February 15, 2023

LHIC Coalition and Work Group Members - Please see below for upcoming webinars and resources. We encourage you to consider participating and to share these opportunities with your stakeholders and others in the community. If you have programs or opportunities that you would like to submit please send them via email to lhic@howardcountymd.gov.

**LOCAL RESOURCES AND MEMBER ANNOUNCEMENTS**

* Maryland Center of Excellence on Problem Gambling: Call or text 1-800-GAMBLER, available 24/7. The helpline is free and confidential. Website: [MDProblemGambling](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001mn9w1tV43TD9omiw3QAH5OLHIYcDfItnDeqgDnNBiDzwjxjiDBFf05OczyW7daqxDiRwi8aYRangILh0DVGcG_tXBcWkgIlY_jIBiYVO560JPsB-0hLclw0eHd656k0mz_pbTyRFnHGcm5mULQEOiBle54EDQ0dw%26c%3DTwoPniKPUr2NVebFezY5eNmqdRJvSsszina6b0FB1z17-ZYg9YUPYQ%3D%3D%26ch%3D80v1bVcsx0R6kiWKGH359WRFMnRIsY5S-HNlltfuRG3PKPyYIYzLhg%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C317a7cdc1cd0499ac18808db04968263%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638108816727302895%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=HTzqvBt8ulbaNQ9SHmsYi2H%2FDUYXTjQgrVQ7wOQ3eUM%3D&reserved=0).
* DCRS’s 2023 Howard County Resource Guide for Older Adults and Adults with Disabilities is now available online. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001wojOsPuprpfoeeXwOYN8R92AZkUXWiBw0VzJBOaxvwHEgTsT1rypMguLdwqa4pjvMgCfEW4GUCStT9FvzQuBP-yZR0_MvdJCLWCaZmqj0q7ftJs8Lu-hLKlbiDd4TNHFe-VQAIN36Zv4roZz6Go57k3b93Ovd6HZtDa1T_AzKXymEWIyWYTiONyeD3a-AkcZ8RXw-1zOsjPWKEKwnhy6W5fEZNIv4VXIaoWSkagNggU%3D%26c%3D6PyhrgLbPadoCN-pYgRLA0oEcVA0g2aopzt6G-04PZVwdgQ5APOPkg%3D%3D%26ch%3DYmk3hh_C30uflu8vUwXRMZCMBSqsbavX-VAT8GfwoJuOxrU2_vNEyg%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cb8469c56908d4a53a5b908db088dc0b8%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638113177158693217%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=ehGGwE7jr9zA900UDlmrR38hMTh3kJ%2FeckYO6%2BWJ%2FPA%3D&reserved=0).
* Free CPR Course Trainings from Howard County Department of Fire and Rescue. [Link](https://www.howardcountymd.gov/fire-and-rescue-services/cpr-training).
* Howard County Health Department’s Annual Report is available online. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001wojOsPuprpfoeeXwOYN8R92AZkUXWiBw0VzJBOaxvwHEgTsT1rypMoDbQ2Xv1SeJKvu1hrhXrvi0P6vDi4-UHYoJdegDZwA2B1S9sdbUGoObOG4tBCE5_oT7I-A1Yn-vif1KM4WzEjpk7SyatVz0Tqs3grxdzgVJ9h6wkR3nd249yhOFuIKWHw%3D%3D%26c%3D6PyhrgLbPadoCN-pYgRLA0oEcVA0g2aopzt6G-04PZVwdgQ5APOPkg%3D%3D%26ch%3DYmk3hh_C30uflu8vUwXRMZCMBSqsbavX-VAT8GfwoJuOxrU2_vNEyg%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cb8469c56908d4a53a5b908db088dc0b8%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638113177158849429%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=txCxwKpmhL4r%2BeJh82gMc%2FWRRl9lGBlncZ2DJW6lxtg%3D&reserved=0).
* Friends of Patapsco Valley State Park Adaptive Hiking Series and 2023 Calendar of Events. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001k7A8zynGIFhlNX9GEOZbO6U9tdztBjA-NTojnlEgcXXI5FJ1Lv9WweUrL5zLler2q26NgjkTIcqqcuGOXwritYXim6_Ezs_-zYPY9iDEv5c2Enmi9nfj30xJOknby17Y_vWzlh8dU_UzlKcoFKS2jpv34ysOTtUkwUlnpvzN6Env8mP0KPMgj5RMfgMHjVbjV7igMdG3-YjIWgrW1MGuaABOpwvHOVUszpEOL9r_ig150ZFN2hYTNcgShn81n8cyeLXHR2GKtUk%3D%26c%3Dtgw-LdyTNOfTMFU1wpx6D2uVKXn6065wQ6YawLW1Hn7-Eu5FQkM_UA%3D%3D%26ch%3DiOQv1Xj7eBTQq_wGsJF89Ey3wvDBmxfb-57emDoMkldd5JrlxYvYhQ%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C0c5cb3b7cf0a4c188bb208db09ebfc25%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638114682143404073%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=imauXQo9b%2FlNCxtIDHAFSwxCgnVfGR4RX7m4iBv3Lms%3D&reserved=0).

**FUNDING OPPORTUNITIES**

* **Title: The High Obesity Program Grant**

**Description:** CDC announces the availability of fiscal year 2023 funds to implement CDC-RFA-DP-23-0013: The High Obesity Program (HOP 2023). Poor diet and low levels of physical activity affect overall health and are significant risk factors for obesity and chronic disease.

**Applications Deadline**: Tuesday, March 21, 2023 [Apply](https://www.cdc.gov/nccdphp/dnpao/state-local-programs/fundingopp/2023/hop.html?ACSTrackingID=USCDC_5_5-DM97629&ACSTrackingLabel=HOP%202023%20corrected%20announcement&deliveryName=USCDC_5_5-DM97629).

* **Title: Healthy Eating Research Call for Proposals**

**Description:** Healthy Eating Research, a national program of the Robert Wood Johnson Foundation, is funding research on supportive family policies and programs that have strong potential to impact equitable access to nutritious food in communities, nutrition security, diet quality, and improved nutrition and health outcomes.

**Applications Deadline:** 3pm on Wednesday April 5, 2023 [Apply](https://www.rwjf.org/en/grants/active-funding-opportunities/2023/healthy-eating-research.html?channelid=xps&cid=1003533&gclid=CjwKCAiA3KefBhByEiwAi2LDHHDQDSSghWa2c6tMAquHDtRlU1y8juNWYNsSWEZffoKe3rU73nKkMhoCLQYQAvD_BwE).

* **Title: AARP Community Challenge Grant**

**Description:** These are grants for making communities livable for people of all ages. The AARP Community Challenge provides small grants to fund quick-action projects that can help communities become more livable for people of all ages. In 2023, the AARP Community Challenge is accepting applications across three different grant opportunities, two of which are new this year.

**Applications Deadline:** Wednesday, March 15, 2023 5pm.[Apply](https://www.aarp.org/livable-communities/community-challenge/info-2023/2023-challenge.html).

* **Title: Racial and Ethnic Approaches to Community Health (REACH) Grant**

**Description:** This program aims to improve health, prevent chronic diseases, and reduce health disparities among racial and ethnic populations with the highest risk of chronic disease. Local, culturally tailored REACH programs work specifically among African American, Black,Hispanic,Latino, and Asian American, Native Hawaiian/Other Pacific Islander, American Indian, and Alaska Native populations.

