November 30, 2021

LHIC Coalition and Work Group Members - Please see below for upcoming webinars and resources. We encourage you to consider participating and to share these opportunities with your stakeholders and others in the community. If you have programs or opportunities that you would like to submit please send them via email to lhic@howardcountymd.gov.

**LOCAL RESOURCES AND MEMBER ANNOUNCEMENTS**

* Howard County Government Coronavirus Disease 2019 (COVID-19) Information [StayCOVIDSafe.howardcountymd.gov](https://www.howardcountymd.gov/Departments/COVID-19-Coronavirus-Countywide-Updates)
* Howard County Government Virtual Assistance Portal
<https://services.howardcountymd.gov/hcportal?%20%20category_id=273d4345db209450bcfffce9af961947>
* Maryland Department of Affairs Resource Guide for Veterans and their Families <https://www.aacounty.org/boards-and-commissions/veterans-affairs-commission/forms-and-publications/resource-guide-082019.pdf>
* The Maryland Addiction Consultation Services (MACS) for MOMs

[https://www.medschool.umaryland.edu/macsformoms/](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001vewBN_nm5ZOI17NeQiAs6rf1qLQj_gm0lM2EgDh5YGHxP1txt6s-7VvY1LZCWI6JxzjEj_hOZJAxl9TdNHp9a4shGjXEBUXQbdtHi18iX_5nOyS171gtXflmFLzWegs0FyAFiZ8oOOZFZ2MIuOZNDJ-dm9zPp8V97tAr4XpOh1fsdXv5pH3Ilw%3D%3D%26c%3Dd3_dYetJE5Erom9kTqwW8Ey1rVs_FPwjOG4pRBTq2jAlZ3A73O6Ssw%3D%3D%26ch%3DL5crQosXw7lCLIIStG_IH86zbaaIl0yQqQvxes2DAyx2cE6Yfk5TVw%3D%3D&data=04%7C01%7Croldham%40howardcountymd.gov%7C7a56060cf189475d274208d997bbc741%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637707655026124598%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=qeF%2BcHG94jbhBU8bVna%2BEWFR2Jx157YNIMfUilbnG7k%3D&reserved=0)

* Maryland Health Connections is having open enrollment from November 1, 2021 – January 15, 2022. For more information, click <https://www.healthcareaccessmaryland.org/> or call the HealthCare Access Maryland Call Center at 1-410-500-4710

**FUNDING OPPORTUNITIES**

**1. *Title***: **Robert Wood Johnson Foundation Grant opportunities**

 **Pioneering Ideas: Exploring the Future to Build a Culture of Health**

 ***Description:*** This Call for Proposal (CFP) is aimed to influence health equity in the future.

 The Robert Wood Johnson Foundation are interested in ideas that address any of these

 four areas of focus: Future of Evidence; Future of Social Interaction; Future of Food; Future

 of Work.

 Proposals will be accepted throughout the year on a rolling admission.

 For more information, please visit <https://rwjf.ws/3CXq5XR>.

 **Evidence for Action: Innovative Research to Advance Racial Equity**

 ***Description:*** This Call for Proposal (CFP) focuses on studies about upstream causes of

 health inequities, such as the systems, structures, laws, policies, norms, and practices that

 determine the distribution of resources and opportunities, which in turn influence

 individuals’ options and behaviors.

 Grant periods are flexible up to 3 years.

 For more information, please visit [www.evidenceforaction.org](http://www.evidenceforaction.org/).

**2. *Title***: **Addressing Disparities in Social Determinants of Health and Obesity in Maryland**

 **Communities**

 ***Description:*** The Maryland Office of Minority Health and Health Disparities has a Request for

 Application (RFA) that is aimed at providing community-based interventions to address social

 determinants of health and obesity in Maryland to reduce health inequity.

 Grant ID Number – BPM026667.

 Closing date/time is December 6, 2021 at 2 pm EST.

 For more information, please click [here](https://health.maryland.gov/mhhd/Pages/Addressing-Disparities-in-Social-Determinants-of-Health-and-Obesity-in-Maryland-Communities.aspx).

 Please direct any questions to MDH.HealthDisparities@Maryland.gov and include "BPM026667"

 in the subject line.

**UPCOMING VIRTUAL EVENTS, WEBINARS, AND TRAINING**

 ***Events below may not be hosted or provided by HCLHIC. If you have any questions about***

 ***these events, please contact the event organizers directly.***

**HEALTHY BEGINNINGS**

1. ***Title*: Yappy Hour**

(Registration is required)

***Description:*** YAPpy Hour is a virtual version of the Young Athletes Program run by Special

Olympics Maryland. This weekly class is for children between the ages of two and seven

years old. Young athletes will work on gross motor skills and some social interactions in a

fun and interactive way.

***Date/Time:*** Every Wednesday, October 13, 2021 - May 18, 2022; 5:00 pm - 5:30 pm

***Link:*** [https://somd.zoom.us/meeting/register/tZckc-6hqT0qGdBRJuWiiGOBdwgvFYuCA1fy](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2FbVWg5o3Dx9X3n4I63CUT_Q~~%2FAAAAAQA~%2FRgRjNykfP0RKaHR0cHM6Ly9zb21kLnpvb20udXMvbWVldGluZy9yZWdpc3Rlci90WmNrYy02aHFUMHFHZEJSSnVXaWlHT0Jkd2d2Rll1Q0ExZnlXB3NjaG9vbG1CCmFVn_VVYc5miFVSGmtrZXNsZXJAaG93YXJkY291bnR5bWQuZ292WAQAAAAB&data=04%7C01%7Croldham%40howardcountymd.gov%7Cba4a9be046c94e55cb7908d98e5a6198%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637697341093238427%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=6Hx1g9jcvcYVBQekNJ0IwNby4Hh%2FAqAan%2FTXBgvG1WQ%3D&reserved=0)

1. ***Title*: School Health Institute for Education and Leadership Development (SHIELD)**

 (Registration is required)

 ***Description:*** SHIELD is planning an exciting 9-part series on supporting Mental Health in

 Schools. This is a multi-disciplinary program relevant to all School Health Professionals.

 The anticipated dates are:

* + Thursday, December 9, 2021; 1:00 pm – 3:00 pm
	+ Thursday, January 13, 2022; 1:00 pm – 3:00 pm
	+ Tuesday, February 15, 2022; 1:00 pm – 3:00 pm
	+ Remaining date in February is TBD

For more information, please visit <https://cme.bu.edu/shield.bu.edu/content/mentalhealth-series>

**HEALTHY LIVING**

1. ***Title*: CAREAPP Learning Network webinar**

 (Registration is required)

 ***Description:*** For this webinar, the CAREAPP team and Findhelp (previously known as AuntBertha)

 will demonstrate how to use CAREAPP data analytics to monitor your program and quantify impact.

