July 15, 2023

LHIC Coalition and Work Group Members - Please see below for upcoming webinars and resources. We encourage you to consider participating and to share these opportunities with your stakeholders and others in the community. If you have programs or opportunities that you would like to submit, please send them via email to lhic@howardcountymd.gov.

**LOCAL RESOURCES AND MEMBER ANNOUNCEMENTS**

* Priority Partners offers free online health classes for diabetes, healthy weight, stress. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ftrk.cp20.com%2Fclick%2Fg76u-2p7vbn-cmzca9-k637pft1%2F&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C58f5220195de430d6c9d08db78e41308%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638236693213457018%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=aIud3xFA9OgueEj0h8%2FZMp16mC4a9UHEbyV23QIT7Gc%3D&reserved=0).
* HCHD Heat Exhaustion Tips: How to stay cool in the Summer. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001Kz6CTtXpdOAJyh4MF2cGehyrtBghSEhzuZAIyCzZwzObnXrsyW7TvaTzfdI_ZuVGmSP4XxOjr5ebV3izNjjv9MEI1r5N6NDKzL-sQXS5i3_p2JVka2T0gBQ79OIBX-gm-4kQesOWE04h7LHq8pINIsEQI_OCPHfvkue7kOUcJUrYvMK7IYdbNANQLV8MaNba%26c%3DwAGr-aKFQy3n3PatJ_LS0LHtU7GlUc6kSrjy6IUkD1RC0YUD3e9i3w%3D%3D%26ch%3DqCLsGss-TUWRnmF9mtD1-rgDaiFQoE41H5_ZwnQ6JZfZHJZKZcOq7A%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C734e73508d384d7a80c508db78bd2713%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638236526035512317%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=jCVQO8nkEeq3yON223TwgYPFPicRUjDkB2g28iFZNso%3D&reserved=0).
* OAI Cycle2Health, a non-competitive, peer-led bicycling club for adults of all ages, abilities. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001Kz6CTtXpdOAJyh4MF2cGehyrtBghSEhzuZAIyCzZwzObnXrsyW7TvaTzfdI_ZuVGOuVUMqx44FaH03N6BIOUhLev-VfVt7P6G2DUxEKNwQnb8PYvUmX0UdnqHmJu8j6CRWv48A_p4sJ3gxDPCphYNfxu8eJXRewQpVgABCVUcM2YDYeWgq1SiMjxuYC6biPsZGmeDJIAlG4DJ4b0tftIaM1a5zIOc4Bz-uiBk1-1iwxdzCMMl5ZoCFPECNYUONEa2pbOLJIQOGbsEi9WycIwNYcNeFct2rGHEnVsjBLceGhMLNYBomKO9i5n-YK4PP2X%26c%3DwAGr-aKFQy3n3PatJ_LS0LHtU7GlUc6kSrjy6IUkD1RC0YUD3e9i3w%3D%3D%26ch%3DqCLsGss-TUWRnmF9mtD1-rgDaiFQoE41H5_ZwnQ6JZfZHJZKZcOq7A%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C734e73508d384d7a80c508db78bd2713%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638236526035512317%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=YeJB66nl9zarRF6m2x87OFuegfeJ7t%2FsMdHjkOYMA2g%3D&reserved=0).
* [HoCo Walktober2023 Calendar of Events](https://www.howardcountymd.gov/walktober) webpage. Complete the survey to add a walk. [Link](https://docs.google.com/forms/d/e/1FAIpQLScIrFyQaWPRmTIRMXFxDdXdMMJ2wwevP7sdTf7NhGHj9_N9tQ/viewform?fbclid=IwAR3BhKyp2iHQMvSLHIjmEjYciPJo2PJ_kERxcHz1BkvreOPc3MlWUz_2Evw).
* MDOT’s Walktober website is LIVE, includes upcoming promotions, events, and webinars. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTMsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vd3d3Lm1kb3QubWFyeWxhbmQuZ292L3Rzby9wYWdlcy9JbmRleC5hc3B4P1BhZ2VJZD0xMzYmdXRtX21lZGl1bT1lbWFpbCZ1dG1fc291cmNlPWdvdmRlbGl2ZXJ5JnV0bV90ZXJtPSIsImJ1bGxldGluX2lkIjoiMjAyMzA2MjkuNzg5OTAyNDEifQ.1M2UXu7NAigwNmAvSKLX-NcyWafVgmgM7K5TJd6vzAQ%2Fs%2F1846233388%2Fbr%2F212491643118-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C31ff74ce9396471aaaee08db78cf7c51%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638236606188454377%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000%7C%7C%7C&sdata=JF2Bdpu1xCdi0elQf9eIjIRIWG%2F7bkXqpJfQlu8TN6Y%3D&reserved=0).
* Monday Morning Meanderings at Lake Elkhorn hosted by The Village in Howard. [Link](https://thevillageinhoward.org/content.aspx?page_id=4001&club_id=855297).
* Maryland Cannabis Administration information on Adult-Use Cannabis Legalization [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001662A9KQfFJM5qPtphIRt-yRnjZQa16HPIbMjgVIQWUWx1VD6gOOlkCeQKt39kbIx6Q31GXVdbQLIhygAJWE5wR7dkLUuuFj4wH6drrzv2PsJ0I_thzwx_6GpDDX3RTwPpmm4g-Ij9Ef2ZMg9g9QEjf9gy8glVGTtp6dx95SANRkxEBwpL6zEEIZfexXXRA4F%26c%3Ddbxn5ymI7DXgeP6Yh2FF-WrcbPDJtMBOZlf5N8vAZv0QgWOPm-u5nw%3D%3D%26ch%3D_uji9pU5W_AxcO5Q86XrfnvFjFkbcG620FMdG3rIfyFsn6qwK4LQ5g%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cbfe756e67e2b4a1a602808db7ef29333%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638243352538868757%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=VZyJMlQj1JQezNLiesQZ3fY5KMC39FJVWU8OgrFJN0M%3D&reserved=0).
* National Night Out: Free Community Event at Wilde Lake MS August 1st 6pm to 9pm. [Link](https://www.howardcountymd.gov/police/national-night-out-0).
* July is Recreation and Parks month, check out an up-to-date list of all the events. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001ewo6sK8cIyomVOo0Ly0lWSEjuEoly9cGuqxuEXR2R0wbP-Ebl4gdpEgvKfloYAde4mBlYseECcaKtNuXimbpi8YEvU3qGBqVCDGjQTmEgDFynMKw-lsAN3YqIKQRpBVnQGFpw3fViQtlvhLYZxIC-DodgHlGPeVMG5-Mp3aRWVxCGu-c9fWMbAZ22qyD6wKmXHtYmLTUlDoBL5W6Ly1vj_pMYzi1LezhNq6dJv6r_A5dnzALFCSh6cjKlXtZ2fgZB6uL011EXgk%3D%26c%3Dcfq5AuQNZpysIwvPBDYVvwYIUaemFGBsx-im6GAuewq_mln63Ovysw%3D%3D%26ch%3DcuocyK3FvvyZwG5B2HSI64e3bftH0GzER2F6nafztD5KQsktivd_fA%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cce0723776bfe40da3f6b08db8180ab4c%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638246163061904927%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000%7C%7C%7C&sdata=rI%2BN5tqI32kYtqVtqLcV%2F66fvm%2FTbHjaXnpimVVUzY4%3D&reserved=0).
* Urgent! Crossing Guard applicants needed for the HCPSS 2023-2024 school year. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001ewo6sK8cIyomVOo0Ly0lWSEjuEoly9cGuqxuEXR2R0wbP-Ebl4gdpEgvKfloYAdeGdol2qE78mV33lV3u3Kmll0OTvpu-WMOx_ukJDrpiPDShVh_8hpauWEy8nadR62GrLARe6yg13HAIDmCLr1yNYV47sEylWS2z28tcVOr1shtGBz6FvwJnvU7pMxGuctN5vR7fYZWFtfZS-r0HvjT9S02rGY2suUsTn8imtYqY7Kizk03LDptz3UMJMMRi0quSZwVsrj3GjO9RFaWVBrW45B1aNS4hnXfz99kHYwB0Ye3zGoiUKuyWg%3D%3D%26c%3Dcfq5AuQNZpysIwvPBDYVvwYIUaemFGBsx-im6GAuewq_mln63Ovysw%3D%3D%26ch%3DcuocyK3FvvyZwG5B2HSI64e3bftH0GzER2F6nafztD5KQsktivd_fA%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cce0723776bfe40da3f6b08db8180ab4c%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638246163062373572%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000%7C%7C%7C&sdata=JoL8DRJAXj7pN6Sxf0tYDG%2FWLx9xiX8jlUpgGKmjOhQ%3D&reserved=0).
* HCPD Community Athletic Program (CAP) has free activities for all ages this Summer. [Link](https://www.howardcountymd.gov/police/youth-programs).
* July is Disability Pride Month: read the latest books on this topic. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flibraryaware.com%2F2T9Q39%3FSID%3Dbe2e8fc6-9523-4aba-9bec-7765ebd3b34e&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Ce1806bd7985d4df4622f08db8212412d%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638246787164249109%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=vwvy%2B7nRl0sX6YuXhfCG4ijsWc%2FK%2FSDQLEq7eE%2BEYkw%3D&reserved=0).
* Survey for those in Howard County who have a child in grades 6 and up with a disability that needs childcare. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001FHrgvPEcHB8In0PG4Bwm0INUn5aXSRpnqx1axGCGBxd8A74exi-oTx5-9BqTiC7QJWb3y5LcXBFaXu7N17GBQoqpWCiQYEzSwmUqv4_LB66jWAz04ZEU05E6-zeevHhznnmcZIcmEfjyQmHs55eNfGA58uP0IpnK9ejjtysnwlmGuTd-kUxWt_sL2LAnA24-ON5YrpLLeN9Qk8HK0kW34qzYNWSp5f0owrBZr98fUfG-AIr_7TkWJg%3D%3D%26c%3D-wofHvuP5cLOmAkF831kw6hsTsGp5x2p0BCQpLmYAsYaQfV6ja9NnQ%3D%3D%26ch%3D0WYKHZWHyurIVHS76ED0amuv-wNBaczOPw-pWu1DaxU_t4LBkZA5ZA%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cb2baaf9d190f403725aa08db7e47f5eb%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638242619762129960%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=nIHd5BKATJqF%2Fn5i3qPVaHLITGIpmc%2BnQBjY9zeVe4I%3D&reserved=0).