**Applications Deadline:** Tuesday,April 11, 2023.[Apply](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh768f1242%2C185fc411%2C1860d85e%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ18yMDU0LURNOTkyNzMmQUNTVHJhY2tpbmdMYWJlbD1OT0ZPJTIwQW5ub3VuY2VtZW50cyUyMGFib3V0JTIwcGh5c2ljYWwlMjBhY3Rpdml0eQ%26s%3D5FpQ4Ek18Kjw3yk7qwGZfydb2i2zfOx3Mq4OlQXMuD4&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cbb1aa11132024dbf7b0708db0aa96954%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638115494951791700%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=UaUjzb43LCYJRI4VsK%2F9m3rpRiIKNH4M0tBPZlPuMaU%3D&reserved=0).

**Applications Deadline:** Apply.

**EVENTS, TRAININGS, WEBINARS, SELF-PACED COURSES AND SUPPORT PROGRAMS**

***Events below may not be hosted or provided by HCLHIC. If you have any questions about***

***these events, please contact the event organizers directly.***

**HEALTHY BEGINNINGS**

* **Title: The Maryland Behavioral Health Integration in Pediatric Primary Care Resilience Breaks**

**Description:** Maryland Behavioral Health Integration in Pediatric Primary Care (BHIPP) Resilience Breaks are a series of interactive, web-based learning sessions for pediatric primary care and behavioral health providers to connect, learn and share strategies, best practices, and resources that promote mental health and resilience among children and families. Free CME and CEU credit are available for participation.

**Date/Time:** Wednesday, March 8, 2023 12:30pm to 1:30pm

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001MWhkyjYcd--6MaEQAknsyUmUYAm7Jr_1fIspu-4zXV_vYyp8zRg64bf9Tre_3TfAMaqrA1XGkKJ5qxez3AGnqfkWb8kHruovR09kaA8hCCMMNp6qaPWbc4YD56VvlDSkLREJYbVPj44p6xdhzL-aoAd5LuFKJW-en1QpUfTohCZI50FCm9jGog%3D%3D%26c%3D-78J6tNGeG4-8URbqZf7hRJLmXY9rJhIVLBlgxF_EjvHwMO9k_OBBg%3D%3D%26ch%3DLzKF8DrN6VfnVu7o-Ku0n_3_1RnCQVnaLyFGRttu8mlWYLk9qGbklw%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C1ac9d345d24b4668480f08db0ddfc904%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638119027041156275%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=qOCPB1thDxnNmAGzFTmDy5yr9NNefA1qUH4ObILahyM%3D&reserved=0).

**HEALTHY LIVING**

* **Title: Historically Black Colleges and Universities in the Future of Cancer Care**

**Description:** The FDA Oncology Center of Excellence is excited to present a 5th Annual Conversations on Cancer program commemorating Black History Month. The panel will elevate the discussion of the importance of Historically Black Colleges and Universities (HBCU) medical schools in relation to cancer treatment and care for minority communities.

**Date/Time:** Thursday, February 16, 2023 2pm to 3:30pm

Register using the [link](https://www.surveymonkey.com/r/MS9JT7F).

* **Title: Enhancing Heart Health in the Community**

**Description:** 2023 Series on Local Interactive network of knowledge sharers (LINKS). The Power of Partnership quarterly forum series that explores mutual goals and opportunities to leverage our LINKS to enhance community health.

**Date/Time:** Thursday, February 16, 2023 3pm to 4pm.

Register using the [link](https://healthcentricadvisors.zoom.us/meeting/register/tZcpfuiopjkpHdx_pDixlvM12nLXDWb-hMr-).

* **Title: Central Intercollegiate Athletic Association (CIAA) Fan Fest**

**Description:** MDH will be providing FREE diabetes and hypertension educational information, as well as at-home COVID-19 tests, as part of our efforts to encourage attendees to build healthy communities through education and awareness and to stay COVID-Ready year-round. This 2-day event is FREE and open to the public.

**Date/Time:** Friday, February 24th - Saturday, February 25th at Baltimore Convention Center

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.ciaafanfest.com%2F&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C0ecc0cbbc25c4cc5558b08db09d4b6f7%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638114581437262017%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=03mWvdjtvgdczPFFKmwUKLcDVxZlQF49LRDVvwjo0OQ%3D&reserved=0).

* **Title: Insight and Inspiration: Hardwired!**

**Description:** Premier webinar series from ASTHO designed to motivate public health leaders as they respond to new and ongoing public health challenges. Our next installment is an engaging conversation with Kemia M. Sarraf, founder and CEO of Lodestar.

**Date/Time:** Wednesday, February 22, 2023

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fastho1.informz.net%2Fz%2FcjUucD9taT0zODQwOTE4JnA9MSZ1PTQxOTQzMDU2OCZsaT0zOTI0MTkyOA%2Findex.html&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cc0cd0cb1542446689e7a08db084a801b%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638112888295292700%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=4Nz2rp%2B5S4kQQxcQz9vmEmr2wPh5MR7qvquiUhrHuhA%3D&reserved=0).

* **Title: Chronic Disease Self-Management Class**

**Description:** CDSMP is for adults with a variety of chronic health conditions. The program may be particularly beneficial for people who have more than one health condition, whose health problems have begun to interfere with their valued life activities, or who have had difficulty following their health recommendations. Caregivers are welcome at the workshops.

**Date/Time:** Fridays, February 17 through March 24, 2023 9am to 11:30am

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001W4bjzBP1SVUeigZHfGhntaKGSIsma9Z8qnex3NypbM4ZKqZ-2gVUTyb7KgPKG4GpZCCJ5W7egAgxuJW0noG_Letxhprx8allXONWnko8lDKVFQeCXrwbUEo5hU3KuPbxqwFNuWi1en20Qy8qB3W_amZH-8_tZszN6p7Ko_c14skZ4TD8ysOIq6pSYQmw1LCVeOHgsv_1fHh8KZOMPW9uywdLPKUY-fD1U_CGPtxruSt0XpYoq3TLcpXg1DQk1W_6SxLGAHglMjsto46XXHo59wJgn8mrIMK5cBp7bUh4xR0TOnsNhXSw3BqoUZYyAABg8d63hLlXcPAxLjPwXTkQPw%3D%3D%26c%3D3AArIyTjrO9KIS13K4ZE2g0TqTT7LfYyLDCzF8tO7vf2vbR_CbsVFA%3D%3D%26ch%3DwQGulX6i354sJj5ZZDuKpTO2n3cjzdkP73qzdr_Rjf2CSk3Vi0OwBA%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C69ad8f4ecf894fbd2fd108db086444fd%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638112998967212876%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=mxrrgPvKpzGZUO14B61AQ%2B4pln81D%2FAUeW4X9fONi3k%3D&reserved=0).

* **Title: Diabetes Self-Management Class**

**Description:** This is a workshop to help people manage their diabetes. This workshop is recommended for people with Type 2 Diabetes or are pre-Diabetic. Adult-age caregivers, family members, and other members are encouraged to attend. This is an interactive workshop.

**Date/Time:** Fridays, February 17 through March 24, 2023 12:30pm to 3pm.

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001LOBXG5Ym4QpDUCWW2nlKmpJ7E3NsS2dV5ldoEbxemU35I4sL4T4TE-N38BR6ZdlanwJDnrjIxkDSl60lzYthT1MFm5c92vNoNByEE86KwHCiCdbmpMTNvbPRjn5N8piZ0zP0t7KmO6yCfESvH_TjX-_cD8gpcJ4qTogEBs7eyMlkIqYzyut-8b6PejspsANs7fTbw1FIxEb3bCV5oaM9_EVA5GMSKsldZeKW9-51EAfUQu9_CZ5OtlEwwrkZYoB3AsHzV3n4J4IzwrN6ddA_B__k1rqmbjvFgvxtiVHcLEIkgJ1Rj0cj9626r-AX-pmbGHbwiepb4CvVAARrFsroZA%3D%3D%26c%3DoJExgX4Jq0EJsOu8t5g5sdlJy2prRgW_FJa1G6WgrrklxYGy1v_DNw%3D%3D%26ch%3DfNHhNmg9zILiJAxY7NjH3Kc-_F9lEFd96qs3nnPIZ7YfZ1J-Yvvv9Q%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C3b8596e625e640f3b39808db09d73948%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638114592231542280%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=eu5c163coIWfTFaxUwPvHrzbz5Olbok7YBLWS5%2F21f8%3D&reserved=0).

