December 13, 2023

LHIC Coalition and Work Group Members - Please see below for upcoming webinars and resources. We encourage you to consider participating and to share these opportunities with your stakeholders and others in the community. If you have programs or opportunities that you would like to submit, please send them via email to [lhic@howardcountymd.gov](mailto:lhic@howardcountymd.gov).

**LOCAL RESOURCES AND MEMBER ANNOUNCEMENTS**

* Howard County Food Security Roundtables Report. [Link](https://www.hclhic.org/Content/Upload/page/04b52e73-f61f-40ba-a043-bedc390b3b43.pdf).
* Columbia Association new Cooper Tracks Fitness for Diabetes classes. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fpardot.columbiaassociation.org%2Fe%2F22832%2Flp-cooper-%2F7lx3xg%2F1769246443%2Fh%2FfTsSM0sdv8rb5WlYiXZMoGLvaPZfeVMbciv3vy-1iZ0&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C79f67fac501249fc54ea08dbf0132b40%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638367737421844445%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=RFE8Drlmfq1o2%2BOh84DefmkMoM3IQbrSqsuDeybfhbY%3D&reserved=0).
* MDOT has a new website for Federal Grants – Local Opportunities listings. [Link](https://www.mdot.maryland.gov/tso/pages/Index.aspx?PageId=173).
* Maryland ROPTA training packet for community partners. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001iZBxFMo-lVDrFKpjKCSCacRKyohKRDUC2cwtK3dFEeihNYgySSpHKL47SKsc9Lzi8HyRjYthgMj-_380zFtGinr9wXMC9de2L2bggx9qxFNmL2-2UnFWWOQBT8wemI5uN2MtL4qzseOW25NO2AcoS_7C5xN3cJrZ2KuJLdBqoChwUUieTBpKKRTxXC32ugxrf11Qe6idl14ZQHYO5YHBPCtPy7t3NBDZgXPCHrLjZEEx3V97Anj_nw%3D%3D%26c%3DjKS4OaU8WLjLaz7vzpkixpXbOskuUk6VJdUbX2vsiGj9NR4Qggam2Q%3D%3D%26ch%3D3iU95snJY_r4B7qYlH4t3E0CHdwTxJO9pgMwuyZ2YW1ygqFcfpZvrQ%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C629866eea16e4d9cdeb708dbf1b7e212%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638369544336301281%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=MuC1zNzSLOpB3O6fosO52WRdew4ZRsaN%2BAdkMP7mL2s%3D&reserved=0).
* Howard County Public School System (HCPSS), with the Bright Minds Foundation, is looking for businesses and organizations for their Teacher Externship Initiative. [Link](https://www.hcpss.org/employees/teacher-externships/).
* Living Well is offering Winter Workshops for chronic disease self-management and diabetes self-management classes. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001tlEp4sYkzUXAKpWhNqdT2tzkY7KqthyN_0SGVtc9vvJlXBE6pkH82vFK1OKIzCO072NRsnAG6CtRC9b-bEcY40zx0da4BsbRXcEkJ70udGuABQs8jVZuTlojW-GI-3sGAwx_Ma9zkkBvoqcmkeoISnRSfrrANJz8mDNKRSL_4HZl4ne-UfwIWnpx1JghNyzkSSR0WfEpu_s0vnwnwZ7tV0xhZB1a0DozGbyEKFkRwXuzFzp66LjgPQ%3D%3D%26c%3D7o4xX3_ik0V-pNb3qN1vqD1d83AoAvDIXIrowKa_s2g_1laDz-TrHQ%3D%3D%26ch%3DE00v4syzpEt03zwmLC4ajLzrpJ-cG_RRNSMLOuIrP2NBR0NY2yLV-w%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C05f864554f12469bc12f08dbf1dbdee0%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638369698892035242%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=UUQDXhs6kJcr%2F38dAPx5iXmRtlyDwIHmxMJQpG%2FyoJc%3D&reserved=0).
* Office on Aging & Independence (OAI) Caregiver Support Program. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001tlEp4sYkzUXAKpWhNqdT2tzkY7KqthyN_0SGVtc9vvJlXBE6pkH82riNRAZ8k6SXzFNI-RAnmmeS-hdoAza_U2sexxj6EmOvxSHdGVr_gWE89CoJDDWm97zjsZLvdQmILfiGy66SVVT7tUNHypQJUJ-nHg7FkfdaNxsG1E4cbtHDCMUj4CbJW2Fm_xQnallnEg7Hwbq-JV0canRR9oB5CA%3D%3D%26c%3D7o4xX3_ik0V-pNb3qN1vqD1d83AoAvDIXIrowKa_s2g_1laDz-TrHQ%3D%3D%26ch%3DE00v4syzpEt03zwmLC4ajLzrpJ-cG_RRNSMLOuIrP2NBR0NY2yLV-w%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C05f864554f12469bc12f08dbf1dbdee0%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638369698892035242%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=X28R0gnJ4GuFVNqnyxv0FEDm3nSSpThV43ZpiuJkZO8%3D&reserved=0).
* Maryland Department of Aging partnered with Engage with® Skills Training Programs to offer training for home and community-based programs working with older adults. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001Olc2x-Ipcx6S3qDx70ZBMILYU4KaZoDO0GQkNUWXM2kYTpL6hKEw1pealxVDQaZ-rtEdkA71gJTd-LqhnJCFrHPPrPCqlU8CF-bxvBRxdW7Y0Q6nI-lw0w0Yqa7O6RJBFIPJLL3cP-hJEfVeTjj7gg%3D%3D%26c%3Dirlfd_NQIVNzjdq0RWTyekF_KGeP8W57-KmyXu8cf1rM2tDJkNaoAA%3D%3D%26ch%3DyTE6RwQPnloragESK3v_yCEyEVT9KRRVm0PK4SMaL60OT1nDj-zQrg%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C4947d22d176b48f226fe08dbf2810928%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638370409527873494%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000%7C%7C%7C&sdata=9MexN53m6ymDCIQ89vVM8Zj6Ygo%2B3Ax3DrjguUKsr9M%3D&reserved=0).
* NAMI Howard County is offering free hybrid Peer to Peer Classes for adults with mental health conditions. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fnamihowardcounty.us6.list-manage.com%2Ftrack%2Fclick%3Fu%3D473a38e48a52b072a71bfc6b1%26id%3Db5f4d11d3a%26e%3D04885a230a&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C7e7f90d039ee49b223b208dbf2873ce3%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638370434902718816%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=rp50jrV7LooUPdS2uWIozZDq%2B%2B3glS5wU2XLPKm0Y30%3D&reserved=0).
* Community Ecology Institute (CEI) Green SEEDS Winter 2024 Internship is accepting applications. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcommunityecologyinstitute.us20.list-manage.com%2Ftrack%2Fclick%3Fu%3De9a8c4579050bae25215d8304%26id%3D0c7dbc30ce%26e%3D172955179d&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C7745f69462ff48bd6b8f08dbf2abd80d%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638370592145872115%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=j02Ebv5KLsm%2BRQxhH9we%2BiihNbItMNGvkOBAjkZs8Ys%3D&reserved=0).
* 2024 Project Yellow Light is now open to HS juniors, seniors and college students for a national scholarship opportunity. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.projectyellowlight.com%2F&data=05%7C02%7Cslloyd%40howardcountymd.gov%7C9c6bf91bdeb448d7408f08dbfa5a1e62%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638379037205515754%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=zFyHgTKcmSV3zoNX1VA8KCrwi%2FQ9zDCqo3UQQdH%2FfIw%3D&reserved=0).
* Maryland Project Firstline is a frontline healthcare worker infection prevention training program. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhqin.us14.list-manage.com%2Ftrack%2Fclick%3Fu%3Dbcb2517ddbb0d4ba3a6ead088%26id%3D4d399c2fac%26e%3Dc0f22d277e&data=05%7C02%7Cslloyd%40howardcountymd.gov%7C0d67afefd7534da7f69b08dbf8208474%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638376591128286177%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000%7C%7C%7C&sdata=bUVLnSJXSkPtDv3wPYOph%2Fyn%2BBgex8HTXysciTuQLYI%3D&reserved=0).