**FUNDING OPPORTUNITIES**

* **Title: The U.S. Breastfeeding Committee Creating Space Scholarship**

**Description:** The U.S. Breastfeeding Committee (USBC) is excited to launch the Creating Space Scholarship. The scholarship supports our efforts to create a vibrant membership network of organizations working at every level of the system and reflecting the needs and diversity of families and communities across the nation. Funded by the Centers for Disease Control and Prevention, the Creating Space Scholarship will allow the USBC to award 100 organizations with complimentary membership for 2023. Awardees that engage in membership meetings or other USBC activities can renew the scholarship for up to five years as funding allows.

**Applications Deadline:** Applications accepted on a rolling basis. [Apply](https://www.usbreastfeeding.org/usbc-news--blogs/the-us-breastfeeding-committee-launches-the-creating-space-scholarship).

**EVENTS, TRAININGS, WEBINARS, SELF-PACED COURSES AND SUPPORT PROGRAMS**

***Events below may not be hosted or provided by HCLHIC. If you have any questions about***

***these events, please contact the event organizers directly.***

**HEALTHY BEGINNINGS**

* **Title: 5th Annual Survivor’s Summit Find Your Tribe**

**Description:** For the fifth year in a row, SAILS is bringing together people from all walks of life to support, encourage, and connect with others who have experienced pregnancy or infant loss. This year's virtual Summit theme is Find Your Tribe. You'll hear from mental health and grief experts, parents who have experienced a loss, and participate in our online candlelight ceremony to commemorate all the babies who have gone on too soon.

**Date/Time:** Saturday, August 26, 2023, 11am.

Register using the [link](https://www.eventbrite.com/e/sails-5th-annual-survivors-summit-find-your-tribe-tickets-668566268707?aff=ebdssbdestsearch).

* **Title: Safe Routes to School Summit 2023**

**Description:** School may be out, but we’re gearing up for workshop sessions at the Safe Routes to School Summit 2023. Don’t let the early bird registration discount slip by and miss your opportunity to celebrate the People, Places, and Possibility of Safe Routes to School. Our virtual three-day summit will be held October 24 -26.

**Date/Time:** October 24 – 26, 2023

Register using the [link](https://events.zoom.us/ev/AvRJbre1xcMHTnAeg9_g7Oxyql4vP9ewTGDwibl_3v6F895h1uke~AggLXsr32QYFjq8BlYLZ5I06Dg).

* **Title: The Basics for Children with Lisa Rhodes**

**Description:** New parents want to provide a solid foundation for their children from the very beginning. There are many opportunities to focus on interactions that can create positive childhood experiences. The Basics Howard County provides information to help parents learn to make the most of these first five years. Tune into learn more about the five pillars to successful interactions and how to sign up and share the free Basics Insights text messaging program.

**Date/Time:** Monday, July 24, 2023, 7pm to 8pm

Register using the [link](https://anc.apm.activecommunities.com/howardcounty/activity/search/detail/127820?onlineSiteId=0&locale=en-US&from_original_cui=true).