* **Title: Community Gardens: A Tool for Growing Community Change**

**Description:** When done right, a community garden can improve the health and well-being of residents, foster economic development, combat social isolation, relieve food insecurity, encourage inclusion and enhance community connectedness. Learn about how to build and sustain community gardens as inclusive, intergenerational outdoor spaces. In the webinar, we will feature community gardens that are supporting healthy aging and helping foster resiliency for people and places.

**Date/Time:** Thursday, February 16, 2023 2pm to 3pm.

Register using the [link](https://us02web.zoom.us/webinar/register/tZ0vduGhqT8sE9ZGBLFFKs26gZlsmdx3H3NW/success?user_id=ANqDumjwTmmWw6-KeCFRQw&timezone_id=America%2FNew_York).

* **Title: Office of Minority Health Resource Center: Knowledge Center Resources and Services**

**Description:** The webinar will focus on increasing awareness about the OMH Resource Center and the variety of information resources, including access to online document collections, databases and funding searches, literature reviews, and customized responses to requests for information available to the public.

**Date/Time:** Thursday, February 16, 2023 1pm to 2pm.

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDgsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMzAyMDguNzEyMjY4ODEiLCJ1cmwiOiJodHRwczovL3d3dy56b29tZ292LmNvbS93ZWJpbmFyL3JlZ2lzdGVyL1dOX0cwdW9LSjNfU3BpN1lKYUZvUVRVcVE_dXRtX21lZGl1bT1lbWFpbCZ1dG1fc291cmNlPWdvdmRlbGl2ZXJ5In0.sZEe3w36sXiZIybPgsYa0O3zRUR5i_Xik333FTqhn1Q%2Fs%2F2966484883%2Fbr%2F154193902382-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C57517c35bee34c90555508db0a0e804e%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638114829620024253%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=M5HX5KesYh6wXcn%2FOA1n7fEIB0msN0cDvL5C0GLsoGw%3D&reserved=0).

* **Title: Workshop on Health Disparities Among Sexual and Gender Minority Populations**

**Description:** The goal of this virtual two-day meeting is to identify priority research areas to understand and address health disparities experienced by sexual and gender minority (SGM) populations. Specifically, the workshop objectives are to identify research gaps in: Data sources and measures that can be used to assess and address SGM health disparities.

Mechanisms and pathways that drive/cause SGM health disparities. Interventions with the potential to mitigate/reduce SGM health disparities.

**Date/Time:** Wednesday, March 1, 2023 11am to 5:30pm.

Register using the [link](https://www.nimhd.nih.gov/news-events/conferences-events/health-disparities-among-sgm-workshop.html).

* **Title: Inequities Within: Issue of Inequity Across Communities Presentation Series**

**Description:** Howard County Library System’s Inequities Within: Issue of Inequity Across Communities report examines the racial equity landscape in Howard County and across the state of Maryland. Author of the report, Sabriya Sturdavant, Dr.PH. from Morgan State University leads a series of presentations about the document and its areas of focus.

**Date/Time:** Tuesday, March 14, 2023 6:30pm to 8:30pm

Register using the [link](https://live-howardcounty.pantheonsite.io/events/upcoming?keywords=inequities%20within).

**Title: Smoking Cessation – Care Teams Play a Key Role In Helping Patients Quit**

**Description:** PRO QIN-QIO is hosting a discussion to explore how organizations can increase their referrals to evidence-based cessation programs and effectively engage community partners across the spectrum.

**Date/Time:** Wednesday, February 15, 2023 1pm to 2pm.

Register using the [link](https://qi.ipro.org/upcoming-events/smoking-cessation-care-teams-play-a-key-role-in-helping-patients-quit/).

**HEALTHY MINDS**

* **Title: Psychedelics and Primary Care Panel**

**Description:** Primary care is at the front lines of our mental health crisis and is often the first point of contact for someone struggling with a mental health or substance use disorder. This panel discussion by and for primary care providers will help clinicians understand psychedelics and their role in helping patients access psychedelic-assisted therapy. We will pay special attention to equity and access for patients of color.

**Date/Time:** Thursday, March 9, 2023 7pm to 8pm

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fmhamd.us5.list-manage.com%2Ftrack%2Fclick%3Fu%3D0c6829237800bf20e10b64931%26id%3D1731a3871a%26e%3Dfb6a208594&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C654f71b58ad34e55ec4f08db05415439%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638109550393493997%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=3ljNDEG5YilNklTFjPfLBe8ar4J4KGrMDxHdWDHBB7w%3D&reserved=0).

* **Title: Introduction to Serving LGBTQ+ People in Behavioral Health Settings**

**Description:** This 6-module course will equip behavioral health providers with information and practice tips to improve services for LGBTQ+ people in their care. This self-paced course provides information on terminology, general identity development, disparities among LGBTQ+ populations across the lifespan, and best practices for behavioral health providers.

**Date/Time:** Online, self-paced course

Register using the [link](https://lgbtqequity.org/learning-modules/).

* **Title: New Adapted Prevention & Screening Resources for LGBTQ+ Young People at Risk of Harmful Substance Use**

**Description:** Hosted in partnership with the Mental Health Technology Transfer Center Network, this panel will explore recent efforts to adapt and create prevention and screening resources to serve LGBTQ+ young people.

**Date/Time:** Wednesday, February 15, 2023 1pm to 2pm

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001o7xqdxBqmtikRSwjKbiqk5G7-5MPsG6__ocNljOlcJXya6ku-CzXiY5Xj8vQipzEg4Ad1gNJW_VIysNCTEODEW3Ko0yRwefNAOA5yRpag2IQCdxDPYP1dDNIPfzBpxiNwy9nWSYESzcU-AAM97eJ40XT1lYNSS1aoq2qhiHg_mPziraL6V56MdBCcce_bnz7XYQyk4AZ3LeVhUJodFkKNPKIHVCrCiAD%26c%3DIExuigV-8EPkXBIBO89San_JXxsz3zhnlf7MeoCd-vr14mi2zcchQw%3D%3D%26ch%3D2wZzQHi19cI8cplvr9RpLyNn8CvOrQq_ANHmVAN7Ch-pZbe9JAMSng%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Ce0e96831c09f4161860408db05267d53%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638109435100307815%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=jZAQBR6Hdj7z4FPyhFI%2FR7eNovwcsKopjeqXVQ4x8Dc%3D&reserved=0).

* **Title: Conversations on Diversity, Equity and Inclusion with the Medical Director Institute**

**Description:** Video series that features members of the National Council for Mental Wellbeing’s Medical Director Institute (MDI) engaging in meaningful discussions with other leading experts in the mental health, substance use field about their personal, professional journeys in the DEI space

**Date/Time:** Online Video

Access video [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fgo.thenationalcouncil.org%2FNzczLU1KRi0zNzkAAAGJsXWsfms-dPaRXjW2uTA1jCMvhmq2oxbC5wXXh6pRegKyn8pOwKcVCJxxy8W8OmNo_I_JWE0%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C28760b1de22b4a92a46908db05283c6a%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638109442604654749%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=V41FOMabRr21TvfQ8qUBQskWP3xyr4n4fNy2fTDWxxw%3D&reserved=0).

