April 15, 2024

LHIC Coalition and Work Group Members - Please see below for upcoming webinars and resources. We encourage you to consider participating and to share these opportunities with your stakeholders and others in the community. If you have programs or opportunities that you would like to submit, please send them via email to [lhic@howardcountymd.gov](mailto:lhic@howardcountymd.gov).

**LOCAL RESOURCES AND MEMBER ANNOUNCEMENTS**

* The next Full HCLHIC meeting is April 18 from 9:00am to 11:00am. [Link](https://www.eventbrite.com/e/2024-hclhic-full-coalition-meetings-tickets-726290964827?aff=oddtdtcreator).
* OAI Creating Community. Cultivating Connections. Showcase is May from 2:00pm to 6:00pm [Link](https://www.howardcountymd.gov/OAIshowcase2024).
* SpringFest 2024 will be held in Old Ellicott City on April 20 from 12:00pm – 8:00pm. [Link](https://www.visithowardcounty.com/blog/post/things-to-do-this-april-in-howard-county-maryland/?popup=1)
* The new East Columbia 50+ Center is open. [Link](https://www.howardcountymd.gov/aging-independence/east-columbia-50-center).
* Korean art pop-up museum opened at Howard County Welcome Center. [Link](https://www.visithowardcounty.com/blog/post/korean-art-pop-up-museum/).
* Morning Choice Apiary is hosting a Bees and Beekeeping class at the Elkridge 50+ center on April 18 at 1:00pm. [Link](https://anc.apm.activecommunities.com/howardcounty/activity/search/detail/135604?onlineSiteId=0&from_original_cui=true).
* An Earth Day Celebration will be held at Merriweather District from 10:00am – 12:00pm. [Link](https://www.visithowardcounty.com/blog/post/earth-day-events-in-howard-county/).
* Roving Radish will be at East Columbia Branch Library April 22. [Link](https://rovingradish.com/pages/pickup-locations).
* The Trevor Project is hosting a CARE (Connect, Adapt, Respond, Empower) training April 18 from 10:00am – 12:00pm . [Link](https://www.eventbrite.com/e/the-trevor-project-care-training-tickets-689624554607).
* The Association of Community Services of Howard County is hosting a Nonprofit Excelerator Training Series on Effective Proposal Writing in May. [Link](https://members.acshoco.org/widget/event-5684422).
* SeniorsTogether has a new discussion group “In the News & Beyond”. [Link](https://anc.apm.activecommunities.com/howardcounty/activity/search/detail/136033?onlineSiteId=0&from_original_cui=true).
* April 16 is National Healthcare Decision Day. [Link](https://theconversationproject.org/nhdd/).

**FUNDING OPPORTUNITIES**

**Title: Community Level Innovations for Improving Health Outcomes**

**Description:** This notice solicits applications for projects that demonstrate community level innovations that reduce barriers related to social determinants of health (SDOH), and how these interventions can increase use of preventive health services and make progress toward Leading Health Indicator targets. The Office of Minority Health anticipate the availability of $8,000,000 for up to 14 awards, ranging from $475,000 to $600,000 annually, for a period of performance of up to 48 months.

**Applications Deadline:** Wednesdays, May 15, 2024. [Apply](https://www.naccho.org/blog/articles/grant-announcement-community-level-innovations-for-improving-health-outcomes)

**Title: Expanding Health Care Access and Promoting Health Equity FY 2024 Request for Applications (RFA)**

**Description:** The request for applications (RFA) is open to public health agencies, federally qualified health centers, safety net providers, free clinics, community-based organizations, and behavioral health providers. This RFA strategically prioritizes programs that address health disparities and adverse social determinants of health and promote the delivery of integrated health services in underserved communities. Applicants may request up to 3 years of funding.

**Applications Deadline:** Letters of Intent due Thursday, April 25, 2024. Full grant proposals due Thursday, May 16, 2024. [Apply(Letter of Intent)](https://app.smartsheet.com/b/form/1ee660a080e3483395eefcff47b9def4) [Apply(Full Grant Proposal)](https://app.smartsheet.com/b/form/f341074cf7f6442db0de8914676e6338)

**Title: Notice of Special Interest: Women’s Health Research**

**Description:** Notice of Special Interest to highlight interest in receiving research applications focused on diseases and health conditions that predominantly affect women (e.g., autoimmune diseases; depressive disorders, Alzheimer’s disease (AD) and Alzheimer’s disease-related dementias (ADRD), gender-based-violence), present and progress differently in women (e.g., cardiovascular disease; HIV; reproductive aging and its implications), or are female-specific (e.g., uterine fibroids; endometriosis; menopause).

**Applications Deadline:** Thursday, May 2, 2024. [Apply](https://grants.nih.gov/grants/guide/notice-files/NOT-OD-24-079.html)

**Title: Targeted Violence and Terrorism Prevention Grant Program**

**Description:** Acts of targeted violence and terrorism are often preventable occurrences. American communities continue to be vulnerable to these threats – forms of violence that impact our collective sense of security and freedom as Americans.The TVTP Grant Program provides financial assistance, training, and resources to eligible applicants. These grants enable recipients to develop sustainable, multidisciplinary TVTP capabilities in local communities, pilot innovative prevention approaches, and identify prevention best practices that can be replicated in communities across the country.