**FUNDING OPPORTUNITIES**

* **Title: Strategic Prevention Framework – Partnerships for Success for Communities, Local Governments, Universities, Colleges, and Tribes/Tribal Organizations**

**Description:** The purpose of this program is to help communities, local governments, universities, colleges, and tribes/tribal organizations reduce the onset and progression of substance misuse and its related problems by supporting the development and delivery of community-based substance misuse prevention and mental health promotion services.

**Applications Deadline:** Wednesday, February 21, 2024.[Apply](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsamhsa.us4.list-manage.com%2Ftrack%2Fclick%3Fu%3Dd0780dc94825e65acd61c17dc%26id%3Dda727fb87a%26e%3D1dc688a3c0&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Ce788a8c1b40841fec78508dbf1d7813f%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638369680642396684%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=sMspbGXe5KXxXbLM2kLakvkrni1mBrH8oaRjSeKXv2w%3D&reserved=0).

* **Title: Get Schools Cooking Grants**

**Description:** Whole Kids Foundation has joined forces with Chef Ann Foundation to help districts transition from highly processed meals to scratch cooking. Get Schools Cooking will guide selected districts through this multi-year transformative journey that includes in-person workshops for food service directors, on-site assessment, recommendations, and strategic planning, along with peer-to-peer collaboration and access to a Technical/Equipment Assistance Grant. The program has a value of nearly $250,000 per participating district (depending on district size).

**Applications Deadline:** March 2024.[Apply](https://www.wholekidsfoundation.org/programs/get-schools-cooking-grant/).

* **Title: Medicaid Food Security Partner Program RFP**

**Description:** The Medicaid Food Security Network (MFSN) has issued a Medicaid Food Security Partner Program RFP to support four state-based organizations or coalitions’ work on advocacy or implementation of promising food security policy initiatives within state Medicaid programs. Grantees will receive $70,000 for an 18-month period, cohort learning opportunities, and individualized technical assistance.

**Applications Deadline:** 11:59 pm ET on Friday, January 19, 2023. [Apply](https://medicaidfoodsecuritynetwork.org/medicaid-partners-program/?eType=EmailBlastContent&eId=68f55099-e375-4564-9b8a-06007f7416dc).

* **Title: Health Equity Fellowship for Trainees Program**

**Description:** The Health Equity Fellowship for Trainees (HEFT) helps to increase the quantity and quality of manuscripts published on the topic of health equity, while cultivating future health equity research leaders. HEFT currently focuses on manuscripts focused on the topic of health equity along the dimensions of race and ethnicity. We hope to expand to other dimensions of equity in the future.

**Applications Deadline:** Applications for the 2024-2025 cohort will be open from December 4, 2023 - February 15, 2024.[Apply](https://projecthope.csod.com/ux/ats/careersite/2/home/requisition/1246?c=projecthope).

**EVENTS, TRAININGS, WEBINARS, SELF-PACED COURSES AND SUPPORT PROGRAMS**

***Events below may not be hosted or provided by HCLHIC. If you have any questions about***

***these events, please contact the event organizers directly.***

**HEALTHY BEGINNINGS**

* **Title: Unveiling of the Perinatal Substance Use Special Issue in Maternal and Child Health Journal**

**Description:** Almost one in four pregnancy-related deaths is attributed to mental health conditions, including substance use disorder (SUD), making them the leading underlying cause of pregnancy-related deaths. This special issue of the Maternal and Child Health Journal builds on the evidence base, with 21 open articles that feature the latest research, program, and policy initiatives in perinatal SUD.

**Date/Time:** Tuesday, December 19, 2023, 12:30pm to 1:30pm. ET.

Register using the [link](https://us02web.zoom.us/webinar/register/WN_BzAmnQ5kR1CqYH75h-ZgUw?utm_source=Newsletter&utm_medium=PHW&utm_term=MCHJWebinar%23%2Fregistration&utm_campaign=PublicHealthWeekly#/registration).

* **Title: Advancing Drug Development for the Prevention of Spontaneous Preterm Birth**

**Description:** In the United States, spontaneous preterm birth is the leading cause of infant mortality, with 1 in 10 babies being born preterm. On January 23 & 24, 2024, Duke-Margolis, under a cooperative agreement with the U.S. Food and Drug Administration, will host a workshop to discuss the challenges in developing and studying products to prevent preterm birth.