* **Title: Understanding Suicide and Mental Health Disparities Among Black and African American Communities in Integrated Care**

**Description:** One-hour discussion on the history of B/AA experiences in health care, explore the existing disparities that impact mental health and substance use challenges, and share helpful strategies for advancing equitable and integrated care to improve health outcomes for B/AA communities.

**Date/Time:** Thursday, February 16, 2023 2pm to 3pm.

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fgo.thenationalcouncil.org%2FNzczLU1KRi0zNzkAAAGJxt89SgFrRLOThOAFDLGIA2Vh4_c7uNwVYU7NjXHDA6zrOo1Qg3ZL0XB6MHEPRN-zWrFcIwo%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cd2993e1cecc943436fc808db086c97ec%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638113034725727680%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=MDUdJJfud3ZEamOjMSTKxGBgyTC26ZU2qac3uNKqe1s%3D&reserved=0).

* **Title: It Takes a Village: Addressing Behavioral Health Disparities in the Black Community**

**Description:** The Substance Abuse and Mental Health Services Administration is hosting a virtual roundtable. Featuring panelists with lived experience, community leaders, non-traditional practitioners, this roundtable will highlight the often-untapped cultural resources & innovative programs that celebrate Black culture & history, promote recovery/resiliency in the community.

**Date/Time:** Thursday, February 16, 2023 11am to 12:30pm

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsamhsa.us4.list-manage.com%2Ftrack%2Fclick%3Fu%3Dd0780dc94825e65acd61c17dc%26id%3D9cbf2d242b%26e%3D1dc688a3c0&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cf5601f2de7704613179a08db091822f1%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638113771486766422%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=pk%2BDv5zDLftlhSOQrTwdRuLUsLFakckuF4NJACdTvW8%3D&reserved=0).

* **Title: Building Better Caregivers Workshop**

**Description**: If you are currently caring for a loved one who suffers from Alzheimer's or Dementia and are seeking ways to manage your life while being a caregiver, come participate in this FREE workshop f with a focus on Dementia (free eBook provided). This is a community-based, highly participatory workshop is currently available to Maryland residents.

**Date/Time:** Mondays, February 27 through April 10th, 2023 6:30pm to 8:30pm

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001nEEsvTwq-gbPTHE7_qVoqN7ZPcfnCL-t1b1Jz9IcxJjFPDelUWo9Fmho6Rw2bOlooNeDMIcs2v3RH_P2umKjGzLZkIrsOe6dOPBLM3oxlLrHGYN4WdL10mk1mMzSuXKLTfIPkTGdOyj93Z27FconX0z4OPVAqCwhKUVZahc_EqoPW7jDS3dkVJflLiGsxU8EX0Ep26mCNpgYARQlX2U787rHXWiDPDC-2WUxDy3RzbKRqTksoMPfwkauGbgSddDFWtzeRJDBvjRJlelyA4bNFMxxQgcH-qkCJPDBzUP_jN3zsO-Kr1WTgY8gfDK8gpBKFEKcj9AhuVY2EaUNLbdcHg%3D%3D%26c%3DAHJ5N-eWE9RoPTzWU7JO5PdD377uMjEyc_8GlXoWZ2pwAmQix4wpBA%3D%3D%26ch%3D9AtwUtM2MROOjiKjRoO-BWlO1QSq8TbekZTTdXFysTu1SBMuekNMnw%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C45f48bc9500c4cd3d06008db091db381%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638113795403020832%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=qd8%2FvEnLfSgSgiGz%2Fv4xhWi9hWhApw8rc9H1xQtzBJQ%3D&reserved=0).

* **Title: Traumatic Brain Injury (TBI) Partners Day**

**Description:** Join ACL in observance of Brain Injury Awareness Month virtual day. This year, the sessions will be on aging, employment, the intersectionality of TBI and other medical and social issues, and peer support.

**Date/Time:** Tuesday, February 28, 2023 12pm to 4pm

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fsend.naccho.org%2Flink.cfm%3Fr%3DFnHzNqEXNkZApuItCDiVUg~~%26pe%3DEYUB9ZdMCORM8RWsTuh7kM9pGr5Dyr2U7BVCaa1G1dtIyHoQ6MpxH8YW-u6hiJJo2azd0NVZbwTcqJsJiK20GQ~~%26t%3DxsQ6WSeuWRZeto7bSufW1w~~&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C91ac40affa94407bba7008db09443679%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638113961235476283%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=mHb2kVnvFiJejri%2FE0KBUdVW%2FoE0K4NeNOAJ%2Bnu9nC0%3D&reserved=0).

* **Title: Stronger Communities: LGBTQ Suicide Prevention Conference**

**Description:** This conference at UMBC is focused on making LGBTQ mental health and suicide prevention education a community priority. This conference raises awareness about LGBTQ suicide risk, brings research findings to the attention of professionals and the public, and explores strategies for LGBTQ suicide prevention.

**Date/Time:** Tuesday, March 7, 2023 8:30am to 4:30pm

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001k7A8zynGIFhlNX9GEOZbO6U9tdztBjA-NTojnlEgcXXI5FJ1Lv9WwfpHyNtffC1ARoF511JlUHFXSNAql0rJNfHJIlEj0pceW7P0tW_krRsTnN65zLaRPP8kfZZH9OsBSEdzd_QPeeKrrIDM6WKmBs9K24p3kAx5iA09thO-_FZixJNqGwNEWg%3D%3D%26c%3Dtgw-LdyTNOfTMFU1wpx6D2uVKXn6065wQ6YawLW1Hn7-Eu5FQkM_UA%3D%3D%26ch%3DiOQv1Xj7eBTQq_wGsJF89Ey3wvDBmxfb-57emDoMkldd5JrlxYvYhQ%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C0c5cb3b7cf0a4c188bb208db09ebfc25%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638114682143404073%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=XmVtY6a9fNmAmsqPoOIUeqdciQTL5cbB8O2LGFf4syY%3D&reserved=0).

* **Title: Howard County General Hospital Youth Mental Health First Aid**

**Description**: Free to adults who live, work, or worship in Howard County

Learn to assist a young person, from 12 to 18 years, who may be experiencing a mental health or substance use crisis. This course Includes a self-paced online course which must be completed before attending the instructor-led class held virtually via Zoom. This course is recommended for those who live or work in Howard County and are 18 years and older.

**Date/Time:** Friday, April 21, 2023 8:30am to 1pm.

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001k7A8zynGIFhlNX9GEOZbO6U9tdztBjA-NTojnlEgcXXI5FJ1Lv9WwfpHyNtffC1A0fJqm3PFGPdKyesH9DNKrtFflh0cbkEt7-oVT8lPrKEG-8mhkrlZfhU4ELALGrK3tcAwIAsId3dJcxFEE0kQCGLbDJuR8NPp_wP0Uu5DKALF1BL78P9GsOhNPWLHy1PM5X-W6TZOrmg%3D%26c%3Dtgw-LdyTNOfTMFU1wpx6D2uVKXn6065wQ6YawLW1Hn7-Eu5FQkM_UA%3D%3D%26ch%3DiOQv1Xj7eBTQq_wGsJF89Ey3wvDBmxfb-57emDoMkldd5JrlxYvYhQ%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C0c5cb3b7cf0a4c188bb208db09ebfc25%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638114682143404073%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=PI6afOeBQwJjnowlnn%2F8LbgXMqGduQxO9fxX7Unu9fs%3D&reserved=0).

* **Title: MD Living Well Center of Excellence on Dementia Resources and Strategies for Care**

**Description:** This 1-hour call will include information on Maryland resources for physicians and for individuals caring for people with dementia. In addition, Dr. Ehrlich, Johns Hopkins, will discuss approaches to dementia care for providers.

**Date/Time:** Thursday, February 16, 2023 1pm to 2pm

Register using the [link](https://macinc.zoom.us/j/84473332474).