**Applications Deadline:** Monday, May 6, 2024. [Apply](https://grants.gov/search-results-detail/352057)

**Title: Supporting Young Breast Cancer Survivors (YBCS), Metastatic Breast Cancer (mBC) Patients, and their Families**

**Description:** This NOFO seeks to provide support to entities that improve the quality of life among YBCS and young mBC patients. The outcomes of this NOFO are to increase equitable access and availability of psychosocial and structural support services for YBCS, mBC patients, and their families, and improve patient-provider interactions during follow-up care. This NOFO focuses on fostering collaborative relationships with organizations that serve priority populations and comprehensive cancer control coalitions.

**Applications Deadline:** Monday, May 6, 2024. [Apply](https://www.cdc.gov/cancer/ncccp/dp24-0061.htm?ACSTrackingID=DM125930&ACSTrackingLabel=Copy%20of%20Cancer%20and%20Related%20News%20%7C%20Week%20of%20March%2025%2C%202024&deliveryName=DM125930)

**Title: Transportation Alternative and Recreational Use FY25 Grant Application**

**Description:** Administered by State Highway Administration, these competitively selected federal grant funds are for transportation alternative and recreational use projects. All project requests are for 80% reimbursable funds and include a 20% match. These projects should be transportation-related community projects that strengthen the intermodal transportation system and/or support recreational trails and amenities within the state of Maryland.

**Applications Deadline:** Wednesday, May 15, 2024. [Apply](https://onestop.md.gov/forms/mdot-tap-rtp-fy25-65fad4f292ba2000dfd805b8)

**EVENTS, TRAININGS, WEBINARS, SELF-PACED COURSES AND SUPPORT PROGRAMS**

***Events below may not be hosted or provided by HCLHIC. If you have any questions about***

***these events, please contact the event organizers directly.***

**HEALTHY BEGINNINGS**

**Title: Lil’ Acorns Weekend Adventures – April Showers**

**Description:** Hold your lil’ acorn’s hand through an unforgettable morning at Robinson Nature Center! Join us on April 27 from 9:30-11am for a parent/child (ages 2-3 years old) interactive program that may include child-led learning stations, storytelling, tot-friendly investigations, and activities out in nature. In April, explore and play with water-based activities while learning about April Showers.

**Cost:** $20

**Date/Time:** Saturday, April 27, 2024, 9:30am – 11:00am

Register using the [link](https://anc.apm.activecommunities.com/howardcounty/activity/search/detail/136991?onlineSiteId=0&from_original_cui=true).

**Title: Military Family Night at the Library**

**Description:** In celebration of the Month of the Military Child (April) several Maryland library systems this Spring are offering a special reading event for military and veteran families in their communities. Families attending these programs will enjoy a reading of the book, Unstoppable Me, and receive their own copy for their home. Infants birth-6 months with adult. 45-60 minutes. Registration required, one per household.

**Date/Time:** Thursday, April 17, 2024, 6:30pm – 7:30pm

Register using the [link](https://howardcounty.librarycalendar.com/event/military-family-night-library-all-ages-tk-229404).

**Title: Hatchlings: New Baby and Me Class**

**Description:** Hatchlings: New Baby and Me is an interactive four-week early literacy class series for parents/caregivers with newborns from birth - 6 months. Learn more about supporting your baby's development through fun songs and activities together.

**Cost:** $50 for first child, $25 for second child

**Date/Time:** Wednesday. April 17, 2024, 10:30am – 11:30am

Register using the [link](https://howardcounty.librarycalendar.com/event/hatchlings-new-baby-and-me-163319).

**Title: On the Journey To Fatherhood**

**Description**: The Office of Children and Families is hosting their On the Journey to Fatherhood series. This FREE four-part series supports Howard County fathers and is designed to help them develop healthy parenting habits, build networks, and strengthen bonds with their children, ages zero to five. Participants will be entered into a raffle to win prizes.

**Date/Time:** Saturday, April 27, 2024, 10:00am – 11:00am

Register using the [link](https://anc.apm.activecommunities.com/howardcounty/activity/search/detail/134999?onlineSiteId=0&from_original_cui=true).

**Title: Promoting Male Parent Involvement in Perinatal Health to Advance Black Perinatal Health Equity**

**Description**: Join the Maternal and Child Health Bureau in celebrating Black Maternal Health Week by welcoming Jonathan Webb, CEO of Association of Women's Health, Obstetric and Neonatal Nurses. This interactive discussion will focus on engaging male parents in perinatal health and the birthing experience.