 They will also provide an overview of the [CAREAPP Communication Toolkit.](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.howardcountymd.gov%2Fsites%2Fdefault%2Ffiles%2F2021-11%2FCAREAPP%2520Communications%2520Toolkit%2520%255bfinal%255d_10-20-21.pdf&data=04%7C01%7Croldham%40howardcountymd.gov%7C3d529ed92a2040764f9e08d9a9201c0b%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637726777661670331%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=lURtmsZb43mJBt5H2EYuXIk3GDzZ571Yz6jVd8Pk4G0%3D&reserved=0)

 ***Date/Time:*** Friday, December 10, 2021; 9:00 am - 10:00 am

 ***Link:*** <https://auntbertha.zoom.us/meeting/register/tJAkdOyqrT4iH9yVdkpks5ypHt7CiSC8YVKi>

1. ***Title*: Living Well with Diabetes Class (Virtual)**

(Registration is required)

***Description:*** A 6-week workshop for people who live with or are at risk for diabetes. If you

have Type 2 Diabetes or have been told you are at risk for pre-diabetes, learn

techniques for better managing your health to avoid serious health problems that can

result from having diabetes.

***Class Six:*** Every Thursday, November 18 – December 23, 2021; 10:00 am – 11:30 am

and 6:00 pm - 7:30 pm

***Class Seven:*** Every Thursday, December 16, 2021 – January 20, 2022; 10:00 am – 11:30 am

and 6:00 pm - 7:30 pm

***Link:*** <https://events.hcgh.hopkinsmedicine.org/>

1. ***Title*: Listening Sessions - NIH Stakeholders Discuss Racial & Ethnic Equity**

 (Registration is required)

 ***Description:***  The National Institute of Health (NIH) is holding a series of listening sessions to learn

 from external stakeholders about the full range of issues and challenges in advancing racial and

 ethnic equity in the biomedical research enterprise.

 Participants can select from the list of dates upon clicking on the link.

 ***Link:*** [***https://bit.ly/3HNHKEi***](https://bit.ly/3HNHKEi)

1. ***Title*: Advancing Equity for Older Adults, Part 2: Putting Strategies into Practice**

 (Registration is required)

 ***Description:*** This training is a follow up to the first webinar in this series, Advancing Equity

 Older Adults, [Part 1](https://vimeo.com/640124856?eType=EmailBlastContent&eId=f5a33032-1524-4d74-b5ae-01076d756309): An introduction to Advancing Equity in Legal and Aging Services that was

 presented on October 28th. This [second webinar](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fdefault.salsalabs.org%2FT11201298-a402-4de3-8fa8-9d9ccd892102%2Ff7e0bf5d-0def-4130-8ed6-934bd06dd6e9&data=04%7C01%7Croldham%40howardcountymd.gov%7Ce84c5e3f971c47a1cd1708d9a2e2575a%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637719915296878616%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=xFP5IAlBW4hZ%2FFjt9U2ROqYzd3HTtbRfRaNLSCZfW0c%3D&reserved=0) in the Advancing Equity for Older Adults series

 will apply principles and strategies to effectively advance equity in legal and aging services.

 Attendees will receive actionable steps they can take and will learn about tools that advocates can

 incorporate in their own work to advance equity for older adults and serve those with the greatest

 social and economic needs.

 ***Date/Time:*** Wednesday, December 1, 2021; 2:00 pm - 3:15 pm

 ***Link:*** [https://register.gotowebinar.com/register/8708006066821345808?](https://register.gotowebinar.com/register/8708006066821345808?source=salsa&eType=EmailBlastContent&eId=f5a33032-1524-4d74-b5ae-01076d756309) source=salsa&eType=EmailBlastContent&eId=f5a33032-1524-4d74-b5ae-01076d756309

1. ***Title*: Using Health Impact Assessments to Engage Communities and Prioritize Action**

 (Registration is required)

 ***Description:*** In this webinar, officials from the U.S. Environmental Protection Agency (EPA) will

 discuss how Health Impact Assessments can help communities identify local challenges to public

 health and develop practical approaches to improve health outcomes, with local examples from

 across the nation.

 This is the fifth webinar in the Smart Growth Network webinar series, *Learning from (and Leaning*

 *on) Local Leaders to Revitalize African American Neighborhoods.*

 ***Date/Time:*** Tuesday, December 1, 2021; 2:00 pm - 3:30 pm

 ***Link:*** <https://bit.ly/3ljhuYC>

1. ***Title*: Health Literacy and Cancer Screening**

 (Registration is required)

 ***Description:*** In this webinar, presenters will discuss leveraging personal and organizational health

 literacy and the factors that can affect cancer screening communication, decisions, and processes.

 ***Date/Time:*** Wednesday, December 2, 2021; 11:00 am - 12:00 pm

 ***Link:*** <https://register.gotowebinar.com/register/7899642917598376459>

1. ***Title*: Community Health Workers (CHWs): Trusted Communicators in Public Health**

 (Registration is required)

 ***Description:*** In this webinar, participants will learn about the role of CHWs, how they strategically

 serve their communities, and ways in which CHWs can be incorporated into public health practice.

 ***Date/Time:*** Thursday, December 9, 2021; 9:00 am - 4:00 pm

 ***Link:*** <https://www.mitrainingcenter.org/courses/ctcpw1221ce>

1. ***Title*: Complimentary National Academies of Sciences, Engineering, and Medicine**

 **Virtual Workshop: Building the optimal Integrated Care System for People with**

 **Intellectual and Developmental Disabilities**

 (Registration is required)

 ***Description:***  This workshop will be exploring the challenges and opportunities for creating

 an optimal care system for individuals with intellectual and developmental disabilities

 (IDD). It will explore questions related to three areas of focus: models of care that deliver

 holistic, tailored, and coordinated care; the development of a competent workforce;

 effective financing and payment approaches.

 ***Link:*** <https://bit.ly/3ch0Y6H>

The dates are:

* + Wednesday, December 8, 2021; 1:00 pm – 4:00 pm
	+ Friday, December 10, 2021; 1:00 pm – 4:00 pm
	+ Tuesday, December 14, 2021; 1:00 pm – 4:00 pm

For more information, please contact Crysti Park at **YPark@nas.edu** or call:1-202-334-2158

1. ***Title***: [**National Center on Disability in Public Health**](https://nationalcenterdph.org/)

(Registration is required)

***Description:*** This Prepared4ALL Affiliate group aims to mobilize disability organizations

and their networks to foster connections with emergency and public health

professionals to build trust, create sustainable relationships, and get a seat at the

emergency planning table. Monthly Townhalls are held on the third Wednesday of every

month.

* + Wednesday, December 15, 2021 at 1:00 pm

***Link:*** <https://zoom.us/meeting/register/tJ0scOCqqz0vH9ZFpWR92X2cFhyZJV2SJ4bD>

1. ***Title*: 17th Annual Maryland Health Equity Conference**

 (Registration is required)

 ***Description:*** Join the Maryland Office of Minority Health and Health Disparities for its 17th Annual

 Health Equity Conference. Its mission is to address social determinants of health and eliminate

 health disparities in the state.