* **Title: Safety Practices for Young Children**

**Description:** Safety education also helps young children develop skills for safe actions and understand possible consequences of unsafe behavior. In this workshop you will learn ideas and activities to use when teaching children safety in your program.

**Date/Time:** Monday, July 31, 2023, 6:30pm to 8:30pm

Register using the [link](https://anc.apm.activecommunities.com/howardcounty/activity/search/detail/127658?onlineSiteId=0&from_original_cui=true&locale=en-US).

* **Title: Their stories are so powerful: Community-based approaches to infant safe sleep and breastfeeding promotion**

**Description:** This webinar will highlight findings from a recent NICHQ-led study, Community-based approaches to infant safe sleep and breastfeeding promotion: a qualitative study published in BMC Public Health where researchers addressed two questions: (1) What are the areas that community-level organizations need support to serve their population’s needs around safe sleep and breastfeeding? (2) What tools or resources could assist them in improving their work promoting safe sleep and breastfeeding?

**Date/Time:** August 23, 2023, 2pm to 3:30pm

Register using the [link](https://nichq.zoom.us/webinar/register/WN_NZg0HYMmQ4OQ90_AZrF9Wg#/registration).

* **Title: Navigating the Autism Journey – Support Group**

**Description:** Free, virtual support group. Navigating the Autism Journey is a free support group for parents and caregivers that features discussions and presentations on Autism-related topics. A one-time registration is required. The login will be sent before each Zoom session. If you have been receiving email notifications, you are on the list.

**Date/Time:** Wednesday, July 19, 2023, 7pm to 8:30pm

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fapp.donorview.com%2FCommunication%2FClick%3Fprm%3DpZbBD5VzOO90RymTPXzR0UFmrVq0Ku4zlm9-rIYrm_bnzhhvTZZaZJ8j_yTpW9tim8tKsczYucm7vSFBz_DXrT27OW_fiT9PKKmGf3_HbSxFU8lN-txjCmwz8XqXs1T4oonAO7H4ojggCUIHqJmWoYwordN_pscGg6Da6958J_LncedrKikfOo6B33Bkw8SkG8FwdldR0aTZtWo6oO-dbA1WK3D9rs-trXGFLq2Ia9c1%26target%3Dhttps%253a%252f%252fapp.donorview.com%252fg135k&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C408afedfb6e1455b469e08db7f2c50ff%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638243601751135136%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=gOAU8RDBlBx%2FFaFjJ6OAXKvqDtZu1lAKHvMAGzzJKmA%3D&reserved=0).

* **Title: Addressing Tobacco Use & Mental Health Challenges in Pregnant Individuals – Part 1**

**Description:** Pregnant and postpartum individuals with mental health (MH) challenges who use tobacco encounter stigma and shame. As a result, these individuals are likely to experience avoidable and unjust disparities in care, exposing them to high risk factors and safety concerns.

**Date/Time:** Thursday, July 20, 2023, 2pm to 3pm.

Register using the [link](https://thenationalcouncil-org.zoom.us/webinar/register/WN_JyoPYkUBRtCEY3ZxU1Cn4A?_x_zm_rtaid=qlapMS1JTMycwBwVLK2JDQ.1689341744040.e2bc2704067bdbd272979c6757fe03a9&_x_zm_rhtaid=50#/registration).

* **Title: Meadowlark: Building a Team-based Approach to Perinatal Care**

**Description:** The Meadowlark approach is a team-based model of care for pregnant and postpartum people and their supports that includes strong care coordination alongside integrated behavioral health. This model recognizes that pregnancy and postpartum are complex and dynamic periods that require a holistic approach to healthcare. The Meadowlark Approach prioritizes building relationships between healthcare providers and patients, ensuring that individuals receive care that is respectful, compassionate, and culturally sensitive.

**Date/Time:** Thursday, July 27, 2023, 1pm to 2pm ET

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fgo.thenationalcouncil.org%2FNzczLU1KRi0zNzkAAAGM3usOTSdARhh5Ss3-6a-kXfp-clcyPYCxc6rHapO69dPimkPI_3fdCX6Fk4z1OS1MkDcDFJU%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cff9c6fd2492a493aa54308db8147f2da%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638245918239853864%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=Q6Mlj2yz3nkzqfLcF8gdgrWlHHhSr8STWJMHX1LT71Q%3D&reserved=0).

**HEALTHY LIVING**

* **Title: Collaborative Models for Building Equality & Equity in Research Conference**

**Description:** Join the National Institutes of Health (NIH) for this conference on current collaborative models and innovative research initiatives. This event will address barriers faced by Historically Black Colleges and Universities (HBCUs) and other Minority Serving Institutions (MSIs) when accessing programs that benefit and impact communities experiencing disadvantage

**Date/Time:** Wednesday, July 19, 2023, 8am to 5pm ET

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJzdWJzY3JpYmVyX2lkIjoiMjk1MDI2ODU1OCIsImJ1bGxldGluX2xpbmtfaWQiOiIxMDEiLCJ1cmkiOiJicDI6ZGlnZXN0IiwibGlua19pZCI6IjMzMTEyMzg2MzQiLCJidWxsZXRpbl9pZCI6IjIwMjMwNzA2Ljc5MzAzMzUxIiwidXJsIjoiaHR0cHM6Ly93d3cuZXZlbnRicml0ZS5jb20vZS9jb2xsYWJvcmF0aXZlLW1vZGVscy1mb3ItYnVpbGRpbmctZXF1YWxpdHktZXF1aXR5LWluLXJlc2VhcmNoLWNvbmZlcmVuY2UtdGlja2V0cy02NTcyNzYyNDk5NTc_dXRtX21lZGl1bT1lbWFpbCZ1dG1fc291cmNlPWdvdmRlbGl2ZXJ5IiwiZW1haWwiOiJzbGxveWRAaG93YXJkY291bnR5bWQuZ292In0.PQHy5Nw6N0eVMiaqF-Z_QO6DgLeDAG9O12JUiGlSShQ&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Ce15365bf3b8a4ba6cccd08db7ef80066%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638243375856978951%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=I19mXllhCGcZNUwa9Uv648b2P8PYoB4NRoM8p061c0Y%3D&reserved=0).

* **Title: Increasing Physical Activity Among Older Adults: Practical Strategies from Health Departments**

**Description:** This webinar will provide an introduction to the Physical Activity Guidelines for Americans Midcourse Report: Implementation Strategies for Older Adults and summarize key strategies to increase physical activity among older adults. Additionally, Washington State Health Department and Florida Department of Health Hillsborough County will share details on their efforts to promote physical activity and healthy aging.