**Date/Time:** Tuesday, April 23, 2024, 12:00pm – 1:00pm

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcalendar.google.com%2Fcalendar%2Fevent%3Faction%3DTEMPLATE%26tmeid%3DM2s2a3BjYnFmM3BqdG12bjcwajlwb3AwdjIgamVzc2ljYS5yZXR0YmVyZ0BtYXJ5bGFuZC5nb3Y%26tmsrc%3Djessica.rettberg%2540maryland.gov&data=05%7C02%7Cajordan%40howardcountymd.gov%7Ce551beb6a480476cba4a08dc5a3fd5a5%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638484478148951823%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C40000%7C%7C%7C&sdata=RsDGxFm81E%2BuynQ1%2BuoYq01B7Nx0MqZ%2B6ufxPVeudFI%3D&reserved=0).

**Title: Parent CRAFT: A Free Webinar for Parents & Caregivers of Youth with Substance Use Challenges**

**Description**: Join the University of Maryland School of Medicine for a free, virtual webinar to learn more about this critical tool designed to empower parents and caregivers to build effective communication skills and learn how to use positive reinforcement and natural consequences to help their child break the cycle of using substances. Pre-registration is required.

**Date/Time:** Tuesday, April 23, 2024, 6:00pm – 7:00pm

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fichwpyfbb.cc.rs6.net%2Ftn.jsp%3Ff%3D001pJlRHbcms0p2v9SAAje1TrfNjMcTJ0arFgZkLyDdLckgGYnI3D6ZfUqfDcOELyTe6SUwot38KvBFPAyPu-nALyH-Wa9S9miVd7mkiV37nYllwllfDvRw-Q2VhS5Pl9sOlNGyj5rIxmll9gNM4_D9blOMzdNnnHkMt-liSekokmA59Hw_1EKvmLh89kbYizgIityapzrbxC7Bp2do3EHOAg%3D%3D%26c%3DI5DebiGgGy-Q2N0xoe9f72-eUJPGcR4J-b2t46ThSeED-6_M3HHW4w%3D%3D%26ch%3Dhv3y-8UuXdFb0EjuRJxUux4n4nM6LJ_2QTdDXHeQcCl-B_920rl_eg%3D%3D&data=05%7C02%7Cajordan%40howardcountymd.gov%7C393f9f48d6fc4254c0b208dc5356dce6%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638476879760055150%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=EHxf7btRAOQS6VsoQIVPWRhrzgUdySs7SsHXklSfyOM%3D&reserved=0).

**HEALTHY LIVING**

**Title: 2024 Holi Celebration & Color Fun Run/Walk**

**Description:** Join Inner Arbor Trust and community organizations to celebrate Holi with a South Asian festival and a dance party.This event is a FREE community cultural event. Holi is a spring festival during which participants celebrate by throwing colored powder at each other while they dance and celebrate. Colored powder is available for sale onsite. No outside powder may be brought onsite.

**Date/Time:** Sunday, April 21, 2024, 10:45am – 3:00pm

Register using the[link](https://www.eventbrite.com/e/holi-celebration-2024-registration-851898048997?aff=oddtdtcreator).

**Title: Health Literacy Puts the Public in Public Health**

**Description:** This webinar will share health literacy insights and techniques that public health professionals can apply to build relationships, trust, understanding, and connections for everyday public health situations as well as the inevitable emergencies and disasters.

**Date/Time:** Wednesday, April 17, 2024, 12:00pm – 1:00pm

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcalendar.google.com%2Fcalendar%2Fevent%3Faction%3DTEMPLATE%26tmeid%3DM2liOTFkbTNwa28zNGpuN29jMjlvcHE1aGMgY18zMzNhN2MwZDBkODVjMGJmY2E5OWVhMjI4YWMyMzAxYzZiODRiYTI1OTFkNDc1ZjYxYjZjYmVlOTU0ZTZhZDQzQGc%26tmsrc%3Dc_333a7c0d0d85c0bfca99ea228ac2301c6b84ba2591d475f61b6cbee954e6ad43%2540group.calendar.google.com&data=05%7C02%7Cajordan%40howardcountymd.gov%7Ce551beb6a480476cba4a08dc5a3fd5a5%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638484478148936226%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C40000%7C%7C%7C&sdata=AoxyJGzD5x7zLQ%2BF7TzFYCFeghyzsol53pQVNOxNjPs%3D&reserved=0).

**Title: Introduction to Cultural Humility**

**Description:** This session led by the Institute for Public Health Innovation provides an introductory overview of cultural humility at the intrapersonal, interpersonal, and organizational levels. Participants will explore how culture and identity influence one’s work with individuals, community members, and professional colleagues from diverse backgrounds.

**Date/Time:** April 30, 2024, 12:00pm – 1:00pm

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Finstitutephi.myabsorb.com%2F%3FKeyName%3DMDH-PHIG&data=05%7C02%7Cajordan%40howardcountymd.gov%7Ce551beb6a480476cba4a08dc5a3fd5a5%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638484478148972048%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C40000%7C%7C%7C&sdata=Hi07jFQYMBYsTtQgYtXsjbMCDMXWcZFNhErtHbwx4Sk%3D&reserved=0).

**Title: SPIRIT Club Cardio and Agility Boxing**

**Description:** Gain and increase strength, confidence, endurance, and coordination while participating in an electrifying, inclusive boxing class. SPIRIT Club Trainers do a variety of boxing drills and workouts that can be adapted to everyone and anyone’s ability level. Boxing gloves and other equipment are provided. All activities are contact free!