 ***Date/Time:*** Thursday, December 9, 2021; 9:00 am - 4:00 pm

 ***Link:*** <https://health.maryland.gov/mhhd/Pages/home.aspx>

1. ***Title*: Medicare Supplement Plans**

 (Registration is required)

 ***Description:*** In this webinar, the Maryland Insurance Administration will review the

 current available plans and explain how to use their Medicare Supplement Rate Guide.

 ***Date/Time:*** Thursday, December 9, 2021; 6:00 pm - 7:30 pm

  ***Zoom Link:*** <https://tinyurl.com/md6m2yr3>

 **Webinar ID**: 160 420 8040

1. **Hands Only CPR Classes (In-person)**

(Registration is required)

***Description:*** In this training, participants will learn how to take simple steps to keep the

injured person alive until appropriate medical care is available.

* + Tuesday, December 14, 2021; 6:00 pm – 7:00 pm
	+ Friday, December 17, 2021; 6:00 pm – 7:00 pm

These classes will be held at the James N. Robey Public Safety Training Center

 (2200 Scott Wheeler Dr, Marriottsville, MD 21104). For more information, please contact

 handsonlycpr@hcdfrs.org

1. ***Title*: National Federation of the Blind Webinar Series**

 (Registration is required)

 ***Description:*** Experts at the [Center of Excellence in Nonvisual Access](https://nfb.org/programs-services/center-excellence-nonvisual-access) offer various training

 events throughout the year to share best practices in web accessibility and access

 technology.

* + Wednesday, December 15, 2021 – A Guide to Accessible Devices Seminar

For more information about CENA or to inquire about potential partnership opportunities,

please call: 410-659-9314, option 5 or email: access@nfb.org.

1. ***Title*: Eating Disorders: What Are They and What Help is Available?**

 (Registration is required)

 ***Description:*** In this workshop, participants will discuss what eating disorders are, how they

 develop, common types of eating disorders, and treatment methods.

 ***Date/Time:*** Wednesday, December 15, 2021; 10:30 am - 11:30 am

 ***Link:*** [https://www.eventbrite.com/e/eating-disorders-what-are-they-and-what-help-is-available-](https://www.eventbrite.com/e/eating-disorders-what-are-they-and-what-help-is-available-tickets-212839618027) tickets-212839618027

1. ***Title*: Tobacco Awareness Program for Teens (TAPFT)**

(Registration is required)

***Description:*** The Howard County Health Department’s *Tobacco Awareness Program*

*Teens* (TAPFT) is a 90-minute tobacco/vaping education class designed for middle and high

schoolers aged 13-18 years old. Participants will learn about the risks of using tobacco and

e-cigarettes/vapes and skills to adopt healthier lifestyles.

The class will be offered monthly virtually.

* + Wednesday, December 15, 2021; 3:30 pm – 5:00 pm (WebEx)
	+ Wednesday, January 19, 2022; 3:30 pm – 5:00 pm (WebEx)

Parents/Guardians can complete the enrollment form below for their teen. Once

enrollment form is received, HCHD will send enrollment confirmation email and a WebEx

invitation to join the virtual class on selected date.

[FY22 TAFPT Enrollment Form (English)](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fdocs.google.com%2Fforms%2Fd%2F1IpxdSNWUkNONg8OB0AW9d5HdVetEqgPljt7Mf7ZVz6E%2Fviewform%3Fedit_requested%3Dtrue&data=04%7C01%7Croldham%40howardcountymd.gov%7C5d4dcd343c9e470aa75b08d9841726e1%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637686057244543819%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=edK6LcHkyzwWXp6WZNezkoT12G5rTjnccUX%2BCEccHPI%3D&reserved=0)

[FY22 TAPFT Enrollment Form (Spanish)](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fdocs.google.com%2Fforms%2Fd%2Fe%2F1FAIpQLSe9FE_Kyyg73K4BQH1J3tPceyniD_Xk4Io-T_PsBZvJRmcJiw%2Fviewform%3Fvc%3D0%26c%3D0%26w%3D1%26flr%3D0&data=04%7C01%7Croldham%40howardcountymd.gov%7C5d4dcd343c9e470aa75b08d9841726e1%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637686057244553774%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=JaxR1NHqkdOwOaZGhDkLLOGqRKOz3ijX9Z%2Bhu0wQ5Vk%3D&reserved=0)

If you have questions, please contact Rodney Oldham at roldham@howardcountymd.gov

1. ***Title*: Innovation Approaches to Tackle Public Health and Community Challenges**

 (Registration is required)

 ***Description:*** This is a three-part webinar series. Participants will learn tools and approaches for

 tackling large-scale community challenges, from maternal health to opioid overdoses. Learners may

 choose to register for all webinars in the series or for individual sessions.

* + Wednesday, December 8, 2021; 12:00 pm – 1:30 pm
	+ Wednesday, January 19, 2021; 12:00 pm – 1:30 pm
	+ Wednesday, February 23, 2021; 12:00 pm – 1:30 pm

 ***Link:*** [**http://r4phtc.org/innovation-approaches-to-tackle-public-health-and-community-**](http://r4phtc.org/innovation-approaches-to-tackle-public-health-and-community-challenges/) **challenges/**

**HEALTHY MINDS**

1. ***Title*: Tools for Success in Mental Health**

(Registration is required)

***Description:*** This training will discuss the red flags of mental health issues and coping skills.

This is not an attempt to replace mental health services and resources are provided to

access mental health services in your area.

***Date/Time:***  Every Wednesday, August 4 - December 8, 2021; 3:00 pm – 4:00 pm

***Link:*** Found [here](https://www.eventbrite.com/e/tools-for-success-in-mental-health-tickets-152876833725?aff=ebdssbonlinesearch)

1. ***Title*: Screening, Brief Intervention and Referral to Treatment (SBIRT)**

 (Registration is required)

 ***Description:*** In this training, providers will learn how to screen adolescents for substance use,

 reinforce their healthy lifestyle choices, utilize the steps of the brief intervention, and facilitate

 referrals to appropriate treatment.

 ***Date/Time:*** Wednesday, December 2, 2021; 9:30 am - 2:30 pm

 ***Link:*** <https://umbpsychiatry.az1.qualtrics.com/jfe/form/SV_em6WgYieytXavBP>

1. ***Title*: African American Community Forum on Memory Loss**

 (Registration is required)

 ***Description:*** Carl V. Hill Ph.D., chief diversity, equity and inclusion officer for the

 Alzheimer’s Association, is a keynote presenter at the 17th Annual Pythias A. and

 Virginia I. Jones African American Community Forum on Memory Loss.

***Date/Time:*** Saturday, December 4, 2021; 10:00 am – 11:00 am - **Brain Health and Risk**

**Reduction: The Role of Nutrition and Exercise in Brain Health**

***Link:*** <https://bit.ly/3uP6BRK>

1. ***Title*: Strategies to Support Wellbeing and Retention of Black, Indigenous and People of Color**

 **(BIPOC) Staff**

 (Registration is required)

 ***Description:*** In this webinar, participants will learn strategies to create and support safe spaces,

 encourage cultural humility, address microaggressions, and engage in fruitful dialogue around racial

 equity in the workplace.