**Date/Time:** Wednesday, July 19, 2023, 2:30pm to 4:30pm

Register using the [link](https://us02web.zoom.us/webinar/register/WN_zc99Y0cDSJmGrpBRofoarA#/registration).

* **Title: Ready for Safer Vehicles for Pedestrians?**

**Description:** USDOT wants to hear from you! There are not one, but TWO opportunities to speak up supporting new regulations to make vehicles safer for pedestrians. Right now, America’s top traffic safety authority has two proposals on the table: one to rate cars based on how safe they are for pedestrians, the other to require new cars to have life-saving technology that detects pedestrians and applies the brakes before hitting someone.

**Date/Time:** Wednesday, July 19, 2023, 2pm to 3pm

Register using the [link](https://us06web.zoom.us/webinar/register/WN_VIaH_g_CSPS5Y-qxdcyjag#/registration).

* **Title: Improving How Poverty is Measured: A Recommendation To Better Reflect Household's Basic Needs**

**Description:** A new report from the National Academies of Sciences, Engineering, and Medicine (NAS) offers recommendations for updating how poverty is measured in the United States, with a special focus on the costs of child care and health care, as well as regional differences in housing costs. In this webinar, five members of the committee that produced the report will discuss their assessment of the current Supplemental Poverty Measure (SPM), accounting for basic needs and costs that were missing, and what a change from the SPM to a new Principal Poverty Measure would accomplish.

**Date/Time:** Wednesday, July 26, 2023, 11am to 12:30pm ET

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwisc.us20.list-manage.com%2Ftrack%2Fclick%3Fu%3D9843475efd2f7b3976fcd0fbe%26id%3Da072892888%26e%3Df04ac0cae7&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C7b45b4ae8cb34ffce69d08db821c56ae%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638246830475615573%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=%2FHR9I8LZbaiSt5%2FWF0%2FqXv7qnwtrIbWm4QiKN0EZbmw%3D&reserved=0).

* **Title: How Paraprofessionals are Enhancing the Integrated Care Workforce**

**Description:** Optimizing the expertise of paraprofessionals in health care settings can strengthen the integrated care workforce while improving equitable person-centered care. Paraprofessionals within health care settings – such as support staff, interns, community health workers and peer support specialists – play a vital role in team-based care. They work collaboratively with clinicians to provide direct care, as they also contribute their unique skills, lived experience and innovative ideas to enhance integrated care settings and improve client experiences.

**Date/Time:** Thursday, July 20, 2023, 11am to 12pm. ET

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fgo.thenationalcouncil.org%2FNzczLU1KRi0zNzkAAAGM7l8KKH2Dve5NQA7Tz4dXyIMY4Zdww6MstGHG8yh8pd2cNT_LbtAq6uhNC0cOW7lcq9nGRo4%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C37c0c6e885c94f32b5bf08db83a386f9%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638248510584260542%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=%2FlSCrynMBycPEel9hfVOGkfatLcJ21JHMgUFfizVXZo%3D&reserved=0).

* **Title:** **Addressing Cultural Denial to Improve Whole Health Outcomes in BIPOC Communities**

**Description:** Due to systemic marginalization, Black, Indigenous, and people of color (BIPOC) communities are disproportionately affected by whole person health disparities. These communities often face barriers to equitable whole person health resources and may be more likely to experience untreated mental health, substance use and general health conditions. Additionally, systemic racism and other sources of discrimination can contribute to high levels of stress and trauma, which in turn can contribute to negative health outcomes and perpetuate a harmful cycle.

**Date/Time:** Wednesday, July 19, 2023, 3pm to 4pm.

Register using the [link](https://thenationalcouncil-org.zoom.us/webinar/register/WN_FRubswwBSBSQJEBDKVcf-Q?mkt_tok=NzczLU1KRi0zNzkAAAGM6aYBA1QDAud0DMrWhULkXN-mbtjaXUq7Eqx8_5OwgDmCpFWawsCChJ8QORJiCzC2__moHNc8uLgsm5Brx6t1MM5Jqo204w-uIejLlxcuy8M#/registration).

* **Title: Communicating for Change: Strategies & Tips for Sharing Public Health Science**

**Description:** This coffee chat will share tips and strategies to effectively communicate public health science and information about nutrition, physical activity, and health equity to various audiences. This month, Amanda Yarnell, Senior Director for the Center for Health Communication and Instructor in the Department of Social and Behavioral Sciences at the Harvard T.H. Chan School of Public Health, and an experienced science journalist, will join us to share tips and strategies to add to your communications toolbox.

**Date/Time:** Thursday, July 27, 2023, 1pm to 1:50pm ET

Register using the [link](https://choicesproject.org/news/coffee-chat-cop-20230727/?emci=04d3866f-d220-ee11-a9bb-00224832eb73&emdi=d2b69673-b121-ee11-a9bb-00224832eb73&ceid=13055146).

* **Title: Document Accessibility Boutique**

**Description:** From students to professionals to friends in our community, digital documents are shared daily, and it is important for accessibility to be incorporated into the documents we create. Learn some of the basic but powerful techniques experts use every day to build accessibility into their documents.

**Date/Time:** Tuesday, July 25, 2023, 2pm to 3:30pm ET

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001Hq2F_mBSZIk8kMvMHg6SNe483YJDcxnUWfFJnYpkeTJ4QU9sKT2UxYu11juPB2P6_FxWzRGdyzITjZbPiszqw6Tc7RHKZ_CXA6jMOboBSjgiefRghZeSx_7A6kO0pCQxWzzrOnstlTSZA3VUN-b_nsTejROosnI-aaKRnyHXZeR0kxorSDuvpA%3D%3D%26c%3DjZoAnE0KGGsPpwIanEFVrJNq15GuhxKg-Kra1nBeCC89IpYKs3lFyw%3D%3D%26ch%3DQiGtes3S9F6Tgy7ykA2di66RbZFDhmj54QrbJLM2gCgebTJ_jg-WTw%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C68062886a13c408316c408db8156cc36%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638245982040537307%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=eCge2CVl5r6zCuY%2FSh14KOmuCILScTO2j6aINKRpfGk%3D&reserved=0).

**HEALTHY MINDS**

* **Title: Redefining Black Masculinities: Clinical Considerations in the Emergence of 988**

**Description:** As we continue to look at ways to improve inclusivity in the crisis care system, we want to ensure that 988 sufficiently addresses the mental health conditions of Black men and boys in crisis. In this presentation, we will discuss how the Black and African American (B/AA) experience for men and boys in the U.S. is characterized by trauma and violence more often than White men and boys. We will also address holistic approaches and collaborative strategies to improve mental health resources, reduce barriers to access and address mental health needs for these individuals, specifically in crisis situations.