**Date/Time:** April 5 – June 21, 2024, 10:30am – 11:30am

Register using the [link](https://anc.apm.activecommunities.com/howardcounty/activity/search/detail/138076?onlineSiteId=0&from_original_cui=true).

**Title: Strategies to Increase Clinical Trial Participation for Diverse Communities**

**Description:** During the virtual event, members of the Racial and Ethnic Minority Acceleration Consortium for Health Equity (REACH), representing organizations and researchers working with diverse communities throughout the nation, will discuss their ongoing work to improve clinical trial participation among racial and ethnic minority, rural, urban, and other communities they serve.

**Date/Time:** April 17, 2024, 11:00am

Register using the [link](https://www.fda.gov/consumers/minority-health-and-health-equity/national-minority-health-month-2024#Event).

**Title: Managing Hypertension: An 8-Week Workshop**

**Description:** This evidence-based program was developed by Clemson University to improve blood pressure, weight, and fasting glucose. This lifestyle change program focuses on nutrition, exercise, stress management, blood pressure monitoring, and goalsetting. Every participant will receive a workbook, handouts, and a blood pressure monitor to keep at the conclusion of the workshop sessions.

**Date/Time:** April 24 – June 12, 2024, 10:30am – 12:00pm

Email to register using the [link](mailto:VirtualSeniorCenter@FrederickCountyMD.gov).

**Title: Freetown Farm Earthapalooza**

**Description:** Join the Community Ecology Institute on April 20th from 9am - 1pm for CEI’s Earth Day celebration, “Earthapalooza!” Browse their plant sale with a wide variety of vegetable, herb, and flower plants ready for their new home in your garden. While you’re there, stop by their seed giveaway to grab some free seeds, check out their engraved brick campaign, and go on a tour of their pollinator garden.

**Date/Time:** Saturday, April 20, 2024, 9:00am – 1:00pm

Register using the [link](https://www.facebook.com/events/947552676589901/?acontext=%7B%22ref%22%3A%2252%22%2C%22action_history%22%3A%22%5b%7B%5C%22surface%5C%22%3A%5C%22share_link%5C%22%2C%5C%22mechanism%5C%22%3A%5C%22share_link%5C%22%2C%5C%22extra_data%5C%22%3A%7B%5C%22invite_link_id%5C%22%3A717416050289455%7D%7D%5d%22%7D&mc_cid=154a886fee&mc_eid=1a2b12a8c5).

**Title: Color Run Festival 2024: Raise Awareness for Wellness & Suicide Prevention**

**Description:** Wicomico County Health Department will host their Color Run Festival which includes a free 5k run/walk raising awareness for wellness and suicide prevention, day with a DJ Outlaw, Cascading Carlos, an obstacle bounce house, That Kitchen food truck for purchases and Tiki Hut selling snow cones and more! Mental health advocate Matt Runnalls will provide words of inspiration.

**Date/Time:** Sunday, April 21, 2024, 9:00am – 1:00pm

Register using the [link](https://docs.google.com/forms/d/1IseNlb2ziT07h-kE1kdR2fKOHDcTE0cpjrUIvmaV8QE/viewform?edit_requested=true).

**Title: Smart Choices for Athletes**

**Description:** This free presentation - hosted by the National Alliance on Mental Illness of Maryland in collaboration with Alston for Athletes, the Hidden Opponent, and the Maryland Center of Excellence on Problem Gambling - is a one-hour virtual presentation that will address mental health and problem gambling issues facing our athletes.

**Date/Time:** Thursday, April 18, 2024, 12:00pm

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fbog8aicab.cc.rs6.net%2Ftn.jsp%3Ff%3D001EibID41ePeepBF6Iy-zgvcq1MgxslOECoF7yMK6qZm5OZmzSivO7hK5Gk7TuSI-s8otVYSoy-Gwvlgf4hyvs0RJSEd3odySZLaVkmubpiMAvjgo1K-ZGXN2WmeDYRoQ2pM5UWlHuz9eBtvikq_9lzTHii-MLgCBVt88uMsVwrKFa0KoCLLUGoI9HS7wNk4SYl7FhBYJfPVw%3D%26c%3DHHR5nPSkzCTqEidhHKQik40xuI5VYwssNxXhrjrV1Z-Zj1SmOrvEGw%3D%3D%26ch%3DorjEwagGl-5KbRuZIx9UKhFNNRUw0BSQfqCyn3pYWonjb2LhtgrWUw%3D%3D&data=05%7C02%7Cajordan%40howardcountymd.gov%7Cc5f5b054f5cd41104a1d08dc5572849a%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638479197564736150%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=jd90nGUjra2QLhYUp%2FH2YJf8PWx5CP%2BKBvVE0n6Smgk%3D&reserved=0).

**Title: Columbia Classic 10K**

**Description:** The Columbia Classic 10K is not just a test of physical endurance, it's a celebration of community, culture, and the unique beauty that defines this remarkable city. Lace up your running shoes and join us for a race through the scenic landscapes and charming neighborhoods surrounding downtown Columbia, MD.

