July 1, 2023

LHIC Coalition and Work Group Members - Please see below for upcoming webinars and resources. We encourage you to consider participating and to share these opportunities with your stakeholders and others in the community. If you have programs or opportunities that you would like to submit, please send them via email to lhic@howardcountymd.gov.

**LOCAL RESOURCES AND MEMBER ANNOUNCEMENTS**

* Free Mental Health First Aid Classes hosted by MIEMSS for adults and youth. [Link](https://www.eventbrite.com/cc/mental-health-first-aid-for-miemss-1819189).
* Air quality resources for wildfire smoke and other air pollutants from American Lung Association (ALA). [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Faction.lung.org%2Fsite%2FR%3Fi%3DXCL7zW65T9bi7hWfCUS1YKz_85P-CUdKKBR1K6Xi2E7oEjHFfduQNQ&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Ca01841e41175408cb57a08db6dcc4500%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638224496370318621%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=lBmVhjNqky1GTYpNsJNUxM%2B1VfufyjIlzjTi9Scwlxw%3D&reserved=0).
* YEP! Make a Run for It! Free Track and Field Program for young people ages 11 to 17, starts in July at Howard Community College (HCC). [Link](https://howardccdragons.com/sports/2023/6/23/yep-track-field-youth-clinic.aspx?fbclid=IwAR2X4gwDyFQGQ8iRva-YQVLzfbI-MRAx2n8Smoj9uTpxRdAN1nFeSDj3CQg)
* Columbia Association Calendar of Events free Summer physical activity and movement list. [Link](https://columbiaassociation.org/explore-columbia/event-calendar/)
* DCRS Office on Aging and Independence’s (OAI) group fitness classes being offered this summer. Geared towards all abilities, these classes, such as All-in-One and Zumba, are held at the Bain and Ellicott City 50+ Fitness Centers. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D0013tnlMRe7vDm_C-gdW0C0muF6xEaSpcXJncuwn9fJwiWeovK7-moIB3UElIg3sUd_g4qzgH9pz7SzoDTJH5WWR8pjGML5U3HfoE-lWbiWN4FclTOuaUrPQBroB2z0iv_4rw6S8x83b0P3BIG3TvzURy35hDO4usMD33U8MNDKws35SqpVXdVcHK6Gdl1yXpMSUYmGtevGaRo%3D%26c%3DXt9UcCIjV5UBwW9idRLUBGMRf5KBDunH57UV_Lgb0XgJGPzkgUsCxg%3D%3D%26ch%3DJfxm9JCR9SI7R_fHiXSrQbOm9Dd7de6LzVMsJP4T94TiDLSFsaKgIQ%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cf253d106fbd644035aa108db76773d9e%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638234026743203665%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=b9o0WRnigDVOTor1objRT0APDteHDxcqJdg3YG7T8uU%3D&reserved=0).
* *Catalysts for Change: Improving Health for All in Howard County* Horizon Foundation Report. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fthehorizonfoundation.us17.list-manage.com%2Ftrack%2Fclick%3Fu%3Dba1865e768d42f109d9907512%26id%3D33feb0e325%26e%3D16f9846049&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C1aecef1377d84c3e51c408db771a0c20%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638234725998840294%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=T0JnDPgQhtFTzSbgMHRm5J4KK3yWY2iO8YpJ6Z7V51M%3D&reserved=0).
* HCPD’s Collision Avoidance Training (C.A.T.) program is an advanced defensive driving and vehicle control program geared towards licensed teenage drivers, age 16 to 20 years old. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D0013tnlMRe7vDm_C-gdW0C0muF6xEaSpcXJncuwn9fJwiWeovK7-moIB_kKMGa34kAitVs4oFbXkM2Wi4L78eY747xZkt3FQ6JfznoLTQDVhXcdfep6qTfa-TYF_p5jGFYsflR408AGvWHaWoQqlVQieU46xLP_j6mkpIZCP7UKlHUFa-83Gkcf-LeZKF71n920T194cOnRBdOC7Hpb6Jin9X-IvFPhB-gR%26c%3DXt9UcCIjV5UBwW9idRLUBGMRf5KBDunH57UV_Lgb0XgJGPzkgUsCxg%3D%3D%26ch%3DJfxm9JCR9SI7R_fHiXSrQbOm9Dd7de6LzVMsJP4T94TiDLSFsaKgIQ%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cf253d106fbd644035aa108db76773d9e%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638234026743359879%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=3eWd7Uy0iIsuzmxMC85VLRGpq0Vj3TWKjprSWC7hZZY%3D&reserved=0).
* July is National Park & Recreation Month, read all the events happening at HoCo DCRS. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D0013tnlMRe7vDm_C-gdW0C0muF6xEaSpcXJncuwn9fJwiWeovK7-moIB3UElIg3sUd_AMEWfFwrqrLxAx0kvrfs36fznspMTio3Ozbc5HryhuhIkRFtTT01E2q_QdOJJNvB-XsgOt52MZXkKwHvpjShCmw9HwGOgkjvYUEO8-8eXC4%3D%26c%3DXt9UcCIjV5UBwW9idRLUBGMRf5KBDunH57UV_Lgb0XgJGPzkgUsCxg%3D%3D%26ch%3DJfxm9JCR9SI7R_fHiXSrQbOm9Dd7de6LzVMsJP4T94TiDLSFsaKgIQ%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cf253d106fbd644035aa108db76773d9e%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638234026743516105%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=O52EboWG6TjYWuLmcJuQmsxi77W05BXOpezr3KkJJL8%3D&reserved=0).
* BikeHoCo is offering their 3rd annual July 4th Bike Corral with free bike parking in Downtown Columbia. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D0013tnlMRe7vDm_C-gdW0C0muF6xEaSpcXJncuwn9fJwiWeovK7-moIB4BoG2KvuAnshrc1rPi81YHfLMBT2jrzTwqKS97_6FnqARyUXKFbbDWIHilgNZDFo3LNTbK6xU0TAE61siwGIofW4gQ3xTOiav33vpOp6NnV4h02Lw3QDeYTccOCXUCgog%3D%3D%26c%3DXt9UcCIjV5UBwW9idRLUBGMRf5KBDunH57UV_Lgb0XgJGPzkgUsCxg%3D%3D%26ch%3DJfxm9JCR9SI7R_fHiXSrQbOm9Dd7de6LzVMsJP4T94TiDLSFsaKgIQ%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cf253d106fbd644035aa108db76773d9e%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638234026743828539%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=8jj0vG0tHWAisqz%2FczAXlfaaVvZRpYJkbbsx9hToAXA%3D&reserved=0).
* HoCo Complete Streets Policy invests in transportation to include expanded bus service in Elkridge. [Link](https://www.howardcountymd.gov/News052423a).
* Maryland Department of Transportation (MDOT) survey on shaping the future of local multimodal pedestrian, bike, road and trail networks and safety. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsecure.railstotrails.org%2Fsite%2FR%3Fi%3DKM_fpnsCRgiKwlkXhOAgfff16Po63QW9yjMtNbcwND9Q971Z9AKzAQ&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C58cbd62f563e49530b0508db77dca5c3%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638235561780528745%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=uABHjwu0omUUCWd4eWBMVppCXnZiMOh2%2FpZBIAmxnao%3D&reserved=0).
* Maryland Health Connection - Healthy Babies Pregnancy and Postpartum Coverage. [Link](https://www.marylandhealthconnection.gov/).