**Date/Time:** Wednesday, July 19, 2023, 4pm to 5pm ET

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fgo.thenationalcouncil.org%2FNzczLU1KRi0zNzkAAAGM6Tfy79vaHybFEeQHrii8X97tHb1czf0dbHykPu1McknDfuhUbH6YZ31nl6U-dLCYHs0mmiQ%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C9ddd09680cce457406cb08db82dab2dc%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638247648378025634%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000%7C%7C%7C&sdata=mQiLOhbIyJDQMLJhvLbBYTJfAo2sSP7oyMCZOAPbL6s%3D&reserved=0).

* **Title: Family and Caregiver Access to Resources on Anxiety and Depression in Children & Youth**

**Description:** The Administration for Children and Families (ACF) and the Substance Abuse and Mental Health Services Administration (SAMHSA) will host a virtual training for parents, caregivers, and families about children’s mental health. This training will focus on anxiety and depression in children and adolescents. This training is a continuation of the Department of Health and Human Services (HHS) efforts to provide important and useful information and resources about child, youth, and family mental health.

Date/Time: Wednesday, July 19, 2023, 6pm to 7pm ET

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsamhsa.us4.list-manage.com%2Ftrack%2Fclick%3Fu%3Dd0780dc94825e65acd61c17dc%26id%3Db7c88a3e25%26e%3D1dc688a3c0&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C68cea33d6d5c437a72cd08db823918f7%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638246953966762706%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=sqKGGxSXM5FOmpVTF1lE9kUO3owZeeOR%2FdJF8DhRxuI%3D&reserved=0).

* **Title: 988 Year One: Milestones and Next Steps**

**Description:** The launch of the 988 Suicide & Crisis Lifeline in July 2022 marked a key moment in the history of mental health and substance use awareness and support in America. For the first time, anyone in need could call or text an easy-to-remember, three-digit number and be directly connected to support. Its launch has led to unprecedented efforts and coordination that have strengthened and enhanced crisis response across the country for anyone experiencing a mental health or substance use-related crisis. This session will review these efforts and key milestones in the first year of the 988 transitions, while looking ahead at the future of crisis response services in America as 988 continues to evolve.

**Date/Time:** Monday, July 17, 2023, 2:30pm to 4pm ET

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fgo.thenationalcouncil.org%2FNzczLU1KRi0zNzkAAAGM5O0let2AJ_DcgpqloKF7w0RNBxVPvKJUXa-2wEO6KOEAHcjJpXPYlurI9PPamu0V28cKPXo%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C8b9123313457425488fb08db8232b99a%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638246926619766912%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=3iuahpLC%2BbTl6sCg%2FedpDSs1kFSRZYCZhQH850uMXFg%3D&reserved=0).

* **Title: HC DrugFree life skills classes for grades 6 to 9**

**Description:** HC DrugFree presents series of FUN and interactive skills-based classes designed to promote positive health and personal development. Students will explore and develop skills to resist high-risk behaviors, such as smoking, drug and alcohol use; learn coping skills to deal with anxiety; and develop skills to resolve conflict. Free, virtual sessions.

**Date/Time:** July 17, 18, 19, 20, 24, 25, 26, and 27, 2023, 10 a.m. to 11:30 a.m.

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001GbOMwJuVkG1nM39R-E__znBVWTUcq5O98IQch7jwaNDerad-_Et46cufWyK_zZmvaFtGRHuNoBns9B_L1i2xPvjNvom-XRC8bxHBmOsJBl9CsNyrXQ51RgZYI_0JiD5qIADerB7okYreygO524DFM3ml5jPYzRh3rH7BtU9-MVaJhLB5_siyoj56pBej00NYD3cp8qZl2cmm9n1yEge1tw%3D%3D%26c%3DoUMKc0UJA7Y6tJwy7Op56VNUddBKnBz_-o6kNLDl-0UBZEqz2bVSeQ%3D%3D%26ch%3DH6JXNZdOsjWL-Bn10m9RcnUtJdi0kuIYAsOtIsbs7Vfu-IAdo76mGw%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C40079fa986504ddc2fda08db822a22bf%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638246890971429720%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000%7C%7C%7C&sdata=SAy80NQtUK%2FbQxhVLeLO9IvEPFT4kFFsGdbnZ9ClFXc%3D&reserved=0).

* **Title: Mind Check: Policies to Support Youth Mental Health**

**Description:** Our nation’s youth are suffering unprecedented strains on their mental health. Since 2016, emergency department cases of youth attempted suicide and self-injury have nearly tripled. Today, more than 40% of teenagers say they struggle with persistent feelings of sadness or hopelessness. Meanwhile, the number of drug overdose deaths more than doubled among adolescents from 2019 to 2021.

**Date/Time:** Thursday, July 27, 2023, 12pm to 1pm ET

Register using the [link](https://www.eventbrite.com/e/mind-check-policies-to-support-youth-mental-health-tickets-668834129887?_cldee=O4ZEIWa0f3H3VaFaa26YqkjS5yw_5yaOvsi3gssKCjJMyr3mpK7-deweCG2LLakc&recipientid=contact-f2a010068816e811810b5065f38b81e1-9f7a49a0dda8455f9eb43778930a2912&utm_source=ClickDimensions&utm_medium=email&utm_campaign=Health%20%7C%20Youth%20Mental%20Health%20%7C%2007.27.2023&esid=ef67fa20-5317-ee11-8f6d-6045bdd73917).

* **Title:** **Innovative Partnerships to Address Mental Health**

**Description:** Join our webinar next week when we will explore partnerships that are responding to the social, environmental, and structural determinants of mental health, such as adverse childhood experiences, trauma and chronic stress. Kini-Ana Tinkham, executive director of Maine Resilience Building Network, and Shamaila Khan, program director of the Center for Multicultural Mental Health at Boston Medical Center, will join us to share examples that can foster resilience and well-being in communities.

**Date/Time:** Tuesday, July 18, 2023, 3pm to 4pm.

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001hDNFuXiVB6ItKA2fysmm4X_YKo5XhpoidomnPQ98UK1hkSfl_7ZN8Qqop3sAbz2HxfCqY61XCv7juZvrNgFeGm9LYodjvGHaiuYlHUfAUl8mUbHsLGWl-RsuwYx8DyRoooRnOdPl6nyOqLRQIlANyt3qgCzw7n6U5ysErS0huOhqVWpT_UHUSNkaZFVWHsQrlsOsBXmmnkK_dPX-CouO85qWd6dU4rdkHSK_J_RnoiE%3D%26c%3DpMfKb2xuczgohUFJKYT8l-3g91kAJ9qHiElwwAobfhFLQsJhX5d-sQ%3D%3D%26ch%3DiWefgBuzR7w-deB6qy36yx18MxvjfLqn3WFSZmdENg-gwBfUHLE-hA%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C1beb4cf8d5a440ba1db108db82182e04%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638246812579577062%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=u9DXYIES3RTw%2F68HwcyefV8PyP%2FHsfndVASOmtooBmQ%3D&reserved=0).