**Date/Time:** January 23 & 24, 2024, 1pm to 4:30pm ET.

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001rDTsgkLFZqP1e9b9HxKf5meQalA6ibjV-lxJohJ8ncTFgeA7qUDgqRJ1BBR6tLKNzMxHXiNurHE7Tn9TA404A7LWDMUvgrJdjAN0CbnA1REYyvGjFbbG8XLPA8LcerUJx8b1T51B6r_Lm_mzAADq8Q%3D%3D%26c%3DduUkuWDjGnsw-zysiuczaFGmyc_fZ5ZQ7bXmsZ5YO3gJwsSMzsgXfQ%3D%3D%26ch%3DyTaLrIUZSr0dlipmh3qmZN4EDWLJY1K2821mEvDV6_H5H6IDhuQnHA%3D%3D&data=05%7C02%7Cslloyd%40howardcountymd.gov%7C59a4018ecab14f1d553d08dbfb2c539c%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638379942600856784%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000%7C%7C%7C&sdata=KAVOaTERXxfnHPR5UIv6sK2Ctoj6Yw1yhCJTkpoviu4%3D&reserved=0).

**HEALTHY LIVING**

* **Title: Expand Understanding: Structural Racism in Health**

**Description:** Join Robert Wood Johnson Foundation (RWJF) & We Make the Future (WMTF) for a two-part workshop to equip you with the tools you need to implement race-forward health messaging to build support for healthy equity approaches.

**Date/Time:** Thursday, February 15, 2023, or February 29, 2023, 12pm to 1:30pm ET.

Register using the [link](https://actionnetwork.org/forms/structural-racism-and-health-implementation-workshop/).

* **Title: Working Towards Health Equity with Wellbeing and Self-Compassion in Mind**

**Description**: Join us to explore strategies for supporting yourself and your staff who may be struggling to maintain overall wellbeing, compassion, and self-compassion in light of global crises, increasing workforce demands and the stresses of the holiday season. This session will highlight self-compassion strategies for integrated health providers and share trauma-informed care approaches you can use to enhance the resilience of your organization, your clients and yourself.

**Date/Time:** Thursday, December 14, 2023, 12pm to 1pm ET.

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fgo.thenationalcouncil.org%2FNzczLU1KRi0zNzkAAAGP_VxAoB2P4mj2TMbu-DNRf909r76uu3KTVM4FRznt82JZV0ZnIjzT2Fjm2dL69M9uvJ6ddvk%3D&data=05%7C02%7Cslloyd%40howardcountymd.gov%7C65a0dd2365af4845b81208dbfb1d2738%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638379874874248017%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=UP%2BN0vcmMvTbgXU8hQ6Pwf%2BRkpYymMABTT%2FCBaVsc%2B8%3D&reserved=0).

* **Title:** **Eat Well Be Well Rewards**

**Description:** The Rhode Island Public Health Institute led an advocacy campaign for a statewide SNAP incentive program in retail settings: Eat Well Be Well Rewards. We have started evaluating the program and conducting surveys in the retail stores across the state. At the end of the webinar, participants will be able to: Describe a state-wide evaluation in retail settings and Discuss food insecurity across Rhode Island.

**Date/Time:** Thursday, December 14, 2023, 12pm to 1pm ET.

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fnephtc.us13.list-manage.com%2Ftrack%2Fclick%3Fu%3D0e2d5447755dbd4ee61d67ce4%26id%3D383f5319a3%26e%3D179f3583a9&data=05%7C02%7Cslloyd%40howardcountymd.gov%7Cbf9a8a4113954764ae0408dbfbe6597d%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638380739010692399%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=rgyPFhSAjXcvcPrxN%2Bz6W6Zz4C7BWjvnO7FoklHyyi4%3D&reserved=0).

* **Title: What gets Measured Gets Done: Using Data to Inform our Work**

**Description:** In the charitable food system, we have various metrics, from the USDA Food Security measure to pounds of food distributed, to food preference data and more. We can use data to understand the scope of our work (outputs), to measure the impact of our existing programs (outcomes), and we might also want to identify who we may be missing and who is not coming to our programs.

**Date/Time:** Wednesday, January 24, 2024, 1pm to 2pm ET.

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fittakesmorethanfood.us12.list-manage.com%2Ftrack%2Fclick%3Fu%3D2c3ddb7ee525d4dd9bd552c21%26id%3Ddba2221670%26e%3Da3efc3c518&data=05%7C02%7Cslloyd%40howardcountymd.gov%7Ccb73cf680fde4129729608dbfbee3e72%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638380773255822813%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000%7C%7C%7C&sdata=D6phgN%2FzgVXbPQNNqFbKV0MKgBvAmzk95FV5CaoRFBE%3D&reserved=0).

**HEALTHY MINDS**

* **Title: Youth Mental Health First Aid Training**

**Description:** Youth Mental Health First Aid (YMHFA) teaches participants how to help youth experiencing a mental health challenge, crisis, or addiction issue. The course introduces common mental health challenges and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. Topics include anxiety, depression, substance use, psychosis, disruptive behavior disorders, and eating disorders.

**Date/Time:** Friday, February 9, 2023, 9am to 3pm, ET.

Register using the [link](https://www.eventbrite.com/e/mental-health-first-aid-training-series-for-halethorpe-elementary-tickets-717183072877).

* **Title: Managing Grief at the Holidays**

**Description:** An interactive discussion to ease the impact of grief during this joyful, yet painful, time of year. The focus is on anticipating challenges and triggers, identifying ways to cope, and planning. A short film will also be used. Presented by Karen Hull, Mental Health Coordinator, Howard County Office on Aging & Independence.

**Date/Time:** Tuesday, December 19, 2023, 1pm to 2:30pm. ET.

Register using the [link](https://anc.apm.activecommunities.com/howardcounty/activity/search/detail/131974?onlineSiteId=0&from_original_cui=true).

* **Title: Webinars: Motivational Interviewing, An Introduction to Strategies to Help Facilitate Behavior Change**

**Description:** Maryland Behavioral Health Integration in Pediatric Primary Care (BHIPP) is excited to announce it upcoming BHIPP Resilience Break. BHIPP Resilience Breaks are a series of interactive, web-based learning sessions. These sessions are a virtual space for pediatric primary care and behavioral health providers to connect, learn and share about strategies, practices, and resources to promote mental health and resilience among children and families as well as providers.