**Cost:** $65

**Date/Time:** September 29, 2024, 8:00am

Buy tickets using the [link](https://www.ripitevents.com/columbiaclassic10k).

**HEALTHY MINDS**

**Title: Building Safe Environments at Food Banks and Pantries – a focus on mental health**

**Description**: Food insecurity is associated with mental health outcomes, including depression, anxiety, and loneliness. Creating safe and trauma informed environments at food banks and pantries is important for reducing stigma. Join us during Mental Health Awareness month to discuss ways to make it easier for neighbors to receive food and additional services.

**Date/Time:** Wednesday, May 29, 2024, 1:00pm

Register using the [link](https://zoom.us/webinar/register/WN_D1zLjkbTTkWHSDQ2bmWgJw#/registration).

**Title: DHS Prevention Forums: Preventing Targeted Violence in Your Community**

**Description**: The Department of Homeland Security Center for Prevention Programs and Partnerships (CP3) will host a Prevention Forum on April 16, explaining the role of the mental wellness field in targeted violence and terrorism prevention. This Forum will discuss how mental wellness practitioners, including social workers, psychologists, counselors, researchers in social sciences, or other interested individuals, can help to create a ‘culture of prevention.’

**Date/Time:** Tuesday, April 16, 1:00pm – 2:00pm

Register using the [link](https://events.gcc.teams.microsoft.com/event/2e7dd9b0-8284-4663-9566-77cde6790cbf@3ccde76c-946d-4a12-bb7a-fc9d0842354a).

**Title: Salisbury University Out of the Darkness Campus Walk**

**Description:** The Out of the Darkness Campus Walks are the American Foundation for Suicide Prevention's (AFSP) signature student fundraising series, designed to engage youth and young adults in the fight to prevent suicide, a leading cause of death. Join students at Salisbury University as they walk to prevent suicide.

**Date/Time:** Saturday, April 27, 2024, 11:00am

Register using the [link](https://www.eventbrite.com/e/nami-howard-county-online-parent-support-group-tickets-101570532196).

**Title: Extreme Risk Protective Orders (ERPO): A Civil Approach to Gun Violence Prevention Teach-Out**

**Description:** ERPOs are legally issued civil orders that allow people on the front lines to ask a court to prevent a person at imminent risk of harm to themselves or others from purchasing or possessing firearms during a critical period of risk. In this Teach-Out, a team of public health, policy, and medical experts will each provide a unique perspective to the ERPO laws and how they work.

**Date/Time:** Self-paced

Register using the [link](https://www.coursera.org/learn/erpo?action=enroll#modules).

**Title: Teen Wellness Summit**

**Description**: The Asian American Center of Frederick County will host a Teen Wellness Summit at Tuscarora High School on April 27. Are you between the ages of 13-19? Are you ready to take charge of your health and well-being? Join others for an exciting event packed with art therapy, music and dancing, information, as well as fun and prizes!

**Date/Time:** Saturday, April 27, 12:00am – 3:00pm

Register using the [link](https://fcps-md.formstack.com/forms/teen_summit).

**Title: Counseling on Access to Lethal Means (CALM)**

**Description**: CALM is a free, self-paced, award-winning online course for healthcare and social services providers. Counseling on Access to Lethal Means can help you feel prepared to talk with people about means safety. Reducing access to lethal means, such as firearms and medication, can determine whether a person at risk for suicide

lives or dies.

**Date/Time:** Self-paced

Register using the [link](https://solutions.edc.org/solutions/zero-suicide-institute/services/trainings/counseling-access-lethal-means-calm).

**Title: Intimate Partner Violence in the Military and Veteran Community — Webinar**

**Description**: an informative webinar on the critical issue of intimate partner violence (IPV) within the Service members, Veterans, and their families (SMVF) community. As highlighted by the Department of Veteran Affairs (VA) report, Intimate Partner Violence—A Risk Factor for Suicide Among Veterans, IPV is a significant concern for women Veterans and service members.

**Date/Time:** Tuesday, April 16. 2024 12:30pm – 2:00pm

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsamhsa.us4.list-manage.com%2Ftrack%2Fclick%3Fu%3Dd0780dc94825e65acd61c17dc%26id%3D59fc011299%26e%3Da3684e7811&data=05%7C02%7Cajordan%40howardcountymd.gov%7C7f6c4ab8bfab478ab56308dc531f50e9%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638476641174553920%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=6P3KoWz%2BUPCPt78YxsYLf3bwxz92t1SSkFPHKD450Oc%3D&reserved=0).

**Title: Learning Series Event – Navigating Mental Health Care for Immigrant and Forcibly Displaced Communities**

**Description**: This event will focus on the mental health and well-being of individuals and families who have experienced forced displacement. In this SJLA event, participants will discuss the impact and challenges of forced migration and displacement on mental health and well-being, including trauma in the context of forced displacement and its impact on integration.