* **Title: Older Adult Mental Health Forum**

**Description:** The topic for the July Session is: Traumatic Brain Injury and the Older Adult. Traumatic Brain Injury is a growing concern for older adults with unexpected and far-reaching consequences.

**Date/Time:** Tuesday, July 25, 2023, 11am to 12:30pm

Register using the [link](https://howardcountymd.webex.com/webappng/sites/howardcountymd/meeting/register/14c6cb12cc5e431db3e357f7b2172363?ticket=4832534b00000006c6d9d60fc9e7c33379ccbd5cecaf80e1644032a0ccffd9f26bfd2f041b69a912&timestamp=1689278220721&RGID=ra6c6be44c9971bd4ec6d356ee7845086).

* **Title:** **Identification and Management of Mental Health Symptoms and Conditions Associated with Long COVID – Webinar**

**Description:** Join the MHTTC Network, SAMHSA and Abt Associates for an upcoming learning opportunity highlighting SAMHSA's new Advisory, Identification and Management of Mental Health Symptoms and Conditions Associated with Long COVID. This webinar will provide a high-level overview of Long COVID (as described in the Advisory), followed by a panel discussion among individuals involved in Long COVID research and treatment.

**Date/Time:** Thursday, July 20, 2023, 2pm to 3pm ET

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsamhsa.us4.list-manage.com%2Ftrack%2Fclick%3Fu%3Dd0780dc94825e65acd61c17dc%26id%3Da100b135e6%26e%3D1dc688a3c0&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C700a9bedfa56402ede0a08db846eb23d%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638249383580419241%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=EnHCWHteL%2BBYb3bMdP8m3s8GlVW9Mw%2Fsz4kgT8qoh2Q%3D&reserved=0).

**OTHER RESOURCES/RESEARCH/ARTICLES/UPDATES**

**HEALTHY BEGINNINGS**

* Research Highlight: *Mothers' Difficult Childhoods Impact Their Children’s Mental Health*. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDQsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vd3d3Lm5pbWgubmloLmdvdi9uZXdzL3NjaWVuY2UtbmV3cy8yMDIzL21vdGhlcnMtZGlmZmljdWx0LWNoaWxkaG9vZHMtaW1wYWN0LXRoZWlyLWNoaWxkcmVucy1tZW50YWwtaGVhbHRoIiwiYnVsbGV0aW5faWQiOiIyMDIzMDYyMS43ODU2MjYyMSJ9.9mJQ5HYHT30m5u5iTrVeVW2RqKnxDTMGgb3v_3js5_g%2Fs%2F1504862394%2Fbr%2F206847116704-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C3168964dc9904b1c802f08db7ef9fe50%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638243384404958062%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=oIlZD4ml1cX31Wuvy0ujZDRL2W9NB3xhmTTjZdLebKM%3D&reserved=0).
* Stronger policies needed to protect children from the harmful impact of food marketing. [Link](https://www.who.int/news/item/03-07-2023-who-recommends-stronger-policies-to-protect-children-from-the-harmful-impact-of-food-marketing).
* CDC tips help kids develop a healthy body and mind. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001GbOMwJuVkG1nM39R-E__znBVWTUcq5O98IQch7jwaNDerad-_Et46cufWyK_zZmvlctbKyQFXRG3TcJ0qhwqAJfdTgA-J8yZuEPHRYpAI9inyX7J93mEe9Mo-e_xE09pqjauK8mdijiDu5F0GAbH9WKP9ZAUddZrjzN3biL4KY1UqVZ0s7VfLPrGqp13LCRD6t_Bb0hDcUM%3D%26c%3DoUMKc0UJA7Y6tJwy7Op56VNUddBKnBz_-o6kNLDl-0UBZEqz2bVSeQ%3D%3D%26ch%3DH6JXNZdOsjWL-Bn10m9RcnUtJdi0kuIYAsOtIsbs7Vfu-IAdo76mGw%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C40079fa986504ddc2fda08db822a22bf%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638246890971273501%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000%7C%7C%7C&sdata=pU1ytVA06%2BS9pfm6NfKWObloLmqK%2BgMPB8AYW4VHqhY%3D&reserved=0).
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* Eliminating Racism In Health Care Before And After The Supreme Court’s Affirmative Action Decision. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhealthaffairs.lt.acemlnb.com%2FProd%2Flink-tracker%3Fnotrack%3D1%26redirectUrl%3DaHR0cHMlM0ElMkYlMkZ3d3cuaGVhbHRoYWZmYWlycy5vcmclMkZjb250ZW50JTJGZm9yZWZyb250JTJGZWxpbWluYXRpbmctcmFjaXNtLWhlYWx0aC1jYXJlLWJlZm9yZS1hbmQtYWZ0ZXItc3VwcmVtZS1jb3VydC1zLWFmZmlybWF0aXZlLWFjdGlvbiUzRnV0bV9tZWRpdW0lM0RlbWFpbCUyNnV0bV9zb3VyY2UlM0RoYXQlMjZ1dG1fY2FtcGFpZ24lM0Rmb3JlZnJvbnQ%3D%26sig%3D9n4zGapjuYgduzJufjtmxwJB8BmSpP3duSB27W7xzpyM%26iat%3D1688747893%26a%3D%257C%257C25515840%257C%257C%26account%3Dhealthaffairs.activehosted.com%26email%3DaGDYVoM29tI5LwhKuO7F7FeLx%252BHdwzJNYfvzPljyjv3FqqhaDZiqEWxcGg%253D%253D%253A07gxauza56qfJY4rT1kY6eR3DLgwXuDb%26s%3DamFyZWRAamFyZWRiaWdtYW53cml0ZXIuY29t%26i%3D6318A7135A30A168713&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C732afce2ed914cb38a2708db8076d5b2%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638245021864940848%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=nBAVoefezF02Eb1S9yxXx5PLR2K2muNhx5mLvTwMd3A%3D&reserved=0).
* NEHA’s Wildfire Response Guide. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fvirtualcommunities.naccho.org%2Fdiscussion%2Fnehas-wildfire-response-guide-2%23bm45cd7f94-c972-4acc-a92a-24853dbfca79&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C043950ca49204a62d20508db7fac7f98%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638244151078709680%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=6nSK%2B9NNprCEkAKXtNIN63p7YOCyVI5ZEj26CrOtxTg%3D&reserved=0).
* Trails, walking and biking—or active transportation—projects can help reduce carbon, thanks to the new federal Carbon Reduction Program (CRP). [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsecure.railstotrails.org%2Fsite%2FR%3Fi%3DOTlO0FEKZA1brdsGqoR4ZcWEciguoLyn2K2LHoXKJvzXyTI8NbhQFQ&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C94d811d3222c45fc58a508db7f37b604%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638243649482310468%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=OR%2FwnQMaJ8RmS%2BJT7zRlZzMBusJHExge4FVAiuDjvrI%3D&reserved=0).
* Pool Safely: Simple Steps to Save Lives. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxNDEsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vd3d3LnBvb2xzYWZlbHkuZ292Lz91dG1fY2FtcGFpZ249aGVhbHRoX2VxdWl0eV9saW5rJnV0bV9tZWRpdW09ZW1haWwmdXRtX3NvdXJjZT1nb3ZkZWxpdmVyeSIsImJ1bGxldGluX2lkIjoiMjAyMzA3MDYuNzkyODA0NDEifQ.SgKLrNEtc6ZoGcU_VjhBF29cVujFjAOhW174JI8ZPlg%2Fs%2F2966484883%2Fbr%2F222282221126-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cce2281b3d5b8489750fc08db7e3a9e48%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638242562848983610%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000%7C%7C%7C&sdata=LAqlsqE795XaM7Jdpb5%2B8OTdyzhEE2%2FV8j0YrTpDGsc%3D&reserved=0).