**Date/Time:** Tuesday, December 19, 2023, 12pm to 1pm. ET.

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001Olc2x-Ipcx6S3qDx70ZBMILYU4KaZoDO0GQkNUWXM2kYTpL6hKEw1pealxVDQaZ-mZ1Ie7r45p6QNPau_U8v4X-QSOomUCwswvDtr-a0kQi7TtYOlWqHM1QAo1fXObHYUoyHSK2eMbZ31zHfG4JpzcecHHh_dbQhGp_Ip9V1aoxyzit0hJRN_UXoTMmK3K2w0IHF9pemzF8HxTYsq6SWn9JrPyzm_c3V%26c%3Dirlfd_NQIVNzjdq0RWTyekF_KGeP8W57-KmyXu8cf1rM2tDJkNaoAA%3D%3D%26ch%3DyTE6RwQPnloragESK3v_yCEyEVT9KRRVm0PK4SMaL60OT1nDj-zQrg%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C4947d22d176b48f226fe08dbf2810928%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638370409527873494%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000%7C%7C%7C&sdata=I40hBMwrMejIj58v1YIrOTHX8uB9%2Bfq5JRw7ajn7mr4%3D&reserved=0).

* **Title: The Trevor Project Ally/CARE Training**

**Description:** The Behavioral Health Administration's Office of Suicide Prevention has upcoming free Ally and CARE trainings on supporting LGBTQ+ youth. The CARE Training creates dialogue about being an adult ally for LGBTQ+ youth and informs about common terminology. Attend The Trevor Project CARE Training.

**Date/Time:** Thursday, February 1, 2024, 10am to 12pm. ET.

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001gOq175uLOzCejmpVXd3bnvQT9yVzSxatmfUzUTWhnRNVtAbcda3uDzMl_HzhzSEa0RaGuv3WJ_I-f5HuVBB2j8xaTLJBXBQct84Qa0j0ZJ2AKp4roEycn2lrgsNU59Z4DXiE13fD5qwDvXSdqd2Ie9lUa5lhQ7FOBQfl77SScceVscr2kzaoTITASggHtzfETh8DhEnvBICPP9TnR6eWJ3tCYaiUw7nnIyPVJuX9B5A5oueHItUkCc1t9eiMuQBd%26c%3DkiEKPEtWngw5Csi0cBW1rH_MfBkTer0uGJ_KUUt0v4LyI1H7h6SiMw%3D%3D%26ch%3DclOHcvpnRJgfAkeMOe11mo8IyZ-61nqZLa8UTJi5aKQHztQvQznBpw%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C8604e925fd794e397fbe08dbf2916549%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638370479653868137%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000%7C%7C%7C&sdata=1ttyz%2BECMc%2Fj%2Ftp82PbG6L61jgs9UfmkGFLKCgiueXI%3D&reserved=0).