**Date/Time:** Wednesday, April 24. 2024 12:00pm – 1:00pm

Register using the [link](https://thenationalcouncil-org.zoom.us/webinar/register/WN_NmE5ArGNQzuYxFfyuCm5CQ?mkt_tok=NzczLU1KRi0zNzkAAAGSPlzOBgU9GX51pfS0JzoQiwvBFUAw6t0hS_dVVFX5KkklgUbJTdGVBPh2xC-Dd0C5jAqEbg5XPZgGrTMUdeF-WtcBbwdjaagRFjdJ-ZIvJk7c#/registration).

**Title: Louder: A NAMI Metropolitan Baltimore Event**

**Description**: NAMI Metropolitan Baltimore is proud to announce the third annual LOUDER celebration; this April, join them as they honor Angela Celestin, Robert Matthews, and Goucher College for their outstanding leadership and dedication to fostering workplaces and schools that support the community's mental health. Proceeds from the event support NAMI Metro Baltimore's mental health programs.

**Date/Time:** Wednesday, April 17. 2024 5:30pm – 7:30pm

Register using the [link](https://iwilllisten.namibaltimore.org/get-involved/louder/?mc_cid=10d8fd12e4&mc_eid=ac10872935).

**OTHER RESOURCES/RESEARCH/ARTICLES/UPDATES**

**Healthy Beginnings**

* Improving Identification of Tic Disorders in Children article. [**Link**](https://www.tandfonline.com/doi/full/10.1080/23794925.2024.2324775)**.**
* Calls, home visits, counseling help get California students back to school article. [**Link**](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDEsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vZWRzb3VyY2Uub3JnLzIwMjQvY2FsbHMtaG9tZS12aXNpdHMtY291bnNlbGluZy1oZWxwLWdldC1jYWxpZm9ybmlhLXN0dWRlbnRzLWJhY2stdG8tc2Nob29sLzcwOTA2OD91dG1fbWVkaXVtPWVtYWlsJnV0bV9zb3VyY2U9Z292ZGVsaXZlcnkiLCJidWxsZXRpbl9pZCI6IjIwMjQwNDA5LjkzMDg2NTExIn0.8uVUTG5axwxUGfizHg7BV2nA003wxOAl3Z5NHoisqlw%2Fs%2F3125184833%2Fbr%2F240396842758-l&data=05%7C02%7Cajordan%40howardcountymd.gov%7Ce91a8bd22afc4e17d3ea08dc58a82ffe%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638482727979978897%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C20000%7C%7C%7C&sdata=Ju%2FeCU%2BbMUQY6La4Rr4HxCXHIzOg73P7tDuJaoD01M8%3D&reserved=0).
* North Carolina recognizes April as Guardian ad Litem Child Advocate Month article. [**Link**](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDcsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vbmNsYXd5ZXJzd2Vla2x5LmNvbS8yMDI0LzA0LzA5L25ld2J5LXJlY29nbml6ZXMtYXByaWwtYXMtZ3VhcmRpYW4tYWQtbGl0ZW0tY2hpbGQtYWR2b2NhdGUtbW9udGgvP3V0bV9tZWRpdW09ZW1haWwmdXRtX3NvdXJjZT1nb3ZkZWxpdmVyeSIsImJ1bGxldGluX2lkIjoiMjAyNDA0MDkuOTMwODY1MTEifQ.HPTX47I5hQR1l-Uq_RFp77iOR-TwJDhl9TZPe-MM2hw%2Fs%2F3125184833%2Fbr%2F240396842758-l&data=05%7C02%7Cajordan%40howardcountymd.gov%7Ce91a8bd22afc4e17d3ea08dc58a82ffe%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638482727980026317%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C20000%7C%7C%7C&sdata=Q4ZFRvjfm5QY4iDSazNomw7a2ZM9ItJjBfYtfZx6UCk%3D&reserved=0)**.**