**FUNDING OPPORTUNITIES**

* **Title: Maternity Care Nursing Workforce Expansion (MatCare) Program**

**Description:** The Health Resources and Services Administration (HRSA) released a new Notice of Funding Opportunity (NOFO) to grow and diversify the maternal and perinatal health nursing workforce through education and training support. The Maternity Nursing Workforce Expansion (MatCare) Program will increase the number of certified nurse midwives and diversify the maternal and perinatal health workforce, expand maternal health training and curriculum, and strengthen community-based partnerships. HRSA will award $8 million to up to 8 grantees over a period of four years through this funding opportunity.

**Applications Deadline:** Friday, July 14, 2023. [Apply](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fsend.naccho.org%2Flink.cfm%3Fr%3DFnHzNqEXNkZApuItCDiVUg~~%26pe%3DtvOg6PXfOCfsTR_EfN8hiotbYLnnVYaNIQQHvHvze6dTk3ZyfA4YE7ZQF-0Oe0gdYx7XSrLEF4KK8ZAH9lZvMA~~%26t%3DcwWY3u6zJhjGraPB2pqYyg~~&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C7f65bd4ff46b493c977708db76623e86%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638233937816787723%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=9o4mDsT7liQvR1NCdQJYCnuBDUimpsbax8WGEmelVM4%3D&reserved=0).

* **Title: Minority HIV/AIDS Fund: Integrated Behavioral Health and HIV Care for Unsheltered Populations Pilot Project**

**Description:** The purpose of this program is to pilot an approach to comprehensive healthcare for racial and ethnic medically underserved people experiencing unsheltered homelessness through the delivery of portable clinical care delivered outside that is focused on the integration of behavioral health and HIV treatment and prevention services.

**Applications Deadline:** Monday, July 24, 2023.[Apply](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsamhsa.us4.list-manage.com%2Ftrack%2Fclick%3Fu%3Dd0780dc94825e65acd61c17dc%26id%3Dc83fdeede5%26e%3D1dc688a3c0&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C67d6704a00384907b9f408db742cff84%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638231509204908354%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000%7C%7C%7C&sdata=tWrjC%2B3mEH2%2Fz9fWFEt4OuHSbhQQ9%2BGgVR0KS0JGR84%3D&reserved=0).