* **Title: SAVVY Caregiver**

**Description:** Build your knowledge and skills to better provide care for your relative or friend living with dementia. SAVVY Caregiver programs have been proven to decrease family caregiver distress, burden, and depression, while increasing caregivers’ sense of competence and confidence in their care role.

**Date/Time:** Wednesdays, February 22, 2023 – April 4, 2023 2pm to 4pm.

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001lejksuJ6pIfvf9KtZjbarnhqZKgson0kxGHUGu7ki9Xy0fYQJzA8tm9QUieHOrL45d6siIYEGEl5nKxj52ickl8RmFTrTbacHcwkt7uu9fduIjnlOyTmyPc1-52VfUQz939IucmSLpFivEE0aZ8G77uOxEZWz-7h_rQwl64SqMj6Hs1ZJEO9bGCz9KDK3K7mnZ14QqUOnoC3oGYxRSk3rHmSWXeOFZm6sVJmmy-4jr_FJ9tBagXq4jrRKasLw2T5WcroRnALmn-5j9SSOv-FcIebhVvISn4k8sD1HZ2LLJj3lIG8iqx8wj5BuUcTj0Ta4lG2VgAf50SCo3zZMyGuAw%3D%3D%26c%3D_3tQZyoANJFdWl9Sa4F76dYTY0B4L1lVZ9JkfLaMzdQGDoIMkeKR4A%3D%3D%26ch%3D6VZm-iUFusExyK928DR36OoPPAw2Pc6VczL-2vA3ZF-8Jf0p5f4Iyw%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C049fbf940b06449d096c08db0ed36c59%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638120073453156591%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=Djeq0SMtVdT7dveCHhYIS4%2B5qY7s9DNH5guw%2Fbyxc3k%3D&reserved=0).

**OTHER RESOURCES/RESEARCH/ARTICLES/UPDATES**

**HEALTHY BEGINNINGS**

* Medicaid Expansion Led to Reductions in Postpartum Hospitalizations Article. [Link](https://www.healthaffairs.org/doi/full/10.1377/hlthaff.2022.00819?utm_medium=email&utm_source=hat&utm_campaign=HAT+2+2+2023&utm_content=journal&vgo_ee=Y1VN6%2BFm9cLapDOlabfAiGszB6R0UD%2FDWlJsqPhkZxA%3D).
* Kevin Nguyen and coauthors investigate changes in Supplemental Nutrition Assistance Program (SNAP) participation rates by parental immigration status among low-income households. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhealthaffairs.lt.acemlnb.com%2FProd%2Flink-tracker%3FredirectUrl%3DaHR0cHMlM0ElMkYlMkZ3d3cuaGVhbHRoYWZmYWlycy5vcmclMkZkb2klMkZmdWxsJTJGMTAuMTM3NyUyRmhsdGhhZmYuMjAyMi4wMDI4OCUzRnV0bV9tZWRpdW0lM0RlbWFpbCUyNnV0bV9zb3VyY2UlM0RoYXQlMjZ1dG1fY2FtcGFpZ24lM0RIQVQlMkIyJTJCMiUyQjIwMjMlMjZ1dG1fY29udGVudCUzRGpvdXJuYWw%3D%26sig%3D5KnzYdczmBrx1qxKpP1MeRYhkijgp5h3Wk7ywyhBvHHD%26iat%3D1675374096%26a%3D%257C%257C25515840%257C%257C%26account%3Dhealthaffairs.activehosted.com%26email%3DY1VN6%252BFm9cLapDOlabfAiGszB6R0UD%252FDWlJsqPhkZxA%253D%26s%3D9b426fafaaa6bcf75bcfb263547215e6%26i%3D5937A6687A30A155711&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cd12dc02ad86b43ceca5608db056644bb%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638109709050818420%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=ALMEES4E6FDQco9u3PXG79jNnZiVMwWciC3CTPjNfM0%3D&reserved=0).
* Surgical treatments for epilepsies in children aged 1-36 months: a systematic review. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMjMsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMzAyMDcuNzExNzEwNjEiLCJ1cmwiOiJodHRwczovL3d3dy5wdWJtZWQubmNiaS5ubG0ubmloLmdvdi8zNjI3MDg5OCJ9.Lc-8ZXGK3C6zDLTjjFoM0eW500Hox4lBY3p66LfhZjA%2Fs%2F2945050723%2Fbr%2F154138876867-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cdb5c385b89c5435dde9a08db0956a721%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638114040021265805%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=97%2Bw5%2FgnfUxJaOoUZzG3GPojL45Cf0omU7ACMIjPiNI%3D&reserved=0).
* Strengthening School Nutrition Standards Improves Child Nutrition and Could Improve Food Security. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001GbW390xJ8JXk8Fdc1zYRL7QiHhBpwyn2Ki3iYmn04v1OXcPJy55F1xgo5EMK33vG2eECK44uFdblrD-mmvam-2XvLedvXt3SAKEqitWvphQJHF4o_gTOkpeE4UrbVF6OoNgR1_BD26dGjJIJsgxXCAn-63hf0XlcfajaYmJjczNBfqHvnQUKk6f34wXaTgafrA-ZPmQq9dsOzMhZqSNr17xkFicAf5pjR1R_ihviQK8huYSpPKXjG1OOy8PHKXd47M3ge5fVbCoDb82m5o2KLMschPPETArIf9C1OPeetMAQh001MG-M55DGEjKlSj-qdhgxIsGa6Y0j5iguIX9H7uzZmnSIt1s2%26c%3DpZ5813PvoHmO2P4Gfo5rq9DmUEwhwovv5jauxWR3CnbBxyZ45qo8Zg%3D%3D%26ch%3D5pqpHvpjktafBOa1FUOFc9ava4ChIwRsqLnRXAUoGei1_NjCrdbkRA%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Ca8aeea1f49ee4e3e864008db0df71f41%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638119127253041447%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=K%2FfTsZ6QQwrV%2F%2B4s0Ac5xKK6LxhNF%2BOcOtFoq1wx9ak%3D&reserved=0).
* Predicted probabilities of live birth following assisted reproductive technology using United States national surveillance data from 2016-2018. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh76cfa928%2C1867a56e%2C1867b444%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ181MjBfRE05OTU3NSZBQ1NUcmFja2luZ0xhYmVsPVNjaWVuY2UlMjBDbGlwcyUyQyUyMDE1JTNBNyUyMG5ldyUyMGlzc3VlJTIwYWxlcnQlMkMlMjBGZWJydWFyeSUyMDE0JTJDJTIwMjAyMw%26s%3DanqEB2bYX6TrTjwpx36IMkq8Zs8_3wWrK9vGzh6rDiY&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Ce98fd3a25979408955dd08db0e8f1beb%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638119780028263619%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=wxtanmHWX%2B985X4OQ9%2BKWk%2BFrDVJGMn%2FzbBLkqZM76g%3D&reserved=0).
* Covering All Kids: Strategies to Connect Children of Undocumented Status to Health Care Coverage. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fchcs.us13.list-manage.com%2Ftrack%2Fclick%3Fu%3D96a70625e5f0fe1c5e5329201%26id%3D658cc3023f%26e%3D2dc17b1be1&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C6de7ea6aaee94c6c461808db0eb13ffc%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638119926682681114%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=bccY9bAln9O243gAz08BUlf8UbHESLcyb0DSc0Iu2PE%3D&reserved=0).