* Every Child Central Oregon received three-year, $150,000 grant from The Ford Family Foundation article. [**Link**](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTAsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8va3R2ei5jb20vY29tbXVuaXR5LzIxLWNhcmVzLWZvci1raWRzLzIwMjQvMDQvMDgvZXZlcnktY2hpbGQtY2VudHJhbC1vcmVnb24tcmVjZWl2ZXMtdGhyZWUteWVhci0xNTAwMDAtZ3JhbnQtZnJvbS10aGUtZm9yZC1mYW1pbHktZm91bmRhdGlvbi8_dXRtX21lZGl1bT1lbWFpbCZ1dG1fc291cmNlPWdvdmRlbGl2ZXJ5IiwiYnVsbGV0aW5faWQiOiIyMDI0MDQwOS45MzA4NjUxMSJ9.9Td1kVSpdfTihKxAQrY1Lv72Dbs2E4yn97QmRxZUXI4%2Fs%2F3125184833%2Fbr%2F240396842758-l&data=05%7C02%7Cajordan%40howardcountymd.gov%7Ce91a8bd22afc4e17d3ea08dc58a82ffe%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638482727980049715%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C20000%7C%7C%7C&sdata=k7T2%2BH1Yqpak299e7jY1bpn1iFYhHm0zIo0gBFcx6Bg%3D&reserved=0)**.**
* Medicaid, Children’s Health Insurance Program Final Rule Fact Sheet [**Link**](https://www.cms.gov/newsroom/fact-sheets/streamlining-medicaid-childrens-health-insurance-program-and-basic-health-program-application)**.**
* Early Childhood Action Plan Updated to Address Urgent Issues Impacting Children. [**Link**](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTIsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vd3d3Lm5jZGhocy5nb3YvbmV3cy9wcmVzcy1yZWxlYXNlcy8yMDI0LzA0LzA5L2Vhcmx5LWNoaWxkaG9vZC1hY3Rpb24tcGxhbi11cGRhdGVkLWFkZHJlc3MtdXJnZW50LWlzc3Vlcy1pbXBhY3RpbmctY2hpbGRyZW4_dXRtX21lZGl1bT1lbWFpbCZ1dG1fc291cmNlPWdvdmRlbGl2ZXJ5IiwiYnVsbGV0aW5faWQiOiIyMDI0MDQxMC45MzE0MzU2MSJ9.j7JpcnRtxr_UtMLOiuxcSNk-Eu6Bw-lXBz6c_IlOaM0%2Fs%2F3125184833%2Fbr%2F240458326255-l&data=05%7C02%7Cajordan%40howardcountymd.gov%7Cc2f916c94e43445ca53f08dc5970b022%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638483589295089687%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C40000%7C%7C%7C&sdata=C2RIL89CapT2pO%2FZPiRnlbB8%2Faiq4pf0qXr4djOQrS4%3D&reserved=0)**.**
* April is National Child Abuse Prevention Month. [**Link**](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2F7o8ztmfbb.cc.rs6.net%2Ftn.jsp%3Ff%3D001Pgc_LOs47-ay-BsmtDPpz1yDe7ZAJKWRb_q6UsmicUMQEl1K8yARkL2MoEIxLOkEsYESmlgWbG4Vs_k9H6rsooW01oJQXCUEB6eyAQ7KxdTOxy9iZzrgBw-AMB46BDrC4RSKvVgta8IY0XfqdqSssUBoyDG8MVYaeOw1c8o_6-T83S63JdxXdCfoX1Mr8b9yRtdqMc47ymxLHQCibb_DyPIftwQZ8A6B-kI81M4MgnYr2seAdHKH7fgND8Gy3OTS%26c%3D4tiEvH_f4WvsslCM_FqRpKhbh6AuPmOZ9sStvdNdn7V4lzoMySDTZg%3D%3D%26ch%3D1uRtxMg-PnoOQ7r5gAJMnsSvK-ebEPFPS9VuYN_b4qgl8mfEGPgw4Q%3D%3D&data=05%7C02%7Cajordan%40howardcountymd.gov%7C37c8a8ea1928482976b208dc4cd48f76%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638469724957495909%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C40000%7C%7C%7C&sdata=JttnONkGW%2FoD3E4MCYHTkCC7drWK75vpqFBxJrp1uig%3D&reserved=0)**.**