* **Title: Health Equity Leadership Development Initiative**

**Description:** The U.S. Department of Health and Human Services (HHS) Office of Minority Health (OMH) anticipates funding for the Health Equity Leadership Development Initiative to implement a fellowship program at HHS to provide training in health equity issues and leadership to early career individuals to improve the health of racial and ethnic minority and other disadvantaged populations. The Health Equity Leadership Development Initiative aims to address the gap in federal fellowship opportunities for individuals to advance health equity and address the social determinants of health through health policies, programs, and practices.

**Applications Deadline:** Tuesday, August 1, 2023.[Apply](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDYsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vd3d3LmdyYW50cy5nb3Yvd2ViL2dyYW50cy92aWV3LW9wcG9ydHVuaXR5Lmh0bWw_b3BwSWQ9MzQyNzE3JnV0bV9jYW1wYWlnbj1ub2ZvJnV0bV9tZWRpdW09ZW1haWwmdXRtX3NvdXJjZT1nb3ZkZWxpdmVyeSIsImJ1bGxldGluX2lkIjoiMjAyMzA2MjguNzg5MDQ4NzEifQ.9nMSsaWtxHKopChAGwGyf070qs5-wfAhZXoh_B2jOPc%2Fs%2F1504862396%2Fbr%2F210311122127-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C1156008b0d2440a21e6e08db77e1f3d0%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638235584569593427%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=rpFSOcXB8L2%2FMm%2FxHDGEVGTsXWIja%2BC9wOoY3ZCRXl0%3D&reserved=0).

* **Title: 2023–2025 Emerging Poverty Scholars Fellowship**

**Description:** IRP invites applications from junior scholars from underrepresented racial and ethnic populations for its 2023–2025 Emerging Poverty Scholars Fellowship program.

IRP’s Emerging Poverty Scholars Fellowship aims to support the career development and success of promising emerging poverty scholars from underrepresented racial and ethnic populations.

**Applications Deadline:** Tuesday, July 11, 2023.[Apply](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwisc.us20.list-manage.com%2Ftrack%2Fclick%3Fu%3D9843475efd2f7b3976fcd0fbe%26id%3D172677b85e%26e%3Df04ac0cae7&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cffbcc676526b423f5aeb08db732dcb90%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638230413259959985%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=jgKsLDFvlF%2BFr1rzBrmbq7ZH7GZwDJ2%2FECoE%2F0WOpUY%3D&reserved=0).

* **Title: Safe Streets and Roads for All (SS4A) Grant Program**

**Description:** The program supports the development of a comprehensive safety action plan (Action Plan) that identifies the most significant roadway safety concerns in a community and the implementation of projects and strategies to address roadway safety issues. Action Plans are the foundation of the SS4A grant program. SS4A requires an eligible Action Plan be in place before applying to implement projects and strategies. The SS4A program provides funding for two types of grants.

**Applications Deadline:** Monday, July 10, 2023. [Apply](https://www.transportation.gov/grants/SS4A?ACSTrackingID=USCDC_2054-DM107135&ACSTrackingLabel=Active%20People%20June%202023%20newsletter&deliveryName=USCDC_2054-DM107135).

**EVENTS, TRAININGS, WEBINARS, SELF-PACED COURSES AND SUPPORT PROGRAMS**

***Events below may not be hosted or provided by HCLHIC. If you have any questions about***

***these events, please contact the event organizers directly.***

**HEALTHY BEGINNINGS**

* **Title: MCEC Global Training Summit**

**Description**: Military-connected children are not immune to the nation's mental health crisis for kids and it's no secret to parents and youth-serving professionals that mental health and academic performance are clearly intertwined. Join us at MCEC's GTS to navigate the nuances of connectedness, well-being, resilience, belonging, and mental health challenges while also learning strategies to provide growth skills, support, and opportunities to the military-connected children in your lives!

**Date/Time:** July 24-26, 2023

Register using the [link](https://www.militarychild.org/gts).

* **Title: Fostering Gender-Affirming Practices for Trans Youth Through Strengths-Based Approaches**

**Description:** This webinar will highlight promising strategies for creating welcoming health care settings for trans, nonbinary, and gender-expansive youth and their families. A nationally recognized pediatrician, and a health center founder and nurse-practitioner will share their experiences creating practices that empower trans youth to lead their health care journey, access needed resources, and advocate for themselves and their communities.