 ***Date/Time:*** Wednesday, December 1, 2021; 12:00 pm - 1:00 pm

  ***Link:*** <https://thenationalcouncil-org.zoom.us/webinar/register/WN_e2jwaQWVQF2JepaXijwTDg>

1. ***Title*: Alzheimer's Association Advocacy 101 (Virtual Zoom Meeting)**

 (Registration is required)

 ***Description:*** In this webinar, the Alzheimer's Association Public Policy Team for Virginia, Maryland

 and the District of Columbia will discuss state and federal government policymaking and provide a

 refresher on government and advocacy best practices.

 ***Date/Time:*** Wednesday, December 1, 2021; 7:00 pm - 8:00 pm

 ***Link:*** <https://bit.ly/3CavbyA>

1. ***Title*: Adult Mental Health First Aid® 8-Hour Course**

 (Registration is required)

 ***Description:*** The Adult Mental Health First Aid® course builds skills to help adults ages 18

 and older who may be experiencing a mental health challenge or crisis. This program

 teaches the signs and symptoms to identify a person who may be experiencing a mental

 health challenge such as depression, anxiety, psychosis, or substance-use disorder, as well

 as how to use the 5-step ALGEE action plan to help.

 ***Date/Time:*** Thursday, December 2, 2021; 9:00 am - 4:00 pm

 For more information, please email Mental Health Association of Maryland at info@mhamd.org

 or call them at 1-443-901-1550.

1. ***Title*: Understanding Dementia and Related Disorders**

 (Registration is required)

 ***Description:*** In this webinar, participants will learn about the impact of Alzheimer's; current

 research and treatments available for some symptoms; and Alzheimer's Association resources.

 ***Date/Time:*** Thursday, December 2, 2021; 3:00 pm - 4:00 pm

 ***Link:*** <https://bit.ly/3FWErJ4>

1. ***Title*: Opioid Overdose Response Training**

(Registration is required)

***Description:*** The Howard County Health Department is offering a **FREE** Opioid Overdose Response Program monthly virtual trainings**.** Participants will learnwhat opioids are; the impact of the opioid epidemic on public health; signs of an overdose;how to respond to an opioid overdose and how to administer Naloxone.

* + [Tuesday, December 7, 2021; 3:00 pm – 4:00 pm](https://howardcountymd.webex.com/mw3300/mywebex/default.do?nomenu=true&siteurl=howardcountymd&service=6&rnd=0.7254926571540008&main_url=https%3A%2F%2Fhowardcountymd.webex.com%2Fec3300%2Feventcenter%2Fevent%2FeventAction.do%3FtheAction%3Ddetail%26%26%26EMK%3D4832534b0000000585a390ab101cd9b80e2a54b62395970c325cc4f46d15a6f10e6afe2130bd8119%26siteurl%3Dhowardcountymd%26confViewID%3D179489600009413418%26encryptTicket%3DSDJTSwAAAAWiT2Zf3seTJ5pOima-5oSrb5wEc2Rond9rB6A2yjyeIw2%26)
	+ [Thursday, December 30, 2021; 3:00 pm – 4:00 pm](https://howardcountymd.webex.com/mw3300/mywebex/default.do?nomenu=true&siteurl=howardcountymd&service=6&rnd=0.286047697459462&main_url=https%3A%2F%2Fhowardcountymd.webex.com%2Fec3300%2Feventcenter%2Fevent%2FeventAction.do%3FtheAction%3Ddetail%26%26%26EMK%3D4832534b000000053f6e19d32f55352cfe36dff13924f9f8cdf70083659060cd98ffed0ab2a4d514%26siteurl%3Dhowardcountymd%26confViewID%3D204097487044092374%26encryptTicket%3DSDJTSwAAAAVK_Erm318_7Xh-4np73CH6UY1jANF9JtBP_ad0s0o2DA2%26)
	+ [Tuesday January 4, 2022; 3:00 pm - 4:00 pm](https://howardcountymd.webex.com/mw3300/mywebex/default.do?nomenu=true&siteurl=howardcountymd&service=6&rnd=0.338790027558475&main_url=https%3A%2F%2Fhowardcountymd.webex.com%2Fec3300%2Feventcenter%2Fevent%2FeventAction.do%3FtheAction%3Ddetail%26%26%26EMK%3D4832534b00000005fda40639af165a7a4202694dfc48e0fa1d4e4ac0afc91c25c1c72416b4a0b2a6%26siteurl%3Dhowardcountymd%26confViewID%3D204099385585312148%26encryptTicket%3DSDJTSwAAAAWt3CdXsAnmUH_njtG3YJkVUIBMoAoEw8UWqpMTyV7mhw2%26)

Click on the date above to register or call the **Bureau of Behavioral Health at 410-313-6202** or email orpresponse@howardcountymd.gov for more information!

1. ***Title*: Nothing I Do Works: A Parent’s Guide to Challenging Behaviors**

 (Registration is required)

 ***Description:*** For this webinar, parents of children ages two to eight will learn how to help decrease

 negative behaviors from happening and/or what to do when they do occur.

 ***Date/Time:*** Wednesday, December 8, 2021; 7:00 pm - 8:00 pm

 ***Link:*** [https://www.eventbrite.com/e/nothing-i-do-works-a-parents-guide-to-challenging-behaviors-](https://www.eventbrite.com/e/nothing-i-do-works-a-parents-guide-to-challenging-behaviors-tickets-195985446747) tickets-195985446747

1. ***Title*: Virtual Mindfulness and Gentle Yoga**

 (Registration is required)

 ***Description:*** Join the Steven A. Cohen Military Family Clinic at Easterseals for free virtual

 mindfulness and gentle yoga! This class will be taught through Zoom and poses can be

 modified for people of all abilities. Participants will receive an email with Zoom instructions

 after registering through Eventbrite.

 ***Date/Time:*** Wednesday, December 8, 2021; 5:00 pm - 6:00 pm

  ***Link:*** [https://www.eventbrite.com/e/virtual-mindfulness-and-gentle-yoga-tickets-](https://www.eventbrite.com/e/virtual-mindfulness-and-gentle-yoga-tickets-137989521373) 137989521373

1. ***Title*: BHA/MedChi Behavioral Health Webinar Series: Helping the Helpers and Those**

 **They Serve**

 (Registration is required)

***Description:*** This is a webinar series between the Maryland Department of Health (MDH)

Behavioral Health Administration (BHA) and MedChi. These webinars are designed to

enhance both health care worker self-care and resultantly the care they provide, as

health care workers combat numerous stressors including the COVID-19 pandemic,

social justice issues, and other stressors that can potentially impact delivered care.

***Date/Time:*** Thursday, December 9, 2021; 5:00 pm – 6:00 pm - ***Coping with the Behavioral***

***Health Impact of the Pandemic***

***Link:*** <https://us02web.zoom.us/webinar/register/WN_Mxnd-3OlQi-Qhp7gE5NW7w>

1. ***Title*: The Alzheimer's Association's Winter Solstice Event**

 (Registration is required)

 ***Description:*** If Alzheimer’s has impacted your life, please plan to participate in a luminary

 lighting. Participants will hear inspiring stories and learn tips on making memories during

 the holidays and more.

