13phQ7nPTcnoZl-4Uskxj1Zoi_1EUUGeAjxUe2Qb1b3WIODJhMxk904yIDhR6-S3AG3zxw75eZ6lDZVePd06JHpdPVFwuZZrdaUhuXFdpa-Svj9oVuVISzAvf9Bc32X_w2Rllw00TPYVMvRfyAJbcUb8b4g7hLa23Vq3sGVok8x-QNTezpp7AZlaVhiEYzSvopqg8Wr4e5sPUp9ebCCO_ZG151UqCP2CdLGzzDXNSTLxOYeb9e-xQxMMq-SaWpQl7v9a09e598pwNtXNXg%3D%3D%26c%3DN-mbRp1ANwMALVgwEMfs6dc-tIhyDRfbaJj8bA2DEl6WFY3beUKOnA%3D%3D%26ch%3DnYJBPH3o9nZtgXRoQKNamlfHQya5iiTuQYu9nTzxXX3LbyM4xsFAZQ%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cc190c768265544dfeb8308db1b62d0a2%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638133883471775211%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=TTQu1IkVvTyYX%2Fy0GV3aTulPDrVyJplGg39eNo8s818%3D&reserved=0).
* Improve Mental Wellness through MD Mind Health text messages for adults and youth. Options are available in English or Spanish. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001W8Rj13phQ7nPTcnoZl-4Uskxj1Zoi_1EUUGeAjxUe2Qb1b3WIODJhF3XREGqadY4RuEr4q-5kpksf0Rb6GQY0OR-gH5Iso3MrG5d2ZDnwQxw09A29qiL7Z3bShfwxM2hysrqnyack2tdbNaLZtZjzuNcQi8Ufz_1cqxAHEkTRmaIsc9cyXkDOVBr0xUgoidA%26c%3DN-mbRp1ANwMALVgwEMfs6dc-tIhyDRfbaJj8bA2DEl6WFY3beUKOnA%3D%3D%26ch%3DnYJBPH3o9nZtgXRoQKNamlfHQya5iiTuQYu9nTzxXX3LbyM4xsFAZQ%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cc190c768265544dfeb8308db1b62d0a2%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638133883471931752%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=2rD406S%2FWpfSPyT0iHsoEALPc%2F6NabmbI3BP%2F80eeik%3D&reserved=0).
* Reducing stress can help Alzheimer’s caregivers. [Link](-https:/www.alz.org/help-support/caregiving/caregiver-health/caregiver-stress?WT.mc_id=enews2023_03_29&utm_source=enews-aff-83&utm_medium=email&utm_campaign=enews-2023-03-29&utm_content=homeoffice&utm_term=Story3).
* Medicaid Data Show Wide Differences in Mental Health Care in the United States. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDMsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vd3d3Lm5pbWgubmloLmdvdi9uZXdzL3NjaWVuY2UtbmV3cy8yMDIzL21lZGljYWlkLWRhdGEtc2hvdy13aWRlLWRpZmZlcmVuY2VzLWluLW1lbnRhbC1oZWFsdGgtY2FyZS1pbi10aGUtdW5pdGVkLXN0YXRlcyIsImJ1bGxldGluX2lkIjoiMjAyMzAzMjkuNzQyMDMzODEifQ.GKbS9yI6z5ddkJoCj2uULvgojZ7ejuJxaGBZQMQFkc0%2Fs%2F1504862394%2Fbr%2F157017650431-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C37e250f655164544ed9d08db305370d6%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638156907152692050%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=5OrmFkmslMq2oxpiBgGcCBx42E5hoGyHgCts7YrXqak%3D&reserved=0).
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* The Food and Drug Administration announced their decision to authorize Narcan®, a nasal spray containing naloxone, for over-the-counter use. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001OuWYXqGLroZqwMNzxkL0ynKOmY-owzDEmH9gr_eLWbOcmHAimINOD_eLsRM-3TJPTDAmTbOA3iTT5LjMtVrKegASg5RJjchI3FRWrfR5lizEuGQbPG-F9l4URvWdjPaD5wNgEru2a0HNWu10XIta7k7M6oJXE79-WS2iY6own8YcRtDG4RGdZpCYokvOqq8yhOA0MdGETa0fx3qIBd0P6ZYfiFkZW_HR0_3z6VtLH0dGkoiTwrLSLAFkISU5HP8dRIJT3jW99zCOFQ17IqslExUbz0Sthp_Qso8anFFHpE4losIWdNJxVsUfTa49pyI5tiP3SBoJJMFGLUT4HOU4uVzNpTz7BtatZuS07rF1WheGhPKueB4wygAw5iKctpQv_dKLKkwa53Mms7tEQj0f1tRjdNaJwW6WQzWRjg-hIEIzolwzjX2Z6AgmCQMWMQofOW4pGuHnE-simxzOlRovmjpguv-zsKFROXxCB_bsz4gQI8HJebKSVbUYioemiU88ajxqcUVWCeCn-t9JhpehMo5Cm706V8sciRefY5QEIhvl5ZXbCMCboetXNm0bx1MSZwm3kEfcskHZ9OqtkNhEX2bzWBsN_V5JhmnLkkyO2AGiUGERKHIEXy6c6dLe5492BNo0ONP237TJVrjzpyhesjjOthX4M1i9CW46bGBMxdZUEhFPTvbveJKipNyTzNyxIOQSSV-GlfbvXRO7bhqtgyg0aWUbf6_koGjF8mK_Mde3b9nXfWwi2Ymx3WFARyuamQhyh9E-bRj3jPLIWMXz7acNkt5drRIWXVsOxvkqSuU%3D%26c%3DWtKuEl_AhZ_5gqnw1QQLvqJRNJUQ7yXFyeUQOM08FKPR08GoQx4o5w%3D%3D%26ch%3DCbbbjMPOO1OFl-uKs3yiURwFJ9p3bmDvwsg7zehYRxB0dRWex_kTjg%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C975f593c1d2948ac27dc08db31f058a4%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638158680566734529%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=GCCndjVZbh18AuT0efjnak7zP5JV7pngCKEDCLrx4bo%3D&reserved=0).
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