**OTHER RESOURCES/RESEARCH/ARTICLES/UPDATES**

**HEALTHY BEGINNINGS**

* The Quality Improvement Center on Engaging Youth in Finding Permanency (QIC-EY). [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDcsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vcWljLWV5Lm9yZy8_dXRtX2NhbXBhaWduPW5hbTIzJnV0bV9tZWRpdW09ZW1haWwmdXRtX3NvdXJjZT1yZWxhdGlvbnNoaXBidWlsZGluZzExMjkyMyIsImJ1bGxldGluX2lkIjoiMjAyMzExMjkuODYzMzI4ODEifQ.9hr0IcWNDB-48RNkptdjGY362EdRhVAI6uLqw-UY7JI%2Fs%2F3045126760%2Fbr%2F231839253330-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C5aa7db0d89944d21a8fb08dbf10ac360%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638368800776977713%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=5zzFEwkI%2BW7RVoOySFcKbVjfb3ROhsyykV7eUG1WIZA%3D&reserved=0).
* Prepping a Child for a COVID-19 Vaccine. [Link](https://autismsociety.org/wp-content/uploads/2022/01/ASA-Prepping-Children.pdf).
* 2023 Child Fatality Annual Report. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDEsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vd3d3LnRuLmdvdi9jb250ZW50L2RhbS90bi9oZWFsdGgvZG9jdW1lbnRzL2NoaWxkLWZhdGFsaXR5LXJlcG9ydHMvMjAyM0NGUkFubnVhbFJlcG9ydC5wZGY_dXRtX21lZGl1bT1lbWFpbCZ1dG1fc291cmNlPWdvdmRlbGl2ZXJ5IiwiYnVsbGV0aW5faWQiOiIyMDIzMTIwMS44NjQ5MjczMSJ9.hO2I8IuDRNpZVRGXTu5Axvm78gqQH3uPLTbnguy508w%2Fs%2F3045126760%2Fbr%2F232089565104-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cac842118002f433fb9d708dbf2c2401c%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638370688714854273%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=xxNIIeztZS9PMaYDjhkvuSqEDtWy2tbQPJMPkDzLhS4%3D&reserved=0).
* Strengthening Families with Infants and Toddlers: A Policy Framework for States National Infant-Toddler Court Program. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDIsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vd3d3Lnplcm90b3RocmVlLm9yZy93cC1jb250ZW50L3VwbG9hZHMvMjAyMi8wNi9GdWxsLVBvbGljeS1GcmFtZXdvcmstUmVwb3J0LnBkZj91dG1fbWVkaXVtPWVtYWlsJnV0bV9zb3VyY2U9Z292ZGVsaXZlcnkiLCJidWxsZXRpbl9pZCI6IjIwMjMxMjAxLjg2NDkyODMxIn0.Y9hcnZFlArwYnS9K4gD0-YaOQnvXygE1pvV4CzPYkHU%2Fs%2F3045126760%2Fbr%2F232089453550-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C71691d0fa1384d08ef3208dbf2c22e73%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638370689245058076%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=vBNrYUPRUuHoGUTc2n6iWVYYnDMWXvkrAS4BcoK41CI%3D&reserved=0).
* Falling Through the Cracks of Early Intervention and Prevention: Missed Smoking Cessation Referrals for Mothers in Early Head Start. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDQsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vam91cm5hbHMuY2hhcmxvdHRlLmVkdS9kaWFsb2cvYXJ0aWNsZS92aWV3LzE0MzAvMTIxMT91dG1fbWVkaXVtPWVtYWlsJnV0bV9zb3VyY2U9Z292ZGVsaXZlcnkiLCJidWxsZXRpbl9pZCI6IjIwMjMxMjAxLjg2NDkyODMxIn0.texe_U9lr5Fqbz2aLwkgMAt7jQlkn06RO5ywR_dxT5I%2Fs%2F3045126760%2Fbr%2F232089453550-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C71691d0fa1384d08ef3208dbf2c22e73%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638370689245058076%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=msZmfXXDZHVGp4hjCirtNvoiz2I%2FlIChqaxEjUi1%2FKA%3D&reserved=0).
* How States Can Reduce Coverage Loss Among Children During The Medicaid Unwinding. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Femail.healthaffairs.org%2Fe3t%2FCtc%2FL1%2B113%2Fd4HdSJ04%2FVX5Tbx3vcDBqW189B982zTNH3W1vWpFD56Vn9JN412x8T5g8s-W50kH_H6lZ3kMW5Y8q6c3lJwYBW9hTHq63dv2BNW5NcCWG3SlVMGW6c1XvM8QJ14xVvvNJb3q6WQ_W8yW4xm2-fFymW28zL0S3kJVQqW2r_nfK4cvPlJW5qxT-w7Pw3cTW8QckJw6F-K14W786npF2Tv_vQVCfB25229grpW7NRKGv6xD5HdW3hlHZV8fNsLGW1Lzpp52KKxdqW3W6mqG54N_2PW6bbJxD4-Cz6dW81Pwgg46xxFSW1HVYkZ3hSZs_W6MnSwv7WLwD0W2hs6lK4h-jk8W1x8-Kc4p0r_1W5SyR238XdSWnW7-f3qH1XvJKgW2X_sq42Gnf3KW5TH-J85HGH1xW8FLPFp69CH2XW7MMmCR8NYFb-VyRGc32VFhVMN5RQ_v5fKZrvW4m7BNk6b-YyHW6xCnrX5CRLQCf2gqGq004&data=05%7C02%7Cslloyd%40howardcountymd.gov%7C3e4894a41ff24bac59cf08dbf9804519%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638378101593692142%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=EZhxCdT48LLhZ%2FHPf2NzAVtpU%2FyCHDVb7IBb5r5ESt0%3D&reserved=0).
* The immune system may play a much larger role in postpartum depression than previously known, emerging research shows. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flink.axios.com%2Fclick%2F33648571.67376%2FaHR0cHM6Ly93d3cud2FzaGluZ3RvbnBvc3QuY29tL3dlbGxuZXNzLzIwMjMvMTIvMDYvcG9zdHBhcnR1bS1kZXByZXNzaW9uLWltbXVuZS1zeXN0ZW0vP3V0bV9zb3VyY2U9bmV3c2xldHRlciZ1dG1fbWVkaXVtPWVtYWlsJnV0bV9jYW1wYWlnbj1uZXdzbGV0dGVyX2F4aW9zdml0YWxzJnN0cmVhbT10b3A%2F63eb8c4eeb884dc23a035067Be288ed70&data=05%7C02%7Cslloyd%40howardcountymd.gov%7C03fecebbc72e44bf1f5c08dbfa3a593d%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638378902437404782%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000%7C%7C%7C&sdata=fbgZ9HoNdzQyl%2B0sreB2b%2FWQrvOlTwkTq2p52561Hfc%3D&reserved=0).