 ***Date/Time:*** Tuesday, December 14, 2021; 6:30 pm – 7:30 pm

 ***Link:*** <https://bit.ly/3d6EzJq>

1. ***Title*: Gambling is NOT the Solution to Financial Woes: Understanding the Stress of**

 **Problem/Disordered Gamblers**

 (Registration is required)

***Description:*** For those who are affected by problems caused by gambling, stress at this

time of year can be magnified to new levels – especially when gambling is viewed as a

financial solution. In this webinar, participants will be able to listen as the Center’s Peer

Recovery Support Specialists share their personal experiences with gambling addiction.

***Date/Time:*** Friday, December 17, 2021; 12:00 pm – 1:00 pm

***Link:*** <https://register.gotowebinar.com/register/4218992559935707664>

**SELF-PACED COURSES AND ON-GOING SUPPORT PROGRAMS**

**HEALTHY BEGINNINGS**

1. ***Title:* The Maryland Addiction Consultation Services (MACS) for MOMs**

 ***Description:*** The Maryland Addiction Consultation Services (MACS) for MOMs is a free

 service that offers support to prescribers in addressing the needs of their pregnant and

 postpartum patients with substance use disorders.

 Providers can call the warmline at 1-855-337-6227 on Monday-Friday from 9:00 AM to 5:00

 PM. They can also email the program at MACS@som.umaryland.edu to be connected to an

 addiction medicine/maternal health expert for assistance.

***Link:*** [https://www.medschool.umaryland.edu/macsformoms/](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001vewBN_nm5ZOI17NeQiAs6rf1qLQj_gm0lM2EgDh5YGHxP1txt6s-7VvY1LZCWI6JxzjEj_hOZJAxl9TdNHp9a4shGjXEBUXQbdtHi18iX_5nOyS171gtXflmFLzWegs0FyAFiZ8oOOZFZ2MIuOZNDJ-dm9zPp8V97tAr4XpOh1fsdXv5pH3Ilw%3D%3D%26c%3Dd3_dYetJE5Erom9kTqwW8Ey1rVs_FPwjOG4pRBTq2jAlZ3A73O6Ssw%3D%3D%26ch%3DL5crQosXw7lCLIIStG_IH86zbaaIl0yQqQvxes2DAyx2cE6Yfk5TVw%3D%3D&data=04%7C01%7Croldham%40howardcountymd.gov%7C7a56060cf189475d274208d997bbc741%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637707655026124598%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=qeF%2BcHG94jbhBU8bVna%2BEWFR2Jx157YNIMfUilbnG7k%3D&reserved=0)

1. ***Title:* Empowering Parents as Partners Presentations Online**

(Registration is required)

***Description:*** The presentations from the HCPSS Empowering Parents as Partners

Conference and the opening session by Dr. Terri Savage are posted on the HCPSS website

on the Special Education page.

***Link:*** [https://www.hcpss.org/special-education/](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2F_5rA3aXayBm0KVNm0Et44w~~%2FAAAAAQA~%2FRgRi0Ld5P0QoaHR0cHM6Ly93d3cuaGNwc3Mub3JnL3NwZWNpYWwtZWR1Y2F0aW9uL1cHc2Nob29sbUIKYO75g-9g2xK9YVIaa2tlc2xlckBob3dhcmRjb3VudHltZC5nb3ZYBAAAAAE~&data=04%7C01%7Croldham%40howardcountymd.gov%7C6fa73c6da4c742b9aaad08d947b78497%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637619675796813808%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=vaiWlH0gVQKT0K%2FgEb49AOBPGCtPO6pingCLRawSH8k%3D&reserved=0)

**HEALTHY LIVING**

1. ***Title:* Waitlist for Spanish Language Living Well with Chronic Disease Class**

For more information, visit[https://bit.ly/TomandoListadeEspera](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fbit.ly%2FTomandoListadeEspera&data=04%7C01%7Croldham%40howardcountymd.gov%7Ced8c5814fd1d45ab19b808d94889205e%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637620576102963923%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=8YcCwR%2BKSUlLpvlmFrlEsoSyN7buxPMUAxqvkh0AWjc%3D&reserved=0)

1. ***Title*: Diabetes Support Group (Virtual via Zoom)**

(Registration is required)

***Description:*** This support group will provide you with social and emotional support, as well

as educational resources to help you with managing your diabetes.

***Date/Time:*** Third Thursday of Every Month; 10:00 am - 11:30 am

***Link:*** [https://events.hcgh.hopkinsmedicine.org/event/journey-to-better-health/diabetes-](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fevents.hcgh.hopkinsmedicine.org%2Fevent%2Fjourney-to-better-health%2Fdiabetes-support-group&data=04%7C01%7Croldham%40howardcountymd.gov%7C95c08185f44e44cf6cb108d99945fbfc%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637709348117191240%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=H%2Bme6H5d8zsjtFq7KPKYCiG4l1fh2kpwQAjlP6rkTOQ%3D&reserved=0) support-group

1. **Title: Maryland Cancer Collaborative (MCC)**

***Description:*** MCC is recruiting members to new workgroups (Tobacco Cessation Support,

HPV, Vaccination Awareness, Cancer Risk Factors, High Risk Population Community,

Outreach, and Cancer Survivorship Education) to create action plans to implement their

priorities.

***Link:*** <https://www.surveymonkey.com/r/MCCworkgroups>

If you have questions, please contactBrian Mattinglyatbrian.mattingly@maryland.gov

1. ***Title***: **Seniors Together Men’s Forum**

(Registration is required)

***Description:*** This is a free, drop-in group for discussion on a variety of topics, swapping

stories, and sharing life experiences in a comfortable, good-humored, social setting.

Facilitated with occasional guest speakers.

***Date/Time:*** Every Monday; 10:00 am - 12:00 pm

***Link:*** <https://www.howardcountymd.gov/aging>

For more information, please contact Karen Hull, khull@howardcountymd.gov or call

1-410-313-7466.

1. ***Title:* Disability Rights Maryland (DRM) Virtual Q&A Sessions**

(Registration is required)

***Description:*** Disability Rights Maryland’s Education Team is hosting a weekly Facebook Live Q&A session to answer parents' most pressing questions about distance learning for students with disabilities as a response to the coronavirus pandemic. There’s one Q&A live session held each month for Spanish-speaking parents. Captioning is provided in real time and past videos are available on the DRM Facebook page with full captioning at

<https://www.facebook.com/pg/DisabilityRightsMD/videos/>

***Date/Time:*** Every Wednesday from 6:30 pm – 7:30 pm

***Link:***<https://bit.ly/3mQPTfX>

More information about Disability Rights Maryland can be found at

[https://disabilityrightsmd.org/](https://gcc02.safelinks.protection.outlook.com/?url=http:%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2Fg2hq1rE4GwbJGHlE5Vi1DQ~~%2FAAAAAQA~%2FRgRiBqjIP0QfaHR0cHM6Ly9kaXNhYmlsaXR5cmlnaHRzbWQub3JnL1cHc2Nob29sbUIKYCFIdSVgfFYHXFIaa2tlc2xlckBob3dhcmRjb3VudHltZC5nb3ZYBAAAAAE~&data=04%7C01%7Croldham%40howardcountymd.gov%7Cdc34a008f9b64003b5a508d8d29586e1%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637490886934358412%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=cycNUIp%2FhDj8OViSrYFfW6ldijlJCw7f0qRckfatTvE%3D&reserved=0)

1. ***Title*: Seizure First Aid**

 ***Description:*** The Seizure First Aid Ready course is now available on demand. Access this

30-minute online training from anywhere, anytime. Seizure First Aid Ready educates the

public on the Epilepsy Foundation’s basic procedures for responding to someone having a

seizure.