**HEALTHY LIVING**

* Cancer Prevention and Heart Health — What Role Does Alcohol Play? [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsamhsa.us4.list-manage.com%2Ftrack%2Fclick%3Fu%3Dd0780dc94825e65acd61c17dc%26id%3D850ce9d15e%26e%3D1dc688a3c0&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cf87a6796ea96415e142f08db0471e9df%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638108659528162901%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=9WJFKh3jdBR0H9Zj%2BhvIiPMRpmMHcoK23fQaw9e9a2w%3D&reserved=0).
* New, Free Gardening Guide from AARP. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fclick.email.aarp.org%2F%3Fqs%3Da080928f5c14112ca1f1cceb8d03395cdb0d6580bf28b44f6a8f6029efff99f38e248fc94031ac00cc301d890c39b21c8e0d0a8c8c38bb74454ab4f6f8063d7c&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C5d46d2f0688446748b0d08db03c385c0%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638107910515352889%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=PNyz%2BVB6N1FxMkF1BxMvqkdPcaGZLwhpYWPeBUGPhjU%3D&reserved=0).
* New report released: Seven Ways Business Can Align with Public Health for Bold Action and Innovation. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001uuidBYq1PIrFaj_hUUo3nuizPib0a917V23Q84R1MszfadzyfyHjrmOxvsDqOQMkLQFJvZdpHvrEK_mbayr8B68_1L7yruaEZTIAKPTyoWq4yB2J1tYx-OJTdfGqGmPQystcgYzSKptZH5cWwpUN0vVUMjbBtCifULxX_0cZhAfi1zfne7YpBXzP5Y7ji_Pp1eTWSWI9WrKRkz0FQBVsgbSwhBRD5wNtHsYVq0b8JLVf4ckx5yT8Z-yiffAlgiW5HuD1q2a6u5s%3D%26c%3DWrbpgrQUq44g8rMWAkVCVRho0qHKG8ZY4xLT6XaaGhR8qoqGUX7jAw%3D%3D%26ch%3DM4UZKdwjyjjM7VkxxS1IsaciW0WqLuMRS1phzfFbRwy94odj0YH2YQ%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C279e52e4b8b2426836bd08db05383758%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638109511235385301%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=atPEPMOgbo9CwV3XVoMDk7bMcFBTXpmh0%2BoBjyKe0Qs%3D&reserved=0).
* Resilience-Oriented Strategies to Promote Healing Around Historical and Contemporary Racial Inequities. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fgo.thenationalcouncil.org%2FNzczLU1KRi0zNzkAAAGJxt89Smsd0Ww3QJ3tCkAcT58wbU-EghEIN0CJs-ekD1lCLVQYFEePc8-nvxDzWGTdbUpKuAg%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cd2993e1cecc943436fc808db086c97ec%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638113034725883925%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=Zsec6eKr0m72Hp%2BxyunOOTgQP8%2BYMn2QNhDxdnSeXY4%3D&reserved=0).
* Impact of poverty and health care insurance on arteriovenous fistula use among incident hemodialysis patients. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh765ad6e6%2C1854d36b%2C185dfd4f%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ181MjBfRE05ODgzMCZBQ1NUcmFja2luZ0xhYmVsPUNEQyUyMFNjaWVuY2UlMjBDbGlwcyUyQyUyMDE1JTNBNiUyQyUyMFZpdGFsJTIwU2lnbnMlM0ElMjBQcmV2ZW50aW5nJTIwQmxvb2RzdHJlYW0lMjBJbmZlY3Rpb25zJTIwaW4lMjBQZW9wbGUlMjBvbiUyMERpYWx5c2lzJTIwRmVicnVhcnklMjA3JTJDJTIwMjAyMw%26s%3DSLP2CrBHZzeSGSfYTulR6wwVvMnk1m__0OE-74t2fa8&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C1b66cae27823468f006608db0911488d%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638113742074085599%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=VlQsMVeCzXGPaJZov%2Ba%2BEGt7BhzJ4lZ3kiyxIdzaQDg%3D&reserved=0).
* Prevent Blindness is seeking applicants for the A.S.P.E.C.T. Training Program, which aims to equip participants with the knowledge, skills, and confidence to become advocates for vision and eye health- at the individual, peer-to-peer, community, state, or national levels via an 8-week educational series. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001WN5cWlsFs5ZIWKa_qGTIkCqcgW57fQ9VAPZjJFB5GHHXXwDPupKkwjs4l9gC-OgontWbuiqapYwzKduuhHlLpWsg8h-91NHgCxkADP8K3f3towGBo2eISy5Lbk1yS69mACDqkMkUNE5NANbMTZClKwUgK5GRIqaTiBDh8BGW-gB0b3NKiG0TyXRdhkpgkPa4Dhc7j1GKO8XOVCFoyN1bDPKw3BS25SvZykYkwKaFLF1DZyDhAMEqIRJHu0TnC80lwMfP0hKSYd1ZjoQmx-wVlae5z0CmdntfkYFsalgvORK1P0BbQ548XaOVkCS69EdIVD6OYUX-2Js%3D%26c%3DgnSRY4sacCxS2UWVUp9KhYEJxG0PFy6ptXOW_YMBx8fwPLhatjptGw%3D%3D%26ch%3Dpojak_lTaxdhQzbr19EciTKSKgF3rBMHZeFtSDgEMxDbfPoZgw6ZhQ%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C9fcf1b4772284e00305d08db092aed4d%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638113852201304207%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=C9O4ghmJrfq%2Fexl%2FrshZ5py1Y%2FtH8jtbEGUO2i0jVPE%3D&reserved=0).
* Developing a Multisector Plan for Aging in Your State? Advice from Someone Who’s Been There Blog. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fchcs.us13.list-manage.com%2Ftrack%2Fclick%3Fu%3D96a70625e5f0fe1c5e5329201%26id%3Dc503abd1ab%26e%3D2dc17b1be1&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C9d8f0e96276f4732731508db092cfb40%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638113861049144198%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=zzRUhhxhKpmTL2Q546JiCO2YFXjXycMTVKCxJ3MucDg%3D&reserved=0).
* Promote the importance of heart health, use the hashtags #HeartMonth and #OurHearts on social media and share heart-healthy living tips from NHLBI. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTUsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMzAyMDcuNzExNTI0MDEiLCJ1cmwiOiJodHRwczovL3d3dy5uaGxiaS5uaWguZ292L2hlYWx0aC9oZWFydC1oZWFsdGh5LWxpdmluZz91dG1fY2FtcGFpZ249aGVhbHRoX2VxdWl0eV9saW5rJnV0bV9tZWRpdW09ZW1haWwmdXRtX3NvdXJjZT1nb3ZkZWxpdmVyeSJ9.4hOURbxg98dbw5cdGMjY3VcLBuHMxbk85Qaug63vPEU%2Fs%2F2966484883%2Fbr%2F154130799710-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cd9a232c60dd647c6307308db093585d7%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638113897722357930%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=Qh%2BjGiLvi3c6inLCvgpZ8Bvlb6l93cN3R9KBgiyKs5s%3D&reserved=0).
* February is National Cancer Prevention Month, learn more from the CDC about how to screen and protect yourself from cancer. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMjEsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMzAyMDcuNzExNTI0MDEiLCJ1cmwiOiJodHRwczovL3d3dy5jZGMuZ292L2NhbmNlci9kY3BjL3ByZXZlbnRpb24vP3V0bV9jYW1wYWlnbj1oZWFsdGhfZXF1aXR5X2xpbmsmdXRtX21lZGl1bT1lbWFpbCZ1dG1fc291cmNlPWdvdmRlbGl2ZXJ5In0.qVNLssz994VVBrMwey5rrWRUZpHNkmsmte2t-Nvyop0%2Fs%2F2966484883%2Fbr%2F154130799710-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cd9a232c60dd647c6307308db093585d7%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638113897722514616%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=jULY1kvnwuZHPNDfY%2BAL8PU%2F690WR5yOGdJlPsRfrN8%3D&reserved=0).