**HEALTHY MINDS**

* Giving People with Opioid Use Disorder a Bridge to Recovery in the Emergency Department. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fchcs.us13.list-manage.com%2Ftrack%2Fclick%3Fu%3D96a70625e5f0fe1c5e5329201%26id%3D459d4205e4%26e%3D2dc17b1be1&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cb7d0436be6824cc5d22b08db83c2c0f5%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638248644735346475%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=VKaHxH23pbHinv%2BfmkQdviQ6HhUzPszaxMVPFZHhbik%3D&reserved=0).
* Fentanyl Adulterated or Associated with Xylazine Response Plan. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001ogtWCqLXL27yDWitokNrrXdIgBLRrPUjNDWrS6gT79BPbLyA7e8-MyexBX_Njn3LxzVSOYs5OVRcMhCH9KR2BK8gAkod4UaYvluBuAp1jAMXUsysm1tHwOtvvL6WR5RtpJ-RMfrXrC4AMpBbmaBvxUIGj1vUUJVABBuNaUqTfExQ6CFWvuGOiZdS0CT6Vz3s1LIpZShudGHMf5kyFNtg5ImmysI1dlrGSMbs0Ue1OtTqlt98m9zJToa7rycoyNR7qjy3VD1oGMW9DF9EnzlewPWJlwBMs7aZec5PTfTnUEnswThiFkCMwNVQxfTY2vCrSul-IrzODjA%3D%26c%3Dv2IYJu3JJww55MNFQ4QwnpaxM_uion0JIMB0JvaAjew-fttym8HncQ%3D%3D%26ch%3DybnobWLvdUWVGbPfHLSRZhWjrZ9UIoz6FCG44G6Fm0tOcYxfBtt4Fg%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C2445937965484128357a08db83abcf83%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638248549564201329%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000%7C%7C%7C&sdata=JCrnMi4VwbUL92X6oT1mlHTwJRPpnr21mFaRr4CVECE%3D&reserved=0).
* SAMHSA Harm Reduction Framework Draft Open for Public Comment. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsamhsa.us4.list-manage.com%2Ftrack%2Fclick%3Fu%3Dd0780dc94825e65acd61c17dc%26id%3Dc87075ef3c%26e%3D1dc688a3c0&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cb8465b79dba14c24af5908db833aff0e%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638248062136143273%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=2xmZc5FlPiYRzCxu3RQKSQeLXyUFVjLbz%2Fs7ie5rUH4%3D&reserved=0).
* Comparison of Mental Health Estimates by Sociodemographic Characteristics in the Research and Development Survey 3 and the 2019 National Health Interview Survey. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D0013LKO3Jwv7VJKDfWGk_gzz2y6x7nZnOC1FBc44MVoat34VLTMT8mPpW3gttDGIEKLjJXS0RW0Ri_1F9qBISLz7i9c4USLwDwEWd7mSgNpnhMCt0lWdyqSxSlFXdibf2YNFQfGyUDMxZiTIGwvy9S4Oy3w89MiUEOcNo3bx57hyLtBv9ysCQku2Q%3D%3D%26c%3DF6BWpam7LmmuA8R3fslGeKTlJWnLxXlAg5X7NUKebkU_SpywTBwbNA%3D%3D%26ch%3Drpv8A4PXXY9N7ZTHI7g7glLwopnk-DOo5mYVMvD7GFK6-OqZrMBPSQ%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cdf6078f2d8224498eeb208db82198320%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638246819087482774%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000%7C%7C%7C&sdata=h1w%2FM2PJSa2RP%2F0TYO3Z1AdMO1Ync0RPRucsTCaADhs%3D&reserved=0).
* Healthy Brain Initiative: State and Local Road Map for Public Health, 2023-2027. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D0013LKO3Jwv7VJKDfWGk_gzz2y6x7nZnOC1FBc44MVoat34VLTMT8mPpXsF30xH7l7HTadP1mliTsHDruP55YQKO76HFoDaqWEtczLJ7EcIkk4p9YwM-sJqA7MO8cE7Xx_6JkIpb6qcZLajJHMSg_lhIhonFQX7jxI9GyquGMV8r04aSYtHnITL5A%3D%3D%26c%3DF6BWpam7LmmuA8R3fslGeKTlJWnLxXlAg5X7NUKebkU_SpywTBwbNA%3D%3D%26ch%3Drpv8A4PXXY9N7ZTHI7g7glLwopnk-DOo5mYVMvD7GFK6-OqZrMBPSQ%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cdf6078f2d8224498eeb208db82198320%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638246819087639006%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000%7C%7C%7C&sdata=C24nsfuTLSLRpdFND%2Fn50Z4LMxgODm1UfckV0fBaK4Q%3D&reserved=0).
* Exercises like Jogging or Weight Training May Help Addiction Recovery. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh7d8617b7%2C195b145b%2C19672264%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ18yMDU0LURNMTA4MzU5JkFDU1RyYWNraW5nTGFiZWw9SnVseSUyMDIwMjMlMjBuZXdzbGV0dGVy%26s%3D0sAzcg9pYJZGYH8fpkeJp-1XPixqt9XhKZRXaJJx6UE&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Ce3abd4bda0e74c9e4d4e08db821484fd%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638246796877367817%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=VqwRid6Vjtak2VREw%2B%2BgbFjxR0HMdAcMGkq58SBzLyc%3D&reserved=0).