To take this course or learn about other online classes please visit:

 [https://learn.epilepsy.com/utm\_medium=email&utm\_source=pardot&utm\_campaign=epil](https://learn.epilepsy.com/utm_medium%3Demail%26utm_source%3Dpardot%26utm_campaign%3Depil)epsy-news\_0922

1. ***Title*: Racism in Public Health Series**

 ***Description:*** Racism in Public Health Part One and Two are part of a three-part series. Part

 One provides a brief overview on the root causes of systemic racism and its impact on

 health. Part Two provides a brief overview on systemic racism in healthcare and its impact

 on health disparities. The third and final podcast will be coming out soon.

 ***Link:*** <https://anchor.fm/rvphtc/>

1. ***Title:* Exploring the Social and Structural Determinants of Health**

(Registration is required)

***Description:*** An expansive training from the Mid-Atlantic Regional Public Health Training

Center, Exploring the Social and Structural Determinants of Health has been split into two

parts to allow for a deeper dive into defining characteristics of the social and structural

determinants of health. Instructions for accessing course materials will be provided after registration. Course is offered as a self-paced training.

**Part 1:** [Register Here](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Frvphtc.us2.list-manage.com%2Ftrack%2Fclick%3Fu%3Df5fc5f2a995eab453cdf54300%26id%3Da571e4a89a%26e%3D639857be1a&data=04%7C01%7Croldham%40howardcountymd.gov%7C62dc52cb8a9145b4fa6508d997da63f5%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637707786517133517%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=2%2B1UHBZoINiMk3vmuOB3g73l50nuTimkRbfk5PzZEqs%3D&reserved=0)**Part 2:** [Register Here](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Frvphtc.us2.list-manage.com%2Ftrack%2Fclick%3Fu%3Df5fc5f2a995eab453cdf54300%26id%3D2ee5c9deb8%26e%3D639857be1a&data=04%7C01%7Croldham%40howardcountymd.gov%7C62dc52cb8a9145b4fa6508d997da63f5%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637707786517133517%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=RFMmr5ZCTolftVIVtsTZwvjsxSeHYI42fht1gRQz3hQ%3D&reserved=0)

**HEALTHY MINDS**

1. ***Title*: Vibrant Aging: Mind Your Mind Mondays**

 (Registration is required)

***Description:*** The Mental Health Association of Maryland’s Older Adults is offering “Mind Your

Mind Mondays”, a weekly opportunity for older Marylanders to learn about mental health and

engage with others around mental wellness.

***Date/Time:*** Every Monday in December; 6:30 pm – 7:30 pm

***Link:*** <https://zoom.us/meeting/register/tJUkcO2oqzkiEtBLhY4x2m8ACz966KvS0iN2>

1. ***Title:* Maryland Commitment to Veterans**

 ***Description***: Regional Resource Coordinators are devoted to assisting any Maryland

resident who has served or is currently serving in the US Armed Services (Active duty,

Guard or Reserve) and their families, with access to mental health and substance use

Services. Calls accepted 24/7 at 1-877-770-4801.

For more information, visit <https://bha.health.maryland.gov/veterans/Pages/Home.aspx>.

Central MD Veterans Collaborative meet each quarter on the 2nd Tuesday at 1:00pm

 (Registration is required)

Link:<https://us06web.zoom.us/meeting/register/tZYucuusrjkuHtE3g2q5WtfYBqTwsXyPS02o>

1. ***Title:* Howard County Commission for Veterans and Military Families**

***Description:*** The commission meets monthly on the 1st Thursday of the month. Its purpose is to assure that Veterans and military family’s issues are addressed effectively and efficiently. For more information, email veterans@howardcountymd.gov with questions.

Virtual Tai Chi for Veterans every 1st Tuesday of the month from 12:00 pm – 1:00 pm.

Register at: <https://zoom.us/meeting/register/tJIqc-6hrjgjH9Nrq4wJyAH6VBqUO50OmFT2>

1. ***Title***: **National Alliance on Mental Illness (NAMI) Connection Veteran Support Group**

(Registration is required)

***Description:*** This is a free, drop-in, peer-led support group for Veterans living with mental

illness.

***Date/Time:*** First Monday of Every Month; 6:00 pm - 7:30 pm

***Link:*** <https://namihowardcounty.org/event/online-veteran-connections-support-group/2021-11-01/>

Please email Shambry Ratliff, [sratliff.namihc@gmail.com](https://namihowardcounty.org/event/online-veteran-connections-support-group/2021-11-01/sratliff.namihc%40gmail.com), with questions.

1. ***Title***: **National Alliance on Mental Illness (NAMI)**

NAMI support groups for parents/caregivers of children and adolescents with behavioral

health challenges. No diagnosis is necessary.

***Parent/Caregiver Support Group for School-Aged Students -*** Second Monday of each

Month.

***Parent/Caregiver Support Group for TAY (Transition Age Youth) -*** Third Thursday of each

Month.

Register for either group at <https://bit.ly/3rKwUp4>

***Title: NAMI Basics on Demand***

This six-session online education program is for parents/caregivers of youth aged 22 or

younger who are experiencing behavioral health challenges. No specific diagnosis is

necessary.

Sign up at: <https://publiccourseapi.nami.org/Learner/Login?ReturnUrl=%2F>

Sponsored by National Alliance on Mental Illness (NAMI) Howard County,

<https://namihowardcounty.org/>.

For more information about any of this online program or NAMI, please visit

info.namihc@gmail.com or 410-772-9300

 ***6. Title*: Howard County Seniors Together Virtual Group Offering**

(Registration is required)

***Description:*** Seniors Together groups offer older adults the opportunity to join in weekly virtual discussions on a variety of topics. Stay connected while staying home!