* VIEWS Luminaries: A Journey of Progress Over Perfection: Meryl Evans on Creating a More Inclusive World through 360-Degree Accessibility. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2F458rl1jp.r.us-east-1.awstrack.me%2FL0%2Fhttps%3A%252F%252Fwww.qrcaviews.org%252F2023%252F01%252F03%252Fa-journey-of-progress-over-perfection-meryl-evans-on-creating-a-more-inclusive-world-through-360-degree-accessibility%252F%2F1%2F010001862e125442-d0c6565d-8966-42fd-975c-c4fc27991ae7-000000%2FGxriwNJw1xgP8fPZtFEKG0xCxHk%3D308&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Ce1d4f3f627b8422822bf08db095da6a0%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638114070053387292%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=ak%2FP38IjQFFmurA50HBXK3mf0seIyXEnH%2FZA6jEHujI%3D&reserved=0).
* COVID19 Booster Q&A Social Media Toolkit. [Link](https://covid19community.nih.gov/booster-q-and-a-social-media-toolkit).
* Health Affairs Scholar is a new fully open access, peer-reviewed journal dedicated to global health policy and emerging health services research. [Link](https://www.healthaffairs.org/health-affairs-scholar?utm_medium=email&utm_source=hat&utm_campaign=HAT+2+8+2023&vgo_ee=Y1VN6%2BFm9cLapDOlabfAiGszB6R0UD%2FDWlJsqPhkZxA%3D).
* Finding What Works: Approaches to Cancer Screening. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh768e2044%2C1856a993%2C1860ce74%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ185XzEzLURNOTg5MzAmQUNTVHJhY2tpbmdMYWJlbD1DYW5jZXIlMjBQcmV2ZW50aW9uJTIwV29ya3MlM0ElMjBGZWJydWFyeSUyMDIwMjM%26s%3DZZ7bBn38D0FI9DQJs7GqwzjWOFWjs11tLqXGk-SCPhw&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C9c8dbf37ccfa44ca489908db0aa6e6a7%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638115484177536484%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=jvKurFit3EyEd1mTqMJUGB6%2FCYBUJc7unWC%2BC5%2FlOC4%3D&reserved=0).
* 10 Practical Skills to Learn Before an Emergency. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh769cebc4%2C185cccb3%2C186244db%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ180ODEtRE05OTEwMSZBQ1NUcmFja2luZ0xhYmVsPTEwJTIwUHJhY3RpY2FsJTIwU2tpbGxzJTIwdG8lMjBMZWFybiUyMEJlZm9yZSUyMGFuJTIwRW1lcmdlbmN5%26s%3DctWFC1eq_1d_4y0zC6dhcG_KbkeCtyb8yeg2baJch58&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C78f41a09a9604be77a6708db0b6ba7eb%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638116329233591314%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=nHGR92rIJGKWaVN41ZUt7rEosdBFexxCpFbxCmsvKz4%3D&reserved=0).
* Three Things You May Not Know About CPR. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh769cebc4%2C185cccb3%2C186244df%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ180ODEtRE05OTEwMSZBQ1NUcmFja2luZ0xhYmVsPTEwJTIwUHJhY3RpY2FsJTIwU2tpbGxzJTIwdG8lMjBMZWFybiUyMEJlZm9yZSUyMGFuJTIwRW1lcmdlbmN5%26s%3D16Wg4nVFmN_25cw_4rJd7quQrDVDTc_xxfD9XV2mrwo&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C78f41a09a9604be77a6708db0b6ba7eb%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638116329233591314%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=jakIb64Y40JRRpnVuHZnG%2F%2Fm1khxqFm8X9j0mYEnUwY%3D&reserved=0).
* Effective access to laboratory test results: A health equity issue that enhances diagnostic excellence. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh76cfa928%2C1867a56e%2C1867b43e%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ181MjBfRE05OTU3NSZBQ1NUcmFja2luZ0xhYmVsPVNjaWVuY2UlMjBDbGlwcyUyQyUyMDE1JTNBNyUyMG5ldyUyMGlzc3VlJTIwYWxlcnQlMkMlMjBGZWJydWFyeSUyMDE0JTJDJTIwMjAyMw%26s%3DDnzUY7lzyDsPt7cR0cUTP9cmk_2rciWdKQ5E3eh8tgk&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Ce98fd3a25979408955dd08db0e8f1beb%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638119780028107390%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=jnil%2B9GsofTyebvDEqqfX%2BdS5sg0qzgCY%2F5QoZVi68Q%3D&reserved=0).
* Strategies to Boost Community Well-Being with Safe Routes to Parks. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh76ce1ee5%2C18661aa1%2C18671af4%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ18yMDU0LURNOTk0OTAmQUNTVHJhY2tpbmdMYWJlbD1GZWJydWFyeSUyMDIwMjMlMjBBY3RpdmUlMjBQZW9wbGUlMjBIZWFsdGh5JTIwTmF0aW9uJTIwbmV3c2xldHRlcg%26s%3DmtML7LItr63gKmhazGEdl3iNzISkE5ny5qgECpkldoM&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Ca04ea86952d643247b2008db0e9a374f%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638119827734931498%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=MPNWVixumRXzvJ%2FaEdTRXiANN0yyhP94KsnoO5nwe2I%3D&reserved=0).
* E-bikes Could be a More Affordable Way to Reduce Emissions. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh76ce1ee5%2C18661aa1%2C18671af8%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ18yMDU0LURNOTk0OTAmQUNTVHJhY2tpbmdMYWJlbD1GZWJydWFyeSUyMDIwMjMlMjBBY3RpdmUlMjBQZW9wbGUlMjBIZWFsdGh5JTIwTmF0aW9uJTIwbmV3c2xldHRlcg%26s%3DfE4oaG7EdPnIWF9YXdZwzYUIcsJhkARhXXbqWwJDGWc&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Ca04ea86952d643247b2008db0e9a374f%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638119827734931498%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=iSqHj0SQLZPPa98ozNJWkVarEywQOtiDLYIAT3EVB8E%3D&reserved=0).
* Using Technology to Plan Increased Physical Activity. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh76ce1ee5%2C18661aa1%2C18671aef%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ18yMDU0LURNOTk0OTAmQUNTVHJhY2tpbmdMYWJlbD1GZWJydWFyeSUyMDIwMjMlMjBBY3RpdmUlMjBQZW9wbGUlMjBIZWFsdGh5JTIwTmF0aW9uJTIwbmV3c2xldHRlcg%26s%3D0z5cXUHlF37peDpZ4akrKswaACw8c4zFvmXCt9UBMWY&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Ca04ea86952d643247b2008db0e9a374f%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638119827734775271%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=ksPh8TGmTG5T0B04VJcYQ%2FZ66LmWy%2B164D89zhlJGYo%3D&reserved=0).
* Walk Audit Toolkit from AARP. [Link](https://www.aarp.org/livable-communities/getting-around/aarp-walk-audit-tool-kit-download/)
* Public Health Strategies to Boost Community Well-Being with Safe Routes to Parks. [Links](https://saferoutespartnership.org/sites/default/files/SRTP%20CPSTF%20Findings%20FINAL.pdf?ACSTrackingID=USCDC_2054-DM99490&ACSTrackingLabel=February%202023%20Active%20People%20Healthy%20Nation%20newsletter&deliveryName=USCDC_2054-DM99490)