* Kids and Teens Need Resilience. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTQsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vd3d3LnBld3RydXN0cy5vcmcvZW4vdHJlbmQvYXJjaGl2ZS9mYWxsLTIwMjMva2lkcy1hbmQtdGVlbnMtbmVlZC1yZXNpbGllbmNlP3V0bV9tZWRpdW09ZW1haWwmdXRtX3NvdXJjZT1nb3ZkZWxpdmVyeSIsImJ1bGxldGluX2lkIjoiMjAyMzEyMTEuODY5NDU0OTEifQ.5A-QT93oPiF-SS5zORY6fX20Akq4QXLAwV99iifmj4M%2Fs%2F3045126760%2Fbr%2F232730122283-l&data=05%7C02%7Cslloyd%40howardcountymd.gov%7Cb56f5663ae93490ec8ad08dbfa65015c%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638379083999716738%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=s5JlrOCgN3Pe2uoZ2h4uKtUQ2Khri6xAeYuMB5jIHqk%3D&reserved=0).
* University of Maryland Extension Teacher Toolkits for Nutrition Education. [Link](https://mdteachertoolkit.org/lessons-and-resources/curricula/).
* Building Better Beginnings for Maryland’s Children: Maryland’s Prenatal-to-Three Equity Report. [Link](https://www.b3maryland.org/p3equity?ss_source=sscampaigns&ss_campaign_id=615f557064a0fa6a5e6fb919&ss_email_id=6160520ff2a9b633a77a9197&ss_campaign_name=Maryland%27s+Inaugural+Prenatal+to+Three+Equity+Report+is+Here%21&ss_campaign_sent_date=2021-10-08T14%3A14%3A07Z).
* National Institute for Children's Health Quality (NICHQ): Maternal Mental Health Awareness. [Link](https://nichq.org/campaign/mental-health-awareness-2022?utm_medium=email&_hsmi=212272029&_hsenc=p2ANqtz-9GOTKmioaS0hGijSJfJG0b3_S7YppIJTadOrFk45QxaVb3P92UaF6Qr2bdMm2-bOAGaG9Bmcv7uKv1JqzZ1WuZKbVWs1k9ZgmmYjMwU1a4tR6mfiQ&utm_content=212272028&utm_source=hs_email).
* Navigate Newborn Screening Toolkit. [Link](https://acrobat.adobe.com/link/track?uri=urn%3Aaaid%3Ascds%3AUS%3Af7934fc6-19d5-444f-a16b-3912f8184450&utm_campaign=Newsletters&utm_medium=email&_hsmi=205112841&_hsenc=p2ANqtz--jbNhr1l6ydH_lBfp138lydD5EEQezB8YIsTocZKFK2FM3-bgqfEdMM_LKtUi02udrJ0PLCFAYwfmqD_fvlelFfj4W37t57D9Qh_zCNj7YhVZbWpk&utm_content=205112841&utm_source=hs_email#pageNum=21).
* Maryland Department of Health Infant and Toddlers Nutrition. [Link](https://health.maryland.gov/phpa/ccdpc/HealthyLifestyles/Pages/InfantsToddlers.aspx).
* NICHQ: Pediatrics Supporting Parents to Promote Social Emotional Development. [Link](https://www.nichq.org/project/pediatrics-supporting-parents?utm_medium=email&_hsmi=212272029&_hsenc=p2ANqtz-_wqzUpzVtYH-Tyl1jTCwCyAn6xGIQQKs0hwc4i-QEF_RB9Rnjm2AO3DAsF2gfmolBzrJGtxc_qJgukY5oi-Z3QGYPuqOJK47mUhXOg5-xxvvfq3Ys&utm_content=212272028&utm_source=hs_email).
* Safe Sleep & Breastfeeding Resources. [Link](https://www.nichq.org/campaign/sudden-infant-death-syndrome-awareness-month?utm_medium=email&_hsmi=173433451&_hsenc=p2ANqtz-_qOlyXlllkCgh_9nrXdE_C1bOPY8wtNuAPLlpn2krYGr4KxPC0CAXV8IvW1Bp9DWa7ViPRyjPu5aBXMXPnmbcaKP-CK-1PfH-dbeqEPnZmJ_qLcZE&utm_content=173433449&utm_source=hs_email).
* Reducing cancer risk through primary prevention activities among children: A demonstration project. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh8518798d%2C1aaf5010%2C1ab07c8b%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ181MjAtRE0xMTg2NjgmQUNTVHJhY2tpbmdMYWJlbD1TY2llbmNlJTIwQ2xpcHMlMkMlMjAxNSUzQTUxJTIwbmV3JTIwZWRpdGlvbiUyMGFsZXJ0JTJDJTIwRGVjZW1iZXIlMjAxMSUyQyUyMDIwMjM%26s%3DNvVUJSJ6pU893_rDEUFDS46W4EJNQpQTjVaoZy17DZc&data=05%7C02%7Cslloyd%40howardcountymd.gov%7Cc32a4daef3b643e7ce7208dbfb1030df%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638379819239500849%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=Bg9Jd9C%2FkXqh7h8Tjpb4A9Oyx12w04ddTRkU31Fbqww%3D&reserved=0).
* Draft Recommendation Statement & Draft Evidence Review: Interventions for High BMI in Children and Adolescents. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJzdWJzY3JpYmVyX2lkIjoiMjk0NTA1MDcyMyIsImJ1bGxldGluX2xpbmtfaWQiOiIxMDEiLCJ1cmkiOiJicDI6ZGlnZXN0IiwibGlua19pZCI6IjgzMzEyNTIzNyIsImJ1bGxldGluX2lkIjoiMjAyMzEyMTIuODcwMTI1OTEiLCJ1cmwiOiJodHRwczovL3d3dy51c3ByZXZlbnRpdmVzZXJ2aWNlc3Rhc2tmb3JjZS5vcmcvdXNwc3RmL3B1YmxpYy1jb21tZW50cy1hbmQtbm9taW5hdGlvbnMvb3Bwb3J0dW5pdHktZm9yLXB1YmxpYy1jb21tZW50IiwiZW1haWwiOiJzbGxveWRAaG93YXJkY291bnR5bWQuZ292In0.vTh89jG302bfjTX6iMIhMedXkmfkQq5hfEm24lJHYVM&data=05%7C02%7Cslloyd%40howardcountymd.gov%7Ca4b4ad6e9a7d4364cbfe08dbfbd60015%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638380668784597541%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=0JJb%2FqctrufQsqqSsm5vK2Bx2rXyk%2BGeg0NVOLv2i0Y%3D&reserved=0).