**Date/Time:** Thursday, July 13, 2023, 2pm to 3:15pm ET.

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fchcs.us13.list-manage.com%2Ftrack%2Fclick%3Fu%3D96a70625e5f0fe1c5e5329201%26id%3Db7c1eba898%26e%3D2dc17b1be1&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C13d1c3ffb97e42f9a54f08db733dec7e%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638230482021498957%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=QyUS58%2B2PunqqhQri787FmU%2FUbi13l9eYg63oWT0oJU%3D&reserved=0).

* **Title: Safe Routes to School Summit 2023**

**Description:** The Safe Routes to School Summit 2023 will be held October 24 -26, but now is the time to register for the virtual three-day event. We’ve opened registration early to allow you to expend funding from this fiscal year's budget or utilize any available grant funding. This year, we’re celebrating the People, Places, and Possibility of Safe Routes to School and you don’t want to miss any of the workshop sessions we have planned.

**Date/Time:** October 24 to 26, 2023

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsaferoutespartnership.us3.list-manage.com%2Ftrack%2Fclick%3Fu%3D88edfd25ae92304f5d305736c%26id%3D0909ec9a47%26e%3Dc6637ea856&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C05b4732fc0284bb00d3008db6ce41349%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638223499363478056%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000%7C%7C%7C&sdata=l7LGpfCJ2aX2cv5ocz%2FFG%2Bd4E3GLrnUzGQuERltB7NE%3D&reserved=0).

**HEALTHY LIVING**

* **Title: Systems Impact: Unpacking Racialization, Intersectionality, and Community**

**Description:** The National Academy of Medicine Culture of Health Program will host a free virtual meeting to: Understand the evolution of racialization and its relationship to health outcomes, Define and critically assess intersectionality as a framework to understand health outcomes and Highlight and celebrate examples of communities displaying resilience towards systemic racism and working to dismantle, rebuild, and create new equitable systems.

**Date/Time:** Wednesday, July 19, 2023, 9am to 3pm

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fnam.us11.list-manage.com%2Ftrack%2Fclick%3Fu%3D1dee17686e06c5e596766b1df%26id%3De35fe49e8f%26e%3D71fad257a5&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cd726e189e95b4c98423708db7667c6f7%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638233960311234761%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=ap03WVXm0ae3ElCvPfyfSPyHwOAh%2FDREx0xYAP4Iewg%3D&reserved=0).

* **Title: Essentials of Data Visualization for Public Health Training**

**Description:** Learning about data visualization is crucial for public health students and professionals, as it enables them to effectively communicate complex data in a simple and understandable manner to a wide range of audiences. Students and professionals can highlight essential patterns, trends, and relationships that may be difficult to convey through text alone by visualizing data through graphs, charts, and maps. It facilitates better decision-making by policymakers and other stakeholders. It also helps in raising awareness among the public about critical public health issues. Free

**Date/Time:** Online, self-paced course, 1.5 hours

Register using the [link](https://www.masslocalinstitute.info/online/login1a.aspx/?page_id=13677).

* **Title: Let’s Talk E-bikes! Open Zoom Session Webinar**

**Description:** Electric bikes are becoming a hot topic in many communities. As e-bikes grow in popularity, there are several considerations for Safe Routes practitioners. Do we include e-bikes in our programming? How do I keep kids safe riding e-bikes? What are the best practices in e-bike education? Join us for an informal Zoom session to discuss e-bikes with other Safe Routes to School practitioners.

**Date/Time:** Wednesday, June 12, 2023, 3pm to 4pm ET.

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsaferoutespartnership.us3.list-manage.com%2Ftrack%2Fclick%3Fu%3D88edfd25ae92304f5d305736c%26id%3D2961c8f657%26e%3Dc6637ea856&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C05b4732fc0284bb00d3008db6ce41349%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638223499363322408%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000%7C%7C%7C&sdata=Z6CZ6HrnWetIMEw%2F9H0zUTh43RR%2FZLZHZdyIDG2KV9A%3D&reserved=0).

* **Title: Walkable Streets for People of All Ages**

**Description:** Learn how grassroots efforts, pilot projects and a new Walkability FAQ tool can help neighbors, policymakers, local leaders, and volunteers make roadways safe for all users. This webinar can be viewed on your schedule.

**Date/Time:** online, webinar

Register using the [link](https://virtualevents.aarp.org/The-Benefits-of-Walkable-Streets-for-All-Ages/en/registration?CMP=EMC-DSM-NLC-OTH-LC-1537503-1849604-7366764-NA-06212023-LivableCommunities-MS5-walkwebinar-TXT-ALL-Community-&encparam=jTRr5Kay3v8xcVWshbLe%2bQuXvALYmm3g7%2flbUECYXaY%3d).