**HEALTHY MINDS**

* Trevor Project 2022 National Survey on LGBTQ Youth Mental Health Maryland Report. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001mn9w1tV43TD9omiw3QAH5OLHIYcDfItnDeqgDnNBiDzwjxjiDBFf01yJReyuvzYC46pIxn_h4mvR6lSZsCbRxwDfWmZEQH73-BZwfepKhiRGDZwUREeTn7DNFKkjET4-PCvxebSQPhFpgNjzzMLcQ11Punx7WW3nyErE5eqp5niwellBYTNt56n7P3EcyPtl-dmEp7FNtyYRJWIny7nP5cBMpIfgRsjUz9eqU7JAeG3HvBXpsqCiI-SLZStXX_UY7LrmYtkyNuc_3S7UsP3IYHPvQycIshSAXrvvlsWhD-gHgxbgKKfweUs4Ok7l5wLm%26c%3DTwoPniKPUr2NVebFezY5eNmqdRJvSsszina6b0FB1z17-ZYg9YUPYQ%3D%3D%26ch%3D80v1bVcsx0R6kiWKGH359WRFMnRIsY5S-HNlltfuRG3PKPyYIYzLhg%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C317a7cdc1cd0499ac18808db04968263%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638108816727302895%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=4C%2BLt4HrQ9MIP7LjbzggyO6YrsMPw6OFrM8JhjybNo8%3D&reserved=0).
* Findtreatment.gov is a comprehensive resource for persons seeking treatment for mental and substance use disorders. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsamhsa.us4.list-manage.com%2Ftrack%2Fclick%3Fu%3Dd0780dc94825e65acd61c17dc%26id%3Df8d5ac8ad1%26e%3D1dc688a3c0&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C382203bafb864bbca6b408db0486fe82%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638108750072483041%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=i1juD1s4Reio6NR%2Fox8S56VKZbM9P2nji3dJ54%2BHrig%3D&reserved=0).
* Psychedelics in Palliative Care: Revealing and Healing End of Life Distress. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fmhamd.us5.list-manage.com%2Ftrack%2Fclick%3Fu%3D0c6829237800bf20e10b64931%26id%3D3c7612fc20%26e%3Dfb6a208594&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C654f71b58ad34e55ec4f08db05415439%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638109550393493997%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=%2FaRQDbJlBK3xOhRYmBliXqjkNWtEFrp6yzq7M9nAWfg%3D&reserved=0).
* Reframing Language in Behavioral Health Care: Combined Document. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001o7xqdxBqmtikRSwjKbiqk5G7-5MPsG6__ocNljOlcJXya6ku-CzXiY5Xj8vQipzEvn2rO9frwYkkB_YcDV-81MxKqBb7XGim6zuvU7sDQ5SjBYe6MdGUXwdtnudn02t0c3cxQOJ78JXKKfkyiMbZ0TXXcb14an9NqrwqRsFT9ZAYnr4ivZtu6DI87hzPxCy_iwhgaV8MzozHbWw32vYumx5XIs2-3XpE0MU-LDHpxW89gLSzXMppog%3D%3D%26c%3DIExuigV-8EPkXBIBO89San_JXxsz3zhnlf7MeoCd-vr14mi2zcchQw%3D%3D%26ch%3D2wZzQHi19cI8cplvr9RpLyNn8CvOrQq_ANHmVAN7Ch-pZbe9JAMSng%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Ce0e96831c09f4161860408db05267d53%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638109435100307815%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=IZUEFlOx%2BNoKGk7bdfLfGcn3fLbKRgoU4k2JRXCcPg4%3D&reserved=0).
* 2022 Crisis Prevention and Intervention Training Report. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fgo.thenationalcouncil.org%2FNzczLU1KRi0zNzkAAAGJt4S4MF8GGgQHe4o-vKibZZFzbHJlwaE7TIq7WmD2Hccj0eou1KPl56MP94_qM-ziYX13AxA%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C85240fef85d44b2ca33608db0614f404%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638110459286994306%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=diPaWAGh%2FFkcgKxFFk4DWHttSgWKeQPDe8zYRevs8II%3D&reserved=0).
* The National Council for Mental Wellbeing new toolkit, *Public Safety-led Community-oriented Overdose Prevention Efforts (PS-COPE)*, to enhance overdose prevention and response in the Black, Indigenous and people of color (BIPOC) communities they serve. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fgo.thenationalcouncil.org%2FNzczLU1KRi0zNzkAAAGJxjjYo4H15ivhyTZ4ana9bTBoWKRnTAi1wdHhrqjhakNQlaBIL5LHiRs6Z_6i7M1Mu2ekdeM%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cd06d55b20a9d4167470b08db08533384%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638112925684061417%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=JdbXfZ%2FrBLTOjjXWzSTcD5LnNOrxKU07IX9xXPW9keU%3D&reserved=0).
* Addressing Disparities in Access and Utilization of Mental Health and Substance Use Services Among Blacks and African Americans. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fgo.thenationalcouncil.org%2FNzczLU1KRi0zNzkAAAGJxt89Ss3Gjs4BK9gtmRuSSXy0ncpp0LxxELjwoX7i_roEzLlMurnVCHXA1DU03AaaWM2TPJA%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cd2993e1cecc943436fc808db086c97ec%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638113034725883925%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=k1Vi0jpGop0gb1XnxJD7dCxAO9uXvgftDiCLncqwRz4%3D&reserved=0).
* CDC recently released new state fact sheets for addressing excessive alcohol use. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001WN5cWlsFs5ZIWKa_qGTIkCqcgW57fQ9VAPZjJFB5GHHXXwDPupKkwvnHFSBPquUN4Ug8D9h6h4XlM1lCMK_htJF15DQulWDZeDsXVl--lcIIdsjH18c5-tFYBsu5kxOdf44qB7aB4vElhLhN_LIUqJILy40XcESlUzV7Y3DyLgWu7saLPX-62LlL_OfLeOiK5WY4xC-tKZ0A_CtnEyHPlo1lXJzaBNhQ8QmS8QYtaY4%3D%26c%3DgnSRY4sacCxS2UWVUp9KhYEJxG0PFy6ptXOW_YMBx8fwPLhatjptGw%3D%3D%26ch%3Dpojak_lTaxdhQzbr19EciTKSKgF3rBMHZeFtSDgEMxDbfPoZgw6ZhQ%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C9fcf1b4772284e00305d08db092aed4d%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638113852200991735%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=cBSeBwqqmU7XN5PnHMSZhGDWBj6IVK%2BfXuRTIuEXlwY%3D&reserved=0).
* Whole Health Action Management (WHAM), a peer-led program that gives participants the tools they need to stay healthy after leaving your care. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fgo.thenationalcouncil.org%2FNzczLU1KRi0zNzkAAAGJ0Td8BvjLc1x_yya2EwxYcCo20j2L7DYVY2viIrbk3GBnCHooTEoJnffxxpPpd-DP_7tfO1A%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C7d87dd5ace6b421e362308db0a00ae2a%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638114770275096964%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=LYO%2BxHtWoCq3DcGVCyih3wU4aqLnWfjj0%2FA0EUQIqAw%3D&reserved=0).
* CDC report found teenage girls are in the midst of the worst mental health decline in a decade, with nearly a third reporting they've seriously considered taking their lives. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flink.axios.com%2Fclick%2F30543919.74864%2FaHR0cHM6Ly93d3cuY2RjLmdvdi9oZWFsdGh5eW91dGgvZGF0YS95cmJzL3BkZi9ZUkJTX0RhdGEtU3VtbWFyeS1UcmVuZHNfUmVwb3J0MjAyM181MDgucGRmP3V0bV9zb3VyY2U9bmV3c2xldHRlciZ1dG1fbWVkaXVtPWVtYWlsJnV0bV9jYW1wYWlnbj1uZXdzbGV0dGVyX2F4aW9zdml0YWxzJnN0cmVhbT10b3A%2F61a8f98b4316f96c0213a804B041e9474&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C9d7a0fea99ba4a6bcc8608db0e8d4f8a%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638119772305850184%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=y84ORS4XIXL%2Fl%2Ff9GR8ecmdlZTLKM1th9%2FZHeDPbJ7o%3D&reserved=0).