***Group 1: Think Positive Group*** Every Monday from 1:00 pm – 2:00 pm

***Group 2: Caregiver Support Group*** Every Monday from 7:00 pm – 8:30 pm

***Group 3: Men’s Roundtable*** Every Tuesday from 10:00 am – 12:00 pm

***Group 4: Low Vision Support Group*** Every Tuesday from 1:00 pm – 2:15 pm

***Group 5: Newstalk*** Every Thursday from 10:00 am – 11:30 am

***Group 6: Brainteasers*** Every Thursday from 12:30 pm - 1:30 pm

***Group 7: Open Mind Group*** Every Friday from 10:00 am – 12:00 pm

***Group 8: Trenders*** Every Friday from 1:00 pm – 2:30 pm

***Link:*** <https://bit.ly/2HQ7qGe>

1. ***Title:* The Suicide Prevention Resource Center**

(Registration is required)

***Description:*** The Suicide Prevention Resource Center is offering a free online course

[Locating and Understanding Data for Suicide Prevention](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001eHWYXQwmQQFCnR1Dep9Ih79EcGGDQt8XLhayxTxm23zXSKT8J-bF8vA59c8bYRMOckH_AvtztauSOac_5Srl3zmB9sGR2W9Cn-7LObj9GNAH4pAVQ2lm0bi4Wdu3-7BUtIP3eNX8Uoulnyd8MKYKzoL9UhcZ8CWkwMqbp5xD9usy2iAkZb-QBA%3D%3D%26c%3D4UmRdv5sFc5LFDADbzcFNR4MgnV4r8aYwUtmKvAGTJ_TbVdcbQRq5Q%3D%3D%26ch%3DmjtsqEyDWZlpKysy0CmI92UfaFbC_Pjo5-3NhbQnoU5CohohoIGDxw%3D%3D&data=04%7C01%7Croldham%40howardcountymd.gov%7Caccc32d7b0ba4f3798f708d8f83e4ec1%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637532293802820875%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=C3%2FDnBRI%2FB425Ih4wVUv%2FG7SboI4vAb0BPRFXQIOXQg%3D&reserved=0). The course explores a variety of

commonly used data sources for information on suicide deaths and attempts, suicidal

ideation, and related factors—as well as new frontiers in suicide surveillance, such as

interactive dashboards and real-time data collection.

1. ***Title:* Recovery Centers of America (RCA) Academy Courses**

(Registration is required)

***Description:*** RCA Academy has launched online courses to better serve everyone in the

Behavioral Health industry during the COVID-19 pandemic. These free courses are eligible

for 1 or 2 NBCC or NAADAC credits each. For more information, please click this link:

<https://bit.ly/3fzvRUW>

RCA offers a complimentary workbook for those considering an intervention. Feel free to

pass it along and [click here](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fem.recoverycentersamerica.com%2Fdc%2FUFIV1JDV_rbIGEX0hLmEbwX2Vj8ju5qhi7YdxXad2U5O8K22Zo7AeuTA0PfDUo290z9TJTqTSWErWE9eKbqfsWi6c_GYUNkCHkV0AK4DuYeiLoo-GXkHluzZSpHMnhg__dzsHvaZz2_FJe7UqMs52k2sKPp0zoyK_DHI_Q9pUjkmiKDhEMnZQtdv7MzqsYq4%2FOTU2LUREUC02MTEAAAGAhKYMMKTtH68_xBLIm58Lgp07ci7ViSEFgLA4Q3ylNM4amLNh4N5C4Whit0f3huJKzzfsNUo%3D&data=04%7C01%7Croldham%40howardcountymd.gov%7C6270350eae854cf00e9c08d9a0977461%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637717394611660144%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=yJJXOHeBUQrQgbSMvz1icOLaVBVPjfVPzR0VSveVnVo%3D&reserved=0) for more information on RCA intervention services.

1. ***Title:* A Public Health Approach to Alzheimer’s and Other Dementias**

(Registration is required)

***Description:*** This introductory curriculum that is intended to increase awareness of the

impact of Alzheimer’s disease and other dementias as well as the role of public health. This

curriculum addresses cognitive health, cognitive impairment, and Alzheimer’s disease and

is intended for use by undergraduate faculty in schools and programs of public health and

6other related disciplines.

***Link:*** <https://bit.ly/3g9EVBC>

1. ***Title:* Behavior Talks – Resources to Support Student Success**

(Registration is required)

***Description:*** Behavior Talks is a series of brief trainings for parents/caregivers created by

HCPSS staff. Each video shares useful tips to promote student success related to behavior,

social/emotional needs, organization/self-management at home, and more. Current videos

include:

* Being a Flexible Thinker
* Breaking Down a Task
* Giving Feedback and Praise
* Making a Schedule & Setting Expectations

 ***Link:*** [https://www.hcpss.org/special-education/behavior-talks/](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2FK0lgjUpAFXwoz9urTVp0QA~~%2FAAAAAQA~%2FRgRi0Ld5P0Q3aHR0cHM6Ly93d3cuaGNwc3Mub3JnL3NwZWNpYWwtZWR1Y2F0aW9uL2JlaGF2aW9yLXRhbGtzL1cHc2Nob29sbUIKYO75g-9g2xK9YVIaa2tlc2xlckBob3dhcmRjb3VudHltZC5nb3ZYBAAAAAE~&data=04%7C01%7Croldham%40howardcountymd.gov%7C6fa73c6da4c742b9aaad08d947b78497%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637619675796803855%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=WWTAbzewIjBG3KNYVhpgtGkhMuuz18RQblX0jCKtR1U%3D&reserved=0)

1. ***Title*: Young Adult Alzheimer’s Support Group, ages 18-35**

***Description:*** If you are age 18 to 35 and have a family member living with Alzheimer's disease or

 another dementia, the Young Adult Support Group can provide the support you need. This virtual

 forum meets the second Wednesday of the month from 5:30-6:30 pm and is a safe place to share

 challenges, learn coping skills, and about the disease. For more information, email Kathryn

 King at kaking0812@gmail.com

 ***Link:*** <https://www.alz.org/media/maryland/documents/young-adult-support-group_1.pdf>

 **OTHER RESOURCES/RESEARCH/ARTICLES/UPDATES**

**Healthy Beginnings**

* National Institute for Children’s Health Equity (NICHQ) Recorded Webinars <https://bit.ly/3x1XGhi>
* NICHQ: National Institute for Children’s Health Equity Resources and Gender Equity

<https://bit.ly/30EDw0M>

* NICHQ: Efforts to Reduce Infant Mortality Focus on Underserved Populations

 <https://bit.ly/3CGouVz>

* NICHQ: Efforts to Address Preterm Birth Rates <https://bit.ly/3nrG8HY>
* NICHQ: [Access Prematurity Awareness Month resources](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fmail.nichq.org%2Fe3t%2FBtc%2FZP%2B20185%2FcbHWR04%2FVWdZsL2Xg18qW4dcYsh7BysFLW8_npSB4z_-40N2_Qd5r3q3phV1-WJV7CgW-7N26XH9-Cfb5XW77tGlT6fvmblW3PY-cL57t7Y7W6gNKfd6hTgSLW5XKdXt7ldRYnW6hy5_D3HbqKwW7HJ3ZZ5LRX84W8tjj-D8SS2qGW4hK8DF6pJk10W16p_6s5GsLR5VDnbHt21L5j8W7FCjJs1Vvt-pW4L46bC2R1DMPW3wFj104jbGJkW584Nfn6Y-cxcW921sKN6_x4xqN65Rvsbwg09pW7ZVYml3pdkhmW6Fjd-Z8t5m9rW2GdKQk22wW6lW95_dWT8K5xtCW7mXRjl7ZmN41W2YBKmC8kTJ_zW8K1tLf6xrB9CW1G5DRx8DNCwbW1LHv5T23yPn5W8-Nzvd6-cccpV6JS058-8m0f3b1w1&data=04%7C01%7Croldham%40howardcountymd.gov%7C715c876b562a4e39c01b08d9aa0674f1%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637727766973249023%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=fSn7cMO8jKo9Q2c5eoIErxm76wcbqGJec00Jb2l8WNA%3D&reserved=0) <https://bit.ly/3FwREZ1>