**HEALTHY MINDS**

* **Title: Cancer and Mental Wellbeing Education Series: A Psychosocial Collaborative Care Approach**

**Description:** Join the National Behavioral Health Network for Tobacco and Cancer Control, at the National Council for Mental Wellbeing, on July 6th from 3-4pm ET to dive into how a team-based approach to psychosocial cancer care can support individuals struggling with MH/SU challenges.

**Date/Time:** Thursday, July 6, 2023, 3pm to 4pm. ET

Register using the [link](https://thenationalcouncil-org.zoom.us/webinar/register/WN_qh6tDpmCQP-VGXHSQs5cXw?mkt_tok=NzczLU1KRi0zNzkAAAGMnGjrUUv-nTH6iz9JrBFhqDxasSEQdlMiSW6ikyWMcVO86vZrX07RvXQp-mxE0Gt8qeYlA6SVlbnBjCbp8A3din0aAGIc5lBa6sloQJ01kAo#/registration).

* **Title: Diagnosis and Treatment of Anxiety Disorder**

**Description:** Recovery Centers of America Academy is providing this free course for 1.5 NBCC credits and will go over the diagnosis and treatments for anxiety disorder. Learning Objectives: Provide an overview of anxiety disorders, Explore the physiology behind anxiety disorders, Discuss treatment options being used today.

Date/Time: Wednesday, July 12, 2023, 9am to 10:30am

Register using the [link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fem.recoverycentersamerica.com%2FOTU2LUREUC02MTEAAAGMnYGxILQ812yu1oCMAjPyuKlDmHe1wjoUdw1pZDLaILCHyaknK3yb07MaCPdH6NFXDIOouKo%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C0261fd24806140e613b308db77c43d79%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638235456951189119%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=7t38RW%2FGfWykF86BnNXWcs2ghojaIGhm4vTM8%2BcTX4Q%3D&reserved=0).

* **Title: Advancing Age-Friendly Public Health: Learnings from Michigan and Mississippi**

**Description:** The public health sector’s focus on prevention has had a profound impact on longevity in the U.S. As the demographics of our population continue to shift, public health should elevate healthy aging as a core public health function, with a foundational focus on equity. Since 2017, Trust for America's Health, with support from JAHF, has led the Age-Friendly Public Health Systems movement to make the health and well-being of older adults a public health priority.

**Date/Time:** Thursday, July 6, 2023, 2pm to 3pm

Register using the [link](https://www.johnahartford.org/dissemination-center/view/gih-webinar-advancing-age-friendly-public-health-learnings-from-michigan-and-mississippi?utm_source=The+John+A.+Hartford+Foundation+Email+List&utm_campaign=6c70896491-rss-3-9_COPY_01&utm_medium=email&utm_term=0_c762038350-6c70896491-119170225).

**Title: Achieving Reach in Youth Behavioral Health and Wellness through Catchment-Area Community Governance.**

**Description:** This study, funded as part of the Robert Wood Johnson Foundation’s Systems for Action research program, evaluates the feasibility of the Youth Wellness Hub as a hyper-local community governance model for integrating delivery and financing systems for youth behavioral health and wellness services.

**Date/Time:** Wednesday, July 5, 2023. 12pm to 1pm ET.

Register using the [link](https://ucdenver.zoom.us/webinar/register/WN_M0baYOb1TUS7CSo2TlaLvQ#/registration).