**Healthy Living**

* The Walk with a Doc team created a walking guide. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001_hxqykX1UDkhiNiL87kDTb3AqHiPMSL1MbuWx6rT_qtibQkck8OOa5GiEbUMfFriYvMt_5amLN7lCk_HJBKeSv3OrPTYVutq3i9JlbyUHUnBzTItvaLeKkzbn9O3yzBPSqP3oG4mVerf6hCW74h4UrkrhPbOM5RZ%26c%3DBRtryF9048CsNFXHU7HX9BjJAhaJrHjo0vSmFfEObw-_07Cr_u2qdw%3D%3D%26ch%3DtPOY57n0yd75cYjQ2Un_iNjIK4Cs5ElnTk20ljugRzSEj-iAhHeguQ%3D%3D&data=05%7C02%7Cajordan%40howardcountymd.gov%7Ccd2549c9afaf46676cb208dc555b7b8a%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638479098638184185%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=vM%2FusF8FKAUIp164eh9yaIsmGm9lirdfHsUPOHCosVQ%3D&reserved=0).
* The Maryland General Assembly ends its 90-day Session. [**Link**](https://www.baltimoresun.com/2024/04/08/maryland-general-assembly-works-last-day-of-session/)**.**
* Sociodemographic and temporal differences in menthol cigarette use among US adults who smoke article, 1999-2018. [**Link**](https://pubmed.ncbi.nlm.nih.gov/38547020/).
* ParkRx Day will be celebrated on April 20. [**Link**](https://www.nps.gov/subjects/healthandsafety/park-rx.htm?ACSTrackingID=USCDC_2054-DM125861&ACSTrackingLabel=April%202024%20Active%20People%20monthly%20Newsletter&deliveryName=USCDC_2054-DM125861)**.**
* Different Bikes for Different Cyclists illustrated guide available online. [**Link**](https://www.aarp.org/livable-communities/getting-around/info-2023/bike-types.html?ACSTrackingID=USCDC_2054-DM125861&ACSTrackingLabel=April%202024%20Active%20People%20monthly%20Newsletter&deliveryName=USCDC_2054-DM125861)**.**
* Chat-Based Messaging Lowered Alcohol Use in At-Risk College Students. [**Link**](https://www.medpagetoday.com/psychiatry/generalpsychiatry/109550?xid=nl_mpt_morningbreak2024-04-09&eun=g2262431d0r&utm_source=Sailthru&utm_medium=email&utm_campaign=MorningBreak_040924&utm_term=NL_Gen_Int_Daily_News_Update_active)**.**
* National Cancer Prevention and Early Detection Month Proclamation. [**Link**](https://www.whitehouse.gov/briefing-room/presidential-actions/2024/03/29/a-proclamation-on-cancer-control-month-2024/)**.**
* Mammography Use and Association with Social Determinants of Health and Health-Related Social Needs Among Women article. [**Link**](https://www.cdc.gov/mmwr/volumes/73/wr/mm7315e1.htm?s_cid=mm7315e1_e&ACSTrackingID=USCDC_921-DM125994&ACSTrackingLabel=Vital%20Signs%20%E2%80%93%20Vol.%2073%2C%20April%209%2C%202024&deliveryName=USCDC_921-DM125994)**.**
* Go-to-High School, Go-to College Group Mentorship Program application. [**Link**](https://drive.google.com/file/d/1InYo9gMz93AEm_Z0f-B4ojPRrlaJ9WEg/view)**.**
* 2024 Developmental Disabilities Day at the Legislature Reflection. [**Link**](https://www.kennedykrieger.org/stories/maryland-center-developmental-disabilities-newsletter/maryland-center-developmental-disabilities-newsletter-2024-issue-2/2024-developmental-disabilities-day-legislature-reflection?utm_source=mcdd_list&utm_medium=email&utm_campaign=partnership-pages-issue-ii-2024)**.**
* Accelerated Aging Linked to Recent Increase in Early-Onset Solid Tumors. [**Link**](https://www.medpagetoday.com/meetingcoverage/aacr/109586?xid=nl_mpt_morningbreak2024-04-10&eun=g2262431d0r&utm_source=Sailthru&utm_medium=email&utm_campaign=MorningBreak_041024&utm_term=NL_Gen_Int_Daily_News_Update_active)**.**
* National Assistive Technology (AT) Awareness Day is April 17. [**Link**](https://ataporg.org/policy-and-advocacy/national-at-awareness-day/)**.**

**Healthy Minds**

* April is Alcohol Awareness Month. [**Link**](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsamhsa.us4.list-manage.com%2Ftrack%2Fclick%3Fu%3Dd0780dc94825e65acd61c17dc%26id%3D4c77a31280%26e%3Da3684e7811&data=05%7C02%7Cajordan%40howardcountymd.gov%7C2a751c3a098249ebbd6208dc525ca4cd%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638475805586777392%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=ROI%2Fx9oMnNHYezjV359q%2FW8m1zedFlaAP2mR8%2B8SVdM%3D&reserved=0)
* Organizations are lighting up green in May for Mental health awareness. [**Link**](https://www.mhamd.org/yes-to-green/)
* New directory connects caregivers with the right dementia support. [**Link**](https://www.johnahartford.org/dissemination-center/view/best-programs-for-caregiving-database-of-proven-dementia-caregiving-programs-for-caregivers-and-service-providers)
* The National Council for Mental Wellbeing Crisis Response resource is available online. [**Link**](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fgo.thenationalcouncil.org%2FNzczLU1KRi0zNzkAAAGSQ4JI2TN4KUjQ9iaDE_w34zHAVTUkHXChZZi817DTdWd7fgr3UjrUmR7I5VAOtNhfC6AFhvI%3D&data=05%7C02%7Cajordan%40howardcountymd.gov%7Cd7b17478e8a6407a2e6308dc53f1379e%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638477542705948829%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=Xw0CkH6y1A1xGyh6QbwBqcngqwvB3Ql%2Bs2EylWxNjiI%3D&reserved=0)**.**
* The 7th Annual Older Adult Mental Health Day Symposium is on May 2. [**Link**](https://connect.ncoa.org/oamhad2024)**.**
* Mental health care utilization among parents of children with cancer article. [**Link**](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh8a49da57%2C1ba7617f%2C1ba992a1%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ181MjAtRE0xMjYxMDAmQUNTVHJhY2tpbmdMYWJlbD1TY2llbmNlJTIwQ2xpcHMlMkMlMjAxNiUzQTE1JTIwbmV3JTIwZWRpdGlvbiUyMGFsZXJ0JTJDJTIwQXByaWwlMjA4JTJDJTIwMjAyNA%26s%3D7H4XgyvruInDRe3FnSg7QmkmoatRjXPJNYSpAarTBgI&data=05%7C02%7Cajordan%40howardcountymd.gov%7Cbf5322e839444e8d325d08dc588c17b9%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638482605945780320%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=67naFo%2BZ0%2BIJWeE6H5%2FMZ2mgPi8V7SavLnf%2FwQUb9eE%3D&reserved=0)**.**
* NAMI Howard County has a Veteran Support Group that meets every Monday. [**Link**](https://namihowardcountymd.org/support-and-education/veteran-support-group/).