**Healthy Living**

* Advance Health Equity with Data <https://bit.ly/3DaL5KP>
* JAMA: Actions to Transform US Preventive Services Task Force Methods to Mitigate Systemic Racism in Clinical Preventive Services

<https://jamanetwork.com/journals/jama/fullarticle/2786145>

* AHRQ: Management of High-Need, High-Cost Patients: A “Best Fit” Framework Synthesis, Realist Review, and Systematic Review <https://effectivehealthcare.ahrq.gov/products/high-utilizers-health-care/research>
* U.S. Preventive Services Task Force (USPSTF) releases its “11th Annual Report to Congress on High-Priority Evidence Gaps for Clinical Preventive Services” <https://bit.ly/3DibLZv>
* [Cross-Agency Partnerships for Health Equity: Understanding Opportunities Across Medicaid and Public Health](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fchcs.us13.list-manage.com%2Ftrack%2Fclick%3Fu%3D96a70625e5f0fe1c5e5329201%26id%3D78fefcece4%26e%3D4506790733&data=04%7C01%7Croldham%40howardcountymd.gov%7C9776f5120a8c44a676a908d9b367e98e%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637738081147525377%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=yharpH%2FqDk5FGFFzZr0Ib9ID0ooDLN%2B5ALdn7rW9MwE%3D&reserved=0) <https://bit.ly/3D5KWHy>
* [Getting Started with a Master Plan for Aging: Eight Strategies to Build Buy-in within States](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fchcs.us13.list-manage.com%2Ftrack%2Fclick%3Fu%3D96a70625e5f0fe1c5e5329201%26id%3D28578fca16%26e%3D4506790733&data=04%7C01%7Croldham%40howardcountymd.gov%7C9776f5120a8c44a676a908d9b367e98e%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637738081147575159%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=PeN92sweJD7IJQFfISSTWutNkUxSLA3jRPmdBb5WkIU%3D&reserved=0) <https://bit.ly/3o6hSeV>
* **IPRO QIN-QIO** Presents: Optimal Z Code Utilization & Reimbursement Opportunities <https://bit.ly/3pfemOy>
* Health information technology to improve care for people with multiple chronic conditions <https://pubmed.ncbi.nlm.nih.gov/34363220/>
* AHRQ: Health disparities: impact of health disparities and treatment decision-making biases on cancer adverse effects among black cancer survivors <https://psnet.ahrq.gov/issue/health-disparities-impact-health-disparities-and-treatment-decision-making-biases-cancer>
* Health disparities: impact of health disparities and treatment decision-making biases on cancer adverse effects among black cancer survivors <https://psnet.ahrq.gov/issue/health-disparities-impact-health-disparities-and-treatment-decision-making-biases-cancer>

**Healthy Minds**

* [Opportunities for Transforming Pediatric Care](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fchcs.us13.list-manage.com%2Ftrack%2Fclick%3Fu%3D96a70625e5f0fe1c5e5329201%26id%3Db485d63add%26e%3D4506790733&data=04%7C01%7Croldham%40howardcountymd.gov%7C9776f5120a8c44a676a908d9b367e98e%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637738081147614982%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=pSIIVPmokE7WvrN8OkautKQ7w5m%2FSGsACaDYo8%2F4t0k%3D&reserved=0) <https://bit.ly/3I2F9q7>
* [Addressing Adolescent Health Care and Well-Being Through Financial Incentives](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fchcs.us13.list-manage.com%2Ftrack%2Fclick%3Fu%3D96a70625e5f0fe1c5e5329201%26id%3Dafecfc4ab3%26e%3D4506790733&data=04%7C01%7Croldham%40howardcountymd.gov%7C9776f5120a8c44a676a908d9b367e98e%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637738081147634895%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=IBc%2B4rwIEFJI519X8WeONunukvaLQ%2FwzJWI9jkCepSc%3D&reserved=0)

<https://bit.ly/3xAuEW9>

* Association of Primary and Behavioral Health Integrated Care Upon Pediatric Mental Disorder Treatment <https://pubmed.ncbi.nlm.nih.gov/34087480/>
* Promoting Recovery through Intensive Support and Education (PRISE) program at Recovery Centers of America <https://bit.ly/3kn2bhi>
* AHRQ: The critical role of health information technology in the safe integration of behavioral health and primary care to improve patient care <https://psnet.ahrq.gov/issue/critical-role-health-information-technology-safe-integration-behavioral-health-and-primary>
* Laws Mandating Co-prescription of Naloxone and their Impact on Naloxone Prescription in Five US States, 2014-2018 <https://pubmed.ncbi.nlm.nih.gov/32298179/>
* The critical role of health information technology in the safe integration of behavioral health and primary care to improve patient care <https://psnet.ahrq.gov/issue/critical-role-health-information-technology-safe-integration-behavioral-health-and-primary>
* AHRQ: Primary Care Providers in Pennsylvania Use Medication for Successful Treatment of Opioid Use Disorders <https://www.ahrq.gov/news/newsroom/case-studies/202105.html>
* Empowering Youth to Prevent Suicide <https://bit.ly/3x48BH6>
* Analysis of Suicide After Cancer Diagnosis by US County-Level Income and Rural vs Urban Designation, 2000-2016

<https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2785236?resultClick=1>

* The Real Housewives of Beverly Hills”’ Crystal Kung Minkoff Shares Her Alzheimer’s Story

<https://bit.ly/3peZ8sU>

* CDC guideline for opioid prescribing associated with reduced dispensing to certain patients with chronic pain <https://bit.ly/3G3bVpj>
* [Integrating Behavioral Health into Primary Care Through Medicaid Managed Care](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fchcs.us13.list-manage.com%2Ftrack%2Fclick%3Fu%3D96a70625e5f0fe1c5e5329201%26id%3D5900ba2e6e%26e%3D4506790733&data=04%7C01%7Croldham%40howardcountymd.gov%7C9776f5120a8c44a676a908d9b367e98e%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C637738081147545289%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=OJ%2BG80ZUrmmCjpRV%2BmF8aV2fNGEu7oQk8YIfOXZFilc%3D&reserved=0)

<https://bit.ly/3I54Jec>

* Applying CDC’s Guidelines for Prescribing Opioids: Module 5: Assessing and

Addressing Opioid Use Disorder (OUD). This module will cover the Diagnostic and Statistical Manual of Mental Disorders, Fifth Addition (DSM-5) assessment criteria, and explore how to discuss this diagnosis with patients. For more information, visit <https://bit.ly/37psNqV>