**OTHER RESOURCES/RESEARCH/ARTICLES/UPDATES**

**HEALTHY BEGINNINGS**

* Six States Have Made School Meals Free to All Students. Will More Follow? [Link](https://www.edweek.org/policy-politics/six-states-have-made-school-meals-free-to-all-students-will-more-follow/2023/06?eType=EmailBlastContent&eId=24b2edd7-d118-4c27-b360-4535fef2f0ed).
* Healthier School Lunches May Have Curbed Childhood Obesity, New Study Finds. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fdefault.salsalabs.org%2FTc2f2bc89-dc94-4e86-9518-a4d6da9040bd%2Ff7e0bf5d-0def-4130-8ed6-934bd06dd6e9&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cb2150dd99c514b12085108db76feaba0%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638234608400557237%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=0gFm4vVgwBA9Aznjlrg6OuN1pQYHFipMkG5vJUTrdko%3D&reserved=0).
* Medicaid Leadership Exchange Podcast explores Mapping Members’ Experience of Early Childhood Systems. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fchcs.us13.list-manage.com%2Ftrack%2Fclick%3Fu%3D96a70625e5f0fe1c5e5329201%26id%3Dc5a6d42ce3%26e%3D2dc17b1be1&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C6e6d4a757163473e332b08db74077b3c%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638231347704430613%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=aQf7mbpNsGpIvMQVWe%2Bd2K%2BqkGIuQjvCR1cm8LHZ8pI%3D&reserved=0).
* Resuscitation of traumatic maternal cardiac arrest: a case report and summary of recommendations from Obstetric Life Support. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMjQsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vd3d3LnB1Ym1lZC5uY2JpLm5sbS5uaWguZ292LzM2ODk1ODYzIiwiYnVsbGV0aW5faWQiOiIyMDIzMDYyNy43ODg3NjYzMSJ9.fsZ_aDARg2ZiPdkAR39AwTAgOpNyFGzFOHA_h-Qjd2U%2Fs%2F2945050723%2Fbr%2F209860629049-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C9c743209dfb241dc1c1a08db774a9ef7%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638234934617417700%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=icQXWlTF5aD11clpWKZINSegYBICb4%2BLJm%2Fa%2FZvXwRY%3D&reserved=0).
* Grantee Profile on Kathleen Walsh, M.D., M.Sc., Highlights Work To Prevent Pediatric Medication Errors. [Link](https://www.ahrq.gov/funding/grantee-profiles/grtprofile-walsh.html).
* Children’s Medicaid Enrollment Expansion. [Link](https://www.healthaffairs.org/doi/10.1377/hlthaff.2022.01465?utm_medium=email&utm_source=hat&utm_campaign=journal&vgo_ee=GK%2FgHnNGhEm41Ub5ab2KE7QgAKnp8zJXF%2FkhS3HL06n3ZKgwn8K0C%2FY%3D%3AUxGvEy7gXu2ros8RMUgZMC3xnAaBnhOb).
* Whole Kids Foundation Resources on school gardens and salad bars. [Link](https://www.wholekidsfoundation.org/?utm_source=Whole+Kids+Foundation&utm_campaign=eef92ee7f2-EMAIL_CAMPAIGN_2020_09_18_09_58_COPY_01&utm_medium=email&utm_term=0_01a9824f70-eef92ee7f2-1335982&mc_cid=eef92ee7f2&mc_eid=eebdbcc4a7).
* How Can You Protect Children From Violence – WHO Episode #100 video. [Link](https://www.who.int/emergencies/diseases/novel-coronavirus-2019/media-resources/science-in-5/episode--100---how-can-you-protect-children-from-violence).
* Surgeon General’s Perspective: Physical Activity: An Untapped Resource to Address Our Nation’s Mental Health Crisis Among Children and Adolescents. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ft.emailupdates.cdc.gov%2Fr%2F%3Fid%3Dh7c6b8b9e%2C1932023e%2C1937e7d9%26e%3DQUNTVHJhY2tpbmdJRD1VU0NEQ18yMDU0LURNMTA3MTM1JkFDU1RyYWNraW5nTGFiZWw9QWN0aXZlJTIwUGVvcGxlJTIwSnVuZSUyMDIwMjMlMjBuZXdzbGV0dGVy%26s%3Dp-q099_7lZhYMssqrNHqbLvZLGdikIBA15A-hQND51M&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C31cc98e3d11341f1a71b08db6c14ea0e%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638222609300255211%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=LEyh9VL1VENgz%2BULFGMx21tuHoqlGoSNg%2FDrJIC9KHg%3D&reserved=0).
* Resources: The MOM Program on Case Management. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fr20.rs6.net%2Ftn.jsp%3Ff%3D001jOqma4NZAA0i8FGUxaIkXIXeR99H90g7Q6DW5VNA59Of2k5bN546GxFZM-dLRyTmh9ocn3bhSt0JATRwTBNFZUPGxFSBs_83CsKQwwxpIGyRxM4am1JVs4Ojx9DMNRwQavbQRqXWc9QegpA9dW-qpGz5Z2JbPTFymkCKTINTLDrm-PIKa0j7aH5-NbaFz3rb%26c%3Dtln1rpCkSeqUG-KhT4y4osVD5bnbKeIf-AnT-ZKrjP-1uqEmqEg6fA%3D%3D%26ch%3DUn23pMAfYytfb_EkVNBea5VHY4peruFxp9DKy8nnDvqXABoa8G4Rmw%3D%3D&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C8dc916f685aa4d8e6e3f08db6e7f4a72%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638225265233180923%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=UJX6QrWb6mAUc4pVqBj%2BUzAmWc5g2tQ%2FkV%2F23eCfANc%3D&reserved=0).
* Covering Doula Services Under Medicaid: Design and Implementation Considerations for Promoting Access and Health Equity. [Link](https://www.chcs.org/resource/covering-doula-services-under-medicaid-design-and-implementation-considerations-for-promoting-access-and-health-equity/?utm_source=CHCS+Email+Updates&utm_campaign=b8a89c4f2b-CHCS-Summer-Reading-2023_06%2F20%2F23&utm_medium=email&utm_term=0_-b8a89c4f2b-%5BLIST_EMAIL_ID%5D).