**HEALTHY LIVING**

* Unequal Treatment: Confronting Racial and Ethnic Disparities in Health Care. [Link](https://pubmed.ncbi.nlm.nih.gov/25032386/).
* BLOG | Beyond health disparities: confronting cultural racism. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fbigcitieshealth.us7.list-manage.com%2Ftrack%2Fclick%3Fu%3D5a50789bcb2423b3dc6d0388f%26id%3Db211d05a92%26e%3D65702c5cb8&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C1fe28e715f544af1d6dc08dbf1a21d7d%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638369450813885899%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=BM5cEARhxSA9WstOpSghQFJFgvvkIuZeaUT0uKjL1hg%3D&reserved=0).
* What is Driving Widening Racial Disparities in Life Expectancy? [Link](https://www.kff.org/racial-equity-and-health-policy/issue-brief/what-is-driving-widening-racial-disparities-in-life-expectancy/).
* 8 Steps to Engaging Neighbors with Lived/Living Experience in a Food Pantry Setting. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fittakesmorethanfood.us12.list-manage.com%2Ftrack%2Fclick%3Fu%3D2c3ddb7ee525d4dd9bd552c21%26id%3D0bfb1a3e23%26e%3Da3efc3c518&data=05%7C02%7Cslloyd%40howardcountymd.gov%7Ccb73cf680fde4129729608dbfbee3e72%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638380773255822813%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000%7C%7C%7C&sdata=Sw8FP8MduoTq9pbaOBZqYcL5297erWisP6ZZulKgzM4%3D&reserved=0).
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* FDA approves two sickle cell therapies. [Link](https://apple.news/AQtF1xrkUQhCrXZxVd_XVuA).
* USDA recently released a language access plan to ensure individuals with limited English proficiency receive meaningful access to USDA’s resources, programs, and activities. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fdefault.salsalabs.org%2FTae76fce4-14a1-4b7c-a68a-20404bb811c8%2F61117407-24a9-47f2-a080-d2029cfba718&data=05%7C02%7Cslloyd%40howardcountymd.gov%7C9ac9009a53e043bcad0c08dbf830cb76%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638376660703331803%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=1fA7cRcB7u%2B3zu2HktskC9XKEUij9I15yShcSXcidLk%3D&reserved=0).
* Lost in translation: Disability advocates urge Maryland agencies to improve language access. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.baltimoresun.com%2F2023%2F12%2F06%2Flost-in-translation-disability-advocates-urge-maryland-agencies-to-improve-language-access%2F&data=05%7C02%7Cslloyd%40howardcountymd.gov%7Cc4bdefd1b57345c6d4fe08dbfa48b306%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638378962417129143%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=Of5PigZ5WUX%2Bdwntb9IFBN7uNmuPjZT%2F4ju0Q0LpZhA%3D&reserved=0).
* America’s Health Rankings’ 2023 Annual Report. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Femail.healthaffairs.org%2Fe3t%2FCtc%2FL1%2B113%2Fd4HdSJ04%2FVX5Tbx3vcDBqW189B982zTNH3W1vWpFD56Vn9JN412xbY3qgyTW95jsWP6lZ3p5W19Wy1s8ZR1nBW4WZ7wd791_lWW1w_qF37CPWnQW3z_7wg6DqLWYMy-7R5zDPSkW3wjcm14pBlf6W4-6tjB18kcSBW4XWg5D2N0jwKW2RsmSz5dd2KZVJmSrB4__hwWW4r-xlT15TcpFW3JmSMf99YSrnW96Xmyh48SvznW2gw-_2640dSmW7yqxSt85CqdTW4j9qRW61fxH8W3m9RyB3bXd4HW3T1Dhz1fsTWgN4mx0MzBr2KXW4F3FG99m2QxsV29DLD5y3GZVW7GS-nW7pN2vSW6r7Rkf1t_NpVW8SWY8g24l1jsW989bGb2tP5cqM5kqSPxG4WPW2nzg3k191tW0VS3fH_7tPwW0W5VFtbQ1Mn_92Vy9ShF2KNk8Df8Hvpsd04&data=05%7C02%7Cslloyd%40howardcountymd.gov%7C3e4894a41ff24bac59cf08dbf9804519%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638378101593848370%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=69%2FlsT5MHTc51X0kpaMqKsYGtgRtDvXDeoHwSiCeBic%3D&reserved=0).
* Chronic fatigue syndrome affects an estimated 3.3 million U.S. adults. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flink.axios.com%2Fclick%2F33648571.67376%2FaHR0cHM6Ly93d3cuYXhpb3MuY29tLzIwMjMvMTIvMDgvY2hyb25pYy1mYXRpZ3VlLXN5bmRyb21lLWFtZXJpY2EtY2RjP3V0bV9zb3VyY2U9bmV3c2xldHRlciZ1dG1fbWVkaXVtPWVtYWlsJnV0bV9jYW1wYWlnbj1uZXdzbGV0dGVyX2F4aW9zdml0YWxzJnN0cmVhbT10b3A%2F63eb8c4eeb884dc23a035067Ba04d9e4a&data=05%7C02%7Cslloyd%40howardcountymd.gov%7C03fecebbc72e44bf1f5c08dbfa3a593d%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638378902437248509%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000%7C%7C%7C&sdata=NjRPJWp3WxEB4Fhqf9YwVoZVeYFvi8yT0qxjOFgTaXY%3D&reserved=0).
* Offering Full Choice in Food Pantries is Feasible and Improves Pantry Operations. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fittakesmorethanfood.us12.list-manage.com%2Ftrack%2Fclick%3Fu%3D2c3ddb7ee525d4dd9bd552c21%26id%3D7fd15edac7%26e%3Da3efc3c518&data=05%7C02%7Cslloyd%40howardcountymd.gov%7Ccb73cf680fde4129729608dbfbee3e72%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638380773255822813%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000%7C%7C%7C&sdata=TI5ZQEc9CnkpvISRuv9Qle6C09fjbiUGvHqzhNy7yHo%3D&reserved=0).
* First-of-its-Kind Study Examines Disparities in Healthcare Costs and Outcomes of Cigarette Smoking in the United States. [Link](https://pubmed.ncbi.nlm.nih.gov/38071532/).
* Federal Housing Assistance and Chronic Disease Among US adults, 2005-2018. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh8518798d%2C1aaf5010%2C1ab07c91%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ181MjAtRE0xMTg2NjgmQUNTVHJhY2tpbmdMYWJlbD1TY2llbmNlJTIwQ2xpcHMlMkMlMjAxNSUzQTUxJTIwbmV3JTIwZWRpdGlvbiUyMGFsZXJ0JTJDJTIwRGVjZW1iZXIlMjAxMSUyQyUyMDIwMjM%26s%3DH8Cxthhu0WmmQD2Ycrc9BiqUDFk1ARND0rotQaKe5aY&data=05%7C02%7Cslloyd%40howardcountymd.gov%7Cc32a4daef3b643e7ce7208dbfb1030df%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638379819239500849%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=FUhmBaL%2F1vNVaD%2Brb98PQImV5YmN5Lp2f2ZxG0U9TfA%3D&reserved=0).
* Advancing Chronic Disease Practice Through the CDC Data Modernization Initiative. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh8518798d%2C1aaf5010%2C1ab07c95%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ181MjAtRE0xMTg2NjgmQUNTVHJhY2tpbmdMYWJlbD1TY2llbmNlJTIwQ2xpcHMlMkMlMjAxNSUzQTUxJTIwbmV3JTIwZWRpdGlvbiUyMGFsZXJ0JTJDJTIwRGVjZW1iZXIlMjAxMSUyQyUyMDIwMjM%26s%3Dc2TmKpr0z2PFOcROSSV1fqim9qQhRqRXw762DhSjRgw&data=05%7C02%7Cslloyd%40howardcountymd.gov%7Cc32a4daef3b643e7ce7208dbfb1030df%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638379819239500849%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=dZ29zgO8tehPrps4rsP0Bt0ZeaIeg2N08p3OJz0dWkc%3D&reserved=0).