* Supporting the Mental Health Needs of Hispanic and Latino Youth. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDQsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vd3d3Lm5pbWgubmloLmdvdi9hYm91dC9kaXJlY3Rvci9tZXNzYWdlcy8yMDIzL3N1cHBvcnRpbmctdGhlLW1lbnRhbC1oZWFsdGgtbmVlZHMtb2YtaGlzcGFuaWMtYW5kLWxhdGluby15b3V0aD91dG1fY2FtcGFpZ249TU1ITW1vbnRoMjMmdXRtX21lZGl1bT1lbWFpbCZ1dG1fc291cmNlPWdvdmQiLCJidWxsZXRpbl9pZCI6IjIwMjMwNzExLjc5NDc0ODUxIn0.Y4lj8rX4xW5lYKyzGdh0PhOgW3GwGN5lWiCSUDCsOlU%2Fs%2F2965524107%2Fbr%2F222464870594-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Ccb9d60ab870545efd97908db8208b73a%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638246746208084089%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=9ZeZ6LcfUARTFh7BkmFtP3McgeeM4DoY0z43iRbP1EI%3D&reserved=0).
* Building evidence for principles to guide the development of products for adults with intellectual and developmental disabilities and extreme low literacy-a product development tool. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh7d7029cb%2C196187c5%2C196290d9%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ181MjBfRE0xMDg1ODEmQUNTVHJhY2tpbmdMYWJlbD1TY2llbmNlJTIwQ2xpcHMlMkMlMjAxNSUzQTI4JTIwbmV3JTIwZWRpdGlvbiUyMGFsZXJ0JTJDJTIwSnVseSUyMDUlMkMlMjAyMDIz%26s%3D-uzeri5n8VrEJQ5GGnfqt2lmLoodkXagyHXKuLjwUeE&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cc44718fdd9814db784cd08db7e31815f%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638242523322900960%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=Y%2FUq%2B%2BT7YEeUffsXxw0DykWhJRs4XSpAzXG7rnoe7rY%3D&reserved=0).
* July is National Minority Mental Health Awareness Month. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTAsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vd3d3Lm1pbm9yaXR5aGVhbHRoLmhocy5nb3YvbWlub3JpdHktbWVudGFsLWhlYWx0aC8_dXRtX2NhbXBhaWduPWhlYWx0aF9lcXVpdHlfbGluayZ1dG1fbWVkaXVtPWVtYWlsJnV0bV9zb3VyY2U9Z292ZGVsaXZlcnkiLCJidWxsZXRpbl9pZCI6IjIwMjMwNzA2Ljc5MjgwNDQxIn0.6jRn8wgE_BReC-KGnm0hq3boqlRGPwgN0zqpV2a6ia8%2Fs%2F2966484883%2Fbr%2F222282221126-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cce2281b3d5b8489750fc08db7e3a9e48%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638242562848671750%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000%7C%7C%7C&sdata=0OrTDQaNHDvOV7SQeoyccVTOWX8c456B4IWVSTOWtKo%3D&reserved=0).
* Mobile Response for Children, Youth & Families: Best Practice Data Elements & Quality Improvement Approaches. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001h87iUoWtq-pxOA186H1qI2o2lL1FwwidXW8XPvpi3FqpfstZQftTxfo-bhV8H60mZeGoyJ2A3l6L_8s1pG0UaaQtjbGHOpC7WEmJJtk52o7ICTXIm19mIGcxR9udb4fUAoLah6fORuABhdxZMWOoILb7UXjRKqg7i31-CLsleWc8Qx1HAWHk8UCkU7FunDYQ8DzKjujDhKvJyyMN2gK_oY6N55slTmQ3JGWUyz5QFgqr710otyIUPcuVaasMsVHqdXSxlPfrUtGFoUyzcrnwDIkH5egj65htt4NOaCMMC5e7oi-XVm0QBz1kAdLH3taqrTssnZ843tE%3D%26c%3DyyWhGg2fktKtYzDdo2YtE6kv7CEvedCgRC2HYOK-N9T5ZeUUMthMiQ%3D%3D%26ch%3DVpU0MqUavXN9m2FrsNr3UldZ6m4SA4_oPJcPrNgHKKRUjplxvr0VJA%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C038717270edf4bd2f45508db7e2a003d%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638242491087658661%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=CoPbhTipCqMXVrtX8FGW92SwfeaRuJJ5YaETlOkvz6U%3D&reserved=0).
* National Guidelines for Child & Youth Behavioral Health Crisis Care. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001h87iUoWtq-pxOA186H1qI2o2lL1FwwidXW8XPvpi3FqpfstZQftTxdU6HY05A0wVw3bUf0TWaXBMZwIQXL6rT1y4xAB1IEytig7cWtZOjZqv2rFadnAHQKOGBzU7RxhSTmyNgVyNND9nEXjXOGDespQfuMpI3l7NlZlgetrbuEoVoouXBtXSik_KCt-O9xadun3dNmKIuBzETbBsSETjGWBGRa6nc4nxwE7J5cviPZNxfcD0HDxHUg%3D%3D%26c%3DyyWhGg2fktKtYzDdo2YtE6kv7CEvedCgRC2HYOK-N9T5ZeUUMthMiQ%3D%3D%26ch%3DVpU0MqUavXN9m2FrsNr3UldZ6m4SA4_oPJcPrNgHKKRUjplxvr0VJA%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C038717270edf4bd2f45508db7e2a003d%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638242491087658661%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=NELqZcviBtkxl1a3DcWxrxEmK9rqBLaO%2BheXHhvdNsg%3D&reserved=0).
* Youth Mobile Response Services: An Investment to Decriminalize Mental Health. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001h87iUoWtq-pxOA186H1qI2o2lL1FwwidXW8XPvpi3FqpfstZQftTxdU6HY05A0wVIQfFdA-XIOe_XpVmCBoDS5XWFhkUI1se9qDBur9LRhnps_RXpLZrYdmwI3UPFmNeRDPl8X_OJib_LQiV8f65DTuch5qhHJDqm5gd44koTOWh0a06w6Eivd895LGf6YjvBhzTvHozsq738OMdnQCMiBoT6VNYA0I_f6KpEGPxzWTNsjtaY6fXJA%3D%3D%26c%3DyyWhGg2fktKtYzDdo2YtE6kv7CEvedCgRC2HYOK-N9T5ZeUUMthMiQ%3D%3D%26ch%3DVpU0MqUavXN9m2FrsNr3UldZ6m4SA4_oPJcPrNgHKKRUjplxvr0VJA%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C038717270edf4bd2f45508db7e2a003d%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638242491087658661%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=Y1xPWrCPIss0LbWDBWJRYNYF7Jm62KXbFCFCVIKcmnk%3D&reserved=0).