**HEALTHY LIVING**

* Supplemental Nutrition Assistance Program Access and Racial Disparities
* in Food Insecurity. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fjamanetwork.com%2Fjournals%2Fjamanetworkopen%2Ffullarticle%2F2806374%3Futm_source%3Dnewsletter%26utm_medium%3Demail%26utm_campaign%3Dnewsletter_axiosvitals%26stream%3Dtop&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C66908302eac5483fdcd408db76fe4b5c%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638234606841459370%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=eUKxlEBcBc5Qz8E6eiLDy6V0JVHZb3cjxdNvMmKGuUQ%3D&reserved=0).
* New Screening Guidelines for Prediabetes and Type 2 Diabetes Research Summary. [Link](https://www.cdc.gov/diabetes/resources-publications/research-summaries/index.html?ACSTrackingID=DM107878&ACSTrackingLabel=Do%20diabetes%20screening%20practices%20align%20with%20new%20guidelines%3F%20&deliveryName=DM107878).
* Freedom to Move and Identity – Let’s Talk About It America Walks Blog. [Link](https://americawalks.org/freedom-to-move-introduction/).
* The Better Care Plan: A Blueprint For Improving America’s Healthcare System Health Affairs Article. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhealthaffairs.lt.acemlnb.com%2FProd%2Flink-tracker%3FredirectUrl%3DaHR0cHMlM0ElMkYlMkZhY2FkZW1pYy5vdXAuY29tJTJGaGVhbHRoYWZmYWlyc3NjaG9sYXIlMkZhcnRpY2xlJTJGMSUyRjElMkZxeGFkMDA3JTJGNzIwMzY3Mg%3D%3D%26sig%3D8HQ31uHkBKoKL38zKdwpYQDikL2nURqdb5eKLtVBcCLc%26iat%3D1687695391%26a%3D%257C%257C25515840%257C%257C%26account%3Dhealthaffairs.activehosted.com%26email%3D421mm9wS%252Bpps9LoQb7Bjc0KCWWVTTfJh4zeQ63m7QDoj9ajpIUyT90w%253D%253AFk6sXOg0Q9Vl%252FTbtBMACHVHwG41PN7Sw%26s%3D9b426fafaaa6bcf75bcfb263547215e6%26i%3D6271A7086A31A167521&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cf126c9169fb746f2d1e808db7576059b%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638232921996024101%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=0wTeb2Ry2sNhbZodneCfWDTMZvQUlPE3rJfAmVHNadU%3D&reserved=0).
* Health Care Provider Survey Findings: Addressing Food Insecurity Among Older Adults — Health Care Provider Beliefs, Practices, and Resources. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fdefault.salsalabs.org%2FTcac68110-acf2-4bf0-b156-fa56ba9cd999%2Ff7e0bf5d-0def-4130-8ed6-934bd06dd6e9&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cc92478d784d345f0d04308db773c3c0a%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638234872816334239%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=yTgZeQHIoLHUtmlIEOxUYvEAasowvPqZr8D1B%2FUHgNY%3D&reserved=0).
* SunSmart UV APP informs about UV levels and shares helpful tips from WHO. [Link](https://www.who.int/news/item/21-06-2022-sunsmart-global-uv-app-helps-protect-you-from-the-dangers-of-the-sun-and-promotes-public-health).
* Livable Communities Walk Audit Toolkit from AARP. [Link](https://www.aarp.org/livable-communities/getting-around/aarp-walk-audit-tool-kit/?CMP=EMC-DSM-NLC-OTH-LC-1537503-1849801-7385711-NA-06282023-LivableCommunities-MS2--BTN-ALL-Community-&encparam=jTRr5Kay3v8xcVWshbLe%2bQuXvALYmm3g7%2flbUECYXaY%3d).
* Creating Community Gardens for all Ages Free AARP Guide. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fclick.email.aarp.org%2F%3Fqs%3D0ae957c290b5c115da8d484ef10d1735063a81ce91bf0c0c90d43ba149ec2031287d8476ccb7a0b010b8c8c99b59235d399a27c648ca72221bae25e632c399b7&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C360906063ad047c402ba08db77d7df2a%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638235541756121936%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000%7C%7C%7C&sdata=9aWtF3zZQp8XID%2BIq5Z5iuWqRU3PRIA26xWlhDfMdu4%3D&reserved=0).