**HEALTHY MINDS**

* Holiday Toolkit — Support During the Holidays. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsamhsa.us4.list-manage.com%2Ftrack%2Fclick%3Fu%3Dd0780dc94825e65acd61c17dc%26id%3D7e0b230da2%26e%3D1dc688a3c0&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Ce788a8c1b40841fec78508dbf1d7813f%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638369680642552972%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=dgoVT7CKBLLc56buPteTJNj7nMuz8i%2FbgGcdDokHVrM%3D&reserved=0).
* The 988 Lifeline’s newest videos are now available for download from the 988 Partner Toolkit. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsamhsa.us4.list-manage.com%2Ftrack%2Fclick%3Fu%3Dd0780dc94825e65acd61c17dc%26id%3Deea8d27dff%26e%3D1dc688a3c0&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C8f98a933f9e64da8277c08dbf05112fd%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638368003377035600%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=entWpoP%2BFCc8QiSqLrmUjBx0rnlCHBRg%2FRROywojxag%3D&reserved=0).
* New from 988: Warning Signs Videos and Print Materials. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsamhsa.us4.list-manage.com%2Ftrack%2Fclick%3Fu%3Dd0780dc94825e65acd61c17dc%26id%3D3b4742f90e%26e%3D1dc688a3c0&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C8f98a933f9e64da8277c08dbf05112fd%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638368003377028579%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=NCDizNyLNjXhecZBQ3RhxHoXM5%2FtF%2Fgyt3a%2F%2B6dLKbE%3D&reserved=0).
* 988 Suicide & Crisis Lifeline: Messaging and Communications to People at Higher Risk for or Disproportionately Impacted by Suicide (full report) [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsamhsa.us4.list-manage.com%2Ftrack%2Fclick%3Fu%3Dd0780dc94825e65acd61c17dc%26id%3D39e302cdda%26e%3D1dc688a3c0&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C8f98a933f9e64da8277c08dbf05112fd%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638368003377116993%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=y%2FpDpJ3ygZ9u170RmncKm01oGz1DpmCcd8g9EukdFiA%3D&reserved=0).
* Consider the effects of caregiving in the last years of life. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Femail.healthaffairs.org%2Fe3t%2FCtc%2FL1%2B113%2Fd4HdSJ04%2FVVPYn85pxH6xW5t3gt76t6dgrW1zSvF_56qmXWMrH-TP3qgyTW95jsWP6lZ3mVW6WgKmK7PzLvNW43fSn05PMXp4W10n5tN7G6b9BW6tZZKM8xYtFqN2RnskWXwP1fW43_w7q4W86lDW4y4j3l1xv2SkW7GxNTY4DTy2hW5DmBCB1NWYGnVbv2l-6SKgLcW5KFb0c3qcXjcW86Jtm97SzWXWW3Jfr9_20YQ1YVKBb-j7_GlfgW8hkm873LnPblW4N97zP7vrfxQW4srgd-7-B2CbW2Q9RBh2xBQFDW8lkbsx37CSyJW4w6lzB14D-LxW2smmF-69SHvwW895_VM4vhVj6W1bCDgD1dYk1JW7t2KK11CJYclW8B7lT_5z1Yz6W5kTBKR1tc9DQW7V12X54xf7lJW96_W0W5CqwgpW3csZDW3MFJrsW6RLwtN17q9-YdvFWRM04&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C1991395ff60f44df8c5c08dbf0554c02%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638368021393102029%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=wDw4ct1DBwVX7qVqdQ4cTwHi8%2FxHA2lu0sguBqrcYLE%3D&reserved=0).
* National Adoption Competency Mental Health Training Initiative (NTI). [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDgsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vYWRvcHRpb25zdXBwb3J0Lm9yZy9udGkvP3V0bV9jYW1wYWlnbj1uYW0yMyZ1dG1fbWVkaXVtPWVtYWlsJnV0bV9zb3VyY2U9cmVsYXRpb25zaGlwYnVpbGRpbmcxMTI5MjMiLCJidWxsZXRpbl9pZCI6IjIwMjMxMTI5Ljg2MzMyODgxIn0.J_XhPHACyR3q5Wp_zmZVbzDtuAEwncCk7GWTyiCcyS0%2Fs%2F3045126760%2Fbr%2F231839253330-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C5aa7db0d89944d21a8fb08dbf10ac360%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638368800776985118%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=3eaMLWtjLHjcRa2xgjl4RkUHrjV98bKTnYa%2FUsqJVSE%3D&reserved=0).
* Seasonal Affective Disorder (SAD): More Than the Winter Blues. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTUsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vd3d3Lm5pbWgubmloLmdvdi9oZWFsdGgvcHVibGljYXRpb25zL3NlYXNvbmFsLWFmZmVjdGl2ZS1kaXNvcmRlci1zYWQtbW9yZS10aGFuLXRoZS13aW50ZXItYmx1ZXMiLCJidWxsZXRpbl9pZCI6IjIwMjMxMTMwLjg2MzcwMTIxIn0.ekLQonWxXOJ3kn0P7Cvtc0fsz-ef5UVd-UE0qZNLwj0%2Fs%2F2965524107%2Fbr%2F231892249319-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C6015a6db332447083af808dbf1ad0e69%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638369498764952486%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=7ySNJSlYjXorr2aedEDqmkN9pZf6iOTPhBJ2ztfc2%2Fs%3D&reserved=0).
* NIMH offers Spanish-language digital shareables and information on various mental disorders and related topics for patients and their families, health professionals, and the public. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMjQsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjExMTcuNjY4MzM0MDEiLCJ1cmwiOiJodHRwczovL3d3dy5uaW1oLm5paC5nb3YvaGVhbHRoL2VkdWNhdGlvbi1hd2FyZW5lc3MvZXNwYW5vbC9yZWN1cnNvcy1wYXJhLWNvbXBhcnRpci1zb2JyZS1sYS1zYWx1ZC1tZW50YWwtZW4tZXNwYS1vbC5zaHRtbCJ9.jT8JqEvXojh1VmEow-EwAIT2Y8vdnTsFclLmYw0Q9eo%2Fs%2F109370557%2Fbr%2F148441398989-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C6015a6db332447083af808dbf1ad0e69%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638369498764952486%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=ALpgwc53tG96%2BiKY%2BpJYkQcw9gF2EJD%2FbtrUKtR94gA%3D&reserved=0).
* Mental Health Matters podcast: Understanding and Preventing Youth Suicide. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMzAsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vd3d3Lm5pbWgubmloLmdvdi9uZXdzL21lZGlhLzIwMjMvdW5kZXJzdGFuZGluZy1hbmQtcHJldmVudGluZy15b3V0aC1zdWljaWRlIiwiYnVsbGV0aW5faWQiOiIyMDIzMTEzMC44NjM3MDEyMSJ9.lX5Htv5tfAwnUjQMUbwRrnqr7jckACACdyXjpTWQCuA%2Fs%2F2965524107%2Fbr%2F231892249319-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C6015a6db332447083af808dbf1ad0e69%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638369498765108779%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=f7%2BffLdKngthpCFz3eaXPeX13TlyN79CZvEBIQjMlrs%3D&reserved=0).
* Saving Lives Through the Science of Suicide Prevention. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMzQsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vd3d3Lm5pbWgubmloLmdvdi9uZXdzL3NjaWVuY2UtbmV3cy8yMDIzL3NhdmluZy1saXZlcy10aHJvdWdoLXRoZS1zY2llbmNlLW9mLXN1aWNpZGUtcHJldmVudGlvbiIsImJ1bGxldGluX2lkIjoiMjAyMzExMzAuODYzNzAxMjEifQ.-JP0eC-jdOKdSOhhiacNoXw-V5nyoDSo5B4Tyi6UZ80%2Fs%2F2965524107%2Fbr%2F231892249319-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C6015a6db332447083af808dbf1ad0e69%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638369498765108779%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=Gu%2BOHe4QSHqHLQJre93ZjKeJrJCJoAX5a%2FBV%2FHzOyB8%3D&reserved=0).
* What Area Agencies on Aging can do to implement the National Strategy to Support Family Caregivers. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fjohnahartford.us6.list-manage.com%2Ftrack%2Fclick%3Fu%3D1e7fafb45696f7675cb6f775b%26id%3D2c890b24b2%26e%3D1372fdc65d&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C9719120c275147cdbcb408dbf1aeca1e%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638369505277899190%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=cg8HH%2FJCTTcx2IEAxfPGrKwckX1u7jorKwoLf4En0vo%3D&reserved=0).
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