* Private Sector Companies Must Partner with Communities to Advance Health Equity. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhealthaffairs.lt.acemlnb.com%2FProd%2Flink-tracker%3FredirectUrl%3DaHR0cHMlM0ElMkYlMkZ3d3cuaGVhbHRoYWZmYWlycy5vcmclMkZkbyUyRjEwLjEzNzclMkZmb3JlZnJvbnQuMjAyMzA2MjUuMTUwMzc2JTNGdXRtX21lZGl1bSUzRGVtYWlsJTI2dXRtX3NvdXJjZSUzRGhhdCUyNnV0bV9jYW1wYWlnbiUzRGZvcmVmcm9udCUyNnV0bV9jb250ZW50JTNEY29vcGVy%26sig%3DF8C7q6LAns1xuB2Yxb8xcfDZmnXfk4WhR5UGooe4cezm%26iat%3D1687897137%26a%3D%257C%257C25515840%257C%257C%26account%3Dhealthaffairs.activehosted.com%26email%3DEXpIctXvN8lZXEmZCcykAWoRdBe2SbrI4XtkGq5VckxCNR3rfR71Txw%253D%253AMjf2Qb5VvKimqaAXVFiAjC6GGnkINlKG%26s%3D9b426fafaaa6bcf75bcfb263547215e6%26i%3D6304A7121A30A168272&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Cc92e19abada2468195f408db774bbf1b%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638234939443280447%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=Kg3d8Tg86s3kDsXkHEGCfjSn6AQ2RhPqztp%2F7jMkI0U%3D&reserved=0).
* AHRQ’s EvidenceNOW Model To Reduce Heart Disease Risk Could Have Meaningful Health Benefits. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDMsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vcHVibWVkLm5jYmkubmxtLm5paC5nb3YvMzcxNjk1ODkvIiwiYnVsbGV0aW5faWQiOiIyMDIzMDYyNy43ODg3NjYzMSJ9.AOer6VkqFx3xkgvudkELUYBxuuE038BEv4rKXwVe2uU%2Fs%2F2945050723%2Fbr%2F209860629049-l&data=05%7C01%7Cslloyd%40howardcountymd.gov%7C9c743209dfb241dc1c1a08db774a9ef7%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638234934617105260%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=EZ6cfoH1AUqxRgGZ2EU42txBrtmYdzraTrcGobgFBuQ%3D&reserved=0).
* Genomic Diversity for Health Equity: My Journey from Colombia to NIMHD Insights Blog. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flnks.gd%2Fl%2FeyJhbGciOiJIUzI1NiJ9.eyJzdWJzY3JpYmVyX2lkIjoiMjk1MDI2ODU1OCIsImJ1bGxldGluX2xpbmtfaWQiOiIxMDEiLCJ1cmkiOiJicDI6ZGlnZXN0IiwibGlua19pZCI6IjMyMTQwNDI2MzMiLCJidWxsZXRpbl9pZCI6IjIwMjMwNjIyLjc4NjQxOTExIiwidXJsIjoiaHR0cHM6Ly9ibG9nLm5pbWhkLm5paC5nb3YvbmltaGQtaW5zaWdodHMtY3VycmVudC1ibG9nLXBvc3RzLTIwMjMvbmV3c19mZWVkL2dlbm9taWMtZGl2ZXJzaXR5LWZvci1oZWFsdGgtZXF1aXR5LW15LWpvdXJuZXktZnJvbS1jb2xvbWJpYS10by1uaW1oZD91dG1fbWVkaXVtPWVtYWlsJnV0bV9zb3VyY2U9Z292ZGVsaXZlcnkiLCJlbWFpbCI6InNsbG95ZEBob3dhcmRjb3VudHltZC5nb3YifQ.3iKz3fly8o8s8xwX_CVQDwlqeZxDDyoI-bKZ6RyfAxI&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Ce2e41993aa1b4b7b127408db73f7624d%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638231278576979177%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=pL6oMsW8EndzFXcJj1KLKAdwl8s6QAabUIW2Ze2xmag%3D&reserved=0).
* Practice Yoga with the WHO mYoga Mobile APP. [Link](https://www.who.int/initiatives/behealthy/who-myoga-app).
* Rabat Declaration adopted to improve refugee and migrant health. [Link](https://www.who.int/news/item/16-06-2023-rabat-declaration-adopted-to-improve-refugee-and-migrant-health).
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**HEALTHY MINDS**

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* Making hidden bias visible: steps you can take to counter ageism. [Link](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fjohnahartford.us6.list-manage.com%2Ftrack%2Fclick%3Fu%3D1e7fafb45696f7675cb6f775b%26id%3D3864ed9c98%26e%3D1372fdc65d&data=05%7C01%7Cslloyd%40howardcountymd.gov%7Ce6fc6882d0f14c15411608db7320c386%7C0538130803664bb7a95b95304bd11a58%7C1%7C0%7C638230356797673427%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=53OBY8QT%2BSkbA7%2BV1uyOsVobYBSN4TEeIK%2BNpHC9YpY%3D&reserved=0).
* Age-Friendly resources to promote age-friendly care, support family caregivers, and improve serious illness and end-of-life care. [Link](https://www.johnahartford.org/dissemination-center).